

**Agenda 178<sup>th</sup> Regional Service Conference  
Central Atlantic Region  
April 17, 2016 – 1128 E Lynchburg Salem Turnpike #300, Bedford, VA**

**Note: RSC will be preceded by Open Forum, not to exceed one hour.**

**Open Forum begins: 10:00am**

**RSC begins: 11:15am**

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
  - a. Discussion of use of Narcan at meetings
  - b. Discussion of changing way vote tally is being done and reported at the GSR Assembly
  - c. Discussion of how to help home groups process all the information in the CAR/CAT so that home groups can vote on it
  - d. Discussion of what to do in light of our recommendation of Sherry V. to a HR position at the world level in light of what transpired in her reading of and responding to emails sent directly to trusted servants of the region.
3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

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| Chair                            | Bill M.       | Almost Heaven      | Abs.          |   |
| Vice Chair                       | Open          | Appalachian        | Abs.          |   |
| Secretary                        | Brian C.      | Beach              | Joe B.        | X |
| Treasurer                        | Jim H.        | Blue Ridge         | George S.     | X |
| Regional Delegate                | Eddie W.      | Gateway to Freedom | Heather D.    | X |
| Regional Delegate Alternate      | Kim A.        | New Dominion       | Shawn P.      | X |
| Regional Delegate Alternate 2    | Open          | Outer Limits       | Heather B.    |   |
| VRCC Chair                       | Chris S.      | Peninsula          | Abs.          |   |
| Hospitals and Institutions Chair | Nancy H.      | Piedmont           | Robert W.     | X |
| Policy Chair                     | Antoinette B. | Rappahannock       | Antoinette B. | X |
| Public Relations Chair           | Abs           | Richmond           | Nancy S.      | X |
| Speaker Jam Chair                | Abs           | Roanoke Valley     | Abs.          |   |
|                                  |               | Shenandoah Valley  | Donna M.      | X |
|                                  |               | Southside          | Gail F.       | X |
|                                  |               | Tidewater          | Abs.          |   |
|                                  |               | Tri-Cities         | Abs.          |   |

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).**

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
  - a. Donna M. - Shenandoah
6. Approval of Prior Minutes – Mover: Jim H. 2<sup>nd</sup>: Robert W.
7. Trusted Servants Reports

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| Chair Report | This is my second report as chair and I will make it brief.<br>In my opinion, if we measure success by voting participation, then GSR Assembly yesterday and the experiment with on-line and absentee ballots was successful. I believe the RD team will report more on this topic.<br>The expenses for the rooms for the GSR Assembly, hotel rooms, and RSC came under budget. |
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|                   | <p>The next RSC will be in Charlottesville at the hospital and the October 2 day will be in Harrisonburg. I want to thank Nancy H. and Peter S. for their efforts in securing the locations for our October 2-day event.</p> <p>Saturday 11:00 AM – 4:00PM<br/> Our Community Place<br/> 17 E. Johnson St.<br/> Harrisonburg, VA 22802</p> <p>Sunday: 10:00 AM – 4 PM<br/> Gathering Place<br/> 731 Mt. Clinton Pike<br/> Harrisonburg, VA 22802</p> <p>ILS,<br/> Bill M.</p>  |
| Vice Chair Report | Open   |
| Secretary Report  | <p>All is well. Thanks for the opportunity to be of service.</p> <p>ILS,<br/> Brian C.</p>   |
| Treasurer Report  | <p>Our bills are paid and up to date. At the 177<sup>th</sup>. We had a balance of \$12,653.12 since then we have deposited \$10,586.22 and debit totaling \$2,175.64 for a current balance of \$21,063.70 .Our prudent reserve is \$15,151.50 so we will be making a donation to world service for \$5,912.20</p> <p>Our YTD income is \$13,084.00 and YTD expenses is 5,512.95</p> <p>Our total donation to world service for 2015 was \$8,677.12</p> <p>I would like to ask if you are requesting funds to copy that part of your report to the treasurer, this would help a lot.</p> <p>In Loving Service<br/> Jim H.</p>  |
| RD Report         | <p><b>GSR Assembly:</b></p> <p>Yesterday Kim and I facilitated the GSR Assembly here in Bedford VA. There were 33 GSR's in attendance, and a total of 25 groups whose conscience was carried through the absentee ballot they cast. Kim will be including in her report the exact tally combining the absentee ballots with the votes cast at the GSR Assembly, and the resulting conscience we will carry to the upcoming World Service Conference.</p> <p>Yesterday's assembly proved to be a challenge at times for participants and the Delegate Team alike for two reasons that stood out in particular. First, the mandate of having to provide an exact tally on each item at the GSR Assembly as per our Regional Policy is unnecessary (where in many cases a simple voice vote would suffice). In my experience the process it requires is unfair to the participants to whom we serve and undermines the unity that attending the Assembly represents. Only when a voice vote is too close to call should the participants be tasked with raising their hands and counting off around the room order to verify the outcome of a particular item. The second issue which arose was particular to Motion 7 in the CAT</p> |

