

MINUTES
161st Regional Service Conference
Central Atlantic Region
April 20th, 2013

Open Forum began: 11am

- Donna Lee looking for proposals for tomorrows workshop – discussion topics for the Consensus Based Decision Making Round Table Discussions.
- Tidewater – looking for feedback for the Tri-Cities Area Service Structure – how to serve without creating redundancies in resource use.
- Teddy – selling raffle tickets for fundraising for the ECCNA
- Donna – PSA’s – asking about whether or not we want to make our own PSA’s or plug in our info on the existing ones and making these PSA’s available.
- Chair brought up we have finally reached our Prudent Reserve and the money could be available to budget PSA’s in the future.
- Sherry V – What is the use of director’s in the VRCC - if a motion is made in the VRCC that affects us shouldn’t it come back to the groups? Answer from Jim, VC, No, - there is no time for motions to come back - The VRCC is a business and operations take place at their meeting.
- AVCNA – pre convention fundraiser reps present with tickets and merchandise
- Policy Bill has new guides available

RSC began: 12:15pm

1. Serenity Prayer
2. Reading of Purpose, Traditions, and Concepts
3. Roll Call: Quorum =15

Committee Members	Roll call	Areas	roll call	roll call vote	after lunch roll call
Chair	Jeff	Almost Heaven	Sherry		√
Vice Chair	Jim	Appalachian	Pat		√
Secretary	Kim (pro temp)	Beach	Chuck K		√
Treasurer	Neil	Blue Ridge	Peter		√
Regional Delegate	Donna Lee	Gateway to Freedom	A		A
Regional Delegate Alternate	Eddy	New Dominion	Joe B		√
Regional Delegate Alternate 2	Kim A	New River Valley	Stephen		√
VRCC Chair	Absent	Outer Limits	Jennifer		√
Hospitals and Institutions Chair	Lawrence	Peninsula	Jimmy		√
Policy Chair	Bill	Piedmont	Tee		√
Public Relations Chair	Nancy	Rappahannock	Rudolph		√
Speaker Jam Chair	A – sent report	Richmond	Jackie		√
Ad-Hoc Rotation of Su	Greg	Roanoke Valley	Erin		√
ECCNA	Erin	Shenandoah Valley	Elisa		√
		South Side	Gail		√
		Tidewater	A		A
		Tri-Cities	Fatima		√

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

4. Recognition of new attendees- Pat – Appalachian, Erin – Piedmont, Mike- Shenandoah Valley, Gail- Southside, Jennifer- outer limits, Angel – New Dominion – Linda interested other – from the convention
5. Approval of Minutes - 12-0-0
6. **Trusted Servant Reports -**

Chair Report

Dear Region,

Since the last RSC my position has been pretty quiet. Mail is being handled by Tim C., his phone number is 804-651-7096. Our new chairperson will need to stay in contact with him in order to insure the mail is being distributed.

I also want to report that our June and Aug RSCs are scheduled for 2013. In August we need to be out of this room by 5:00 pm The October multi-day has not been planned. It should go to quadrant four. Decembers RSC will need to be planned also , Hinton Ave Church may be an option. Our rent is 75.00 and the contact with this space here at UVA is dinconf1@hscmail.mcc.virginia.edu . This Multi-Day is well within budget. We did decide to get more rooms but the hotel was sold out.

I brought all the archives to pass on to our next chairperson .I will be available to help in any way I can. Our next RSC will be on the same weekend as the East Coast Convention, so I will not be here.

Being my final report to the RSC as chairperson, there are a few concerns that I wish I could have addressed. I understand the needs of our Areas and realize the importance of our regional subcommittees to serve them. As I have stated many times the subcommittee rotation does not work. It is very exclusive to those few members can travel. I have spoken to Greg G and asked him to please continue with the Ad-hoc committee to find options to rotating instead of other ways to rotate. The other concern, is the voice of our region with the Service System Project. It was clear our GSRs had a strong opposition to the SSP at the last GSR assembly. I strongly recommend, before we try to implement any of the SSP, we should take a regional conscience.

I want to thank the Central Atlantic Region for allowing me to serve .It has been a honor and a privilege.

ILS

Jeff H

Vice Chair Report

Hello family

Would like to say thanks to Jeff for all the work he did for CARNA the last two years .

We are looking for a place for our two day event in October .

Thank you for allowing me to serve as vice chair of CARNA .

In Loving Service

Jim H

Secretary Report – no written report – Vice Chair will contact past secretary for secretary supplies including the archives, laptop, printer, change from the laptop purchase and receipts. Donna Lee and Nancy offered to help with picking up the items because they live near her.

Treasurer Report

All the bills that I know of up to today are paid. We had a bank balance of \$16,645.03 at the 160th RSC. Since then we have deposited \$2579.55 and we have had debits totaling \$1757.87 to give us a current bank balance of \$17466.71 after factoring in check 1121 which is outstanding, check 1124 which was returned, and a debit purchase for literature at NAWS which hasn't cleared.

Attached is the financial statement since the 160th RSC. This report is based on the information that I was able to get online. The last activities reported were on 03/29/13.

Our YTD (2013) expenses have been \$3144.07 and our YTD income has been \$2421.32.

Our prudent reserve as determined by the formula approved by the RCMs is \$15637.00. If we subtract this from our current bank balance the difference is \$1829.71. I believe that this is supposed to be passed on to NAWS.

