

**149th Central Atlantic Region  
Regional Service Conference  
Meeting Minutes  
April 16, 2011  
1215 Lee St.  
Charlottesville, VA**

**Open Forum – (began at 10 am with Serenity Prayer)**

**Topics of Discussion:**

1. Eighth Concept/violations/effective communications
2. Contact Sheet/accessible help
3. Treasurer/hard to understand report
4. Attractive positions/single point of accountability
5. Donations
6. Availability of facility for next few RSC
7. Research on available facilities
8. Clarity on motions for the floor
9. Input from areas

**Open Forum closed at 11am**

**RSC opened with the Serenity Prayer at 11:25am**

Purpose read by Bill M., 12 Traditions read by Greg H., 12 Concepts read by Jimmy B.

Roll Call/1st Quorum - (all members below were present)

Chair - Sherry V  
Vice Chair Pro Temp - Antoinette B  
Secretary - Cynthia W  
Treasurer Pro Temp - Don V  
Regional Delegate - Etta F  
Regional Delegate Alt - Donna P  
VRCC Vice Chair - Jimmy B  
Policy Chair - Bill M  
Almost Heaven - Jess G  
Appalachian - Greg H  
Blue Ridge - Peter P  
New Dominion - Brad M  
New River Valley - Marissa R  
Outer Limits - David M  
Piedmont - Lawrence E  
Rappahannock - Antoinette B  
Richmond - Nancy S  
Roanoke Valley - Maria J  
Shenandoah Valley - Randy D  
Tidewater - Neal G

**Areas not present for 2 RSC – Peninsula, Southside**

Neal G. will contact Peninsula Area

Eddie W. will contact Southside Area. He contacted Kevin Y from Southside and his work schedule conflicts with RSC until August RSC. He hopes his area will elect a new RCM.

**Recognition of New Attendees –**

Tricia R Richmond Alt RCM Pro Temp

Cleo J Member Tidewater

Deborah M Member Roanoke Valley

**Establishment of Quorum 12 RCM/RCM Alts present, 1st and 2nd Quorum met.**

Reading and Approval of Minutes

Motion 149 -1: Maker: Brad M New Dominion

Second: Maria J Roanoke Valley

To approve 148th minutes as read.

Motion passed (1-9-0)

**Trusted Servant Reports**

**Chair Report: No report submitted**

**Vice Chair Report:**

Hello Family, The subcommittee met the meeting was opened with the Serenity prayer. Sherri V. (Chair) Antoinette B. (Vice-Chairperson pro -temp), and Bill M (Policy Chairperson) was the only members present .Topics that were discussed were as followed: GSR Assembly which we were trying to see if it was a good idea to introduce our RCM orientation packet. RCM packet we went over and revised it Sherri should have some available. We wanted to see if it would help RCM’s with the transition into Regional service. The mail was present we went through it there was a request for a basic text we gave it to Bill to follow –up since it was in his Area, if they are not able to he will bring it back so that it can be handled on a Regional. Donations that were included were Southside \$100.00, New Vision \$120.00 and \$800.00 from the Tidewater. Invoice for Professional Communication Messaging Service of \$809.81. We spoke about the Budget however since the Treasurer /subcommittee was not present we could not go any further yet we need to make some decisions about the Budget at present we have no Budget we need to set –up an audit so that we can make some decisions by June 31st as to how we are going to deal with this situation since we are at present operating off of last year’s Budget. We need to make these decisions as a body at the next Regional Service.

In Loving Service, Antoinette B.

**Secretary Report:**

I am sending around a sign in sheet to be used as a contact sheet for all. Please write very clearly and slowly. Thanks for allowing me to serve. ILS, Cynthia W

**Treasurers Report: Position Open:**

Dear Family,

As always, it has been rewarding and challenging to serve again in the capacity of Treasurer Pro temp. I must admit that I am more than ready to turn over the responsibility of this position to someone new. Therefore, this will be my last report and RSC meeting in this capacity. I will be turning all of the Treasurer’s archives and materials to the new administration.

You will notice that I have not indicated a prudent reserve amount at the end of my report. Since we have not had an approved 2011 budget since the beginning of this year, I consider it inappropriate for me to continue to guess at what the areas would approve. However, in general, we are still able to conduct business with the current balance.

