

Minutes: 128th Regional Service Conference  
 Region of the Virginians RSC  
 August 18, 2007

Met in Weyers Cave, VA in Blue Ridge Area at 10:00am on 08/18/07.

Began Region with Open Forum at 10:00am with Serenity Prayer.

Opened the Region Business at 11:15am with Serenity Prayer.

Purpose was read by: Mike E., 12 Traditions read by: Greg G., 12 Concepts read by: Norman C.

<b>Roll Call</b>	<b>Roll Call</b>	<b>Reports</b>	<b>Names</b>
Chair:	Present	Written	Burrell P.
Vice Chair Pro Temp:	Present	Written	Jimmy B.
Secretary:	Present	Verbal	Cynthia W.
Treasurer:	Present	Written	Tim C.
RD:	Present	Written	Sherry V.
RDA:	Present	Written	Greg H.
RDA2:	Present	Written	Etta S.
VRCC Chair:	Present	Written	Jim H.
Activities Chair:	Absent		
Hospitals & Institutions Chair:	Present	Written	Jeff H.
Literature Review Chair:	Open	Written	Vice Chair Cynthia W.
Policy Chair:	Present	Written	Cynthia W.
Break for lunch at 12:50pm. Reopen at 1:55pm			
Roll Call done to ensure quorum met. 9 RCM present			
Public Information Chair:	Present	Written	Amanda H.
Outreach Chair Pro Temp:	Present	Written	George B.
Speaker Jam Chair:	Present	Written	Teddie A.
Almost Heaven:	Present	Written	Jennifer D.
Appalachian:	Present	Written	Melvin L.
Blue Ridge:	Present	Written	Robert W.
New Dominion:	Present	Written	Bronwen M.
New River Valley:	Present	Written	Mike E.
Outer Limits:	Present	Written	Ernest A.
Peninsula:	Absent		
Piedmont:	Present	Written	Hunter C.
Rappahannock:	Present	Written	Pat P.
Richmond:	Absent		
Roanoke:	Absent		
Shenandoah Valley:	Present	Written	Norman C.
South Side:	Absent		
Tidewater:	Absent		
Tri Cities:	Absent		

Break at 2:50. Reopen at 3pm with Serenity Prayer

Quorum met with 9 areas present.

Minutes: Motion: To defer reading of 126<sup>th</sup> Minutes. Intent: To save time. Made by: Jeff H. H&I Chair 2<sup>nd</sup>.

Melvin L. Appalachian Passed 6-1-2 Motion: To approve the minutes for the 127<sup>th</sup> RSC as amended add

proper June Piedmont report. Intent: To move forward with business. Made by: Mike E. New River Valley 2<sup>nd</sup>.

Hunter C. Piedmont Passed 8-0-1

**Old Business**

None

Nominations and Elections

Secretary: Greg G. nominated and accepted

Qualifications: Served as Secretary for The Rappahannock Area of Narcotics Anonymous for 2 years, in service at the Area and Group level for 3 ½ years, desire to serve the fellowship at the Regional level and the willingness to do whatever is necessary to fulfill our primary purpose, the means and availability to travel to all

12 RSC meetings, versed and experienced with all the necessary skills required to fulfill my duties as Secretary (Microsoft Word and Excel. As well internet and email capabilities.) and working knowledge of 12 Steps, Traditions, and Concepts. Elected by simple majority  
Vice Chair: Jimmy B. elected by simple majority  
Outreach Chair: George B. Pro Temp **Need nominations**  
Literature Review Chair: **Need nominations**

#### New Business

Motion 128-1: Mover: Jeff H. H&I Chair 2<sup>nd</sup>: Hunter C. Piedmont

For the ROV to direct Activities Subcommittee to ask areas to host the Regional meetings and Subcommittee meetings.

Intent: To encourage participation from our fellowship to serve on the Regional Service Committee and Regional Subcommittees.

Referred to Activities: to prepare guidelines on how it will be done by areas.

Motion 128-2: Mover: Cynthia W. Policy Chair 2<sup>nd</sup>: Hunter C. Piedmont

To allow secretary to receive funds in budget up to \$50 in advance to print and mail minutes. Receipts to be turned in at the following RSC.

Intent: to be fully self-supporting and allow them to not have to come out of pocket and wait to be refunded.

Passed 9-0

Motion 128-3: Mover: Tim C. Treasurer 2<sup>nd</sup>: Jennifer D. Almost Heaven

To amend the 2007-2009 budget, replacing:

C. Travel: Prepaid expenses in excess of \$35/day per diem requires RSC pre-approval, travel inside the Region is not covered; 2 signatures required.

AZF/RD: Prepaid expenses or reimbursement for Regional Delegate to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

AZF/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

AZF/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend Autonomy Zonal Forum (January and July, yearly). \$35.00/bimonthly up to \$200.00 maximum

with:

C. Travel: Prepaid expenses in excess of \$35/day per diem requires RSC pre-approval, 2 signatures required.

AZF/RD: Prepaid expenses or reimbursement for Regional Delegate to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event). \$70.00/bimonthly up to \$200.00 maximum

[JUL-AUG \$200, SEP-OCT \$70, NOV-DEC \$140, JAN-FEB \$200, MAR-APR \$70, MAY-JUN \$140]

AZF/RDA: Prepaid expenses or reimbursement for Regional Delegate Alternate to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event). \$70.00/bimonthly up to \$200.00 maximum

[JUL-AUG \$200, SEP-OCT \$70, NOV-DEC \$140, JAN-FEB \$200, MAR-APR \$70, MAY-JUN \$140]

AZF/RDA2: Prepaid expenses or reimbursement for Regional Delegate Alternate-2 to attend Autonomy Zonal Forum (January and July, yearly; except when ROV hosts the event). \$70.00/bimonthly up to \$200.00 maximum

[JUL-AUG \$200, SEP-OCT \$70, NOV-DEC \$140, JAN-FEB \$200, MAR-APR \$70, MAY-JUN \$140]

Intent: to clarify bimonthly maximum reserves; to provide appropriate funding for these expenses, returning to pre-established levels; limits funding when travel is entirely inside ROV. Travel to airports for WSC, WSW, etc. is specifically covered.

Comment: corrects an error in the approved budget; there was no intent to reduce funding for these events.

Explanation: Treasurer wrote \$35 in first budget instead of \$70. **Back to Groups**

Motion 128-4: Mover: Tim C. Treasurer 2<sup>nd</sup>: Jennifer D. Almost Heaven

To amend the 2007-2009 budget, replacing:

B. RSC primary operations: approved to budget limits, excess requires RSC approval, 2 signatures required.

Multi-Regional Events: Prepaid expenses or reimbursement for holding multi-regional events (such as zonal forums, learning days) upon approval of the RSC. \$200.00/bimonthly up to \$1000.00 maximum.

with:

B. RSC primary operations: approved to budget limits, excess requires RSC approval, 2 signatures required.  
CAR Workshops: Prepaid expenses or reimbursement for holding four multi-area World Service Conference Agenda Report workshops with line budget pre-approved by the RSC Conference (March-April, even years). \$100.00/bimonthly up to \$1200.00 maximum

[JUL-AUG \$400, SEP-OCT \$600, NOV-DEC \$800, JAN-FEB \$1000, MAR-APR \$1200, MAY-JUN \$200]

Zonal Forum: Prepaid expenses or reimbursement for holding zonal forums with line budget pre-approved by the RSC Conference (next scheduled: January 2008). \$100.00/bimonthly (beginning 6 months prior to the Zonal Forum the Region is scheduled to host) up to \$300.00 maximum

[JUL-AUG \$100, SEP-OCT \$200, NOV-DEC \$300, JAN-FEB \$300, MAR-APR \$0, MAY-JUN \$0]

Intent: to define regular events the RSC holds; to provide appropriate funding for these events, returning to pre-established levels. (Requires group conscience, roll call vote); to clarify bimonthly maximum reserves.

