

**152nd Central Atlantic Region
Regional Service Conference
Meeting Minutes
October 15, 2011
2300 Dumbarton Rd
Richmond, VA**

Open Forum began at 10:03am with Serenity Prayer

Topics of Discussion:

1. East Coast Conventions (Case of Basic Text)
2. RSC Location Confirmation
3. Regional Speaker Jam Speakers
4. Subcommittee Bylaws
5. Fellowship Assembly

Open Forum closed at 11am

RSC opened with the Serenity Prayer at 11:15am

Purpose, 12 Traditions, 12 Concepts were read

Roll Call/1st Quorum - (all members below were present)

Chair - Jeff H

Vice Chair - Jim H

Secretary - Cynthia W

Treasurer - Neal G

Regional Delegate - Etta F

Regional Delegate Alt - Donna P

Regional Delegate Alt 2 - Eddie W

VRCC Chair – Jimmy B

Policy Chair - Bill M

Hospitals and Institutions Chair - Lawrence E

Speaker Jam Chair - Maria J

Public Relations Chair – Nancy S

Almost Heaven - Sherry V

Appalachian - Greg H

Blue Ridge - Peter P

Gateway to Freedom – Mike P

New Dominion - Brad M

New River Valley - Absent

Outer Limits - Absent

Peninsula – Marvis B

Piedmont - Matt E

Rappahannock - Antoinette B

Richmond - Absent

Roanoke Valley – Sam A

Shenandoah Valley - Melissa E

Southside – Kim A

Tidewater - Mark W

Tri-Cities - Butch C

Areas not present for 2 RSC – Outer Limits, New River Valley

Recognition of New Attendees – Mike P Alt RCM Gateway Freedom

Establishment of Quorum 13 RCM/RCM Alts present, 1st and 2nd Quorum met.

Approval of Minutes

Motion 152-1 Mover: Jim H Second: Butch C Tri-Cities

Waive the reading of minutes.

Intent: To continue with the flow of business. Passed 13-0-0

Motion 152-2 Mover: Brad M Second: Melissa E SHEVANA

Approve the 151st RSC minutes as written.
Intent: To continue with the flow of business. Passed 13-0-0

Trusted Servant Reports

Chair Report:

It has been a busy two months since the last RSC. First I would like to report that the mail is being picked up regularly .We received a case of Basic Text from ECCNA. (28 soft cover text) (Read letter attached) We will discuss in new business what to do with the books. All other mail has been sorted and passed out.

There was some concern about an email that forwarded to the regional email list from, USFALL schedule and balloting registration. This was information that was sent to me as Chairperson of the Region. I just asked to have it passed on for information purpose only. No opinion on my part.

I have been working on the RSC calendar, it is as follows:

Dec. 17, 2011 11:00am - 5:00 pm	Hinton Avenue Methodist Church
Feb. 18, 2012 11:00am- 5:00pm	Place TDA
April 21, 2012 10:00am- 5:00pm	UVA Dinning Conference Room
June 16, 2012 11:00am-5:00pm	UVA Dinning Conference Room
Aug 18, 2012 11:00am- 4:45pm	UVA Dinning Conference Room
Oct. 20 Multi-Day	Time - Place TDA
Dec 15, 2012 11:00am- 5:00pm	UVA Dinning Conference Room

All the above place have been reserved, I'm still working on Feb and Oct.

For the Multi-day in April we can get rooms at the Days Inn for 70.00 a night if we reserve now. We will get 1 complimentary room for every 10 rooms we book.

This Multi-day event has taken a lot of time and effort to include, agenda, flier, hotel rooms, meeting space, and meals, Thanks to all that have helped. We are well within budget. The last count on hotel rooms was 12@ 59.00plus tax (\$780.00). Meeting space \$220.00. Sunday Lunch not to exceed \$600.00.

The last Multit-day in April cost us around \$2,400. My hope is to show the region we can have better events at lower cost due to better planning.

I have been in contact with our regional H&I and PR. Chairpersons since the last RSC. I'm hoping to see future Subcommittee meetings in November.

I have not completed the bank signature issue.

I want to thank the McShin Foundation for allowing us to use this space today and all those that are helping out today setting up a preparing the food.

In Loving Service, Jeff H

Dear Fellow Members,

The East Coast Convention of Narcotics Anonymous 15 (ECCNA 15) was a huge success! The convention was hosted by the United Shoreline Area and held at Connecticut College in New London, CT. the theme for this year's convention was "In Loving Service" and was brought to life by the Host Committee and volunteers. In addition to carrying a message of recovery, ECCNA 15 was able to generate enough funds to by 45 cases (28 books per case) of Basic Texts. Amazing!! A total of 23 cases will be distributed to the Host Area jails and prisons along with other jails in the Connecticut Region. A full case of books will also be distributed to the remaining 22 regions that make up the East Coast. Enclosed, please find your books along with a financial statement from this past year's convention.