Our beginning balance since the last RSC was: \$7,372.19 (Corrected)

Total donations were: \$1,908.45

Total Beginning Balance \$9,280.64

Expenses were:

Postmaster	PO Box Renewal	\$60.00
Etta F	RD/MARLCNA	\$47.19
William Mc	Policy/Copies	\$22.36
Donna Lee P	RDA-2/MARLCNA	\$60.00
Primus	800 Line	\$34.07
Returned Deposit Item		\$82.00

Total expenses:	\$305.62
Current Balance:	\$8,975.02
Current Prudent Reserve:	\$ ???
Over/Under Prudent Reserve	\$ ???
NAWS Donation:	\$0.00

ILS, Don V.

**Regional Delegate Report:**

Hi family, it's always a pleasure to serve at the RSC. I am especially looking forward to this weekends GSR Assembly. We have been busily planning this and hope you find it informative. We will have information on the Service System Project and Consensus based decision making. During the next cycle in 2012 there will be a new business trial proposal as the WSC 2010 unanimously supported moving closer to consensus based decision making and away from a motion driven approach. The delegates are being asked to give input before August 1 on this. The process focuses on an idea process rather than motions. Regions would submit their ideas and in the CAR and at the conference itself we might try to lend weight on the ideas consider the amount of support it has by the conference participants and then move them into the planning process. Action may be taken on them or we may simply report back on them. For more information on this please see NAWS News. WSC 2012 will be leaning towards more of a discussion based conference rather than a motion driven one as well. As we grow and are global, there are cultures that do not use Roberts Rules at all. For updates on the Service System go to [www.na.org/servicesystem](http://www.na.org/servicesystem), the literature survey has been extended to the end of April. Please participate if you have not done so already. The WB cancelled their March meeting to save on expenses. There will be a 5% across the board increase on all inventories except the basic text starting July 1 2011. The Living Clean approval draft release in late April. There are new products added to our inventory, the 6th edition Spanish Basic text and a special Spanish commemorative Spanish edition, 2 new tri-plate medallions in pink and pearl and black and silver. WCNA 34 is being put together! Registration is found online. Right now there has been no contract signed for the band as of yet and there will be no banquet. There will be an e-blast with upcoming information forthcoming. The HRP is changing some of these processes for selection. For the first time they will be asking the Home region of the prospect to fill out a 3 question survey so that they may get a local perspective and for the first time they will be scoring RBZ candidates the same way as the score the traditional candidates. Per policy, I will be submitting my itinerary for the next Autonomy Zonal Forum that will meet in the Mountaineer Region July 29th weekend. They do not have a flyer up it will be an estimate of expenses at this time not to exceed our budgeted amount.

In loving Service, Etta F.

**Regional Delegate Alternate Report:**

I am looking forward toward the GSR assembly. Thank you to Jeff, Peter, and Etta for working to put this weekend event together. I hope everyone will enjoy the items on the agenda and this time for fellowship. Please see Peter or me to find out if hotel room space becomes available for this evening.

Thank you also to Jeff for finding a location for the RSC to meet. We have the space booked through the October RSC at a cost of \$75 per meeting. The space will be available to us from 9am until 6pm each day. The space is not available for the 3rd Saturday in December so we will need to find an alternate location for that weekend.

I am submitting my itinerary for the autonomy zonal forum in July to be held in the mountaineer region. The projected expenses are as follows: \$100 for hotel, \$50 for gas and tolls, and \$50 per diem to total \$200. The delegate team should be coming back from this event more knowledgeable about consensus based decision making as the host Mountaineer region has been using consensus based decision making for eight years and will be work shopping that topic for us.

In Loving Service, Donna Lee P.

## **Regional Delegate Alternate II Report:**

### **VRCC Chair Report:**

Hello Region, at our meeting in March the following directors were in attendance: New Dominion, Outer Limits, Piedmont, Roanoke Valley, Tidewater, and Tri-Cities. That's 6 out of 15 areas.

The Chairperson Kim C. resigned her position due to health reasons.

The Vice Chair is stepping up until elections are held in May.

