

**134th Central Atlantic Region
Regional Service Committee
Meeting Minutes
August 16th, 2008
Culpeper, VA**

Open Forum – (began at 10:04 am)

Topics of Discussion:

1. Some facilities have asked about liability insurance.
2. Announcement regarding Speaker Event in RANA.
3. Need help reaching non-English speaking addicts.
4. Noticed that ROVNA is still showing up on website and has seen it on some area meeting lists.
5. Should web master be a regional position or still be managed under PI.
6. Lets do a regional inventory at the upcoming 2-day regional event.

Open Forum closed at 11:00 a.m.

RSC opened with the Serenity Prayer at 11:21 a.m.

Purpose read by Norman C., 12 Traditions read by Cynthia W., 12 Concepts read by Beverly A.

Roll Call/1st Quorum - (all members below were present)

Burrell P. . RSC Chair
Greg G. . RSC Secretary
Sherry V. . RSC Regional Delegate
Greg H. . RSC Regional Delegate Alternate
Etta S. . RSC Regional Delegate Alternate 2
Jim H. . VRCC Chair
Richard P. . RSC Hospitals & Institutions Chair
Cynthia W. . RSC Policy Chair
Amanda H. . RSC Public Information Chair
Shawn C. . Speaker Jam Chair
Bonnie W. . Almost Heaven RCM
Eddie W. . Appalachian RCM
Robert W. . Blue Ridge RCM
Randy C. . New Dominion RCM
Mike G. . New River Valley RCM
Beverly A. . Peninsula RCM
Tee T. . Piedmont RCM
Pat P. . Rappahannock RCM
Paula C. . Richmond RCM Alt.
Mike G. . Roanoke Valley RCM
Sara S. . Shenandoah Valley RCM
Mark W. . Tidewater RCM

Areas not present . Outer Limits, Southside, Tri-Cities

Recognition of New Attendees –

Establishment of Quorum - 12 RCMs present, 1st Quorum met.

Reading and Approval of Minutes – Motion by Mark W. to wave reading of the 133rd RSC minutes. Seconded by Tee T. Motion passes 12 to 0. Motion by Norman C. to approve 132nd RSC minutes. Seconded by Bonnie W. Motion passes 12 to 0.

Trusted Servant Reports -

RSC Chair Report

Welcome to Culpeper. Thanks to the Richmond Area for hosting the 133rd Regional Service Conference. Thanks to all areas represented in our conference. I was able to attend the H&I and the PI subcommittees on July 26th. We are still in need of trusted servants. Pass the word around.
ILS Burrell

RSC Vice Chair Report - Vacant

RSC Secretary Report

Hello Family,

As usual motion forms, agendas and report forms are on the table over there. I have not set up a new post office box in Fredericksburg as we talked about in Richmond. The reason I did not is because I have received conflicting information from postal employees regarding whether or not the PO Box in chesterfield would be closed. Some say it would and some have told me it wouldn't. I don't feel comfortable taking a chance. I believe the motion was passed with the intent from the RCM that the one in Chesterfield would remain open. Therefore I will be submitting a motion to disregard the previous motion and also be putting in a motion to be reimbursed for gas.

There are 4 motions that were submitted at the 133rd RSC but were not heard on the floor due to lack of time. It was announced that these motions would be submitted today as the first order of business under new business. The first motion is from the Debit Card Ad Hoc Committee regarding acquiring a debit card for the region. The second is from H&I regarding centralizing the subcommittee meeting. The third is from Sherry V. regarding changing policy to assign RDA2 to hold the position of web servant to NAWs. The fourth is from the Piedmont Area regarding inviting a WSB Rep to our RSC meeting. If none of the motion makers comes forward to withdraw these motions they will be presented to the committee under new business.

I have submitted receipts for \$53.37 for copies and postage for the minutes from the 133rd RSC. I have already reimbursed myself for these expenses. There is one receipt for copies that I missed in the reimbursement check. That was for \$31.42. I will be including that with the supplies I bought this morning, ink cartridge and copies of motion forms and agenda, in the amount of \$_____. The total is \$_____. This does not include the expenses I will incur for the 134th RSC minutes.

As always no reports will be accepted after the close of this meeting. I had some delays finishing the 133rd minutes due to delays from RCM sending me their reports after the Conference. Please submit all reports as soon as you are finished presenting them to this committee. Thanks you in advance for your cooperation!

ILS Greg G.

RSC Treasurers Report

The ending balance from the last RSC was \$9,696.83. Deposits/Donations totaling \$5,922.90 were deposited on 6/20/08 and 8/13/08. A line item report of donations is below. Payments for the period of 6/21/08 through 8/15/08 totaled \$2,959.23. A line item report of payments is below. This brings our current balance as of this second to \$12,660.50. Please elect a new treasurer today!!!!

