

155<sup>th</sup> Central Atlantic Region  
Regional Service Conference  
Meeting Minutes  
Good Shepherd Lutheran Church  
1489 Laskin Rd Virginia Beach, VA  
April 21, 2012

Open Forum began at 10am Serenity Prayer

Topics of Discussion:

1. Appalachian ASC meeting space situation
2. Policy 2 day clarity
3. Insurance motion clarity
4. What does our region do for our area?
5. Breaking anonymity by mail

Open Forum closed at 11am

RSC opened with the Serenity Prayer at 11:15 am

Purpose, 12 Traditions, 12 Concepts were read

Roll Call/1st Quorum - (all members below were present)

Chair - Jeff H

Vice Chair - Jim H

Secretary - Cynthia W

Treasurer - Neal G

Regional Delegate - Etta F

Regional Delegate Alt - Donna P

Regional Delegate Alt 2 – Eddie W

VRCC Chair – Sheila S

Policy Chair - Bill M

Hospitals and Institutions Chair - Lawrence E

Public Relations Chair – Nancy S

Speaker Jam Chair – Absent

RCM Packet Ad Hoc Chair- Antoinette B

USFA Ad Hoc – Greg G

Almost Heaven – Denis P

Appalachian – Greg H

BRANA – Peter P

BANA – Lance G

Gateway to Freedom – Mike P

New Dominion – Absent

New River Valley - Absent

Outer Limits - Absent

Peninsula – Jimmy W

Piedmont – Matt E

Rappahannock – Greg G

Richmond – Patricia R

Roanoke Valley – Sam A

Shenandoah Valley - Melissa E

Southside – Kim A

Tidewater - Mark W

Tri-Cities – Maria C

Areas not present for 2 RSC – Outer Limits: Jimmy W report: On April 1, 2012, I went to Outer Limits area meeting in Courtland, VA. It was 3pm when I arrived and there was no one at the meeting location. Reaching out to addicts I know in the Outer Limits area, I was informed that they don't have enough trusted servants to have area. The people I talked to were made aware of the GSR Assembly. New River Valley Sam A report: was not turned in.

Recognition of New Attendees – Greg G RANA RCM and Rudolph C RANA Alt RCM  
Establishment of Quorum 14 RCM/RCM Alts present, 1st and 2nd Quorum met.

#### Approval of Minutes

Motion 155-1 Mover: Bill M Second: Jimmy W Peninsula

Waive the reading of minutes.

Intent: To continue with the flow of business. Passed 11-0-1

Motion 155-2 Mover: Jimmy W Second: Mark W Tidewater

Approve the 154th RSC minutes.

Intent: To continue with the flow of business. Passed 13-0-1

#### Trusted Servant Reports

Chair Report:

Dear Region,

Since the past RSC, I have been busy doing business as usual. I picked the mail up regularly and have brought it here today to distribute.

I attended the subcommittee meetings in March where I sat in part of H&I and part of Policy meetings. H&I are still in need of support and subcommittee officers. It seems that all the subcommittees are working and heading in a positive direction.

As I have become more familiar with our policy regarding our budget, I see several areas I believe need improvement. At the last RSC, I asked policy to create a formula to establish our Prudent Reserve. I want to thank all of you who had input on that request. I have three more requests for policy to review and bring back, in three separate motions for our June RSC.

First, I think we need a time-line, written in policy, establishing a budget meeting, presentation of the budget, and budget approval. I think this time-line will help make it easier for future members of the RSC fulfill their duties.

Second, I want to create a vice-treasurer position and add it to policy. The intent will be to help train and secure our treasurer's position. This may be only a 1-year commitment.

Finally, I want Policy to work with the Treasurer to create a Standing Operating Budget. For instance, once we approve the budget for our help-line, we shouldn't have to re-approve the base amount for it each year. Budget approval would only be needed for any increases or additions to the budget.

A standing budget would stay in place to insure we always have a budget to guide our outgoing expenses.

Our next Budget meeting is August 18<sup>th</sup> after the RSC at the Hinton Ave UMC. Time will be determined at the close of that RSC. We will need to consider a break and travel to the different location. The meeting room at UVA was not available.

I have been working on and scheduled the October Multi-day for October 20,21,2012 from 10am-5pm on both days at The Valley Mission 1513 West Beverly St. Staunton Va. 24401. I'm still working on hotel accommodations. Our budget for that Multi-day is \$1,500.00.

As far as this multi-day, I have worked very hard to make it an attractive event. I chose Va. Beach because of its large fellowship and the beach is a favorite location for many of us to visit. I want to thank BANA for helping find our RSC location. We were able to find hotel accommodations with a great location at a very low cost. It was very hard finding a location for the GSR assembly. Hotels wanted as much as \$2000.00 a day for meeting space and 16.00 per person for a lunch. There were no churches available for a Sunday meeting space. The Royal Gardens cost is 850.00 plus tax for the day and they allow us to provide our own lunch. We made up for the cost of the room with the savings from preparing our own lunch. Our budget was \$3,000.00 for the multi-day and we didn't go over budget.

The email discussion about the policy for this multi-day was very disheartening for me. I will not participate in that type of discussion. I want to thank you those of you who contacted me directly with concerns and I believe I address everyone who contacted me directly. I tried to organize this multi-day to the best of my ability. If I were to do it again, I would do it differently. My first mistake was listening to different versions and opinions regarding "policy by practice" in our region. Most of the practices the region followed in the past are not in our policy when it comes to our multi-day. Paying Friday night's expenses is not in our policy and neither is paying for accommodations for GSRs and concerned members. It never should have been done. Policy by practice is, in fact, a violation of policy. It has been very confusing to hear our senior members telling me their version of

the policy. My understanding of policy today is different than a month ago. I regret the inability to bring this multi-day in line with our policy because I had already made plans and commitments based on previous practice. I will entertain motions correcting our policy for future Multi-day RSCs in new business today. I did not attend the USSC in Ft Lauderdale this month for two reasons. First, was it was canceled but more importantly, learned that this branch wasn't backed by any groups, unlike the UAFA. I would also like to give notice that I may not be in attendance of 156<sup>th</sup> in June. Our Vice Chairperson is willing and able to preside over the conference.  
ILS, Jeff H

#### Vice Chair Report:

Hello family

I was in discussing with Jeff about this weekend and made my decision based on what I read in policy and was on board with rooms just for Saturday. I have a lot of question as to why we are paying for room for RCM when they don't have to be here Sunday. And policy does not say anything about rooms for the GSR.

We need to take a good look at policy and close all the gray area.

This is my first year serving region and only know what to do by what I read in policy and if its not in black and white and in policy .Then it's not policy.

