

Minutes: 126th Regional Service Conference  
 Region of the Virginians RSC  
 April 21, 2007

Met in Lynchburg, VA at 10am on 04-21-07.

Began Region with Open Forum at 10am with Serenity Prayer.

Opened the Region Business at 11:15 with Serenity Prayer.

Purpose was read by: Burrell P., 12 Traditions read by: Jimmy C., 12 Concepts read by: Elmer S.

**Note:** Review motion generated from GSR assembly

<b>Roll Call</b>	<b>Roll Call</b>	<b>Reports</b>
Chair:	Present	Written
Vice Chair:	Present	Written
Secretary:	Present	None
Treasurer:	Present	Written
RD:	Present	Written
RDA:	Present	Written
RDA2 Pro Tem:	Present	Written
VRCC Rep:	Present	Written
VRCC Chair:	Present	Written
Activities Chair:	Present	Written
H&I Chair:	Present	Written
Literature Review Chair:	Present	Written
Outreach Chair Pro Temp:	Present	Written
Policy Chair Pro Temp:	Present	Written
Public Information Chair:	Present	Written
Speaker Jam Chair:	Present	Written

<b>Roll Call</b>	<b>Roll Call</b>	<b>Reports</b>
Almost Heaven:	Present	Written
Appalachian:	Present	Written
Blue Ridge:	Absent	None
New Dominion:	Present	Written
New River Valley:	Present	Written
Outer Limits:	Present	Written
Peninsula:	Present	Written
Piedmont:	Present	Written
Rappahannock:	Present	Written
Richmond:	Present	Written
Roanoke:	Absent	None
Shenandoah Valley:	Present	Written
South Side:	Present	None
Tidewater:	Present	None
Tri Cities:	Present	None

Quorum met with 13 areas present.

Break for lunch at 1pm. Reopen business at 2:25pm with Serenity Prayer by Chair.

**Minutes:** Motion to defer reading of 125<sup>th</sup> Minutes. Made by: Jeff H. H&I Chair 2<sup>nd</sup>: Bronwen M. New Dominion  
 Passed 11-0 Motion to approve the minutes for the 125<sup>th</sup> RSC as submitted. Made by: Bob M. Peninsula 2<sup>nd</sup>:  
 Ernest A. OLANA Passed 13-0

**Old Business**

Motion 124-4 Mover: Tim C. Treasurer 2<sup>nd</sup>: Jane F. Tri-Cities

To amend GRO to eliminate the position of VRCC Rep. and to include the VRCC Chair in the RSC Chair's prearranged agenda for the roll call and reports without making the VRCC Chair an officer of the RSC.

Intent: to make the VRCC Chair sole communication link between VRCC and RSC. **Back to Groups**  
Policy will come up with a suggested section on "Creation and Removal of Positions and Subcommittees" for the Guidelines and Rules of Order. Vote at 126<sup>th</sup> RSC was Yes: Almost Heaven, Appalachian, New Dominion, New River, Piedmont, Rappahannock, Richmond, Shenandoah, and Tri-Cities. Passed 9-0

Motion 125-8: Mover: PI Subcommittee 2<sup>nd</sup>: Bronwen M. New Dominion  
Have RSC approve \$500 to fund booth @ VSIAC in Williamsburg, VA from July 16-20, 2007.

Intent: to fulfill our primary purpose.

Amendment: To reduce the 2007-2009 budget, Section E Public Information to \$285.00/bimonthly up to \$1810 maximum. Mover: Bob M. Peninsula 2<sup>nd</sup>: Melvin L. Appalachian Amendment passed 7-3-0 **Back to Groups**  
Yes: Almost Heaven, New Dominion, New River, Peninsula, Piedmont, Rappahannock, Richmond, Shenandoah, Tidewater, and Tri-Cities. No: Appalachian Passed 10-1

#### Nominations and Elections

Chair: Burrell P. acclimated Motion: to close nominations for Chairperson at the 126<sup>th</sup> ASC. Intent: To fill position. Mover: Jeff H. H&I Chair 2<sup>nd</sup>: Jane F. Tri-Cities Passed 13-0-0

Treasurer: Tim C. acclimated: Qualifications: 18 years clean, NA home group and sponsor, served 2 complete terms as RSC Treasurer (4 years) and experience with Steps and Traditions.

Motion: Move nominations are closed for the positions of treasurer. Intent: To fill position. Mover: Mike E. NRVANA 2<sup>nd</sup>: Ernie A. OLANA Passed 12-0-0

Policy Chair: Cynthia W. accepted nomination and Pro Temp: Qualifications: 5 years recovery time, working knowledge of 12 Steps, 12 Traditions, and 12 Concepts, Have a sponsor who has a sponsor, been in service since 30 days clean: Alt GSR, GSR, Secretary for home group, Area Asst Secretary and Secretary, Regional Secretary and Pro Temp Policy Chair since Oct. 2006 and the willingness to learn.

Motion: To close nominations for Policy Chair. Intent: To not have to take back to groups for more nominations.

Mover: Sherry V. RD 2<sup>nd</sup>: Bob M. Peninsula Passed 12-0-0

Outreach Chair: Pro Temp George B. and **Back to Group** for nominations, Secretary: **Back to Group**, RDA-2: Etta S. acclimated.

Vice Chair: Floyd A. nominated. Qualifications: clean date, April 14, 1990, home group service: GSR, Treasurer, and trusted servants Area Service: Treasurer, Vice Chair and Chair of Area Regional Service: ASR Convention Committee Service: 4 AVCNA, VRCC Rep, trusted servant in various subcommittees and Vice Chair of Danville Convention. A working knowledge of the 12 Steps, 12 Traditions and 12 Concepts of NA by way of a sponsor who has a sponsor and a willingness to serve in any capacity for the service of NA Appalachian Area. Motion: to appoint Floyd A. Pro Temp Vice Chair. Intent: to have someone in place to back up chair. Mover: Cynthia W. 2<sup>nd</sup>: Melvin L. Appalachian Passed 10-1-0

Break at 3:45 and reopen at 4:00.

#### New Business

Direct donations to subcommittees: There was a lot of discussion on the subject but no motion was turned in to handle the situation so moved on.