( the “ranking” of the six individual project plans ). The process proved to be tedious and essentially equated to 36 additional motions. This CAT represents the first time I recall the fellowship being asked to rank multiple project plans in this way. Should this ever come up again I strongly recommend it be handled strictly electronically via an online survey and the results then shared with the participants when they attend the assembly. I have four receipts to submit to our Regional Treasurer for reimbursement today for expenses I incurred associated with the GSR Assembly totaling \$51.21 for copies of the CAR/CAT Tally sheets, pens, ice, paper towels and toilet paper.

**Regional Literature Survey:**

34 Groups participated in the Regional Literature Survey via our regional website. The following represents the culmination of their results and, in turn, the Literature Survey I submitted to NAWS on behalf of our region.

**Book-Length Recovery Material:**

Daily Meditation Book featuring a spiritual principle a day.  
Service and Recovery

**Booklet or Pamphlet-Length Recovery Material:**

Application of the Concepts  
Practicing these Principles in all our Affairs

**Service Material:**

Sponsorship behind the walls  
Group service tools/toolbox (e.g., sample group formats, group support forum basics)

**Ideas for Upcoming Fellowship Issue Discussions:**

Atmosphere of recovery in service and how we treat each other  
Applying our principles to technology and social media

**CAR Workshops:**

The following reflects the approximate attendance at the four workshops that were held: Quad 4 (20), Quad 3 (10), Quad 1 (40), Quad 2 (10). I have food receipts totaling \$669.21, and materials receipts for copies of the CAR, CAT and tally sheets totaling \$232.65. Together they total \$901.92 This amount coupled with the four \$75 donation checks for rent that were written to each of the four facilities comes to \$1201.92 I have three gas receipts in the amount of \$50.81 that I will be submitting to our Regional Treasurer for reimbursement today.

**WSC 2016:**

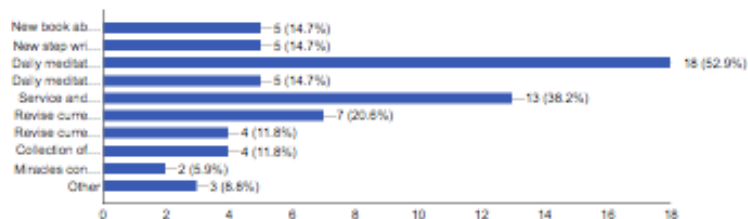
Plans for my trip to the World Service Conference are all on track and I received my per diem check from NAWS for my food expenses. I have also received the NAWS Annual Report, Conference Report, and HRP Candidate profiles which we will begin reviewing on the flight out. We are set to fly out next Friday at around 7:00 am with

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|            | <p>the preliminary events to begin Saturday morning.</p> <p>Thank you all for your time and attention and the opportunity to serve,</p> <p>In Loving Service.<br/>Eddie W., Regional Delegate</p>  |
| RDA Report | <p>Since we last met in Feb, Eddie and I facilitated our region's 4 CAR Workshops. Each of the workshops had good attendance and excellent food! We had 17 people from Quadrant 4 in attendance at the first workshop and 14 Attendees at the 2<sup>nd</sup> Workshop in Quadrant 3. Our third workshop was held in quadrant 1 and had 50 attendees. There were 8 attendees at our 4<sup>th</sup> Workshop which was held in quadrant 2.</p> <p>I took part in a conference call for our Zone on March 14, 2016. We discussed the plans for the upcoming AZF 2 day which will be held in Philly and will include PR presentations for professionals on Friday and a Speaker Jam on Saturday.</p> <p>The absentee Ballot process seems to be a success. Participation was very good. We received 34 completed Literature Surveys, 91 Group registrations and there were 25 Groups who voted on the CAR/CAT. Eddie and I received a lot of inquiries right up until late Thursday evening from groups wanting to participate electronically and seeking more information. I even had a group email me today asking where they should go online to submit their votes. I don't know how we might better get the word out to groups so they could more confidently participate in our region's conscience in the future, but I hope this is something we continue to discuss. One thing that might be helpful to our members is if the information provided in our reports could be printed and placed into the hands of all GSRs. All of the information that GSRs needed could have been found on the Delegate page of the website or in the RSC Minutes. GSRs won't have any way of knowing this unless we let them know.</p> <p>The following images represent some of the results compiled via the online voting. I'm pasting them here for those of you who might be interested in pie charts and/or graphs.</p> |