I signed the contract for the 30th AVCNA at the Cavalier Hotel at VA Beach from Jan 13-15. Rooms may be booked now.

Our annual retreat will be May 14 with our regularly scheduled meeting on the 15th at 10am. Comfort Inn Suites Chesapeake all are welcome to attend.

Vice Chair VRCC, Jimmy B.

### **Activities Chair Report: Position Open:**

### **Hospitals & Institutions Chair Report: Position Open:**

### **Policy Chair Report:**

The Policy Subcommittee met last month and discussed our motion which will be represented on the floor today.

I want to apologize to this body because I do not have printed copies of the 2011 CARNA Guidelines and Rules of Order for all the RCM today as required in our policy. I will have copies available next RSC. Promise.

ILS, Bill M.

### **Public Relations Chair Report: Position Open**

### **Speaker Jam Report: Position Open**

We have not met formally as a subcommittee for some time. I did attend the subcommittee service meeting in February held in Berryville, VA. We canceled the March speaker jam due to no area bidding to host the event. As of this date I am unaware of any are bidding to host the September event.

At this time I must step aside and apologize for being a disservice to this position. Due to changes in my personal life I am unable to attend the regional conference and I am unable to fulfill the duties and responsibilities of the position. I have all the archives and some literature and other supplies and will attempt to return them as soon as possible to this body.

ILS, Shawn C.

## **Area Reports**

### **Almost Heaven RCM Report:**

Almost Heaven Area currently has 33 home groups and approximately 65 meetings a week. Our Area Service is held the first Saturday of every month in Shephardstown WV @ 1:30pm. At our last ASC, there were 16 GSR's in attendance. The following positions are open in our Area: Vice Chair, RCM, RCM alt, Special Events, H&I, PI, Newsletter & Outreach.

Literature is up and running and doing well. We are continuing to try to implement a task oriented structure to our area. There are service meetings each month to learn more and get people more involved. We are working on getting trusted servants to take meetings into our H&I facilities. The area has decided to offer quarterly orientations for those interested in taking meetings in to these facilities. The first one will be held April 23rd @ 1:30. Convention Committee is meets the 3rd Sunday of every month. The Chair and Vice Chair are updating the database with emails that they have requested and will try for the first time this year to email fliers to save on bulk mailing. The committee is still in need of a registration chair. The contract for the 4-H facility has been reviewed and signed and mailed back to the facility. AHA will be sending a \$907.58 donation to the region.

ILS, Jess G

### **Appalachian RCM Report:**

Hello family,

The Appalachian area held its last area service on 4/3/11 in Lynchburg. Due to some changes in staff at the facility that we hold area service at, we had difficulties entering the facility to open the meeting. It was discussed and agreed upon that the Area Chair would set up a meeting with the facility to see if we could alleviate the problem, or if we needed to seek another location to hold area service. More will be revealed. In other news the Appalachian area has 11 home groups and 2 H&I commitments (one at a jail, and one at a homeless shelter). I am pleased to say that we have been able to have consistent meetings with quorum being met.

An e-mail was forwarded to me from the regional chair yesterday where a member inquired about up-to-date area meeting lists. I will be replying to the email from the "concerned member". During our last area service this issue was discussed and our combined H&I and PR subcommittee chair said that current meeting lists were to be distributed. I am working with the chair for the H&I/PR subcommittee to provide a current meeting list to the regional helpline.

I was asked to contact Kevin (last known RCM) from Southside during the last RSC due to Southside not being present for the last 2 regional meetings. I did contact him and he informed me that he had scheduling conflicts for the last RSC, and that he was planning on showing up to this RSC. Kevin reported that things were going well in the Southside area. The position of area secretary was filled with Leslie N. being voted in, and RCM with yours truly being voted in. Members from the Roanoke Valley were present at the last area asking for a letter of support to host the 2013 AVCNA, it was discussed and agreed upon that the Appalachian Area would provide the above mentioned letter of support. I am prepared to vote on the regional motions/nominations with the area's conscience. We have a donation today in the amount of \$154.95.

With Love of the Fellowship, Greg H. RCM

### **Blue Ridge RCM Report:**

Hello NA Family of the Central Atlantic Region:

The Blue Ridge Area of Narcotics Anonymous has given me a vote of confidence to represent them here today as their RCM pro temp; I remain a GSR in the Area. That and other conflicts restrain me from seeking to serve as the BRANA RCM.