Motion 126-1: Mover: Tim C. Treasurer 2<sup>nd</sup>: Jane F.

To increase the Secretary budget for the period ending April 30, 2007 by \$66.90. Intent: To approve Secretary expenses of \$126.90. Passed 11-0-0

Motion 126-2: Mover: George B. Pro Temp Outreach Chair 2<sup>nd</sup>: Nina Mc. Richmond  
Under Outreach Subcommittee Activities

Change: 1. Outreach Subcommittee contacts nonparticipating areas to determine if help is needed and coordinates services to assist new or struggling areas specific to the needs of the area.

To: 1. Outreach Subcommittee contacts nonparticipating areas to determine if help is needed. A nonparticipating area would be any area that has missed two consecutive RSCs. A contact could range from communications to a visit to their ASC. Outreach Subcommittee coordinates services to assist new or struggling areas specific to the needs of the area. Intent: To better explain how the Outreach Subcommittee helps nonparticipating areas. Passed 11-0-0

Motion 126-3: Mover: George B. Pro Temp Outreach Chair 2<sup>nd</sup>: Nina Mc. Richmond  
To have the Secretary put the following note on the RSC agenda. Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee. Intent: To inform the areas that the Outreach Subcommittee is concerned about any area that becomes isolated. Passed 10-1-1

Motion 126-4: Mover: Policy 2<sup>nd</sup>: Jane F. Tri-Cities  
Add New Section  
Creation and dissolution of Officers Positions and/or Subcommittees

1. Officer Positions
  - a. A motion to go back to the Home Groups to create or dissolve an officer position needs to be presented at one RSC, referred to Policy for impact statement and be considered at the next RSC.
  - b. The motion should have a detailed intent which should contain at least
    1. Duties and Qualifications of the office proposed to be created or dissolved.
    2. What is the need to create or dissolve the Officer Position?
  - c. The motion will be voted on according to Section III of the ROVNA Guidelines and rules of order.
2. Subcommittees
  - a. A motion to go back to the Home Groups to create or dissolve a subcommittee needs to be presented at one RSC, referred to Policy for impact statement and be considered at the next RSC.
  - b. The motion should have a detailed intent which should contain at least
    1. Duties of the subcommittee proposed to be created or dissolved.
    2. What is the need to create or dissolve the Subcommittee?
  - c. The motion will be voted on according to Section III of the ROVNA Guidelines and rules of order.

Now

Section IX: Removal of Officers

Section X: Conference Procedure

Section XI: Standing Subcommittees

Change to

Section IX: Removal of Officers

Section X: Creation and dissolution of Officers Positions and/or Subcommittees

Section XI: Standing Subcommittees

Section XII: Conference Procedure

Intent: To have guidelines in place for creating and dissolving positions in G&RO. **Back to Groups**

Motion 126-5: Mover: Tim C. Treasurer 2<sup>nd</sup>: Etta S. Rappahannock  
To reschedule the 129<sup>th</sup> from an overnight event to a one day event. Intent: To cut spending on an overnight RSC one time by \$1500. Chair ruled to send motion back to home groups and George B. appealed ruling. Appeal failed 5-7-0. **Back to Groups**

Motion 126-6: Mover: Tim C. Treasurer 2<sup>nd</sup>: Jane F.  
To increase the Treasurer budget for the period ending April 30, 2007 by \$1.09. Intent: To approve Treasurer expenses of \$21.09. Passed 11-0-0

Motion 126-7: To give the area the money which they paid to the church where the last speaker jam was held. Intent: To cover the costs of our event. Motion to table. Mover: Jeff H. H&I Chair 2<sup>nd</sup>: Tee T. Piedmont Passed to table 12-0-0

Motion from the GSR Assembly  
Motion Maker: Delegate Team  
Seconded: Jennifer D.-Almost Heaven Area  
Motion:

To submit for inclusion in the Conference Agenda Report (CAR) or Conference Approval Track (CAT) the following motion:  
To make available in the Narcotics Anonymous World Service, Inc product inventory all styles (bronze, etc) medallions with the old design roman numerals imprinted on them.  
Intent:

Our groups voiced wanting the old design available. It is understood that with the long-term recovery and the number increases the numerals will be smaller to accommodate the space and it will be somewhat more difficult to read.

Financial impact: unknown depends on if the original mold is still available and possible set up fee.

#### GROUPS:

The only thing we are voting on is to put this in the CAR/CAT. Your Group will vote on this motion this coming year in the CAR/CAT.

#### Planning for Next RSC

June 16: 127th Regional Service Conference, 10:00 a.m.-5:00 p.m.  
Bethany Church of Christ, 5400 Forest Hill Ave., Richmond, VA

#### Subcommittee Meetings

May 19: 11:00 a.m.-5:00 p.m., Christ Episcopal Church, 16 Amiss Ave., Luray, VA, 11:00 a.m.-12:00 p.m. Literature Review, 12:00 p.m.-1:00 p.m. Lunch Break, 1:00 p.m.-2:30 p.m. Hospitals & Institutions, 2:30 p.m.-4:00 p.m. Public Information and 4:00 p.m.-5:00 p.m. Outreach  
May 20: More info to come on meetings of Policy, Activities and Speaker Jam in Cumberland, MD.

#### VRCC and RSC Meetings

It will be at the Region 10 Center in Charlottesville on July 7, 2007 from 10:00am until 3:00pm. Please announce at meetings. All are welcome.

Motion to adjourn at 5:07pm. Mover: Jane F. Tri-Cities 2<sup>nd</sup>: Bob M. Peninsula Passed 13-0  
Closed with Serenity Prayer

#### Trusted Servant Reports

Chair

Dear Family,

It is with both sadness and joy that I submit what should be my last chair report. I am sad that my interaction with you elected trusted servants will probably be diminished in the immediate future. And, I am happy that my term is over and hope that I have done an adequate, but certainly not perfect, job as chair.

