

**Agenda 181st Regional Service Conference
Central Atlantic Region
October 16, 2016 – 731 Mt. Clinton Pike, Harrisonburg, VA**

Note: RSC will be preceded by Open Forum, not to exceed one hour.

Open Forum begins: 10:00am

RSC begins: 11:15am

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
 - a. Discussion of issues surrounding accommodations at future events.
 - b. How do you handle a subcommittee who is holding their meetings in a bar?
 - c. How to get more attendance at subcommittee meetings, particularly on-site (e.g. H&I)
 - d. What to do when you don't have enough people to carry a H&I meeting at a facility. For instance, what do you do when you only have one person who can facilitate a meeting? For instance can we carry a virtual meeting into a facility?

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Bill M.	Almost Heaven	Abs.	
Vice Chair	Open	Appalachian	Abs.	
Secretary	Brian C.	Beach	Joe B.	X
Treasurer	Jim H.	Blue Ridge	George S.	X
Regional Delegate	Eddie W.	Gateway to Freedom	Duane F.	X
Regional Delegate Alternate	Kim A.	New Dominion	Mark S.	X
Regional Delegate Alternate 2	Open	Outer Limits	Heather B.	X
VRCC Chair	Abs.	Peninsula	Abs.	
Hospitals and Institutions Chair	Nancy H.	Piedmont	Abs.	
Policy Chair	Antoinette B.	Rappahannock	Richard M.	X
Public Relations Chair	Open	Richmond	Nancy S.	X
Speaker Jam Chair	Open	Roanoke Valley	Vanessa H.	X
		Shenandoah Valley	Randy D.	X
		Southside	Sue N.	X
		Tidewater	Abs.	
		Tri-Cities	Paul E.	X

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.

a. None

6. Approval of Prior Minutes – Mover: Kim A 2nd: Heather B. (Approved by Acclamation)

7. Trusted Servants Reports

Chair Report	<p>I believe the October 2-day event focusing on Attraction to both service and the fellowship was a success. I think we had about 40 addicts in attendance and of those about 20 of those were local. We walked away from the event with some discussion topics and tools to carry back to our groups and areas with the goal of increasing participation in NA service commitments and meeting attendance.</p> <p>The cut-off for requesting room reservations for the weekend is a month prior to the 2-day event; however, this time I had only a few requests and those were only from the RCM's at the last Regional Conference. I sent an email blast, and as a result, we had quite a few requests. I think the room accommodations makes these meetings accessible to those who want to participate but must travel several hours. Therefore, moving forward, I will try to communicate to the RCMs and encourage them to both report to the Area Service Committees and also announce the room availability in the meetings. Although we have a budget and may not have the resources to accommodate every request, I think we can encourage those who may want to share the experience of service.</p> <p>I learned over the last year as Regional Chair that an unwritten responsibility is to ensure the fulfillment of Regional service positions. For the majority of this past year we have several important service commitments that remain unfilled. I believe the region has suffered as a result of the unfilled positions. Although I realize it is the responsibility of each member of this body to try their best to find qualified nominees for these positions, I cannot help but feel I have let down the Region in this respect. I cast a wide net in my search for nominees and although I have some candidates who, hopefully, will attend at the next RSC, I don't believe we will end of today's RSC.</p> <p>I will close this report with a reminder to announce the open positions and actively seek qualified trusted servants not only at your Area Service Committee's but also in the meetings.</p> <p>ILS, Bill M.</p>
Vice Chair Report	Open
Secretary Report	<p>Thanks for the opportunity to be of service.</p> <p>ILS, Brian C.</p>

