Minutes: 123rd Regional Service Conference Region of the Virginians RSC October 21, 2006

Met at Otterbein United Methodist Church at 11am on 10/21/06. Began Region with Open Forum at 11:05am with Serenity Prayer. Opened the Region Business at 12:15 with Serenity Prayer.

Purpose was read by: Linda A. 12 Traditions read by: Jane F. 12 Concepts read by: Elmer S.

Roll Call	Roll Call	Reports
Chair:	Present	Written
Vice Chair:	Present	Written
Secretary:	Present	Written
Treasurer:	Present	Written
RD:	Absent	Written
RDA:	Present	Written
RDA2:	Present	Written
VRCC Rep Pro Tem:	Present	Written
Policy Chair:	Absent	Written
Speaker Jam Chair:	Present	Written
H&I Chair:	Present	Written
Outreach Chair:	Absent	Written
Activities Chair:	Present	Written
Public Information Chair:	Present	Written
Literature Review Chair:	Present	Written
Budget Ad Hoc	Present	Written

Break at 1:30pm

Reopen Region at 1:45pm

Roll Call	Roll Call	Reports
Almost Heaven:	Present	Written
Appalachian:	Present	Written
Blue Ridge:	Absent	None
New Dominion:	Present	Written
New River Valley:	Absent	None
Outer Limits:	Present	Written
Peninsula:	Present	Written
Piedmont:	Present	Written
Rappahannock:	Present	Written
Richmond:	Present	Written
Roanoke:	Present	Written
Shenandoah Valley:	Present	Written
South Side:	Present	Written
Tidewater:	Present	Verbal
Tri-Cities:	Present	Verbal

Quorum met with 13 areas present.

Minutes: Motion to suspend reading of minutes. Made by: Jeff H. H&I Chair 2nd: Bob M. Peninsula Passed 11-1-0.

Motion to accept minute as stand. Made by: Tee T. Piedmont 2nd: Bob M. Peninsula Passed 11-0-0.

Old Business

Regional Subcommittee Purposes
Activities Purpose-Approved 10-0
H&I Purpose-Approved 10-0
Literature Review Purpose-Approved 10-0
PI Purpose-Approved 10-0
Policy Purpose-Approved 10-0
Outreach Purpose-Approved 10-0
Speaker Jam Purpose-Approved 10-0

Area Conscience

Motion 122-10 Mover: George B. Policy Chair 2nd: Hadiyah H. Richmond

Change from

Section XI: STANDING SUBCOMMITTEES

1. Activities

- 2. Hospitals and Institutions (H&I)
- 3. Literature Review
- 4. Outreach
- 5. Policy
- 6. Public Information (PI)
- 7. Speaker Jam

Change to

Section XI: STANDING SUBCOMMITTEES

- 1. The Regional Service Committee (RSC) shall be authorized to create, dissolve, or change standing subcommittees (including subcommittee names, purposes, activities, and meeting schedules) by a majority vote.
- 2. Approved motions creating, dissolving, or changing standing subcommittees shall be attached to the Guidelines and Rules of Order as an addendum, including those motions that previously created standing subcommittees that have not been dissolved.
- 3. The following standing subcommittees, having already been created prior to this motion's approval, are not subject to being re-created as an immediate result of this motion's approval: Activities, Hospitals and Institutions (H&I), Literature Review, Outreach, Policy, Public Information (PI), and Speaker Jam.

Intent: To lessen the burden on the home groups when discussing subcommittees. Roll Call Almost Heaven-N, Appalachian-Y, New Dominion-Y, Outer Limits-N, Peninsula-Y, Piedmont-N, Rappahannock-Y, Richmond-Y, Roanoke-Y, Southside-N, Tri-Cities-Y Failed 7-4.

Nominations and Elections
VRCC Rep-Burrell P. Pro Tem <u>Take Back To Areas</u>
RD-Sherry V. acclimated by Chair
Outreach Chair-Tim C. Pro Tem <u>Take Back To Areas</u>
Policy Chair-Cynthia W. Pro Tem <u>Take Back To Areas</u>
RDA-Greg H. nominated and accepted <u>Take Back to Areas</u>

Greg H. Qualifications-over 9 years clean, over 4 years experience on regional level, have sponsor, working knowledge of 12 Steps, 12 Traditions, and 12 Concepts, have attended 1 WSC, have fulfilled up to this point service commitments in the RDA-2 position and have a home group.

Closed this session of Region with Serenity Prayer at 2:45pm.

Reconvene on Sunday, October 22, 2006 at 9am at Trinity Episcopal Church. Open with Serenity Prayer at 9:25am by Chair.

Purpose: Greg H. 12 Traditions: Jane F. 12 Concepts: Bob M

Roll Call

Chair-Present, Vice Chair-Present, Secretary-Present, Treasurer-Present, RD-Present, RDA-Open, RDA-2-Present, VRCC Rep-Present, Policy Chair Pro Tem-Present, H&I-Present, Speaker Jam-Present, Activities-Present, Outreach Chair Pro Tem-Present, PI-Present, Literature Review-Present, Budget Ad Hoc-Present

Almost Heaven-Present, Appalachian-Present, New Dominion-Present, Outer Limits-Present, Peninsula-Present, Rappahannock-Present, Roanoke-Present, Tidewater-Present, Tri-Cities-Present

Quorum met with 9 Areas present.

New Business

Budget for 2007-2009

Motion 123-1: To approve the 2007-2009 Budget, as amended.

July 1, 2007-June 30, 2009 Amended Budget 1.0 (Draft Proposed, 123rd RSC)

A. Automatic expenses: approved 100% on receipt

Phoneline: Regular expenses billed for long distance and answering services. \$969.00/bimonthly up to \$969.00 maximum

Mailbox: Regular expenses billed by Postmaster for P. O. Box rental (billed in February, yearly). \$12.00/bimonthly up to \$72.00 maximum

Website: Regular expenses billed by Brinkster for website hosting services and domain names (billed in April, yearly). \$14.00/bimonthly up to \$84.00 maximum

Bank: Service charges debited by Bank of America, and banking materials such as checks and deposit slips (as required, irregular). \$6.00/bimonthly up to \$6.00 maximum

B. RSC primary operations: approved to budget limits, excess requires RSC approval, 2 signatures required.

Conferences: Prepaid expenses, regular expenses, or reimbursement for holding bimonthly RSC conferences, associated with meeting space rent, food and beverage services, audio/visual equipment rental, and related office supplies. \$400.00/bimonthly up to \$400.00 maximum

Executive: Reimbursement for expenses of RSC Chair, Vice Chair, Regional Delegate, Regional Delegate Alternate, Regional Delegate Alternate-2, and VRCC Representative associated with preparation and distribution of reports and correspondence. \$50.00/bimonthly up to \$50.00 maximum

Secretary: Reimbursement for expenses of RSC Secretary associated with preparation and distribution of RSC minutes, reports, and correspondence; and related office supplies. \$60.00/bimonthly up to \$60.00 maximum

Treasurer: Reimbursement for expenses of RSC Treasurer associated with preparation and distribution of reports and correspondence; and related office supplies. \$20.00/bimonthly up to \$20.00 maximum

GSR Assembly: Prepaid expenses or reimbursement for holding annual GSR Assemblies, associated with meeting space rent, refreshments, food and beverage services, and related office supplies (April, yearly). \$200.00/bimonthly up to \$1000.00 maximum

CAR Workshops: Prepaid expenses or reimbursement for holding four multi-area World Service Conference Agenda Report workshops with line budget pre-approved by the RSC Conference. (March-April, even years) \$100.00/bimonthly up to \$1200.00 maximum

C. Travel: Prepaid expenses in excess of \$35/day per diem requires RSC pre-approval, travel inside the Region is not covered; 2 signatures required.