ILS,

Neal Griffin

161st RSC Treasurer's Report Financial Statement

04/14/13

Opening balance (closing balance from 160th RSC report): \$16,645.03

Credits :	New Dominion contrib:	\$1362.10	
	Almost Heaven contrib:	\$171.69	
	Outer Limits Area contrib:	\$135.36	
	Appalachian Area contrib:	\$60.31	
	Gateway Area contrib:	\$71.95	
	Southside Area contrib:	\$269.91	
	Piedmont contrib:	\$350.00	
	Donna lee Peters:	\$15.00	
	Brinkster refund:	<u>\$143.23</u>	
	TOTAL:	\$2579.55	+\$2579.55

Debits:	check 1116:	\$397.93	
	check 1117:	\$76.00	
	check 1118:	\$32.09	
	check 1119:	\$48.01	
	check 1120:	\$16.52	
	check 1122:	\$50.00	
	check1123:	\$40.00	
	check 1125:	\$44.02	
	check 1126:	\$25.00	
	debit card 02/19:	\$93.58	
	debit card 03/25:	\$160.48	
	debit card 03/27:	\$340.73	
	debit card 04/15:	\$68.21	
	debit card 04/16:	\$313.50	
	new checks 03/27:	<u>\$51.80</u>	
	TOTAL	\$1757.87	<u>-\$1757.87</u>
<u>Closing balance:</u>			\$17,466.71

DETAILS

Ck 1116 PCMS	Debit card 02/19- Primus
Ck 1117 Postmaster (PO Box)	Debit card 03/25- Primus
Ck 1118 Lawrence Elliott- H&I wkshp	Debit card 03/27- PCMS
Ck 1119 Wm. McCormick- Policy subcomm mtg	Debit card 04/15- Primus
Ck 1120 Jeff Hankins- fees for mailing Basic Texts	Debit card 04/16- PCMS
Ck 1122 Donna Lee Peters- RD to TriCities for wkshp	
Ck 1123 Eddie Williams- RDA to TriCities for wkshp	
Ck 1125- Eddie Williams- gas for MARLCNA	
Ck 1126- SAARA (Feb subcomms mtg space)	

ILS- Neal Griffin

RD Report

Greetings everyone.

Eddie and I did a presentation at the Tri Cities GSR Learning Day. We presented on the current service structure the Region as well as GSR skills.

WCNA 35 The Journey Continues will be held August 29th through September 1st in Philadelphia. Early bird registration has ended and registration is now available at \$89. Onsite will be \$99. NAWS needs our help to effectively plan the convention so please preregister.

Service System Project: We are continuing to field test GSUs and LSUs. If you are trying any aspect of the project please share your experience at servicesystem@na.org. Updates about the project will be posted as available.

WSC Discussion: NAWS is considering a couple of specific proposals in regards to the WSC. They are the elimination of automatic funding of delegates and attendance of alternates. Those regions unable to fund their delegates would go through an application process as was done in the past. Alternates may not be attending at all.

Traditions Book Project: NAWS has been receiving input by those who have been holding workshops using the session profile available at www.na.org/traditions. A discussion board for the project will be available no later than April this year.

An Introduction to NA Meetings is out for review and input from the fellowship until April 30th, 2013. This literature is going through the fellowship approval process so that it can be published as an informational pamphlet. Input can be submitted through the project webpage at www.na.org/intro. An approval draft will be included in the 2014 CAR.

NAWS continues to struggle financially. Money does not quite often make it from the groups to areas to region to world. A dollar or two in the basket may not suffice for our fellowship needs. NAWS is not able to make a presence at PR events in the US and around the world. It may be helpful if we announce in meetings that there is a contribution portal on the NAWS website to which individual members may contribute.

Further information can be found on these topics in NAWS News. You may subscribe online to receive it as well as the JFT readings and Reaching Out.

I am looking forward to this weekend of events. I am sure we will have a terrific GSR assembly.

In Loving Service,
Donna Lee P.

Regional Delegate Alternate Report

Hello family,

My RDA report for this RSC will be short and sweet due to the lack of activity since our last RSC in February. On March 21st I received a message from Sherry V. inquiring as to the status of the Regional Recommendations we'd been instructed to submit on behalf of herself and Etta F. On March 23rd I mentioned it to Donna Lee when she travelled to my home in Lynchburg to plan our powerpoint presentations and annual report for the GSR Assembly. I received a message from Donna Lee on March 25th indicating the recommendations had been completed. There is much going on throughout the World in NA. Information regarding *Living Clean: The Journey Continues*, WCNA 35, service bodies that are field testing various aspects of the Service System Proposal, the status of the Traditions Book Project, etc... can be found by going to "na.org" and clicking on the "news" link.

One item I felt it important to include in this report is the following:

“WSC Discussion: We are considering a couple of specific proposals pertaining to the WSC. They are the elimination of automatic delegate funding to the WSC and alternate delegate attendance. We want to encourage you to read the report on page 6 of this NAWWS News and to forward your thoughts to us at worldboard@na.org.”

As your representative I encourage everyone attending this RSC to read the report on page 6 of NAWWS News, bring it to the attention of your Group representatives at your next ASC meeting and encourage them to take it back to their groups then ultimately e-mail their thoughts to worldboard@na.org.

In Loving Service, Eddie W. (CARNA RDA)

Regional Delegate Alternate 2 Report

Hello family,

In May Donna Lee and Eddy presented at a GSR and GSR Alt Workshop in Tri-Cities which I was unable to attend due to a commitment I made prior to being voted in as CARNA’s RDA2.

I was in touch with Donna Lee and Eddy regarding tomorrow’s GSR Assembly and have reviewed the pertinent information. I am looking forward to my first opportunity to serve in this new commitment!

Thank you very much for voting me in as your RDA2. I am looking forward to learning a lot and being of service to our region.

In Loving Service,

Kim A.

(CARNA RDA2)

VRCC Report – Absent – no report

Hospitals & Institutions Report

Good morning, family.

The last WSR Sub-committee meeting was held on March 16, 2013 in Lynchburg, VA. Thirteen recovering addicts came from six areas to learn more about the WSR project, several of whom were new to the program.

The meeting was opened with a moment of silence and then the Serenity Prayer. The 12 Traditions were read by Pat W. and the 12 Concepts were read by Nancy H.

We had an extensive, in-depth conversation about the WSR program, the mission of the program, how it works and where we are in the development.

We talked about past use of electronic meetings but felt no technical expertise to move forward in that venue.

We answered many questions about keeping anonymity in the program.

We discussed some implementation points: getting approval of institutions we currently serve and investigating the possibility of approval by the DOCs in the states we serve.

We also discussed the idea of translating the WSR documents into Spanish.

We seemed to have a feeling that the word of WSR is not getting out to home groups and members. No poll has been taken but that is the feeling we have. We feel we need much better communication.

Our primary concern about the WSR project is that no one has stepped forward with willingness to restart the project which has been dormant for many months.