In Loving Service, Jim H

#### Secretary Report:

No minutes were mailed out due to I received the wrong printer and didn't buy ink for it. I don't have any printed sign in sheet but will send around sheet for any new people to sign for copies of minutes. I would like to report that the computer for Regional secretary to use has died and needs to be replaced. When I cashed the check at BBT there was a \$8 charge.

ILS, Cynthia W

#### Treasurers Report:

All the bills that I know of up to today are paid. We had a bank balance of \$10,277.41 at the 154th RSC. Since then we have deposited \$2,797.70 and we have had debits totaling \$5,131.33 to give us a current balance of \$7,943.78.

At the 154th I reported that we had paid for the airfare and the hotel for our RDA to go to the WSC. Now we have paid for the RDA2. The RDA2's airfare and hotel came to \$1,351.41 for a combined total for the RDA and the RDA2 of \$2,639.65. the line items for this travel is budgeted over a two year span so only half of that total should be counted as part of this budget year's expenses with the other half having been covered by the 2011 budget.

We have booked a total of 20 rooms at the Days Inn at the Beach for a total room cost of \$1,356.95. The rent for the meeting room for the GSR Assembly on Sunday 04/22/12 is \$850.00 and the establishment is holding check 1067 as a damage deposit in the amount of \$350.00.

Attached is the financial statement since the 154th RSC. This report is based on the information that I was able to get online. The last activities reported were on 04/03/12. I have paid PCMS and Primus again since the closing date on that statement but that amount is not reflected in the bank statement. After subtracting those two charges our balance will be \$7,423.04

Our budget needs to date are \$9,514.00. I am calling the funding of the line items up to (but not including) this RSC the "budget needs". Our YTD expenses are \$8,191.43. This includes this year's half of the WSC expenses. The YTD expenses are more than half of last year's expenses and we are only 1/3 of the way through the year. It is expected that WSC years will show a higher expense total because of the travel and hotel for the WSC associated with the RDA and the RDA2. Also, this report reflects the expense of the April 2 day but even with these high expenses we are still under budget.

If we subtract our expenses from the budget needs we come up with \$1,322.57? I believe that this is the amount over prudent reserve (if we had an established codified prudent reserve) that we should have in the bank and any amount over the prudent reserve and the \$1,322.57 could be possibly be considered excess funds to be used or dispersed as the body sees fit.

ILS, Neal Griffin

155th RSC Treasurer's Report

Financial Statement

04/17/12

Opening balance (closing balance from 154th RSC report):		\$10,277.41
Credits :		
Beach Area contribution:	\$500.00	
Appalachian contribution:	\$47.68	
Outer Limits contrib:	\$200.83	
Almost Heaven contrib:	\$130.00	
TriCities contribution:	\$130.90	
New Dominion contrib:	\$1328.29	
Piedmont contribution:	\$440.00	
New Vision Group contrib:	<u>\$20.00</u>	
TOTAL:	\$2797.70	+\$2797.70
Seven debits:		
check 1066:	\$850.00	
check 1068:	\$50.00	
check 1069:	\$55.56	
check 1070:	\$88.42	
check 1071:	\$42.00	
check 1072:	\$746.71	
check 1073:	\$105.10	
check 1074:	\$37.72	
check 1075:	\$75.00	
check 1076:	\$50.00	
debit card 02/27/12:	\$391.20	
debit card 02/27/12:	\$960.21	
debit card 02/29:	\$74.00	
debit card 03/06:	\$876.45	
debit card 03/06:	\$112.19	
debit card 03/19:	\$394.25	
debit card 03/19:	\$130.56	
debit card 03/27:	<u>\$91.96</u>	
TOTAL:	\$5131.33	<u>-\$5131.33</u>
<u>Closing balance:</u>		\$7943.78

- Ck 1066 Royal Courtyard- April GSR Assembly meeting space
- Ck 1068 Churchland Baptist Church- Jan subcommittees meeting space.
- Ck 1069 Bill McCormick- policy manuals
- Ck 1070 Donna Lee Peters- MARLCNA gas \$30.13, AZF gas \$5; CAR wkshop flyers \$53.29.
- Ck 1071 Jeff Hankins- April GSR ass'y flyers.
- Ck 1072 Donna Lee Peters- balance of CAR wkshp line item.
- Ck 1073 Cynthia White- \$100 for printer cartridges, \$5.10 reimburse for Secretary expenses
- Ck 1074 Neal Griffin- Treasurer supplies for 152<sup>nd</sup>, 153<sup>rd</sup>, and 154<sup>th</sup>
- Ck 1075 UVA Hospital Auxillary- 154<sup>th</sup> meeting space
- Ck 1076 Ivey Memorial Methodist Church- March subcommittees meeting space
- Debit card 02/27 –airfare for RDA2 to WSC. (\$391.20)
- Debit card 02/27- Hotel for RDA2 at WSC (\$960.21)
- Debit card 02/29- P.O. renewal for one year (\$74.00)
- Debit card 03/06- PCMS (\$876.45)
- Debit card 03/06- Primus (\$112.19)
- Debit card 03/19- Days Inn at the Beach 5 more rooms for April 2 day (\$394.25)
- Debit card 03/19- Brinkster website hosting one year (\$130.56)
- Debit card 03/27- Primus (\$91.96)
- \*\* check 1067 is outstanding and is the security deposit for the GSR Ass'y meeting space ILS, Neal Griffin

#### Regional Delegate Report:

Hi Family,

It is an exciting and historical time in Narcotics Anonymous. Your Delegate Team has been very busy floating amongst the 4 quadrants presenting the CAR/CAT information to you in workshop form. We have had more participation than I have ever seen at these workshops and so it is my hope that the turnout for the GSR Assembly will be equally impressive. We will tally the pulse of our region at that time to bring to the WSC next week. Because the GSR's will be bringing forth the information from their groups there will not be a discussion forum for individuals at this venue. However there will be a comment line on the ballot so that if your group has something additionally to say it can be recorded for us to see. Our phone lines and emails have been available to you for questions and comments and I have received mostly questions on collecting the data. When we submitted our budget this year, we reduced the amount that we thought we would use for CAR workshops by 100 dollars. We did a great job with this until the last venue at Newport News which was much more expensive than the other venues so we will be over budget. Donna Lee P. RDA will have the exact numbers for report as she handled this part of the workshops.

I will not be in attendance at the next RSC as my only niece is graduating from high school that day and I will be there in attendance instead. I will however have the reports from WSC reported by email to the secretary in time for your review. I will also be on Facebook at the WSC updating what is going on for those who wish to check in within the week.