WSC/RD: Prepaid expenses or reimbursement for Regional Delegate to attend WSC (May, even years). \$0.00/bimonthly up to \$0.00 maximum (currently paid by WSC)

WSC/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend WSC (May, even years). \$150.00/bimonthly up to \$1800.00 maximum

WSC/RDA2:Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend WSC (May, even years). \$150.00/bimonthly up to \$1800.00 maximum

MARLCNA/RD: Prepaid expenses or reimbursement for Regional Delegate to attend MARLCNA (February, yearly). \$55.00/bimonthly up to \$325.00 maximum

MARLCNA/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend MARLCNA (February, yearly). \$55.00/bimonthly up to \$325.00 maximum

MARLCNA/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend MARLCNA (February, yearly). \$55.00/bimonthly up to \$325.00 maximum

AZF/RD: Prepaid expenses or reimbursement for Regional Delegate to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

AZF/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

AZF/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

WSW/RD: Prepaid expenses or reimbursement for Regional Delegate to attend approved World Service Conference workshops or multi-regional service events (i.e., learning days, conferences). \$50.00/bimonthly up to \$600.00 maximum

WSW/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend approved World Service Conference workshops or multi-regional service events (i.e., learning days, conferences). \$50.00/bimonthly up to \$600.00 maximum

WSW/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend approved World Service Conference workshops or multi-regional service events (i.e., learning days, conferences). \$50.00/bimonthly up to \$600.00 maximum

D. Subcommittee operations: approved to budget limits, excess requires RSC approval.

Policy: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Policy Subcommittee, including meeting space, preparation and distribution of reports and correspondence, service-related materials and literature, and annual report (February, yearly). \$30.00/bimonthly up to \$180.00 maximum.

Activities: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Activities Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Speakerjam: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Speakerjam Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Public Information: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Public Information Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Hospitals and Institutions: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Hospitals and Institutions Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Outreach: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Outreach Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Literature: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Literature Review Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

E. RSC secondary operations: approved to budget limits, excess requires RSC approval, 2 signatures required.

H&I: Expenses incurred by Hospitals & Institutions Subcommittee pertaining to carrying the message of recovery, such as literature packets for inmates, literature for libraries in correction facilities, and presentations to hospitals and institutions, but not events or workshops. \$300.00/bimonthly up to \$1800.00 maximum

Speakerjams: Prepaid expenses or reimbursement for holding speakerjams with line budget approved by the RSC Conference. (March and September, yearly) \$167.00/bimonthly up to \$500.00 maximum

Overnight RSC: Prepaid expenses or reimbursement for holding overnight RSC conferences, associated with overnight lodging, food and beverage services; exclusive of registration fees, etc. (April and October, semi-yearly). \$500.00/bimonthly up to \$1500.00 maximum

Zonal Forum: Prepaid expenses or reimbursement for holding zonal forums with line budget pre-approved by the RSC Conference (next scheduled: January 2008). \$200.00/bimonthly (beginning 6 months prior to the Zonal Forum the Region is scheduled to host) up to \$600.00 maximum

<u>F Discretionary: expenses not presented in the budget; expenditures require RSC pre-approval, 2 signatures required.</u>

G. NAWS Contribution: funds in excess of prudent reserve, 2 signatures required. Notes:

General: All categories have been reevaluated and reprioritized. Entire category for travel outside the Region is prioritized lower, some RSC conference operations are prioritized higher than Travel, and some lower than subcommittee operations. Officer expense subcategories merged with RSC operations. Categories for discretionary spending and NAWS contributions added.

- A. Answer and Phone subcategories merged and renamed Phoneline subcategory. Server subcategory renamed Website. Increase reserve for Mailbox by \$6.00/year, Website by \$12.00/year, and Bank by \$36.00/year. Total:Category A increase \$54.00/year
- B. RSC Rent and RSC Food subcategories merged and renamed Conferences, and amended to authorize audio-visual equipment and group lunches where practical. Anticipates some kind of individual payment for group lunch similar to recent conferences (117th and 120th RSCs at Howard Johnson Hotel in Fredericksburg, 113th RSC at Wingate Inn in Fredericksburg). Total Category B increase: \$0.00/year
- C. MARLCNA travel increased by \$25.00/year each for RD, RDA and RDA2. WSW travel broadened to include other multi-regional service events (such as learning days and workshops) that the RSC may approve. Total Category C increase: \$75.00/year
- D. Increase reserve for Policy by \$60.00/year. Total Category D increase: \$60.00/year
- E. New category for secondary RSC operations includes overnight RSC lodging, Speakerjams, CAR Workshops, Zonal Forums, and H&I materials. Other Event subcategory eliminated; funding for other events such as service workshops will come from discretionary funds. Total Category E decrease: \$600.00/year
- F. Discretionary funding may be authorized for unforseen and infrequent expenses, such as computer hardware repairs and upgrades, service workshops, and travel reimbursement. No reserve is anticipated until projects are authorized.

Summary: Priorities are adjusted; prudent reserve is lower but closer to actual needs and uses.Intent: To be fiscally responsible. Mover: Budget Ad Hoc 2nd: Melvin L. Appalachian

Amendment 123-1a: Amend the July 1, 2007-June 30, 2009 Budget Draft 1.0, Section A, Phone line; substituting:

Phone line: regular expenses billed for long distance and answering services. \$1100/bimonthly up to \$1100 maximum.

Intent: to authorize additional funding if a new answering service provider replaces TASCO. Financial impact estimated at \$131.00/bimonthly or \$786.00/yearly.

Mover: Budget Ad Hoc 2nd: Bob M. Peninsula Passed 8-0

Amendment 123-1b: Amend the July 1, 2007-June 30, 2009 Budget Draft 1.0, Section E., Zonal Forum, substituting:

Multi-Regional Events: Prepaid expenses, contributions to other Regions, or reimbursement for holding multi-regional events (such as zonal forums, learning days) upon approval of the RSC. \$200.00/bimonthly up to \$1000.00 maximum.

Intent: to have funds available to participate in multi-regional events. Financial Impact estimated at \$1200.00/yearly.

Mover: Budget Ad Hoc 2nd: Bob M. Peninsula

Amendment: To amend the amendment 123-1b by removing from ",contributions to other Regions,".

Intent: To clarify intent of multi-regional events category.

Mover: Sherry V. RD 2nd: Etta S. Rappahannock Passed 9-0.

Amendment 123-1b with amendment Passed 8-0

Amendment 123-1c: Amend the July 1, 2007-June 30, 2009 Budget Draft 1.0, Section F; adding: Public Information: Prepayment or reimbursement for Public Information Subcommittee expenses.

Cost	Description
-	Increase the membership of P.I ,and the diversity of that membership , so that we are better able to achieve our goal.
-	Coordinate Region Wide Library Donation Project with all participating Areas
200.00	Update, print and distribute Regional meeting schedules.
200.00	Maintain a web site for the Region of the Virginians Area of N.A Distribute and support literature racks in the Region of the Virginians Area as
300.00	a way of getting N.A.literature and meeting schedules to addicts. Have an information table at professional conferences and community events to educate the public about Narcotics Anonymous. (Costs are for conference
1,000.00	registration)
250.00	Create an information table that will support conferences. This is a one time expense.
	Create a Calendar of Events for Region - to assist in organizing conference exhibits
-	Establish and train a pool of N.A. members to speak to the public about
-	Narcotics Anonymous in an effort to educate the public about N.A. Create, produce and facilitate the running of Narcotics Anonymous Public
	Service Announcements for print, radio and T.V. Note P.S.A.'s are run by
150.00	media outlets at no charge. All costs are related to production and distribution. Paid Radio Spots Twice per year - \$5.00 each spot/5 times per night for two
500.00	weeks on two radio stations. Create and maintain an effective data base of professional contacts, and send
	out one mailing annually that includes information about N.A. in Region of the
200.00	Virginians.(Based on a 500 piece mailout) Putting up N.A. outreach posters in neighborhoods to increase the publics
-	awareness of N.A. in Region of the Virginians.(Cost of flyers,etc.)
100.00	Create Regional Logo for Web Site/Banner
300.00	Printing material needed for reports, training and public presentations.
2,800.00	Total Needed
1,500.00	Projected income from ROVNA
1,300.00 Mover: B	Budget Shortfall less (500) for presentation/booth cost Budget Ad Hoc 2nd: Bob M. Peninsula

Ruled out of order by Chair because figures don't add up.