Deposits:

Check #	From:	Check Date	Amount Deposited	
CASH	H&I	6/21/08	\$10.00	6/20/08
1894	VRCC-PR	5/18/08	\$2,214.47	6/20/08

1563	BRANA	6/12/08	\$501.43	6/20/08	
427	NRVANA	6/3/08		\$30.00	6/20/08
1024	New Vision Group	none		\$30.00	6/20/08
1822	Peninsula	6/7/08		\$249.04	6/20/08
1501	Piedmont	8/1/08		\$300.00	8/13/08
1866	Peninsula	7/15/08	\$181.00		8/13/08
696	It Can Be Done Grp	6/30/08	\$8.10		8/13/08
1027	New Vision Group	6/21/08	\$30.00		8/13/08
859	Southside	6/23/08	\$122.00		8/13/08
2357	Tidewater	7/14/08	\$1,000.00		8/13/08
106	Roanoke Valley 5/27/08		\$862.09		8/13/08
116	Roanoke Valley 6/29/08		\$384.77		8/13/08

Checks:

Check #	For:	Check Date	Amount
2623	Secretary's Expenses	6/21/08	\$53.37
2624	Postage for H&I Letters	6/21/08	\$8.87
2625	MDDNR-Rent for Speaker Jam	6/21/08	\$250.00
2626	Jim H.-Expenses for CAR Wrkshp	6/21/08	\$256.48
2627	MCC-Rent for 133 rd RSC	6/21/08	\$100.00
2628	PCMS Inc.	6/21/08	\$636.08
2629	Greg H.-Travel to Zonal	6/21/08	\$38.51
2630	Danville Medical Cntr- Sub Meeting	6/21/08	\$80.00
2631	Not used yet		
2632	Primus	8/14/08	\$270.91
2633	Primus (not used yet)		
2634	PCMS Inc.	8/14/08	\$1265.01
2635	PCMS Inc. (not used yet)		

RSC Regional Delegate Report

On July 29, 2008 sent to World Service our input on the service IP's

1. An introduction to Narcotics Anonymous Meetings
2. Leadership and Principles in Narcotics Anonymous Service (to the member)
3. Principles and Leadership in NA Service
4. Service and the NA Member the Benefits of Giving Back

I want to thank those who participated in the process of input on our literature.

Our input is vital and an example of getting into the solution.

At the Brana campout I help along with the rest of the delegate in a workshop facilitated by members of Brana that were a part of the APT workshop. Great job Laura and all.

The delegate team is to follow up with Brana in Oct or Nov to see how the implementation of some of the information and where we are in the planning steps.

On Sat July 26, 2008 attended the Autonomy Zonal Forum in Fairmont, WV. All six regions were in attendance. I have made copies of the minutes for the RCM's and if time allows, to read the minutes during new business. It always amazes me to hear how some of the exact same thing is going on in other areas.

I will be submitting my receipts for the trip.

And lastly, I will not be in attendance for the next two day regional. As a result I feel, on going and continued growth in NA service, I was asked to be a part of a workgroup for the revision of a piece of our literature and will be working with group during that time. We met for the first time a few weeks ago. It is truly amazing to work together as a global/international group of addicts and hear and share new and different perspectives and thoughts. I am truly honored.

I would like to thank all the Members of our Region for allowing me to service. My hope and prayers will be our continued journey toward inclusiveness and unconditional love.

In Loving Service
Sherry V.
Regional Delegate, Central Atlantic Region

RSC Regional Delegate Alternate Report

Gave Verbal Report.

RSC Regional Delegate Alternate II Report

Hi Family,

I do not have a lot of information to report at this time. I was unable to attend the last Zonal Forum as my vehicle broke down on the day before the trip and was not able to be repaired in time for the meeting. I was previously given funding for that stay and will reimburse the region for that amount. I did however travel to the Brana Campout and had a great time fellowshiping with those that attended. I'd like to give special thanks to that area for giving an APT workshop that I and the rest of the delegate team had a chance to participate in. It was very informational for those who attended and certainly very enjoyable. I was asked last time to submit my notes from the WSC conference but have held on to them at the loss of our webmaster. I am waiting to see we can actually get information on there again and when I find that out will email the information promptly.

In Loving Service, Etta S.

VRCC Chair Report

Good Afternoon Family August 18 2008
Things are coming along very nicely for the 27 avcna. We have not received any bids at this time for the 28 avcna. I have some bids packages with me if anyone would like one.
Kim from Roanoke area is the new vice chair and Erin T from piedmont area is the new secretary for the VRCC, The vice treasure and website chair position are still open.
I am waiting to hear back from a attorney in Bedford about the motion we have worked on in the open joint meeting between the Region and VRCC.

In Loving Service
Jim H
VRCC Chair

RSC Activities Chair Report

Greetings from your Activities Sub-Committee,

We are diligently searching for a spot of our 2 Day and have yet to locate a hotel in our price range. I thank New Dominion members who have been helping in this effort. I feel certain we will have a confirmed place this week.

The December Regional will be held in the Southside Area and right now we are talking with the Danville Hospital and a Southside member is looking for an alternative.

Thank you for allowing me to be of service to this body.