Throughout my term, I have viewed the chair's main duty to be to facilitate the RSC's in a manner that would allow for addressing the greatest number of topics possible in the shortest time possible. With your patience, help, and guidance, I think we have done a pretty good job, and in the process, learned a little more about our own Policy and Robert's Rules of Order. It has been a pleasure to have had the opportunity to serve our Region with the capable and hard working trusted servants that have served here over the past two years. The following is an incomplete list of some of our accomplishments over the last two years, in no particular order:

1. We have reestablished subcommittee system at the Regional level.
2. We have donated \$1000.00 to hurricane relief.
3. We are organizing and putting on two Speaker Jams each year.
4. We have divided the ROV into four quadrants for the purpose of moving the RSC and subcommittee meetings around the entire Region.
5. We have improved financial reporting to the areas.
6. We have changed our answering service to provide much improved disbursement of meeting information and response to addicts in need.
7. We have improved communication with and understanding of VRCC.
8. We have represented NA at a conference at the request of and with the support of NAWs.
9. We have greatly improved our communication with and understanding of NAWs.
10. We are now supporting the following active subcommittees: Activities, Hospitals and Institutions (H&I), Literature Review, Outreach, Policy, Public Information (PI), and Speaker Jam.
11. We have developed a line item budget for all Regional expenses.
12. We have improved the flow of business at RSC's.

I also need to thank the other members of the executive committee (chair, vice chair, secretary, and treasurer) for their endless efforts and assistance.

Since the 125<sup>th</sup> RSC, I was unable to attend any of the subcommittee meetings. It has been an honor to serve. In Loving Service, Don V.

Vice Chair

Hi family, on March 24<sup>th</sup> in the Peninsula Area I was able to attend the Public Information and Outreach Subcommittees. Special thanks go to the area and home groups who helped in preparing a nice lunch for us. March 25<sup>th</sup> in the tidewater Area I was able to attend the Speaker Jam, Activities and Policy Subcommittees. We continue to look for committed subcommittee members for each of the subcommittees. Thanks for letting me be of service.

ILS, Burrell

Treasurer

1. LEDGER: At the last RSC, I reported \$6,582.10 on hand as of February 16, 2007. Deposits and credits from February 16 to April 20 totaled \$2,592.14 and withdrawals and debits totaled <\$3,521.54>, bringing the balance to \$5,652.70 as of today's date.

New Dominion ASC \$400.00  
New Dominion ASC \$250.00  
Piedmont ASC \$190.38  
Rappahannock ASC \$100.00  
Roanoke Valley ASC \$419.76  
Tidewater ASC \$1200.00  
New Vision Group \$32.00

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Total Deposits & Credits \$2,592.14  
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**CORRECTION** #2453 First Presbyterian Church (Subcommittees) \$30.00  
#2453 First Presbyterian Church (Subcommittees) <\$40.00>  
**CORRECTION** #2460 Tim C. (Subcommittees: PI) \$5.95  
#2460 Sabrina Mc (Travel MARLCNA/RDA2) <\$116.33>  
#2461 Bob U. (RSC Ops: Other Events) <\$12.47>  
#2462 Sabrina Mc. (Travel: AZF/RDA2) <\$100.59>  
#2463 Greg H. (Travel: AZF/RDA) <\$27.94>  
#2464 Greg H. (Travel: MARLCNA/RDA) <\$45.50>  
#2465 Cynthia W. (Subcommittees: Policy \$50.00, Secretary \$20.88) <\$70.88>  
#2466 Sherry V. (MARLCNA/RD) <\$170.30>  
#2467 Sherry V. (AZF/RD) <\$34.00>  
#2468 Teddie A. (RSC Ops: Speakerjam) <\$10.50>  
#2469 Amanda H. (Subcommittees: PI) <\$4.95>  
#2470 St. Andrews Presbyterian Church (Subcommittees) <\$50.00>  
#2471 Magnolia Methodist Church (Subcommittees) <\$60.00>  
#2472 TASC0 (Answer) <\$187.30>  
#2473 Sherry V. (Travel WSW/RD \$349.10, WSW/RDA \$349.10) <\$698.20>  
#2474 Primus (Phone) <\$166.60>  
2/28/07 Debit: <\$3.00>  
#2475 Primus (Phone) <\$127.65>  
#2476 PCMS (Answer) <\$627.00>  
#2477 TASC0 (Answer) <\$181.00>  
#2478 PCMS (Answer)) <\$671.88>  
#2479 Norview United Methodist Church (Subcommittees) <\$30.00>  
#2480 Wesley Foundation (Subcommittees)) <\$40.00>  
#2481 Brinkster (Website) <\$81.40>

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Total Withdrawals & Debits <\$3,521.54>  
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Microsoft Money shows \$\$5,662.70 on hand, so I am still off by \$10.00, which is very aggravating. I hope to have this error corrected quickly.

2. PRUDENT RESERVE: The base prudent reserve for the period March 1-April 31, 2007 is \$9,240.00 (motion 119-2). Discretionary funds reserved include \$1,413.04 for H&I Subcommittee (motion 119-3), and \$100.00 for Outreach Subcommittee (motion 124-7) bringing the adjusted prudent reserve for the period to \$10,753.04. After expenses, funds available today for the period of March 1-April 31, 2007 are <\$3,532.49>: Our balance is well below prudent reserve.

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A. Automatic expenses	Category	Base	Expenditures	Reserve	Available
	Answer	600.00	1,479.88	0.00	
	Phone	367.00	127.65	239.35	
	Mailbox	11.00	0.00	11.00	
	Server	72.00	81.40	0.00	
	Bank	0.00	0.00	0.00	
	<b>SUBTOTAL</b>	<b>1,050.00</b>	<b>1,688.93</b>	<b>250.35</b>	<b>5,402.35</b>

B. Travel escrow	Category	Base	Expenditures	Reserve	Available
	WSC/RD	0.00	0.00	0.00	
	WSC/RDA	750.00	0.00	750.00	
	WSC/RDA2	750.00	0.00	750.00	
	MARLCNA/RD	50.00	0.00	50.00	
	MARLCNA/RDA	50.00	0.00	50.00	
	MARLCNA/RDA2	50.00	0.00	50.00	
	Jan AZF/RD*	35.00	0.00	35.00	
	Jan AZF/RDA*	35.00	0.00	35.00	
	Jan AZF/RDA2*	35.00	0.00	35.00	
	Jul AZF/RD	140.00	0.00	140.00	
	Jul AZF/RDA	140.00	0.00	140.00	
	Jul AZF/RDA2	140.00	0.00	140.00	
	WSW/RD	550.00	349.10	200.90	
	WSW/RDA	550.00	349.10	200.90	
	WSW/RDA2	550.00	0.00	550.00	
	<b>SUBTOTAL</b>	<b>3,720.00</b>	<b>698.20</b>	<b>3,021.80</b>	<b>2,380.55</b>

\*To be used for hosting the Jan 2008 AZF, not travel inside the Region.

