

**Agenda 177th Regional Service Conference
Central Atlantic Region
February 20, 2016 - 1215 Lee Street, Charlottesville, VA**

Note: RSC will be preceded by Open Forum, not to exceed one hour.

Open Forum begins: 11:00am

RSC begins: 12:15pm

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
 - a. Discussion of the proxy voting process at the GSR Assembly, as well as the literature survey on the NAWS site.
 - b. Discussion of room availability for the GSR Assembly
3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Bill M.	Almost Heaven	Abs	
Vice Chair	Open	Appalachian	Sam S.	X
Secretary	Brian C.	Beach	Joe B.	X
Treasurer	Jim H.	Blue Ridge	George S.	
Regional Delegate	Eddie W.	Gateway to Freedom	Heather D.	X
Regional Delegate Alternate	Kim A.	New Dominion	Shaun P.	X
Regional Delegate Alternate 2	Open	Outer Limits	Heather B.	X
VRCC Chair	Bob G.	Peninsula	Abs.	
Hospitals and Institutions Chair	Open	Piedmont	Robert W.	X
Policy Chair	Antoinette B.	Rappahannock	Antoinette B.	X
Public Relations Chair	Etta F.	Richmond	Nancy S.	X
Speaker Jam Chair	Abs.	Roanoke Valley	Abs.	
		Shenandoah Valley	Abs.	
		Southside	Gail F.	X
		Tidewater	Johnny T.	X
		Tri-Cities	Bob G.	

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
 - a. Rusty B. – Blue Ridge
 - b. Anthony S. – Appalachian
 - c. Shawn P. – New Dominion
 - d. Thomas M. – Tidewater
 - e. Joe. B. – Beach
 - f. Johnny B. – Tidewater
 - g. Sue M.- Southside
 - h. Bradley S. - Tidewater
6. Approval of Prior Minutes – Mover: Nancy S. 2nd Antoinette B.
7. Trusted Servants Reports

Chair Report	Good morning everyone, I am grateful to be here at the RSC and it seems that recovery from surgery rarely goes as quickly as we hope.
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	<p>It came to my attention last fall that the email addresses for the chairs of our subcommittees, RD Team, and executive committee were also copied to another email address and, from time to time, some of the email sent to those recipients were read by a third party. The eighth concept in NA's <i>Twelve Concepts for NA Service</i> states, "Our service structure depends on the integrity and effectiveness of our communications." Few will doubt the seriousness of opening another person's US postal mail and I see no difference in opening someone else's email.</p> <p>I met with the chair of the PR Subcommittee, Etta, and brought these concerns to her. She devised a plan of action and took the necessary steps to rectify the problem during the subcommittee meeting.</p> <p>I had an addict bring a television news human-interest news story to my attention last month wherein the reporter interviewed the pastor of a church whose mission included providing space for NA meetings and an addict who spoke of the importance of NA in his recovery. The story was up-beat, and portrayed recovery in NA and the church's mission in a positive light. However, this story sparked a dilemma regarding NA's 12 Traditions within the home groups who held meeting in the church and other members in that area. As chair of our region and as a member of NA I can do little more than provide my personal experience, strength, and hope in a situation such as this. I gladly watched the video, which is currently off-line, and discussed the issues with the addict. My personal feeling is that in the years to come, we will continue to see stories in all the various forms of media about NA and positive publicity such as this only serves to point those in need to where they can find help.</p> <p>Quite a few GSRs began sending in their room requests and I have responded to each of them. I have informed them that they are "on the list", which will remain open, until one month before the GSR Assembly. At that time, pursuant to our G & RO, I will send notifications to them as to whether we have a room for them. Remember, our policy states "Preference is given to GSR's and other CARNA members who travel the greatest distance, measured from their home address to the lodging address. The RSC Chair or its designee will determine the distance using a previously selected website." Unless anyone objects, I intend to use Google Maps to determine those distances.</p> <p>I began working with some addicts in the Blue Ridge Area in December towards finding a location for the October 2-day event in Harrisonburg. I hope to finalize the location by our next RSC.</p> <p>ILS, Bill M.</p>
Vice Chair Report	Open.
Secretary Report	<p>Thanks for the opportunity to be of service. All is well.</p> <p>ILS, Brian C.</p>
Treasurer Report	<p>Hello family.</p> <p>Our bills are paid and up to date. At the 176th. We had a balance of \$12,999.65 since then we have deposited \$2,515.78 and debit totaling \$3,337.31 for a current balance of \$12,653.12 .Our prudent reserve is \$15,151.50 so we won't be making a donation to world service, as we are under prudent reserve.</p> <p>April 2day event will be in Bedford. At the Presbyterian community center. 112 Center St. Bedford .24523. The hotel is the Days Inn 921 Blue Ridge Ave., Bedford</p>