In Fellowship,
Amanda H.
Acting Activities Chair

RSC Hospitals & Institutions Chair Report

H & I Report for 8/16/08

Hello All, H & I has had no events since our last meeting. However there are a few upcoming events scheduled or in the planning stages. I.E., regional learning day in Appalachian area (I am making a motion to ask the region to fund this event) on 11/15/08, presentations to Brunswick women's center (date forthcoming), and Green rock Correctional Center. There have been several requests for a panel member to speak at area learning days, however due to little or no participation we are still working on people to attend. It is hard for the 3 or 4 people who are members to get to every thing. We will do our best to help with these days. Due to very low attendance at sub committee meetings we are asking the RCMs to encourage the areas to require their area H & I chairs to attend regional sub committee meetings or email a report to me if unable to attend. We cannot get things done if no one wants to help or participate. Hence the we program. We will also try to honor the request of 5 H & I panel members participation in the H & I workshop, of course finding them isn't proving easy. We have approved the cost of 2 starter libraries to come out of our budget for the prisons that will be getting the presentations. The positions of secretary, and vice chair are still open. Finally I must comment on the attendance at sub committee meetings again. We do a great deal of traveling to bring these meetings to the different areas and no one shows up. That along with having to fill the positions and beg people for updates on their area meetings is burning me out fast. I again am asking for areas to do something before what is a good thing (regional sub committees) disappear again. I thank the other sub committee members who attend all sub meetings in order for there to be one. Thank you for letting me serve. Richard P. richapri4@mac.com 434 227 0434

RSC Literature Review Chair Report Position vacant at this time

RSC Policy Chair Report

Policy did not meet on July 26, 2008 due to personal financial reasons. So, I have no report for today. We ask that Motion 133-3 be referred back to us for clarification for another RSC cycle to be reported back on at the 136th RSC. Next Policy meeting will be during the two day in October.
ILS, Cynthia W.

RSC Public Information Chair Report

Greetings, All!

First, my sincere appreciation to our out-going Chair, Amanda H., whose strong commitment to servicework has allowed this subcommittee to be responsive to all of the demands brought forward by the RSC and the areas of this Region. As she transitions to other servicework as her term ends in August 2008, she continues to acquaint me with past and present efforts made on behalf of this subcommittee. I salute her. Also, I encourage her to continue to be an active member of this subcommittee because we have much work before us and will benefit from her experience, strength and hope.

Also, there is much appreciation for the servicework that was performed by our Webmaster, Tim C. before his resignation on July 20, 2008. We are thankful that Leo from the Tidewater Area has come forward to help us out until another Webmaster is elected. We are working with him to try to maintain the website and keep it going. So please contact us directly or through the PI email when you need help in getting information posted on the website.

We are also very thankful for the progress that is being made by the Adhoc PI Policy Development Subcommittee that met in Danville on July 27, 2008. Almost eighty percent of the revisions have taken place and we are hoping to have it completed by the next RSC.

The PI Subcommittee met after the Adhoc meeting to address the requests for assistance, participation and/or presentation that have come forward thus far:

- I. NJ MultiRegional PI Event- **unable to get a member to commit to going.**
- II. Literature for Youth from Mickey@warsaw counseling center- **Returned phone call and provided assistance in how they can order literature from NAWS.**
- III. Office of the Dean of Students at William and Mary . **Request for presentation/awaiting date to confirm**
- IV. New Brunswick Facility . Panel Presentation, no later than August 15th . **Working with H&I Subcommittee to provide an all women panel. Awaiting information about procedures to obtain clearances.**
- V. Jeff Stark, reporter for the Northern Neck News-**provided him with information on how to find meeting times and locations,**
- VI. VSIAS 2008 - June 16-20 - Williamsburg, VA . **A change in coordinators and we were not notified. We will be sent a "Save the Date" postcard for next years' conference from July 20-24, 2009 at The College of William & Mary.**
- VII. Recovery Fest, Quadrant #1-(Richmond, TriCities & New Dominion Areas), Sept. 13, 2008, Information Booth . **will provide literature and three members for assistance and participation.**

In our open forum we discuss the concern of having an AA link on an NA website listed under External Links under Cyber Recovery. Because of the nature of the world wide web that allows websites to piggybank upon each other and our inability to control much of the linking that takes place, we are working on a disclaimer statement that would clarify and reflect our position as stated in the 6th Tradition, %An NA group ought never endorse, finance, or lend the NA name, etc.+as a suggestion to be posted on our websites.

We, also, discuss the latest incident by our phone provider whereas an Operator gave out a member's telephone number on the Does Not Want a Meeting list. This information was given to a Correctional Facility counselor, it could easily have been provided to a just released inmate who used the info to discover where the NA member lived. We reiterated as we have done in the past that this is a BIG NO NO. Our instructions to them is to please contact the NA members and give them the information to call the person identifying themselves as needing to speak with an addict for WHATEVER reason, even if they say they have spoken with us before.