C. RSC ops escrow	Category	Base	Expenditures	Reserve	Available
	RSC Rent	400.00	0.00	400.00	
	RSC Food	0.00	0.00	0.00	
	GSR Assembly	1,000.00	0.00	1,000.00	
	Overnight RSC	1,500.00	0.00	1,500.00	
	CAR Workshops	500.00	0.00	500.00	
	Speakerjam	167.00	0.00	167.00	
	Zonal Forum	0.00	0.00	0.00	
	Other Events	300.00	0.00	300.00	
	<b>SUBTOTAL</b>	<b>4,200.00</b>	<b>0.00</b>	<b>4,200.00</b>	<b>&lt;1,819.45&gt;</b>

D. Subcommittee ops	Category	Base	Expenditures	Reserve	Available
	Policy	20.00	10.00	10.00	
	H&I	20.00	10.00	10.00	
	Activities	20.00	10.00	10.00	
	Outreach	20.00	10.00	10.00	
	PI	20.00	10.00	10.00	
	Lit Review	20.00	10.00	10.00	
	Speakerjam	20.00	10.00	10.00	
	Other	20.00	10.00	10.00	
	<b>SUBTOTAL</b>	<b>140.00</b>	<b>70.00</b>	<b>70.00</b>	<b>&lt;1,889.45&gt;</b>

E. Officer expense	Category	Base	Expenditures	Reserve	Available
	Executive	50.00	0.00	50.00	
	Secretary	60.00	0.00	60.00	

Treasurer	20.00	0.00	20.00	
SUBTOTAL	130.00	0.00	130.00	<2,019.45>

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F. Discretionary	Category	Base	Expenditures	Reserve	Available
	H&I	1,413.04	0.00	1,413.04	
	Outreach	100.00	0.00	100.00	
	SUBTOTAL	1,513.04	0.00	1,513.04	<3,532.49>

G. Contribution	Category	Base	Expenditures	Reserve	Available
	NAWS	0.00	0.00	0.00	<3,532.49>

3. 2007-2009 BUDGET: The budget effective July 1 was approved at the 125th RSC (Motion 123-1).

4. CONTRACTS: PCMS (Professional Communications Messaging Service) has already increased our monthly rate to \$627.00/month because of increased call volume. Clearly, PI's efforts to improve phonline services are working well, at a consequence of unanticipated expenses. The budget will need to be increased, so funds are reserved and other services won't have to be cut. The phonline is an automatic expense that take priority over other wants and needs like speakerjams, workshops, and hotel rooms, so there is no immediate need to correct the budget, but the adjustment should be made before donations catch up to our prudent reserve deficit.

TASCO changed us for a final service period, because they were not given sufficient notice of service disconnection. This was a reasonable move on their part, but I have requested a copy of the contract from TASCO, and my calls haven't been returned. It didn't occur to me to request the contract when my term as Treasurer began, but I strongly believe the Treasurer should keep a copy of contracts and other service agreements (including meeting room reservations) so details like cancellation fees might be known in advance. So far, this hasn't been a major problem with Activities, but Speakerjam and other subcommittees holding service events could consult more. I have requested a copy of the PCMS contract from PI, but it hasn't arrived yet.

At some point in the future, we will need to discuss event insurance, but I expect this can wait until after the joint open forum meeting with VRCC. I haven't been advised of any progress on motion 125-10, so I guess more will be revealed...?..

5. LONG TERM: We aren't taking in as much in donations as we did in 2003, 2002, 2005, or even 2004, Donations in 2006 were \$3,920.06 (18.88%) below 2004, or \$8,823.31 (34.37%) below 2005. We are providing more services (H&I, PI, Speakerjam, Lit Review, Outreach) than a few years ago, but we need to further control our urge to say YES to every opportunity to spend.

I strongly believe the overnight RSC scheduled for October 2007 needs to be reduced to a one-day event, to save the Region over \$1500.00 in spending, and if donations don't permit a donation to NAWS by the end of 2007, we may need to implement further spending cuts, such as 5 or 4 conferences per year.

The responsibilities of the RSC Treasurer are barely described in the GRO, but I have a few ideas how to reduce my workload. The lack of willing replacements has probably concerned me more than any of you, but I am willing to "keep coming back".

Just for today, Tim C.

#### Regional Delegate

Hi all this past two months I'm glad to have been able to attend our 7 subcommittees in March. It was a great weekend and enjoyed tremendously the evening fellowshiping.

I really enjoy being a part of our subcommittees and see how are Region is working together to help carry our message.

I have also been working with some the chairs to help get our wonderful GSR assembly together for tomorrow. I hope everyone is staying and if you are using your cells call now and invite all to our assembly tomorrow. Our delegate team is gearing up for our trip to the world wide workshop in Lincoln, NE and looking forward to learning about our new issue discussion topic and able to better facilitate to you all in the future the IDT and upcoming car and cat motions.

Please know that anytime our delegate team can be of service at anytime please let us know.

See everyone tomorrow.

ILS, Sherry V.

## Regional Delegate Alternate

Hello Family, Welcome to The Appalachian Area, and welcome to Lynchburg! Since the last regional service, I have not attended any subcommittees or any other area services. I received a mailing from World Services, which was the new Public Relations Handbook. During MARLCNA we were informed that there is a link on the World Website that will post the changes to the handbook as they are made. You can find these updates, as well as this and other service manuals online by going to [www.na.org](http://www.na.org) and clicking on the handbooks icon towards the top of the page.