Comment: current budget will not provide sufficient funds for CAR workshops and Zonal Forum in January-February 2008. Allows spending \$1500 vs. \$1200 in current budget. **Back to Groups**

Motion 128-5: Mover: Tim C. Treasurer 2<sup>nd</sup>: Ernie A. Outer Limits  
to amend the 2007-2009 budget, replacing

D. Subcommittee operations: approved to budget limits, excess requires RSC approval.

Policy: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Policy Subcommittee, including meeting space, preparation and distribution of reports and correspondence, service-related materials and literature, and annual report (February, yearly). \$30.00/bimonthly up to \$180.00 maximum.

Activities: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Activities Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Speakerjam: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Speakerjam Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Public Information: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Public Information Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Hospitals and Institutions: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Hospitals and Institutions Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Outreach: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Outreach Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

Literature: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Literature Review Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (February, yearly) \$20.00/bimonthly up to \$20.00 maximum.

with:

D. Subcommittee operations: approved to budget limits, excess requires RSC approval.

Policy: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Policy Subcommittee, including meeting space, preparation and distribution of reports and correspondence, service-related materials and literature, and annual report (April, yearly). \$30.00/bimonthly up to \$180.00 maximum.

[JUL-AUG \$60, SEP-OCT \$90, NOV-DEC \$120, JAN-FEB \$1500, MAR-APR \$180, MAY-JUN \$30]

Activities: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Activities Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Speakerjam: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Speakerjam Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Public Information: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Public Information Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Hospitals and Institutions: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Hospitals and Institutions Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Outreach: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Outreach Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Literature Review: Prepaid expenses, regular expenses or reimbursement for expenses of RSC Literature Review Subcommittee, including subcommittee meeting space, preparation and distribution of reports and correspondence, service related materials and literature, and annual report (April, yearly) \$20.00/bimonthly up to \$20.00 maximum.

[JUL-AUG \$20, SEP-OCT \$20, NOV-DEC \$20, JAN-FEB \$20, MAR-APR \$20, MAY-JUN \$20]  
Intent: to clarify bimonthly maximum reserves; to reiterate annual reports are due in April for GSR Assembly.  
Comment: no financial impact. **Back to Groups**

Motion 128-6: Mover: Cynthia W. Policy Chair 2<sup>nd</sup>: Bromwen M. New Dominion  
To approve \$40 (from discretionary funds) over budget of \$10 to allow Literature Review Vice Chair to order 5 copies of PR Handbook from World and make 5 copies of Area Planning tool.  
Intent: to have available for subcommittee to study and learn about this literature. Passed 7-0-1

Motion 128-7: Mover: Tim C. Treasurer 2<sup>nd</sup>: Pat P. Rappahannock  
To increase the treasurer budget for the period ending August 31, 2007 by \$16.47.  
Intent: To approve treasurer expenses of \$36.47. Passed 9-0-0

Motion 128-8: Mover: Sherry V. RD 2<sup>nd</sup>: BRANA  
To add on Page 8 Section 1V Reports as #7  
To include in the Region of the Virginians minutes...the topics discussed during Open Forum.  
Intent: To have a written archive of the topics discussed during this time. **Back to Groups**

Motion 128-9: Mover: Don V. Almost Heaven Member 2<sup>nd</sup>: Ernest A. Outer Limits  
To add on page 9 Section VII: Additional Guidelines #9  
To amend ROV Guidelines to allow any or all ROV Guidelines to be suspended by a majority vote of RCMs at any RSC.  
Intent: To allow the RSC to do whatever they want when they want. Chair referred to Policy Appealed by Don V. to send to groups Appeal failed 4-5 Sent to Policy

Discussion on Medallion Motion for CAR from GSR Assembly.

Autonomy Zonal Host

Motion 128-10: Mover: Pat P. Rappahannock 2<sup>nd</sup>: Ernie A. Outer Limits  
To allow RD Team to coordinate and plan all areas necessary for the January 2008 Autonomy Zonal Forum.

Intent: To keep it simple. Passed 9-0-0

EDM: RD Team passed out flier to RCMs

411 Issue

Discussion tabled until 129<sup>th</sup> RSC under Old Business

Planning for Next RSC

October 20-21: 129<sup>th</sup> Regional Service Conference

Saturday 10:00 a.m.-6:00 p.m. RSC

Liberty Christian Fellowship, [244 Williams Dr., Kill Devil Hills, NC 27948](#)

Sunday 9:00 a.m.-10:30 a.m. Budget Review, 10:30 a.m.-2:00 p.m. RSC

Colington Harbour Association Clubhouse, [1000 Colington Dr., Kill Devil Hills, NC 27948](#)

Contact: [activities@rovna.org](mailto:activities@rovna.org) for lodging; limited space available

Travelodge, [804 N. Virginia Dare Trl., Kill Devil Hills, NC 27948](#)

Subcommittee Meetings

Sunday, September 23, 2007

St. Thomas Episcopal Church, [103 E. Main St., Christiansburg, VA 24073](#)

Rm. 1: 1:00 p.m.-2:30 p.m. Hospitals & Institutions

2:30 p.m.-3:30 p.m. Outreach

3:30 p.m.-5:00 p.m. Public Information

Rm. 2: 1:00 p.m.-2:00 p.m. Activities

2:00 p.m.-3:30 p.m. Literature Review

3:30 p.m.-4:30 p.m. Speaker jam

4:30 p.m.-6:00 p.m. Policy

September 29: RSC & VRCC joint meeting, 10:00 a.m.-3:00 p.m.

Region Ten Community Services, 401 4th St. NW, Charlottesville, VA 22903

Motion to adjourn at 5:35pm. Mover: Jennifer D. Almost Heaven 2<sup>nd</sup>: Bromwen M. New Dominion Passed 9-0  
Closed with Serenity Prayer

Trusted Servant Reports

Chair

Hi family, on July 7, 2007 I was able to attend the VRCC and Region of the Virginians Open Forum meeting held in Charlottesville. The goal of this meeting was to start the process of bridging the gap between the two service bodies. Some the central points that were discussed were:

1. The RSC being responsible for electing the chairperson of the VRCC and being able to remove the chairperson.
2. Being sure not to incorporate the RSC.
3. Having the Host and the VRCC confirmed at the RSC.
4. Discontinue the use of the word state when referencing the AVCNA.
5. Education regarding the legal aspects of the VRCC, education on the responsibility and the accountability of the VRCC.
6. The financial responsibility of the VRCC being available through Directors elected via local groups and the ASC and being available on the AVCNA website.
7. Having an annual meeting amongst the two service bodies.
8. VRCC meeting the same weekend the RSC has their two day meeting.
9. VRCC visibility in localities/areas that are not represented at the VRCC by a director.

The resolution that we are beginning with and hope to build on is: We the joint trusted servants of the bodies of the VRCC and the Region of the Virginians, resolve that the VRCC become a subcommittee of the RSC while preserving and maintaining the autonomy of the VRCC. This resolution should be taken back to groups to promote discussion. I was also able to attend our subcommittee meeting on Sat. July 28<sup>th</sup> & on Sun, July 29<sup>th</sup>.  
ILS, Burrell P.

Vice Chair

Hello to all, I am here to serve. If this body chooses to elect me as Vice Chair of Region I will serve whole heartily. I am existing to serve the God of my choice as he sees fit. God is leading me.  
ILS, Jimmy B.

Treasurer

1. LEDGER: At the last RSC, I reported \$6,633.01 on hand as of June 16, 2007. Deposits and credits from June 16 to August 17 totaled \$2,347.86 and withdrawals and debits totaled <\$3,132.20>, bringing the balance to \$5,848.67 as of today's date.

