

**141st Central Atlantic Region
Regional Service Committee
Meeting Minutes
October 17th, 2009 – Staunton, VA**

Open Forum – (began at 10:00 am)

Topics of Discussion:

1. Would the RSC secretary have to resign if her home group decided to leave the area, which would take them out of the CARNA region?
2. Finding a facility that will allow them to have meetings without liability insurance policy. Here to have RCM put in a motion to have the liability insurance to protect the groups. Also for BRANA regarding their campout and having insurance rider. If no nomination for Policy Chair, Michael B from BRANA has the willingness to step up after he talked to his sponsor and there are no nominations today.
3. Came up with the fact that Regional Convention will fall on the same time the subcommittees meet and we want to move the subcommittee meeting.
4. Please note that on the agenda under old business, “c”; and “i” need to be corrected to the following: “c” should be 140-9 and “i” should be that 140-21 was referred to policy and “f” should be 140-15 was tabled till 141st.
5. Creating new subcommittees, at this moment, as the Vice Chair is already standing in for 4 subcommittees and this is something we need to think about because we are not getting the ones we have now covered.
6. Keep it down for those receiving phone calls; we don’t want to interrupt their phone calls.
7. Purchasing a projector for the upcoming assemblies and for PR. During discussion it was stated that Charles W. is the point of contact for inquiring about the projector and accessories.
8. Had a heck of a mess with the room schedule this weekend, which will be in his report. If he makes a motion to have a single point of contact with hotel and activities chair written in the policy, would that be a change in policy or clarification of his position.
9. Received a lot of letters from PO Box for H&I, some dated as far as August, can we find a better way of getting the mail?
10. Everyone that is registered for tonight is here, there are 3 rooms still available, should they go back to the hotel or should I hold them?

Open Forum closed at 11:00a.m.

RSC opened with the Serenity Prayer at 11:15 p.m.

Purpose read by Cynthia W, 12 Traditions read by Etta S, 12 Concepts read by Randy D.

Roll Call/1st Quorum - (all members below were present)

Sherry V. – RSC Chair
Cynthia W. – RSC Vice Chair
Sabrina Mc. – RSC Secretary
Don V. – Treasurer
Greg H. – RSC Regional Delegate
Etta S. – RSC Regional Delegate Alternate
Jim H. – VRCC Chair
Mike E. - Activities Chair
Charles W. – RSC Public Relations Chair
Shawn C. – Speaker Jam Chair

Cynthia W. - Regional Inventory Ad Hoc Chair
Etta S. - Convention Bid Ad Hoc Chair
Jennifer D. – Almost Heaven RCM
Eddie W. - Appalachian
Robert W. – Blue Ridge RCM
Bill – New Dominion RCM Alt.
Misty – New River Valley RCM
David M. – Outer Limits RCM
Norman C. – Piedmont RCM
Gregg H. – Rappahannock RCM
Nancy S. – Richmond RCM
Maria J. – Roanoke Valley RCM Alternate
Randy D. – SHeVANA RCM
Kevin – South Side
Tim B. – Tidewater RCM Alternate
Akin S. – Tri-cities RCM

Areas not present – Peninsula – has been in touch with Vice Chair and is asking for prayers for their area as they have lost their trusted servants.

Recognition of New Attendees –

Nancy S. – Newly elected RCM Richmond
Barbara B. – Newly elected RCM Alt Richmond
Greg G. – Newly elected RCM Rappahannock
Antoinette B. – Newly elected RCM Alt Rappahannock
Michael B. – BRANA
Mary G. – Roanoke Valley
Amy
Donna Lee – New Dominion
Theresa W. – Newly elected RCM Alt Roanoke Valley

Establishment of Quorum - 14 RCM's/RCM Alt.'s present, 1st Quorum met.

Reading and Approval of Minutes – Motion 141-1 made by Norman C. to waive reading of the 140th RSC minutes. Seconded by Greg G. Motion passes 11 to 2.

Motion 141-2 made by Greg G. to approve 140th RSC minutes as written. Seconded by Robert W. Motion passes 12 to 2.

Trusted Servant Reports -

RSC Chair Report

Hi All

Welcome to our 141st Regional Conference. This past month for me has been so rewarding. I was able to attend our world convention in Barcelona, Spain. To see in person our global fellowship and hear speakers from all over the world word cannot describe. One special speaker for me was Sima S. a female member from Iran....I got to meet her later that eveningso inspiring as were all the speakers. I was able to attend an open forum of World board and hear a member from El Salvador and saw in action our process to try to get some help and experience to the meetings there. You can download on na.org the speaker files or cds. I was able to attend part of our regional speaker jam hosted by BRANA.....The love and hospitality by all the

participated in putting this on was very evident.....Thanks much. I was able to attend the subcommittee meetings held in September. Thanks for allowing me to serve.

ILS, Sherry V., Chair, Central Atlantic Region

RSC Vice Chair Report

I would like to thank this body for this chance to be of service. I was able to attend the subcommittee meetings that met on September 19th. I have been in contact with the Chair of the subcommittees about schedules for the November subcommittee meetings and we are able to report them to you today in our individual reports. I was reminded about the budgets needing to be turned in today just this week so I wasn't able to come prepared to present them today due to the fact that I wasn't able to discuss them in subcommittee. I will do my best to come with them next RSC. Please excuse this mistake on my part. Please can we try to fill some of these positions today and take back to groups about the need for H&I Chair? ILS, Cynthia W.

RSC Secretary Report

Hello All,

Thank you for this opportunity to serve as your secretary. The outgoing secretary took care of the 140th minutes and I hope to follow with the 141st in the same timely manner. I purchased a pack of black & color ink and a ream of paper, totaling \$39.31, and the receipt is given to the treasurer, along with the remaining cash from the \$65 received at last region. Unfortunately, as I thought I packed everything needed for this weekend, I inadvertently forgot the ink and paper. This morning I went to Wal-Mart and purchased a single black ink cartridge and pack of paper, totaling \$18.84. Due to my unmanageability, the cost of the second set of items I can take responsibility for or it can come out of the remaining money I have from the \$65. If I have to pay the \$18.84, I have \$25.69 to return to the treasurer. If it is alright for both purchases, the total is \$58.15 that I spent from the \$65, with \$6.85 to be returned to the treasurer. Also, for the sake of portability and comfortability I would like to ask this body if it would be alright for me to purchase a dolly (like the one I have with me today, which belongs to OLANA Literature). This dolly was at a cost of \$25 or less, I believe. Please bear with me as I may make a few mistakes along the way, but it should not be for too long. I appreciate all of your support and help in this transition into this new position for me. ILS Sabrina Mc.

RSC Treasurers Report

Dear Family,

I still have not yet purchased or begun to use MS Money, nor have I purchased the endorsement stamp that we approved at the 139th RSC. We had an incident with Primus during the August-September period. During the last RSC, I reported that I had paid Primus for the July and August bills as I had instructed Primus. However, Primus only charged us for the August bill, leaving the July bill unpaid. While I was in Spain, our previous treasurer received a call from Primus indicating that they were demanding payment for a past due (July) bill. When I returned to the US, I immediately contacted Primus and corrected their error. As a result of this, our beginning balance for this RSC is \$119.81 higher than our closing balance from the last RSC.

Our beginning balance since the last RSC was: \$11,977.94

Total donations were: \$2904.38

Expenses were:

Pat P	PR Copies	\$20.65
Sabrina Mc	Secretary Expenses	\$65.00
Shawn C	Speaker jam	\$300.00
Primus	Phone Line July & September	\$266.31
Greg H	RD Zonal Expenses	\$200.99
Tandy Wood	Speaker jam Taping	\$200.00
Quality Inn Staunton	Subcommittee Rent	\$109.00
Primus	Phone Line October	\$121.46

Total expenses: \$1238.41

Current Balance:	\$13,643.91
Current Prudent Reserve:	\$13,173.93
NAWS Donation:	\$469.98

ILS, Don V.