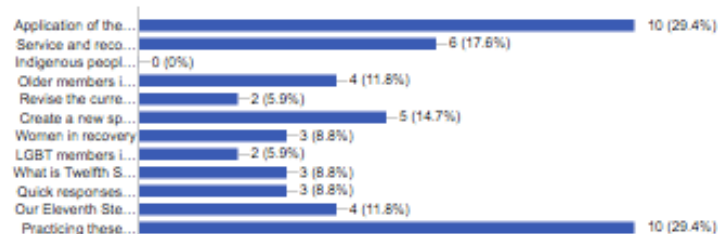
Please tell us if you are voting as an individual or as an authorized representative for your group, area or region.  
(34 responses)

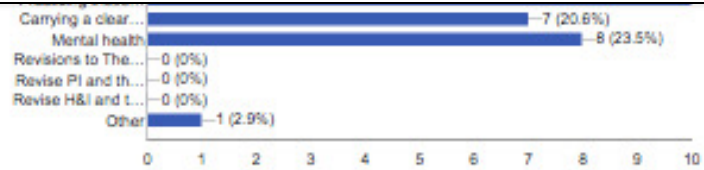


**Book-length Recovery Material** (34 responses)

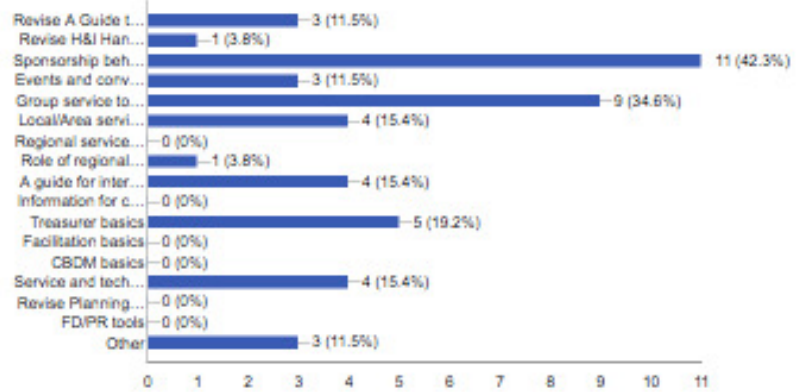


**Booklet - or Pamphlet-length Recovery Material** (34 responses)

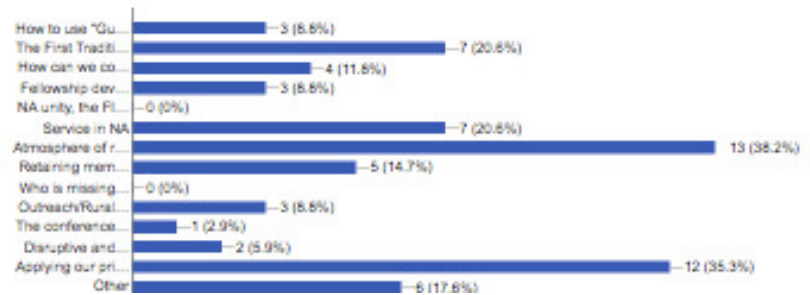




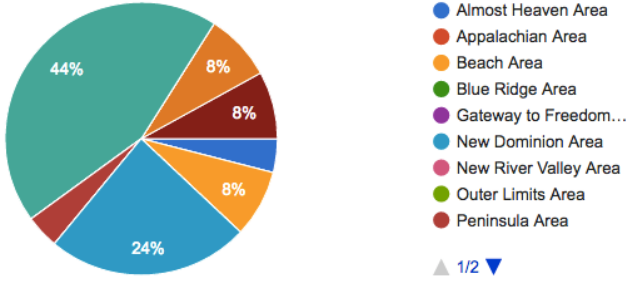
### Service Material (26 responses)



### Ideas for Upcoming Fellowship Issue Discussions (34 responses)



There were 25 Groups that took advantage of the option to vote electronically. The following pie chart shows which areas these 25 groups are from.

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|             | <p><b>Area</b> (25 responses)</p>  <p>The GSR Assembly went well yesterday. There were 35 GSRs that signed the attendance sheet</p> <p>Please see attachment which depict our Region's Conscience.</p> <p>Thank you for allowing me to serve,<br/>Kim A – RDA</p>   |
| RDA2 Report | Open  |
| VRCC Report | <p>We've had a changing of the guard of sorts. Linda A is the new vice chair Melissa Lee E is now secretary and Rachel Elle is treasurer.</p> <p>Most of us have known each other for a number of years and work together very well. I don't anticipate as much turbulence as one might expect with this many new people all at once.</p> <p>For those of you all and you don't know me I'm from Salem my home group is another step to freedom I started out at VRCC. Sheila as an alternate director for Roanoke and have been an active part for about seven years now.</p> <p>The manager of accounts has transitioned smoothly new cards have been issued and there are no discrepancies.</p> <p>An ad hoc committee for the audit has been appointed.</p> <p>Please inform your areas that the main retreat will be held on the 21st and 22nd at the courtyard Marriott airport Richmond. Please send direct cores and alternates your participation is needed and desired. On Saturday Aaron T our outgoing secretary has graciously volunteered to share her years of knowledge with incoming a new directors</p> <p>Call special thanks to Aaron and Bob and Susan G for all their hard work over the last several years and leaving their positions as well or better than they found them.</p> <p>Call the 35th host committee is coming along. They suffered a death and have been dealing with fall out but nothing too out of the ordinary.</p> <p>The GRCC thanks the participating areas for their continued support and welcomes any areas wishing to participate if your area does not have currently have a director or alternate please send your participation is vital to the continued success of the AVCNA.</p> <p>ILS,<br/>Chris S</p> |