As an Area we are carrying the message in 10 active home groups with over 30 meetings a week in Harrisonburg, Staunton, Waynesboro, Fishersville, Stuarts Draft, Luray, Mount Jackson, New Market and the communities which are intermingled throughout those towns in the counties of Page, Shenandoah, Rockingham, Augusta, and Highland. Unity is strong between Groups and members as we work our Recovery and exercise our various outlets of Service.

Our Area trusted servant position vacancies are: RCM, RCM Alternate, VRCC Rep and Policy Chair.

BRANA has a donation of \$125.00 to make to the Region. Our income is down from the still struggling economy but our new 2011 budget has made expenditure cuts to reflect that. Special Events has taken one of the largest hits and we are trying to be creative with simple events around "pot-luck" meals. We are also exploring "fundraisers" which all of our Groups will find agreeable to their understanding of the NA principles. Outreach, where we incorporate H & I with P.R., is operating at full funding.

#### Items of interest and attention from our AREA:

- We have nominated a new Chair to replace the current Chair whose term has expired. Our Policy Ad-hoc committee submitted a new budget article for our policy and it was accepted by the Groups. That success has spurred us to continue a re-write of our policy so that the ASC can better serve the Groups and incorporate the unity which our area cherishes. Filling trusted servant positions in BRANA and for CAR-NA *continues* to be a challenge.
- Sadly, we announce the loss of 2 members: Melissa M of the Step By Step Group and "Painter" Dave of the Chance For Gratitude Group. Both were large spirits and will be sorely missed; the memorials we had for each reflected the huge impression their lives and recovery made on many people in and out of the rooms. Joyfully, we can report that neither succumbed to the disease of addiction. Although they died relatively young and prematurely, both died clean and in active Recovery.
- BRANA 30 CAMPOUT: JULY 15-17, 2011... registration now open on-line! Visit BRANA.org and click on Campout to link to website. We have the entire Natural Chimneys campsite for the event. Fliers are available ...

#### Votes

We have voted on the standing nominations and motions from the 147<sup>th</sup> & 148<sup>th</sup> RSC:

**Elections:** Groups voted on **Chair** and **Regional Delegate Alternate II** positions;

<b>Chair</b> <b>Jim H</b> <i>nominee # 1</i>	<b>Chair</b> <b>Jeff H</b> <i>nominee # 2</i>
<b>RDAll</b> <b>Nancy S</b> <i>nominee # 1</i>	<b>RDAll</b> <b>Eddie W</b> <i>nominee #2</i>

*The votes from BRANA will be cast at that point of order in this meeting.*

**REGIONAL MOTIONS:**

**Motion 147-13:** *To change Policy, Section VIII, Item 1...*

BRANA voted on this motion:

Motion <b>147-13</b> Change Prudent Reserve/Donation formula			YES
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I look forward to seeing you all at the GSR Assembly tomorrow, to learning and sharing ideas and challenges new and old.

ILS, Peter P.

**New Dominion RCM Report:**

Good Morning Family,

All is well in the New Dominion Area of Narcotics Anonymous. We currently have 42 meetings in our area. Our last area service was Saturday April 9<sup>th</sup>. We are currently in need of an Area vice Chair, and a public relations chair. There was some confusion on our areas donation, but our treasurer thinks it will be around \$900, which is the same as our last donation. Events coming up in our area include the annual Hope Fiends campout the last weekend of this month, as well as our area Memorial Day weekend campout, both of which will be held at James River state park. Our next area service is scheduled for Saturday May 14<sup>th</sup> at 4:00 pm

In Loving Service, Brad M

**New River Valley RCM Report:**

**Outer Limits RCM Report:**

Hi family, Outer Limits ASC was held in Emporia VA on April 2 2011 at 2:00 PM. There were five GSR's in attendance. We currently have eleven home groups for 44 meetings monthly. H&I carry one commitment for four meetings monthly. Elections were held with the following positions filled: Chair- Jason G Treasurer- Phil M Secretary- Stevie P Literature- Roy W RCM- David M Alt RCM- Scott C VRCC Director-David M . I have a donation for the region from area in the amount of \$212.57. I have the group conscience of my area for motions being voted on.