The meeting was adjourned at 1:00. The H&I meeting was not held. There was an ad-hoc meeting on sub-committee rotation.

The next meeting will be held on May 18, 2013 with the location to be announced.

This is my first reminder that my term ends in August 2013.

In loving service,
Lawrence E.

Policy Subcommittee Report

3 addicts including the Policy Chair attended the Policy Subcommittee at the SAARA Center in Lynchburg on March 16th. We finished the corrections suggested by the RCM's at the February RSC to the proposed Vice Treasurer position and I submitted a motion today for this body to consider.

Each year the Policy Chair is responsible for publishing a policy guide that includes the previous year's changes. Several months ago, I met with addicts in Winchester and began the process of reviewing the CARNA G&RO to ensure it not only included all last year's changes, but also proofread it for grammatical, spelling, and formatting errors.


Many times over the last few years, I remember asking about specific subcommittee policy guidelines and not once did a subcommittee chair produce their policy to answer the question. When budget questions arise, we all fumble through our notes looking for the approved budget.

I felt that including the subcommittee policy guides and the approved budget along with the CARNA G&RO would help answer any questions the RCMs may have regarding the workings of the subcommittees as well as answer questions regarding the regions finances in the upcoming year.

This year I produced a CARNA Handbook that not only includes the CARNA G&RO, but also the approved 2013 Budget, Addendum 1; Subcommittee's Creation and Purposes, Regional Service H&I Subcommittee Guidelines, Guidelines and Rules of Order for the Public Relations Subcommittee, A Guide to World Services in Narcotics Anonymous Addendum D WSC Rules of Order, and the CARNA Regional Committee Member (RCM) Orientation Packet.

The cost of producing 50 of these handbooks was \$80.58.

Chair: Bill M



Central Atlantic Region of NA

Here's your opportunity to give back what was so freely given to you.
Come support your regional subcommittees.

Regional Subcommittee Meetings

Public Relations (PR) & Policy: 11:00 – 1:00

Hospitals & Institutions(H&I): 11:00 – 3:00

H&I Writing Steps for Recovery (WSR) 11:00 – 1:00
H&I Subcommittee meeting: 1:00 – 3:00

Saturday May 18th, 2013

11:00 Until 3:00pm
Churchland Baptist Church
3031 Churchland Blvd.
Chesapeake, VA 23321

For more information contact:
PR_Chair@CAR-NA.org
HI@CAR-NA.org
Policy@CAR-NA.org

Public Relations

PR met in March. We added to our policy; Timeline for getting things posted on the web to 2 weeks and changed that items do not have to be in PDF format. Please encourage your Area's PR Chair & PR members to attend next month's Regional PR Subcommittee meeting. 4 people were present.

Nancy S.

Speaker Jam Report

Good Morning,

I would of felt better to do this in person; however, my circumstances would not allow it. My car is not able to make the trip. I had no other way of making it to Region. I have missed two Regions at present. I am not able at this time to carry out the duties of the Speaker Jam Chair. I regretfully have to resign the position. This is not a easy thing for me I love service. I have to take time to get my life circumstances in order before I can handle any form of a commitment. I thank you for the many opportunities you have given me at Region and pray that sometime in the future, I can return to a full commitment.

In Loving Service,
Antoinette B

Adhoc – "Subcommittee Rotation"

Dear RSC,

We met on March 16 at 1:30 pm in Lynchburg VA. There were 12 people in attendance. I was a little confused as to the locations and meeting times and conducted a meeting during the H&I portion of the day. There were people there expecting to attend regional H&I and thus attended the Ad Hoc meeting.

The purpose of the ad hoc subcommittee was stated, "To discuss the benefits of rotation of subcommittees versus centralization".

After a lengthy discussion it was determined, nearly unanimously, that the subcommittees should continue to rotate through the 4 quadrants. This better helps serve the purpose of the H&I Subcommittee which states in Policy "H&I serves needs of all areas in CARNA" by conducting activities that promote the growth and strength of all H&I needs and efforts within the region or the fellowship"

It was also discussed that the Policy subcommittee's purpose is not to support area policy subcommittees but to do the work assigned to it by the RSC. This committee could be centralized without contradicting its purpose.

The PR subcommittee was not discussed as specifically but it was stated that the regional PR should support local PR efforts within each area and that is a good reason to continue to rotate.

The idea was presented that a different rotation in regards to time frame may foster more consistency and longer participation therefore allowing the subcommittees to fill some of their positions instead of just having a traveling chairperson who does most of the work. The idea was presented to stay in a quadrant for a period of at least four months (2 subcommittee meetings held bi-monthly) of even 6 months. That could possibly get some consistent participation by local NA members thus motivating them to travel once the rotation moves to the next quadrant.

We, as a committee, decided that we had fulfilled the task committed to us and served our intent. The discussion of the utilization of on line meetings, conference calls, etc. was not discussed due to time constraints. This was certainly something we wanted to get to and some of us do believe that using this type of technology can be extremely beneficial to the subcommittees and can allow people to participate without traveling so far. This would take some more investigating to determine the feasibility, the financial impact, and logistics of such technology.

ILS,
Greg G.

Adhoc – "ECCNA"

Hi Family,

First I will tell you briefly about the convention. The East Coast Convention has a seat on their Board of Directors reserved for each region in the 17 states of the east coast of the US. The purpose of the East Coast Convention is to make accessible a convention that is cost effective for newcomers and to supply the Basic Text to jails and prisons. The East Coast Convention of Narcotics Anonymous (ECCNA) functions with the support of the Host Area, and the ECCNA, Inc.

Advisory Board (AB) to coordinate and conduct a convention that will bring our fellowship together in a celebration of recovery.

According to their bylaws, General Directors: Must live within the 17 states of the east coast of the US. Minimum of three (3) years clean time, one (1) year service experience on a convention committee, or service experience at the ASC or RSC level, and a working knowledge of the 12 Steps and 12 Traditions of NA.

Directors meetings are held via internet and/or conference calling. A regular or special meeting may be held on any date consented to by all the AB Directors. (They are currently held on the first Monday of the month at 7:30 on conference call). There is an annual meeting held at the convention for the purpose of nominating and electing officers and any other needed business.