I have been working on researching Resolution A, and have a presentation to present during the GSR assembly tomorrow regarding my findings. I hope that our region will seriously consider the seating of new regions for the next Conference in April of 2008, as there *seems* to be some prejudices towards seating American Regions. Hopefully this is just my paranoid nature, but the evidence seems to be leaning towards the contrary. This will be discussed more tomorrow during the GSR assembly.

I am making arrangements to attend the worldwide workshop in Nebraska, which will be in May, and plan on taking thorough notes, to have the most information to relay to this body. I will present my year-end report during the GSR assembly tomorrow.

With Love of the fellowship, Greg H.

## VRCC Rep

Good morning, at our meeting in March the total figures were given from the 25<sup>th</sup> AVCNA. Total generated by 25<sup>th</sup> was \$51,948.38, total expenses \$46,081.97 with difference of \$5,866.41 net.

Motion was passed to have VRCC Chair meet and setup open meeting with Regional Chair and fellowship on cooperation.

26<sup>th</sup> AVCNA can be registered with the Hotel Roanoke online at the VRCC.org.

Positions open: Treasurer, Vice Treasurer, and Website Chair.

ILS, Jimmy B.

## Virginia Regional Convention Corporation Chair

Hello, family! Things are going very well with the 26<sup>th</sup> AVCNA so far.

A motion was passed at the last VRCC meeting for the Chair of the VRCC to get together with the Chair of Region to have an open session meeting. I also called Don, the Chair of Region, to help get some dates so we can move forward with this.

The next VRCC meeting is the Retreat which will be held at the Quality Inn in Roanoke on May 19 & 20, 2007.

The Retreat starts at 10am on Saturday, May 19<sup>th</sup>.

VRCC.org link no longer works the link now is AVCNA.org.

In loving service, Jim H.

## Activities

The Activities Subcommittee met at Norview United Methodist Church, 1112 Norview Ave., Norfolk, VA, March 25, 2007. Attending were Jimmy C. (Chair), Burrell P, Bonnie W. , Cynthia W., Sherry V., Teddie A. & teleconference w/Tim C. Topics of discussion were February 08, RSC location. Car Workshop for each quadrant, Feb 08 and Mar 08 time fame, possible two per month; and April 08 RSC/GSR (CAR) locations Sherry V. and Bonnie W. will be looking into the 4H Club. Also was discussed was April 07 lunch menu for GSR Assembly and hotel room sheduling. The committee decided to change from Virginia Beach location to Outer Banks for October 07 since VAB has not been confirmed. I talked to Denise on the telephone and will be my contact for the Outer Banks.

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum. All events are on rotating bases by quadrants, although the one day and two day events do not coincide with each other.

### Activities:

1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
2. Schedule and plan the GSR Assembly annually in April.
3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).
4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005)



**Unconfirmed/Confirmed Events: (TBA=To Be Announced)**

Status	Date	Event	Location	Quadrant	Food and/or Lodging (Y/N)
Confirmed	6/16/07	RSC Conference 127th	Bethany Church of Christ 5400 Forest Hill Ave. Richmond Va.	1	N
Confirmed	8/18/07	RSC conference 128th	Weyers Cave Community Center 682 Weyers Cave Road Weyers Cave Va. 24486	2	N
Unconfirmed	10/07	RSC conference 129th	Outter Banks.	4	
Unconfirmed	10/07	RSC conference 129th	Outter Banks.	4	
Unconfirmed	12/07	RSC conference 130th	New River Valley	3	
Unconfirmed	2/08	RSC conference 131st	Glouster	4	
Unconfirmed	2/08	Workshop(CAR)	Tricities	1	
Unconfirmed	2/08	Workshop(CAR)	Almost Heaven	2	
Unconfirmed	3/08	Workshop(CAR)	Bedford	3	
Unconfirmed	3/08	Workshop(CAR)	Williamsburg/Franklin	4	
Unconfirmed	4/08	RSC conference 132nd	4H	2	N
Unconfirmed	4/08	GSR Assembly/Car	4H	2	Y
Unconfirmed	7/08	Zonal Forum	TBA	2	

(TBA=To Be Announced)

ILS, Jimmy C.

**Hospitals and Institutions**

Hello family, H&I have had a lot of activity since the last RSC. We met in Williamsburg on March 24 for our last subcommittee meeting. We had a good turn out with about 12-15 in attendance. Minutes from our last subcommittee meeting are attached

We discussed and planned the Inmate Presentations for the Goochland Correctional Center for Women. On March 31<sup>st</sup> we executed the presentation. We took 14 members into the facility with about 60 inmates. We were very well received by the inmates. We did have a few obstacles once we got there, but it was a very successful event. Since the event we have several female members who are interested in making a regular commitment. We are working with the facility currently to coordinate this effort. New Dominion and Piedmont both have approved to support this meeting, Richmond has interest as well. It will be nice to see these areas working together to provide members to support this commitment. We will keep you posted.

We have continued to mail informational packages. Our mail has been routed through the ROV's mail box in a satisfactory manner.

We also approved to contact two request for inmate presentation, one in Cumberland Maryland, and the other at Southampton Correctional Center. We have made contact with the facility in Maryland. We will have more information at our next subcommittee meeting.

Our Literature supply consist of one inmate presentation package, eleven information packages, 100 white books, and some white chips. We plan to compile a literature order in our next subcommittee. We also plan to make an order before the end of our budget year.

We have a few money matters. We approved two expenditures at our subcommittee meeting plus postage for several Information Packages The total with receipts is \$168.43

We continue to discuss how to improve our Regional H&I subcommittee. We encourage all our areas to participate on the regional level. H&I is growing throughout our region. Together we can carry the message move efficiently. Please discuss this on your area level to support the Regional H&I Subcommittee.

Our next subcommittee meeting will be held on May 19<sup>th</sup> in Luray Va., times to be announced.  
In Loving Service, Jeff H

#### Outreach

The meeting was held at the Wesley Foundation at College of William and Mary, 526 Jamestown Road, Williamsburg, VA 23185. The meeting started at 2:00 pm with the serenity prayer, reading of the 12 Traditions and the reading of the 12 Concepts.