ILS David

**Peninsula RCM Report: Absent**

**Piedmont RCM Report:**

Hello, Family.

Our last ASC meeting was April 3<sup>rd</sup>. Fourteen of sixteen GSRs were present. We currently have 27 meetings each week. One of those groups, I Choose Recovery renamed themselves We Choose Recovery.

H&I Subcommittee reports that all is well. Three service positions are coming open soon.

We're having an H&I and PR Volunteer Information and Appreciation Day on April 30. One hour of business, 3 hours of fun. Bring your fishing pole.

PR reports that we have 17 literature racks with a few more on the way. With few exceptions all racks have been refilled since the last ASC meeting.

Special Events is well under way with their plans for PACNA, our annual campout. This year it will be held June 10-12 at Small Country Campground in Louisa, Virginia on 25-acre Lake Ruth Ann. The theme is One Problem, One Program, One Promise.

The Piedmont Area held its 1<sup>st</sup> Annual Speaker Jam on March 26<sup>th</sup>. Six hours of 10 speakers from around the state and DC, 2 hours of eating baked spaghetti. Several VRCC members were there, encouraging us to consider making a bid for the 2013 AVCNA

I have a \$200 donation from February. We also made a \$200 donation to WSC. We do not have a contribution this time. The next ASC meeting will be held Sunday May 1<sup>st</sup>.

In Fellowship, Lawrence E.

#### **Rappahannock RCM Report:**

Good afternoon,

This RCM is pleased to be here on behalf of the Rappahannock Area of Narcotics Anonymous.

We had eleven out of sixteen GSR's present at Area which was held April 3rd 2011 we had a new group join us "Final Surrender from the Bowling Green Area. The body also agreed to allow the RCM to carry vote for procedural votes, or any votes that would not come back to the group. Activities are holding a Steps & Traditions Speaker Jam on April 30th please come out and support our Area. H&I has been actively reaching out to jails , hospitals, and institutions Rappahannock Regional Jail, Haynesville Correctional Center, and the Respite House to carry the message we are seeking support for these new commitments if you are interested follow –up with me and I will give you Gena P.'s contact information. "In It To Win It" Just held there 2nd Annual Talent show and double celebration dedicated to the newcomer. The groups in the Area are thriving and operating in their primary purpose "To carry the message to the addict that still suffers".

Our Area has expressed a lot of concern about the motion 144-8 that was passed in June 2010, which was concerning the centralization of the RSC in Charlottesville Va. We may as an Area has to make changes to our budgets and our bylaws if we will not be rotating any longer. Question: Is Charlottesville the place that we are going to make the meeting point for RSC from hence forward? Would like to visit this in new business. In addition, a very strong concern was expressed by the Area body that centralization was not fair for other Areas in which traveling to Charlottesville would be a great distance, especially when some Areas only attend the RSC when it is their quadrant. So , our GSR's will take this issue to their respective Home groups , and will report back to our Area, and decide if and how this matter should be revisited on the Regional floor. We made our decision to make an annual donation of \$280.00 per our budget.

In Loving Service Antoinette B. RCM

#### **Richmond RCM Report:**

The Richmond Area has strong home groups and meetings but has been suffering in the area of fulfilling positions of Vice Chair, Secretary, Public Relations, VRCC Rep, Alt VRCC Rep, Newsletter Chair and Alt RCM. At this time we have a Pro Temp Vice Chair Shirletta T, RCM Pro Temp Paula C, RCM Alt Pro Temp Patricia R, Pro Temp treasurer and Pro Temp Vice Chair Beverly D and Virginia H, Pro Temp PR James D and Bobby L Pro Temp Secretary.

At this time we have 41 meetings weekly. Policy Subcommittee will hold a workshop on Saturday May 14<sup>th</sup> at 1000 Thompson St.

The Circle of Sisters XVI convention was a great success in my opinion. It was well attended, great topics and speakers and fun. The committee raised \$14000 plus. A check for \$7000 plus was presented to Richmond ASC in March. I have a check today for the region for \$2000. Next years Circle of Sisters will be held in Portland, Oregon.