	<p>VA.24523- 540-586-8286, Region will meet Sunday at OIP restaurant.</p> <p>ILS, Jim H.</p>
RD Report	<p>Hello everyone,</p> <ul style="list-style-type: none"> • AVCNA 34: On Saturday January 9th Kim and I facilitated a PowerPoint presentation on the current zonal structure in Narcotics Anonymous including information on the recent focus within our own Zone, the Autonomy Zonal Forum at AVCNA 34 in Richmond, VA. The “regional workshop” also consisted of condensed presentations by our former H&I Chair Chuck K. as well as our current PR Chair Etta F. Despite the early time slot the workshop enjoyed better than average support with nearly 40 members in attendance. • CAR WORKSHOPS: On Monday January 25th I produced flyers for both the upcoming CAR Workshops, and the GSR Assembly in April. The workshop for Quadrant 4 will be Saturday March 5th from 11-4 at Poquoson Baptist Church, 283 Wythe Creek Road, Poquoson VA. The workshop for Quadrant 3 will be Saturday March 12th from 11-4 at St. Andrew Presbyterian Church, 21206 Timberlake Road, Lynchburg VA. The workshop for Quadrant 1 will be Saturday March 19th from 11:30 – 4:30 at Hatcher Memorial Baptist Church, 2300 Dumbarton Ave, Richmond VA. The workshop for Quadrant 2 will be Saturday April 2nd from 11-4 at Verona United Methodist Church, 406 Lee Highway, Verona VA. I will be submitting a motion today for our Treasurer to write four separate checks (each in the amount of \$75 to cover rent) made out to each of the aforementioned facilities. In keeping with our Regional budget, I will be requesting the \$900 balance to cover food (approximately \$150 for each workshop) 10 copies of the Conference Agenda Report (\$15 ea.) and 10 copies of the Conference Approval Track (\$11 ea.), and the remaining \$40 for double sided copies of the CAR/CAT Tally sheet for participants to record the outcomes at the GSR Assembly. In an effort to provide something other than the standard fallback of pizza and salad, members from Quadrants 1, 3 and 4 will be working together either with local home groups or their ASC to provide the lunch for their respective workshop. As stated each will be reimbursed (up to \$150) for expenses incurred in that regard. • AZF (Autonomy Zonal Forum): On Saturday January 30th Kim and I attended the Autonomy Zonal Forum in Finksburg, MD hosted by the Freestate Region. Kim will be reporting on the majority of what transpired as I spent much of the day assisting the World Board participants with their various reports and presentations as they facilitated the forum. • MARLCNA: February 5-7 I attended the Mid Atlantic Regional Learning

Conference of Narcotics Anonymous in Lancaster, PA. Kim was unable to attend due to a traumatic injury she sustained just prior to the event. As it always does during a conference year MARLCNA serves as a multi-regional CAR Workshop facilitated by members of the World Board with NAWS staff participation. Friday night consisted of the annual NAWS Update and Saturday focused on the various components and motions contained in the CAR and CAT. The two WB members in attendance were WB Chair Franney J., and WB Vice Chair Arne H. Those familiar with the structure of the CAR are aware that the World Board always includes a "WB Rationale" (for any WB Motion) or a "WB Response" to every Regional motion submitted. The real value in attending this event is the opportunity to gain further insight into the "pros and cons" by hearing directly from members of the WB, or in many cases (as with Motions 13 and 14) the Delegates who submitted some of the Regional motions contained in the CAR or CAT.