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| H&I Chair Report    | <p>The H&amp;I Subcommittee met on Saturday, March 19<sup>th</sup> in Petersburg VA. WE met in conjunction with PR Subcommittee as there were only three of us there. Since this was my first official meeting I chaired since being elected to this position, I tried to lay some groundwork as well as establish goals for the year to come. The following are the items we discussed:</p> <ol style="list-style-type: none"> <li>1.To have a learning day in each quadrant on Inmate Step Writing (ISW)</li> <li>2.To have a liaison in each area for the ISW and it would fall under H&amp;I</li> <li>3.To work on getting a chair for the ISW Project.</li> <li>4.To establish a list of H&amp;I chairpersons for each area to send out an e-blast containing flyers about upcoming events and conference calls.</li> <li>5.The live steam meetings remain on hold and the ISW project is at a standstill. More will be revealed on theses his as soon as I'm able to do some research on each of these.</li> </ol> <p>The meeting was closed with the Serenity Prayer. The next H&amp;I Subcommittee meeting will be on May 21, 2016 in Winchester VA with the exact location TBA. I'm submitting a receipt for \$30 for reimbursement to cover gas going to the march meeting.</p> <p>ILS,<br/>Nancy H.</p>                       |
| Policy Subcommittee | <p>Bill M. and I met on April 16<sup>th</sup> and updated policy with the three motions that were passed. Copies will be distributed at the 179<sup>th</sup> RSC. Policy gave an annual report at the GSR Assembly. Policy is due to hold a subcommittee meeting in May (odd month), not yet sure of time and location, need further input in regards to subcommittee arrangements.</p> <p>ILS,<br/>Antoinette B.</p>  |
| Public Relations    | <p>Unfortunately, I have been overbooked for this weekend and cannot be here for the RSC. Our subcommittee is very excited about the launch of our new website revamp. Please go to <a href="http://www.Car-na.org">www. Car-na.org</a> and also try out the new meeting locator and the user-friendly tabs. I announced before that your area could post your events by getting in touch with the Webmaster by email to get a username and password.</p> <p>We met March 19<sup>th</sup> in Petersburg with low turnout due to other events in the region. I am requesting a check for \$50 to cover both subcommittees donation to be sent back by their RCM. VSIA. There is a new form being created at present for non-profits and we will get that next week. We will also chair a meeting that Monday night. I will research the cost of a new banner at the WSC and will request funding for the updated one when I return due to the change in demographics each biennium.</p> <p>I have gotten to talk to three different areas about the possibility of learning days in June and august. My term will have ended but I will set it up when they get a date and will happy to participate.</p> <p>I am also submitting a receipt to the treasurer for reimbursement for gas to Petersburg for \$20.14 subcommittee travel.</p> |



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|             | In loving Service,<br>Etta F. |
| Speaker Jam | Abs.                          |

8. Area Reports

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| Almost Heaven      | Abs.   |
| Appalachian        | Abs.   |
| Beach              | <p>We are doing well in the Beach. We had 16 of 18 meetings present at our last ASC. We have filled all open service positions. We have a donation of \$800 to the region today.</p> <p>ILS,<br/>Joe B.</p>  |
| Blue Ridge         | <p>Events:</p> <ul style="list-style-type: none"> <li>• Recovery Picnic – Rockbridge Baths – 4/23/16</li> <li>• Recovery Dance – 1<sup>st</sup> Presbyterian Church, Harrisonburg – 7PM 4/30/16</li> <li>• Recovery Picnic – Golf Pavilion, Gypsy Hill Park, Staunton VA – 12PM 5/15/16</li> </ul> <p>12 Groups in the Area, ASC is held the 3<sup>rd</sup> Sunday of each month at 4PM, Verona UMC</p> <p>Motions: Approved budget!</p> <p>Elections:</p> <ul style="list-style-type: none"> <li>• Sonja T. was elected Outreach chair</li> <li>• Tim A. was elected Chair</li> <li>• Libbie V. was approved as Secretary</li> </ul> <p>ILS,<br/>George S.</p>  |
| Gateway to Freedom | <p>We currently have 16 meetings a week which consists of 14 home groups. There were 13 GSRs present at this month’s area service meeting. Unfortunately, Serenity in Keyser had to close their Thursday meeting due to a lack of support. Their Monday meeting is still open but is also struggling. I am happy to report that a new home group was recognized this month. They are called Beacon of Hope and they meet at 12 noon at 850 N. High Street in Romney, WV and they have registered on the world website.</p> <p>The current positions that are open are special events, secretary, and RCM Alternate. We voted in Whitney W. as the new H&amp;I chair of the Gateway to Freedom area. Our PR subcommittee continues to be very active in the community. The policy subcommittee has been working to clarify the current Gateway to Freedom Area Policy.</p> <p>The camp jam committee, which is part of Special Events, has been meeting on a regular basis to plan our second annual camp jam which is entitled “Awakening of the</p> |