Thanks again to all who serve and help in our PI. efforts

In Fellowship,

Charles W.
804-301-8380
Email: Chazz6@verizon.net or pi@car-na.org

RSC Outreach Chair Report- position vacant

Chair Resigned

Hello All,

I am sorry to inform all that effective immediately I resign from all positions within the Southside Area service structure as well as the Central Atlantic Region. Due to circumstances in my personal life I will no longer be able to fulfill my duties and responsibilities. Once again, I do apologize!!!

Respectfully,
Mike E
Check me out!

RSC Speaker Jam Report

We are all set for the September Speaker jam except for speakers. We have confirmation on the site, the lineup for the topics and a recorder all in place. Again I beg of RCM to please give me any names and numbers of anyone they feel would be willing to share at the Sept. 26th speaker jam.

Although I was unable to attend the regional subcommittee meetings in Danville, our ad hoc committee in Cumberland has met 4 times since the last RSC. We appear to have plenty of willing addicts to help the day of the speaker jam.

The Rappahannock area has contacted and begun the process of submitting a bid for the March speaker jam. As of today they are the only area to express any interest to host the spring speaker jam.
ILS Shawn C.

Ad Hoc Committee-Name Change Implementation

Greetings, All!

Since our last RSC in June, we sent out an email to all members on the contact list. Attached to the email was an Excel spreadsheet listing all possible places that the former Region name might appear to help them and their Areas to brainstorm and identify what needs to be changed. We note Areas are making changes on their websites. Through that email, we also requested that each RCM would include in their reports for this RSC any changes that are underway for their Areas so we can provide a closing report at the next RSC. Also, we have spoken to our interim Webmaster about making the changes in the RSC subcommittee purpose statements found on our website. A new rubber stamp that reflects the name, Central Atlantic Region of NA, has been acquired at the cost of \$75.60 for our use. Beyond that, we are looking forward to reports from the various Areas on any changes that are underway.

In Fellowship,

Charles W.
804-301-8380
Email: chazz6@verizon.net

***Break for lunch at 12:40 pm
Readjournalled at 2 pm
2nd quorum was 7 RCM's present***

Area Reports -

Almost Heaven RCM Report

We currently have 44 meetings a week which consists of 32 homegroups. There is an average number of 6 GSR and 1 Co-Op Rep. who carry the vote of 11 homegroups.

The current positions that are open are Chair, Policy, Vice Chair, Outreach, Newsletter, and RCM-Alternate.

Our Co-Op will be hosting the next Speaker Jam. There are fliers available. Our Co-Op will also be having a H&I/PI learning day on September 13, 2008.

On August 1, 2, and 3rd we had our annual XXII Convention that was definitely a success. Thanks to all who

came and supported this event. We had a great selection of speakers and we were also able to have our World Board Chair who lives in Pennsylvania speak on Sunday morning!

H&I- There was no report given in June and last month the Chair resigned. We elected someone pro-tem last month.

PI- The new meeting lists were given out at June's Area Service. We will be contacting the Traders Post and the Journal, our local newspapers, to place our meeting list in them for National Recovery Month. In the future we would like to do a poster posting. In the month of July PI did not hold a subcommittee meeting.

Co-Op- PI was requested to do a presentation for the Allegany County Health Department. Groups aren't receiving area minutes, there is an updated list being turned in to the secretary. The next Co-Op is July 27th, 2008 at 3pm in Wiley Ford, WV

We have a \$1014.06 donation for the Regional. The next Area Service will be held on September 6 at 1:30pm in Shepherdstown, Wv.

In Loving Service,
Bonnie W.

Appalachian RCM Report

There are 11 groups meeting in the Area, and 9 GSR's present at our last ASC on August 3rd, 2008. Currently there are 4 trusted service positions open on our ASC, including: Secretary, VRCC Alternate, Public Information Chair, and RCM Alternate. Thelma F. was acclimated as VRCC Director, and John B. was acclimated as Co-Treasurer.

One of our groups (%Journey Through Recovery+which meets in Rustburg on Monday and Saturday at 7:00 pm) announced that it was withdrawing from the Area due to lack of home group participation and attendance. %A New Way of Life+which meets on Thursday & Sunday at 8:00pm in Amherst is struggling from lack of attendance but is continuing to carry the message and attend our monthly ASC.

Of our 5 standing subcommittees, Hospitals & Institutions and Phone Line continue to struggle from lack of support. Phone Line has no acting Chair and H&I currently has no commitments. Public Information, Special Events and Policy are all holding monthly business meetings and experiencing fair to excellent support.

I recently expressed concerns at our monthly ASC regarding our groups' lack of conscience on Regional motions/nominations. At the suggestion a more experienced member I entered a motion during New Business at our July ASC to %discuss the Regional motions/nominations which had been sent back to groups at the 133rd RSC+. The result was astounding. Of the nine GSR's present at our August ASC, seven carried a conscience from their group (compared to the previous average of only one).

Our Special Events subcommittee will be hosting a Service Work Learning Day on Saturday September 13th from 12 to 6 at St Andrew Presbyterian Church on Timberlake Road in Lynchburg.