We will be attending the next Autonomy Zonal Forum July 28th 2012 In EPARNA. The location will be at 328 Summit Ave Jenkintown PA 19046 from 11-5. I will submit the itinerary today per policy and will get the hotels set up for us. gas money will be based on 234.34 miles from my home and 4 hrs 10 minutes. I am also submitting 2 of 4 gas receipts for travel to the CAR WORKSHOPS for a total of \$70.00.

In closing the conference report is now online so that anyone wishing to see it can view. It is on [www.na.org](http://www.na.org)  
In Loving Service, Etta F.

#### Regional Delegate Alternate Report:

Greetings everyone. I am excited about this weekend, especially the GSR assembly. I think we are going to have good attendance. We had good attendance for the Car Workshops. We had around 30 in Quadrant 1, 25-30 in Quadrant 2, 10-12 in Quadrant 3, and 50 in Quadrant 4. Participation was excellent with a lot of great feedback and questions.

The planning of the workshops went fairly well with one exception. It was my understanding with my contact in the Peninsula Area that our meeting location was all taken care of, booked solidly and for a rent of \$75. Etta got a call a couple of weeks prior saying the arrangements had never been finalized so I made a call to the owner of the facility the next day. She wanted \$250 to rent the facility and a signed contract. I was able to talk her down to \$175 but no lower than that. With the event being so close, I felt we had no choice but to use the facility, especially since it was posted to the website and flyers were out. At this point, I was almost out of money for the workshops, so I paid for the rent out of my own pocket. I have attached to this report a complete breakdown of all monies that were spent on the workshops. The saving grace to Newport News rent being so high, is that South Boston was so low. Their rent was only \$5. So it all balanced out. We still owe rent to John S. for the Quadrant 1 workshop. He wants to be paid 5 Step Working Guides. Eddie and Etta are owed \$10 each for tipping the pizza guy in Newport News. I am out of pocket \$155 for rent in Newport News. The Guides should run about \$55 to \$60, so grand total we went \$230 to \$235 over budget. I will be putting in a motion for John to be shipped his books and for Etta, Eddie, and I to be reimbursed our money. We will be putting in separate motions for our gas expenses. You will see on my expense report that one of Etta's gas expenses was already paid with the workshop budget.

We just decreased the budget for the CAR workshops in our last budget meeting in October, and I think we made a mistake. \$200 per workshop is just too tight. I think you can review my figures and see that is the case. We can consider this again when we begin to review the budget in August.

I am looking forward to serving you at the WSC at the end of the month. If you do think of anything that you would like to share regarding the CAR and the CAT that you think of after the GSR assembly, don't hesitate to call or email me before I go.

In Loving Service, Donna Lee P.

#### Regional Delegate Alternate II Report:

Hello family,

I am grateful to be here at the 155<sup>th</sup> RSC after missing the 154<sup>th</sup> in February due to illness. In addition to the 154<sup>th</sup>, I was also unable to participate at our first of four CAR Workshops in Richmond on February 25<sup>th</sup>. Gratefully, I was able to participate along with Etta and Donna Lee at the remaining three; in Staunton, South Boston and Newport News respectively. Each event was well attended, and of those who participated many pertinent questions were presented and answered to the best of our ability. I would like to thank our RD and RDA for their leadership, patience and guidance over the past several months in preparation for the GSR Assembly and upcoming WCS. I am especially thankful to those individual members throughout the region who contacted me personally seeking guidance and clarification regarding the Conference Agenda Report. Prior to my absence at the 154<sup>th</sup> in February, and in keeping with my duties as RDA2, I attended the Autonomy Zonal Forum in Sterling, Va. on January 28<sup>th</sup> as well as MARLCNA in Lancaster, Pa. February 10-12<sup>th</sup>. Given the time that's passed, and the reality that the information gathered at these events has been thoroughly reported to the body by our RD and RDA, I won't elaborate further on those activities in this report. I look forward to experiencing my first GSR Assembly tomorrow as a member of the Regional Delegate Team. The Service System presentations, CAR Workshops, as well as the various other presentations, workshops and events either conducted by - or attended by - the Delegate Team over the past year has finally come to fruition. I am grateful for the opportunity to be of service to this body and the individual members we serve. In addition to requesting the Delegate Team's per diem for attending the upcoming WSC, we will be submitting a motion today requesting the necessary funding (gas, lodging, per diem) to attend the upcoming Autonomy Zonal Forum on July 28<sup>th</sup> in Jenkintown, Pa.

**On another note:**

I have four gas receipts from my travel over the past several months, but have been extremely negligent in keeping receipts that accurately reflect my travel/expenses. This has been due in part to strained personal finances during January, February and March when I've been unable to adhere to the practice of filling up promptly and completely following travel to and from service commitments. I understand that my failure to submit accurate receipts will likely negate me from being reimbursed for these expenses. However, should the body decide to do so, I humbly submit the following estimates for my travel/expenses:

\*Four gas receipts (dated 1/27, 2/9, 3/3 and 3/24 - coinciding with the January AZF, MARLCNA, and two of the CAR Workshops) average \$3.60 per gallon.

**Mileage to and from the three CAR Workshops:**

Staunton, VA: 160.5 miles (\$22.22 at 26 MPG)

South Boston, VA: 120.6 miles (\$16.69 at 26 MPG)

Newport News, VA: 372.4 miles (\$51.56 at 26 MPG)

**Mileage to and from the Autonomy Zonal Forum on January 28<sup>th</sup>:**

Sterling, VA: 353.7 miles (\$48.97 at 26 MPG)

**Mileage to and from Richmond (to carpool with RDA to MARLCNA) in February:**

Richmond, VA: 235.4 miles (\$32.59 at 26 MPG)

**Expense for 200 copies of January Regional Subcommittee Meeting Fliers** (produced at the request of our Regional Chair and distributed at the AVCNA - 11 cents per copy on colored paper: (\$22.00)

Total expenses: \$194.03

Minus body approved gas funding I received in advance: \$80.00 (\$40.00 each for AZF and MARLCNA)

**Remainder of unfunded travel/expenses for which I would appreciate being reimbursed: \$114.03**

In Loving Service, Eddie W.

VRCC Chair Report:

Hi Family,

The VRCC met on March 18, 2012 in Charlottesville VA. Jimmy B. was elected as Chairperson, Sheila S. was elected Vice-Chairperson and Erin T. was elected as Secretary. We are in need of a Vice-Treasurer and Web Master. If you or anyone you know is interested in being of service please come to our next monthly meeting. Our next meeting will be held in Roanoke at the Comfort Inn 5070 Valley View Blvd. Roanoke, VA. Our annual retreat is being held on Saturday, May 19 and the regularly scheduled meeting will be held on Sunday, May 20, 2012.

ILS, Sheila S.

To region, this has been an up and down ride for this addict.