Tim C. appealed ruling. Appeal failed 3-4.

Motion to table the amendment 123-1c.

Intent: To allow PI time to revise its budget. Mover: Greg H. 2nd: Melvin L Appalachian Passed 5-3.

Motion to accept revised budget for PI.

PRIORITY	COST	DESCRIPTION
		Increase the membership of PI, and the diversity of that membership, so that we are better able to achieve our goals.
	\$200.00	Region wide Regional Logo Contest with AVCNA package as prize. One time Event.
		Coordinate Region Wide Poster Day with all participating Areas
		Coordinate Region Wide Library Donation Project with all participating Areas
	\$1,000.00	Registration feeds for professional conferences and community events to educate the public about NA
	\$200.00	Create an information table that will support conferences. This is a one time expense.
		Create calendar of events for Region - see Attached Purpose and Defined Activities.
		Establish and train pool of NA members to speak to the public about Narcotics Anonymous for Region
	\$150.00	Create, produce and facilitate the running of NA PSAs (Public Service Announcements) for print, radio and TV. Note: PSAs are run by all media at no charge. Costs are related to production and distribution.
	\$500.00	Paid Radio Spots
	\$200.00	Create and Maintain an effective database of professional contacts, and send out annua mailing that includes information about NA in Region of the Virginians. (Based on 500 piece mailout)
	\$350.00	Printing material needs-reports, training and presentations.
	\$2,600.00	Total Needed
	\$1,500.00	Project Income from ROVNA
	\$1,100.00	Budget Shortfall

Intent: To have money available for PI in new budget. Mover: Amanda H. 2nd: Bob M. Peninsula

Motion: To table entire budget until 124th RSC.

Intent: To present one budget to areas for approval/disapproval.

Mover: Bob U. Lit. Review Chair 2nd: Mike Roanoke Valley Passed 4-2

Motion 123-2: To accept estimated travel expense for current RDA-2 Greg H. to attend upcoming MARLACNA in February '07 in Pennsylvania. \$138 for hotel, \$70 per diem, \$50 gas, \$10 toll, \$20 registration Total estimated expense in the amount of \$288.

Intent: To allow current RDA-2 to comply with his duties Mover: Greg H. RDA-2 2nd: Etta S. Rappahannock. Passed 7-0

Motion 123-3: To accept estimated travel expense for current RDA-2 Greg H. to attend Zonal Forum held in the Freestate region in Jan. '07. \$88 for hotel, \$47 for gas, \$10 toll expense, \$57 per diem, Total amount \$202.00

Intent: To allow current RDA-2 to comply with his duties. Mover: Greg H. RDA-2 2nd: Etta S. Rappahannock Passed 8-0

Motion 123-4: Budget request for funding for MARLCNA in the amount of \$270.00 estimated. Intent: To fulfill assigned duties of the RD. Mover: RD 2nd: Jennifer D. Almost Heaven Passed 7-0

Motion 123-5: Request for funding for Autonomy Zonal Forum in the approximately amount of \$175.07.

Intent: To fulfill assigned duties of the RD. Mover: RD 2nd: Jennifer D. Almost Heaven Passed 8-0

Motion 123-6: Establish the following budget for Literature Review Workshops: Rent Quad 1-\$10 for Basic Text, Rent Quad 3-\$10 donation, Rent Quad 4-\$15 donation, copies-\$80, Easel paper/markers-\$20, refreshments-\$15 Total-\$150.00

Intent: To provide for costs of workshops for stories section of Basic Text. Mover: Bob U. Lit Review Chair 2nd: Mike G. Roanoke Valley Passed 8-0

Motion 123-7: That a copy of the updated (through the 122nd RSC) Policy and Guidelines be printed by the secretary and distributed at the 124th RSC. Please add sufficient funds to the secretary's budget.

Intent: So that all officers and RCM are using the same rules and are aware of them.

Amendment: Change secretary to Policy Chair Pro Tem. Mover: Cindy Secretary 2nd: Sabrina M. Outer Limits Passed 8-0

Amendment: To send revised Policy via email as separate file to upcoming minutes. Hard copies will be mailed to few folks who do not have email. Mover: Barbara D. SHEVA 2nd: Mike G. Roanoke Valley Passed 5-2

Motion passed 6-2

Motion 123-8: To approve Treasurer's expenses of \$20.67, which is \$0.67 over budget. Intent: To be fiscally responsible and financially accountable. Mover: Tim C. Treasurer 2nd: Etta S. Rappahannock Passed 7-0

Motion 123-9: To offer a donation of \$50.00 to Trinity Episcopal Church as rent for Sunday, October 22, 2006.

Intent: To be fully self-supporting. Mover: Tim C. Treasurer 2nd: Sabrina M. Outer Limits Passed 7-0

Next RSC

December 16, 2006: 124th Regional Service Conference Stratford Park office building, 3807 Brandon Ave. SW, Roanoke, VA

Subcommittee Meetings

Meetings will be held at St. George's Episcopal Church, 905 Princess Anne, Fredericksburg, VA see: www.stgeorgesepiscopal.net/ for directions, etc. from 10am to 6pm.

Activities at 10am to 11am
Outreach at 11:15am to 12:15pm
Lunch Break at 12:15pm to 1pm
Public Information at 1pm to 2:30pm
H&I at 2:45pm to 3:45pm
Policy at 4pm to 5pm
Speaker at 5pm to 6pm

Motion to adjourn at 12:00pm. Mover: Sabrina M. Outer Limits 2nd: Jane F. Tri-Cities Passed 7-0

Regional Mailing Address: ROVNA

P.O. Box 1959

Chesterfield, VA 23832

Trusted Servant Reports

Chair

Dear family, as always, it is an honor and pleasure to serve our Region. Since the 122nd RSC, I was able to attend the subcommittee meetings of PI, Outreach, H&I, Speaker Jam, Activities, and Budget. I am sorry to report that during the Outreach meeting, our Outreach Chair resigned his position. Therefore, Outreach has been added to "Nominations". In loving service, Don V.

Vice Chair

Hi family, on September 16, 2006 I was able to attend the subcommittees that met. Public Information, Literature Review and Hospitals and Institutions are functioning well. The Outreach Committee also met. We had an unfortunate situation occur where the Outreach Chair decided not to fulfill his duties. We have an opening for the Outreach Chair position. Congratulations to Public Info for attendance at the 14th Annual International Community Corrections Association Research Conference. Also congrats goes to the Literature Review Subcommittee for setting up workshops for the Region to give input for upcoming new literature. I also attended on Sept. 17th the Activities subcommittees and the Budget Ad Hoc. Our committee's are functioning but as always continue to need committed trusted servants.

Thanks, Burrell P.

Secretary

Hi family, on September 16, 2006 I was able to attend the subcommittees that met. I am really enjoying my new experiences in recovery every day. Thanks for allowing me to serve. In loving service, Cindy

Treasurer

- 1. AUDIT: The Vice Chair completed his audit of bank statements from June to July at the last RSC. If time and circumstances permit, we will review the August and September statements today.
- 2. LEDGER: At the last RSC, I reported \$4,834.39 on hand as of August 19, 2006. Deposits and credits from August 19 to October 20 totaled \$6,533.42 and withdrawals and debits totaled <\$5,257.95>, bringing the balance to \$6,109.86 as of today's date.
- 3. PRUDENT RESERVE: The base prudent reserve for the period September 1-October 31, 2006 is \$7,802.00 (as amended by motion 119-2). Discretionary funds reserved include \$1,478.45 (\$1,800.00 less funds disbursed) for H&I Subcommittee (motion 199-3). Discretionary funds for H&I Startup and Hurricane relief have been fully disbursed, and excess discretionary funds for Printer have been released. The total prudent reserve for the period is \$9,280.45. Our balance is below prudent reserve by <\$1,959.50>.
- 4. 2006-2008 BUDGET: The budget for the fiscal year beginning July 1, 2006 was revised at the 119th RSC. After expenses, funds available today for the period of September 1-October 31, 2006 are:

A. Automatic expenses	Category	Base	Expenditures	Balance	<u>Available</u>
	Answer	600.00	459.13	140.87	
	Phone	367.00	342.96	24.04	
	Mailbox	44.00	0.00	44.00	
	Server	36.00	0.00	36.00	
	Bank	0.00	3.00	<3.00>	
	SUBTOTAL	1,047.00	805.09	241.91	5,867.95
B. Travel escrow	Category	Base	Expenditures	Balance	Available
	WSC/RD	0.00	0.00	0.00	

	WSC/RDA WSC/RDA2 MARLCNA/RD MARLCNA/RDA MARLCNA/RDA2 Jan AZF/RD Jan AZF/RDA Jan AZF/RDA2 Jul AZF/RDA Jul AZF/RDA Jul AZF/RDA2 WSW/RD	300.00 300.00 200.00 200.00 140.00 140.00 140.00 35.00 35.00 35.00 400.00	0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0	300.00 300.00 200.00 200.00 140.00 140.00 140.00 35.00 35.00 35.00 400.00	
	WSW/RDA	400.00	0.00	400.00	
	WSW/RDA2 SUBTOTAL	400.00 2,925.00	0.00	400.00 2,925.00	2,942.95
	SUBTUTAL	2,923.00	0.00	2,923.00	2,942.93
C. RSC ops escrow	Category	Base	Expenditures	Balance	<u>Available</u>
	RSC Rent	400.00	0.00	400.00	
	RSC Food	0.00	0.00	0.00	
	GSR Assembly	600.00	0.00 0.00	600.00	
	Overnight RSC CAR Workshops	1,500.00 200.00	0.00	1,500.00 200.00	
	Speakerjam	500.00	150.00	350.00	
	Zonal Forum	0.00	0.00	0.00	
	Other Events	300.00	166.00*	134.00	
	SUBTOTAL	3,500.00	316.00	3,184.00	<241.05>
D. Subcommittee ops	Category	Base	Expenditures	Balance	Available
D. Subcommittee ops	Policy	80.00	23.34**	56.66	Available
	H&I	20.00	10.00	10.00	
	Activities	20.00	13.33	6.67	
	Outreach	20.00	10.00	10.00	
	PI	20.00	10.00	10.00	
	Lit Review	20.00	10.00	10.00	
	Speakerjam	20.00	13.33	6.67	
	Other	0.00	0.00	0.00	
	SUBTOTAL	200.00	90.00	110.00	<351.05>
E. Officer expense	Category	Base	Expenditures	Balance	<u>Available</u>
	Executive	50.00	0.00	50.00	
	Secretary	60.00	0.00	60.00	
	Treasurer	20.00	0.00	20.00	
	SUBTOTAL	130.00	0.00	130.00	<481.05>
F. Discretionary	Category	Base	Expenditures	Balance	Available
	H&I Startup	40.00	40.00	0.00	
	Hurricane Relief	1,000.00	1,000.00	0.00	
	H&I	1,800.00	321.55	1,478.45	
	Printer	166.35	166.35	0.00	
	SUBTOTAL	3,006.35	1,527.90	1,478.45	<1,959.50>
G. Contribution	Category	Base	Expenditures	Balance	Available
	NAWS	0.00	0.00	0.00	<1,959.50>

^{*}C. Other Events was fully expended by registration for the ICCA event last period.

In loving service, Tim C.

^{**}D. Policy expenditures are cumulative for the year.

```
Rappahannock ASC $89.56
                                                                               Southside ASC $78.59
                                                                            Richmond ASC $1267.33
                                                                             Piedmont ASC $1103.78
                                                                              Tidewater ASC $500.00
                                                                         New Dominion ASC $182.00
                                                                           Outer Limits ASC $552.81
                                                                    NAWS, Inc.(ICCA Event) $500.00
                                                                             Tidewater ASC $116.18
                                                                        Roanoke Valley ASC $270.82
                                                                          New Dominion ASC $37.35
                                                                             Tidewater ASC $300.00
                                                                   Total Deposits & Credits $6,533.42
                                                     #2398 NAWS, Inc.. (Discretionary: H&I) <$339.05>
                                                         #2404 Sherry V. (Travel AZF/RDA) <$193.02>
                                                         #2405 Greg H. (Travel AZF/RDA2) <$116.69>
                                                                   #2406 Tim C. (Treasurer) <$42.87>
                                                               #2407 Cynthia W. (Secretary) <$62.69>
                                                           #2408 Primus (1-800 Telephone) <$192.92>
                                                      #2409 Staples (Discretionary: Printer) <$166.35>
                                                          8/31/06 Debit: Check Enclosure Fee <$3.00>
                                                                   #2410 TASCO (Answer) <$242.52>
                             #2411 ICCA (Other Events $300.00, NAWS Contribution $500.00) <$800.00>
             #2412 Wayne Hills UMC (Sub: $13.33 Speakerjam, $13.33 Activities, $13.34 Policy) <$40.00>
                                               #2413 John Randolph Foundation (RSC Rent) <$100.00>
               #2414 NAWS (Discretionary: Hurricane Relief $1000.00, Contribution $1402.19) <$2402.19>
                                                                                #2415 VOID <$0.00>
#2416 Health Focus of SW Virginia (Sub:PI $10.00, Lit Rev. $10.00, Outreach $10.00, H&I $10.00) <$40.00>
                                                #2417 Cee & Dee Productions (Speakerjam) <$150.00>
                                                           #2418 Primus (1-800 Telephone) <$150.04>
                                                                   #2419 TASCO (Answer) <$216.61>
```

Total Withdrawals & Debits <\$5,257.95>

Regional Delegate

Forgive my absence. Family emergency for the weekend. As many of you know - my daughter was diagnosed with Lou Gehrig disease. Please keep her in your prayers.

I know my term is up as R.D. this month- just as I got in full swing of it all. I will continue to faithfully serve the region in any ways that I can. I will of course continue with H & I, (my passion), I am reviewing the basic text and Bob -update me on any plans and upcoming mtg, also Amanda I want to assist P.I. in any way I can so I can be close to you (smile). Anyone can feel free to call or give my phone number to anyone that I could possibly help.

By the way- Tim from RD at Rovna I am getting a lot of advertisement and offers that are insignificant.

The recovery month celebrations in Richmond were a lot of fun, informative and not at all costly. I sent a report to WSO. I certainly would love to have information on the September Recovery month activities in the other areas in the region, call me or e-mail me- perhaps the Activities committee could start planning a big activity for next year and/or I'd be happy to assist any areas in planning.

With my deepest gratitude I'd like to thank this body for allowing me to serve you and freely give back what was given to me. I've learned much with much networking and want to continue to serve in any way. 21 years ago my volunteer position at the Region was weekend cook and looking after the kids - I think I did this for about five years at Pocahontas State park- when I'd just stick my head into the meeting room and hear things I thought I couldn't possibly understand. I am going to keep me a

seat here. Thanks for letting me serve. God Is IN Charge!! Nancy

Regional Delegate Alternate

Hi all and welcome to Quadrant 2

It's so exciting to have the Regional conference here in Martinsburg, WV. It feels so unifying for our Region.

I was able to attend the four subcommittees meetings, PI, Lit, Outreach and H&I on Saturday September 16, 2006. It's good to have our subcommittees up and working. Outreach though is one committee that could use some support. I hope all of us can work together to help pass on our experience with working in a committee area and the importance of allowing the conscience of the group prevail even though our personal thoughts may not agree.

On Sunday September 17, 2006 I was able to attend the speaker jam, activities and budget ad hoc subcommittees. I missed policy. The Delegate team is having an impromptu meeting to start the agenda for the GSR assembly scheduled for April 2007 during the weekend. I believe this is still part of the delegate's team responsibility. Please let me know if this is not so.