Outer Limits ASC \$351.16  
Richmond ASC \$705.00  
Shenandoah Valley ASC \$240.00  
Tidewater ASC \$1,000.00

It Can Be Done Group \$38.00

It Can Be Done Group \$3.70

12/2/2006 #2434 YMCA (D-PI) \$10.00

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Total Deposits & Credits \$2,347.86  
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#2500 NAWS, Inc.(E-H&I activities) <\$967.20>

#2501 Reaching Out (E-H&I activities) <\$155.00>

#2502 Tim C. (E-Outreach activities) <\$55.16>

#2503 Jeff H. (E-H&I activities) <\$12.90>

#2504 Bethany Christian Church (B-RSC rent) <\$60.00>

{debit) Bank of America (A-Bank) <\$3.00>

#2505 Staples (E-PI startup: art supplies) <\$24.85>

#2506 VOID <\$0.00>

#2507 VOID <\$0.00>

#2508 Primus (A-Answer) <\$126.14>

#2509 PCMS, Inc. (A-Answer) <\$555.78>

#2510 Fedex Kinko's (E-PI startup: copies) <\$88.88>

#2511 Primus (A-Phone) <\$154.78>

#2512 Etta S.(C-AZF/RDA2 per diem) <\$35.00>

#2513 PMCS, Inc. (A-Answer) <\$627.00>

#2517 Southside Regional Medical Center (D-Subcommittees)) <\$70.00>

#2518 Weyers Cave Community Center (B-Conference) <\$150.00>

#2519 Tim C..(E-Outreach) <\$46.51>

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Total Withdrawals & Debits <\$3,132.20>  
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2. PRUDENT RESERVE: The base prudent reserve for the period July 1-August 31, 2007 is **\$8,747.34** [123-1, 125-8, 127-1, 128-1\*]. Adjusted for funds below the maximum due to increases in the new budget, the adjusted prudent reserve for the period is \$9,305.34. Our balance is below the adjusted prudent reserve by <\$1,321.22>. The base prudent reserve for September 1-October 31 is \$11,119.34.

3. 2008-2010 BUDGET: The 2007-2009 budget took effect July 1, so it's time to begin planning for the new budget. We will meet at 9:00 a.m. on Sunday, October 21 at the location of the 129th RSC in Kill Devil Hills, NC.

4. DONATIONS: As a reminder, donations can be mailed directly to the Region's Post Office Box rather than waiting a week or two after your ASC meeting to hand deliver them to the RSC. The faster processing of contributions helps make the Treasurer's reports more informative and less gloomy speculation. My thanks to Richmond, Shenandoah Valley, and Tidewater areas and the It Can Be Done Group of Blue Ridge area who mailed contributions totalling \$1,986.70 since the last RSC.

5. POLICY DISCUSSIONS: I have talked with the Policy Subcommittee and other members about the problem of finding qualified members to fulfill the Treasurer's position. We have concluded the approach of creating a new position of Vice Treasurer to do some of the work of the Treasurer is insufficient, because the RSC has enough difficulty filling other current positions vacant, and we were unable to find a Vice Treasurer for over a year when such a position existed.

Instead, we have discussed transferring some of the responsibilities of the Treasurer to a Budget Subcommittee. We have proposed that it will meet one hour before every RSC to review and prioritize requests for payments. Money matters not brought before the full subcommittee would be presented at the next meeting of the subcommittee for recommendations.

Five members would be required to meet quorum for the subcommittee: one member from the Regional Delegate team (RD, RDA, or RDA2); one member from RCMs who attended the previous RSC; one member from Activities Subcommittee who will coordinate subcommittee plans, one member from Outreach Subcommittee to represent isolated groups and struggling areas, and one member from the RSC Officers (Chair or Secretary) who will conduct the meeting. Any member including other RCMs and Subcommittee Chairs could attend, but only those 5 members would vote on money matter recommendations.

Treasurer and Vice Chair are not part of the Budget Subcommittee, although they are required to be present for Budget Subcommittee meeting to offer input in discussions as needed. Vice Chair and Treasurer are expected to use the time of the Budget Subcommittee meeting to audit the checking account, so the Vice Chair can report the results in his or her report to the RSC.

We hope to have a draft version of this plan at Policy Subcommittee's September meeting, to present the 130th RSC for consideration.

A. Automatic expenses	Category	Base	Expenditures	Available	6,105.18
	Answer	1,575.00	1,463.70	111.30	
	Mailbox	34.00	0.00	34.00	
	Website	28.00	0.00	28.00	
	Bank	6.00	0.00	6.00	
	<b>SUBTOTAL</b>	<b>1,643.00</b>	<b>1,463.70</b>	<b>179.30</b>	<b>5,925.88</b>
B. RSC primary ops	Category	Base	Expenditures	Available	5,925.88
	Conference	400.00	150.00	250.00	
	Executive	50.00	0.00	50.00	
	Secretary	60.00	0.00	60.00	
	Treasurer	20.00	0.00	20.00	
	GSR Assembly	400.00	0.00	400.00	
	Multi-Regional Events	200.00	0.00	200.00	
	<b>SUBTOTAL</b>	<b>1,130.00</b>	<b>150.00</b>	<b>980.00</b>	<b>4,945.88</b>
C. Travel	Category	Base	Expenditures	Available	4,945.88
	AZF/RD	200.00	0.00	200.00	
	AZF/RDA	200.00	0.00	200.00	
	AZF/RDA2	200.00	35.00	165.00	
	MARLCNA/RD	155.00	0.00	155.00	
	MARLCNA/RDA	155.00	0.00	155.00	
	MARLCNA/RDA2	155.00	0.00	155.00	
	WSC/RD	0.00	0.00	0.00	
	WSC/RDA	1,050.00	0.00	1,050.00	
	WSC/RDA2	1,050.00	0.00	1,050.00	
	WSW/RD	50.00	0.00	50.00	
	WSW/RDA	50.00	0.00	50.00	
	WSW/RDA2	50.00	0.00	50.00	
	<b>SUBTOTAL</b>	<b>3,315.00</b>	<b>35.00</b>	<b>3,280.00</b>	<b>1,665.88</b>
D. Subcommittee ops	Category	Base	Expenditures	Available	1,665.88
	Policy	50.00	10.00	40.00	
	Activities	20.00	10.00	10.00	
	Speakerjam	20.00	10.00	10.00	
	PI	20.00	10.00	10.00	
	H&I	20.00	10.00	10.00	
	Outreach	20.00	10.00	10.00	
	Lit Review	20.00	10.00	10.00	
	<b>SUBTOTAL</b>	<b>170.00</b>	<b>70.00</b>	<b>100.00</b>	<b>1,565.88</b>
E. RSC secondary ops	Category	Base	Expenditures	Available	1,565.88
	H&I	408.51	0.00	408.51	
	Speakerjams	334.00	0.00	334.00	
	Overnight RSC	1,000.00	0.00	1,000.00	
	Outreach	144.83	46.51	93.38	

	PI	610.00	0.00	610.00	
	PI startup	550.00	113.73	436.27	
	SUBTOTAL	3,047.34	160.24	2,887.10	<1,321.22>
F. Discretionary	Category	Base	Expenditures	Available	<1,321.22>
	SUBTOTAL	0.00	0.00	0.00	<1,321.22>
G. Contribution	Category	Base	Expenditures	Available	<1,321.22>
	NAWS	0.00	0.00	0.00	<1,321.22>

Just for today, Tim C., RSC Treasurer

Regional Delegate

Hi All

On July 7, 2007 I attended the Regional and VRCC meeting in Charlottesville, VA. I believe our Chair will be giving a report but it was such a wonderful productive meeting. Some of the thoughts generated and hopefully can be put into action will be very healing to us all.