Our elected chairperson resigned in the middle of negotiations with the hotel of choice for the 30<sup>th</sup> AVCNA. Negotiations were started with another hotel, prior to her resigning. As acting chair, I reopened talks with the Cavalier and the rest is history. Prior to my election as VRCC chair, I opened talks with the Hotel Roanoke and signed contracts with them for the 31<sup>st</sup> AVCNA. There was some damage done to audio equipment at the Cavalier Hotel that we were liable for. Elections were held in March 2012 and the following were elected: Jimmy B Chair, Erin T Secretary, and Sheila S Vice Chair. Also our treasurer was removed from office by the Directors for noncompliance and also our webmaster resigned. The 31<sup>st</sup> AVCNA is coming along as scheduled. There is lots that the region can do to help out there. Do to the upheaval in our financial area I am not able to report what our treasury status is. Our attorney has been notified and will get involved by the Directors request. T-shirts and registrations are here for the 31<sup>st</sup> AVCNA. Please see Debra if you bought a raffle ticket. We are told that raffles aren't allowed. Your humble servant, Jimmy B

Hospitals & Institutions Chair Report: No report turned in

Policy Chair Report:

The Policy subcommittee has been busy since the last RSC. We met in Colonial Heights and I want to thank the Tri-Cities area for not only finding the location but also providing refreshments and feeding everyone who attended the subcommittee meetings.

Six addicts contributed their experience, hope and strength and we were very productive. The chair had assigned us the task of working with the Treasurer to create a formula for our Regions Prudent Reserve. We accomplished this task and presented a motion for consideration today.

The Chair referred motion 154-3 regarding a budget approval process to the subcommittee and we believe the amended motion presented today establishes a transparent budget process from the initial budget meeting to the final group conscious approval at the December RSC.

In addition to these items, over the last two months there was a lot of discussion regarding the Region's policy regarding furnishing rooms for the GSR Assembly. I not only responded immediately to emails sent to me but also discussed this issue at the subcommittee meetings in March. In both my emails and personal conversations, I pointed out the fact that, for many years, this region often violated our approved policy in the name of accountability to the groups. Although this is a laudable and noble intention, in fact, it violates that group conscious we hold so dear.

I think this issue brings an important issue to our attention. Should the Region fund a weekend retreat for all the GSR's and all the members of the RSC? Where do the Region's responsibilities end and those of the Areas and groups begin?

ILS, Bill M

Public Relations Chair Report:

At our last subcommittee meeting in March in Tri-Cities we had about 15 members present. We are in need of a phone line coordinator for our committee at this time.

The webmaster is still working on the map on our home page. The areas from Carolina that were in our region are now in the Carolina Region.

We have been contacted by the Summer Institute that will be held in Williamsburg this summer. We will be registering in the next week or so. Last year we paid \$50 registration fee.

We have been very concerned about all the web pages that advertise NA and list our meetings. Those websites don't update and there are too many to deal with. We have a committee within our subcommittee call Git it Right that is committed to monitoring those websites for 4 months.

We would like to have representatives active in our committee from PR subcommittees from all areas.

I'd like to have PR members willing to serve at the Summer Institute at our display table in Williamsburg, VA. For the love of service, Nancy S

Speaker Jam Report: Absent

USFA Ad Hoc Report:

Hello family,

I contacted the chair of the USFA Dale from Alabama prior to the subcommittee meeting to ask him if he would be willing to (if the region sees fit) put on a presentation for members to better understand what the USFA is about. Dale informed me that he would be willing to put on a presentation if he was reimbursed travel expenses. I was informed by Dale that he does not fly and he would be asking for gas reimbursement. He said that he would be willing to stay with a local member so hotel accommodations would not be necessary. The ad-hoc subcommittee charged with investigating the possibility of having a member of the USFA do a presentation for the region held a subcommittee meeting along with the regional subcommittee meetings on 3/17/12 in Colonial Heights. There were 7 members present for the meeting. During the meeting it was discussed that if a presentation were to be approved by the regional body that it would best be held during the two day regional meeting in October. The regional chair reported that there could be room on the agenda for this presentation again if the regional body sees fit, and that it would likely be held in Harrisonburg VA. Upon a generic MapQuest search it would be approximately 400 miles one way from where Dale is to where the October Regional meeting may be held (Harrisonburg). It is difficult to know exactly how much this would cost if it was just reimbursement, however if the regional decided to reimburse the government rate of 55.5 cents per mile that would come to \$444.00.

It was asked of me by the subcommittee to contact Steve from C&P region (also a member of the USFA) to see if he would be willing/able to put on a presentation and for me to see what the cost of him to attend would be. I must confess that I have failed to do so at this point, so I will do what is directed by the region regarding this.

It was also asked that I attempt to contact members of another group that is acting along the same lines of the USFA to see if they would be willing to do a presentation as well. I have been unable to contact any members from this group. I was informed that the members of this second group were originally members of the USFA group but had split off from this group and attempted to form another group with similar yet different goals in mind. I have other information regarding this but am not sure if this information should be presented in this report as I have not spoken with members of the second group. I can speak to this body regarding this information if so desired.

It was felt by the subcommittee that the regional members should make a decision regarding requesting this presentation or not by way of discussion and a motion.

With Love of the Fellowship, Greg H.

RCM Packet Ad Hoc Report:

Good afternoon, the RCM packet is complete and accessible online at car-na.org. The location is under Policy. Will The tab is literature review. This body wanted to have some hard copies to give new RCMs. I did not put in a motion to obtain funds to have this completed at last RSC. Bill M Policy will help us out and print the packet for the cost of the paper and bring in the receipt to be reimbursed at the next RSC. I would like to give special thanks to the committee that helped with this literature. I will pray it operates with the intent that gave birth to it, to assist the messenger, carry a clear message through understanding it can be applied.

ILS, Antoinette B

Area Reports

Almost Heaven RCM Report:

Hi Family,

I am honored to have the opportunity to serve our Area at this Regional Conference here in Virginia Beach and to support our GSRs who have traveled to participate in voicing their respective group's conscience at tomorrow's motions and resolutions at the GSR assembly.

I am also happy to announce that our Area Chair position and our Policy Chair position have been successfully filled according to our Area policy. Our new Area Chair shared with his experience with us that according to Roberts Rules of Order that we have the right to appeal a decision of the Chairperson. He shared his experience, strength, and hope with us that appealing a chair's decision basically gives anyone in the meeting the right to formally challenge a decision by saying "I appeal the decision of the Chair for..." (And name your

reason) and if seconded by a GSR, or in our case an RCM; then there should follow a short procedure to resolve the disagreement.