- **FUNDS BEING RETURNED:** As Kim was unable to attend MARLCNA I will be returning \$308 today from the funds I received at the October RSC (\$198 for her two nights lodging, \$70 for her two days per diem, and \$40 for her gas advance). In addition, I have three gas receipts for myself from MARLCNA totaling \$48.08 (\$40 of which was covered by my gas advance, leaving a remainder of \$8.08) and a receipt in the amount of \$8.80 from Staples in Charlottesville for the 75 Group Registration Forms we had copied during the December RSC. Together the two amounts come to \$16.88 which I've deducted from the \$40 gas advance I received for attending the AZF which was not needed as I rode with Kim to that event (leaving \$23.12). Bringing the total amount I am returning to the Treasurer today to \$331.12
- **PR CONCERN IN THE APPALACHIAN AREA:** Upon my return from MARLCNA I received a text message from our Regional PR Chair which stated "we have a problem in Lynchburg that needs to be addressed, traditions 6, 7, and 11". The text contained a link she had received to a news story about services being offered by a local community mission which included an "adult recovery program" in which they interviewed a local NA member who is employed by the mission, and a home group member of the meeting that is held at that facility. The segment included brief interviews with representatives of two other outside entities and identified the NA member by name. Not having an active PR Subcommittee in the Appalachian Area I asked our Regional PR Chair to contact the member and express the concerns regarding the Traditions which had been compromised. They spoke and the member in question was polite but adamant they had done nothing wrong. At the request of several other concerned members within our Area I contacted our Area Chair who had determined to attend this RSC and share the situation with the body in an effort to get suggestions, feedback, etc... Knowing the video would be shared and the situation discussed I extended an invitation to the member in question to come and participate. They stated

	<p>they didn't know if they would be available to attend but said "we are in the process of correcting what we can". I checked the website last night while writing this report and it appears the segment has been removed from that station's website. In addition, a controversial sign which included the Narcotics Anonymous logo along with the many other outside entities affiliated with the mission (and had been placed near the entrance of that facility) has since been removed.</p> <p>Thank you all for your time and attention,</p> <p>In Loving Service. Eddie W., Regional Delegate</p>
RDA Report	<p>I attended the AVCNA in January and co-facilitated a workshop regarding <i>What is a Zone</i> on Saturday Morning with Eddie.</p> <p>On January 30, 2016 I attended the Autonomy Zonal Forum (AZF), hosted by the Free State region in Finksburg, MD. Free State put on a very nice spread with breakfast pastries and then later a delicious and well-balanced lunch. It was very well attended and quite informative. We had two World Board Members, Ron B and MaryEllen P, in attendance and 5 out of our 6 regions were present. We spent the majority of our day going over the CAR & CAT. In spite of not having been able to attend MARLCNA, I feel very well prepared for our Workshops based on the extensive question and answer periods that I was able to participate in at the AZF as well as the time I've spent on the WSC Conference Participant Forum. I've been able to attend a couple of webinars put on by a Florida RD named Jeff P. At the end of this report I have provided information concerning the discussions on the CAR. The dates and locations for the CAR Workshops are all set and we hope to see plenty of you all throughout the coming weeks.</p>

Hosted by the Central Atlantic Region of Narcotics Anonymous

ALL GSR'S ARE ENCOURAGED TO ATTEND!!!

Everyone Welcome • Lunch Will Be Provided To All Who Participate

*BE SURE TO DOWNLOAD & PRINT YOUR OWN COPY OF THE CONFERENCE AGENDA REPORT FOR THE WORKSHOP: <http://www.na.org/?ID=conference-index>

QUADRANT 4	QUADRANT 3	QUADRANT 1	QUADRANT 2
PENINSULA AREA	APPALACHIAN AREA	NEW DOMINION AREA	BLUE RIDGE AREA
Poquoson Baptist Church 283 Wythe Creek Road Poquoson VA 23062 11:00 AM - 4:00 PM	St. Andrew Presbyterian Church 21206 Timberlake Road Lynchburg VA 21208 11:00 AM - 4:00 PM	Hatcher Memorial Baptist Church 2300 Dumbarton Ave. Richmond VA 23228 11:30 AM - 4:30 PM	Verona United Methodist Church 406 Lee Highway Verona VA 24482 11:00 AM - 4:00 PM
March 5, 2016	March 12, 2016	March 19, 2016	April 2, 2016

Online Survey, Group Registration Form and CAR 2016 Online Ballot -

The delegate page on <http://car-na.org/delegate> has all the necessary online and downloadable forms for our region. I was able to work in cooperation with our Webservant, Julie B on getting this information up on our site. I am grateful for all the input and assistance I received.

THREE OPTIONS FOR SUBMITTING YOUR VOTES ON THE CAR/CAT

1. GSR Assembly: April 16th, 2016 - Presbyterian Community Center, 112 Center St., Bedford VA 24523 11-4pm (please see the [events](#) on Carna's website.

