

**Agenda 180<sup>th</sup> Regional Service Conference  
Central Atlantic Region  
August 20, 2016 – 1215 Lee Street, Charlottesville, VA**

**Note: RSC will be preceded by Open Forum, not to exceed one hour.**

**Open Forum begins: 11:00am**

**RSC begins: 12:15pm**

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
  - a. Discussion of letter to be sent out by the Fellowship Intellectual Property Trust (FIPT), as well as what they're doing to enforce NA's copyrights.
  - b. Discussion of the current function of Zonal Forums and where they might fit into the structure of NA in the future.
  - c. Discussion about how the WSC currently works and how Zonal forums might be adapted to help it work more efficiently.
  - d. Discussion of what happens if a home group has theft of host church's funds, possibly by members of nearby treatment facility.
  - e. Discussion of using a private Facebook group for communication within the Area.
  - f. Discussion of what happens when home groups stop attending Area Service – in the case of this person's area it's affecting their ability to achieve Quorum.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum roll call after break

Chair	Bill M.	Almost Heaven	Abs.	
Vice Chair	Open	Appalachian	Abs.	
Secretary	Brian C.	Beach	Joe B.	X
Treasurer	Jim H.	Blue Ridge	Nancy H.	
Regional Delegate	Eddie W.	Gateway to Freedom	Duane F.	X
Regional Delegate Alternate	Kim A.	New Dominion	Shawn P.	X
Regional Delegate Alternate 2	Open	Outer Limits	Abs.	
VRCC Chair	Abs.	Peninsula	Marilea D.	
Hospitals and Institutions Chair	Nancy H.	Piedmont	Abs.	
Policy Chair	Antoinette B.	Rappahannock	Richard M.	X
Public Relations Chair	Open	Richmond	Nancy S.	
Speaker Jam Chair	Open	Roanoke Valley	Vanessa H.	X
		Shenandoah Valley	Donna M.	
		Southside	Gail F.	X

		Tidewater	Abs.	
		Tri-Cities	Bobby G.	X

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).**

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
  - a. Donna V. – Richmond Alt.
  - b. Vanessa H. – Roanoke
  - c. Mariela H. – Peninsula
  - d. Duane F. – Gateway to Freedom
  
6. Approval of Prior Minutes – Mover: Bob G. 2<sup>nd</sup>: Shawn P. (Approved by Acclamation)
  
7. Trusted Servants Reports

Chair Report	<p>Good afternoon family,</p> <p>I am pleased to report that we secured this conference room for the next year except for the two 2-day conferences in April and October. The October 2-day event is in Harrisonburg this year.</p> <p>Saturday October 15 -16          11:00 AM – 4:00 PM          Our Community Place          17 E. Johnson St.          Harrisonburg, VA 22802</p> <p>Sunday: 10:00 AM – 4 PM          Gathering Place          731 Mt. Clinton Pike          Harrisonburg, VA 22802</p> <p>We will be staying at the EconoLodge          703 E. Market St.          Harrisonburg, VA</p> <p>I have not secured the location for April’s 2-day but believe it is in Quadrant 1 this year and hope to have more information at the next RSC.</p> <p>ILS,          Bill M.</p>
Vice Chair Report	Open.
Secretary Report	All is well. Just a reminder that you can email your report to <a href="mailto:secretary@car-na.org">secretary@car-na.org</a>

	ILS, Brian C.		
Treasurer Report	Opening balance:		\$ 15,322.59
	(closing balance from 179th RSC report)		
	Credits		
	Appalachian	\$204.00	
	Beach	\$200.00	
	New River Valley	\$20.00	
	Peninsula	\$625.60	
	Piedmont	\$200.00	
	New Vision	\$30.00	
	The Courage to Change	\$50.00	
	Void check # 1240	\$234.00	
	TOTAL	+ \$1,563.60	\$ 16,886.19
	Debit:		
	Ck 1262:	\$25.00	Nancy H.
Ck 1263:	\$138.30	AZF (replacement check #1240)	
Ck 1264:	\$350.00	Eddie W.	
Ck 1265:	\$350.00	Kim A.	
Ck 1266:	VOID		
Ck 1267:	\$157.64	Bill M.	
Debit card 6/16:	\$22.80	(Uberconference)	
Debit card 6/29:	\$64.70	(Primus)	
Debit card 7/8	\$237.05	(Professional com.)	
Debit card 7/18	\$22.80	(Uberconference)	
Debit card 7/25:	\$60.29	(Primus)	
Debit card 8/16	\$22.83	(Uberconference)	
Debit card 8/16	\$ 253.28	(Professional com.)	