With this said, the GSR's in the Almost Heaven Area would like me to bring back to them clearer understanding of our regional policy which our RCM Alternate sought with our Chair via email. They want clarity on our Regional Policy regarding funding the RSC and GSR two day event.

Regional Policy was discussed on funding our trusted servants; the RCM, RCM Alternate and our GSRs. They are aware that it is the responsibility of our Regional Chair to schedule and plan the RSC in advance and include meals and lodging as needed. Our Area GSRs want me to pursue a more effective communication so better planning is in place.

Our Local Service Unit (LSU) meets monthly and is taking steps to have H & I meetings taken into Washington County Detention Center. Recovering addicts are being cleared to go. Sponsorship/Step work by mail to incarcerated addicts is being talked about. We are working with a list to GSRs for interested and experienced addicts in doing this, and then we will proceed with looking up other policy and guidelines to create a possible ad-hoc committee to respond to this call for help. We thank the Regional H & I for some material sent, but more is needed. A feedback from this body is welcomed, or even a possible workshop for our Almost Heaven Area.

Almost Heaven Area regardless of recent events concerning room coverage for our trusted servants gave me a check to present to this body as a donation to the RSC in the amount of \$325.29.

In Loving Service, Denis P

Appalachian RCM Report:

Hello Family,

The Appalachian Area held its last Area service meeting on 4/1/12 in Lynchburg.

There were 8 members present for this meeting. The following positions are open: Vice Chair, Co-Treasurer, Secretary, RCM alternate, VRCC director and alternate, and policy chair. There were nominations for the secretary, vice chair, and policy which will be voted on at the next ASC meeting. We presently have 27 weekly meetings with 10 home-groups. Our H&I subcommittee recently suspended one of its weekly meetings in a jail due to lack of members able to host this commitment. Presently there is one commitment being fulfilled by the H&I subcommittee. We have a donation in the amount of \$35.22.

It saddens me to report that I have some concerns regarding meetings in our area! Since our last Area meeting there has been some problems with the atmosphere of recovery in our meetings. A home-group lost its meeting space due to a member physically assaulting another member and the facility had concerns with the meetings being held prior to this occasion. At the same home-group (in a different location) there was another physical altercation. I feel that there are two problems regarding this with them being: 1) members feeling safe in meetings and 2) the relationship between NA and the community. I am asking for any guidance from this body that may be offered as a possible resolution for the above mentioned problems. Again these instances happened since the last ASC meeting so I will be speaking to the Area about this at the next ASC and hope to solicit possible solutions here prior to the next ASC.

With Love of the Fellowship, Greg H.

Blue Ridge RCM Report:

Hello NA Family of the Central Atlantic Region:

The Blue Ridge Area of Narcotics Anonymous is working to serve the Groups in our Area and carry the message to the community at large. We had 2 groups struggling; one remains an active meeting which no longer is a home group, being maintained through members of other Groups volunteering to keep the doors open. It has been suggested that another Home Group adopt this meeting but no offers have been made at this time. The other floundering Home Group has been salvaged from those who attend BUT there is no GSR representing the Home Group.

Enthusiasm amongst GSRs for the CAR workshop and this pertinent GSR assembly has evaporated; rooms paid for or not. We had a local venue for the CAR workshop and attendance from *our* Area was dismal. The desire to be involved with NA business beyond Area - in contrast with simple fellowship - is waning. It causes me concern because the doors are OPEN worldwide due to service beyond the Home Group and Area. The Area lacks confidence that the changes proposed in the Service System Project will alleviate this ambivalence towards Regional and World Service bodies.

The Blue Ridge Area has invested most of its energy into Outreach, primarily H & I but some into Public Relations. Outreach continues chairing 4 jail meetings, 2 at Middle River Regional, 1 at Harrisonburg Men's Diversion Center and we now have a new meeting at the Shenandoah Juvenile Detention Facility! We host 3 open meetings at the New Hope DeTox Unit each week.

Aside from Outreach, fellowship activities at the Group and Area level are the main focus of encouraging Recovery, from regular meetings to entertainment venues such as dances and dinners.

Included is the BRANA Campout (31<sup>st</sup> year), July 20 through the 22<sup>nd</sup>. Online registration is ongoing with approximately 50% of the campsites filled. Please go to BRANA.org for more information. I failed to bring the campout magnets this time BUT Nancy did (go Hoo Bear!). She also brought fliers printed for the GSR assembly tomorrow.

BRANA is again unable to make a monetary donation to the Region at this time. Our income remains low and we continue to struggle to meet our Literature expenses for Outreach.

ILS, Peter P

Beach RCM Report:

CARNA,

It is great to have the RSC in Virginia Beach. It took me 10 minutes to get here. No major changes or events to report. We continue to have good participation from our groups. Still deciding what services we can provide and how best to go about it. Our open forum has worked out well to get ideas out and provide a good atmosphere for discussion.

We had a strong contingent attend the CAR workshop in Newport News. We were able to hold a scaled down version for the groups that did not attend last weekend. Hopefully this helped as groups met to reach decisions on the changes proposed.

For those that don't know, the Beach Area puts on a campout every year. The fifth Serenity on the Shore Campout "SOTS" will be held October 5, 6 and 7 at its usual location, First Landing State Park here in Virginia Beach. I brought fliers to distribute in your areas.

ILS Lance G.

New Dominion RCM Report: No report turned in

New River Valley RCM Report: Absent

Outer Limits RCM Report: Absent

Peninsula RCM Report:

Greetings family, the Peninsula area is doing well. The CAR workshop on March 27, 2012 was a great success. The RD team did a fantastic job. We currently have 47 home groups with 72 meetings a week. Traci B was elected area chair at our last area meeting. We are looking forward to GSR Assembly on April 22. Our area has no grave concerns at this time. We mailed \$300 donation. We are also having GSR workshop in June.

ILS, Jimmy W

Piedmont RCM Report:

Hello Trusted Servants:

There are currently 16 home groups carrying 27 meetings in our area. A recently added home group, the simple basics, occurring at 10:00 a.m. on Fridays has been taken off meeting lists due to low attendance and no home group members.

10 of 15 GSRs attended the last two piedmont area service meetings that occurred on April 1, 2012 and ASC on March 4, 2012.

The position of public relations chair has been announced and elections will occur at the next ASC. The literature chair position was filled at March's ASC.

Our special events committee has been the planning our annual campout, PACNA. This event will occur June 8-10 at Misty Mountain Campground in Crozet, VA. I have brought flyers that are on the table. Our area would appreciate support.

All hospitals and institution meetings are occurring as scheduled other than the jail meetings did not occur several weeks due to a lockdown. Two men's and one women's meetings a week at the Albemarle County Regional Jail, one meeting a week at Boxwood treatment facility, and one meeting a week at the Wellness Recovery Center.