RSC Regional Delegate Report

Hi family,

It's good to be in Staunton for region. Yesterday I received an email from World Services which is sent to delegates for the upcoming World Service Conference. In the email there are several requests of the delegate teams. First off is the WSC Session Survey: this is where World Services is asking participants what they would like to focus on at the WSC. They are asking that these surveys be completed by November 30th. In essence what they are asking for is what issue discussion topics we as delegates are hoping to see during the next conference cycle. Here is a partial list of topics which will be discussed: Service System, Living Clean, Self Support, Public Relations, Fellowship Development, and the 2010-2012 Strategic Plan. This is the time to direct me (if you so desire) to submit any topics to potentially be added to the list of upcoming issue discussion topics. Member Survey: Please Please Please complete a member survey and pass it on to Area's that members complete the survey. The more members who fill out the survey, the more information will be able to be shared with professionals who come into contact to demonstrate that NA works. Survey responses will be collected until December 31, 2009. The website is: http://www.na.org/?ID=membership_survey_links. Regional reports will be asked for soon. I will be asking the RCM's for information regarding all the area's once it is made known what is being asked for in the Regional reports. I will be emailing all of the RCM's for this information once it is known what exactly needs to be submitted in the reports. The Conference Agenda Report (CAR) will be out November 25th, they will cost \$8.00, which includes shipping. It will also be available online at www.na.org/conference with the user name and password WSC 2010. Soon enough it will be time for CAR workshops. The delegate team will be facilitating car workshops in each of the four quadrants. We would like to continue to hold them in areas within quadrants that have yet to host them. The delegate team will be figuring out which area's have yet to host them and will be contacting the RCM's or members within some of the area's to help find a location etc. To follow up from the last region regarding the AA member seeking assistance in having NA meetings started in an area in West Virginia, I sent an email to this member asking if his requests for assistance has been fulfilled and again offered support if needed. I recently sent the follow up email and have yet to receive a response. Other Region's within our Zonal Forum were sent the original correspondence regarding the above information and they had sent an email to Sherry thinking she was the RD. I received this email by Sherry. I would just like to point out that even though this matter had already been resolved, that the correspondence throughout the service structure was amazing. To recap a member of AA that was interested in helping addicts start meetings in a locality, sent an email to World Services, who in turn sent emails to Area's, and regions. During this a region within a zonal forum sent this to another region etc. The communication efforts throughout the service structure were simply amazing!! There will be two travel itinerary motions presented today for the upcoming MARLCNA, and Zonal Forum. They are as follows: MARLCNA travel: 179.98 hotel (2 nights), 70 per diem (2 days), 15 registration, 70 gas = \$316.98 total; Zonal Forum (Freestate Region): 119 hotel, 52.50 per diem (1.5 days), 70 gas, 10 tolls = \$251.50 total. With Love of the Fellowship, Greg H.

RSC Regional Delegate Alternate Report

Hi Family,

It's conference season and I am looking forward to attending the World Wide Workshop in Boston, MA November 20-22nd. We will have interactive sessions, discuss local and global recovery and service issues and find out what's happening in NA around the world. There will be trainings and "How to" sessions a recovery meeting and Historical and fellowship displays. This opportunity is open to all NA members and all are encouraged to attend. The Conference Agenda Report will be released on November 25th (translated versions will be released in December). The cost of a hard copy will be \$8.00 which includes shipping and handling. It

will also be online at www.na.org/conference with the username and password WSC2010. There are talks on the discussion boards right now that there are a few regions looking to send a motion pertaining to our review and input schedule. There seems to be sentiment that we do not have adequate time to review literature and get the input back in a timely fashion. There is also talk of trying to get a World Services Inventory in place which would be like our group, area, and regional inventories. Many feel as though it is time to take a look at how we are providing services at NAWS. Don't forget about our member survey if you still have not filled one out. It is on line until December 31st 2009. It is at http://www.na.org/?ID=membership_survey_links. I will be submitting my itinerary for MARLCNA XXVI that will meet February 12-14 in Lancaster, Pennsylvania as part of the delegate teams' responsibilities to gather information to bring back to you. The NAWS Topics to be discussed will be a NAWS update, World Service Issues, Issue Discussion Topics, and 2008-2010 Conference Cycles. Being that this is a conference year, I am looking forward to this as there will be a lot of information to learn. Registration -\$15.00 Per Diem 35X2=\$70.00 transportation 50.00 Room rate \$94.35 x2=188.70 total \$323.70. Also, the Autonomy Zonal Forum will convene the last weekend in January in the Freestate region. The new flier is not out as of yet so we are not quite sure as to whether this will be held in Maryland, Delaware, Virginia. So the estimate will be built on the furthest venue until we have clarification. Per Diem \$52.50 transportation/tolls \$60.00 room rate \$119 = \$231.50. In Loving Service Etta S

RSC Regional Delegate Alternate II Report- vacant

VRCC Chair Report

Hello Family

The VRCC held there meeting on September 20 2009. We want over the contract for the 28th AVCNA and approved the ones that were ready. Everything is going well with the 28th AVCNA at this time. The 28th is having a black tie event on October 31; please see host committee for price and tickets. The vice chair and secretary for the 29th AVCNA were confirmed at this meeting ,there was some concern about the person elected chair and he was not confirmed and this was sent back to the area. We have started negotiations for the 29th in Fredericksburg. ILS, Jim H VRCC Chair

RSC Activities Chair Report

Hello All,

I am glad to be here once again. It has been brought to my attention that I have not been including the rent for our facilities in my reports over the last few months. I will do my best to include the rent for the last few months in this report, as well as, rent for the months that follow. Last month we (Activities sub-committee) met at the Quality Inn in Staunton Virginia at approximately 12:15pm with 8 people present. Not only did we discuss the rent issue, we also discussed the upcoming Assembly, the idea of this region purchasing a projector, and the need to set a schedule for the sub-committees meeting times in advance. So, those who are in a Sub-Committee Chair position please look at the upcoming months and get with myself or the Vice Chair (Cindy W) with your input so a schedule can be negotiated as quickly as possible. The schedule can be adjusted each month to accommodate those who have to travel, so be courteous please.

First let me address the rent.....

- June 2009....
White Oak Rescue Mission will receive a donation of \$ 100.00 for the 139th RSC. The check for this donation will be made by our treasurer.
- July 2009....
White Oak Rescue Mission a donation of \$ 75.00 was paid for the sub-committee meetings.
- August 2009....
A motion was made at the September sub-committee to donate to the United Methodist Church in Romney, West Virginia \$100.00 for hosting the 140th RSC. Motion Passed
- September 2009....

The sub-committee met at the Quality Inn in Staunton Virginia a payment of \$109.00 was made for the day rental of the banquet room

- October 2009...Today (141st RSC)

For today the rent for the Banquet room is \$110.

- October 2009...(Inventory Assembly)

The prices for the rest of the Assembly will be in my report that I will give tomorrow. The only figure that I can confirm at this stage is the banquet room for tomorrow (Sun) is \$210.00.

• CUPS.....	16 oz	180 count	\$ 9.98
• PLATES		600 count	\$16.28
• NAPKINS		600 count	\$ 8.47
• 2 CASES WATER		48 count	\$ 7.74
• 24 PK COKE		1 count	\$ 7.32
• 24 PK DR. PEPPER		1 count	\$ 7.22
• 36 PK MT. DEW		1 count	\$ 9.54
		TOTAL	\$66.55

- I will be asking the Treasurer for a check payable to Bonnie Carson who is the one that purchased the above mentioned items. I will, as the Activities Chairperson, keep up with the remaining items so they may be used in future Assemblies. I still need to purchase some diet sodas.
- Also, I will be asking the Treasurer to add \$15.00, from the Sunday budget for this Assembly, to be added to the Pizza Bill as a tip for the driver. In April this donation was made out of pocket by Don V.
- At the April Assembly a tote was purchased to keep drinks and ice in. I do not know what has happened to this tote. (I still have my “Red Bag” tho)

What we have to understand is that for the Assembly weekends there are three different budgets I have to work in. These budgets are pretty clear as to how or what the money is to be spent on. I will not have all the figures until all the food, drinks, and tips, and rooms have all been purchased or paid for. What I can tell you is *once again* I will be under budget.