Treasurer Report	<p>Hello family.</p> <p>Our bills are paid and up to date. At the 180th. We had a balance of \$15,181.50 since then we have deposited \$4,985.02 and debit totaling \$717.65 for a current balance of \$19,448.87 .Our prudent reserve is \$15,151.50 so we will be making a donation to world service for \$4,297.37</p> <p>I will be making contact with Econo Lodge about our room block that was giving away, and will report the results at our next meeting.</p> <p>I would also like to say that when we share our experience here about this weekend we share all the positive thing and not the things that were out of our control. My higher power, whom I call God put things in my life to reminded me of where I came from and to stay humble .It helps me appreciate all the good things in my life better .</p> <p>The budget for 2017 is \$27,157.50 there was just a couple of changes.</p> <p>In Loving Service , Jim H.</p>
RD Report	<p>Due to a death in my family where I was asked to serve as a pallbearer, I was unable to participate in yesterday’s event. Needless to say I am very grateful for Kim, Neal, Peter and everyone else who served together to make the event a success and look forward to hearing of all that transpired.</p> <p><i>AZF Conference Call (facilitated by Central Atlantic):</i></p> <p>On August 22nd the AZF held a conference call from 7:00-8:30 pm with only one participating region not in attendance (Freestate Region). The call was devoted almost entirely to addressing a concern voiced by the Mountaineer Region in an e-mail sent following the July AZF regarding the participation of “non-delegates” at the AZF and it’s conference calls (attached in it’s entirety following this report). The following is a short list of the feedback thus far as a result of the discussion:</p> <ol style="list-style-type: none"> 1) Deference always be given to recognizing Regional Delegates by the facilitator before recognizing any “non-delegate” in attendance. 2) Time limits on sharing by “non delegates” as stated by the facilitator. 3) The need to develop “Facilitation Guidelines” in the interest of fairness and consistency. <p><i>Previous AZF (hosted by Greater Philadelphia):</i></p> <p>As of this report I’ve not received any information regarding the final refund amount each participating Region might receive from the Greater Philadelphia RD Zoe Holmes as a result of the revised PR presentation/AZF back in July. I expect the issue to be resolved on our next scheduled conference call Monday October 24th.</p> <p>In Loving Service, Eddie W. (Regional Delegate)</p>

	<p><i>*Letter from the Mountaineer region voicing their concern:</i></p> <p>From: Cooper B. > Subject: Teleconference > Date: August 1, 2016 at 7:34:45 PM EDT > To: Kim Adams <kim@webmastery.org> > > Greetings everyone- > I am writing to you about what may be a difficult subject because I'd like to suggest a change in the way we function as a zone. It's an issue of fairness. I'm concerned that the way we currently conduct our work sessions (I don't want to call them business sessions because we don't really do business) and our teleconferences are unfair to the members of all our regions. > Currently we are allowing some members to participate in our teleconferences who are not RD's or AD's, but we are not issuing an open invitation to all the members of our regions. I can understand including someone to address a specific issue, but I don't think we should allow someone to take part just because they want to. If that is the standard, then we should send a notice to everyone in our regions that we are having a teleconference so they can call in too. I'm sure you'll agree that would be unworkable. But unless we going to let everyone call in, I don't think we should show favoritism to certain members. Therefore I'd like to suggest that our teleconferences be closed to members who are not RD's or AD's unless we agree to invite someone to address a specific issue. > I believe the same principle of fairness applies to our work sessions as well. While I'm not suggesting we hold closed meetings, allowing any member of our fellowship to participate in our work sessions favors those with the time and resources to do so. When our meeting is held in a region far from home, most members of the non-hosting regions will not be able to attend, but we show favoritism when we let members who can afford to attend take part in our work sessions. We can't afford to fund everyone who wants to come so why should we favor those who can? I'd like to suggest a solution. While leaving the meeting open for everyone to attend, we could restrict discussion to RD's and AD's only unless of course we invite someone to address a specific issue. We could leave time at the end of our meeting for people to give feedback, ask questions, etc. If someone can't attend, they can send input with their RD. I think this solution is fair to everyone. > I would like to have a teleconference (RD and AD only) to discuss these proposed changes. I would like to suggest a Sunday at 8 pm sometime this month. I find Monday's at 9:30 a difficult time but if Sunday doesn't work, we can do that. I sincerely believe this issue merits a serious discussion. Thanks, Cooper</p>
RDA Report	It's good to see you all again. I wanted to take a moment to thank you all for your

participation in yesterday's Workshops. Unfortunately Eddie had a death in the family and was unable to attend, but since we had already planned on having me facilitate the group support workshop, we were covered. I did appreciate everyone's help facilitating my first workshop and hope people do bring back the solutions we brainstormed.