I was asked to explore the impact of having a lesion to this body through our region. There are many things to take into consideration with adding another position to this body.

I was asked to explore the financial impact of such a position. From the information I have gathered the financial impact would be minimal because of the body's use of conference calling. The main financial impact would be attending the meeting at the convention, however whether the Region would provide funds to attend this meeting would have to be discussed in policy and budget meetings. We do have interest in this convention from members in our region. If there were support for exploring how we would create a position I would recommend that this be discussed in policy.

Contact information: Tom K at 239-770-8507 Email tom.hsb@live.com

ILS,
Erin C

7. Area Reports

Almost Heaven

Our H&I commitments are running smoothly.. We do need a coordinator for one of our commitments. We discussed moving the H&I Orientation to 3 times per year instead of quarterly, and to pass around a signup sheet beforehand to gauge the level of interest before putting on the event. The Methadone Bulletin and a skit about the challenges of not working within our service structure were re-added to the packets for distribution at the next orientation. We received a letter from MCTC (Maryland Corrections Training Center) asking for speakers for their in-house meetings, literature, key tags and inmate step writers. We have responded accordingly. We would like to request a small library to help with this. Mr. H&I chair please make note.

We did a PI Presentation in the local hospital Psychiatric Administration on to see how we can partner with them in carrying our message. The arrangement we have is that when a client considered dual diagnosed that we would receive a call from the client and meet them at a meeting. We are on our second women at this time to plant our seed of recovery. A table was requested for purchase to start developing our PI Presentation table/booth but a member offered to donate and it was accepted.

Our Almost Heaven area Convention is moving on. We still have positions opened but are on schedule. We are getting ready to send our corporate taxes in and renew our corporate licenses. We decided as a committee to not use Peters & Rectors this year in order to save \$2902 due to the close proximity to our world convention. We also picked our main speakers at last month.

At our LSU the issue of the police officer attending a meeting was brought up and we were notified that the home group in question had already dealt with the issue.

There has been interest expressed in re-starting a newsletter. In order to take on this task, we would need a point of contact to facilitate this. -pending.

Our area had a discussion on Consensus Based vs. Voting: If no-one disagrees on a motion then the chair can say the motion passed by consensus. However it is not in our policy regarding consensus based, just on voting and how it should be done. It's a beginning.

Our VRCC director had a discussion on the motion brought up to extend the moratorium on the name of our Annual Virginians Convention. It was not sure until after the minutes came out as whether this was tabled or voted on in the VRCC. When the minutes came out it had been voted on in the VRCC regarding our convention as a whole to maintain moratorium on the name change. In the VRCC's chair report last region it was stated "I ask that for all here that don't have a director, get one so you will have some input." How can the areas have input on motions that effect our convention if motions that do so (not the function of the next convention) are not brought back for an informed discussion? If not this was just to inform our RCM's of motion regarding our regional convention. We are happy to see the rest of the

positions have been filled and look forward to the retreat and more discussions on how to carry our message through convention efforts at Hager Hall in Hagerstown, Maryland.

And last but not least we would like to submit a motion requesting the delegate team to come to our Area service and put on a round table discussion regarding IDT's old or new. We will be submitting this motion in new business as Beach area did the last regional.

We have two checks above our prudent reserve \$2.77 and \$11.28.

ILS,

Sherry V, RCM Almost Heaven Area

Appalachian

I feel the area is on an upward swing. We have new H&I Chair, Bettie H, and a new Event Chair, Lisa B.U. We have our first events May 11th 6-10 at REC Center. Meet & Greet Lets Eat, Food Fun & Dance. H&I has an upward battle to get into places that have commitments we have not maintained. We are building the service structure and commitments before we formerly approach the institution we would like to serve. All is well.

Love

Pat W.

Beach

Currently BANA has 14 home groups. We had 11 GSR's who attended the last ASC. All trusted servant positions are currently filled.

Serenity Sisters will be holding a women's only potluck, speaker and movie event on May 4th, 2013 from 6-10 p.m. at the Tidewater United Church of Christ, 2660 West Neck Road, Virginia Beach, VA 23456.

The How Group will be holding the 22nd annual Unity Day Picnic June 2nd from 11 a.m. - 4 p.m. at Bayville Farms Park, Shelter 3, Virginia Beach, VA.

Serenity on the Shore Campout Committee will be holding their second fundraiser on April 27th from 10 a.m. – unitl at Bayville Farms Park, Shelter 3, Virginia Beach, VA. This event will be a dodge ball tournament and speaker. The third SOTS fundraiser will be held May 26th and will be a kickball tournament and speaker. This years Serenity on the Shore will be held September 27th - 29th at Holiday Travel Park, Virginia Beach, VA. Pre-registration is open. See our area website for details on all BANA events, www.virginiabeachna.org.

BANA will be holding a NA History Day from 11 a.m. - 6 p.m. at Virginia Beach Christian Church, 2225 Rose Hall Drive, Virginia Beach, VA 23454. This is a professionally done workshop by 2 members of the fellowship that have done extensive research on our history. This presentation has been given around the country at different conventions and NA events. There will be 2 presentations; one on NA's history and one on the Basic Text. The event will end with a panel of local members that can provide a history of NA in Hampton Roads.

BANA's Emergent Needs Committee has taken on the development and implementation of our website which is now number one under any Google search using the words "beach" and "NA". The site has recently been optimized for mobile devices. This committee has donated over 50 Basic Texts to local libraries and delivered the Basic Texts from last years ECCNA to the Virginia Beach City Jail. They recently completed our first area news letter and organized the NA History Day. Their are two new projects underway in this committee: To implement the use of QR codes on our meeting lists in an effort to route addicts to our website with greater ease and investigate the feasibility of carrying a meeting into the Virginia Beach City Jail Drug Program.

In summary, we are working hard to provide the life saving message of NA to those who want it. Our next ASC meeting will be held on May 4th 1 - 3 p.m. at Ocean Lakes Church of God, 1200 Dam Neck Road, Virginia Beach, VA 23451.