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|                     | <p>Spirit.” The committee decided, in order to allow more members from our region to attend, to change the dates of this year’s camp jam from the 3<sup>rd</sup> weekend in September to the last weekend which is September 23<sup>rd</sup>, 24<sup>th</sup>, and 25<sup>th</sup>. We are hopeful that many of you will be able to attend. The flyer is available on our website at <a href="http://www.gatewaytofreedomna.org">www.gatewaytofreedomna.org</a>.<br/> Our donation this month is \$127.60.<br/> Our next area service meeting will be held on May 14, 2016 at 10:00am at Friendship Haven Church on 248 Williams Street in Cumberland, MD 21502</p> <p>In Loving Service,<br/> Heather D</p>  |
| <p>New Dominion</p> | <p>The New Dominion Area presently has 44 meetings in its area and an updated meeting list has been made available to the Region Secretary. We had 28 GSRs at our past ASC on 4-10-16. Currently, all trusted service positions are filled. Our ASC for the month of April had a 7<sup>th</sup> tradition collection, literature sales and bank account balance of \$1273.24, \$491.24 and \$4640.68 respectively..<br/> Our subcommittees are doing well right now. The Camp Out committee is putting together a camp out with the Piedmont Area and I will have more, if not complete, info on that at the next RSC. H&amp;I is having a learning day on June 4<sup>th</sup> however the time and location was not specified in the NDA minutes. Literature chair Dale C, Policy chair Becca E and Outreach chair Chrissy R were recently elected and the NDA looks forward to the enthusiasm the recently elected chair persons will bring to the NDA and their respective sub-committees. The NDA Public Relations committee has been quite busy. The NDA PR will be hosting a booth at an event called “Hero's not Heroin” in Powhatan VA on April 17<sup>th</sup> (today). Purpose is to hand out meeting lists and to share experience, strength and hope. The NDA PR along with UNIFIED PR have upgraded the rvana.org website and are also in the process of setting up the phone line to allow home groups the option of listing temporary closure of their meeting due to weather, unforeseen church functions, holidays ect. PR has also been working on getting a few NA approved PSAs (public service announcements) on the air as well. The Special Events chair was not present at the April NDA ASC.<br/> Upcoming events in the NDA include the Serenity on the James camp out which will be held on April 29<sup>th</sup> through May 1<sup>st</sup> at James River State Park in Gladstone, VA. Please refer to the rvana.org website for more complete info. Also, the Courthouse Freedom home group will holding their 3<sup>rd</sup> annual Freedom Fest June 4<sup>th</sup> between 12pm and 6pm to include a speaker, corn hole games a raffle and hot dogs and hamburgers. A \$5 donation is suggested and you may bring a dish.<br/> Last but not least, I want to thank the NDA Special Events subcommittee for the lunch they provided at the Quadrant 1 workshop this past March 19<sup>th</sup>.<br/> The next NDA ASC will be May 15<sup>th</sup>.</p> <p>ILS,<br/> Shawn P</p> |
| <p>Outer Limits</p> | <p>OLANA currently has 7 home groups and 8 meetings a week. 6 GSRs represented a area. Area trusted servants positions open – VRCC Chair. Trusted servants elected: Phil M. as Treasurer, Ron W. as PR Chair and Keith J as H&amp;I Chair. In updating our meeting list, it was found that some groups on the old meeting list are now a part of the Tar-Roanoke Area. This brought our total member of meetings down from 11 to 8. However, the area is growing and we are experiencing an increase in participation</p>   |