Some info from the World

I would like to alert all to the info at the na.org webpage on the World Convention. There is a wonderful message from the mayor of San Antonio welcoming our fellowship. I have it downloaded if anyone would like to see it during break. There is also a message from NAWS about our convention. I would like encourage all to take time to read it. A couple of highlights for me were the offering of additional merchandise available for purchase on-line. The second item that saddened me was the statistics on members not registering for the convention. An example given was in San Diego there was an estimate of 22,000 addicts in attendance but only 14,000 chose to pay for their registration. This meant only 2/3 of the attendees absorbed the cost of the convention. Remember if you attend any convention please plan for it financially and show how we can grow into responsible members and pay for the registration.

The NAWS PR team gave a presentation in NY at the World Federation of Therapeutic Communities (WFTC) one of the first. This was a challenge from my understanding since in that area it has been thought that addicts just go though a treatment and are cured. It is felt that the thought is changing and NA is starting to be recognized. The podium for this was shared with Greece and Malaysia who spoke highly of NA. NAWS was also at the International Council on Alcohol and Addictions in Scotland. NAWS representatives met with Prime Ministers for Health from Mexico, Finland and Romania, The Romania president wants to attend a workshop if one is held in Eastern Europe again. Mexico is hosting an international conference in December and is grateful for our participation. There were also inroads made with one of the largest treatment providers in Canada.

Wow is our message being carried.

As per guidelines I am submitting a tentative financial itinerary for the next Autonomy Zonal Forum hosted by the Freestate Region. We do not have a location. The last time it was in Baltimore. If this happens I will not need overnight accommodations but if it's in Delaware which is part of FreeState then I will have to stay. So I figure my itinerary based on the furthest.

Zonal

88.07 For hotel for one night, 20.00 gas, 57.00 Per Diem 1-1/2 days, Toll \$10.00, Total \$175.07 Approx. \$165.00 at the most.

Marlcna will be February 9, 10, 11, 2007. In keeping with Guidelines of 3 months

Marlcna-approximate 2 nights hotel \$138.00, Registration \$20.00, Per Diem \$70.00, Gas \$32.00, Tolls \$10.00

Total \$270.00

In Loving Service to our Fellowship, Sherry V.

Regional Delegate Alternate-2

Hello Family,

I have had a quiet couple months since the last regional service. I was not able to attend any subcommittee meetings as hoped, nor any area service meetings outside of my own area service. I did receive a copy of the review and input draft of the personal stories of the Basic Text 6th edition. I have had the opportunity to review a few of the stories, and am excited that the fellowship sees a need for a more diverse selection of stories. I am excited to see how the multi-day region will go, even if it is in West Virginia (Sherry and others I say this smiling).

I do have an estimate for upcoming events which are part of my responsibilities as RDA-2. The upcoming events are for the upcoming Zonal Forum which will be held in the Freestate region in January. I do not have the exact location nor time, as this information has not been forwarded to me as of yet. As the furthest area within this region being in Delaware I found a hotel in Wilmington Delaware. The cost for the room is 88.07 per night and I would need a room for one day only. I estimated gas costs for a total of 293 miles one way with a total of 586 miles, at the rate of \$2.25 per gallon of gas (hopefully gas will not be this expensive), at the miles per gallon rate of 28 miles per gallon. I have estimated this cost to be in the amount of \$47. Estimated toll expense \$10. Including the \$57 per diem rate for one and a half days. The total estimated cost would be in the amount of \$202. The next event for which I have an estimate for is MARLCNA in Lancaster Pennsylvania which will be held on February 9-11 of next year. The cost for hotel accommodations would be at the rate of \$68.81 per day for 2 days rounded up to the amount of \$138, 2 days of the per diem rate of \$35 per day for total of two days in the amount of \$70, and for the estimated gas expense for 309 miles one way for 618 total miles using the same formula as above the total estimated cost would be in the amount of \$50 for gas expenses. Estimated toll expense of \$10. A registration cost of \$20 also needs to be included. (I don't think they will allow me to go indigent I say this smiling as well). The total estimated cost for this event would be \$288.

With Love of the fellowship, Greg H.

Virginia Regional Convention Corporation Representative

Hello family, I was honored to have attended the VRCC Retreat on August 26, 2006 at the Richmond Marriot. I did receive assistance in writing this report.

There was discussion that the VRCC is not accountable to anyone this is not true. The VRCC is accountable to the areas that send elected Directors.

A meeting will be held in Charlottesville 1pm to 3pm at the Region Ten Community Service Bldg on Oct. 28, 2006 to gather input and make a decision on the 26th AVCNA. (We still have not received any bids)

The cost for the conventions in the past years are as follows: 24th-\$32,196.00, 23rd-\$25,412.00, 22nd-\$33,210.00, 21st-\$25,879.00, 20th-\$19,582.00 and 19th-\$31.941.00.

There was also discussion on the amount of donation sent to the Region.

A motion was passed to make fundraisers and pre-convention merchandise one subcommittee.

A motion was passed to have the Chair of the VRCC to report on the minutes of VRCC meetings and to be on the Regional agenda as a permanent body.

Next VRCC meeting is on Nov. 19, 2006 at Region 10 Community Service Bldg, 401 4th St NW, Charlottesville, VA.

ILS, Bronwen M.

Virginia Regional Convention Corporation Chair

Hello everyone, the VRCC held its' annual retreat on August 26th and 27th 2006 at the Richmond Marriott. One of the main subjects was that we haven't received any bids for the 26th AVCNA. After much discussion, it was decided that the bidding process would be held open until October 28, 2006 and at such time elections would be held at the Region Ten Community Service Center in Charlottesville, VA from 1pm-3pm.

The objective of VRCC is to provide Administration service for and oversight of celebrations of recovery from addiction for the Region of the Virginians of Narcotics Anonymous. The purpose is to help make available the program of recovery from addiction that has been developed by the fellowship of Narcotics Anonymous.

The VRCC has a fiduciary relationship with the fellowship of NA but is a separate and distinct entity from the Region of the Virginians and other service bodies of NA. This allows the corporation to function as a business and to provide protection to the fellowship from legal liability and public incrimination should there be problems with a convention. Neither the Region nor any other service body of NA can be held responsible for debts or law suits against the VRCC. The VRCC also maintains autonomy over distributions of any and all funds.

We have to remember that anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities. I say this because VRCC doesn't control; VRCC tries to hold the Host Committee accountable and encourages them to work with their budget. We must also remember that for each responsibility assigned to the structure, a single point of accountability should be clearly defined. I am here today because I am that single point of accountability representing VRCC and it is one on my duties to be here. I have been involved with VRCC for a few years serving as a Director, Treasurer, and Vice Treasurer and now Chair. Even though I have learned a lot, there is much more knowledge to be obtained.

I hope this will give individuals some idea what the VRCC is about and I am here to answer any questions about VRCC.

ILS, Jim H.

Policy Chair

The subcommittee meeting was held in Waynesboro, Virginia at 1PM on September 17, 2006 Those in attendance were George B., Tim C., Jimmy C., Clarence P., and Teddie A. We discussed what material would be added to the Guidelines and Rules of Order if Motion 122-10 is

We discussed what material would be added to the Guidelines and Rules of Order if Motion 122-10 is passed at the 123rd RSC. The following would be the first items added to the Guidelines and Rules of Order.

STANDING SUBCOMMITTEES

- 1. Policy (Approved at the 107th RSC, July 19, 2003) Motion (not numbered) To amend RSC Policy "to form a standing Policy Subcommittee."
- 2. Hospitals and Institutions (H&I) (Approved at the 115th RSC, June 18, 2005) Motion 113-1 For the ROV to establish a standing H&I Subcommittee.

Intent: To pull together out Areas H&I committees to help provide resources for our entire Region.

3. Outreach (Approved at the 116th RSC, August 20, 2005) Motion 115-6

To create an outreach committee on the Regional level, to fulfill the regions purpose of better carrying the message.

Intent: To delegate authority so that the Region can better serve the Areas.

4. Activities (Approved at the 117th RSC, October 15, 2005) Motion 115-7

To create an activities subcommittee on the Regional level, to fulfill the regions purpose of better carrying the message.