The Outreach Subcommittee web page was read aloud and then passed around. Discussion about just how did meetings get listed on the Outreach Subcommittee web page. After long discussion, I believe that the following was the thinking of those in attendance.

1. We locate the meeting from the na.org web site.
2. We try to contact the meeting. We try to determine if the meeting still exists.
3. We visit the meeting to see if it really is a NA meeting.
4. We ask the meeting if there is any way that we can help them. We ask the meeting if they want to be listed on the Outreach Subcommittee web page.

The minutes were read.

Burrell P. reported that he had tried to attend the following meeting but no one showed up. He left his name with the Church.

Committee Code                   00163506  
Committee Name                 Life & What You Make It Group  
Location                           Sharon Baptist Church,  
  901 Sharon Road, King William, VA 23086

Day and Time                    Thursday @ 20:00 hours

#### Outreach Questionnaire

After much discussion, we came to the opinion that Amanda H. would put something together and we would discuss it over email. WE WILL REPLY ALL.

#### Outreach Activities addition

After much discussion, we came to the opinion that George B. would try to capture what we had talked about and we would discuss it over email.

WE WILL REPLY ALL.

Motion to approve Tim C. mailing information about the GSR Assembly and Outreach Subcommittee to every group on the isolated meetings list at a cost of \$10.00 or under. Motion passed

Motion to approve Tim C. visiting the New Way of Life Society Group in Orange, VA and the Clean & Sober Group in Mineral, VA. The reimbursement of gas expenses is up to \$50.00. Motion passed.

Motion to pay \$10.00 for our meeting space. Motion passed

Motion to meet with Public Information Subcommittee on May 19, 2007, Place and Time to be announced.

Meeting closed with the Serenity Prayer

The following were in attendance.

George B., Cynthia W., Amanda H., Burrell P., Bonnie W., and Sherry V.

Minutes taken by George B.

#### Policy

Open meeting with Serenity Prayer in Norfolk, VA at 3:50 by Cynthia W. on March 25, 2007.

Read Traditions Sherry V.

Read Concepts Teddie A.

Minutes approval:       Motion to dispense with reading and approval of minutes from January 27, 2007. Mover: Sherry V. 2<sup>nd</sup>: Teddie A. Passed 5-0-0

Reports: Chair-I made 50 copies of G&RO for 125<sup>th</sup> RSC at cost of \$60 and about half of them were passed out. People who received them signed for them. I have a copy of motion about creating and dissolving positions that was emailed to me from George. Thanks for allowing me to serve. ILS, Cynthia W.

Old Business: 1. Motion 124-4 about VRCC sent to home groups

                                  2. Motion 124-7 passed at RSC 125<sup>th</sup>

                                  3. 50 copies of G&RO made

New Business:

                                  1. Motion on Creating and Dissolving

                                  2. Report for April GSR Assembly will be a short power point presentation.

3. Motion to add page to website with clerical changes. Mover: Sherry V. 2<sup>nd</sup>: Burrell P. Passed 5-0

4. Motion to pay \$10 for rent to facility. Mover: Burrell P. 2<sup>nd</sup>: Jimmy C. Passed 5-0

Next meeting Date and Time and Quadrant Location Co-op AHA on Sunday, May 20, 2007

Close meeting with Serenity Prayer at 4:30.

In loving service, Cynthia W.

#### Public Information

I want to take a moment and thank everyone who works and supports ROVNA PI. Every positive thing we do has an effect, just as negative actions do. I just seem to notice the negative more readily.

We met on March 24, 2007 in Williamsburg, VA. (yeah!) There were 12 addicts present. Two motions were passed. One motion was to approve the Policy page for inclusion on the web site and another to maintain an electronic backup of all database information weekly. Both passed. We discussed various topics at length during open discussion, including rotation through region and the need for a Master Calendar for Sub-Committees. Richmond has placed their Phonenumber on [211virginia.org](http://211virginia.org). I am passing the flyer around and encouraging all Area PI/Phonenumber Sub-Committees to investigate this for your Area. United Way will refer folks seeking help with drug problems to us and this is a source for calls that come to us where we can't help. Of course, we are not affiliated with 211 but they are a resource center and referral agency for lots of those "other" issues.

Still working on 411 issues and have made contact with both Primus Corporate Escalations and Verizon Corporate Customer Service. A letter to a CEO usually gets some response; although the answer isn't always what I want. I will keep you posted on this one.

If VSIAS funds are approved today, PI will proceed with organizing this event. We were granted a 50% scholarship for the exhibitors' package; our fee will be \$175.00. They want us to hold a meeting there any evening of the event. Virginia Summer Institute of Addiction Studies is another exciting opportunity to inform a group influential in introducing addicts to Narcotics Anonymous. PI will focus on including as many members to "work" the booth as we can. We will need about 12 volunteers for the 16-20<sup>th</sup> in Williamsburg, VA. So far I have had 4 volunteers come forward.

We are still working on our Sub-Committee guidelines. Web site is being updated as we go along. Our Webmaster seeks some assistance with maintaining our website, so anyone interested in serving, please come forward!

I had the wonderful experience of serving on the H&I panel at Goochland Women's Facility this past month. Our H&I Sub-Committee did a fine job coordinating and setting up this meeting and it is one of the most powerful experiences I have had as a member of NA. If H&I only did these events at the Region they would be serving us and the fellowship well. Speaking of presentations with H&I, the Level 3 prison in Cumberland, MD with 2000 beds and 150 attending their "own" NA meeting (3 groups of 50 inmates once per month) is interested in a presentation/panel meeting and willing to allow up to 6 men into the facility for this kind of "one time" event and open to a monthly volunteer. PI, H&I and the Cumberland COOP folks will work together to make this happen.

We have had an exciting year on Regional PI and it is beneficial to look back and see what we have accomplished. For me the most important step we have made is bringing folks together in an atmosphere of good will and cooperation. Talk about attraction. At some point this last year, PI has made contact with every Area PI Chair in our Region. I can say for myself, the benefit of rotating through the Region has been wonderful. I have so enjoyed connecting with addicts in different areas. We are amazing people to know.