Our Special Events Subcommittee has been great in raising funds by putting on and fun events.

Our last two ASC meetings were disorderly in my opinion. Per our treasurer we have not been meeting our prudent reserve.

I'm concerned as my name as a nominee for RDA2 was not mentioned in February minutes.

We will meet the 1<sup>st</sup> Sunday in May.

For the love of service, Nancy S.

#### **Roanoke Valley RCM Report: Present**

Greetings from the Roanoke area of NA

All is well and the message is being carried. We have 33 meetings with 28 home groups. We have 4 H and I meetings in our area. We have recently gone back into the Roanoke City Jail for the women, Mt Regis 30 day program, at the

probation and parole, and the detox facility.

We elected a new H and I chair Loretta S. We have one position open in our area due to Mike G stepping down from our area PR chair. Peter N the vice chair for the PR subcommittee was nominated at the last ASC and sent back to groups. We are submitting a bid to the VRCC for the 2013 AVCNA. An ADHOC committee was formed and a rep went to the Appalachian area service to get a letter of support and it was given. We are looking forward to having the regional convention in our area if we get the bid.

In loving service Maria J.

### **Shenandoah Valley RCM Report:**

Greetings to the 149<sup>th</sup> RSC from the Shevana ASC. Our last ASC meeting was on April 11<sup>th</sup>, 2011 with 11 out of 16 Home Groups being represented by GSR's. The one Home Group that had been voted off the meeting list was reconsidered and brought back up for discussion under the 8<sup>th</sup> and 9<sup>th</sup> Concepts and sent back to Groups for voting with different Pro's, cons and intent. The vote came back to put the meeting back on the meeting list. The 29ers Group that was meeting on Monday nights in Winchester Va. turned in their literature and informed the Area that the group is no longer meeting. We are carrying 22 meetings per week. Right now we are struggling with trusted servants taking positions at the Area. We are also looking for a new place to hold Area Service. An Ad Hoc Committee was formed by the Chairperson Kenny D. and chaired by Linda A. The RCM Melissa E. had a prior commitment before this RSC. I Randy D. was appointed pro-temp for the 149<sup>th</sup>.

We have no donation at this time.

Open positions are; Vice Chairperson, Secretary, RCM Alt., VRCC Director, VRCC Alt. Director, H&I Chairperson, Outreach and Public Relations. We do have Brittany R. as the H&I Vice chairperson. H&I held their quarterly handbook study on March 20, 2011. We are still committed to three facilities a week, CFW Jail (men and women in main facility and co-ed in work release building, Juvenile Detention Facility and The Behavioral Health Unit at the Winchester Medical Facility in Winchester Va.

Sean D. was gracious to take minutes at this ASC.

James B. is our new literature chairperson. James has done this position before.

Darryl L. is our newsletter Chairperson. He is learning the ropes. There has not been a newsletter print yet.

Hugh M is our new Special Events Chairperson. This committee just had a Bowling Day on April 9, 2011. The next event is the Night of Elegance on May 21<sup>st</sup>, 2011 with speaker Ronnie B. from Northern Va. for more info see [www.shevana.org](http://www.shevana.org).

We have plans for Annual Picnic on August 20, 2011. Speaker Jam is in July. The Campout is June 10-12, 2011 at the Battle of Cedar Creek Camp ground in Middletown Va. Their next subcommittee meeting is May 4<sup>th</sup>, 2011 at 6:00 pm at the Daily Grind.

Kathy M. is our Policy Chair. Norman C. is Vice Chair. The committee is working on putting into policy procedures that will prevent what happened to the Fire Faith and Fellowship meeting being voted off the meeting list.

In open forum the 4<sup>th</sup> Concept were discussed. One home group asked how to deal with people bringing pit bulls into the meetings. There was discussion about the US Fellowship.

Special Events is also hosting Marathon meetings for the annual Apple Blossom Festival Activities here in Winchester Va. from April 29<sup>th</sup>, 2011 till May 1<sup>st</sup>, 2011. Contact for this event is Melissa E. at [melissaelliott@comcast.net](mailto:melissaelliott@comcast.net)

Regional motion #147-13 we vote in favor of motion.