	<p>Following our June RSC NAWS e-mailed a draft statement regarding FIPT issues. Since the deadline to provide input is September 1<sup>st</sup> Kim and I elected to email a copy of it to RCM's in the hope you would share/discuss it at your ASC's and provide feedback to us (if any) here at this RSC. Though the draft is fairly self-explanatory we expect some of you may have questions regarding it.</p> <p><b>Upcoming Two Day in October:</b>  The upcoming two day will October 15-16 in Harrisonburg, VA. Saturday will be held from 11am - 4pm at Our Community Place, 17 E. Johnson St. The RSC on Sunday will be held from 10am - 4pm at Gathering Place, 731 Mt. Clinton Pike. The agenda for Saturday will be as follows:</p> <p>11:00 - 11:15      Introductions  11:15 - 12:45      Group Support (IDT Workshop facilitated by the Delegate Team)  12:45 - 1:30        LUNCH  1:30 - 4:00        TBD</p> <p>In Loving Service,  Eddie W. (Regional Delegate)</p>
RDA Report	<p><b>Planning Our Future:</b> (Working from the premise that there is not enough room or money to seat every present (or future) region that meets the seating criteria)</p> <p><b>RCMs please include in your next report:</b>  What does your area think and feel about zonal representation?</p> <p>If your area's response to this question is "huh?" we welcome the opportunity to hold a Planning Our Future Workshop in the near future and encourage you to request such a workshop to be held in your Area.</p> <p><b>Autonomy Zonal Forum (AZF) – July 28, 2016</b></p> <p>Prior to leaving for the planned 2-day AZF event, Eddie and I participated in a conference call and the members of the AZF made a decision to cancel the PR event being planned for Friday because of lack of attendance. The event invitations required an RSVP and, regrettably, we received less than 10 responses and decided we needed to cancel. We let the people who had signed up know that, due to a lack of interest, the event was being cancelled. We decided that if anyone did show up, we would still be able to accommodate them because we would still do an abbreviated version of the presentation. We voted to hold our regular AZF meeting</p>

on Friday instead of Saturday because it was too late to cancel Friday night Hotel rooms, but not too late to cancel Saturday Hotel rooms. We suspended our normal order of business to accommodate an abbreviated PR presentation. There were 3 people who showed up from the public. We offered them a lovely luncheon and then spent about 90 minutes on the PR Presentation. We then resumed our July Agenda. The other items of note were a short review of the FIPT Statement sent out by world which we are hoping to gather your input on today, we finalized our discussions for creating a secretary template and guidelines for who will be responsible for our minutes in the future and we spent some time addressing our inventory and how we might go about providing a greater service to the regions we serve.

We finished up our business by 5:30 PM and because Eddie and I had opted to cancel our Friday night rooms, we began our 7-hour drive home. The minutes from that meeting are available on the AZF Website on the archives page.

<http://autonomyzonalforum.org>

We have a teleconference scheduled for Monday August 22<sup>nd</sup>, which Eddie will be facilitating.

**Changes on the Delegate Team**

If you were here for Open Forum today then you know Brian C is considering joining the delegate team in February, if someone steps into the Secretary commitment that he is currently holding. I am very excited at the prospect of working alongside Brian so I hope this works out and will be nominating him for the RDA position today.

**Funds being returned from July AZF (from me)**

\$160.92 Hotel

\$ 70.00 Per Diem

\$ 40.00 Gas (Gave Eddie 25.00 and I used \$15 on my drive to and from Lynchburg)

**\$270.92 Spent**

\$350.00 Received from CARNA

\$270.92 Spent

\$ 80.08 Being Returned today

**Funds being returned by Greater Philadelphia: (\$234.00 received)**

Will report on this next month. At the time of this RSC this information was not yet available.

**October 2-day – October 15-16, 2016 - Harrisonburg, VA**

I worked with our Chair Bill M and Eddie W to try and put together an Agenda and a flyer for the October 2-day. At some point today we will have solidified the Agenda and have some flyers available for you to take back to your areas.