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|           | <p>in service. We now have three H&amp;I commitments. We have two upcoming PR events – a public service announcement spot on the local radio station (this will be discussed at our next ASC); and a both at a local Community Day – April 30<sup>th</sup> at High St. United Methodist Church in Franklin. We are planning an Area Celebration to promote unity amongst groups on Saturday April 23<sup>rd</sup> from 10:00AM-2:00PM at 318 Hall Street, Franklin VA. A copy of the CAR/CAT Tally Sheet was given to each GSR. It was explained in detail the three methods of voting. Two home groups were represented at the GSR Assembly. Unsure of how many voted via absentee ballot. The next ASC will be held on Sunday May 1<sup>st</sup> at 3:00PM at Courtland Methodist Church in Courtland VA.</p> <p>ILS,<br/>Heather B.</p>   |
| Peninsula | Abs.   |
| Piedmont  | <p>All is well in the Piedmont area. We currently have 17 active meetings and 10-14 GSR's attending monthly. No special needs at this time.</p> <p><b><u>H and I</u></b></p> <p>All is going well with H&amp;I. Volunteer availability continues to be a bit of a struggle. On a bright note, they have had two new volunteers attend the subcommittee meetings to begin the orientation process.</p> <p>We currently have 6 H&amp;I meetings held in the Piedmont area, they are listed below;</p> <ol style="list-style-type: none"> <li>1. Men's ACRJ</li> <li>2. Women's ACRJ</li> <li>3. Fluvanna Women's Correctional Facility</li> <li>4. Boxwood</li> <li>5. 5 East</li> <li>6. Wellness Center</li> </ol> <p><b><u>PR</u></b></p> <p>The site is not up to date, because the password is unknown. Aaron A. will contact/call the hosting company to obtain the password/gain access to get the site updated. A list of necessary changes had been compiled. Ky has been in touch with NA.org, to determine what is needed to update the meetings currently listed on their site. He is awaiting the access code (s) from them. Once we receive that information, the PR committee will determine how future changes will be submitted to NA.org. Historically, it has been the responsibility of each group to keep up with notifying World, but results indicate that's not been effective. The committee is leaning towards assuming the responsibility, but further discussion will occur, before a final decision is made. For the Regional site, we'll provide Robert (RCM), with a current list, and ask him to give it to the proper entity at Region. Finally, a non- NA 12 Step meeting was attended &amp; there was a discussion regarding meeting attendance by UVA Nursing students. From that discussion came an idea of taking a panel presentation to the Nursing students as an introduction to NA. I believe I have a contact to one of the instructors at UVA, and will contact her to gauge the interest/feasibility. The presentation will be focused on Who we are, What we do, how meetings are structured, etc. It will <b>not</b> be a speaker meeting where addicts share their stories in detail. We'll follow up as we learn more.</p> |

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|              | <p><b><u>Special Events</u></b></p> <p>55 people attended the Spring Fling Brunch that was held on April 2<sup>nd</sup><br/> Another trip was made to Christopher Run State Park in Mineral, Virginia to meet with Tom B., from New Dominion Area and we have committed to hold a combined campout on the weekend of August 19, 20, and 21 at Christopher Run. It's a very nice, very affordable facility. The park is located on Lake Anna, our area has a swimming beach and it's a great place to have boats, kayaks, or other flotation devices, such as the seat cushion from your last flight. There is also a miniature golf course. We have reserved the Group Camping Area. Christopher Run has cabins for rent.<br/> <i>Cabins: 4 people, \$55/night. AC, 2 twin, 1 double. Picnic table, water, charcoal grill outside. No bath/kitchen/linens/pets.</i><br/> <i>Deluxe Cabins: 8 people, \$80/night. Includes electricity, heat, AC, ceiling fan, 4 double beds. Picnic table, water, charcoal grill outside. No bath/kitchen/linens/pets.</i><br/> <i>Full-service Lodges: 6 people \$129/night. Includes Kitchen (no oven), full bath, living area, and sleeping for 6. AC, heat, TV, DVD player, porch, picnic table and a fire pit/grill. No linens, towels, or kitchen equipment, pets.</i></p> <p>As planning continues we will consider:<br/> A PANDA 1 T-shirt designed and obtained by New Dominion Area. The New Dominion Area has a tradition of a community cook-out dinner on Saturday night. One of their members has a very large grill on which they fix ribs and such. They have had the dinner as a separate item on their registration and is an extra cost. It is probably a little early to start announcing....more to come.</p> <p><b><u>Positions</u></b><br/> <b>RCM II:</b> No nominations<br/> <b>VRCC Alternate:</b> No nominations<br/> <b>Chair Position:</b> Erin T. was voted in by vote of confidence as the new Area Chair<br/> <b>Vice Chair position is now available.</b></p> <p><u>Next Area Service is May 8<sup>th</sup>, 2016.</u></p> <p>ILS,<br/> Robert W.</p> |
| Rappahannock | <p>Rappahannock Area of Narcotics Anonymous currently has 18 home groups with 38 active meetings. We held Area Service April 3rd 2016 it started at 4pm at Fairview Baptist Church 16 GSR's were present. Currently we have open positions, they are as follows: Chair, VRCC Director and Outreach which is being served pro-temp. Clean &amp; Serene reports they need more help. Final Surrender they have a lot of newcomers and need experienced members to come share their experience strength &amp; hope reaching out to women who are able to sponsor the location is 113 Courthouse Ln Bowling Green, Va. 22546. Alive &amp; Free reports that a representative from Region called regarding their absentee pin and informed the group that they were not in the Regional database. In trying to find their group code on the world services website He discovered their group was no longer listed or registered. This likely happened when they asked the Chesapeake &amp; Potomac region to remove them from their meeting list after joining RANA. The group has been registered with World Services. A consequence of this we have not been on NA.org online meeting search for 9mos. Greg G resigned as Chair. Subcommittee's H&amp;I report a new commitment with the</p>  |