Thanks, Amanda H. Chair

***Phonenumber Stats:  
1063 minutes used in last  
billing cycle. We are in the  
\$625 call slot; we had 43  
overage calls, not enough to  
increase to \$820 package.***

#### Speaker Jam

There were six addicts in attendance

Burrell read the Traditions

Bonnie read the Concepts

The Speaker Jam from March 17, 2007 was a huge success. There were 180 or more in attendance. Virtually all stayed for the entire jam and the chair has a cd from each speaker's in his possession.

Motion maker: Sherry Motion: To pay member for special needs services in the amount of \$30.00

Second by: Burrell

Passed 6-0

He has receipts:

Copies and coffee: \$ 17.00\_\_\_\_\_

Special Needs: \$30.00\_\_\_\_\_

Total: \$ 47.00\_\_\_\_\_

Please make check for special needs payable to Tara Bossi Reid

There were no bids turned in at the Speaker Jam. As far as the next speaker Jam that is today's agenda.

Motion Maker: Burrell- Motion: to take it to OLANA in September 2007 since they have already placed a bid

Second: Jimmy C. Passed: passed 6-0

Motion: To change method of speaker jam bids being turned in during current speaker jam to; bids have to be brought to Speaker Jam Committee. Pass 6-0

Motion by Cynthia Second by Jimmy To give church \$10.00 for rent. Passed 6-0

Motion: To closed.....passed

ILS, Teddie A

#### Area Reports

##### Almost Heaven

Almost Heaven Area has 28 homegroups and has 42 meeting per week; we have 10 GSR's and 1 Co-op representative representing 9 homegroups.

We currently have 4 positions open, Vice-chair, Treasurer, Newsletter and Policy.

The Convention committee is on schedule, with already picking the main speakers for this year convention.

PI is up and running with the annual mailing in progress.

Co-op has 1 new meeting to be put on the webpage, and 1 meeting has wrong information on the website. I will get with the Regional PI chair to give her this info.

Special Events: on the Area, we have a 3 on 3 basketball event on April 28<sup>th</sup> 2007

Co-op Special Events: as we speak they are having their 2<sup>nd</sup> Annul Spiritual Breakfast in Laval MD from 9am to 12.

H&I: we are taking meetings into the WCDC & ERJ on the women's side twice a month, only going into the men's side in the ERJ.

CO-OP H&I are asking for Regional support and participation to form a panel to put on a presentation at a new facility. Co-op submitted a motion to the regional H&I sub-committee.

We have current meeting list here today.

We have a donation of \$462.29 from Feb & March ASC.

We meet the 1<sup>st</sup> Saturday of every month except for June, July, and August. In Shepherdstown, WV. Starting 1:30pm.

Our Co-op meets the last Sunday of every month in Wiley Ford, WV. Starting at 3pm

In Loving Service, Jennifer D.

##### Appalachian

We have 12 groups with 9 GSRs present at our area meeting. We have open position for PI Chair: Mark E. nominated and Special Events Chair: Stephanie W. nominated. Open Region position: Chair: Burrell P. area voted 9-0 for him and nominated Floyd A. for RDA-2. Region motions 124-4 passed and 125-8 failed. Greg H. made a motion to pay St. Andrew Presbyterian Church meeting place \$50 for damages doing the Region Speaker Jam passed 9-0 to pay. Our is doing fine with what we got. We are always trying to get the newcomers to get involved. Announcements: Together We Care would like to ask for participants interested in a Softball tournament this summer. Terry celebrates one year at Keep the Faith group on 4/23/07 with Floyd A. and Frances W. speaking. We are meeting at Gateway 12 and Church St. in Lynchburg, VA on the first Sunday of each month.

In loving service, Melvin L.

### New Dominion

New Dominion Area is a strong area with 28 groups. Quorum is routinely met averaging 20 GSRs present. We currently have 1 position open VRCC Director. No new elections to report at this time. PI is doing well; our new area phone line system is a true blessing. I had the opportunity to take a newcomer to a meeting. My communication with this newcomer was initiated directly from our new phone line. H&I has been consistently strong in carrying the message; recently H&I supported a speaker jam event to VA correctional center for women in Goochland which happens to be the first time NA entered this institution in several years. Special Events will be having an Annual Campout May 18-20 at Low Water Bridge Campground in Bentonville, VA Contact Randy C. 804-814-2276 or Rick B. 804-920-2063. New Dominion Area Treasurer faithfully sends in monthly donations to the Region. Our next ASC will be May 13, please note the New Dominion Area will be hosting our next Regional in June.

ILS, Bronwen M.

### New River Valley

Greetings from the New River Valley. Needless to say it has been a rough week, but the spiritual principals of the program have gotten us through. NRVANA has recently had our area service board elections. We currently have a new slate of trusted servants in place with the exception of RCM alternate. We have two area activities planed. The Spring Picnic is set for May 19<sup>th</sup> from 11:00 till 5:00, at Carter Park in Wytheville, VA. This is a covered dish affair, with Speaker Meetings through out the day. We have our Area Campout set for June 29<sup>th</sup> through July 1<sup>st</sup>. The Campout will be held at Camp Alta Mons (2842 Crockett Springs Rd. Shawsville, VA) More information and fliers will be coming out in the near future.

We are excited to announce the formation of a new meeting. This is the "Together We Can" group in the beautiful Town of Floyd Virginia. This meeting is from 7to8 pm, Thursday nights at the NRV Community Action building, (323 Floyd Highway South, Floyd, VA 24091). This is an Open Basic Text Study meeting. We now have a total of 11 meetings in our area.

The area still has a need for outside assistance; therefore we are planning to but a bid in for hosting the Regional Speaker Jam in March. Our area has reserved a place for the Regional Meeting in December. The meeting will be held at St. Thomas Episcopal Church located at 303 East Main St. Christiansburg, VA 24073. We are currently operating below prudent reserve and have no regional donation at this time. In loving service, Mike E.