The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict;

The next Piedmont Area Service meeting will occur at 4:00 pm on Sunday May 6, 2012 at Hinton Avenue United Methodist Church.

In loving service, Matt E

Rappahannock RCM Report:

Dear Members of the Central Atlantic Regional Service Committee,

My name is Greg G. and I am the newly elected RCM for the Rappahannock Area. I would also like to introduce Rudolph C., the newly elected RCM II for the Rappahannock Area. We would both like to take a moment and thank Antoinette B. for her service to our Area. We hope to represent our Area with the same passion and dedication as she did. We are excited to be a part of this committee and its ongoing quest in fulfilling its purpose and ultimately strengthening all of us to carry out our primary purpose, to carry the message to the addict that still suffers. On a personal note, I am very grateful to be home and once again serving the RANA Area and the Central Atlantic Region.

The Rappahannock Area is comprised of 30 weekly meetings, represented by 16 home groups, with 12 GSR's attending last month's ASC meeting on April 1, 2012. We have maintained 20 or so meetings for a long period of time and the recent inclusion of two new groups in Bowling Green VA has pushed us to 30. The Noon Beginnings group meets every day from 12 to 1 at 103 County St. Bowling Green VA. Final Surrender meets Tuesday through Friday from 7 to 8 at the same location. We have a great success story regarding our Saturday Noon and Sunday Noon meeting. Both groups were struggling with no trusted servants and very little attendance. Through the commitment of one specific member, the doors stayed open both days for years. Something happened and other members started announcing the meetings as being on the brink of shutting down. Members started to attend and pitch in. Trusted servants stepped up and they decided to combine both groups into one, to pool their resources. The group is flourishing with all service positions filled and regular attendance both days of around 10 to 15 members. The meeting is called the Primary Purpose group and it meets Saturday and Sunday at noon at Snowden Mental Health Center, 1200 Sam Perry Blvd. Fredericksburg VA. If you are in the area, stop by and hear a clear NA message. Several meetings in our Area have attendance reaching 60+ a week. Monday Night, In it to Win it; Wednesday Night Clean Worx; and Friday Night Who wants to Live. Our regular noon meeting Monday through Friday has daily attendance in excess of 40 people. Other meetings are struggling though with low attendance; Tuesday Night Hope Fiends; Thursday Night Freedom from Bondage and Friday late Night Clean and Serene.

The Monday Night, In it to Win It, group is hosting a Spring Fling on May 14<sup>th</sup> from 4 to 9 at 1019 Princess Anne St. Fredericksburg VA. There will be a talent show along with speakers and food and it will also be a double celebration for 2 home group members, Kim K and Gena P., both celebrating 3 years.

The RCM team conducted a GSR workshop for all the GSR's in the area on the 24<sup>th</sup> of March. There were 17 people there and we feel it was a successful event. We have purchased four hotel rooms for 9 GSR's from our area. They will be attending the GSR Assembly tomorrow. There were a lot of people who pitched in to assist less experienced members in understanding the Conference Agenda Report so they could have a true group conscience vote. I am personally very proud of my area and how we have all worked extremely hard these last couple months to include everyone and have our voice heard at the GSR Assembly. The next task for the RANA RCM team is to assist in strengthening our home groups so they can provide a better atmosphere of recovery and subsequently fulfill their primary purpose to the best of their ability. We will be working on a series of workshops and training and mentoring ideas to encourage participation.

The RANA ASC is very strong with all positions filled. We have a balance of \$3,374.66 as of 4-1-11. All bills are paid up to date and budget line items are currently funded. The RANA ASC meets the first Sunday of every month from 4 to 6:30 at Fairview Baptist Church at 900 Charlotte St. in Fredericksburg VA. We have a budget line item for a yearly donation to the Region in the amount of \$280.00 and a yearly donation to World in the amount of \$120. I do not know when this money is paid out but I know it is not today. We have no donation today but I will find out when this donation is to occur.

In the last two months we have filled several positions. You know about Rudy and I were elected as RCM I and RCM II. We elected a new secretary, Teresa C., a transfer from Florida. She has already reformatted our ASC minutes to a template from her former area in Florida. It is a vast improvement! Gary T. was elected as our new VRCC Director and Stephanie B. was elected as Outreach Chair.

Our H&I Subcommittee have no current commitments. We are dealing with a reputation of inconsistency and lack of commitment. We approached the Rappahannock Regional Jail, the main facility in our area, and we were rejected due to past mistakes. The facility very politely said "We have AA and we are fine with that right now". The committee is currently working on repairing our reputation. It has been suggested to pursue a commitment at another facility and maintain that commitment so we can show we have changed. Any other experience or input is welcome. The committee put on an H&I learning workshop in March and it was attended by 20 or so. The workshop focused on introducing H&I to the newcomer.

Our PR Subcommittee did a mailing in February. We received one response from the RACSB (the Rappahannock Area Community Services Board). They were interested in a literature rack in their office and they also discussed a presentation to their new director of rehabilitation services. We will see how that progresses. No formal face to face contact has been made yet. Our H&I, PR and Outreach Subcommittee all meet on the 2<sup>nd</sup> Sunday of each month at the Thurman Brisbon Center in Fredericksburg VA from 5 to 7 pm. The Activities Subcommittee organized a Sponsorship Speaker Jam on March 31<sup>st</sup> that was a huge success both financially and spiritually. We had a great turn out and a lot of new comers said it was amazing. The Activities Subcommittee meets every other week at 8:15 pm after the Friday night New Beginnings Group at 308 Hanover St.

As happens every spring, our area has been flooded with new comers. There are not enough experienced members to go around as sponsors and some meetings become difficult to control. We are working through it as we always do. It is a good problem to have.

ILS, Greg & Rudy

#### Richmond RCM Report:

Hi family, last area service in Richmond was April 8 Easter Sunday. Attendance was low still business was conducted as normal. Due to poor attendance at the CAR workshop for our area on Feb 25 thank you RD team Nancy S suggested we schedule another date March 18 6pm which she Ron B and I would inform the body more. Attendance was poor hopefully more attendance will show at the GSR assembly from the Richmond area. We have a new secretary Stephanie R who is willing with help to serve our area. Currently our area has formed an Ad Hoc committee Ron B being the chair to host a speaker jam on July 14<sup>th</sup>. We are still in the planning process so remember to check the local web for updates [www.metrorichna.org](http://www.metrorichna.org). also the Special Events for the Richmond Area is planning a free event for June. Once again check our local website for that information. We meet every 2<sup>nd</sup> Sunday at 321 N Boulevard. Come out and give support. Nancy S will celebrate 27 years on April 29 at 7pm. That's the New Beginnings meeting at Chippenham Hospital. Once again we have no donation to region.