- November 2009...
The rent for the November 21st Sub-Committee meetings and the PR Learning Day / Workshop will be \$100.00 payable to Holy Name of Mary Catholic Church in Bedford Virginia.
- December 2009...
Rent for the 142nd Regional service Conference will also be \$100.00 payable to Emmanuel Episcopal Church in Covington Virginia.
- January 2010...
I do not have a facility confirmed as of yet. However, I have been in touch with Tim B from Tidewater Area who is working on getting a facility for us.
- February 2010....
The 143rd RSC will be meeting in Roanoke Rapids, North Carolina at the Comfort Suites. We will pay \$200.00 for the use of their banquet room. I do believe a deposit has already been paid.
- March 2010...
I have been trying hard to get the Regional Sub-committee or regular bi monthly RSC meeting in Farmville or Crew. These two towns are listed on the Outreach meeting list. It may have finally paid off...Tentatively we will be at the Farmville Presbyterian Church with a rental fee of \$100.00.
- April 2010....
I have been in touch with a couple of Hotels, Motels, and a Holiday Inn in Martinsville, VA. I am running into the same issues across the board. I do not believe we can have the Regional Conference or the Assembly in any of the places I have spoke with as far as room accommodations are

concerned. However, there is nothing in our policy that says we do, it is just real convenient. The best room rate I have received from any of the places I have spoke with is 52.75 per room plus tax of 8% for a room rate of \$56.97 times 30 nights is 1709.10. However the Econo Lodge in Martinsville is willing to accept a flat rate for rooms of \$1500.00. I am still looking for a decent place for less. I will speak to our chairperson about this.

After this the schedule is as follows...

- | | | |
|------------------|------------------------------|--------------------------|
| • May..... | Sub-Committee | Piedmont Area/ NO TOWN |
| • June..... | 145 th R.S.C | Tri Cities/ Hopewell |
| • July..... | Sub-Committee | New River Valley/ Galax |
| • August..... | 146 th R.S.C | New River Valley/ Galax |
| • September..... | Sub-Committee | Penin./ Newport News, VA |
| • October..... | 147 th / Assembly | Applac. / Bedford VA. |
| • November..... | Sub-Committee | Richmond/ Richmond VA |
| • December..... | 148 th R.S.C. | New River V./ Radford VA |

The last thing I would like to touch on is the sign in sheet. This is more or less for me to keep count of how many people are here. I need to have this count in order to get enough lunch. Also I would like to have contact information from someone in each Area; this would help for the future planning of Regional Meetings. I will give a complete budget impact report for tomorrows Assembly in the report I will give tomorrow. I would like to apologize to all those that smoke for being in a non-smoking room. However, I reserved all rooms smoking with the exception of two. When I checked in and received the keys, I sat down to start writing names on the room keys with the blockage given to me this past Monday. That blockage did not match the blockage handed to me at check in. When I went to the front desk to inquire about why the difference, I was told it was as per our request. Someone Wednesday called the hotel and either stated or asked for several non-smoking rooms. Therefore we ended up with more non-smoking than smoking. We have Concepts of Service namely 3, 5 and 8. Please allow me to do my job as you did seat me. It is difficult enough having to locate and secure facilities that can cater to our needs from one location, but for someone else to do work from another that I am unaware of makes it even more difficult. I feel that I have tried to be more than accommodating to all within this Region. I feel I have sent more than my share of emails and made numerous calls. For the individual who made the call, if I am not doing my job to your satisfaction; this Arena or the Activities Sub-Committee is the place to address this. To do my job is not proper or appreciated. ILS, Mike E, Activities Chair for CARNA

RSC Hospitals & Institutions Chair Report

We met on 9/19/09 in Staunton, VA with Cynthia W, Sherry V, Don V and Jeff G. We discussed the resignation of the Chair and where this subcommittee is headed. We had the pleasure of the presence of the new H&I Chair of Piedmont. He is willing to help us with the sponsorship project and set up a webpage of inmate addresses so that we will be able to write them. We as a group are willing to look into this project further in November. I hope all that are curious or interested will please show up and help. We will be meeting in Bedford, VA on November 21st at 11:30am. ILS, Cynthia W.

RSC Ad Hoc Literature Review Chair Report

Although the sub-committee has not yet met, we have communicated by e-mail and made some tentative decisions concerning how to approach conducting workshops to gather input from throughout the region as NAWS releases review drafts of additional chapters of the proposed new book, *Living Clean: The Journey Continues*. None of these decisions is written in stone and all of them will be fully discussed at the first sub-committee meeting, which will be held on November 21, 2009, from 10-11 a.m. in Bedford. The plan is to pre-select a central location within each of the four quadrants to hold all future workshops. That way, everyone will know where the workshops will take place and all the sub-committee will need to do is set the date for the workshop. In addition, rather than one person facilitating the workshops in all 4 quadrants, the hope is that each quadrant will have a different person facilitating. In this way, no one will be required to travel outside his/her

quadrant to facilitate a workshop. I am pleased that in addition to Nancy S. and myself, both Amanda H. & Eddie W have agreed to serve on the sub-committee. Thank you for allowing me to be of service. ILS, Norman C.

RSC Policy Chair Report

Policy met on 9/19/09 in Staunton, VA with Cynthia W, Sherry V, Don V, Charles W, and James D present. We were able to get a lot of work done on the motions referred to us from this body. We are submitting an impact statement for 140-9 and an amendment for 140-21. We would like to report that all information referring to Literature Review will be removed from Policy since it is now project driven. We will meet on Saturday, November 21st in Bedford, VA at 10 am. ILS, Cynthia W.

RSC Public Relations Chair Report – No Report received

RSC Outreach Chair Report

We met on 9/19/09 in Staunton, VA with Cynthia W, Sherry V, and Don V present. I received information from Mike E from Southside that there was a new RCM elected and Kevin Y will be attending the next RSC. I spoke with Beverly A from Peninsula and their area still has no RCM. Their areas is going through some difficulties at this time but are reaching out to receive experience, strength and hope to hopefully help them threw. I continue to be in contact with them to help wherever I possibly can. We will be meeting in Bedford, VA on November 21st at 12:30am. ILS, Cynthia W.

RSC Speaker Jam Report

We held the last speaker jam on September 12, 2009. It was a huge success. Thank you so much Blue Ridge for all your help and support. I am submitting receipts for the recorder and food. We also are returning 20 dollars we did not use making the total cost of the event \$480, \$20 under budget.

We last met 9/19/09 in Staunton, VA. The Piedmont Area was the only bid we received thus the next speaker jam will be 3/13/10 in the Piedmont Area. As of today we have not secured a location but do have 3 possibilities. We will be working with the Piedmont Special Events to get this done and get a flyer out as soon as possible. We are awaiting the outcome of today's motion before deciding on the time and location of or next meeting. ILS Shawn C

Ad Hoc Committee-Regional Inventory

We met on 9/19/09 in Staunton, VA with Cynthia W, Sherry V, and Don V present. We chose the questions that will be used tomorrow at the inventory. We discussed the set up and agenda for the inventory. I am very much excited about being apart of this event for this region. Thanks for allowing me to serve. This Ad Hoc will not meet in November due to the fact that we will be having inventory tomorrow. ILS, Cynthia W.