Regional nominations we vote Jim H. for Regional Chairperson.

Eddie W. for RDA-2

Thanks for allowing me to be of service, Randy D.

### **Southside RCM Report: Absent**

### **Tidewater RCM Report:**

Our last ASC meeting was on Sunday 4/10 with 33 home groups present so we had quorum.

We have the following position vacancies: treasurer, treasurer alt and RCM alt.

AVCNA plans are progressing nicely. The Cavalier Hotel in Virginia Beach will be the location for the convention. The next fundraiser for AVCNA will be on April 30<sup>th</sup> at the Easy Does It Club on Harmony Rd in Norfolk. It will be a dance from 9pm to 2am. Tickets are \$10 at the door and \$8 in advance. Elaine has tickets at (757)219-1828.



Our next ASC meeting will be on Sunday 5/8 at Norview United Methodist Church in Norfolk.  
ILS, Neal G.

### Tri-Cities RCM Report: Absent

Break for lunch @ 12:45pm to 2pm

Reconvened @ 2pm w/serenity prayer and roll call 12 RCMs present, quorum met.

### Old Business

Motion 147-13 Mover: Don V. Second: Bill M. New Dominion RCM

Motion: To change Policy, Section VIII, Item 1

From: RSC will maintain a prudent reserve. After expenses are paid, all remaining money will be donated to NAWS.

To: RSC will maintain a prudent reserve. After expenses are paid, 50% all remaining money will be donated to NAWS.

Intent: To allow for prudent reserve to be better maintained during low donations RSC's

Pro: In our present practice, we are starting each RSC either at or below Prudent Reserve. This motion would allow the RSC to have a small buffer that would allow us to help cover a low donation RSC.

Pro: This motion would create a more flexible access to our financial resources and also allow for times of low donations from area to region, donations to NAWS would most likely more consistent as well as no donations are made to NAWS when the region is below prudent reserve. This way donations to NAWS would be spread throughout the fiscal year.

Con: Areas may drop their donations by 50%.

Motion: Needs to go back to Home Groups and be voted on.

At 148th RSC to many abstentions, poled abstentions, and sent back to areas to be bought back for vote at 149th RSC.

At 149<sup>th</sup> RSC Motion Passed 0-9-3

Motion 148-8 Mover: Bill M. Policy Chair Pro Temp Second: Brad M. New Dominion

Motion: to make a change in policy under Section XVI (146th): Service Districts, Letter E

Change from:

Subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants.

Change to:

Subcommittees, except for the Speaker Jam Subcommittee, will hold their meetings in a constant location to be determined by a simple majority vote of the subcommittee chairs.

Intent: Central location will promote regular and consistent attendance for subcommittee meetings.

Pro: Rotation of subcommittee does not work.

Pro: It would promote having regular subcommittee members.

Con: Is against the word constant because the subcommittees can change location every other month.

Con: that by centralizing the subcommittees they could not be viewed by new people and thus not give them the opportunity to be attracted to service.

Referred to Policy for clarity until 149th RSC

Clarity Motion 148-8 Mover: Bill M Policy Chair Second: Brad M New Dominion

To change CARNA Guidelines and Rules of Order Section XVI (146th): Service Districts, Letter E

From: Subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants.

To: Subcommittees will meet at least once every two months.

Intent: To ensure that the subcommittees meet regularly to serve the needs of the region and it's areas to fulfill our region's purpose by allowing each subcommittee the freedom to build a strong subcommittee to serve the basic functions of unifying the fellowship within our region.

Pros:

1. This motion will allow for flexibility in the function of regional subcommittees, to explore options that can save 7<sup>th</sup> Tradition funds. This motion will also allow for members and groups to decide how best they are provided needed services in allowing forum to follow function through potential increased participation.

2. This motion relaxes our policy so we can make changes that will contribute to our subcommittee growth and better serve our region.

Cons:

1. A motion in this form does not provide for any pre-notification of areas, RCMs, GSRs or other interested addicts. This will allow for meetings to be called on short notice without allowing for any other interested parties to attend. This would allow for decisions to be made at the subcommittee level by select few notified members.