**Autonomy Zonal Forum Meeting hosted by the Central Atlantic Region - January 28<sup>th</sup>, 2017**

In January 2017 it will be our turn to host the Autonomy Zonal Forum meeting. I have secured the location and created the flyer. I have also contacted Brian C and he is willing to fulfill the secretary commitment for that meeting. Our new policy with regards to that commitment is that it is the hosting region's responsibility to obtain a volunteer to take the minutes.

Please distribute the flyers that I brought today throughout your areas so that our entire region can benefit from the combined experience of the members of the Autonomy Zone.

Since the meeting is being held in the Southside Area, I attended their ASC August 7<sup>th</sup> and asked them to consider holding an event on Saturday night that might take advantage of the wealth of experience that will be in town that weekend. They were agreeable and I am looking forward to what will surely turn out to be a day chalk full of "from the ground-up" service.

	<p><b>Policy Consideration</b></p> <p>I just want to mention an idea Eddie and I have been tossing around. The idea is to request a change to policy, which would allow for the RD Team to attend another World Board Facilitated CAR Workshop in December of a Conference Year instead of MARCLNA. This change would allow for the team to be able to schedule CAR Workshops earlier. Perhaps Policy wording could allow for either a World Board Facilitated CAR Workshop or MARLCNA. This idea is not quite ready for a motion, but I wanted to get it out there for discussion.</p> <p>In Loving Service,</p> <p>Kim A.</p>
RDA2 Report	Open
VRCC Report	Abs.
H&I Chair Report	<p>The H&amp;I Subcommittee was scheduled to meet on July 16, 2016 in Salem, VA at the Salem Presbyterian Church at 41 E. Main St., Salem, VA. From 11am until 3pm. Unfortunately due to miscommunication and/or apathy no one showed up but me and the person who opened the church door. I did have a person who was unable to attend call in on my phone. We discussed what steps could be taken to ensure the word was getting out. We talked about using an email blast once we have all of the contact information available. We also talked about the two of us getting together and dividing the list up and calling each area individually. I am still in need of some contact information from the following areas: Almost Heaven, Appalachian, Richmond, Roanoke Valley, Southside, Tidewater and Tri-Cities. So if you are the RCM to any of these areas, PLEASE get the H&amp;I chair of you area to contact me or if you have that information today please see me before you leave. Having said all that still does not eliminate the problem. For the lack of a better word it is VERY frustrating and not only is it frustrating but it hinders me and any other interested committee members from moving forward on ANY project. So I am honestly, open mindedly and willingly looking for some input and suggestions.</p> <p>Last but not least, I may need someone who is experienced in how to get the information either to the web servant or putting it on the website myself. As I understand it, this was the situation for last month's meeting. Even though I emailed it 10 days in advance, it was not on the web until the day before the meeting. So</p>



	<p>therefore I am looking to this body for some experience, strength and hope. I was told when this happened to me before.....don't be discouraged and I'm not discouraged this time either. I will keep on keeping on by suiting up and showing up.</p> <p>In closing, the next H&amp;I subcommittee meeting will be September 17, 2016 in Portsmouth at St. Christopher's Episcopal Church, 3300 Cedar Lane, Portsmouth, VA. 23703.</p> <p>NA luv and Hugz, Nancy H.</p>
Policy Subcommittee	No written report.
Public Relations	Open
Speaker Jam	Open

#### 8. Area Reports

Almost Heaven	Abs.
Appalachian	Abs.
Beach	<p>Hello Family,</p> <p>Beach Area is doing well. WE had 15 of 18 groups at last Area Service. Our area's campout, Serenity on the Shore (SOTS) will be held Oct 7-9. SOTS will be hosting a bowling night next week on the 27<sup>th</sup>.</p> <p>ILS, Joe B.</p>
Blue Ridge	<p>Hello from the Blue Ridge Area of NA. The last BRANA ASC met on August 14, 2016 at 4pm at the Verona UMC. The meeting was opened with a moment of silence followed by the Serenity Prayer then the readings of the 12 Traditions, 12 Concepts, the definition of ASC and the Unity invocation. Role was taken but quorum was not met so therefore we could not make new motions or vote on any old motions.</p> <p>Open forum consisted of discussing an issue being addressed by an ad hoc</p>

committee. This is a situation of 2 new home groups sharing one GSR. Along with that, the same person has been changing time and/or location of the groups.