Intent: To delegate authority so that the Region can better serve the Areas.

5. Public Information (PI) (Approved at the 118th RSC, December 17, 2005) Motion 115-9 To create a PI subcommittee on the Regional level, to fulfill the regions purpose of better carrying the message.

Intent: To delegate authority so that the Region can better serve the Areas.

6. Speaker Jam (Approved at the 118th RSC, December 17, 2005) Motion 117-18 To create a standing subcommittee which is responsible for Speaker Jams.

Intent: To create a Speaker Jam Subcommittee.

7. Literature Review (Approved at the 118th RSC, December 17, 2005) Motion 115-8 To create a literature review subcommittee on the Regional level, to fulfill the regions purpose of

better carrying the message.

Intent: To delegate authority so that the Region can better serve the Areas.

Discussion on how the term of the Policy Subcommittee Chair should end at the February RSC since that RSC is when the Policy Subcommittee Chair is charged to present the changes that have taken place in the last year. The current Policy Subcommittee Chair's term of office will end at the 123rd RSC (Today).

Discussion on why so much of subcommittee business was being debated on the floor of the RSC. This discussion led to ideas:

- 1. That the presiding officer should refer issues to the proper subcommittees if it had not been worked on by those subcommittees.
- 2. That after a certain amount of discussion, issues should be sending back to the proper subcommittees if more work was needed.

ILS, George B.

Hospitals and Institutions Chair

Since the last regional we met on Sept 16 in Roanoke. Our attendance was not as good as before. There were a lot of conflicting events that weekend.

We discussed our form letter for inmate request and the ICCA conference. We also talked about trying to have a H&I contact list through out the region.

I was able to attend the ICCA conference. I felt it was a great PI effort. Working with Amanda was a pleaser. She was very prepared for our booth. We both felt it was a learning experience and I learned a great deal about PI and Corrections. Thank you for all the support we got.

Our next meeting is here at the multi day regional. We will discuss after this session when and where the following meeting will be. Money matters were \$65.41. ILS, Jeff H.

Speaker Jam Chair

Hi family,

The Speaker Jam went as well as expected always wanting more addicts to attend. It was about 80 there.

Cee Cee Productions return \$50.00 to the Region for technical difficulties

We have \$34.00 from CD sells

We sold: 1 Basic Text \$9.70

1 Introductory Guide 1.70

1 Behind the Wall .63

Total 12.03

We have \$126.26 in receipts to be reimbursed to Teddie Alston.

We received two bids, one from the Appalachian Area and one from the Outer-Limits Area. We can not vote today because I left the bids home.

As always we need help form addicts in the Region of the Virginians not just with votes but with bodies at the sub-committee meetings even if it's not in your area ILS, Teddie A.

Activities Chair

The Activities Subcommittee met at Wayne Hills United Methodist Church in Waynesboro VA on September 17, 2006. Attending were Jimmy C. (Chair), Burrell P., Clarence P., Teddy A., Amanda H., Sherry V., Don V. and Tim C. We reviewed an annual overview of scheduling and contacts for December 06 to October 07 RSCs. Discussions were held on scheduling of conference room for October 21-22 2006, RSC, and April 07 RSC and activities.

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum. All events are on rotating bases by

quadrants, although the one day and two day events do not coincide with each other. Activities:

- 1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
- 2. Schedule and plan the GSR Assembly annually in April.
- 3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
- 4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005)

Unconfirmed/Confirmed Events: (TBA=To Be Announced)

Status	Date	Event	Location	Quadrant	Food and/or Lodging (Y/N)
Confirmed	10/21/06	RSC Conference 123rd	Otterbein United Methodist Basement 549 N. Queen St. Martinsburg, WVA 25402	2	Υ
Confirmed	10/22/06	RSC Conference 123rd	Lighthouse 209 Frederick St. Martinsburg, WVA	2	Υ
Confirmed	12/16/06	RSC Conference 124th	Stratford Park Office Building 3807 Brandon Ave, SW Roanoke	3	N
Confirmed.	2/17/07	RSC Conference 125th	Magnolia Methodist Church 1764 Wilroy Road. Suffolk, VA 23434.	4	N
Unconfirmed	4/07	RSC Conference 126th	New River Valley	3	N
Unconfirmed	4/07	GSR Assembly	New River Valley	3	Υ
Unconfirmed	6/07	RSC Conference 127th	New Dominion	1	N
Unconfirmed	8/07	RSC conference 128th	Shenandoah	2	N
Unconfirmed	10/07	RSC conference 129th	Virginia Beach Va.	4	
Unconfirmed	10/07	RSC conference 129th	Virginia Beach Va.	4	
Unconfirmed	12/07	RSC conference 130th	TBA	3	

ILS, Jimmy C.

Outreach Chair

RSC Outreach Subcommittee was scheduled to meet at 12:45pm on September 16 at the Stratford Park Office Building in Roanoke, VA. The Chair called the meeting to order after the close of the Literature Review meeting with the reading of the Serenity Prayer, Twelve Concepts of Service, and the proposed Outreach Subcommittee purpose statement. Members attending included James D., Don V., Sherry V., Burrell P., Cynthia W., Tim C., Amanda H., Jeff H., Scott B, and Erin C.

- 1. The Chair's first order of business was to revise the proposed Outreach Subcommittee purpose and activities statement. The subcommittee voted to reject reconsideration of the purpose and activities statement. The Chair restated his intent to revise the purpose and activities statement, and the subcommittee voted again to reject consideration until the proposed purpose and activities statement is approved or rejected by the RSC. At this point, the Chair stated his intent to resign as Outreach Chair and left the meeting.
- 2. Next, the subcommittee considered election of a Vice Chair to preside until a new Chair is elected by the RSC. Tim C. was nominated and elected as Vice Chair. Sherry V. agreed to be appointed temporary Secretary for the meeting.
- 3. The subcommittee briefly discussed progress on the proposed Outreach page for the rovna.org website. Of the original eighteen meetings considered, two (Colonial Beach) have been identified as no longer meeting, and one (Lawrenceville) confirmed its desire to be included in the project. More will be revealed.
- 4. We discussed the need to identify areas that are struggling, particularly by what RCMs state in their reports to the RSC. We need to track these stated issues better, so we can revisit them in subcommittee meetings. Specific issues raised included a member's appropriation of a home group's materials, and poor support of an area service committee despite the meetings being announced regularly. These issues were discussed informally and the experience of the members present was shared.
- 5. A workshop on outreach or a speaker jam on the topic of area service work was proposed to be held in support of the Blue Ridge Area. We discussed the possibility of such an event being hosted by the Speaker jam Subcommittee or Outreach Subcommittee. One specific idea suggested was a roundtable discussion of members' experience with service work. Another idea we discussed was the importance of not identifying the focus of the event to be specifically on service work, because this correlates to disappointing participation. The event needs to have an attractive quality to increase member interest.

ILS, Tim C.

Public Information Chair

Greetings! Public Information held our sub-committee meeting in Roanoke on September 16, 2006 at 10am at the Stratford Park Office Building, 3807 Brandon Ave. SW, Roanoke, VA. We had ten members in attendance.

PI met today in Martinsburg, WVA at Otterbein Church. We had 17 members in attendance! Thank you all for your participation!

Scott B. from BRANA was elected Vice-Chair at our September meeting. Thank you for your service, Scott. Scott is diligently working on gathering all the Area PI contact information. He has also been working on a quadrant rotation calendar and map for use by this sub-committee. Scott's email is: bennettshandyman@aol.com

The International Community Corrections Association meeting was held on October 8th, 9th and 10th in Norfolk, VA at the Radisson Hotel. We set up our table on Sunday, see photos distributed during the meeting. Jeff H. and I served at the booth on Monday and Tuesday during Exhibition hours. The conference had about 600 attendees. I estimate over the course of 2 days we spoke with about 100 association members, passing out literature to many more. The folks we spoke to were probation officers, policy makers at various levels of government, program developers and other members of the professional correction community. We asked many folks if they knew about Narcotics Anonymous and while some did not, more often they at least knew of us and often remarked NA did "good work." We have forwarded the contact information for the Conference to NAWS along with information about next year's Conference being held in San Diego. With enough planning time, our fellowship may be able to make a presentation at one of the large group events. I am very grateful to have had the opportunity to serve at this event. WE have something so good, sharing our information is more than a privilege to me and truly honors my own recovery.