2. Paper Ballots: *Deadline April 9th.* We must receive your paper ballots by April 9th. You can scan and email them to rda@car-na.org or you can send them via the US Postal Service. Step 1, though, is to complete the Group Registration Form. After completing the Group Registration Form, you will receive your Group Registration Number and the address to mail in your paper Ballot.

3. CAR & CAT Online Ballots: *Deadline April 9th.* After completing our Group

Registration form, you will receive a Group Registration Number and then you should proceed to complete your online ballot prior to April 9th. Any group who votes via online ballot or paper ballot will not be able to vote in person at the GSR Assembly.

For Non-Electronic Submissions download the documents at <http://car-na.org/delegate>:

[CAR-CAT Paper Ballot](#) - *Deadline 4/9/2016.*

[Literature Survey Paper Ballot](#) - *Deadline 3/15/2016.*

[Group Registration - Hard Copy Submission](#) - *Deadline 2/20/2016*

AZF expenses:

Last RSC I asked for and received:		Actual expenses for which I have receipts:	
AZF Per Diem	\$ 35.00	2 days Per diem	\$44.09
Gas	\$ 40.00	Gas	\$51.59
Hotel	\$209.76	Hotel (2 rooms)	\$209.76
TOTAL	\$284.76	Total	\$306.44

Unreimbursed expenses: \$21.68

I am asking our Treasurer for that \$21.68 today.

I have received 71 Group Registration Forms (GRFs) and 23 of those groups have been sent their Group Registration Number (GR#). I received

Prior to today I received three literature surveys. Based on the limited amount of information we have been able to gather from the online survey Eddie and I will assume you would like to delegate us to give our regional input on the survey based on those three surveys and the limited discussions we have had with the people in our region. The deadline for submitting your individual Surveys is March 15th, but Eddie and I won't be submitting our regional survey until shortly before the conference, so keep those surveys coming!!

My flight and room for the WSCNA 2016 are booked.

As many of you may have noticed, a broken ankle temporarily handicaps me. Yes, they found the need to insert a couple of very well tightened screws and I should hope to be healed up before you know it. I am unable to drive, but this handicap will not inhibit me from working neither my jaw nor my mind so I am grateful to be able to continue on in my commitment. Regrettably I was unable to attend MARLCNA as my injury and subsequent surgery happened just a few days prior to it.

Report from the AZF: We began the day taking care of some AZF business, which was mainly to just hear from Zoe, Greater Philly RD, concerning the upcoming two-day AZF event in July. Zoe, let us know that the facility has been secured for the PR event and the AZF meeting, but they didn't get approval to also hold the speaker Jam there, so they are looking for an alternative venue for that portion of the two-day. We have two upcoming Phone Conferences, which will be hosted by the Greater Philadelphia area RD, Zoe H. The dates are March 14th and May 16th and both will be at 9:30 PM.

World Board Members, Ron and MaryEllen, began their part of the day with a NAWS Update:

PROGRESS SINCE WSC 2014

- IP #29 now available
- Approval draft of Traditions Workbook is available
- Workgroups: Decision making at the WSC, Planning our Future, and Delegate Sharing, WSC Seating were formed
- IDTs: Group Support, Welcoming all Members, Planning Role of the Zones.
- SSP: Collecting best practices; hosting web meetings (www.na.org/service system)
- Public Relations
- Fellowship Development

We currently have 15 zones - 8 within US

Ron and MaryEllen Recommended area and regional chair people participate in the NAWS webinar on March 5th