Gratefully,

Chuck K

chuck.norvakellens@gmail.com

(757) 469-9365

Blue Ridge Area

Hello NA Family of the Central Atlantic Region:

The Blue Ridge Area of Narcotics Anonymous is functioning rather well considering a shortage of Trusted Servants to fill open positions. We now have 3 positions filled by pro-temp appointment (we have an actual special events committee now and that chair was the 3rd appointed position). In addition our Secretary just accepted the nomination for and was elected to a second term! Another disappointing note is one of our home groups, A Simple Way, has disbanded due to lack of home group members. We have also lost the New Hope Detox where 3 home groups chaired a weekly open meeting apiece. The state withheld funding and the local community services board couldn't afford to keep it open. So it goes. Most home groups are reporting greater attendance and participation in service at group level. At Area Service our meetings are becoming more seasoned; members are more patient and are displaying NA principles that often get lost when we meet for service. We are also venturing gently into consensus; essentially asking for discussion and seeking only objections rather than taking a vote. No objections, it passes. There have been some significant differences that have been handled gracefully through discussion and compromise. I am disappointed to report that we were unable to generate much interest in The GSR assembly.

We did resolve our finances and are pleased to have a donation for Region of three hundred eighty three dollars and 36 cents. (\$383.36)

Our Area is hosting a large event on May 11th, A DAY AT THE LAKE, just that at Lofton Lake in Raphine, VA – a beautiful place very much out in the sticks. There will be games, fishing, swimming, food and 2 meetings! I'm submitting a flier for the minutes and you may find all the details online at www.BRANA.org

Below is the action taken by BRANA members on Regional matters that I'll submit during Old Business today.

Area Action on Regional business

Elections & Nominations

Home Groups voted on the following CARNA nominations...

Chair – Jim, (currently Vice-Chair) - **YES**

Vice-Chair – Bill (currently Policy Chair) - **YES**

---There were no persons to offer as nominees for Regional positions

ILS,

Peter P , BRANA RCM



Blue Ridge Area of Narcotics Anonymous Special Events Committee

**Presents: "A Day at the Lake"
Saturday, May 11, 2013 - 1pm to 8:00pm**

At Lofton Lake 136 Lofton Lake Lane, Raphine, VA.
Fellowship, fun, games, swimming, fishing, meetings, etc...

Pot-luck lunch at 2:30pm

Please bring a side dish, chips, or dessert if you can, thanks!

Open-discussion meeting at 5pm & Speaker meeting at 7pm



This event will be funded by passing the 7th Tradition basket during meetings and by selling: Cheeseburgers \$2.00 Hot-dogs-50 cents, Soda's-50 cents and water-25 cents.
For more information on this event contact: William H. 540-221-1567

willsworldna56@gmail.com or James H.540-470-7653.

New Dominion

RSC 161 New Dominion Area Report

All is well in New Dominion Area of Narcotics Anonymous. We have 51 meetings a week. All positions at area level are filled except for VRCC Alternate. Michael M. was just elected as the VRCC Director last week. WE have several upcoming events. The Spiritual Breakfast will be held on Saturday, May 4th 2013 from 10am-1pm at Hatcher Memorial Baptist Church on 2300 Dumbarton Rd. in Richmond, VA. The Annual NDANA Memorial Day Campout will be held from May 24th-27th at Westview on the James on 1231 Westview Rd. in Goochland, VA. The 15th Annual Softball Tournament sponsored by South of the James home group will be held on June 8th 2013, and this is the only event I have flyers for. Thanks for the opportunity to serve.

In Loving Service,
Joe B.

New River Valley

It is a pleasure to be back as the NRV area RCM! The NRV Area meeting list has not changed since my last visit to region, the meeting list on our website is accurate and up to date. We have were having some struggles filling area trusted servant positions in the past, and I'm happy to say that we have made some progress in this although there are still a couple of positions open.(Vice chair, policy, vrcc chair) Our meeting attendance is holding steady. I have been elected as RCM and look forward to having better attendance at the regional level and getting to know you all. We regretfully have no donation to region this session.

See you guys in June!

ILS

Stephen W,

NRV RCM

synthoholic@hotmail.com 540-250-6389

Outer Limits

The Outer Limits is growing with 6 groups in the area and 5 GSRs attending area. Open positions are ALT LIT, ALT SEC, RCM ALT RCM, VRCC, ALT VRCC, Special Events. The Outer Limits will be hosting a pig picking with games and tournaments at the Bronco Club located at 31040 Delaware Rd I. Franklin, VA, 23851 on July 20th from 2-8pm. All areas are welcome. The area is in need of support and our next ASC meeting will be May 5, 2013.

ILS,

Jenifer

Peninsula

The peninsula is alive and well. We do have open positions in our Area. Our special events committee has suggested that each home group nominate 1 newcomer whose name will be drawn on May 4th for a seat on the bus trip to the world convention. We do still have room on the bus to the World Convention. Public Information has made two presentations to "A Fresh Start for Open Hearts" who has started a new meeting that is on Thursday nights at 7:30 pm at Puquosou Baptist Church on Wythe Creek Rd and to Laugley AFB (ADAP). Our H&I Subcommittee was invited to go to Richmond for a workshop to discuss different ways to carry the message. The Home Group Living This Program Is Raffling off two commemorative Editions of "The Journey Continues" to support the 18th ECCNA

In loving service,
Jimmy R

Piedmont RSC report

Hello Family,

All is well in the Piedmont Area. We currently have 28 meetings with 18 Home Groups. All positions at the area level are filled except alt. VRCC director. Joe B. was elected vice chair.

Our area is getting ready for PACNA 23, "The Spirit of Love". It will be held on June 21- June 23 at Camp Albemarle 1675 4-H Way just off of Free Union Rd. There is an all inclusive fee of \$45 for the whole weekend. This will include camping, parking, meals, plus all the events. If you can only make it for one night or just the day, then the cost will be reduced. There is also lodging available on a first come first serve basis. The camp site doesn't take reservations. For more info please visit www.campalbemarleva.org or call Kate V. 434-760-0665 or Megan L, 434-249-8896.

We mailed a donation of \$350 last month.

ILS

Tee T.