Ad Hoc Committee – Convention Bid

Attending- Etta S, Sherry V, Don V, Cynthia W. Jim (VRCC), Teddy A. We opened with the serenity prayer and began to ask the questions of how the region would actually go about hosting the AVCNA convention. Jim explained that the RSC would actually host it just as if it was a hosting area. This committee has determined that we would put together a bid package for submission and we have delegated out pricing hotels/convention centers in areas within our region based on need /convenience Jim will price the Marriott in Richmond, the Hotel Roanoke in Roanoke Va. and the Cavalier in Va. Beach. Sherry will price the Clarion in Hagerstown Md. Teddy will price the Renaissance in Portsmouth and Etta the Doubletree in Va. Beach and the Convention Ctr in Suffolk. We are looking at having the package together by June 15th. I will not be able to attend the next meeting because of the World Wide Workshop. Either I will delegate someone else to chair during that time or look for an alternate time to meet. ILS, Etta S

Break for lunch at 12:40m, Re-convened at 2:00 pm. Quorum met with 14 out of 15 RCM's present.

Area Reports -

Almost Heaven RCM Report

We have 32 Homegroups with 47 meetings per week. We had 15 Homegroups represented at the last Area Service. Everything is going well, so there is not much to report since our area is in transition of electing new sub-committee chairs for these position; H&I, PI, Policy, Special Events. Newsletter has just printed the 2nd copy of our Area Newsletter, we have newsletter here today along with fliers for our upcoming newsletter. We also have current meeting list here today. We have a regional donation of \$251.00. Upcoming Events: Co-op is also doing well; they will be hosting a Learning day 2pm-5pm and dinner to follow from 5pm-6pm. November 14th. Special Events: Our next event will be on October 31, 2009 a Halloween Costume Party from 7pm-12am. At the Ruritan on Rt. 11 North in Bedington 7pm-12pm. We are currently in position transition here are the positions that are open in our area: Chair: Bonnie W (will be voted on at next ASC in November); Secretary: Dennis P. (will be voted on at next ASC in November); Treasurer: Thaddeus M. (Voted in September ASC); Convention Chair: Thaddeus M. (Voted in September ASC); H&I Chair: LaRue N. (will be voted on at next ASC in November); Public Relations: Sherry R. (will be voted on at next ASC in November); Special Events: Karen C. (will be voted on at next ASC in November). There is no nomination for these positions: Vice Chair; RCM; RCM Alt; Outreach; & Policy. Our Area Service meetings are on the first Saturday of every month, except for June, July, and August. Our next area Service will be held in Shepherdstown, WV on November 7th at 1:30pm. We also had to change the meeting date for December ASC instead of it being the 1st Saturday, it will take place 2nd Saturday. ILS, Jennifer D.

Appalachian RCM Report

Hello family,

• There are 10 groups currently meeting in the Appalachian Area. • There were 6 GSRs present at our last ASC on October 4th, 2009. • There are currently 6 trusted service positions open at the Area level. These include: Vice Chair, Co-Treasurer, VRCC Rep, VRCC Alternate, RCM Alternate, and Policy Chair. Our Public Information Chair was filled (by Traci T.) while our Vice Chair position became open as Ornette M. moved up from the Vice Chair position to begin his term as Area Chair. • *Outcome of Regional Motions sent back to groups at the 140th RSC:* 139-6: NO, 139-11: NO, 140-7: YES, 140-8: YES, 140-10: YES, 140-11: YES 140-16: YES, 140-18: YES • Since making the decision to begin utilizing the Regional “1-800” number in an effort to phase out the pager system we currently maintain, we returned over a dozen calls from the Regional Answering service over the last several months. To our surprise, all of the calls pertained to questions relating to information about meetings which were outside of the Appalachian Area. In every case, however, we were able to go on-line and access the information requested. Our Phoneline subcommittee is currently in the process of changing its orientation procedure to include the Regional Meeting list for future calls. • Our Special Events subcommittee will be hosting a speaker event on Saturday October 24th from 1:00 – 7:00 entitled “Harvesting Unity” at St. Andrews Presbyterian Church on Timberlake Road in Lynchburg. Chili will be served from 1:00 – 2:00, followed by 6 speakers, and then wrapping up with a game of touch football. • *Regarding our letter of support to the Piedmont Area:* Prior to our September ASC, Norman C. from the Piedmont Area contacted me to request a letter of support from the Appalachian Area for their bid to host the Regional Speaker Jam in March. Unfortunately, I failed to bring it to the body’s attention or include it in my report at our September ASC meeting. It wasn’t until Norman called again (prior to the bid deadline on September 12th) that I realized my oversight. I contacted our Area Chair Jim H. to discuss the situation and ultimately decided (considering the urgent nature of the deadline) that we would write the letter of support on behalf of the Appalachian Area and report our decision to the body at our October ASC. • *Regarding the location of the Regional Subcommittee meetings in November:* Charles W. contacted me in September to discuss the idea of hosting a learning day to coincide with the end of the Regional Subcommittee meetings to be held in our Area at the Holy Name of Mary Catholic Church in Bedford, VA November 21st. The Appalachian Area hopes to learn more today about what the learning day might entail and how the members within our service structure might help to support such an event. • As mentioned in my report at the 140th RSC, the Appalachian Area has finally managed to re-establish its prudent reserve. I have a Regional Donation today in the amount of \$36.24. ILS, Eddie W.

Blue Ridge RCM Report

Dear Regional Members:

Welcome to the Blue Ridge Area. BRANA now has thirteen Home Groups in the Area. We have grown to thirty NA Recovery Meetings per week, one of which is bi-lingual. We had ten attending GSRs at the last Area Service Meeting. Our current trusted service positions vacant are: Chair, Vice Chair, and VRCC Rep. We've had to fill some of our positions on a pro tem basis. Naturally, there have been many changes in our individual Home Groups. Persistently, however, we continue to carry the Narcotics Anonymous Message into most of our Area's Meetings. BRANA still struggles with a Policy, and we are trying yet again to do the same thing we have done in the past. More will be revealed. Our literature to groups is working well. GSRs are getting what they need through this committee. Our web-site (www.brana.org) continues to attract more hits, and the BRANA Campout Committee has already begun working on the July 2010 BRANA Campout. Our Special Events Committee is working with Home Groups to attract the participation needed to support the events-making process. Outreach recently extended its efforts to a few Home Groups that have not had an Area presence in many months. This report includes a copy of the latest BRANA meeting list. Today, the Blue Ridge Area of Narcotics Anonymous has no donation to the Central Atlantic Region of Narcotics Anonymous. In Loving Service, Robert W BRANA RCM

New Dominion RCM Report – No report

New River Valley RCM Report – No Report

Hello from the NRVANA we are still maintaining twelve meetings in our area with nine home groups. At our last ASC we sent a vote back to the home groups to discontinue our subcommittees for a three month period due to lack of funds and participation in our area. As we are remaining steadily at or slightly above prudent reserve. And we are struggling to get members to support our subcommittees. We continue to work on setting up our area inventory. This is a much needed process in our area right now. We have a \$30 donation for region today. ILS Misty N

Outer Limits RCM Report

Hi family,

We have 5 home groups and all were present for the last ASC held on Oct. 4, 2009. We meet the first Sunday of every month, at the Southern Virginia Regional Medical Center. It is located at 727 N. Main St. Emporia VA in classroom A. The meeting starts at 2:00PM. The following is a list of motions voted on by our area. Motion 138-11 passes; Motion 139-6 0-3-1; Motion 140-7 passes; Motion 140-8 passes; Motion 140-10 passes; Motion 140-11 passes; Motion 140-16 passes; and Motion 140-18 passes. I have also brought a donation for the region in the amount of \$197.27. We are hosting a fund raiser for the AVCNA at Mike R.'s house in Zuni, Va. on October 31. This is a pig picking and cornhole tournament, \$10 per plate and \$10 to enter the tournament. Flyers are available on the table. ILS, David M.

Peninsula RCM Report – Absent - no report

Piedmont RCM Report

Greetings from the Piedmont Area.