We are grateful to be fulfilling our primary purpose which is to celebrate recovery and distribute copies of the Basic Text to jails and institutions. For more information about ECCNA, please visit our website at www.eccna.org. You can find out what regions make up the East Coast, how the convention did last year, as well as keep up with details about upcoming convention.

ECCNA, Inc. is proud to announce the Tristate Region as the winner of the bid to host ECCNA 16!! The convention will be at Robert Morris University in Moon Township, PA on June 15-17, 2012. Registration will be available soon on the website.

One of our goals as an Advisory Board is to have a representative of each region on the East Coast on our board. We have enough open positions on the board to accommodate each region. Please consider nominating a member of your region to serve on the Advisory Board. The requirements, bylaws and the nomination form are also available on our website.

Should you have any questions, please feel free to contact us. ILS, ECCNA Advisory Board

Vice Chair Report: No Report

Secretary Report:

I am sorry that I did not mail out any minutes since the last RSC but I will do better this time. I am asking for some patience, possible help and understanding during my current term due to the news that I recently received about some serious health issues that I will be dealing with in the coming future. Thanks for all your prayers and concern.

ILS, Cynthia W

Treasurers Report:

I have been working on a budget for 2012 and have the first draft of that budget here for review by the body. Part of what I was asked to do was to determine a prudent reserve for the Region and I will present a proposal for that issue. I also came up with what I hope is a simple method for determining how much money might be available to send to World at any given RSC, if we choose to send such funds.

I will present all of the above items at the budget committee meeting. This is my first time doing this so I'm not sure about the timing for discussion and review and when the proposed budget is actually presented for a vote. I'm still not on the bank signature card and I don't have the checkbook. We need to address these issues promptly along with how to get the mail to me in a timely manner so I can pay bills promptly and so I can reconcile the checkbook with the bank statements.

I still have a handful of blank computer checks for the Bank of America account. I suggest that we destroy these but I'm certainly open to other suggestions.

Attached is the financial statement since the 151st RSC. This report is based on the information that I was able to get online. The last activities reported were on 09/23/11.

ILS, Neal G

Financial Statement 08/20/11

Opening balance (closing balance from 151 th RSC report):		\$10,364.43
One credit:		
	Shevana contribution:	\$409.64
	Peninsula contribution:	\$300.00
	Appalachian contribution:	\$387.17
	Piedmont contribution:	\$500.00
	Almost Hvn Coop contrib:	\$120.00
	Almost Hvn Coop contrib:	\$30.00
	TriCities contribution:	<u>\$175.05</u>
	TOTAL:	\$1881.05
		+\$1881.05
Seven debits:		
	check 1018:	\$50.00
	check 1019:	\$40.26
	check 1020:	\$47.54
	check 1021:	\$64.71
	check 1022:	\$500.00
	check 1023:	\$73.11
	debit card 08/23:	\$94.08
	debit card 08/23:	\$942.01
	debit card 09/23:	<u>\$139.50</u>
	TOTAL:	\$1951.21
		<u>-\$1951.21</u>
<u>Closing balance:</u>		\$10,294.27
Ck 1018 VSIAS		
Ck 1019 Donna Lee Peters- AZF reimb.		
Ck 1020 Donna Lee Peters- AZF reimb.		
Ck 1021 Etta Fleet- AZF reimb.		
Ck 1022 Antoinette Baker- Speaker Jam		
Ck 1023 Edward Williams		

Debit \$94.08 Primus
Debit \$942.01- Professional Communications
Debit \$139.50 Network Solutions web hosting

ILS, Neal G

Regional Delegate Report:

Hi Family, I am eager to tackle the information and processes that we are attempting at this meeting weekend. We have much to do with the budget and workshop materials to offer on Sunday. With this in mind there is not a lot to report this time except to please participate in the 2011 Membership Survey which is online with a deadline of December 31st. It is a great way to be heard and your participation is valuable. Go to <http://www.na.org/survey> and complete. The Living Clean- the Journey Continues approval draft is now available for \$8.95 including shipping and handling or you can view it online at www.na.org/?ID=Living Clean Project .It will also be included as an addendum in the upcoming Conference Agenda Report (CAR) 2012 to be released November 28th 2011. It will need a 2/3 majority vote in favor by the regional delegates to be considered fellowship approved. I am soliciting your input on what you think about the material. Soon we will be preparing for the CAR workshops that will be rotating throughout the four quadrants of our region. Please look for flyers and let's have the largest turnout ever in receiving the information so that we can be ready for the GSR Assembly in April. We are beginning to get some more interest on the service system project that will have the "agreements in principle" discussed at the WSC. While we have done workshop and presentations in the region at our prior two day event and regional convention, unity fest and a town hall meeting at Almost Heaven, know that our availability will be greatly diminished for workshops during CAR workshop season. Please call or email us if you have questions also information, PowerPoint and workshop is on our website. Lastly the Social media review and input form sent to conference participants will be submitted by the deadline of Oct 31st. I have a copy with me if you would like to review it today and give me your thoughts.
In loving Service Etta F.