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|                   | <p>Men's Diversion Center. Activities is hosting a Spring Formal Gala on May 14th. The RANA- Mini Convention Subcommittee will be hosting fundraisers the first will be held Sat. June 11th 2016 from 12-7pm Falmouth Baptist Church 302 Colonial Avenue Fredericksburg Va. 22405 The second fundraiser will be held August 13th 2016 at the same time and location flyers are available. RANA at current is fulfilling our primary purpose which is "to carry the message to the addict that still suffers". We are grateful to be of service.</p> <p>In Loving Service ,<br/>Antoinette B RCM I</p>   |
| Richmond          | <p>I was absent from last area service so I do not have a donation. I will request one next month and mail it for voting on the car. If possible, I'd like to know how many groups from Richmond voted for the alternative method for the CAR.</p> <p>Our special events committee is hosting a Sprint Speaker Jam and Dance on Saturday April 30<sup>th</sup> from 4:00PM to 8:00PM with a dance from 9:00PM-12:00AM. Flyers are on the back table. Tickets for the dance are \$5.00 in advance and \$7.00 at the door. Food for sales. Our donations from home groups has been slacking. Our area service meets on the 2<sup>nd</sup> Sunday except January and May when we meet on the 1<sup>st</sup> Sunday.</p> <p>ILS,<br/>Nancy S.</p>   |
| Roanoke Valley    | Abs.  |
| Shenandoah Valley | <p>We have 26 meetings in our area. We meet the second Monday of the month at 6:30pm @Grace Community Center in Winchester, Virginia.</p> <p>Our open positions are: outreach chair, newsletter chair, RCM Alt.</p> <p>We are having a Tri Area H&amp;I-PR Learning Day. This will be held on July 17th.</p> <p>We have a Donation of \$255.21</p> <p>Our website is SHEVANA.org</p> <p>ILS,<br/>Donna Mc</p>   |
| Southside         | <p>We have sixteen home groups. We had ten GSR's attend the last two area service meetings. Our open positions are co-treasurer and H&amp;I chair.</p> <p>I attended the CAR workshop for our quadrant along with five other people from our area. It was very informative and the delegates did the idea of NA a great job of answering our questions and explaining the motions.</p> <p>We are having a speaker jam and chicken dinner April 23<sup>rd</sup> at Ascension Lutheran Church in Danville from 3:30pm until 11:00pm. We hope to raise money for a Unity Day celebration in September. One of the GSR brought to area the proposal for NA to be represented at National Night Out. He had been approached by the police department in Danville. Our PR chair would like some help from the regional PR chair. It was felt a learning day would be necessary to find out what we could do or say.</p> <p>We have no donation as we are below our prudent reserve. Also the check Andrew</p> |