- A. There are currently 17 home groups carrying 28 meetings each week;
- B. There were 14 GSR's present at the most recent Area Service Committee meeting;
- C. There is currently one open trusted servant positions, alternate VRCC Director;
- D. The Piedmont Area elects the following trusted servant positions: Chair, Vice-Chair, Secretary, Treasurer, RCM, RCM 2, VRCC Director, Alternate VRCC Director and chairs of the Public Relations, Hospitals & Institutions, Literature and Special Events sub-committees;
- E. In group news, I Choose Recovery recently sponsored a bowling night;

- F. In area news, the Piedmont Area is excited to have been selected to host the Spring 2010 Regional Speaker Jam. Also, the area forwarded to NAWS the comments concerning the review draft of the outline and chapters one and two of the proposed new book, *Living Clean: The Journey Continues* that were gathered at its August workshop. In addition, the area was able this month to make donations of approximately \$400 to both the Central Atlantic Region and NAWS;
 - G. In sub-committee news, the H&I sub-committee finally began carrying the message to Buckingham Correctional Center and hopes to begin carrying the message to Dillwyn Correctional Center sometime next month. Also, the Literature Sub-Committee expects the first issue of the Piedmont Area newsletter to be available November 1st;
 - H. There are no area concerns at this time;
 - I. The Special Events Sub-Committee held a fundraiser for the AVCNA in September, which raised over \$100. The sub-committee is currently planning a fall/winter gathering and a capture the flag home group event;
 - J. The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict;
 - K. The next Piedmont Area Service Committee meeting is scheduled for Sunday, November 1, 2009 at 4 p.m. and will be held at the Wesley Foundation.
- ILS,
Norman C.

Rappahannock RCM Report

I said "I'll be back", and I meant it. Today will be my first Regional meeting serving as the RCM for the Rappahannock Area and I am very excited to participate in this committee's business as a member with an opinion. And yes I do have one. As I did when I was Secretary, I will ask for everyone's patience with me while I learn how to participate in a spiritual manner. I am happy to introduce, for the first time in a long time, the new RCM Alternate for the Rappahannock Area, Antoinette B. She was nominated and elected on October 4th. Antoinette has a history of dedicated service work at the group and area level. I am looking forward to us learning together. We would like to thank Pat P. for her outstanding service to our Area as our previous RCM. Thanks for your leadership Pat. I am pleased to report that we had outstanding participation at our last 2 Area service meetings. In October there were 12 GSRs present out of a possible 15. Miracles do happen. We also had 12 GSR's in September. All Area positions have been filled except H&I Chair and Outreach Chair. We also elected a VRCC Rep. In total we have had an average of 24 people attend our Area service. It is an exciting time. We have begun work on hosting the AVCNA in 2011. All but 3 of the subcommittee chair positions have been filled. Mike L. was elected as host committee chair but was not confirmed by the VRCC. After a long discussion and lengthy debate we decided, as a group, to re-elect Mike L. and send him back to the VRCC for confirmation. With this being our first time hosting the convention, we are not sure how this will turn out. We fully expect the VRCC to respect our decision and trust us in making sound decisions in electing trusted servants. Time will tell. I was elected as Host committee treasurer but was also not confirmed. I do believe this is a first. I was not confirmed as Treasurer because I am also the RCM. According to VRCC bylaws I cannot hold these two positions simultaneously. After declining to step down as RCM, the directors could not confirm me. There has been discussion amongst the Directors to change this bylaw. I informed several members that I would be willing to serve if they change the bylaw based on its merit and not based on anything to do with me. Been there done that. Once again, time will tell. After much hard work and dedication from several members in our Area, our Bylaws Subcommittee has nearly reached the end of its daunting task of cleaning up our bylaws and producing a working document to guide us in our service work. They reached the funding and budget portion of the bylaws and recommended suspending, for a time, the bylaws subcommittee in favor of an Area Budget Ad Hoc Subcommittee. They have begun work on producing logical and productive budgets for all committee members and subcommittees. We are looking forward to being accountable to those we serve. With a vote of 7 in favor and 2 against, our home groups decided to donate \$350 to the Central Atlantic Region. This donation has been given to the Treasurer and a receipt provided for accountability.

I attended almost every home group meeting in September and October to assist each group in understanding all regional and area motions, and consequently I feel we have achieved a true group conscience on all Regional motions to be voted on today under Old Business. On all 8 motions we had between 6 and 8 votes in favor for each motion, only 2 votes against, and most importantly no more than 2 abstentions for each motion. The Rappahannock Area voted in favor of all 8 regional motions. Most of our home groups are reporting that they are doing well. 3 groups are small and lacking trusted servants; Tuesday night - Hope Fiends, Friday late night - Clean and Serene, and Saturday noon - Primary Purpose. Steps are being taken to assist these groups in fulfilling their primary purpose. ILS, Greg & Antoinette

Richmond RCM Report

Hi family,

Last week I was elected RCM and Barbara B. was elected Alt RCM – let's welcome her. We need a secretary and an assistant. No nominations for VRCC or Alt VRCC Rep. All other positions filled. Our donations to the area are down, and we did not reach prudent reserve, therefore, I have no donation for today. I'd like to thank Charles and Pat for their attendance at a Recovery Healthfest in Richmond at one of the treatment centers. The Regional PR stepped up when the area PR was putting on a unified learning day for that day, September 23rd. Richmond area is hosting the Circle of Sisters Conference in 2011. Registration is \$20, We will do mail out to the areas. Our Special Events Committee has a new chair, hopefully, with new ideas. We will receive more participation therefore, more profit than donation. Next Saturday night a pre-Halloween dance will be held at 6000 Midlothian Tpke. Wear costumes. \$7.00 at the door, time 9pm-1am. Our H&I Sub-committee will put on a play for its Learning Day in December. Some of our noon groups had a change of meeting place and attendance has seemingly dropped. A request was made for another group to sponsor these meetings to assist in paying the rent. The RASCNA gave a vote of confidence to nominate and vote for Donna Lee P. as RDA2. Unified meeting schedule on table. Coming Events: *Circle of Sisters 1st Event will be November 28th, 2009 noon till 5pm; Speaker Luncheon at Deep Run Recreation Center; Tickets are \$10 in advance. *Phone line Workshop; Each One Teach One; November 14th, 2009, noon – 4pm; Fan Free Clinic, 1010 Thompson St., Richmond, VA 23230; All are Welcome – Hot meal provided; Purpose: Training to answer call from Helpline – 804-964-1871 *Special Events presents: A Winter Jam, November 7th, 2009; 6000 Midlothian Tpke; 9pm-1am, tickets \$5.00 in advance; \$7.00 @ door.

Roanoke Valley RCM Report

We have 20 home groups in our area, with 42 meetings a week. About 19 GSRs attended the last Area meeting, which is the last Sunday of the month. All service positions are filled, except for Activities and service workshop which have nominees who will be voted on at the end of the month. We have some Activities coming up *Oct. 31, Halloween Dance at Green Memorial, Downtown Roanoke; time: 7:00pm meeting, 8:30-midnight Dance; Contest for Costumes: Male, Female and Kids; suggestion for donation; food, and fun, all are welcome. *Nov. 14, Speaker Jam at Covington "We do Recover"; time: 11-5pm; speakers, fellowship, and food and fun. Maria does not want me to say this, but she will be speaking at 12 o'clock (smile). *Feb 10, Speaker Jam at MCC in Roanoke, more will be revealed later. ILS, Theresea W. Alt RCM. P.S. For the Bedford Subcommittee in Nov. 21 our PI is getting involved in it wondering if our H&I can also be involved.