World Convention in Brazil -lost \$384,000 - contributing factors included low

	<p>registration, low merchandise income, high facility cost, economic downturn in Brazil</p> <p>2018 World Convention will be held in Orlando Fl.</p> <p>Brazil is the 3rd largest NA community in the World. US = 1 , Iran = 2 - Brazil now has a national 800#</p> <p>NA meeting Growth - growing much faster now outside the US</p> <p>63,000 meetings/week in the world</p> <p>The total of books distributed between 2007 and 2014 has decreased over the past several years but we are now back on the upturn. (the decrease is attributed to the recent economic “downturn”)</p> <p>Basic Text has now been translated in 24 languages</p> <p>NAWS currently records we have 56 worldwide trusted servants.</p> <p>Following the NAWS update Ron and Maryellen went on to discuss the motions in the CAR and CAT Reports.</p> <p>Further info concerning discussion on the CAR motions is available on the Delegate page.</p> <p>Due to a lack of time I will not have time to go over the CAR/CAT Motions today, but please get with me at any time or join us for the workshop coming to a quadrant near you! Further</p> <p>Thank you for the opportunity to be a part of and to hopefully be of service.</p> <p>ILGS,</p> <p>Kim A</p>
RDA2 Report	Open
VRCC Report	<p>Hello Family,</p> <p>The 34th AVCNA held at the Downtown Richmond Marriott January 8– 10 was a success. The preliminary financial statement has the convention profiting around \$ 2000.00. The official return for the convention will be ready in July with the tax return.</p> <p>The 35th AVCNA is moving along and should be in good hand with the Richmond Area. Elections will be held at the next regularly scheduled VRCC. The positions open are Chair, Vice Chair, Treasurer and Secretary. The meeting will be held in Charlottesville</p>

	<p>at the UVA medical center, March 20th at 1:00 PM. My term as chair will come to an end in March. I have really enjoyed working with the people I have met in my years of serving on the VRCC. In Loving Service, Bobby G.</p>
H&I Chair Report	Open
Policy Subcommittee	Need report
Public Relations	<p>Hello Family,</p> <p>I have neglected picking up the check for our meeting in Lynchburg and I need to make sure that they are paid for the space. I also need to get a check today for our last meeting in Lynchburg.</p> <p>Our phone line chair had completed his term at this point and Sherry V. Is helping with the current updates. If there is an interest in helping out in this area please contact us as we always have room for additional help.</p> <p>I have contacted VSIA's a 2nd time to find out about the workshops that they are asking for presenters for. I have sent emails and left another phone message this past week. We are going to need to replace the banners on our display stand this year. The information is updated from our member survey and will be current again at the WSC. The venue this year will be July 11-13. We will have time to place the order after the conference. I will try to get the order in before my term ends in June.</p> <p>We met in Franklin Virginia on January 16th 2016. It was a good turnout and I want to thank the local community for their hospitality. We discussed PR fundamentals and where to find resources with the local community and discussed.</p> <p>We did have to make some changes to the web team at this meeting. We had a breach of confidentiality within our email system. This member has had access to the system for years and we have never limited the accessibility. She was asked in late Oct/Nov if she had access and was reading our admins emails and had answered no. It was brought to my attention by screen shot evidence of her answering emails that she should not have access to that she was in fact reading emails that were not her own. She has since been removed from the web team and will remain on the subcommittee in another capacity that does not involve the previous access.</p> <p>The new website is ready. We will switch over tomorrow/Sunday. The site is mobile friendly. Anyone can add events. Meeting search works on both computers and mobile devices. The meeting lists can now be updated by a point of contact by each area or by emailing meetings @car-na.org. Those areas that would like to update their own meetings will need to obtain a username and password by emailing webmaster@car-na.org. A special thanks goes to Richard S. for help with setting up our meeting database. We are now saving 50% on what we were paying before.</p> <p>In Loving Service, Etta F.</p>
Speaker Jam	Abs.

8. Area Reports

Almost Heaven	Abs.
Appalachian	<p>Dearest RSC, All is well with the Appalachian Area of NA. Today is my last RSC meeting as the Appalachian Area's RCM. I enjoyed the opportunity to serve. We have a donation of \$310.43.</p> <p>ILS, Sam S.</p>
Beach	<p>Hello Family, Beach Area is strong and growing. We are now 20 plus meetings. We have an average attendance of 15 or more GSRs regularly. Currently we have two open positions in the area. They are the Vice Treasurer and VRCC Rep. Our next area service meeting will be on March 12th. We are looking forward to putting on a campout in October. It's called S.O.T.S – Serenity on the Shore camp out.</p> <p>ILS, Joe B.</p>
Blue Ridge	<p>Elected: James H. – Treasurer Mike C. – Policy Approved: Nancy H. – Regional H&I New Policy: Draft distributed to GSRs. Group Registration Forms – 5 collected. Outreach Chair: Sonja nominated. New Groups/GSRs: Clifton Forge & Covington Open Positions: Chair, Vice Chair, Secretary, Outreach, RCM, RCM-A (all filled as pro-tem) 12 Groups in the Area ASC meets monthly, 2nd Sundays @ 4PM, Verona UMC BRANA Speaker Jam/ Chicken Soup Cut-off, 3/26 at 1PM at the R.E. Lee Episcopal Church in Lexington.</p> <p>ILS, George S.</p>
Gateway to Freedom	<p>Hello Family, My name is Heather D and I am the newly elected RCM for the Gateway to Freedom Area. This is my first attempt at RCM and I'm unsure what I'm doing and welcome constructive criticism. We currently have 16 meetings a week which consists of 14 home groups. There is an average number of 8 GSRs present at area service. The current positions that are open are H&I, special events, secretary, and RCM Alternate. Although the H&I position is open, the previous chair has continued to be supportive and is holding monthly subcommittee meetings. Our jail meeting is in need of more women willing to take a meeting in. Our PR subcommittee has been very active in the community and is currently planning a poster campaign in our area. The policy subcommittee has recently elected a new chair and they have met once.</p>