|            |   |
|------------|---|
|            | <p>mailed in November has not cleared and we need to know if it was received.</p> <p>ILS,<br/>Gail F.</p>   |
| Tidewater  | <p><b>Area Events</b></p> <ul style="list-style-type: none"> <li>➤ TACNA 16 Fund Raising Committee had their 1<sup>st</sup> Fund Raiser a “Bring a Newcomer Dance on April 2, 2016 and the event was a success.</li> <li>➤ The Fund Raising Committee has planned a midnight cruise on the Spirit of Norfolk, on July 23, 2016. All attendees must have a valid ID and the cost is \$45.00 per person.</li> <li>➤ Area Special Events Committee has a Speaker Jam on Saturday May 12, 2016 and the location is 288 East Little Creek Road, Norfolk, VA. The points of contacts are Debra S (757) 777-1578 and Janice B. (757) 339-550. <b>Looking for speakers for this event.</b></li> </ul> <p><b>Area Donations - None</b></p> <p><b>Number of Area Groups – 100</b> not the <b>70</b> I reported last meeting.</p> <p><b>New Groups to Area</b><br/>“What can I Do” “New Way of Life” and “The Journey Continues”</p> <p><b>Area Status</b><br/>Elections for all officers in May 2016<br/>Members spoke about many home groups in need of support what can Area do to assist?<br/>Member asked is it proper to announce upcoming events on Facebook. Chairperson stated he spoke with World and they have no position on this yet.<br/>Roland C. from the Freebird Group meets on Thursday which is one of the oldest meetings in Area, states that the church is increasing their rent, however they can handle the increase. The church also feels that kids should not attend meetings because this creates a liability for the church which is not covered. One member spoke up and stated they believed WSC has a million dollar liability policy, need feedback from Region.<br/>The Area will be voting on new revised Policy and Procedures and they will be online. Area will meet on the 3<sup>rd</sup> Sunday of May and not the 2<sup>nd</sup> Sunday due to Mother’s Day.</p> <p><b>Treasurer’s Report – all funds balance with checkbook</b><br/>H&amp; I Committee doing well having Learning Day on May 22, 2016, from 12-4pm at 5312 Providence Road, Virginia Beach, VA.<br/>Area Convention – things are going well. The committee has developed a theme “<u>Miracle Beyond Measure</u>”.</p> <p>.Area voted on new logo. There was 3 choices logo 1, logo 2, and logo 3. Area choose logo Number 3 with picture of downtown Norfolk.</p> <p>In Loving Service</p> <p>Johnny T.</p> |
| Tri-Cities | Abs.  |

9. All New Business Motions turned in before lunch

10. Quorum achieved with 8 voting RCMs

11. **Elections & Nominations**

- **Vice-Chair** – (nominations opened at 172nd) – No nominations, back to areas.
- **RDA2** – (nominations opened at 176<sup>th</sup>) – No nominations, back to areas

12. Old Business:

- a. None.

13. New Business:

- a. **MOTION 178-1** – Mail Forwarding Service Ad-Hoc Committee (8-0-0)

**Mover:** Bill M. (Chair) 2<sup>nd</sup>: Antoinette B. (Rappahannock)

**Intent:** To adhere to our 8<sup>th</sup> Concept “Our service structure depends on the integrity and effectiveness of our communications.”

**Motion:** To create an Ad-Hoc subcommittee to recommend a mail forwarding company to replace the current post office box.

- b. **MOTION 178-1** – World Service Letter Sherry V. (8-0-0)

**Mover:** Bill M. (Chair) 2<sup>nd</sup>: Shawn P. (New Dominion)

**Background:** We nominated and endorsed an addict in our region to serve as a member of the World Board Human Resources Panel. This position requires a high level of trustworthiness and integrity. We have since discovered that as the Webmaster for the Central Atlantic Region, she violated the integrity of our communications by copying herself in the setup of all Regional Trusted Servant email addresses. We have obtained proof that over the course of many years she read these emails and in some cases even responded to emails that were sent to other trusted servants of the region. Furthermore, when confronted with this information, she not only denied it repeatedly, but when presented with the evidence, continued her rationalizations, justifications and outright denials. She was presented with the opportunity to take responsibility, but refused. The concepts violated follow:

4. Effective leadership is highly valued in Narcotics Anonymous. Leadership qualities should be carefully considered when selecting trusted servants.

8. Our service structure depends on the integrity and effectiveness of our communications.

**Intent:** To be responsibly transparent in our service to the fellowship

**Motion:** To submit a letter to the World Board (with Sherry V. on copy) informing them of Sherry V’s conduct while serving as the trusted Webservant for the Central Atlantic Region.

The following is a draft of the letter being considered:

*Dear World Board,*

*We feel it is our responsibility to inform you about a breach in the integrity of our communications by a trusted servant of our region who we nominated to serve on the World Services Human Resource Panel.*

*We have discovered that as the Webmaster for the Central Atlantic Region, Sherry V violated the integrity of our communications by copying herself in the setup of all Regional Trusted Servant email addresses. We have obtained proof that over the course of many years she read these emails and in some cases even*

*responded to emails that were sent to other trusted servants of the region. Our PR Subcommittee Chair addressed the issue within the PR subcommittee. When confronted, she not only denied it repeatedly, but when presented with the evidence, continued her rationalizations, justifications and outright denials. She was presented with the opportunity to take responsibility, but refused. She brought the issue up on the floor of the following RSC and insisted that she had done nothing wrong.*

*Considering that our Regional recommendation played an integral role in her candidacy for the Human Resource Panel, this body believes it is our duty to notify you of this recent development.*

*Respectfully,  
The Central Atlantic Region*

14. Next RSC will be held on June 18<sup>th</sup> at UVA Medical Center, 1215 Lee St, Charlottesville, VA 22903
15. Announce Location and Time of next Subcommittee Meetings
16. Close with Serenity Prayer and Announcements