Regional Delegate Alternate Report:

Hello everybody. Eddie and I gave a presentation of the Service System Project at the 6th annual Unity Fest held in Hopewell, VA on Sept. 24th. Participation was strong and the event was well attended. We thank the Unified Public Relations Subcommittees of New Dominion, Richmond, Tri-Cities, and Blackwell-Southside for the opportunity to serve.

I want to thank Bill M. for his research and finding an assortment of projectors from which to choose. We have found a good projector for our needs that includes a 3 year accident warranty plus and extra bulb that comes in within our budget. I think we have made the best choice as the extra bulb can cost between \$150-\$200. We will have the projector ordered this weekend. I would like to thank the region for their support of this purchase which use will surely pay for itself in the course of the next year in savings on the cost of rentals

I look forward to this weekend and have spent some time reviewing Planning Basics which is an excellent tool to use around the region. I also look forward to our presentation on Sunday on the Service System project in which we plan to use a shortened power point presentation leaving time for participation from the floor.

I have found a potential location for the Quadrant 1 CAR workshop. These need to be scheduled now so that flyers can be made available at the December RSC. I will be asking for your help to set locations and times for these workshops in your Quadrant. The delegate team will be working on that this weekend.

I have done some investigating online for the best prices on flights to the WSC and think it would be prudent to book flights sooner than later as they are really cheap within a few months of the event. The delegate team will be bringing our ideas to the budget meeting tonight. Sorry Neal that I didn't get this information to you sooner but I have been looking into it.

The 2011 Membership Survey is now available online with a deadline for submission on Dec. 31st 2011.
In Loving Service, Donna Lee P.

Regional Delegate Alternate II Report:

Hello family,

On September 24th I, along with our Regional Delegate Alternate Donna Lee P., attended the Sixth Annual Unity Fest in Hopewell, VA where we conducted a presentation concerning the Service System Proposals. The

event was well attended and our presentation appeared to be well received. I am submitting a gas receipt in the amount of \$29.51 for reimbursement.

Over the next several months I look forward to working with our RD and RDA in scheduling the four CAR Workshops to be conducted throughout the Region upon our return from MARLCNA in February.

Finally, I noticed in the minutes I received from the 151st RSC in August that the RDA2 report I'd read had not been included. When I went back to check my e-mail account to try and determine why it might not have been received by our Secretary I discovered that I apparently never actually clicked "send" (my message was still designated as a "draft"). I attached it along with my current report in the hope it might be added to the archives. Regardless, I apologize for the oversight and will make every effort to be more vigilant in the future (sorry Cindy☺).

Announcements and Reminders:

- 2011 Membership Survey: Members will be given four months to complete and return the survey either online, by fax or by mail. They would like as many members as possible throughout NA worldwide to participate and are encouraging each of us to spread the word of the survey to our member friends. To complete the survey online, go to <http://www.na.org/survey>. The deadline for survey completion is 31 December 2011.

In Loving Service, Eddie W.

VRCC Chair Report:

Hello all, VRCC would like to have more areas sends Directors: Almost Heaven, Appalachian, Blue Ridge, New River Valley, Peninsula, Rappahannock, SHEVANA, Southside and Gateway. The 30th AVCNA is coming together. The 800# on the flyer is wrong. Please announce 1-800-446-8199. The 31st in Roanoke in 2013 is in the works. Please send a nomination for Vice Chair when we meet in November 3rd Sunday.

ILS, Jimmy B

Hospitals & Institutions Chair Report:

Family.

I have some good news and some bad news.

I was not able to put together a workshop for September. My lack of experience on a variety of topics (including rotation) and not getting responses to several emails just left me not knowing what to do.

Moving quickly on to the good news, I'm planning a workshop for November 12 in Blacksburg, VA. The location meets rotation requirements. I'm working with the New River Valley's RCM, Stephen W. and their Area H&I Chair. The matter was to be discussed at their October Area Service meeting. I have not yet had a chance to talk with Stephen. I sent a follow-up email on October 6 but have not yet heard back.

Following the update of the rotation calendar I will work with the appropriate RCMs to plan the first H&I workshop of 2012. Details will be announced at the December RSC.