Take this motion back to groups to be voted on at 150<sup>th</sup> RSC

Motion 148-9 Mover: Bill M. Second: Nancy S. Richmond

Motion: To purchase the liability insurance policy from Tammy R. CIC for a total of \$1206.00 per year. The policy is written by Philadelphia Insurance Companies. The insurance proposal including Bell Endorsements and Crisis management Endorsement is attached.

Intent: To ensure the Central Atlantic Region including its areas and groups are following our 7th Tradition by being self supporting in the event of a law suit.

Refer to Treasurer for impact statement until 149th RSC

Impact Statement: Over the previous 12 months, we have made one donation of \$4707.421 to NAWS. The purchase of insurance at a cost of approximately \$1200 should be feasible, but will reduce the regional donation to NAWS by same amount. Treasurer Pro Temp, Don V.

Pros:

1. The initial proposal for liability insurance came from the loss of a meeting location in the BRANA Area due to a request from the host facility for LIABILITY INSURANCE. Unable to afford insurance as a home group the meeting location of many years was lost. In service to its groups BRANA initially asked for this issue to be explored.

Cons:

1. Because of the impact on regional finances and our donations to WSC I urge not supporting this motion.
2. Quite often facilities where NA holds its meetings and events have riders in their insurance policies which provide coverage for communities; also having liability insurance can invite frivolous law suits.

Take this motion back to groups to be voted on at 150<sup>th</sup> RSC

## Nominations and Elections

Chair

Jeff H elected by simple majority

Vice Chair

Jim H nominated and accepted and won by acclamation.

RDA2

Eddie W elected by simple majority

Activities No Nominations

H&I No Nominations

Public Relations No Nominations

Treasurer No nominations

Speaker Jam No nominations

Take back to groups

Motions related to nominations and elections

Motion 149-2 Mover: Donna Lee P Second: Neal G Tidewater

Close nominations for Vice Chair.

Intent: To move forward with business.

Motion passed 0-12-0

Break 3:20pm to 3:40pm

Roll Call done again 11 RCM present Quorum met

## New Business

Motion 149-3 Mover: Etta F RD Second: Brad M New Dominion

For the RD to attend Autonomy Zonal Forum July 30<sup>th</sup> 2011 in Almont, WV Hotel \$100, gas tolls \$50, and per diem \$50.

Intent: to fulfill the duties per policy of Regional Delegate and to bring back information to our region.

Motion passed 0-11-0

Motion 149-4 Mover: Donna Lee P. Second: Brad M New Dominion

To approve the purchase of a projector and screen for use by the regional body not to exceed \$700 to supersede 141-13 previously approved for \$300 for a presentation board never purchased and no longer needed.

Intent: to manage expenses by owning rather than renting this equipment, to eliminate individual member's liability incurred when borrowing this equipment from individuals or groups, to become fully self supporting declining outside contributions.

Pros:

1. Come to a solution been talking about this for a year now.
2. Due to the numerous times used it will pay for itself.

Cons:

None

Take back to groups to be voted on at 150<sup>th</sup> RSC

Motion 149-5 Mover: Donna Lee P Second: Brad M New Dominion

For the RDA to attend the Autonomy Zonal Forum to be held in the Mountaineer Region on July 29<sup>th</sup> and 30<sup>th</sup> Hotel \$100, Gas \$50 and per diem \$50

Intent: that the RDA fulfill their duties per policy.

Motion passed 0-11-0

Motion 149-6 Mover: Eddie W Second: Brad M New Dominion

For the RDA2 to attend the Autonomy Zonal Forum to be held in the Mountaineer Region on July 29<sup>th</sup> and 30<sup>th</sup> Hotel \$100, gas \$50 and per diem \$50

Intent: that the RDA2 fulfill their duties as per our regional policy.

Motion passed 0-11-0

Planning for Next RSC

150<sup>th</sup> RSC will be June 18<sup>th</sup> with Open Forum at 11am at

UVA Main Hospital

1215 Lee St.

Charlottesville, VA

Parking available in the Lee St. Parking Garage

Cross the street from the Garage, go into main entrance, meeting space is just to the left of the Cafeteria.

149th RSC closed at 4:20 pm with Serenity Prayer.

Thanks for allowing me to serve.

ILS, Cynthia W. Secretary