ILS, Patricia R

#### Roanoke Valley RCM Report:

Hello family,

Roanoke Valley Area is alive and well. We currently have the following positions open: secretary, vice secretary, literature chair, vice treasurer and alternate RCM. Our area is still reviewing and adjusting our budget to become more financially responsible. We have switched to accepting donations over \$5 to money orders only as suggested by the regional delegates and have used much of their input to help us create our new budget, thank you. for your support!

Our Public Relations Subcommittee has created a new website and changed the web address to RoanokeNA.org. This was done to assist in future PR efforts such as posters, radio, and TV because RVANA.com is hard to remember! Our information's has been updated on CARNA's website if you have a link to Roanoke's Website please update the web address.

Our Activities subcommittee held a very successful talent show. Many talented addicts were in attendance and all feedback was very positive. We will be hosting a picnic on Memorial day at Fallon park and plan on having many upcoming events including a dodge ball tournament, NA Olympics and Lua.

The AVCNA Host committee continues to meet the first Sunday of the Month at Trinity United Lutheran Church

4040 Williamson Road Roanoke, VA. Other Areas are encouraged to participate in hosting the convention. There has been some instability in the service positions however all positions are currently filled. We are behind schedule on several of the tasks on the AVCNA timeline, but are gaining support and progressing. The Host Committee will be holding a Speaker Jam on April 28<sup>th</sup> from 11am-7pm followed by a dance from 8pm to Midnight at Metropolitan Community Church 801 Jamison Avenue Roanoke, VA.  
In Loving Service, Sam A

#### Shenandoah Valley RCM Report:

Dear RSC,

Things are going well in the Shenandoah Valley Area. We have 19 groups and 25 meetings per week. We did have one group close down that was meeting in Strasburg VA. We held our last monthly ASC meeting on April 9<sup>th</sup> with 13 GSR's present. All information for the CAR and CAT was presented to our ASC at the March meeting. I received help and direction from our RD to better assist the Shevana area GSR's present the info to their home groups. I and the RCM alternate made ourselves completely available to all the home groups in our area. I'm hoping we have some GSR's present at the assembly tomorrow. We did the best we could possibly do.

We have a few open positions on the ASC floor. Our positions of Newsletter Chair, H&I Chair and Special Events Chair are still open. Our ASC Chair and Vice Chair have been assisting with these committees until chairs are elected. Our H&I Committee is doing well, we serve 4 facilities and currently we are taking in 6 meetings weekly to those facilities combined. We have picked up new members at the subcommittee and a few new volunteers recently.

Our Special Events committee has been busy lately. Our next event scheduled is an NA Apple Café during the Apple Blossom Festival weekend in Winchester. May 4<sup>th</sup> starting at 5pm through Saturday May 5<sup>th</sup> at 5pm at the Olde Town Clubhouse at 301 N Loudoun Street. There will be snacks, open mic, karaoke, pool table, ping pong and a wonderful opportunity to fellowship. I apologize for not having flyers here today but the flyer is posted to the CAR-NA website. We are having a Night Of Elegance on May 25<sup>th</sup> at the Lee Jackson Banquet Hall in Winchester, This is a black tie event. Tickets are \$25 per person. There will be a nice dinner at 7pm, speaker at 8pm and a dance at 9pm. See me if you would like to purchase a ticket. We are getting geared up for our annual picnic on June 9<sup>th</sup> in the Jim Barnett Park, our Shevana Speaker Jam 9 on July 14<sup>th</sup> this year's theme is Stay In the Light. We are in the process of selecting workshop speakers and a main speaker. Any help or suggestions would be welcome. Our last event planned so far is our 3<sup>rd</sup> annual campout. The dates are August 24, 25 and 26 at the Battle of Cedar Creek Campground in Middletown VA. Be on the lookout for flyers to be posted soon.

We created an Ad-Hoc subcommittee to discuss the possibility of submitting a bid to co-host the 32<sup>nd</sup> AVCNA convention in January 2014 with the Almost Heaven Area. We have a donation for the RSC today in the amount of \$144.58. Our next ASC meeting is scheduled for May 14<sup>th</sup> at 6:30pm at Grace Community Church.  
ILS, Melissa E.

#### Southside RCM Report:

Southside Area is continuing to carry the message to the addict who still suffers. Since my last report our ASC met on March 4 in Martinsville and on April 1st in Danville. All is well. There are several commitments OTF. These commitments are Chair, Activities Chair, H&I Chair and Vice Chair RCM Alternate and PR Vice Chair. The CAR Workshop at the Halifax Regional Hospital on March 10 was very well attended.

There have been a few new meetings recently started in our area. On Monday nights there is a tradition study, on Sunday evenings there is a women's meeting and there will be a Living Clean The Journey Continues meeting on Tuesday evenings starting up very soon.

There is some talk of having an Area Learning Day, but the plans for that event are very much still in the beginning stages. More will be revealed. It is hoped that the Learning Day will help to raise awareness of our subcommittees and perhaps there will be a Tradition &/or Concept speaker as well.

ILS, Kim A

#### Tidewater RCM Report:

We were unable to achieve quorum at our last ASC on Easter Sunday so no business was conducted. We still have several service positions open at this time: Alternate RCM, Assistant Secretary, and

Alternate VRCC.

The Tidewater Area remains healthy and continues to carry the message of recovery.

In loving service, Mark W

Tri-Cities RCM Report:

Good Morning Family,

Tri-Cities have no donation to Regional at this time. We have two events that have taken a slight pause in action. Our Unity Walk that was scheduled for March 24th was rescheduled for May 5th, due to rain. Our Play that was to be held today has been cancelled until further notice.

We have 12 home groups that meet regularly. One of our home groups Women of Courage has changed their name and there format. They are now called End of the Road and have changed to open format. They still meet Tuesday evening at 6:30 pm Ivey Methodist Church Colonial Heights.

Our Area Service has 11 out of the twelve home groups participating monthly. All Area positions are filled except VRCC ALT. Area Service meets the 1st Sunday of each month at Poplar Springs Hospital Petersburg at 2:00 pm.

Tri-Cities were happy to host the Regional Subcommittee meeting that was held in March at Ivey Methodist Church. Lots of information, food, fun and fellowship.

Love & Service, Maria C

Break for lunch @ 1:35pm

Reconvened @ 2:35pm

Old Business:

Motion 154-3: Mover: Sherry V AHA 2<sup>nd</sup>: Greg H Appalachian

For the Annual Regional Budget be sent to home groups for approval at the October RSC.

Intent: To uphold Concept 2 responsibility and authority rest with NA groups and financial accountability to groups.