I received a request for meetings from the Chesterfield Juvenile Detention Center. I forwarded that request to the appropriate RCM for action.

I also received a forwarded email from Greg H., Appalachian RCM. Their area sent a few copies of the Basic Text to a correction facility near Lynchburg. I don't have any other information about that. I would remind the RCM that the H&I Subcommittee can assist start-up efforts like this.

We distributed literature for a start-up program at the Fluvanna Women's Prison in Troy, Virginia. The meeting is under the auspices of the Piedmont Area of NA. The literature included the three bound books and a variety of appropriate IPs, to a value of \$58.74.

Five literature packets were mailed in response to letters from inmates. The mailings contained literature and area-specific meeting lists. The total cost of postage was \$12.29. The total cost of literature was \$17.83. I am submitting a request for reimbursement for the postage costs.

I'm submitting a request for \$33.96 in order to place a literature order from the Free State Service Center. This will bring the inventory level back to the level I received.

Based upon this morning's Open Forum discussion I would be glad to document what I do as Regional H&I chair to be posted on the CARNA website. It would be for the use of future H&I chair and anyone interested. There is an RCM guideline to provide, "Any other information that may benefit NA as a whole, i.e. a list of facility mailing addresses and contacts for all H&I commitments." One of my duties is to maintain such a list so getting the information from the RCMs is essential.

Lastly, I developed a really cool, easy-to-use Excel spreadsheet for tracking the H&I literature inventory, distributions and orders. I also developed an H&I 2012 Budget to be presented and discussed tonight. In loving service, Lawrence E.

Policy Chair Report:

The Policy Subcommittee has not met since the last RSC; therefore, I have no report on new business. There are several reasons I did not meet and I want to inform this body of them.

First; the RCS submitted no business to the subcommittee and I was not asked by any other subcommittee or any member of Narcotics Anonymous for any information, support, or advice. I feel that meetings are to conduct business and if there is no business then there is no need for a meeting. This brings me to my second point.

There is nothing in the CARNA Guidelines of Rules of Order or in Addendum 1, section 1, Regional Policy, requiring the Policy Subcommittee to meet in regular intervals. Therefore, this subcommittee will only meet when there is business in front of the Policy Subcommittee or this subcommittee is asked for support. ILS, Bill M.

Public Relations Chair Report:

I'd like to thank everyone for their condolences due to the death of my daughter. Please continue to keep me in your prayers.

I have received all PR supplies and I have been in training with Charles W, the former PR chair and James D the Regional Phoneline chair. Sherry V has agreed to continue as the webmaster until we have an election.

James D, George B and Mike P covered the Summer Institute in Williamsburg for me.

I've asked James D to wait until Monday to send out the information to the Regional PR Phoneline contacts.

We now have 16 areas and James reports he has only received 5 areas updates to their meeting schedule. I need an updated contact list to send the phoneline information too. The current list is outdated as about contacts have been returning to James.

I attended the Unity Fest in Hopewell.

In loving Service, Nancy S

Speaker Jam Report:

Thank you to the Rappahannock area for their major help on my very first speaker jam that was put together in 6-8 weeks. They were more than helpful. The company that agreed to tape this speaker called and cancelled, but JMC taping company showed up and agreed to tape the speaker jam for \$170. This company contacted me by email to request taping regional speaker jams in the future. Total receipts \$381.31 and total turn in cash \$118.70.

We have no bid at this time, however I received an email from the almost heaven area requesting information to place a bid.

In Loving Service, Maria J.

Area Reports

Almost Heaven RCM Report:

Hi All

Almost Heaven is alive and changing. We have a proposal going back to groups to change policy to incorporate a service structure that is inclusive of what we are calling a Local Service Unit. This is a modification of what is proposed by the Service System Project so we will still have an Area Services but one meeting per month with being task orientate. We are in planning stage as far as starting a calendar of health fair and contact persons. So we know ahead of time when these events are happening. Where we were stumped was how to do a task related budget. We sent out email to various delegates and to world board on this issue. We only got one response back from Travis from World Services. From her in put and a meeting if the policy is changed then we have a budget to go back that is based on task related. We have a Dance coming up Oct 28 ...called Dance fever in Bedington Ruritan Club. Martinsburg, WV. We are still trying to work on our meetings to go into Eastern regional Jail. The increased their clean time require to 5years clean that has hurt our human resource pool. Nomination has been taken from our 26th AHACNA...Budget-wise we

lost money on the convention which is an intentional goal every few years to put funds in to keeping our convention affordable and attractive.