### Outer Limits

Hi family, the Outer Limits now has six active home groups. All six GSR attended ASC. Two new groups joined since RSC. No1 is Stick and Stay group at the Bethlehem Professional Building 401 Halifax St. Emporia, VA 23847. They meet Monday 7pm to 8:30pm. No2 The Spirit of Recovery meets on Thursday from 7pm to 8pm at First Gravel Hill Baptist Church 5230 Old Stage Highway (route 10) in the Rushmere Area in basement by the grace of God we are on a comeback. We have new trusted servants, our Vice Chair is David D., our Secretary is Scott C. and Alt RCM is Leon G. These positions are open Alt. Secretary, Alt Treasurer, Alt. Literature, and H&I Chair. Our two new groups are in need of support. If your in the Rushmere area or the Emporia area please come out and support. The area has its first new subcommittee, Special Events; they should have a report by next region. The next ASC will be held on May 5<sup>th</sup>, at the hospital in Emporia, VA. In loving service, Ernest A.

### Peninsula

Our area still has 35 plus home groups, which facilitate 40 plus meetings per week. Several groups which met at a facility that closed have found new meeting places. 22 GSRs attended our March ASC meeting. A new chair, Teresa F. was elected and the PI Chair position was filled. 14 GSRs attended the April ASC and our vacant positions of Vice Chair and H&I Chair were filled. Our RCM alternate stepped down at the April ASC due to personal hardships and our Activities Chair also stepped down. Those are our open positions at this time. The area spending is in suspension once again as our literature back orders and new orders exhausted our funds. We have spent from our prudent reserve and misc. funds to cover the shortfall. Therefore I have no regional donation at this time.

A motion has been put forth to hold an area convention at some future time and has gone back to the home groups. Our next ASC meeting will be on May 5<sup>th</sup>.

Thank you for allowing me to be of service, Bob M.

### Piedmont

All is well in the Piedmont Area. We currently have 28 meetings represented by 13 home groups with 12 GSRs attending our area service.

Our area is preparing for PACNA 17. the camp out will be held 6/22-6/24/07 at the Small County campground on 3300 Byrd Mill Rd. in Louisa, VA. I have brought flyers with directions. The website for the campground is [www.smallcounty.com](http://www.smallcounty.com) the slogan for this year is "It is hip to be square inside the circle."

All positions are filled at this time except our RCM is in the process of stepping down from his position. I have brought updated meeting list with all groups that have made request at our area service to be put on the meeting list. Next ASC 5/6/07 at Wesley foundation 4pm.

ILS, Tee T.

### Rappahannock

The Rappahannock Area reports 21 active meetings in our area. The area meets the first Sunday of each month. At last meeting we had 11 GSR's attending. The Man Up to Recovery Group is about to celebrate its one year anniversary. They are currently planning it and will let us know the details. Our Late night meetings "the Clean and Serene" group has grown and is finally on our meeting lists. Current attendance is ranging from 4-15 people per night. There is no other news to report at time except that we have a large influx of newcomers in our area (50-75). We are currently considering extending the time from 1hr to 90 minutes so that more people will have an opportunity to share. We still have open service positions in our area that we are trying to fill. They are as follows, Outreach chair, VRCC rep, and alternate RCM. We are currently donating \$120 at this time.

In Loving service, Etta S.

### Richmond

Good afternoon family there is not much to report today other than a check was passed to our Regional Treasurer in the amount of \$366 from our area. No new groups to report. GSRs reporting for ASC are the same. I was unable to stay for the entire ASC held on 4/6 and am unaware of any c/o other than those reported in previous minutes. Upcoming events: Memorial Day 5/28 12n-8pm cookout 713 N 1<sup>st</sup> St. sponsored by Simple Basics of Recovery contact John C. 804-461-6628. Old Style Sock Hop 5/5 9p-1m 6000 Midlothian Trpk. sponsored by Special Events contact Pam H. 804-937-3986 tickets \$5 inadvance/\$7 at door/food and drinks sold. Special Events is also sponsoring a Seafood Fest Free Event /Fashion and Talent Show scheduled dates and times will be forwarded to Tim for website entry as soon as I have confirmed them. Next scheduled ASC 5/13/07. Several GSR from the area are scheduled to attend assembly on tomorrow. Both motions sent back to home groups from our last meeting were passed.

ILS, Nina Mc

### Tidewater

Good afternoon to the Region of Virginians from the Tidewater area of NA. Our area met on Sunday April 8, 2007 at Norview United Methodist there were 24 GSR in attendance. There are no open commitments as of right now. TACNA 8 is putting on a fundraiser on June 2, 2007 where the Agape group meets. Our area is looking to get more involved with the region and upcoming events. Our primary purpose is to help carry the message in and around the world that no addict seeking recovery need ever die from the horror of the disease of addiction.

In loving service, Glenn C.

### Tri-Cities

Hello family, things are going well in Tri-Cities area. We currently have 19 meetings in our area consisting of 12 home groups. Currently we have the positions of H&I Chair, PI Chair and RCM Alt open. We average 6-9 GSR who attend area service on a regular basis. The H&I subcommittee currently has 2 regular commitments 1<sup>st</sup> and 3<sup>rd</sup> Wednesday at Riverside Regional Jail and every Tuesday at The New Direction Treatment facility. The PI subcommittee is participating in the Prince George Co. High School Health Fair today from 9am-12pm. I have a copy of our latest meeting list. Our area service meets the first Sunday of each month at 2pm at Poplar Springs Hospital in Petersburg. Next one on May 6<sup>th</sup>. We have a \$233.37 donation to the region today.

In loving service, Jane F.

## Blackwell-Southside

We meet at 600 Midlothian Trpk Richmond VA 23225 contact person Onesimus V. 2310 Semmes Ave. Richmond, VA 23225 804-247-0872. Thank you for allowing us to attend the 125<sup>th</sup> Region. Currently through ups and downs we are now at 5 meetings with 2 home groups. We need to elect trusted servants positions. We have been meeting since November 2005. Currently we are meeting with Public Information with New Dominion, Richmond, and Tri-Cities. We have been voted to host a phone line workshop June 30<sup>th</sup> at 6000 Midlothian turnpike Richmond VA from 12:30 to 3:30. Nothing to donate. In loving service. Onesimus V.