Rappahannock Area

Dear CARNA,

There are currently 18 home groups in our Area with 29 weekly meetings in the Rappahannock Area. There were 13 GSR's present at April's ASC held on April 7, 2013 with more than 30 total attendees. This was our normally scheduled ASC date and time but the agenda was not normal. We conducted the meeting under the guidance of World Bulletin #30, the theft of NA funds. It was discovered a couple months ago that we had our funds stolen. After taking immediate action to secure the bank account, we held an emergency meeting to remove suspected individual from their position and form an ad hoc committee to investigate. After investigation we determined we lost \$3,903.37, leaving us a balance of about \$300. The individual was invited to the April ASC and given an opportunity to speak. The individual admitted to the theft and a legal agreement was signed, per bulletin 30, to make restitution. The meeting continued as usual. Our home groups really stepped up the last 2 months and donations and literature sales have totaled about \$1000. Our Activities Subcommittee knocked one out of the park with our recent speaker jam which brought back over \$1000. Our current balance in a new bank account is about \$2000.

Elections were conducted at the end of the meeting. The Policy Chair was filled by Nathan W, Our new VRCC Director is Kenny F. and I was nominated for treasurer. After discussion with the GSR's, I told them I was willing to serve as Area Treasurer but had to resign as RCM to do so. Our area policy does not permit any individual to hold 2 positions simultaneously. I left the decision up to the GSR's and they decided I was of better service as the Treasurer. I resigned as RCM and was elected as the new Treasurer.

I wanted to attend today and report as my last official duty as RCM even though I technically am not anymore. Rudolph C. will be nominated next month, by me, to be the new RCM I and pending the result of that election, we will be seeking to fill the RCM II position. I just can't seem to finish my position as RCM. I love this committee and may continue to serve in some capacity. I just don't know what that is.

We are stable in Rappahannock with still many young newcomers. Meetings are full and we are carrying the message. We are celebrating our 10th year as a reformed area. We are young but we are passionate and dedicated. We appreciate everyone who attended our speaker jam and contributed to the support of NA in Fredericksburg. We will be holding more events throughout the spring and summer and hope to see all of you there.

In Loving Service,
Rudy and Greg

1:50 Lunch Break – (motion to suspend the order of the day to catch the cafeteria before it closed at 2pm – 2:30 reconvened and continued with group reports)

Richmond

Hello family,

The Richmond area is doing fairly well. Fairly good attendance at area. An average of 20 GSRs at area with 39 groups listed on our meeting list. Not a lot has changed since the last region. We are still working on solutions as well as policy concerning the theft of NA funds in our area. We now have a new checking account, new treasurer and vice treasurer. We have a contract to be put into policy in the event of this tragedy ever occurring in the future. We are in need of a VRCC Director and an Alt Director. All other Chair Positions are filled. We have some upcoming nominations and elections. We are presently working under prudent reserve so we have no donation to Region. Usually we meet the 2nd Sunday of each month, but for the month of May we will meet the first Sunday, May 5, 2013, because of Mother's Day.

ILS,

Jackie W – jasmineroberson1@yahoo.com

Richmond VA

Roanoke Valley

Hey Family,

The Roanoke Valley Area has 33 meetings and 21 home groups.

Our Area Service Committee is still struggling to attract trusted servants. Our elections for all positions were last July and many positions have yet to be filled. We currently have the following positions open: Chair, PR Chair, Policy Chair, Vice Treasurer, Alternate RCM, Alt VRCC we do not have anyone serving in these positions pro-temp. Although there is no one officially holding the PR position or website and meeting lists continue to be updated.

All positions will turnover and elections will be in July, hopefully we will be able to generate interest.

Our new activities chair is building a committee and they held a dance that was enjoyed by all. The next activity will be a picnic on May 27, 2013 at Wasena Park in Roanoke, VA.

Our H&I subcommittee has added another H&I commitment and now meets at the Mt. Regis recovery center twice a week.

Several members have told me that they will be attending the GSR assembly tomorrow.

The Roanoke Area has a donation of \$215.64

In Loving Service,

Erin C.

rcm@roanokena.org

(540)761-2063

Shenandoah Valley

I am happy to report that the message is being carried to the suffering addict in the Shenandoah Valley Area. Currently we have 21 Home Groups with 27 meetings a week. Our area is in need of a Vice Chair, a permanent secretary, VRCC Alt. Dir., RCM Alt, Out Reach Chair and an H&I Chair. We are working to fill these positions.

Shevana Area is also working hard with Almost Heaven to host the 32nd AVCNA to be held in Hagerstown, MD Jan. 2014.

The Convention theme is ***"One Promise, Many Miracles"***. Mike. W. will be selling preconvention t-shirts at the GSR Convention tomorrow.

The Vice Chair of H & I Mike. W. reports that NA meetings continue to be taken into the women's and men's side of the jail and also into the Behavioral Health Unit at our local hospital.

Special Events of the Shevana Area have a couple of events coming up...Our Annual **Picnic and Volleyball Tournament** will be held June 8, 2013, 12 noon till 6pm at Jim Barnett Park, 1001 E. Cork St. Winchester, VA. at the Kiwanis I shelter. I have flyers with me. May 3rd and 4th, 2013 Special Events will be hosting our annual **"Apple Café"** around the clock NA meetings during our city's annual Apple Blossom Festival. NA home groups are signing up for hourly meetings to enable addicts to attend. Meetings will be held at the Loudon St. Club House upstairs.

On July 13, 2013 Special Events will be hosting their **10th Speaker Jam** at Jim Barnett Park. Also Special Events is working on an August Campout. More will be revealed.

Last but not least the Shenandoah Valley Area has a donation of \$557. 37 to give to CARNA.

In Loving Service, Elisa D. RCM

Southside Area

The Southside area is doing well. Our meetings are well attended. We have thirteen groups with eleven present at our last ASC. Positions open and OTF are PR Chair and Policy Chair.

I am happy to report that after several meetings involving several home groups we were able to pass our new policy. It is available on our area website.