Event Accounting: \$500 Received from NAWS to cover Registration Fee and variety of

literature and materials provided by NAWS \$300 Literature donated by Tidewater \$300+ Literature donated by Peninsula \$100+ Literature donated by New Dominion

We did not utilize all the donated literature we received for this event. We will store it until our next event. (At our next RSC I will provide an accurate inventory of these materials)

Thanks to everyone for your support and effort in seeing this event was a success for us! On a personal note, thanks to Jeff H. – we made a good team. Jeff's Hospitals and Institutions (H&I) experience was an invaluable resource at this event.

NEXT! The Phoneline is the number one priority of your Public Information Committee now. In order to transition to the new service, we must finalize our call flow chart and be ready to present to the new service a spreadsheet containing all the meetings and contact information in our Region. Our goal is to make the transition by January 1, 2007. Barbara D. is leading the work on this project. Barbara was also elected Secretary today at our meeting. Yippee!

RCMs, we need your help. Please advise Public Information of the name and contact information of your Area Public Information Chair. While Scott and I have made contact with a few Area Chairs, your Regional Public Information Sub-Committee really wants to communicate with all the Area Public Information Sub-Committees in our Region. In accordance with Regional policy, RCMs please provide an updated hard copy of your Area meeting list to the Sub-Committee at the RSCs, and please note *the need for identifying handicap accessibility* on meeting information. Thanks for your help with this effort!

Planning is under way to hold the next PI meeting in Fredericksburg, VA on November 18th. More info to come!

TOGETHER WE CAN AND WE DO! Thank you for allowing me to be of service to this body. In Loving Service, Amanda H.

Literature Review Chair

The Literature Review Subcommittee met in Roanoke on September 16, 2006 with 10 addicts in attendance. Due to the absence of the Chair, the Vice Chair presided.

The subcommittee discussed the procedure for review of the proposed changes to the Basic Text. The committee decided to allow the Vice Chair the freedom to schedule up to four workshops one in each quadrant for input into the Basic Text project, with a follow-up workshop in a central location. Budget for Literature Review Workshops is as follows:

Rent Quad 1-\$10 for Basic Text, Rent Quad 3-\$10 donation, Rent Quad 4-\$15 donation, copies-\$80, Easel paper/markers-\$20, refreshments-\$15 Total-\$150.00 In loving service, Bob U.

Budget Ad Hoc Chair

RSC Budget Ad Hoc Subcommittee was scheduled to meet on September 17 at Wayne Hills United Methodist Church in Waynesboro, VA. Members attending included Tim C., Don V., Sherry V., Burrell P., Amanda H., Jimmy C., Teddie A., Scott B., and Clarence P.

We reviewed the 2006-2008 budgets for revisions and reordered budget priorities. We will present the 2007-2009 budget for your consideration, plus three amendments for separate consideration. We had no budget, so we have no expenses. ILS. Tim C.

Area Reports

Almost Heaven

We currently have 28 home groups and have 44 meetings per week. We are in transitional period right now and currently have these positions RCM, H&I, Convention, PI, Special Events and Literature open. We also have several positions open in our AHA Co-op H&I, PI, Special Events, and Alt. Co-op Rep.

H&I: caring the message into 2 facilities 8 times a month women and men side.

PI: Our future plans are possibly doing a mailing and a poster put-up day more will be revealed. Policy: We are in the process of updating guidelines.

Convention: We are getting started on this year's convention.

AHA Co-op

H&I is carrying the message into 1 facility twice a month women and men side and 1 facility every week.

Outreach is taking support to home groups that are the farthest out in our area that is asking for support.

All of our subcommittees including our AHA Co-op are in need of support. AHA Service meets in Shepherdstown, WV at 1:30pm. We meet on the 1st Saturday of every month except for June, July and August then it will be held the 2nd Saturday.

We have several donations that totals \$610.57, breakdown of the amount from which our area was able to make a donation to the regional. June-\$7.25, July-\$212.05, August-\$225.62, and Oct-\$165.65 We have our most current meeting list here today for anyone interested. The AHA supports Sherry V. nomination for Regional Delegate.

In loving service, Jennifer D.

Appalachian

We have 9 groups in our area and 9 GSRs were present. We have open positions. The groups are doing fine. We need help in our subcommittees. Elections: Special Events Chair-Larry M., VRCC Rep-Stephanie W., PI Chair-Lawrence K. We nominate Sherry V. RD and Bronwen M. VRCC Rep. We are meeting at Gateway in Lynchburg, VA on Church Street on the first Sunday of each month. We are putting in a bid for a speaker jam. Celebrations: Vicky B.-13 yrs, Clay M.-8 yrs, Alrie-9 yrs, Andrea D.-1 year.

In loving service, Melvin L.

New Dominion

Hello family, New Dominion Area is currently celebrating their 10th year of existence as an area. Our area continues to grow. Quorum was met with approximately 17 GSR's present at our last ASC. Brandy B. was elected as our new Chair for the area. Service positions open are Vice Chair, Policy Chair, and PI Chair.

There have been a lot of successful events going on. For example, the New Dominion Area and the Tri-Cities area came together to put on the Unified Poster and Learning Day for H&I on Sept. 23, 2006. I personally attended this event and I must say the unification of the two areas produced a fantastic event; the tentative new phone line and structure was discussed in great detail more will be revealed.

As the New Dominion Area continues to embark on hosting the 25th AVCNA, everything is moving right along. However, the Vice Chair of the Host Committee has recently stepped down, thus the Vice Chair position is open. Nancy E. is the new Hotel and Hospitality Chair and a strong committee has been formed. As the fundraising events have come to an end, our focus will shift to entertainment more will be revealed.

Upcoming events: Hope Fiend's home group will be sponsoring the 6th Annual Bonfire and Brunswick stew on Oct. 28, 2006 4pm-midnight located at 2781 Three Bridge Rd, Powhatan, VA 23139. This has always been a wonderful and very successful event in our area; it is well worth the drive to

Powhatan. We are in the process of setting up open houses for the holiday season. We are in the planning phase for a New Years Eve event more will be revealed.

Our next ASC meeting will be held on Nov. 12, 2006.

ILS. Bronwen M.

Outer Limits

Our ASC was held on Oct. 1, 2006. We have moved our ASC meetings from Franklin, VA to Emporia, VA and it is still held on the 1st Sunday of every month, but the new time is 2pm. Serenity Seekers Group of NA has returned to OLANA and we are very glad to have them participate in our and their recovery. We now have 4 home groups in the OLANA area.

OLANA has submitted a bid for the next Speaker Jam in March, 2007. We have received a letter of support from the RVANA (which will be given to the Speaker Jam Chair) and hope that there is another area here at this RSC that will also submit a letter of support for us.

We have sent a motion to our home groups to bring in a group conscience as to their willingness for OLANA to place a bid to host the next AVCNA for 2008 but it failed. However we have several members in our area that will participate in becoming part of the convention committee and show up at the next VRCC meeting next weekend Oct 28th for elections.

OLANA is donating \$200.00 to Region. As secretary for OLANA I mailed a check for \$552.81 to Region in Sept. since OLANA was not present at the 122nd RSC. Along with this report is a copy of our September ASC meeting minutes.

Open positions: H&I, Vice Chair, Policy, and Special Events

Thanks for allowing me to serve.

In loving service, Sabrina Mc.

Peninsula

Our area still has 35 plus home groups, which facilitate 40 plus meetings per week. Several groups met at a facility that closed and are gradually finding new places to meet.

16 GSRs attended our October ASC meeting.

Currently the PI Chair and Literature positions are open. During the September area meeting, the Treasurer and Special Events Chair (Activities) positions were filled. During the October ASC, the Policy Chair position was filled.