Shenandoah Valley RCM Report

The Shevana Area Service committee met on October 12, 2009 in Winchester VA at the Parks and Rec. Department Joist Hite room at 6:30pm. Out of 18 home groups in this area, 13 groups were represented. We have two positions that are open and that would be the RCM Alt and Newsletter. We have no nominations at this time. I am happy to report the message of NA is being carried in the Shevana Area. Our Literature Chairperson is doing such a wonderful job. PI, Policy, Special Events, H&I and Outreach are all doing well. The area service team continues to do business in a very timely manner. Anyone interested may check our website for upcoming events at www.shevana.org. Shevana has to abstain on all 8 of the Regional Motions that went back to groups for voting. GSRs were poled by the Chair, Sarah E. and most said that they did not

understand the motions. Shevana do not have a donation at this time. Shevana do not have any nominees for any Regional positions at this time. ILS Randy D., RCM for Shevana Area.

Southside RCM Report

We are grateful to be part of this body. This is my first time being a part of region, so, please bear with me. Southside is growing in our numbers, but we have little support in our service boards. PI, H&I, and Phonline, all need support. The home group of the Recovering Vigilante has formed an Ad Hoc committee to start 12 concepts of service study meeting. Intent is to help with unity on all level of service. Also Southside has formed an Ad Hoc committee to look at hosting a convention in the upcoming years. We have a problem with our pager. The pager was replaced because of a frequency change. In the process the number was changed. We are in the process of getting the 800 number back. We have a \$200 donation for the 141 RSC and \$200 for the 140 RSC that we missed. ILS, Kevin Y., RCM SANA

Tidewater RCM Report

Hello all, the Tidewater area currently has 126 weekly meetings with 96 home groups. Our last ASC meeting took place last Sunday the 11th of Oct. at Norview United Methodist Church in Norfolk, VA. We had 33 GSRs in attendance. All trusted servant positions are filled at this time with the exceptions of assistant treasurer, and the recently formed vice policy chair. Area News: The area recently formed an Ad-Hoc committee to look into the feasibility of a Metro services committee, this committee came to a group conscience that it could not move forward in that process without first completing and area inventory, therefore the area has formed an ad-hoc committee to, help on that process. The SOTS 2 campout was a great success with over 120 registrations, we look forward to putting on this event again in Oct. 2010. H&I is hosting a learning day today Oct. 17th at Norview United Methodist Church. The next ASC meeting is Sun., Nov. 8th, at Norview United Methodist Church. The next ASC meeting is Sun. Nov. 8th at Norview United Methodist in Norfolk.VA at 2pm. Thanks, Tim B., Tidewater RCM

Tri-Cities RCM Report

Greetings to the Central Atlantic 141st Regional Service Conference from the Tri-Cities Area Narcotics Anonymous. Our area service committee met at 2pm on Sunday October 4th at Poplar Springs Hospital in Petersburg, VA. There were 12 GSR's in attendance. We have 12 homegroups at this time. Our Public Relations and Hospitals & Institutions service committees continue to need support. H&I carries the message to two jail facilities and one treatment center. Both service committees participated in the Unity Fest held in September at Forest Hill Park in Richmond. We do not have an RCM Alt. or VRCC Alt. at this time. All terms of service positions end in December and we look forward to more addicts stepping to the plate to help provide service in our area. In Loving Service, Akin S.

Old Business –

Motion 138-11

Mover: Don V. 2nd: Donna Mc.

Motion: To change policy to create a budget year for the region beginning on January 1 and ending on December 31. To change the duties of Treasurer to reflect submission of yearly budget in October. To change subcommittee duties to reflect submission of subcommittee budgets to Treasurer in August.

Intent: To coordinate the entire process for establishing the CAR budget.

Motion referred to Policy to report back at 139th RSC. Motion was not covered at the 139th RSC and has been brought back to the floor at the 140th RSC. The policy Subcommittee offered the following amended motion. After lengthy discussion and some secondary amendments that were all accepted by motion mover the following motion is to go back to home groups for a vote.

New Motion:

To change Guidelines on page 11 under Treasurer Duties:

Change from:

(F) Will submit a 2 year projected budget, running from July 1 to June 30, regardless of the treasurer's term of office, with a suggested prudent reserve annually at the December RSC.

Change to:

(F) Will submit a yearly projected budget, running from January 1 and ending on December 31 regardless of the Treasurers term of office, with a line item bi-monthly funding and maximum account levels at the October RSC.

AND

To change guidelines on page 14 under Policy Subcommittee duties and standing Subcommittee Chair Duties:

Change from:

(C) Submits budget for upcoming year to the treasurer at or before the October RSC.

Change to:

(C) Submits line item budget for upcoming year to the Treasurer at or before the August RSC.

Intent: Clarity and consistency.

Pros: Keeps the Treasurer and RSC budgets all on one calendar vs. 3 calendars as the process currently is. Keep it simple stupid. This will greatly simplify our budget process by eliminating the need for areas to vote on two separate budgets six months apart. These two votes are confusing and there currently is no mechanism in place to automatically adjust the existing budget.

Cons: Confusing.

New Motion 138-11 to go back to home groups.

THIS MOTION RETURNED BACK TO GROUPS DUE TO FIVE (5) GROUPS ABSTAINING – THOSE GROUPS ABSTAINED DUE TO EITHER NOT GETTING MINUTES OR NOT UNDERSTANDING MOTION

Motion 139-6

Mover: Nancy S. 2nd: Harry M.

Motion: To waive the qualifications that 2 years as a member of CARNA member term because there is a question regarding clarity of policy.

Intent: That a member who is qualified and willing may be elected.

Motion sent to Policy by acting Chair for clarity and recommendation to be given at the 140th RSC.

At the 140th RSC the Policy Subcommittee came back with the following amended motion, which was accepted by motion maker and becomes the new motion 139-6.

Amendment made to replace old motion with new motion made by policy subcommittee and seconded by Harry.

New Motion: To change Guidelines on page 14 under Policy Chair Qualifications (B):

Change from:

(B) 2 years Central Atlantic Region, Regional Service Committee term.

Change to:

(B) 2 years regional and/or area Policy experience.

Intent: For consistency of qualifications of trusted servants on Regional level.

Pros: To serve as an attraction for a person with area policy experience to come and serve.
Puts consistency in our policy qualifications as currently written.

Cons: This motion will allow a trusted servant who has never attended or been exposed to the RSC and who may have never even seen the RSC policy to be qualified for the position at the regional level. There should be some requirement of regional experience for this position.

New Motion 139-6 to go back to home groups.

THIS MOTION RETURNED BACK TO GROUPS DUE TO FIVE (5) GROUPS ABSTAINING – THOSE GROUPS ABSTAINED DUE TO EITHER NOT GETTING MINUTES OR NOT UNDERSTANDING MOTION

Motion 140-7

Mover: Policy Subcommittee 2nd: Akin S.

Motion: To change guidelines on page 11 under Treasurer duties:

Change from:

(B) Prepares simplified and comprehensibly written financial report quarterly and annually.

Change to:

(B) Prepares simplified and comprehensibly written financial reports for each RSC and annually at the GSR Assembly.

No pros or cons offered.

Motion 140-7 to go back to home groups.

THIS MOTION RETURNED BACK TO GROUPS DUE TO FIVE (5) GROUPS ABSTAINING – THOSE GROUPS ABSTAINED DUE TO EITHER NOT GETTING MINUTES OR NOT UNDERSTANDING MOTION

Motion 140-8

Mover: Policy Subcommittee 2nd: Akin S.

Motion: To add in guidelines on page 11 under Secretary duties.

(J) Submits written reports to each RSC Conference and an annual written report at the GSR Assembly.

Intent: To have consistency for duties of each officer and clarity in policy.

No pros and cons offered.

Motion 140-8 to go back to home groups.

THIS MOTION RETURNED BACK TO GROUPS DUE TO FIVE (5) GROUPS ABSTAINING – THOSE GROUPS ABSTAINED DUE TO EITHER NOT GETTING MINUTES OR NOT UNDERSTANDING MOTION

Motion 140-9

Mover: Cynthia W. 2nd: Akin S.

Motion: To make Outreach Subcommittee project driven.