	<p>The committee is looking at policy to see what additions or corrections can be made to make policy more clear.</p> <p>The camp jam committee, which is part of Special Events, has been meeting on a regular basis to plan our second annual camp jam which is entitled "Awakening of the Spirit" and is being held September 16th, 17th, and 18th. There will be flyers posted to the region website as soon as they are available. Our camp jam was a great success last year and we hope to improve upon it this year.</p> <p>We do not have a donation at this time due to ongoing bank account and policy issues. We hope to have these issues resolved by the next regional service committee. Our next area service meeting will be held on March 12, 2016 at 10:00am at Friendship Haven Church on 248 Williams Street in Cumberland, MD 21502</p> <p>In Loving Service, Heather D</p>
New Dominion	<p>We have an H&I Learning Day the morning of 3/9/16 at Hatcher Memorial Church. We have a \$4000 donation.</p> <p>We have 45 groups in our area with an average of 28 GSRs at ASC.</p> <p>We have a Policy Chair position open in March.</p> <p>ILS, Shawn P.</p>
Outer Limits	<p>A) 7 home groups represented at OLNA Area Service.</p> <p>B) 7 GSRs attended last ASC</p> <p>C) Area trusted service positions open: VRCC</p> <p>D) Area trusted servants elected: Ron W – PR chair Phil M- treasure Keith J – H&I chair Steven B – special events chair</p> <p>E) Group news – Karen G celebrated 2 years on January 29th at TGIF. Another day clean at noon and new beginnings support. Lynn B .celebrated six years at bright new life. Charlene J will be celebrating 23 years on March 28th at beyond our wildest dreams. Mike R celebrates 25 years on the 23rd at earthbound.</p> <p>F) Area news – after lunch area is planning to host a convention in 2017 a motion was passed to purchase the book convention guidelines and to review the book after the next area service in an effort to begin planning for the convention.</p> <p>G) Subcommittee news – a motion was passed at the last ASC for H and I commitment at Franklin Virginia on Thursdays at 1 to 2 p.m. located at district 42 probation and parole office. The first meeting was held this past Thursday February 18th and went well Keith will also be contacting the Southampton Memorial Hospital detox unit self-recovery an effort to bring an H&I meeting there as well. More will be revealed. The basic text that we passed down from region were donated to Gary H & Keith J to use for their H&I commitment they were very grateful for the donation total of 2 H & I commitments currently. Special events & PR committees have now have chairs and are announcing in meetings that they need support. PR chair Ron W Na looking for in need of some information and for guidance on how to get airtime for PSAs. He is also working on resolving website issues.</p> <p>H) Area concerns – canceled meetings are still showing up on the website itself our</p>