On July 20<sup>th</sup> was able to attend and participate in the last day of the PR event along with the PI Chair from Almost Heaven. It was a very rewarding experience and excellent experience for the Almost Heaven PI Chair. On July 28<sup>th</sup> I attended the Autonomy Zonal Forum. The RD from Freestate apologized again for the scheduling mix up from the last Zonal. A short summery from the other regions is as follows:

Eastern Pennsylvania Region who is not seated at World, They give each group 25 meeting list free of charge. This is a regional meeting list that is in conjunction with Greater Philly. They have just completed new policy and hand them out to new RCM's. They do a GSR workshop and training before every Regional as it rotates from Area to Area. They have been holding basic text and input meetings the past several months. An ad hoc committee was formed to investigate insurance due to losing meeting space. An ad hoc was formed to look at resolution A and they are working on getting Spanish speaking meetings.

Greater Philly uses convention funds to pay for insurance for the groups. Money is not flowing into the region from Area Donations and the Regional Assembly to be held in September will focus on their financial situation and develop an action plan. The fund flow seems to be stuck at a group level. Asians are the only population of addicts that are missing from the regional fellowship.

Free State 10 Areas, 900 meetings. They have committee system

There are meeting facilities that require members to get cards with their information on it and scan them as they come into meetings. The facilities are actually using the numbers to get government funding. It's an unresolved issue. Members are going to attend the board meeting. They put on a regional planning tool workshop. They suspended the regional business for that conference. Holding members accountable and how we treat members at ACS were the topics used.

They put on a regional planning tool workshop. They suspended the regional business for that workshop.

Agenda for next Zonal: CAR, CAT and other

Next Autonomy Zonal Forum will be hosted by the Region of the Virginians

January 27, 2008

Cost:

1-1/2 day per diem- \$52.50

Hotel: Standard 2 Doubles Smoking

7/28: \$105.00 **\$89.25 special rate** per night plus tax Shared with RDA2

Please put under new business to discuss motion for medallions

Please under new business the timeline the delegate would like for information and location for hosting the next Autonomy Zonal Forum in the Region of the Virginians

ILS, Sherry V.

Regional Delegate Alternate

Hello family, I would like to say that I missed you guys at the last regional service as I was out sick. Prior to the last region I went to the World Wide Workshop in Lincoln Nebraska. I participated fully in the event and am grateful for the experience. There was a lot of participation in Roundtable discussions, and am sure that Sherry filled you guys in on a lot of the discussions which took place. I do feel that one of the most important aspects of service positions is connection of the communication gaps, and I am lacking in this aspect since the last region I was present. In the unmanageability of my life, I have difficulty finding the notes from the



workshop, if there are any questions of which I may be able to answer regarding the workshop I would like to make myself available once I return home to locate the information to make available to you guys. I also attended the Autonomy Zonal Forum in Philadelphia on 7/28/07. Traffic was hectic so I arrived 26 minutes late. When we arrived they were in the report stage of the meeting. The C&P region is considering making the regional convention, not the area's responsibility in regards to manpower that the board of directors takes on this responsibility. They also reported that 3 areas are implementing the Area Planning Tool, and more will be revealed. The Free State region currently has an ad-hoc committee investigating insurance. Also within the Free State region one of the home groups meets in a treatment center, and that center requires members attending the meeting to obtain a bar code bracelet to attend the meeting at the facility. It was reported that the treatment center did this in order to obtain funding. The RDA from Free State reported that this issue is being addressed at the present time. Free State also reported that a regional inventory has taken place, and they recommend that if a regional inventory takes place that it not be done during normal business. Zonal forum discussion topics included Who is Missing from our meetings including Teenagers, Ethnic Groups, Old Timers, Members who are professionals, and Women with clean time also involved in service. Several times it was shared that it is important to share the benefits of being involved in service, in an attempt to be attractive, not promoted. If a woman brings children to meetings and needs assistance with her children during the meeting that more experienced members assist her with children crying etc. Younger members also could benefit from service commitments as they often feel there is nothing to do in recovery. Professional members should be addressed by outreach, it was shared that outreach sought to reach out to professional members and as a result of this there is a tremendous outpouring of professional members now. Resolution A was also discussed and it was felt that solutions should be presented and that it should be a joint venture as a fellowship as a whole in regards of how to handle Resolution A. Ie. Keep trying to implement it or voting it out. I am providing travel receipts for a total amount of \$89.51 with \$35.51 for gas expenses in May to the World Wide Workshop, and \$54 for gas and toll expense for Zonal forum. I am requesting \$35 per diem rate for travel to Zonal. I am requesting reimbursement for a total amount of \$124.51. With Love of the Fellowship, Greg H.

#### Regional Delegate Alternate 2

Hi Family, I had the pleasure of attending the Autonomy Zonal Forum on 07/28/07. It was hosted by the Greater Philadelphia Region and was held at 3<sup>rd</sup> and Reed Streets in Philadelphia Pa. The meeting opened at 12:05p.m with readings of the 12 Traditions and the 12 Concepts and introductions of all that were in attendance.

**Regional Reports:** were read by Eastern Pennsylvania Region, Mountaineer Region, Greater Philadelphia Region, The Region of the Virginians and Free State Region.

#### **Discussion: Who is missing from our Meetings?**

Youth and the retention of youth. It was discussed that we should involve them in service and activities. Experienced members. We are missing people with substantial clean time. An addict with 8 yrs clean time stated that he often the member with the most experience. People who can share positive recovery. Lack of recovery is keeping experienced members away. Women are missing from meetings. Retention of young women. Help them to feel the unity and encourage them to do things together. Provide a safe place to find recovery. Help out with child care issues. (Daycare/other members watch kids) Many mothers and fathers need meeting where they can bring their kids. Predators (male/female) who seek out newcomers are a problem for newcomers seeking a safe place to recover. Rather than running them out it has been discussed that we must be pro-active and protect newcomers from being taken advantage of. This needs to be done by experienced members on a consistent basis. Professionals. Sometimes they have trouble identifying or have to encounter their clients. Have PI establish contacts with professional groups so that we can get the referrals but also maintain a contact relationship so that they can have a name and a face to contact. Senior Citizens. Various Ethnic Groups Sponsorship helps addicts get into service. We set the example. It is important that the regional representatives visit the areas and various groups in their region. We can get some of the missing members back through sponsorship. Those who are in services are able to pass it on. Special Interest groups also have an impact on retention however they must be open to anyone.

**Insurance Issues-** we also had dialogue on a new challenge to our rooms: liability insurance. Some facilities are requiring groups to produce proof of insurance before being allowed to use a facility. There have been

several instances to date in which law suits have been filed. There have been 2 companies that have been recommended for use of acquiring policies by World. Some things that were noted were that it is important to have dialogue with a facility to have a waiver, We must keep NA's name out of the policy and we should check to see if the facility has its own coverage before we accept the meeting space and how they wish to handle claims.

### **Resolution A**

To approve in principle a change in the participation at a new WSC to achieve the following objectives:

1. To reduce the total number of representatives.
2. To provide equal representation from all geographic areas and
3. To encourage consensus based decision making process

These points were made.

\*Proposals include moving to zonal representation. The problem is how to be truly representational.

\* The division decided upon must be good for NA.

\*Regions should be well formed. Why were they created? Did it stimulate growth? Did they candidly express their reasons for forming a new region and what dynamics created those needs?

\* We are truly growing as a world –wide fellowship and need equal representation to reflect the world wide concept.

\* We need to find a new way to make changes within the fellowship.

### **Next Autonomy Zonal Forum Agenda**

The next Autonomy Zonal Forum will be hosted by The Regions of the Virginians on January 27<sup>th</sup> 2008 location TBA in December 2007 or sooner.

In an effort to be more cost conscious, I have requested \$35 for my per diem and shared a room with the RD as well as not submitting a gas reimbursement. It is also my intent to visit each area in the Region. I have started this process with visiting the OLANA area. It is my intent to give each area Delegate support and be visible for any questions.

In loving Service, Etta S.