We will be hosting a "Meet and Greet" for everybody involved in this weekend. Solutions with Serenity is hosting this potluck Speaker meeting. It will start at 5pm with food being available, a speaker meeting at 6pm, followed by fellowship

and fun. It is being held at First Presbyterian Church in South Boston. Flyers are available. Our traditions workshop was well attended and our suggestions were forwarded.

We have a donation of \$328.97.

Once again I am grateful for another opportunity to serve Narcotics Anonymous which saves my life on a daily basis.

In Loving Service
Gail F
Southside Area RCM

Tidewater – ABSENT

Tri-Cities

Greetings Regional Family,

Tri-Cities area is doing well. We have a new area website that is user friendly and informative. Our H&I and PR subcommittees are have a Learning Day on April 27th from 12-7pm at Ivey Memorial Church followed by a Spring Dance from 9-1am at the same location.

We have Special Events serving spaghetti dinners for a small donation. All positions on our area level have been filled. We had seven of 11 GSR'S attend our last area service this month. Again we would like to thank Donna Lee and Eddy for attending our GSR'S and alternates Service Matters workshop in February! Our ASC meets the first Sunday of every month @ Poplar Springs Hospital, Petersburg, Va. 23805 from 2-4 pm.

ILS,
Fatima

8. Quorum established
9. All New Business Motions turned in

10. Old Business:

160-2. Vice Treasurer Duties and Qualifications **to be voted on at the 162nd**

Mover: Bill M Area: Policy Subcommittee

Second: Tee T Area: Piedmont Area

Description/Background (Optional):

In the past, the abrupt transfer of the Treasurer responsibilities has caused some confusion with the new treasurer as they became acquainted with the region's bookkeeping methods.

Intent:

To train and mentor a trusted servant to become an automatic nominee for the Treasurer position and assist the treasurer at the annual budget meeting, the audit of accounts and the bookkeeping duties as necessary.

Motion:

To amend the CARNA Guidelines and Rules of Order, Section IX: OFFICERS DUTIES/QUALIFICATIONS, following **4B. TREASURER QUALIFICATIONS**

1. To include:

5A. VICE TREASURER DUTIES

1. Attends all Regional Service Committee meetings
2. Verifies for accuracy all financial transactions and the reconciliation of the bank statements of the previous two months activity following the RSC
3. Submits written report to each RSC detailing the findings of all activities following the last RSC
4. Co-facilitates the annual August budget meeting
5. Assists with the audit of the accounts at the end of the Treasurers term
6. Becomes automatic nominee for Treasurer position when it becomes open and does not need to be nominated

5B. VICE TREASURER QUALIFICATIONS

1. Knowledge and or willingness to develop skills in bookkeeping or accounting
2. A solid foundation of experience with the Twelve Steps, Twelve Traditions and Twelve Concepts of Narcotics Anonymous and willingness to answer questions asked by the Conference body
3. 5 years clean time
4. 1 year Area and/or Regional experience
5. Willingness and desire to serve and transition to Treasurer position and the end of the Treasurer's term
6. 2 year term, 4 year commitment.
7. Time and resources needed to be an active participant

2. Renumber the remaining in Section IX accordingly. to be voted on at the 162nd

160-3. – Bill didn't have this with him and it was referred back to policy again

MOVER: Bill - Policy SECOND: Tee T, Piedmont Area

Description/Background (Optional):

While reviewing the Region's policy handbook, the Policy subcommittee discovered that the various subcommittee chairs were not required to include the discussions regarding their decisions on motions referred to the subcommittee by the RSC.

Intent:

To provide clarity and direction to the subcommittee chairs regarding their duties and reporting responsibilities.

Motion: Change Section IX: OFFICERS DUTIES

9A. STANDING AND ADHOC SUBCOMMITTEE CHAIR DUTIES (other than Policy Chair) (117th)

From:

1. Compiles a report for every RSC consisting of:
C. Reports on motion committed to subcommittee.

To:

1. Compiles a report for every RSC consisting of:
C. Discussions and recommendations on motions submitted to the subcommittee by the RSC.

8A. POLICY CHAIR DUTIES

From:

1. Compiles a report consisting of activities since the last RSC:
C. Report on motions submitted to committee

To:

1. Compiles a report consisting of activities since the last RSC:
C. Recommendations discussions on motions submitted to the Policy subcommittee

REFERRED to policy till 162st

160-06: Mover: Donna Lee SECOND: Greg G RANA

Background: WE have been rotating subcommittees for some time. It is quite possible that having a central location may foster greater support for subcommittees.

Intent: to discuss what would be best to foster support for subcommittees

Proposal: To discuss the benefits of rotation vs having a subcommittee meeting in a central location.

Discussion: PR spoke on whether or not the support garnered by rotating to different quadrants was actually translating into real "help/support". Erin spoke about centralizing each subcommittee to one of the quadrants for a full year.

Stability might be maintained and rotation would still be happening. Chuck agreed that consistency was crucial. Sherry: are our subcommittees obsolete? Greg: Lack of participation could just be a result of poor attraction. Peter also brought up the point of how do we fairly distribute the load... without rotation it's too far for people.

End result: *In February the Chair formed ADHOC Committee to meet at the subcommittee meeting 1:00-3:00 - 3rd Saturday in March in Lynchburg to look into what we can do electronically - Greg G appointed ADHOC Chair*

Today Chair asked that this ADHOC committee continue to explore electronic options and try to present what an on-line sub-committee meeting would be like. May 18th will be the Subcommittee meeting in Chesapeake and Greg G encouraged everyone to attend the ADHOC Committee meeting to help out and give input.

Elections & Nominations

- **CHAIR** - Jim nominated - Passed
- **VICE CHAIR** - Bill nominated – Passed

- **SECRETARY** – - duties and responsibilities read

Erin Nominated – declined

Angel Nominated – willing to pro temp until next session to be sure she can do the commitment – **tabled until 162nd**

Chair appointed Angel Pro-Temp - Nancy appealed decision to pro temp without questions .. sherry v 2nd

All in favor of the motion to appeal the Chair's decision to appoint without giving the body the opportunity to ask the Pro Temp questions - 1-12-2 - Chair's decision stands

- **POLICY** - duties and responsibilities read

Greg G nominated, accepted

Motion to close the nominations made by Jim

Seconded by T

– nominations closed **12-0-1**

Qualifications for Greg G's nomination for Policy Chair

1. 9 years clean
2. 4 years Regional service experience as Secretary, Treasurer and RCM
3. 9 years ASC experience as Secretary, Treasurer, RCM and Vice Chair
4. Helped create and maintain RANA policy
5. Have willingness and desire to serve
6. A working knowledge of the steps, traditions, concepts, regional and area policy, Roberts rules of order and the guide to local service.
7. Have a sponsor who has a sponsor and so on.