	<p>new PR chair Ron W Na working on finding a solution also meeting that are no longer open or still showing up for the na meeting search website and app Ron will be looking into this is well.</p> <p>I) Area special event – emotion bus pass have an area celebration First Baptist Church 318 Hall Street Franklin Virginia the tentative date is April 23rd this will also be our first fundraising event for the 2017 convention</p> <p>J) Summary – this month’s area service was very productive the most productive we’ve had in quite a while all GSR’s and officers were present. There was a lot more interest. There was a lot more interest involvement than usual members are getting excited about new HMI and PR efforts and the possibility of hosting a convention in 2017 there is no regional donations at this time.</p> <p>K) Next ASC will be March 6th Sunday at Cortland United Methodist Church at 3 p.m.</p> <p>In loving service Heather B</p>
Peninsula	Abs.
Piedmont	<p>All is well in the Piedmont area. We currently have 17 active meetings averaging 12-14 attending the ASC. Donation is \$500. H&I Panel Leader positions are open for the Fluvanna Correctional Center for Women. H&I Secretary position is also open.</p> <p>We currently have 6 H&I meetings held in the Piedmont area, they are listed below; Men's ACRJ Women's ACRJ Fluvanna Women's Correctional Facility Boxwood 5 East Wellness Center</p> <p>There was talk about a meeting at the Blue Ridge School but no one was interested in being the Panel Leader so no new meetings are going to be added at this time. All above meetings are running smoothly at this time.</p> <p>The website is still working, but the new meeting list needs to be added. During the next 2 months, a concerted effort will be made to identify:</p> <ul style="list-style-type: none"> - What to include on the site - Determine most effective/efficient web service - Activate Pay Pal - Establish what is needed for the Area to open the site - Coordinate meeting with those who have been involved with similar efforts in the recent past. <p>No Strings Attached is now on Tuesday nights at 6pm at the Carriage House (where We Choose Recovery meets)</p> <p>Next Area Service is March 6th. 2016.</p> <p>I am going to speak with the area and see if it is possible for me to get both month's minutes before the RSC so I can give a more complete report going forward.</p>

	<p>ILS, Robert W.</p>
Rappahannock	<p>Good afternoon family, Area was held on January 3rd 2016 at Fairview Baptist Church, Fredericksburg VA at 4PM. Currently there are 18 home groups and 38 meetings in the Rappahannock Area.</p> <p>Elections & Officers: Open positions are Secretary II resigned her position last ASC. Mark T was elected subcommittee chair of the Convention Committee.</p> <p>Group News: John L will be celebrating two years at the Who Wants To Live noon meeting. Kristy C. will be celebrating one year at In It To Win It on Feb. 22nd Start Living extended its meeting time to 8:30; new group time to be changed in the next printing of the where and when. Doing a JFT and Basic Text study on the 3rd Thursday of every month. Book study & Discussion. Fairview Baptist is now under surveillance inside and outside the building. Neighbor next to the parking lot complained again. New Beginnings reported they are doing well. They have made changes to their format, including announcements of video cam without audio. They are looking into how to address parents with disruptive children. Alive & Free is talking about shutting down. The other home group members do not show up on a regular basis. Frustration with lack of group service participations. Possibility of groups dropping one of its two meetings. We have two groups in review, they have missed two consecutive ASCs. Noon beginnings have been missing in action for quite a while; Final surrender will not allow people in the facility to come to other meetings, they are under surveillance, have not shown up to Area, and do not follow our Traditions (such as pulling people out of meetings to drug test them.) Per our bylaws, they must represent themselves at area or they will no longer be part of RANA. H&I Subcommittee is looking to take on another jail commitment. The committee expressed that they are doing well. WE currently have no concerns or special events. Next ASC will be March 6th at 4PM at Fairview Baptist Church.</p> <p>ILS, Antoinette B.</p>
Richmond	<p>Our Outreach Subcommittee chair presented to area service on Sunday February 14th paperwork and information about the CAR report/workshop and on-line voting. I encouraged GSRs to attend personally the two day CAR to vote & further enhance their recovery.</p> <p>I failed to stay back at area to request a donation for region. Sorry, I will ask and bring a donation to the April RSC.</p> <p>In the Richmond Area we have several vacancies – vice chair, policy chair, asst. secretary, Alt RCM and Alt VRCC rep.</p> <p>The Richmond Area will host the 35th AVCNA on January 20th 2017. Those interested workshop/speakers (3 years clean), workshop chairs (1 year clean) and main speakers (5 years clean) can be mailed to Program Chair, AVCNA 35, P.O. Box 89, Henrico VA 23075.</p> <p>One new group has been added to the Richmond Area.</p> <p>ILS, Nancy S.</p>
Roanoke Valley	<p>Abs.</p>