In Loving Service, Sherry V

Appalachian RCM Report:

Hello Family,

The Appalachian Area had its last meeting on 10/2/11 at The Gateway in Lynchburg. There were six gsr's present for the meeting. Presently the following positions are open: Vice Chair, Co-Treasurer, Special Events Chair, RCM alternate, VRCC director, and VRCC alternate director. We currently have 10 home groups with 27 weekly meetings. Presently the H&I subcommittee remains active with two commitments with one being at a jail in Rustburg, and another being at a homeless shelter. We, like many other service bodies in NA, continue to struggle with having enough willing members to fulfill open positions.

The regional motions were voted on and I will be carrying the group's conscience for these motions. I would like to thank Nancy S. for arranging to have the regional meeting list sent out for revisions to ensure the regional help line's meeting list is up to date. The Appalachian Area has a donation in the amount of \$140.70.

I know that some members seem to think that the United States Fellowship Assembly is an "outside issue", however I believe it is appropriate to discuss. I say this to ask if any groups, areas or other service bodies have decided to vote on the creation of a United States Service Body as I have been receiving emails from this "movement" asking for a vote on this matter, so I am just wondering how other service bodies are addressing this if at all.

With love of the fellowship, Greg H.

Blue Ridge RCM Report:

Hello NA Family of the Central Atlantic Region:

The Blue Ridge Area of Narcotics Anonymous is holding its own but not much more. There is some fine recovery for individuals attending meetings through out the Area but financial and service commitments are lagging. Outreach (combined H&I, PR and Outreach) and is struggling for dedicated members. Executive trusted servant positions remain VACANT or commitments are overextended. One home group is now getting help in chairing meetings from Outreach. Although there is strong attendance at the weekly meeting the home group is not attracting members to serve, similar problem for a second home group but they are not yet dependent upon Outreach. A highlight remains with the various special events offered from home groups to the Area; the 4th Annual Go Jump in the Lake event (hosted by Find A New Way To Live Group) was a grand event despite rain for much of the day. A costume Halloween dance will be hosted by the Just For Today Group on Oct 29th. All these events have been financially supported at Area level.

BRANA still lists 10 active home groups with over 30 meetings a week in several communities. Outreach is chairing 3 jail meetings, 2 at Middle River Regional, 1 at Harrisonburg Men's Diversion Center. Two Groups continue to host open meetings at the New Hope DeTox Unit each week, one on Saturday and one on Monday.

BRANA is looking to fill several positions including the still open position for Secretary. Our Area trusted servant position vacancies are: Vice Chair, Secretary, RCM Alternate, VRCC Rep, Policy Chair and Literature Chair. We are looking at ways of attracting members to service positions outside of their home Groups. BRANA is unable to make a monetary donation to the Region at this time. Our income remains low and the cost of events is taxing our funds.

I have the will of the BRANA Area on the 2 motions from the 151st RSC and am ready to vote.

Our Group Conscience at Area had questions about the current Region event – the 152nd RSC and the Sunday workshop event – being planned for Richmond while we voted on a motion to allow that to happen or not. As RCM I lamely offered that I might not have paid attention and some provision was made for this exception AND that I believed decisions were being made in the best interests of the Region. I will need to clarify my understanding of how this decision was made so that I can respond to my Area.

ILS, Peter P.

New Dominion RCM Report:

Good Afternoon Family.

All is well in the New Dominion Area. We have recently added two new meetings, bringing us up to 42 meetings and 39 home groups in the area. All of our positions are currently filled and we are going strong. Our vice chair is in the process of setting up a date for workshops on the proposed service structure and consensus based decision making. I will announce the date as soon as it is set in case people from other areas wish to attend.

We recently made some policy changes on voting and abstentions to try and provide more accuracy and provide a true, clear group conscience.

On October 22nd the Hope Fiends home group is sponsoring a family friendly Brunswick Stew Bonfire at Jeff H's house. There are fliers on the table. Our area's latest donation was \$4665.23.

In Loving Service, Brad M.

New River Valley RCM Report: Absent

Outer Limits RCM Report: Absent

Peninsula RCM Report: No Report

Piedmont RCM Report:

Hello Trusted Servants:

There are currently 17 home groups carrying 26 meetings in our area. This is including an additional 12:15-1:15 meeting on Fridays being carried by the New Life group at the same meeting place as the other three meetings. This change was not added to the most recent edition of meeting lists;

There were 15 GSRs at September's ASC meeting that occurred on September 11, 2011 at 4:00 pm at the Wesley Foundation;

All positions at the area level have been filled with the exception of RCM 2 and VRCC alternate

Our special event committee is planning our Area's Annual Halloween Party to occur on Friday, October 28th. The party will take place from 7:00 pm – 11:30 pm.

The public relations committee has removed our area's local helpline number and is directing calls to the regional helpline.