In addition to carrying an unprecedented conscience on the Regional motions sent back at our 133rd RSC, the Appalachian Area has one nomination for our Regional positions, that of Don V. (of the Almost Heaven Area of Narcotics Anonymous) for Regional Treasurer. We also have a Regional donation today in the amount of \$740.25.

Our next Area Service Committee meeting will be held on Sunday September 7th at 2:00pm in downtown Lynchburg at the corner of Twelfth and Church Street.

In loving Service
Eddie W.

Blue Ridge RCM Report

Dear Regional Members:

The Blue Ridge Area of Narcotics Anonymous has nine home groups in the Area. We had six attending GSRs at the last Area Meeting. Our current Area trusted service positions that are open are: Vice Chair,

Secretary, RCM Alternate, and Literature Chair. We have a new Policy Chair and we have a nomination for Alternate RCM (Betty B), which has been sent back to home groups for voting.

The latest **group news** within the Blue Ridge Area is as follows:

- All is well

The latest **Subcommittee news** within the Blue Ridge Area is as follows:

- Policy Chair has been researching insurance coverage for our Area, and we hope for suggestions from Region
- Literature Chair is still pro-temp.
- Web Servant/BRANA Campout Chair (see attached report).
- Special Events Chair has offered, for BRANA feedback and interest, more Area Planning Tool workshop type events.
- The Outreach Committee reported an awesome amount of energy put toward their last two months, with tremendous results.

The latest **Area concerns** within the Blue Ridge Area are as follows:

- We ask Region for help; How do we reach out to ethnic groups (non-English speaking addicts)?
- We ask Region for help; RE: Blanket Insurance Policy please advise.
- I ask Region for help; Why did Motion #132-6 not get withdrawn?

To conclude, the Blue Ridge Area of Narcotics Anonymous has its next Area Service Committee Meeting Thursday September 11, 2008 at 6:30 PM. I have attached the BRANA 27th Campout Report and the *Motion Withdraw Procedure* letter to the Regional Secretary. I have also e-mailed this report to our Regional Secretary. Finally, BRANA has suffered regarding cash flow, and is currently below the established prudent reserve; therefore no donation has accompanied BRANA's RCM.

In Loving Service,
Robert W
BRANA RCM

New Dominion RCM Report

Greeting from the New Dominion Area.

Our area has thirty-four meetings serviced by twenty-nine groups, which were represented by eighteen GSRs at our last area service.

We are currently in the process of trying to find a solution to the dilemma of having our area checking account tied to an individual member's SSN. Because of this, the bank has access to funds for debts owed by the individual. The bank has debited the account and the individual whose number was used to open the account has made arrangements for repayment. We would like to disassociate the account from any individual's SSN. We would like to know if any other area in the region has any experience with this type of situation and if so, what steps did they take. Any suggestions would be greatly appreciated.

Amanda H. the region pro temp Activities chair left a message for me requesting our area's help in finding a facility for the two day regional in October. I passed that request on during my report at our last area service. Also Cynthia also informed me of some of steps the Ad Hoc committee was taking in trying to locate a facility.

Our subcommittees are active and strong. H&I is still going strong though it's still in need of trusted servants, especially female members to carry the message into institutions. Public Relations

is hosting the upcoming UnityFest in September, helped launch the metrорichna.org website which is part of a unified effort between New Dominion, Richmond, Southside-Blackwell and Tri-Cities Areas of NA. Thanks to Jerry V. for his work on designing the webpage. Our Special Events subcommittee is planning a Golf Tournament sometime in October.

We still have the VRCC alternate position vacant. Our Secretary and Public Relations Chair position are coming open for nominations in September.

We voted on the Regional Motions at our last Area Service. The votes were Motion 132-6 Passed 10-6-2. Motion 133-4 Passed 13-3-2. We also have a donation to region of \$404.00.

Also, coming up in the last weekend of October the Hope Fiends group of the New Dominion Area is having its 8th annual Bonfire and Brunswick Stew. Good time, fun and fellowship.

ILS

Randy C.

New Dominion Area RCM

New River Valley RCM Report

Greetings from the New River Valley. Our last ASC was held on August 3rd, 2008. All nine area home groups were represented. H&I subcommittee reported we lost the camp one commitment but gained a commitment at the juvenile detention center in Christiansburg. The Life Center of Galax commitment is going well. We have a total of two H&I commitments. Our PI effort is going well. We have a PI workshop planed for Sept 13th. Our new web sight is up and running the new address is newrivervalleyna.org. Our New area policy has been sent out to the area home groups for review and input and is due back to the policy subcommittee at the next ASC meeting. Special events is busy planning our fall picnic tentatively set for Sunday September 28th from 11 . 5 at Biset Park in Radford.