– **closed ballot vote**

No cons, no discussion – vote ensued

Greg G Voted In

NOMINATIONS FOR THE FOLLOWING POSITIONS ARE BEING SOUGHT for THE 162ND. Nominations were already sought for the 161st

- **H&I** send nominations to areas. Any/All Nominations brought back will be voted on at the 162nd
- **PR** Erin nominated by Kim A - accepted by Erin – **Tee made a motion to close nominations.. seconded by Peter - 13-0-0** Vote to close Nominations Passes = nominations closed **to be voted on at the 162nd**

Clean Date: 06/13/2003

Previous Service Experience:

- Regional Committee Member RVANA
- Unofficial Webmaster www.RoanokeNA.org
- Activities Subcommittee Chair RVANA
- PR Subcommittee Member RVANA and CARNA
- Policy Secretary RVANA
- GSR Night Owls Home Group
- Steps, Hugs & Rock n' Roll Home Group Various

· I have learned a lot about our traditions through service work and have extensive knowledge of the PR handbook. I have worked on our local website, poster drives and other public relations projects.

· I have participated in developing the PR Subcommittee line item budget

· I am really committed to the mission of Public Relations and all that has been planned by the committee. I understand that, as chair, it is key to develop a group conscience at not develop my own agenda.

· I would really like to see our Public Relations Subcommittee move forward with the planned activities including ensuring our website and phone-line remain current, that we provide information tables at conferences, to provide workshops locally and to work on public service announcements.

Previous Relevant Experience:

I have several years experience working in television and audio production and am aware of the processes involved in getting Public Service Announcements produced and aired.

Read duties & responsibilities – questions asked and answered.

Pros:

1. Erin shows enthusiasm for service and has proven herself as an active participant at Region – Peter P, BRANA RCM
2. Erin has been regularly attending subcommittee meetings for years. She may not have been at every meeting but has definitely been at the lions share of them. She has the experience and and the temperament for this position. – Bill M, Policy

to be voted on at the 162nd

- **Treasurer** Neil nominated – accepted the nomination – Qualified –

I have 13 years clean, never been accused of a financial crime, I have a sponsor, and I am currently the treasurer of the region.

Neal

- Left the room

Pro:

1. Neal has served as treasurer in the past. The budget process became much more understandable. Neal would be an excellent roll model and teacher for a new Vice Treasurer. As far as the body is aware he has not been convicted of any misappropriation of CAR-NA funds. Neal has gotten us back a refund on funds that were overcharged. – Nancy S

2. Neal did a good job as treasurer and would be good to mentor a vice treasurer. – Jim H

No cons

- **Nominations were not closed – Any/All Nominations brought back will be voted on at the 162nd**

11. New Business

Motion 161-01 – Back to areas to be voted on at the 162nd

Mover: Bill M Policy Chair

Second: Sherry V: Almost Heaven

Description/Background:

The WSC website allows Credit/Debit card payments and donations; however, our CARNA G&RO does not allow for the treasurer to make donations of this type.

Intent:

To allow the Treasurer to use the Debit/Visa Card to make the Region’s donation electronically to NAWS and pay expenses pre-approved by the RSC body.

Motion:

To change the CARNA G&RO Section IX, 4A (Treasurer’s Duties, 13A to include:

iii: Make Regional Donations electronically to the NAWS website

iiii: Expenses or payments individually pre-approved by the RSC by a majority vote. (ex: Literature purchases, Electronic Hardware, Software, Equipment Maintenance & Repair, etc.)

Pro – “Use of Debit card for the stated purposes facilitates the Treasurer performing his duties more efficiently and potentially can reduce costs.” - Peter K, BRANA RCM

Pro – “It will make donations to NAWS more readily available to NAWS.” - Donna Lee

Motion 161-02 – Referred to Policy

Mover: Kim A, RDA2

Second: Gail F, Southside RCM

Description/Background:

New Policy Printing is missing Beach Area on Page 18

Intent: Accuracy

Motion: Add the Beach Area to page 18, Section XVI(D)

REFERRED to Policy till 162nd

Motion 161-03 – motion passes

Mover: Donna Lee, RD

Second: Stephan W, NRV

Description/Background:

Approval for travel to Autonomy Zonal Forum is already established. This motion is simply an itinerary for accountability purposes only.

Intent:

To be fully self supporting

Motion:

For the RD, RDA & RDA2, estimated expenses for AZF in July.

\$125 Hotel

\$ 35 Per Diem

\$125 Gas & Tolls

To total \$285 Per delegate

Call for vote – 13-0-1 – motion passes

Motion 161-04 – – motion passes

Mover: Almost Heaven

Second: Beach Area RCM

Description/Background:

Since going to LSU we've wanted to implement aspects of the GSU part

Intent:

To have RD team to facilitate a round table training on IDT's or other

Motion: To have the RD Team assist us n our first Area round table Mentoring/Training session. Financial impact approximately \$120. Receipts to be turned in after event.

Call for vote – 13-0-1 Motion Passes

12. Announce Location and Time of next RSC – June 15th at UVA 11:00 AM

- **GREG G: Agenda for subcommittees – how to set up the time of each meeting so there won't be conflicts**
- **Areas in Carna who are interested in hosting fundraisers for the preconvention committee: Bill T: 202-904-5544 williamataylorii@aol.com**
- **tickets for spiritual breakfast (ECCNA) available from Jeff H**
- **New NA meeting in Powatan – Living Clean – in meeting list**
- **Donna Lee – looking for ideas for mock proposals for tomorrow to practice CBDM**
- **Rooms.. see Bill**

13. Close with Serenity Prayer and Announcements