Virginia Regional Convention Corporation Chair

Hello Family, I attended the open joint session meeting on July 7, 2007 at the Region Ten Center and for me this was a very interesting day. We had a lot of discussion and a lot of good ideas on how we can get a better relationship between the two bodies. We will be meeting again on September 29, 2007 at the Region Ten Center from 10am to 3pm.

The VRCC held its last meeting on July 15, 2007 at the Region Ten Center. Everything seems to be going very well with the 26<sup>th</sup> AVCNA. We received just one bid package for the 27<sup>th</sup> AVCNA and the Shenandoah Valley was awarded the 27<sup>th</sup> AVCNA. I will be going to Winchester August 26, 2007 to hold elections for the executive committee. The profit and loss statement is now available online at AVCNA.org. A quick reminder that the VRCC.org no longer works. I also have a check for Region in the amount of \$2,674.26. There was a motion that went back to areas and that is any area not at VRCC meeting or have a director present will not be mailed hard copies of the minutes.

In Loving Service, Jim H.

### **Activities**

The Activities Subcommittee met at Southside Regional Medical Center private dining room, Petersburg Va., July 29, 2007. Attending were (Chair) Jimmy C., Cynthia W., Bonnie W., RSC Chair Burrell P., Teddie A. Topics of discussion were on food for August RSC and October RSC completing contracts and starting room list around mid August. Also discussions held GSR Assembly location, possibly the Quality Inn and June RSC location in Richmond, Va.

The purpose of the subcommittee was defined as follows: to schedule and plan RSC Conferences, GSR Assembly, CAR Workshop, and Autonomy Zonal Forum. All events are on rotating bases by quadrants, although the one day and two day events do not coincide with each other.

Activities:

1. Schedule and plan RSC Conferences up to one year in advance, including meals and lodging as needed.
2. Schedule and plan the GSR Assembly annually in April.
3. Schedule and plan the CAR Workshop every two years, (mid-February to mid-April).

4. Schedule and plan the Autonomy Zonal Forum approximately every three years (last was Jan 2005)

**Unconfirmed/Confirmed Events: (TBA=To Be Announced)**

Status	Date	Event	Location	Quadrant	Food and/or Lodging (Y/N)
Unconfirmed	10/20/07	RSC conference 129th	Outer Banks.	4	N
Unconfirmed	10/21/07	RSC conference 129th	Outer Banks.	4	N
Confirmed	12/15/07	RSC conference 130th	St. Thomas Episcopal Church 303 East Main St. Christiansburg Va. 24073	3	N
Unconfirmed	1/25/08	Zonal Forum	TBA	2	Y
Confirmed	2/16/08	RSC conference 131st	White Marsh Baptist Church 5123 George Washington HWY Gloucester, VA	4	N
Unconfirmed	3/22/08	Workshop(CAR)	Fredericksburg Va.	1	
Unconfirmed	3/8/08	Workshop(CAR)	Luray Va.	2	
Unconfirmed	2/23/08	Workshop(CAR)	Bedford	3	
Unconfirmed	3/29/08	Workshop(CAR)	Williamsburg	4	
Unconfirmed	4/19/08	RSC conference 132nd	TBA	2	N
Unconfirmed	4/20/08	GSR Assembly/Car	TBA	2	Y
Unconfirmed	6/21/08	RSC conference 133rd	Richmond Va.	1	N

*(TBA=To Be Announced)*

In loving service, Jimmy C.

**Hospitals and Institutions**

Hello family, since the 127<sup>th</sup> RSC, H&I activity in the region has been calm. We had our subcommittee meeting July 28<sup>th</sup> in the Tri-Cities Area. The attendance was average. Piedmont Area sent a new representative to H&I. On July 11<sup>th</sup> we took two Inmate Presentations into Southampton Correctional Center. One into the Women Prerelease center and another for two populations for men, Men Work Center and Men General Population. We took members from our regional subcommittee and members from the Outer Limits Area. This presentation was a success. We hope that the Outer Limits Area will be able follow up supporting the already regular inside NA meeting. Thanks for all the support. I'd like to mention that there are several members of our region who are qualified to carry these presentations into correction facilities. The next presentation to be held at Buckingham Correctional Center in Oct.

We continue to discuss how to build our subcommittee, rotating around the region hasn't proved to me to be effective, the pass two subcommittee meetings there was no one present from the hosting area.

Money matters: I have one receipt for postage for \$6.45. I closed out our H&I PO Box and received \$2 in cash for the key deposit. Please pay \$4.45 receipts are furnished.

Our next subcommittee meeting will be held in the New River Area on Sunday, September 23, 2007 time and place to be announced.

In Loving Service, Jeff H.

**Literature Review**

Literature Sub-Committee met on July 28, 2007 in Petersburg, VA.

8 members in attendance.

Meeting minutes were reviewed orally by Cynthia W. and Amanda H.

The members present felt it best to delay action today in light of absence of materials present for review.

Consensus of the group to have at least 5 copies of each piece of literature to review present at all future Lit Review meetings.

No further action was taken.

In loving service, Cindy

## Outreach

The Outreach Subcommittee met on July 28, 2007 at Southside Regional Medical Center which is in Quadrant 1. The meeting started at 10:09AM.

George B. Chair Pro Temp opened the meeting with the Serenity Prayer.

Charles W. read the 12 Traditions. Howard C. read the 12 Concepts.

In attendance were James D., Howard C., Charles W., Tim C., Amanda H., Burrell P., Cindy W., George B., & Bonnie W.

We read the minutes of the last Outreach Subcommittee meeting and a discussion followed.

The issue of Isolated Groups and Areas was the main item of discussion.

July 28, 2007 (**new recommendations in bold**)

Isolated groups requesting assistance by RSC Outreach (confirmed)

First Step Group, Thurs 8pm; Laurence Town Building basement, Lawrence VA (contact Outer Limits ASC)

Foundation Group, Tues 7:30pm; Willow Woods Apts, 222 Allen Ave. Radford VA (contacted Apr 07, New River Valley ASC)

## H & I

Keen Mountain Group, Mon 8:30pm, Wed 9am; Keen Mtn Corr. Ctr., Oakwood VA (contact available, no update)

Substance Abuse Group, Tues 7pm; Keen Mtn. Corr. Ctr., Oakwood VA (contact available, no update)

Surrender to Win Group, Wed 6:45pm; Coffeewood Corr. Ctr., Mitchells VA (institutional, isolated, contacted by H&I, no info)

Lunenburg Group, Thur 6:30pm; Lunenburg Corr. Ctr., Victoria VA (institutional, isolated, contacted by H&I)

HOW Group, 7pm Mon; Haynesville Corr. Ctr. (institutional, isolated, contacted Apr 07) west of Tappahannock VA

no meeting location - group subscribed to NA Way, mailing address available

New Canton Thursday Group, New Canton VA

## New Dominion

Farmville Group, Tues 7pm, Farmville Presb. Ch., 200 W. 3rd St., Farmville VA. Note: The New Dominion listing only has the Tuesday and not the Friday meeting. Both are on NA.org and George B. has attended the Tuesday and heard about the Friday at the Tuesday meeting.

## Piedmont

Locust Group; 7pm Tues, Thur 7pm, Sat 2pm; Jail, 1600 Avon St., Charlottesville VA (institutional, no contact info, no update)

Keeping It Real Group, Fri 7pm, Culpeper Reg. Hosp., 501 Sunset Ln., Culpeper VA

## Rappahannock

Standing by Recovery Group, Tues 7:30pm, Garrison Woods Ctr., 207 Garrison Woods Dr., Stafford VA

Start Living Group, Thur 7pm, Wrights Chapel UM Ch., 8063 Ladysmith Dr., Ladysmith VA

## Richmond

White Flag Group, Thur 8pm, Walmsley UM Ch., 2950 Walmsley Blvd., Richmond VA

The Lie Is Dead Group, Tues 7pm, New Hope 7th Day Adv. Ch., 23592 Tidewater Tr., Tappahannock VA

## Shenandoah Valley

NA @ Mill Creek Group, Sat 8pm, Grace U Ch. Chr., 10492 Orkney Grade, Mt. Jackson VA

Another Chance Group, Thur 7pm, Salvation Army, 300 Fort Collier Rd., Winchester VA

Gratitude Group, Wed 7:30pm, Front Royal UM Ch., 1 Main St., Front Royal VA

## area unknown

Marion Survivors Group; Sun 8pm; Royal Oak Presb. Ch., 139 W. Main St., Marion VA (no contact info) New River Valley?