Several of our home groups are struggling with just two active home group members. We currently have several Area positions open Treasurer, RCM, RCM Alternate, and VRCC Rep. Our next ASC is September 7th at St. Paul Church in Christiansburg. We have a \$30.00 donation to Region. ILS Mike E

Outer Limits RCM Report – not present

Peninsula RCM Report

Hi Family, Addict named Beverly,
The Peninsula area is doing ok. Our area met 8/2/08 with 14 group GSR\$ in attendance. Traditions and concepts were read. We have no nominations for regional positions that are open. H&I have 13 commitments and they had their quarterly workshop 8-3-08 and was well attended. The chair position will be vacant in September. Nominations go back to groups. PI and Phone line is doing well. We has a poster day that went very well. Most of the home group participated. PI is preparing for an information booth in Norfolk. Activities have no plans. Literature on hand is \$2188.61 and sold \$988 in July. Our area is forming an ad hoc for forming a newsletter for our area. Trusted servant positions open in our area are VRCC Alt and Secretary. Our area has mentioned an interest in hosting the regional convention in 2010. ILS Beverly A.

Piedmont RCM Report

lq| like to welcome the region to the Piedmont Area. We are excited about hosting the 134thy RSC. We currently have 26 meetings a week serviced by 16 homegroups. We have elected a new secretary and VRCC Alt director. Our Chairs term has ended and our Vice chair has been acclimated to the position of

chair. The only position open at this time is vice chair. It is going back to homegroups for the first time. We are scheduled to have our annual summer picnic at Sherando Lake on September 7th from 11am to whenever. We will have lunch, speaker meeting, open meeting, volleyball, swimming and a raffle. All are welcome.

ILS Tee T.

Rappahannock RCM Report

Hi Everyone

The Rappahannock Area of NA held its Area Service meeting 1st Sunday 8/3/2008 @ 5:00pm at the Faulkner Hall. 9 GSRs was present. We have 20 group meetings in our area.

July 6, 2008 Area meeting - the Tappahannock Meeting, %the Lie is Dead+group, joined Rappahannock Area. Would the Regional webmaster please add this group to Rappahannock Area listing?

August 3, 2008 Area Meeting - Edwin S was nominated as Vice Chair of Activities and John C. was nominated for H & I Chair and Nelson was nominated as Outreach Chair, all of these nominations needs to go back to groups before election. Elections will be held next Area Meeting.

Our Activities Subcommittee is planning its 1ST Annual JammingService Speaker Jam, Fish Fry & Dance, Saturday, September 13th 2008, Noon til Midnight, (fliers are on the table).

The positions still vacant in our Area are:

Policy Chair

Policy Secretary

The motions that went back to groups to be voted on were:

Motion 132-6. Change the region name from Central Atlantic Region back to the Virginians

Votes Results: no

Motion 133 - 4 . to add Section II of CARNA RSC Guidelines and Rules of Order, item 3 to read New Areas must show evidence (ASC minutes) of having held three current, consecutive ASC meetings in order to be a recognized area in the Central Atlantic Region.

Votes Results: Yes

There were no nominations from our area for any of the positions open for elections at the Regional Service Committee level.

Rappahannock Area is donating \$40.00.

We still have NA Tee shirts for sale. If you are interested you can purchase one from our Activities Subcommittee, Vice Chair Edwin S.

The celebrations for August/September are as follows:

Edwin S. - August 9, celebrated 20Years

Gary (Bubba) - celebrating 5 years, tonight at the Freedom From Bondage Group

Kim S . August 12th, 4 years

Richard B. . September 8th, 5 years

Gena P. . September 18th 4 years

Our next Area Meeting will be held September 7, 2008, 5:00pm at the St George's Church, Faulkner Hall on Princess Anne Street.

In Loving Service

Pat P.

RCM for Rappahannock Area of Narcotics Anonymous (RANA)

Richmond RCM Report

Hi Everyone,

Area service was Sunday August 10th, 2008. 21 GSR's were present. I would like to thank everyone for especially Charles W. and Nina Mc for helping me learn the process of region matters. And I thank you in advance for your patience in the continuation of my learning process. I was nominated at area service on Sunday to serve as the RCM for the Richmond Area. I am very willing to accept the position although I am still in the learning process. The vote will take place next area service on the second Sunday of Sept.. Special Events Apollo show and fashion show will finally take place tonight at the Clarion hotel in Williamsburg rd. in Richmond. Tickets for this event are currently sold out. Special Events free event was a great success. The event drew a great crowd from all surrounding areas. I only have meeting schedules today because all subcommittees, newsletter are currently not printing every month to help curve expenses, because the area is apparently under prudent reserve. RASCNA is having its bi-annual treasurers audit on Monday August 18th, 2008, which brings me to the reason we do not have a donation for the region today. H&I learning day is in the process of being planned for Sept. 20, 2008, but H&I will need monetary assistance with this event.

Simple Basics of recovery celebrates its 11th year home group anniversary at 1205 W. Franklin st on Tuesday August 19th, 2008. Breakfast at 8am, meeting at 9am till 11am.