All hospital and institution meetings are occurring as scheduled. Two men's and one women's meetings a week at the Albemarle County Regional Jail, one meeting a week at Boxwood treatment facility, and one meeting a week at the Wellness Recovery Center. There is a plan to begin a women's meeting at the Fluvanna correctional facility.

The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict;

The next Piedmont Area Service meeting will occur at 4:00 pm on November 6, 2011 at Hinton Ave.

In loving service, Matt E.

Rappahannock RCM Report:

Good afternoon, Area was held Oct. 3 2010 and this RCM is pleased to report that the Rappahannock Area is getting ready for a lot of activities. We have 15 home groups in our Area we had 10 home groups show up for Area service. The vacant positions are Vice-chair, Secretary, RCMII, and VRCC Director. The treasurer position was filled by Lilli D. We had a pretty successful speaker jam on October 02, 2010 it was hosted by the Activities Subcommittee. We also have a Learning Day that will be hosted by H&I on November 20th 2010 would love for all Areas to participate we have flyers available to give further information. PR Subcommittee will be doing a panel discussion at Snowden on October 18, 2010 they are also scheduled to do a mailing no date at this time. One of the groups Man Up to Recovery has recently changed their format to an open meeting and it is now a flat book meeting. It had good participation on their first night which was Oct. 14 2010. Area also passed a new budget for the RCM II which will be \$50.00. Per Article 10 of our Bylaws the committee, subcommittee and the administrative members are required to meet weekly for necessary changes to the Annual Budget it is open to all members. September we did not have Area due not having anyone to step up as a secretary and we still have four open positions. We are hosting the 29th AVCNA and we are moving full steam ahead as pre-convention, and convention information wind down we will be merging to help support other committees, and we still need some trusted service to be chairs having a year or more clean time

the contact will be Rudolph C. You can see me to get his number. We really need some support from all Areas with this convention and I have all contact information. We have no Area donations at this time. Our next Area service is November 6th at Mary Washington Hospital.
In Loving Service, Antoinette B.

Richmond RCM Report: Absent

Roanoke Valley RCM Report:

Hello family,

Roanoke Valley Area is doing well. We currently have the following sub-committees open: H&I. Our area will be hosting a costume dance on October 29th, 2011 from 8:30-2am at Metropolitan Community Church 801 Jamison Ave Roanoke VA, 24013. Please come out and dance the night away. Our area will be having an area inventory/financial audit meeting this month. I am requesting support from our regional delegate team to attend our Joint Administrative Committee meeting on October 23rd to provide guidance, as this is the first inventory and audit in at least 5 years.

In Loving Service, Sam A

Shenandoah Valley RCM Report:

Dear RSC,

All is going well in the Shenandoah Valley Area. We have 19 groups and 25 meetings per week. We held our last ASC meeting on October 11th. 15 out of 19 GSR's were present. We still have 4 open ASC positions at the present time. Our VRCC Director and Alternate, our Outreach Chair and our H&I Chair positions are vacant. Our H&I Subcommittee is being overseen by our H&I Vice Chair. We are currently taking meetings into 3 facilities actively and recently have gained a lot of new volunteers/members. We have some upcoming events in our area. The first is on October 29th – The Scream Scene This Halloween being hosted by our Shevana Special Events Subcommittee. It will be held at Rivendell – 96 Marsh Lane, White Post VA. There will be hayrides, music, costume contest and food. The cost is \$10. Tickets can be purchased in advance, contact Linda A. at 540-664-6077 to get yours. There are flyers available here today. We are having a Sponsor/Sponsee Breakfast on November 19th at the Grace Community Church on Roosevelt Blvd in Winchester. Flyers will be available soon and they will be posted to the Shevana.org website as well as the CAR-NA.org website. The cost of the event will be \$8 per person. We are also planning a Holiday Dinner on December 10th at Market Street UMC in Winchester on Cork Street. Please bring a dish to share. This will be a no cost event. We will also be having an NA Marathon Meeting over the Christmas Holiday. The meetings will be held at John Mann UMC on Cork Street in Winchester. The meetings will begin at 2pm on Christmas Eve and end at 6pm on Christmas Day. If you would like to volunteer to chair any of the meetings please let me know. I have a donation from the Shenandoah Valley ASC to give the Treasurer today. Thank you for allowing me to serve. Melissa E.

Southside RCM Report:

Southside Area is continuing to carry a clear message of recovery. We held our last ASC on Oct 2, 2011. The only available commitment at our area table is the Activity Chair. We have a new Policy Ad hoc Committee reviewing and updating the policy. We have 11 home groups with 34 meetings in our area. Our H&I subcommittee is still servicing 3 facilities.

Our PR subcommittee has been working hard to carry the message. We have a new ad running in the local Piedmont Shopper & our meetings will be listed in the Danville Register beginning this Sunday.