Intent: To have in place on an as need basis.

Motion referred to Policy by Chair for impact statement. Report back to the 141st RSC.

Pros & Cons

Con: by Greg G – It could possibly slow down response time in responding to a specific need.

Pro: Will improve response time by allowing RSC Chair & body to appoint either an individual or Ad Hoc Committee depending on the need. If an individual is appointed, no committee meeting would be necessary and if an Ad Hoc is formed, it would meet at the same time that a standing committee would have to meet.

Impact Statement from Policy (Back to groups for review & vote)

The impact of making Outreach project driven will be minimal which includes: 1) saving Region money; 2) saving time of holding meetings and reporting at RSC; 3) having individual situations addressed as needed at RSC; 4) address need of Ad Hoc Committee or a point of accountability at that time; and 5) reduce responsibility of Chair or Vice Chair holding meeting in absence of elected Chair.

Motion 140-10

Motion: Greg H. 2nd: Robert W.

Motion: To have the following itinerary approved - \$178 (hotel), \$70 (per diem, 2 days), \$150 (estimated gas), \$40 (estimated tolls), and \$438 total estimated expenses.

Intent: To allow the Regional delegate to attend the upcoming World Wide Workshop and to adhere to the 7th Tradition while doing so.

No pros or cons offered.

Motion 140-10 to go back to home groups. This motion passed 6-abstain; 8-in favor; and 0-opposed)

Motion 140-11

Mover: Etta S. 2nd: Akin S.

Motion: To approve the RDA's attendance at the World Wide Workshop in Boston on November 20-22. The itinerary is as follows: \$178(hotel), \$70 (per diem for 2 days), \$100 (gas), \$40(tolls) - \$388 total expenses.

Intent: To allow the RDA to fulfill her service commitment to obtain all necessary info at the World Wide Workshop and adhere to our 7th Tradition.

No pros or cons offered.

Motion 140-11 to go back to home groups. This motion passed 6-abstain; 8-in favor; and 0-opposed)

Motion 140-15

Mover: Tidewater Area 2nd: Robert W,

Motion: To request region to act on the feasibility study for insurance for all.

Intent: To defer to the better price of the region to provide insurance for facilities we all use.

Motion made by Norman and 2nd by Pat to table motion until the 141st RSC for clarification from Tidewater Area. Motion to table motion 140-15 passes with 10 in favor and 1 against.

See Motion 141-3

Motion 140-16

Mover: Don V. 2nd: Dustin C.

Motion: To amend current budget to increase the maximum expense for World Wide Workshop attendance by the RD, RDA, and RDA2 from \$200 to \$600 each.

Intent: This motion is a result of an error on the part of the Treasurer. This would bring our current budget to the level of previous year's budget for these items only. This motion does NOT increase out bi-monthly funding.

No pros or cons offered.

Motion 140-16 to go back to home groups. This motion passed 5-abstain; 7-in favor; and 0-opposed)

Motion 140-18

Mover: Shawn C, 2nd: Dustin C.

Motion: To make a change in policy under section XV Service Districts, letter C:

Currently reads: The region and its subcommittees will rotate their meetings throughout the four quadrants. Change to: The region and its subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants.

Intent: To allow the speaker jam subcommittee to meet in the area hosting the next event, maximizing participation.

No pros or cons offered.

Motion 140-18 to go back to home groups.

THIS MOTION RETURNED BACK TO GROUPS DUE TO FIVE (5) GROUPS ABSTAINING – THOSE GROUPS ABSTAINED DUE TO EITHER NOT GETTING MINUTES OR NOT UNDERSTANDING MOTION

Motion 140-21

Mover: Etta S. 2nd: Akin S.

Motion: To include in policy that the delegate team attend the World Wide Workshops as part of their duties.

Intent: To collect information to better inform our region about information released for our knowledge.

Motion referred to Policy by Chair for impact statement and placement in policy. Report back to 141st RSC.

Pros & Cons:

Pro: To have in writing “policy by practice.”

Impact Statement from Policy (Back to groups for review & vote)

Amendment to Policy

To add on page 12 under Regional Delegate Duties D: To allow the delegate team to attend in non conference year the nearest World Wide Workshop.

Intent: To collect information to better inform our region about information released for our knowledge.

Break @ 3:50-4:20pm

It was asked of the members to change the tally on motion 141-3 to 13 in favor and 1 against. Activities Chair took a tally as to how many members will be here attending lunch at the regional inventory tomorrow. Secretary asked that all members make sure they sign in on the attendance sheet and to indicate if they need the minutes mailed to them.

Nominations and Elections –see your local RCM for qualifications and duties

Outreach Chair – No nominations. Decision on this position depends on the outcome of Motion 140-9.

RDA2 – Donna Lee P nominated and accepted (see Motion 141-4 below).

Qualifications:

Over 6-1/2 years clean; working knowledge of steps, traditions, and concepts; I have a sponsor who has a sponsor; I work the steps; have carried services positions: GSR, RCM Alt, RCM, H&I facilitator, H&I chairperson, program subcommittee member for Program subcommittee of 25th AVCNA and I have a desire, willingness and availability to serve. **Pros & Cons:** **Pro** – I have worked with Donna Lee in the past on the Regional level and have seen a level of commitment by her which was impressive. **Pro** – Did the footwork to take the position.

Policy Chair – Michael B., BRANA, nominated and declined. Has the willingness, experience, and has written policy previously, however, has to hold on accepting nomination until discussion with his sponsor.

H&I – Take back to groups for nominations, due to recent resignation of chair of this position..

New Business –

Motion 141-1

Mover: Norman C. – Piedmont, RCM 2nd: Greg G. – RCM, RANA

Motion: Waive reading of minutes.

Intent: To save time

Motion passes with 11 in favor and 2 against.

Motion 141-2

Mover: Greg G. 2nd: Robert W.

Motion: Approve 140th RSC minutes as written.

Intent: To save time.

Motion passes with 12 in favor and 2 against.

Motion 141-3

Mover: Robert W. 2nd: Tim B.
Motion: To “postpone Indefinitely” (aka kill) the motion #140-15.
Intent: To start from scratch because it was unclear originally.
Motion passes with 13 in favor and 1 against.

Motion 141-4

Mover: Nancy S. RCM, Richmond 2nd: Greg G RCM Rappahannock
Motion: To close nominations on this one nominee (RDA2)
Intent: No other volunteers or nominees.
Motion passes unanimous consent.

Motion 141-5

Mover: Greg H 2nd: Norman C., RCM Piedmont
Motion: To approve travel itinerary for RD travel to attend Autonomy Zonal forum hosted by the Freestate Region Jan. 30, 2010. \$119 Hotel (1 night); \$52.50 per diem (1-1/2 days); \$70 gas; and \$10 tolls. Total \$251.50.
Intent: To adhere with the 7th Tradition while allowing the RD to fulfill the requirements of this position.
Budget: \$200, proposed itinerary \$51.50 over budget (actual prices may be less).
Motion passes with unanimous consent.

Motion 141-6

Mover: Greg H. 2nd: Norman C., RCM Piedmont
Motion: To approve travel itinerary for RD to attend MARLCNA Feb. 12-14, 2010. \$179.98 hotel (2 nights); \$70 per diem rate (2 days); \$15 registration; and \$70 gas. Total \$316.98.
Intent: To adhere with the 7th Tradition while allowing the RD to fulfill the requirements of this position.
Budget: \$325, proposed itinerary is \$9.98 over budget (actual prices may be less).
Amendment: Correct amount to read \$334.98, as above was miscalculated.
Motion passes with unanimous consent, with amendment amount.

Motion 141-7

Mover: Etta S. 2nd: Greg G., RCM RANA
Motion: To approve travel itinerary for RDA to attend MARLCNA Feb. 12-14, 2010. Registration \$15; per diem x2=\$70; transportation \$50; room rate \$94.35 x2=\$188.70. Total \$323.70.
Intent: To fulfill my duties as RDA and attend MARLCNA to gather information to better inform our Region of information shared with us this conference year.
Motion passes with unanimous consent.