A shot of Hope home group will be celebrating 23 year anniversary last Thursday in October and Carol P also celebrate 22 years in recovery on the same night. Dinner at 6 pm, meeting will start at 7 pm. 2nd Baptist Church, 1400 Idlewood Ave, Richmond VA

Unity Fest 2008 . unified PI Learning Day Sept 27th, 2008 at Forest Hill park, Richmond, noon . 6 p.m. (Richmond, Tri-cities, New Dominion and Blackwell-Southside)

The unified web page is still under development by the Richmond, New Dominion, Tri-cities and Blackwell Southside Areas. The homepage is available at www.metrorichmondna.org having the unified meeting schedules available for review and print.

ILS Paula C.

Roanoke Valley RCM Report

I am grateful to serve the RVANA by attending the 134th RSC as the RCM. Our Area continues to serve the fellowship by carrying out our primary purpose of carrying the message of recovery from addiction.

We are currently holding elections for all Area service positions. A motion was made and was passed to change all references of %the Region of the Virginians+to %the Central Atlantic Region+ Our next ASC will be on Aug. 24th, 2008 at Stratford Park Building in Roanoke VA. Since the 133rd RSC we have sent donations totaling \$1246.86 to the Region. We have a donation today of \$27.62.

ILS Mike G.

Shenandoah Valley RCM Report

Hello Family for the Shenandoah Valley SC. The Area is doing well. We currently have 17 active home groups. We had 15 GSR's or GSR Alternates present at the last ASC meeting on Monday, August 11, 2008. There are currently 4-trusted servant positions open in our Area. These include Treasurer, Outreach Chair, PI Chair, and

Literature Chair. New trusted servant positions were elected at the most recent ASC meeting and have already taken office. No group news to report at this time. Our Area's Special Events Sub-committee recently held a speaker jam, a tubing trip, a trip to Paramounts Kings Dominion and a 3 on 3 basketball tournament. Upcoming special events include a sponsorship/sponsee family breakfast on Saturday, December 27 at the Market Street United Methodist Church in Winchester, VA and a combined SHeVANA and BRANA Area picnic, Speaker meeting, and softball showdown on Saturday September 6th at Mount Jackson Town Park. All sub committees are highly active, except for Outreach, which is in the process of being put back together with our appointed pro-temp Chair. No major Regional concerns at this time. Planning continues for the 27th AVCNA, which is being held January 9-11, 2009. The convention will be held in Chantilly, VA near Dulles Airport. SHeVANA is very active and focused on furthering our fellowships primary purpose of carrying the meassage to the still suffering addict. The next ASC meeting will be held on Monday, September 8th, 2008 at 6:30 pm.

In Loving Service, Sara Smith

Southside RCM Report

Tidewater RCM Report - report given but Secretary can not find it.

Tri-Cities RCM Report- no report

Break at 2:50 pm

Re-adjourn at 3:10 pm

Quorum of 12.

Old Business –

Motion 132-6 fails with a 3 to 8 to 1 vote.

Motion 133-4 passes with a 12 to 0 vote.

Nominations and Elections –see your local RCM for qualifications and duties

Literature Review Chair . No Nominations

Activities Chair . Amanda H. appointed pro temp till October.

Vice Chair . No nominations.

Treasurer . Don V. nominated by Appalachian Area, he accepts and is elected through acclamation.

Don V.'s qualifications: Has been Treasurer, GSR, and GSR Alternate for home group. Served on Area Convention Committee as Program Committee Chair, Friday Night Meal Chair, Registration Chair, Vice Chair, Chair, Treasurer. Served at Region as ASR-Alt., ASR, Policy Chair, Vice Chair, and Chair. 17 years clean.

PI Chair . Charles W. elected through acclamation.

Outreach Chair . Back to groups.

RD . Back to groups. Greg H. is an automatically nominated.

Greg H.'s Qualifications are 11 years clean, has a sponsor, home group and working knowledge of 12 steps, traditions, and concepts. 8 years regional experience. Has fulfilled term as RDA2, and is the current RDA. 10 years Area experience and 11 years home group experience. I have yet to not complete a position that I have been elected to. Have 2 conference service experiences and I am willing to serve in this capacity.

New Business –

Motion 134-1

Mover: Ad Hoc Comm. 2nd. Pat P. (RANA RCM)

Motion: Ad Hoc Committee proposes that the RSC acquire a Debit/Visa card on our existing checking account making a policy change under Treasurer's duties to add section K. as follows.

K.

1. Treasurer will have sole access to debit/visa card.

- 2. Debit/Visa card is used for:
 - A. Bill payments: web services for Region (for example Brinkster) Phone line answering services (e.g. Tasco), Toll free phone line e.g. Primus, and PO Box (e.g. Postmaster)
 - B. Pre-approved Travel
 - 1. Air and Rail travel expenses including shuttles
 - 2. Lodging/Hotel, B&B, Motel
- 3. Any misuse of Debit/Visa by Treasurer is grounds for immediate termination of Treasurer position and cancellation/forfeiture of Debit/Visa card. *Recovery of mis-appropriated funds shall be handled per World Service bulletin #30.*

Intent: 1.Ease of travel arrangements and limit use of personal cards.
 2.Better accountability to RSC of approved expenses
 3.Give Treasurer more efficient way of paying some RSC bills.