We elected a new co-treasurer who worked hard to reconcile our records and hope to have a donation at the next Regional Service Meeting.

ILS, Kim A

Tidewater RCM Report:

We have 116 meetings in the Tidewater area every week with 14 belonging to the new Beach Area but still contained in our meeting list. There are approximately 65 home groups. We had 28 GSRs attend the last area service committee meeting on October 9th.

We have several service positions open at this time: Alternate RCM, Alternate Treasurer, and Alternate VRCC.

Planning for the 30th AVCNA continues. The committee could always use more help but all the vital positions are filled

The Serenity on the Shore campout was a great success as always. H and I is hosting a learning day on November 19th from 11 to 5 at Norview UMC; food, fellowship, and speakers will be provided. Public Relations is having a poster day in late November or early December. Special Events is sponsoring a 24 hour marathon meeting at Wesleyan UMC from 7am on December 31st till 7am on January 1st.

The Tidewater Area remains healthy and continues to carry the message of recovery.
In loving service, Mark W

Tri-Cities RCM Report:

Good morning family, our Tri-Cities area is moving right along in carrying our message of recovery. We have had many celebrations of clean time and home group anniversaries, which were very well attended. Our area was able to participate in a shout out at the World Convention. That was also very well supported. Public Relations Committee put together a Unity Fest on Saturday the 24th of September. It was very successful. Our delegates were there and presented useful information to all. We appreciated the time they took to come out and share there experience and answer questions. The presentations that were given were clear and informative. Subcommittees are doing well, actively organizing upcoming events in our area. Public Relations is in the process of putting together a Unity Walk, something in November and fliers will be made available and more shall be revealed.

Special Events is working on Attitude for Gratitude which will take place Saturday, November 19th, also after years of being without any Policy or formal guidelines. The Tri-City area Special Events Subcommittee has written a policy after careful consideration and getting help from other areas who already have a policy in place.

H&I continue to carry the message of recovery to our Hospitals and Institutions. They are always in need of support.

At this time our website is down www.tca-na.org. It will be up as soon as possible.

We have made available to our area, fliers and information for all Regional Events.

Our area has also been participating in "The Morning Meditation Meeting of NA". it is a conference call meeting weekday mornings from 7:30-8:30 visit the website <http://whataway.yolasite.com>.

Area service will be having elections of all officers in December. The spirit of rotation to begin the new year in service.

We have 12 home groups and carry 19 meetings a week.

Our subcommittees are active and our area service is strong.

Tri-City donation is \$253.21.

Love and service, Butch C

Break for lunch @ 12:45pm

Reconvened @ 1:30pm

Old Business

Motion 150-7 Mover: Bill M Seconded: Trevor D New Dominion

Dissolve the Activities Subcommittee.

Intent: inability to fill the position and to adhere to our 5th Concept of a single point of decision and accountability.

Referred to Policy for impact statement

Motion 150-7 as approved by RSC.

Mover: Bill M Seconded: Mark W. Tidewater

The Activities Subcommittee will be project driven.

Change the CARNA G & RO as follows:

Amend Section IX: OFFICERS DUTIES/QUALIFICATIONS,

1A. CHAIR DUTIES

include:

16. Schedules and plans RSC conferences up to one year in advance, including meals and lodging as needed.

5A. REGIONAL DELEGATE DUTIES

include:

14. Schedules and plans the annual April GSR Assembly

15. Schedules and plans the CAR Workshop every two years (mid-February to mid- April.

16. Schedules and plans the Autonomal Zonal Forum as required.

Motion to Go Back to Home Groups for Conscience from 151st RSC

Roll Call Vote at 152nd RSC AHA-Yes, Appalachian-Yes, BRANA-Yes, Gateway to Freedom-Yes, NDANA-Yes, Peninsula-Yes, Piedmont-Yes, Rappahannock-Yes, Roanoke Valley-Yes, SHEVANA-Yes, Southside-Yes, Tidewater-Yes, Tri-Cities-Yes Motion Passed 13-0-0

Motion 151-1: Mover: Etta F, 2nd: Brad M NDANA

To change the CARNA G&RO Section XVI Service Districts Item 4

From: To Centralize in Charlottesville the RSC meetings.

To: CARNA RSC meetings will be held in Charlottesville or the surrounding suburbs except the October and April two day events which will rotate throughout the four quadrants in the region.

Intent: To encourage local area participation at the regional level and be financially responsible with our 7th Tradition funds.

Pro: This motion is a great compromise that allows our region to carry our message throughout our region via our GSR assemblies and October Workshops.