The GSR's present reported that their meetings are well attended. There has been some fluctuation in number of people attending because of vacations, other commitments, etc. On the average there are 2-3 newcomers at the various meetings. But sadly we have had 2 meetings close because of lack of attendance. They are the group sponsored by the It Can Be Done group that met on Wednesday at 12:15 pm at the Park View Mennonite Church in Harrisonburg. The second one is the women's group which has been struggling for some time now...they met at Central UMC in Staunton. The Live Clean or Die group in Clifton Forge still has its eat/meet meeting the first Saturday of each month. The July BRANA Campout was again a success.

The Outreach Committee met on August 2, 2016 at the Valley Mission. Even though both the PR and the H&I chair were absent we conducted business as usual. All of the H&I commitments are being fulfilled and those commitments are: Middle River Regional Jail both male and female, Western State Hospital, Augusta Correctional Center, Men's Diversion Center in Harrisonburg. As usual we can always use more volunteers. We discussed the idea of having a booth somewhere....location to be decided later.....representing NA since September is National Recovery Month. We need to check with the PR chair and see if we will be working with another local agency such as the community board as we have done in the past or do it on our own. We will be printing a new meeting list next month.

The upcoming events are as follows:

1. Sunday, August 21st from 1pm until 7pm "Jump in the Lake" event at Lofton Lake in Raphine, VA. The meal will be at 3pm and there will be a speaker at 5pm. There are fliers available here today.
2. September 23-25th, the fall BRANA campout will be held at Natural Chimneys in Mt Solon. You will register with the campground for this event. There are fliers available for that today as well.
3. Sunday, October 2nd, Fallen Addicts Memorial Picnic at Gypsy Hill Park Pavilion.
4. Saturday, October 29th there will be a Halloween Dance. More details to come.
5. Thanksgiving Marathon meetings. More details to come.
6. Holiday Party at Main St UMC sponsored by Find a New Way to Live group.
7. New Year's Eve Party. More details to come.

	<p>There are several positions open on the BRANA ASC. They are Vice Chair, VRCC Rep, RCM and RCM Alt which are being filled by pro tem people now.</p> <p>The BRANA mailing address is PO Box 623, Harrisonburg, VA 22803. The next BRANA ASC will meet on September 11, 2016 at 4pm at the Verona UMC 406 Lee Highway, Verona VA. We have a contribution of \$176.19 to the region today.</p> <p>NA Luv and Hugz, Nancy H.</p>
Gateway to Freedom	<p>My name is Duane, serving as Pro-Tem for Gateway to Freedom Area RCM until I can be officially nominated next month. We currently have 14 home groups. There were 8 GSRs at last Area Service on August 13. Area trusted service positions open are Secretary, Policy Chair, Special Events Chair, RCM and RCM Alternate. We have recently been granted permission to take a meeting into the Allegheny County Detention Center. We have a limited number of addicts who have clearance to go into the prison and always need support. Or 2<sup>nd</sup> annual Camp Jam will be held on Sept. 23-25 in Keyser, WV. The flyer is posted on the CARNA web site. The dates were moved one week forward due to conflicting schedules. I am here today to learn and observe so I may better decide if I want to accept a full commitment to the RCM position. Our donation is \$75.66. Our next ASC will be Sept. 10, my one year clean date. Thank you all for being so welcoming.</p> <p>ILS, Duane F.</p>
New Dominion	<p>Hello everyone. The new Dominion Area has approximately 45 home group meetings. We had approximately 30 GSRs at our last ASC on 8/14/16. All of our current trusted service positions are filled, however we have decided to create a Vice-Treasurer position and this position has been sent back to home groups for nominations. We have nothing major going on that the Region needs to be aware of, everything is going smoothly and we have no special needs at this time. Our next ASC is scheduled for 9/11/16. We have a donation of \$390.46.</p> <p>The New Dominion Area will be celebrating its 20<sup>th</sup> year with a picnic on Sept 5<sup>th</sup>, 2016 at Powhatan State Park, shelter 3.</p> <p>ILS: Shawn P</p>