Patrick County Group, Tues & Fri 8pm; Stuart UM Ch., 946 Blue Ridge St., Stuart VA (no contact info) Southside?

New Beginnings Group, Mon 12pm, Wed 6pm; Horizons Building, 24141 Jeb Stuart Hwy., Stuart VA (contact available) Southside?

We discussed the two areas that have been missing RSCs.

Roanoke Valley ASC has missed three RSCs. Blue Ridge ASC has missed more than three RSCs

Chesapeake Bay ASC

**Junks & Drunks Group, Thursday 8PM, East Ocean View Baptist Church, 9609 9<sup>th</sup> Bay Street, Norfolk, VA 23518**

Tidewater ASC

**Back to Basics Group, Tuesday 1PM, Bayside Public Library, 936 Independence Boulevard, Virginia Beach, VA 23455**

**Real Talk group, Monday 1PM, Bayside Public Library, 936 Independence Boulevard, Virginia Beach, VA 23455**

Peninsula ASC

**Free at Last Group, Day and Time unknown, Calvary Baptist Church, 397 General Puller Highway, Saluda, VA 23149**

We talked about White Flag & The Lie is Dead.

We talked about Blackwell-Southside Area.

We talked about the Outreach Page on the website.

We talked about Areas which need to formalize their Outreach Subcommittee. We talked about how Richmond Area, New Dominion Area, Tri-Cities Area and Blackwell-Southside Area work together in the area of PI Subcommittees and how maybe Outreach subcommittee could be done in the same way.

We talked about just what the Regional Outreach Subcommittee should be doing. Any group that has asked for help has been contacted.

We discussed helping to setup Outreach Subcommittees in as many Areas as possible.

Motions

- A motion to pay the rent of \$10.00 was passed.
- A motion to pay travel to Tim C. for travel to Blue Ridge ASC in June 2007. The amount is up to \$50.00. The motion was passed.
- A motion to pay travel for George B. and Howard C. to travel to Farmville Group. The amount is up to \$50.00. The motion passed.
- A motion to pay travel for Cindy W. and Etta S. to go to Ladysmith. The amount is up to \$50.00. The motion passed.
- A motion to pay travel for Amanda H. and someone else to go to Culpepper. The amount is up to \$50.00. The motion passed.

George B. appointed Charles W., Howard C. and Bonnie W. to an Ad Hoc Committee to plan a learning Day to be held in different quadrants. George B. appointed Howard C. as the chair.

A motion to adjourn was made and the meeting was closed with the Serenity Prayer.

After the Subcommittee meeting the following has happened.

This meeting was added to the Outreach Page of [www.rovna.org](http://www.rovna.org).

Wednesday:

7:00 p.m. Free At Last Group (OPEN, D, H)

Calvary Baptist Church dining room, [397 General Puller Hwy. - Saluda VA 23149](http://www.rovna.org)

The Outreach Page was changed so that a person could connect to MapQuest.com for directions.

Two groups were found on [www.na.org](http://www.na.org) which were listed in the Piedmont Area but were not on their website or meeting list. These groups are Just for Today Group in Mineral, Virginia and Survivors Group in Lovingson, Virginia. These groups were referred to the Piedmont web master and a member of Piedmont Area H&I who attended the Regional Subcommittee meetings. These groups were found when rovna webmaster was working on getting Piedmont meetings in na.org up to date.

On August 14, 2007, Tim C. and George B. went to Farmville to attend the Farmville Group meeting. The two days that the Farmville Group meets were put on the Outreach Webpage.

On August 15, 2007, George B. went to Crewe to attend the Crewe Group meeting. This meeting has some of the same people that were seen in Farmville.

In Loving Service, George B.

Policy

Open meeting with Serenity Prayer at 2:40pm in Petersburg, VA by Cynthia W.

Motion: to dispense with reading of 12 Traditions and Concepts. Made by: Tim C. 2<sup>nd</sup>: Bonnie W. Passed 5-0

Read Traditions:

Read Concepts:

Minutes approval: Motion to approve May 20, 2007 minutes as presented. Mover: Bonnie W. 2<sup>nd</sup>: Tim C. Passed 5-0

Reports: Chair: Thank you for allowing me to be of service. I attended the meeting with VRCC and RSC. I have spoken with Tim about motion about Alt. Treasurer Position. I am looking for anyone with experience to help with changes that need to be made in Guidelines and Rules of Order. In loving service, Cynthia W.

Old Business: 1. Motion on Creation and Dissolving Passed

2. Report from VRCC meeting on 07/07/07

New Business:

1. Motion about VRCC Chair/meet with Ben

2. Motion about Alt. Treasurer/Tim and George

3. Meeting for VRCC on the 09/29/07 10am to 3pm

Motion: to pay \$10 rent for facility for today's meeting. Mover: Tim C. 2<sup>nd</sup>: Burrell P. Passed 5-0

Next meeting Date and Time and Quadrant Location

September meeting will be September 23, 2007 in New River Valley.

Motion: to adjourn meeting at 3:13pm. Mover: Bonnie W. 2<sup>nd</sup>: Jimmy C. Passed 5-0

Closed meeting with Serenity Prayer

In loving service, Cynthia W.

### Public Information

I want to take a moment and thank everyone who works and supports ROVNA PI. Today, I want to acknowledge EVERYONE who worked on the VSIAS at the booth, behind the scenes, and at the meeting that was held there on Wednesday evening. It was a true team effort. We did great!

AT THE LAST MEETING ON JULY 28, 2007, WE ELECTED A VICE-CHAIR! Thank you, Charles W. of Richmond PI, for your service to ROVNA PI. Yipeeee!

At the last meeting of Public Information we were charged with several tasks: develop a resource sheet for PI purposes and write a letter to the Correctional Center in Cumberland, Maryland – both were completed. In addition, we successfully fulfilled our commitment to exhibit a booth at the Virginia Summer Institute for Addiction Studies Conference in Williamsburg, VA., as stated above. We had 16 volunteers participate and we handed out over 500 packets of information at this event. The Conference Coordinator told me over 1000 individuals were registered for the week. We do have an impact when we have a presence at these occasions, recovery truly does speak for itself. 30% of attendees who stopped by the booth said they new nothing or almost nothing about Narcotics Anonymous. If nothing else, statements like these from treatment professionals keeps me keenly aware of the value of service in Narcotics Anonymous and our ongoing commitment to public events.

PI is still working on 411 issues and Greg G. from Rappahannock Phonenumber has agreed to take on this project. Greg has worked with Regional PI in an effort to resolve his area's 411 issues, in doing so we all discovered there are multiple issues throughout the Region. Thanks to Rappahannock and Greg for focusing on this concern. Of greater concern was the recent loss of Phonenumber service because of a technical glitch at PRIMUS, our 800 number provider. This loss of service bears further discussion and research. The upside is this had nothing to do with our answering service. The culprit was PRIMUS and they have to date provided no explanation as to what happened nor are they able to provide an assurance that this will not occur in the future. As to the request of the Chair at the last RSC, since PI can only develop background for use by the groups in making a decision about a name change, two-member teams from PI agreed to work up a PRO and a CON background paper as a start for the Region to proceed with sending the motion to the groups. Committee suggests that Rappahannock amend the original motion to omit a suggested name change and rather allow the groups to approve the need to change; and then subsequently give groups an opportunity to participate more closely in the creation and selection of a name change. The work of this committee will serve only as a "start" to this process. The Treasurer and VRCC Vice-Chair both felt the name change would have only a very minimal effect financially to the Region and the Regional Convention.