151st RSC Take Back to Areas for Consciences

Roll Call Vote at 152nd RSC AHA-Yes, Appalachian-Yes, BRANA-Yes, Gateway to Freedom-Yes, NDANA-Yes, Peninsula-Yes, Piedmont-Yes, Rappahannock-Yes, Roanoke Valley-Yes, SHEVANA-No, Southside-Yes, Tidewater-Yes, Tri-Cities-Yes Motion Passed 12-1-0

Nominations and Elections: None

New Business

Motion 152-3: Mover: Donna Lee P Seconded: Greg H Appalachian

To approve \$50 budget for fliers for the CAR Workshops. So fliers will be available by the next RSC in December.

Intent: So that RD team effectively carries out their duties. **Motion Withdrawn**

Motion 152-4: Mover: Eddie W Seconded: Greg H Appalachian

To reimburse Eddie W (RDA2) \$29.51 for gas expense to attend Unity Fest in Hopewell, VA on the 24th Sept, 2011 where the Delegate Team was asked to conduct a presentation regarding the Service System Proposals.

Intent: To get my money back. **Motion passed 13-0-0**

Motion 152-5: Mover: Sam A Seconded: Peter P BRANA

Requesting \$40 in gas funds for Regional Delegate Team to attend the Roanoke area's inventory/financial audit.

Intent: Ask the region to provide the expertise to the Roanoke area by sending the Delegate Team to help sort out our 7th Traditions funds. **Motion passed 12-0-1**

Motion 152-6: Mover: Etta F Seconded: Antoinette B

To allow each member of the delegate team to receive in advance at the proceeding RSC up to \$40 for gas and tolls when traveling to defined duties excluding RSC balance of gas used would be reimbursed upon presentation of receipts.

Intent: To assure travel and participation of our delegate team to fulfill their duties. **Motion Withdrawn**

Motion 152-7: Mover: Greg H Seconded: Marvis B Peninsula

To have the Central Atlantic Region compose and send a "Thank You" letter to the East Coast Convention.

Intent: To thank the East Coast Convention for donating Basic Texts to this region. **Motion passed 12-0-0**

Motion 152-8: Mover: Greg H Seconded: Mark W Tidewater

To give the Basic Texts donated to the Central Atlantic Region from the East Coast Convention to the Regional H&I subcommittee.

Intent: To allow the Basic Text to be distributed as needed. **Motion passed 12-0-0**

Motion 152-9: Mover: Jim H Seconded: Greg H Appalachian

To have the April 2 Day in Quadrant 4 (Outer Limits, Peninsula, and Tidewater Areas).

Intent: To move forward with planning April 2 Day Event. **Motion passed 13-0-0**

Motion 152-10: Mover: Eddie W Seconded: Greg H Appalachian

To allow Regional Delegate Alternate Two to attend MARLCNA 2012 Feb 10th-12th in Lancaster, PA and Autonomy Zonal Forum January 29, 2012. Due to hotel information, etc. not being posted yet these will be within budget of \$325 MARLCNA and \$200 AZF and itemized as follows: MARLCNA \$215 for hotel, \$70 per diem, \$40 gas and tolls and AZF \$125 for hotel, \$35 per diem, \$40 gas.

Intent: To be compliant with my duties as RDA2 and bring back information to the Region as compiled. **Motion passed 13-0-0**

Motion 152-11: Mover: Etta S Seconded: Antoinette B Rappahannock

To allow Regional Delegate to attend MARLCNA 2012 Feb 10th-12th in Lancaster, PA and Autonomy Zonal Forum January 29, 2012. Due to hotel information, etc. not being posted yet these will be within budget of \$325 MARLCNA and \$200 AZF and itemized as follows: MARLCNA \$215 for hotel, \$70 per diem, \$40 gas and tolls and AZF \$125 for hotel, \$35 per diem, \$40 gas.

Intent: To be compliant with my duties as RD and bring back information to the Region as compiled. **Motion passed 13-0-0**

Motion 152-12: Mover: Donna Lee P Seconded: Greg H Appalachian

To allow the Regional Delegate Alternate to attend MARLCNA 2012 Feb 10th-12th in Lancaster, PA and Autonomy Zonal Forum January 29, 2012. Due to hotel information, etc. not being posted yet these will be within budget of \$325 MARLCNA and \$200 AZF and itemized as follows: MARLCNA \$215 for hotel, \$70 per diem, \$40 gas and tolls and AZF \$125 for hotel, \$35 per diem, \$40 gas.

Intent: To be compliant with my duties as RDA to bring back information to the Region as compiled. **Motion passed 13-0-0**

Planning for Next RSC

Next RSC is Dec. 17, 2011 from 11:00am - 5:00 pm at Hinton Avenue Methodist Church in Charlottesville, VA.

152nd RSC closed at 2:45pm with Serenity Prayer.

Thanks for allowing me to serve. ILS, Cynthia W. Secretary