Pros: 1. Practicality

2. We have sound financial practices in place, such as vice chair providing accountability and back up by reviewing books, to safeguard our interests

Cons: 1.Some one could go buy a flat screen TV and we would have to fight to get that money back.

MOTION TO GO BACK TO GROUPS

Motion 134-2

Mover: H&I Seconded: Hunter
 Motion: To allow the H&I subcommittee to centralize its subcommittee\$ meeting for a 12 month trial basis starting in October 2008.
 Intent: To define (centralize) as one place central location in the region or one central location in each quadrant to rotate.
 To stabilize and strengthen the subcommittee, fill our open positions and encourage regular membership.
 To establish which better serves our region, rotation or centralization.
Sent to Policy to report back to 135th RSC.

Motion 134-3

Mover: Sherry V. 2nd: Mike . Roanoke RCM
 Motion: Change to Policy . to assign under 7A Regional Delegate Alternate 2
 Duties:
 F: Holds the position of Web servant to NAWS
 Intent: To have accountability at the Region for this position and segway the RDA2 into communicating with NAWS, reporting changes to NAWS regional structure to region and new meeting to outreach.
 Pros: 1. More effective and efficient to have as part of RDA2 duties.
 2. Seems most practical for this web servant to NAWS to fall under RD team as part of effective communication to NAWS.
MOTION TO GO BACK TO GROUPS.

Motion 134-4

Mover: Piedmont Area Seconded: Randy
 Motion: R\For our regional chair to invite a world service representative to ur RSC meeting for experience, strength and hope on a regional inventory.
 Intent: Spiritual growth in our method of conducting business regionally.
Motion fails 2 to 6 to 2.

Motion 134-5

Mover: Charles W. 2nd: Pat P. . RANA RCM

Motion: To change the name of the RSC Public Information Subcommittee to the %Public Relations+ Subcommittee stated in section XI; #6, page 15.

Intent: To better reflect the responsibility of each and every NA member, %the focus on our interactions with the community at large in keeping with the approaches described with our newly Public Relations handbook.

MOTION TO GO BACK TO GROUPS.

Motion 134-6

Mover: Shawn C. Seconded: Paula C.

Motion: Request for a check for \$250.00 to pay for the Regional Speaker Jam to be recorded. I am requesting \$166.00 over current budget to be taken from budget which resets Sep. 1st.

Intent: To insure that the event is recorded and speaker cd% will be available for those unable to attend.

Motion Passes 8 to 0 to 1.

Motion 134-7

Mover: Richard P. Seconded: Tee T.

Motion: For Region to pay for next learning day in Appalachian Area 11/15/08. The budget is tentatively at \$300.00

Intent: To provide Appalachian a day to learn and get the word out about H&I. To answer any questions asked, and make connections with Public Facilities.

Motion passes 6 to 0 to 1.

Motion 134-8

Mover: Greg Secded: Beverly A.

Motion: To reimburse Secretary for gas expenses to check mail at PO Box. 120 miles roundtrip @ 20 miles per gallon and estimate gas prices at \$3.50 per gallon, \$21.00 per trip, twice a month for a total of \$42 per month.

Intent: Fully self-supporting

Amendment by Mark accepted by Greg: to add %or a two month basis+

Motion passes 8 to 0 to 1.

Motion 134-9

Mover: Randy C. Seconded: Tee T.

Motion: To have Policy look into making the Literature Review Subcommittee a project driven body.

Intent: To deal with the continuous inability to fill position.

Motion Sent to Policy.

Motion 134-10

Mover: Richard P. Seconded: Patsy P.

Motion: H&I has requested 2 libraries total cost being \$559.59. We only have \$408.51 left until Sept. when we will get \$708.51 We are requesting \$151.06 two weeks early.

Intent: To cover cost of start up libraries that is needed now, with out asking for additional monies.

Motion passes 9 to 0 to 1.

Motion 134-11

Mover: Cynthia W. Seconded: Tee T.

Motion: To have the Chair of the RSC to appoint an ad hoc committee to plan a regional inventory.

Intent: To look at how we conduct business

Amendment by Teddy, accepted by Cynthia to change Intent to %to have a regional inventory+

Motion passes 10 to 0 and Teddy A. is appointed Chair.

Motion 134-12

Mover: Richard P.

Seconded: Tee T.

Motion: To allow H&I and any subcommittee to participate, on a trial basis for 1 year beginning 10/08 to centralize its meetings within each quadrant.

Intent: To have one place to meet in each quad. So that every one in said quad. Would know where its held, and better promote participation. Offering consistency and furthering effective communication.

Motion passes 5 to 1 to 3.

The New Dominion Area is looking for help in trying to find a solution to disassociate our area checking account from any individual SSN. Any Suggestions?

1. Get a tax ID #.
2. become a not for profit organization.

Meeting adjourned with Serenity Prayer around 6:15 pm.