Outer Limits	<p>My name is Duane, serving pro-temp for Gateway to Freedom Area RCM until I can be officially nominated next month. We currently have 14 home groups. There were 8 GSRs at last Area Service on Aug. 13<sup>th</sup>. Area trusted servant positions open are: Secretary, Policy Chair, Special Events Chair, RCM and RCM-Alternate. We have recently been granted permission to take a meeting into the Alleghany County Detention Center. We have a limited number of addicts who have clearance to go into the prison and always need support. Our 2<sup>nd</sup> annual Camp Jam will be held on Sept. 23-25<sup>th</sup> in Keyser, WV. The flyer is posted on the CARNA website. The dates were moved one week forward due to conflicting schedules. I am here today to learn and observe so I may better decide if I want to accept a full commitment to the RCM position. Our donation is \$75.66, our next ASC will be held Sept. 10<sup>th</sup>, my one year clean date. Thank you all for being so welcoming.</p> <p>ILS, Duane F.</p>
Peninsula	<p>This is my first time at region – I have willingness to serve and learn.</p> <p>ILS, Marilea D.</p>
Piedmont	Abs.
Rappahannock	No written report.
Richmond	<p>Hear Ye, Hear Ye! The Richmond Area is hosting the 35<sup>th</sup> AVCNA in January 2017. The committee has decided to have a banquet at the convention – the tickets will be sold before the convention. There is still no word for a overflow hotel as of yet. Over 1,000 registrations for the convention have been sold. Flyers for upcoming events are on the back table, please take some to your areas to pass out.</p> <p>Please help me welcome our new Alt RCM – Donna B.</p> <p>Again spread the word about your convention! One new meeting has started – Monday 9AM-10AM at 3111 West Cary Street Richmond, VA 23220 at new O.A. R. The format is open / step meeting.</p> <p>ILS, Nancy S.</p>
Roanoke Valley	Hello Family,

	<p>I'm Vanessa H., newly voted in RCM of Roanoke Valley. I look forward to bringing information to and from Regional. We are pleased to share that RVANA won the bid for Regional Convention for 2018. We are taking nominations and voting positions for the Convention Committee for Secretary, Treasurer, Chair, Vice Chair on the second Sunday in Sept. at the Williamson Rd. United Methodist Church of the Brethren from 1-2PM. New meeting starting on Tuesday at 7PM 1959 Patterson Ave. SW.</p> <p>Open Positions: Vice Chair, Vice Treasurer and Vice Secretary.</p> <p>ILS, Vanessa H.</p>
Shenandoah Valley	<p>SHEVANA has 28 active groups at this time. Our area meets every 2<sup>nd</sup> Monday at Grace Community Church in Winchester, Virginia. At area we have approximately 14 GSR's attend to represent their home groups. SHEVANA will be having a Sponsorship/Sponsee Breakfast on Saturday, September 17<sup>th</sup>, 2016. This is a good event to meet people and maybe find a sponsor if you need one.</p> <p>We do not have a donation to region at this time.</p> <p>Hugs, Donna</p>
Southside	No written report.
Tidewater	<p>Hello Family,</p> <p>Thank you for letting me be of service! Our area is growing and we are greeting newcomers daily. We have 13 groups in our area. We have a position open for Vice Chair. Our Unified Public Relations subcommittee is hosting a work shop for our phone line at the Petersburg Public library on August 27 at 2 till 5. We will have a donation mailed to you this week!</p> <p>I.L.S. Paul E.</p>
Tri-Cities	No written report.

9. All New Business Motions turned in before lunch

10. Quorum achieved with 8 voting RCMs

11. **Elections & Nominations**

- **Vice-Chair** – (nominations opened at 172nd) – No nominations, back to areas
- **Secretary** (Nominations opened at 180<sup>th</sup>)
- **RD** – (Nominations opened at 180<sup>th</sup>)
- **RDA** – (Nominations opened at 180<sup>th</sup>)
- **RDA2** – (nominations opened at 176<sup>th</sup>) – No nominations, back to areas
- **PR Chair** (nominations opened at 179<sup>th</sup>) – No nominations, back to areas
- **Speaker Jam** (nominations opened at 179<sup>th</sup>) – No nominations, back to areas

12. Old Business:

- a. Review Agenda for October Two-Day Event
  - i. Group Support Workshop in Morning
  - ii. Welcoming All Members Workshop (includes wrap up discussion) in Afternoon

13. New Business:

- a. None.

14. Next RSC will be held on at

15. Announce Location and Time of next Subcommittee Meetings

16. Close with Serenity Prayer and Announcements