The area's spending is no longer in suspension, as the prudent reserve has risen above 50% of what is suggested. At the quarterly budget review, several motions were generated which, if passed, will hopefully make the Area more financially sound in the future. However, we have not yet replenished our long-term commitments fund, so only the most essential expenditures are being funded. Therefore, we have no regional donation at this time.

The Activity planned for October, a Fall Speaker Jam and dance may be cancelled due to a conflict with scheduling at the venue. The venue where the November Spiritual Breakfast activity was planned to be held burned in a fire, and a new venue is being sought.

There is no significant home group news of which I am aware.

Our next ASC meeting will be on November 4^{th.}

Thanks for allowing me to be of service. Bob M

Piedmont

Our area was hit hard with the deaths of 3 of its members in the past two months. Our area has pulled together in order to deal with these tragedies.

We currently have 27 meetings with 14 home groups. The secretary and PI positions are currently vacant. We have trusted servants ready to fill these positions at our next area service on Nov. 5th. Tonight, Oct. 21st, we will have our Halloween Party at the Wesley Foundation from 8-11pm. A meeting will be held prior to the party at 7pm. All are welcome. In loving service, Tee T.

Rappahannock

The Rappahannock Area reports continued growth and apparent success in the creation of 3 new meetings reported at last conference. The average attendance is currently 4-8 people right now. We will hold our fall "Harvestfest" dance/fundraiser on October 27th and it will be a costume dance with a talent show included. Tickets are \$5 single \$8 couple in advance \$6 single \$10 couple at the door. Kids are welcome free. Between Oct-Nov we will have many anniversaries in our area but one thing to note is we will have Mike L. 19 yrs, Borne 20 yrs, and Pat P. 25 yrs. Celebrations. Even in smaller areas like us we do have some long term recovery. Our website is now up and running and is now liked to the www.na.org website. Our contributions for last regional meeting and this one are smaller as our new bylaws state that we give 10% of whatever is in our treasury at that time. At this meeting we will be contributing \$45.90. We hope to be able to contribute close to or above what we were contributing in the near future. Freely Serving... Etta S.

Richmond

To date we have no RCM or ALTRCM. Hadiyah was again appointed pro-tem but could not make it today due to a prior engagement she forgot about.

I hope George bought some meeting schedules. The area voted to change our helpline phone service to Kenner Communications. We are trusting for positive change. All committees are operating. AS always our H & I committee needs more members. Our donations are down from the groups, our expenses are up. Chair asked that we stress the importance of giving/7th tradition.

Highland Park Church is dissolving and ASC will be moving to Boulevard Methodist Church in December. The Shot Of Hope home group will celebrate its 21st anniversary this coming Thursday, the 26th- dinner at 6pm- meeting at 7pm-this group and Sisters In Stride will also be moving as of the 15th of November. Neither meeting will miss a beat. The church sent a lovely letter- thanking N.A. for two decades of supportive service to the community.

We have no donation today as we were under prudent reserve. For the Love of Service, Nancy S.

Roanoke Valley

Hello family, I am grateful to take part in the 123rd RSC of the Regions of the Virginian. I am the newly elected Alt RCM for RVANA. The area currently has 43 meetings per week and the message of recovery is being carried well. As always, our meetings are in need of continuing support. A few of the meetings are in desperate need of trusted servants and experienced members. As an area, we are addressing these needs.

Our subcommittees are functioning but could use support. Currently, the following area positions are vacant: Area Convention Committee Chair, Vice Chair, Vice Treasurer, VRCC Rep and Vice Secretary. Nominations are being solicited to fill these positions. On average we have about 15 GSR's attending ASC. Our next ASC is November 5, 2006 from 2pm to 4:30pm at Stratford Park Office Bldg, 3807 Brandon Ave SW Roanoke, VA. Due to the passing of her grandmother, our RCM Erin C. is unable to attend the RSC today-let's keep Erin and her family in our prayers.

At this time the area does not have a donation to the region.

At our September 24, 2006 ASC the area voted to provide the OLANA area a letter of support in their bid to host a Regional Speaker Jam.

We also have an activity scheduled for October: the RVANA Halloween Costume Dance will be held on October 31, 2006 from 8pm to 11pm at the YWCA in Roanoke, VA. All are invited to attend. In loving service, Mike G.

Shenandoah Valley

Hello to the 123rd Regional Service Committee of NA. I am James B. and I am an addict. This is my first time attending a RSC meeting as the elected trusted servant RCM of my area and I humbly ask for your patience with me as I learn how to become responsible and committed in fulfilling my duties and responsibilities in this service position.

The SHEVANA area is doing well. Our meetings of recovery have greatly increased since someone last physically attended the ROV. Our subcommittees are doing well and the GSRs in our area regularly attend ASC.

The Special Events subcommittee will be hosting a Halloween Narcotics Anonymous Meeting and "King and Queen Costume Halloween Dance" to be held on Friday night Oct. 27, 2006 beginning promptly at 7pm. We hope to see you all there flyers are available at this regional and on the SHEVANA website.

Next ASC 11-13-06. In closing, our area is submitting a donation in the amount of \$690.00. In loving service, James B.

Southside

Hello Family, All is well in Southside area. We now have 14 meetings a week with one every night at 8pm, one at 5:30pm on Monday's and 6: pm Tuesday's thru Friday, and two noon meetings on Tuesday and Thursday.

Most of our positions have been filled with Randy W. as our new Chair, Brandy T. as Vice Chair, Elmer S. as RCM, Mike E. as RCM Alt., Charlotte H., as Secretary. As far as sub-committees...Dana S. H&I Chair (no vice chair), No PI Chair due to personal circumstances, Lewis P. Phone line Chair (no vice chair), John B. Special Events and Leigh Ann B. Vice Chair, Tommy S. Literature Chair, and Mike E as Web-Site Chair.

We have a couple home groups celebrating home group Anniversaries....

- 1. Solutions with Serenity (in South Boston) November 4th 19 years
- 2. Survivors (in Danville) November 11th 19 years (check www.southsideareana.org for times and more info)

Our Special events are planning a Masquerade party for new years. More will be revealed. When it was reported to Southside Area that the RSC accepted another Donation from the VRCC, we were instructed to seek answers to three questions...

- 1. How did the RSC get affiliated with an outside corporation?
- 2. How is the RSC going to avoid financial responsibility when and if the VRCC gets audited?
- 3. Who is going to stand up and face the federal implications involved with one "non affiliated" non-profit organization donating money to another non-profit organization?

Southside Area is having some struggles with Sub-Committee participation, guidance from "old times", meeting attendance. Of these struggles, the problem with the sub-committee is the one that is most pressing. There is a letter of intent in which we were told we could not give to anyone until next year. So, the question is what is the purpose of the Outreach and Activities sub-committees? The problems in Southside are upon us now and are slowly getting worse. Should we treat this like addiction and put the problems off until tomorrow or can we possibly look at alternative avenues (aside from speaker Jam) that could address some of the issues presented? On October 24^{th,} there is another ad-hoc meeting for the purpose of trying to plan an event that can and will address the issue of "Sub-Committee Participation" in Southside. Other than the above, all is well. Next area will be held Nov. 12th at 2pm at Hope Harbor 1021 Main St.

ILS, Elmer S. RCM and Mike E. Alt. RCM

Area Service Meeting Days for Areas

Almost Heaven 1st Saturday of every Month except June, July, and August 2nd Saturday

Appalachian 1st Sunday of every Month 2nd Sunday of every Month **New Dominion** 1st Sunday of every Month **Outer Limits** Peninsula 1st Saturday of every Month Piedmont 1st Sunday of every Month Rappahannock 1st Sunday of every Month Richmond 2nd Sunday of every Month Last Sunday of every Month Roanoke Valley Shenandoah Valley 2nd Monday of every Month Southside 2nd Sunday of every Month 2nd Sunday of every Month Tidewater 1st Sunday of every Month Tri-Cities