We are still working on our Sub-Committee guidelines. We will keep you posted on progress.

NEXT! Recovery month cometh! Regional Public Information will participate in Richmond's Unity Fest 07 on September 22<sup>nd</sup> and will participate with Rappahannock on Unity Day on September 2<sup>nd</sup>, 2007. We are excited to be of service at these events.

Public Information is a happening place to be in our Region, so come out and learn about the work we are doing to carry our message. Our next meeting is scheduled for September 23<sup>rd</sup>, 2007 in New River, site to be determined.

In Fellowship, Amanda H. PI Chair (757-332-6450/email:pi@rovna.org)

### Speaker Jam

Open meeting with Serenity Prayer at 12:35pm in Petersburg, VA by Teddie A.

12 Traditions: Jimmy C.

12 Concepts: Burrell P.

We discussed the format for Sept. Speaker Jam:

10am-11am:	H&I:	Shawn	Lynchburg
		Roger	Tidewater
11:15am-12:15pm:	PI	Denise B.	Tidewater
		Charles W.	Richmond
12:30pm-1:30pm	Sponsorship	Raymond	Peninsula
1:45pm-3pm	Panel	Outer Limits	
3:15pm-4:15pm	Going to any lengths	Bonnie W.	Almost Heaven
		Cris W.	Almost Heaven
4:30pm-5:30pm	Communication	Don V.	Almost Heaven
		Margie	Tidewater

Motion: to donate \$10 for rent. Made by: Cynthia W. 2<sup>nd</sup>: Bonnie W. Passed 6-0

Next meeting will be September 23, 2007 in New River Valley Area.

Motion: to adjourn at 1:22pm. Made by: Bonnie W. 2<sup>nd</sup>: Cynthia W. Passed 6-0

Motion: To close with Serenity Prayer at end of all subcommittees. Made by: Teddie A. 2<sup>nd</sup>: Burrell P. Passed 6-0

Attendance: Teddie A., Bonnie W., Cynthia W., Burrell P., Tim C., Jimmy C.

I'm asking for \$24.78 reimbursement for copies. As always we need support.

ILS, Teddie A

### Area Reports

#### Almost Heaven

We have 28 home group with 43 meetings per week; we had 1 new home group join @ Junes ASC with 2 meetings per week. We have an average of 12 GSR's attending area and a Co-op rep. representing 9 home groups.

We currently have these positions open: Policy: Jennifer F. pro-tem, Vice-Chair: Terry H. nominated, Chair, Outreach: Mark L. pro-tem, Special Events: Bernard W. pro-tem, Newsletter. Treasurer: Don V. was acclimated in May's ASC.

Co-op position open: Special Events, H&I Katie N. pro-tem, Treasurer: Chris W. acclimated at the last co-op meeting on 3<sup>rd</sup> of June.

All of the sub-committees are up and running but some of them are not giving much information on what is happening with-in their committee at area.

At this time PI is the only sub-committee to report on. PI is working on doing a mailing in the near future. They are exploring something for Recovery Month in September. They are also reading several pages of the PR handbook to better inform committee.

Area Service meets on the 1<sup>st</sup> Saturday of the month except for June, July and August then it is held the 2<sup>nd</sup> Saturday of the month in Shepherdstown, WV @ 1:30pm.

Co-op meets the Sunday before Area Service in Wiley Ford, WV. @ 3pm.

We have current meeting list here today as well as our area convention fliers.

In Loving Service, Jennifer D.

### Appalachian

We have 12 groups in our area with 9 GSRs present. Open Area positions: Treasurer, Secretary, Special Events Chair. Open Region positions, Outreach chair, no nominations. The area is having a little problem. We have people in office who do not understand the 12 Traditions, 12 Concepts, Guide to Local Service, and our Policy. Our area is having a little trouble with our money. We had to pay Free State money where the Literature

did not have. They spent a lot of it on special events. We are always trying to get the newcomers to get involved. Our Phone and H&I are doing okay. We have an Ad Hoc checking our literature supply because our inventory is not balancing out. Announcement Mark E.-9 yrs. Our area meetings are the first Sunday of each month at the Gateway on 12<sup>th</sup> and Church Street in Lynchburg, VA.  
In loving service, Melvin L.

## Blue Ridge

Dear Regional Members:

This is my first experience at a Regional Service Conference. I wish to express my gratitude for the new way of life that Narcotics Anonymous has offered, and my sincere love for the fellowship and the opportunities that continue to be revealed.

To begin, the Blue Ridge Area of Narcotics Anonymous had it's last Area Service Meeting August 9th, 2007. We have seven groups in our Area. We had five GSRs attending the last Area Meeting. Our current Area trusted service positions that are open are: Vice-Chair, Literature Chair, RCM Alternate, and Outreach Subcommittee Chair. Mike G is sitting in as Pro-Temp for the Outreach Subcommittee. We had no elections during our last Area Service Meeting.

The latest **group news** within the Blue Ridge Area is as follows:

- The Harrisonburg *It Can Be Done Group* will be canceling the 12:00 noon NA Meeting. August will be the last month of that meeting.
- The Luray *Surrender To Win Group* now has their NA meeting at a new time and location. I do not have the new location at this time, but the time was 7:00 PM...now at 7:30 PM. GSR was absent.
- The Fishersville *Change Or Die Group* has taken over the Monday night 8:00 PM meeting for the *It Can Be Done Group*, from Harrisonburg. This meeting is held at New Hope Detox in Fishersville. The *Change Or Die's* GSR mentioned gratitude in helping with this meeting, and that there was a great turnout at the last New Hope Detox Meeting.  
The *Change Or Die Group* also reported it's plan for a summer picnic, and their weekly NA Meeting is going well.
- The Staunton *Just For Today Group* reported three new homegroup members. Although their Group Conscience is "sparse", They have had a huge regular meeting attendance.
- Waynesboro's *Find A New Way To Live Group* reported good meeting support, and they had a successful picnic recently. The *Find A New Way To Live Group* has six to eight active homegroup members.
- Staunton's *A Chance For Gratitude Group* reported a need for more regular meeting attendance. They are planning to sponsor an NA Event at Gypsy Hill Park in Staunton this month, August 26th.
- Harrisonburg's *Courage To Change Group's* GSR withdrew the position this past month.
- attendance. They are planning to sponsor an NA Event at Gypsy Hill Park in Staunton this month, August 26th.
- Harrisonburg's *Courage To Change Group's* GSR withdrew the position this past month.

The latest **Subcommittee news** within the Blue Ridge Area is as follows:

- Policy Chair reported, "All is well. Nothing new to add".
- Literature Chair reported that we are still using Freestate via BRANA Treasury for our literature purchases.
- Web Servant/BRANA Campout Chair reported that there was an offer from an outside enterprise to purchase BRANA's website domain name (www.brana.org). All that was reported regarding this was the intent to communicate to Area that an offer was made, but that was all. Nothing to worry about.
- Regarding the BRANA Campout, I have the BRANA 26 Report (attached to this report) from this past July's Campout at Natural Chimneys in Mount Solon. I have been asked to deliver this report and to deliver a \$500.00 donation to Region on behalf of the BRANA Campout Chair. I have also been asked to, on behalf of the BRANA Campout Chair, share the campout poster at this meeting. Copies are available to those who would like one. Less the frame, copies cost \$60.00.

The latest **Area concerns** within the Blue Ridge Area are as follows:

- A motion made to reimburse the RCM 48.5 cents per mile for travel to and from NA related Regional Events was approved.
- We are working toward budgeting a fair reimbursement for our RCM if overnight lodging becomes necessary during trips made to Regional Events. For trips four hours and over, lodging will be considered.