Motion 141-8

Mover: Etta S. 2nd: Greg G., RCM RANA
Motion: The RDA will attend Autonomy Zonal Forum January 30th, 2010. Per diem 1.5 days \$52.50; transportation/tolls \$60; and room rate \$119 = \$231.50
Intent: To fulfill my duties as RDA gathering information to bring back to our Region.
Motion passes with unanimous consent.

Motion 141-9

Mover: Donna Lee P. 2nd: Norman C., RCM Piedmont

Motion: To approve itinerary for RDA2 travel to Autonomy Zonal Forum in Jan, 2010. \$60-gas; \$119-hotel; \$52.40 per diem; and \$10 tolls. Total \$241.50.

Intent: To allow RDA2 to comply with policy regarding travel.

Motion passes with unanimous consent.

Motion 141-10

Mover: Donna Lee P. 2nd: Norman C., RCM Piedmont

Motion: To approve itinerary for RDA2 travel to MARLCNA. \$15-registration; \$70-per diem-2 days; \$60 gas; and \$179.98-hotel-2nights. Total \$324.98

Intent: To allow RDA2 to comply with policy regarding travel.

Motion passes with unanimous consent.

Motion 141-11

Mover: Charles W., PR Chair 2nd: Theresea W.

Motion: So move to receive \$250 to conduct a PR Quadrant Workshop within Quadrant 3 being held in Bedford, VA on November 21st. This will cover the cost of 1000 flyers, food and refreshments.

Intent: To fulfill the request from the RCMs within Quadrant 3 and the consensus of the PR subcommittee.

Motion withdrawn by Mover.

Motion 141-12

Mover: Sabrina Mc., Secretary 2nd: Randy D., SheVana RCM

Motion: Would like \$25 from Secretarial Budge to cover cost of dolly.

Intent: To ensure safety & portability for RSC archives, printer, & current necessities needed for performing my duties.

Motion withdrawn by Mover.

Motion 141-13

Mover: Etta S. 2nd: Greg G., RCM RANA

Motion: To purchase a portable display board like the one that the PR subcommittee bought for use at workshops, trainings, and other efforts. \$134.24 black fabric 72" W x 36" H, framed design.

Intent: To have proper equipment to better teach and train with when serving our region.

Questions/Concerns: 1) Do we have funds available? Yes. 2) Can we share, is there a reason the body need to have 2 boards? Due to location, may not be feasible.

Pros/Cons: Pro-Beneficial to have 2 due to both committees' commitments. Pro-needed item to train other folks and they can plan ahead and they can see.

Amendment Motion Mover: Bill M., RCM Alt, New Dominion 2nd: Robert W., RCM BRANA

Amendment: Stating point of accountability for taking care of product. Make the point of accountability the RD. **Amendment Motion: 11 in favor; 2 against – motion passes**

Motion passes with amendment, 12 in favor; 1 against; and 1 abstention.

Motion 141-14

Mover: BRANA RCM. 2nd: Tim B., Tidewater RCM

Motion: To reimburse our Treasurer for the \$20 (twenty dollars) he spent for tipping the pizza guy, with his personal money, at the April 2009 GSR Assembly

Intent: To practice our 7th Tradition, which suggests that “We” ought to be fully self-supporting, as a “group”.

Pros/Cons: Did not tip on idea of getting reimbursement.

Motion passes 7 in favor; 6 against; and 1 abstention.

Motion 141-15

Mover: Etta S. 2nd: Greg G., RANA RCM

Motion: For the Delegate Team to attend the Florida Service Symposium on off conference years instead of MARLCNA. This Symposium offers World Board participation, workshops, training & technical support and information. There is more information at this venue.

Intent: To be better informed on off conference years to bring back additional information not found at MARLCNA.

Motion referred to Policy by chair because it would change their duties.

Motion 141-16

Mover: Charles W., PR Chair. 2nd: Tim B., Tidewater RCM

Motion: So move to reschedule the Regional Subcommittee meetings in January 2010 to January 8, 2010.

Intent: To allow the Regional Subcommittees to meet without conflicting with the Twenty-eight AVCNA on January 15, 2010.

Pros/Cons: Con-Not to change date for subcommittee meeting to allow people at convention to see how subcommittees work. Con-Haven't changed for other events, why now?

Question: Why the RCM wanted to have this motion go back to home groups? **Answer:** Too much being decided on this floor and it should be discussed with the groups.

Motion referred to groups by the Chair. Motion to refer to groups withdrew by Chair. Original Motion was withdrawn by the Mover.

Motion 141-17

Mover: Greg G., RANA RCM 2nd: Robert W., RCM BRANA

Motion: To add under Section IV: Voting/Motions between lines 14 & 15, and to remember accordingly.
- All motions regarding policy change require a 2/3 vote to pass and the following procedures apply. All other motions, whether sent to home groups or not, require a simple majority.

Intent: To simplify & clarify the required votes needed for all motions other than policy changes.

Pros/Cons: Pro-clarifies what policy has been trying to do for 3 years.

Motion referred back to groups.

Motion 141-18

Mover: Tim B., Tidewater RCM 2nd: Robert W. BRANA RCM

Motion: For the Region to go ahead and purchase one of the Insurance Quotes given by the Ad Hoc Committee to provide liability insurance for the meetings in the CAR-NA.

Intent: To become fully self-supporting in accordance with our 7th Tradition in providing this insurance for our meeting spaces and taking the sole responsibility of our individual members.

Pros/Cons: Pro-Other Areas/Regions have purchased insurance in response to an incident. Let's be proactive and get in before an incident. Con-Liability insurance invites lawsuits. This is a lot of money to spend on an issue that has not affected very many groups.

Amendment: Cost not to exceed \$6,000 per year (no paperwork indicating who made motion for amendment)

Amendment fails, 4 in favor; 5 against; 3 abstentions

Motion was addressed to reconsider amendment, due to multiple miscount and misunderstanding of motion or amendment. **Motion to reconsider amendment passes 10 in favor and 1 against.**

Motion was referred back to & re-established Ad Hoc Insurance Committee by the Chair.

Motion 141-19

Mover: Greg G., RANA RCM

2nd: Robert W., RCM BRANA

Motion: To put on a workshop at the upcoming AVCNA with the topic “Regional Service & My Recovery” and to have 2 to 3 speakers, one from Executive committee, one subcommittee chair and one RCM.

Intent: To attract members to the RSC.

Motion passed 9 in favor; 0 against; and 2 abstentions.

Meeting was held pass 6pm and a consensus was taken to find out if RCMs were willing to stay until close of all business. Activities Chair checked with hotel to see if room was still available. There was a break @ 6:15pm until response from hotel. Approval was given to use the room an extra hour and a half. The meeting restarted @ 6:30pm with Serenity Prayer and 10 RCMs.

Additional New Business -

- a) Revisit PR report questions – PR chair left, so no one available to answer questions.
- b) Discuss new RDA2-workshops – Because of being newly elected at this time, would not be eligible for World Wide Workshop (WWW), but eligible for other workshops.
- c) Discuss regional workshop @ AVCNA – Motion has been put in addressing this and passed. The RD is apposed to doing this; the Treasurer is in favor of doing it, and Bill would like to know what the intent is? The VRCC Chair stated that it is now in the AVCNA Policy that Region will have a workshop space for one hour to do as they want.
- d) Create point of contact for computer purchase – Greg G will take care of this.
- e) Discussion on itinerary – taken care of during motions

141st RSC closed at 7:00 pm with Serenity Prayer.

Next RSC to be held in Covington, VA on December 19, 2009 and OPEN FORUM STARTS AT 11AM.

Thanks for allowing me to serve,

Sabrina Mc.
CARNA Secretary