Refer to Policy to come back at 155<sup>th</sup> RSC

**Amended Motion 154-3 Back from Policy**

**Motion**

Change CARNA Guidelines & Rules of Order

**Section IX: OFFICERS DUTIES/QUALIFICATIONS**

**1A. CHAIR DUTIES**

Schedules and plans RSC conferences up to one year in advance, including meals and lodging as needed. (152<sup>ed</sup>)

**To:**

**1A. CHAIR DUTIES**

Schedules and plans RSC conferences and annual budget meeting up to one year in advance, including meals and lodging as needed. (152<sup>ed</sup>)

Change:

**4A. TREASURER DUTIES**

Chairs an annual budget subcommittee meeting consisting of RSC Officers and interested persons.

**To:**

Chairs an annual budget meeting consisting of RSC Officers and interested persons.

**Amend:**

Will submit a yearly projected budget, running from January 1 and ending on December 31 regardless of the Treasurers term of office, with a line item bi-monthly funding and maximum account levels at the October RSC. (142nd)

**To:**

Will submit a yearly projected budget, running from January 1 and ending on December 31 regardless of the Treasurers term of office, with a line item bi-monthly funding and maximum account levels at the October RSC (142nd) **to go back to areas for approval.**

**Intent:**

To uphold Concept 2 responsibility and authority rest with NA groups and financial accountability to groups.

**Motion 154-3 Amended on floor (do not have motion maker or second wrote down)**

To add "to go back to areas and/or groups for approval".

Amendment passes 8/4/0

Pros

1. This motion sets a clear budget process from initial August budget meeting to the final group conscience approval at the December RSC.
2. Clear accountability to duties and groups.

Cons

1. Why add groups for approval

**Motion to Go Back to Areas for Conscience at 156<sup>th</sup> RSC**

Nominations and Elections:

Speaker Jam Chair

New Business

**Motion 155-3** Mover: Policy Subcommittee Second: Jimmy W Peninsula

Change CARNA Guidelines & Rules of Order

From:

Section VIII: ADDITIONAL GUIDELINES

RSC will maintain a prudent reserve. After expenses are paid, all remaining money will be donated to NAWS.

To:

Section VIII: ADDITIONAL GUIDELINES

RSC will establish a prudent reserve equal to 25% of the total of the previous year's actual expenditures + the current year's approved budget. After expenses are paid and prudent reserve is met, all remaining money will be donated to NAWS.

Intent

To enable the Central Atlantic Region of Narcotics anonymous to manage out funds responsibly as per our 11th Concept

**Motion 155-3 Amended on Floor**

Mover: Don V Seconded: Greg H Appalachian

RSC will establish a prudent reserve equal to 25% of the combined total of (the previous year's actual budget plus the current year's approved budget).

Amendment passed 14-0-0

Pro

1. Region will finally have a prudent reserve.

**Motion to Go Back to Areas for Conscience at 156<sup>th</sup> RSC**

Motion 155-4 Mover: Eddie W RDA2 Seconded: Denis P AHA

To be reimbursed \$22 for 200 copies of January Regional Subcommittee meeting fliers produced at the request of our regional chair and distributed at the AVCNA (11 cents per copy on colored paper). I have no receipt to reflect this expense.

Intent: To get my money back.

Motion passed 14-0-0

Motion: To reconsider the vote. Mover: Greg H Seconded: Kim A Motion passed 10-0-4

**Motion 155-4 Ruled out of order**

Motion 155-5 Mover: Etta F Seconded: Greg H Appalachian

To allow the delegate team per policy to travel to Autonomy Zonal Forum July 28<sup>th</sup>, 2012 in EPARNA. The location will be at 328 Summit Ave Jenkintown PA 19046 from 11-5. RD Hotel-\$31.32, per diem 2 days-\$17.50+35=\$52.50, gas estimate 234.34 miles x2 =round trip 469 miles \$3.99/gal 24mpg =\$80 Total-\$163.82. RDA Hotel-\$102.52, Per diem-\$52.50, Gas-512 round trip=\$85.12 Total-\$240.44. RDA2 Hotel-\$102.82, Per diem-\$52.50, Gas-652 round trip=\$108.39 Total-\$263.71

Intent: To adhere to our duties and bring back information to report to the region.

**Motion passed 14-0-0**

Motion 155-6 Mover: Donna Lee Seconded: Greg H Appalachian

To reimburse Donna Lee \$139.70, Etta F \$70 and Eddie W \$90.47 for gas expenses to the CAR workshops in the 4 quadrants.

Intent: To be fully self-supporting.

**Motion passed 12-0-0**

Motion 155-7 Mover: Donna Lee Seconded: Greg H Appalachian

To reimburse Donna Lee \$115 spent out of pocket on rent for 1<sup>st</sup> Community Center for Quadrant 4 CAR Workshop and to order 5 Step Working Guides to pay for rent for Quadrant 1 workshop to be paid to the McShin Foundation. The expenditures will be approx. \$190 to \$195 over workshop budget.

Intent: To be fully self-supporting.

**Motion passed 11-0-2**

Motion 155-8 Mover: Cynthia W Seconded: Greg G RANA

To allocate \$500 for the replacement of the secretary's computer.

Intent: To be self-supporting.

**Motion ruled out of order**

Motion 155-9 Mover: Antoinette B Seconded: Jimmy W Peninsula

To remove Speaker Jam Chair.

Intent: To hold servant to the service structure single point of accountability should clearly defined Concept 5.

**Motion passed 10-4-0**

Motion 155-10 Mover: Peter P BRANA Seconded: Matt E Piedmont

Move for a vote of support for the CARNA chair's decision to uphold the practice of funding GSR lodging for the night before the GSR assembly for 2012 only. This practice although exercised for many years appears to be in contrast to current CARNA policy.

Intent: To express the will of the RCMs to support the practice that is in conflict with Policy for this RSC (155<sup>th</sup>). This motion is to support the practice of the 1<sup>st</sup> Tradition of NA unity.

**Motion passed 11-2-1**

Motion 155-11 Mover: Greg H Ad Hoc Chair Seconded: Maria C Tri-Cities

To request the USFA Chair's presence at the 2 day October RSC to do a presentation/Q&A session not to exceed \$200.

Intent: To get more information.

**Motion failed 5-6-3**

Planning for Next RSC

156th Region Service Conference

11:00 pm Open Forum, 12:15 - 6:00 pm RSC UVA Main Hospital 1215 Lee Street Charlottesville, VA

Parking available in the Lee St. Parking Garage, go into main entrance, meeting space is just left of the Cafeteria

155th RSC closed at 4:32pm with Serenity Prayer.

Thanks for allowing me to serve. ILS, Cynthia W. Secretary