The latest **Area Special Events** within the Blue Ridge Area were reported as follows:



- Sunday, August 19th, 2007 *“Go jump in the lake cookout”*

- at Sherando Lake from 1:00 to 6:00 PM

- swimming, volleyball, horseshoes, and ask-it basket meeting

- bring covered dish and own beverages...ice will be provided

- cost is \$8.00 per car load

- Sunday, August 26th, 2007 *Event in planning stage at Gypsy Hill Park, Staunton*

To conclude, the Blue Ridge Area of Narcotics Anonymous has it's next Area Service Committee Meeting Thursday September 13, 2007 at 6:30 PM. I have included our latest meeting list. Please note that the meeting changes mentioned in this report have not yet been made on the meeting list. I have also attached our latest Area contact information. Finally, I have a check (#1540) to submit as BRANA's August 2007's donation to Region in the amount of \$438.15.

In Loving Service, Robert W

BRANA 26 Report

The 26<sup>th</sup> annual BRANA Campout was held the weekend of July 20-22, 2007, at Natural Chimneys Regional Park in Mount Solon, VA. The registration book indicates that 290 recovering addicts, representing 1,540 years of clean time, attended the campout. Based on distribution of 350 wrist bands; an estimated 60 children were at the campout.

BRANA 26 attracted campers from Virginia, seven other states and the District of Columbia. The \$30 registration fee at BRANA 26 was a 25 percent increase over recent years, while expenses were reduced 15 percent from BRANA 25.

We began with a balance of \$8,205.26, staging the campout cost \$6753.97, of which \$3,561.00 was paid to Natural Chimneys. The campout income was \$9,599.79 leaving a balance of \$11,051.08 on July 31, 2007.

BRANA Campout Inc. operates on a fiscal year, beginning September 1 and ending August 31. at the end of the current fiscal year, a detailed financial report will be posted on the BRANA website.

The campout has accrued enough funds to make donations in the amount of \$500 each to the Blue Ridge Area Service Committee and the Regions of the Virginians Service Committee. We are grateful to everyone in the region and beyond for their continued support of the BRANA Campout. We are especially grateful to all volunteers who gave so freely of their time.

ILS, Dan W. BRANA Campout Treasurer

New Dominion – No Report at this time. Report turned in was from June not August. It has been removed per motion made at the 129<sup>th</sup> RSC.

New River Valley

Greetings from the New River Valley, our area service structure is currently struggling with 4 positions open.

Those being secretary, H&I Chair, Literature Chair, and VRCC Rep.

Two of our area meetings have closed down due to lack of support. The Wolf Group in Radford and the Steps to Serenity Group in Wytheville.

We currently have 9 active home groups with 15 meetings per week covering our area.

Our area is operating under the prudent reserve and we have no donation to region at this time. Next area service is Sunday, September 2<sup>nd</sup> at 2pm Highland Park Community Church Dublin, VA.

In loving service, Mike E.

Outer Limits

The Outer Limits Area met on 8/12/07 with 6 out of 8 GSRs attending. We currently have 8 active groups in the area. Open positions for the area are: Secretary-Sabrina Mc. Pro Temp, Alt RCM, and Alt Treasurer. We have one new group to report, called Keeping It Real. It meets Thursday from 5:30-6:30pm at D19 Community Service Board 215 W. Atlantic Ave. (across from BB&T). It has a varying format. The Clear Message Group which is currently on the Tidewater meeting list has decided to join OLANA and has asked to be put on our meeting list. The Special Events Subcommittee met on August 4<sup>th</sup> to discuss the upcoming speaker jam and is looking forward to it. The Outer Limits area is seeing continued growth.

In loving service, Ernest A.

Piedmont

June Report

Hello family, our area is excited about PACNA 17 next week 6/22/07-6/24/07 at Small Country Campground, 4400 Byrd Mill Rd. Louisa, VA. Their website is [www.smallcountry.com](http://www.smallcountry.com). I have brought fliers and they are on the table or you can go to our website [www.charlottesvillena.com](http://www.charlottesvillena.com) for directions.

Our area is in a transitional phase of its officers and servants. I have been elected our new RCM. The chair, vice chair, treasurer, and alt. RCM positions are open or will be open at our next area service. We do have willing servants to fill these positions.

We currently have 28 meetings with 13 home groups and strong participation at our area service. Our next area service is at 4pm on 7/8/07 at the Wesley Foundation.

ILS, Tee T.

#### August Report

Hello everyone my name is Hunter and I'm an addict. I was elected Alt. RCM for the Piedmont Area at our July 8<sup>th</sup> ASC meeting. I'm sitting in for Tee at this meeting as he and his wife just had a baby boy. He looks forward to being back at the next RSC in Outer Banks. Our area currently has 16 groups with 29 meetings.

We have 2 area positions open H&I Chair and Special Events Chair. Those positions are being covered by H&I Vice Chair and Area Vice Chair until they are filled.

#### PASC Subcommittees

H&I: Our H&I subcommittee has 6 meetings. We are having an Area H&I Learning Day on Sept. 15 from 1pm to 3pm at 4<sup>th</sup> Street Station in Charlottesville. All are welcome.

PI: Our PI subcommittee is growing. We have upgraded our phone line services and are continuing to update our webpage, PI committee structure (or guidelines) and requirements and training for help line volunteers.

There is a phone line orientation on Sept. 9<sup>th</sup> at 1:30pm at the Wesley Foundation.

Special Events: PACNA XVII our annual campout was a great time this year over 100 addicts attended. Many thanks to all who supported this event from other areas. Special Events is currently putting together our annual picnic. This year's is going to be a beach party picnic. All are welcome. Check our website [www.charlottesvillena.com](http://www.charlottesvillena.com) for details and directions.

Literature Subcommittee: Our Lit. Committee serves in distributing literature to groups. Our inventory on hand is \$801.27 (\$668.69 worth of literature was distributed including H&I and PI.)

Our next ASC meets Sunday, Sept. 9<sup>th</sup>.

In loving service, Hunter C.

#### Rappahannock

Hi Everyone, My name is Pat P and I am the Alt RCM for the Rappahannock Area of NA. Our Area Service meets every 1<sup>st</sup> Sunday of the Month at 5:00pm, at St George Episcopal Church in Fredericksburg, VA. We have 21 meetings in our Area; we had 9 GSRs present at the last Area meeting, August 5, 2007.

On July 7, 2007 we celebrated our annual picnic and we sold and still are selling NA t-shirts.

For the month of July there were three anniversaries celebrated and four for the month of August.

We are sponsoring a World Unity Day Sept. 2, 2007 please consult your region of Virginians events calendar for further information.

The area voted to contribute \$150.00 to region.

At this time we have an opening at area level for Alt. Literature Chair, RCM and Area Chair.

In Loving Service, Pat P.

#### Shenandoah Valley

Greetings from the Shenandoah Valley Area Service Committee, the area is doing well. We currently have approximately 20 active groups. We had 15 GSRs attended the last SHEVANA ASC, which was held on August 13, 2007. There is currently one trusted servant position open Outreach Chair. SHEVANA elects the following trusted servants positions: chair, secretary, treasurer, RCM, RCM Alt., VRCC Director, and Chairs of literature, H&I, public information, policy, newsletter and special events subcommittees. We have our first Spanish speaking group in the area. We are proud to have been selected the host area for the 27<sup>th</sup> AVCNA. We will be holding the first organization meeting in order to elect an executive committee on August 26, 2007. H&I recently began carrying the message to the Behavioral Sciences Ward at the Winchester Medical Center and the Women's Community Corrections Center. SHEVANA is very active and focused on furthering our fellowship's primary purpose by carrying the message to the still suffering addict. Our next ASC meeting is Sept. 10, 2007 at 7pm.

In loving service, Norman C.