Shenandoah Valley	Abs.
Southside	<p>Hello Family,</p> <p>Andrew D. resigned as our RCM. I will be finishing his last year commitment. Sue N. is our new alternate RCM.</p> <p>We had nine GSR's attend the last two areas. We have sixteen home groups. Our open position is H&I chair. We have a new activities chair Krista H. from Danville. We decided to have a Valentine's Day get together with a theme of inviting someone you hadn't seen in a meeting lately. We served a spaghetti dinner and had a speaker from Durham. Attendance was low but we had a great time.</p> <p>We had a member celebrate 25 years and one celebrate 20 years this past month. We are reading the draft for the new Tradition's book on Tuesday evening after our regular meeting.</p> <p>Our donation will have to be mailed in as our treasurer was unable to attend area due to her recent surgery.</p> <p>ILS, Gail F.</p>
Tidewater	<ul style="list-style-type: none"> • Approximately 70 groups in the area • GSR last ASC approximately 21 met on February 13th at 2PM • Area trusted servant positions open (all asst. positions) • Area Trusted Servants elected (RCM, VRCC) • One new group, approximately 3-4 groups closed • Area newsletter is up • Subcommittees – nothing to report. • Area is concerned with GSRs making the meeting and staying • Area special event calendar, TACNA Convention on Feb 26-27 • Next Area Service meeting will be held on March 14th
Tri-Cities	<p>Hello Family,</p> <p>I was elected RCM for the Tri-Cities Area at our last Area Service on February 7, 2016. I was not able to get the minutes from the area secretary. I will email them to the regional secretary when I receive them.</p> <p>All is well in the Tri-Cities Area. We are having a GSR Learning Day on March 5, 2016 from 1:00 pm until 4:00 pm. @ Highland Methodist Church in Colonial Heights, VA. Special Events will host a Speaker Jam on Saturday, March 12, 2016 from 12 noon until 7pm @</p> <p>22 East Washington Street, Petersburg, VA In Loving Service, Bobby G.</p>

9. All New Business Motions turned in before lunch

10. Quorum achieved with 8 voting RCMs

11. Elections & Nominations

- **Vice-Chair** – (nominations opened at 172nd) – No nominations, back to areas.
- **RDA2** – (nominations opened at 176th) – No nominations, back to areas
- **H&I Chair** – (Approved, 7-0-2)
 - Nancy H. – Nominated by Nancy S.
Qualifications:
 - Clean time: 5 years, 8 months.
 - Have a sponsor who has a sponsor
 - Work the steps of NA
 - Member of a home group
 - Have been doing service work since I was six months clean
 - Have served on the area & regional H&I Subcommittee for four years
 - I have the willingness and the desire to serve
 - I have an H&I commitment that I fulfill weekly

12. Old Business:

- a. None.

13. New Business:

- a. **MOTION 177-1 – PR Funds Request (no vote needed, within budget)**
Motion: To receive from PR Budget donation checks for facilities used for subcommittee use: \$50 for Lynchburg @ Blackwater Regional Library (Appalachian) and \$50 for Franklin @ Park View Community Mission (Outer Limits)
Intent: To be fully self-supporting.
- b. There was a concern about how the funds allocated in the budget for the CAR workshops are spent – were all of the funds supposed to be given to the hosting area, or were the allocated elsewhere in the budget. There was nothing in policy saying exactly how or where the funds were to be allocated, other than “pre-approved line item expenses associated with holding 4 multi-area workshops.”
- c. There was a concern about where the Quadrant 2 CAR workshops are being held, they are not central to the quadrant.
- d. There was a concern about a TV News report in the Appalachian Area which had NA members breaking anonymity and the appearance of the facility where the piece was aired being associated with NA. (The video has since been removed, and the NA meeting in question has since moved away from the location.) The Appalachian area was seeking input from the region on this matter.
- e. Sherry V. wanted to discuss decisions made about removing her from regional emails maintenance for the CAR-NA website. She apologized for leaving her email address on the various email forwarding lists for region after it had been requested that it be removed. She also requested that the Duties of the Regional Email Maintenance person be read into the minutes:
 - i. The Central Atlantic Region maintains approximately 32 emails for the Regions trusted servants.
 - ii. Email addresses are added as needed by the region.
 - iii. Each email requires an individual login.
 - iv. Emails require periodic check to see if mail box needs to be purged of junk mail or old mails.
 - v. Mail addresses can be forwarded to up to three trusted servants personal email each.
 - vi. Change in forwarding email are done after every election of trusted servants.
 - vii. Change in forwarding done after completion of trusted servants term.
 - viii. Requires access into mailboxes to perform all actions.

14. Next RSC will be held on Feb 20th at UVA Medical Center, 1215 Lee St, Charlottesville, VA 22903

15. Announce Location and Time of next Subcommittee Meetings

16. Close with Serenity Prayer and Announcements