NEWS FROM OUR ZONE:

- I am submitting a motion today to approve costs associated with hosting the Autonomy Zonal Forum January 28, 2016.
- Please pick up the flyers for this event.

Here is my Itinerary for the January AZF

Travel	\$	0
Per Diem	\$	0
Hotel	\$	0
Lunch/Refreshments -	\$	200.00
Website	\$	7.50
<u>Rent for the facility (Halifax Reg. Hospital)</u>	<u>\$</u>	<u>50.00</u>
 Total Request:	 \$	 257.50

- I contacted the AVCNA Chair about obtaining a timeslot for the AZF and haven't heard back yet
- Eddie facilitated a conference call in August. There were 5 of the 6 Regions, which comprise our zone, in attendance and we discussed the participation of non -delegates in our work sessions. The concerns were: time constraints and issues of fairness with regard to hearing from only interested others who have the resources to attend. We were also hoping to get an update from Greater Philly on the financials from July PR event. Regrettably there is still no news on that front. Our next Conference call is scheduled for this coming

Monday: October 24th at 7.00 pm. I will be facilitating that call.

- You can visit the AZF website by going to <http://autonomyzonalforum.org>

MARCLNA WILL BE HERE BEFORE WE KNOW IT:

According to my notes it is time now to book rooms for MARCLNA so

I contacted the host hotel for the upcoming MARCLNA in February and booked 2 rooms for Friday and Saturday night (in anticipation of there being two members on the Delegate Team by then. I booked these rooms now to ensure we would be able to get rooms. The Lancaster Host Hotel is under new management and requires the first night to be paid in full at the time the reservation is made. So I will be requesting those funds today, too. As per Regional Policy, I will be submitting my itinerary reflecting these and all remaining costs associated with attending the upcoming Mid Atlantic Regional Learning Conference of Narcotics Anonymous.

Here is my Itinerary for the February MARCLNA

Registration	\$	20.00
Travel	\$	40.00
Per Diem	\$	70.00
Hotel	\$	199.80
Total Request:	\$	329.80

I haven't yet asked for the reimbursement of the second room pending electing a second member of the Delegate Team. If there should be no additional member to accompany me on this trip, I will attempt to cancel the second room, but will need additional travel money because \$40.00 will not get me to Pennsylvania and back.

	<p>ALL THINGS NAWS</p> <p>When last we met Eddie and I attempted to gain the conscience of our Region on the NAWS draft statement regarding FIPT Issues and we submitted what we believed to be our Region’s Conscience, which was that we were not in agreement with sending the statement. NAWS News isn’t out yet, so I don’t have an update on the status of that statement. NAWS is currently having their first Board meeting of this Conference cycle and they expect to post workshop materials for the Issue Discussion Topics soon. They let us know they are planning to “test drive” some of them first at the Multi-zonal Service Symposium and Canadian Assembly.</p> <p>RCMs I am hoping you were able to include in your report:</p> <p>What does your area think and feel about Zonal Representation?</p> <p>Again, if your area’s response to this question is “huh?”, we welcome the opportunity to provide a Planning Our Future workshop and encourage you to request such a workshop be held in your Area.</p> <p>In loving Service, Kim A RDA</p>
RDA2 Report	Open.
VRCC Report	Abs.
H&I Chair Report	The H&I Subcommittee was scheduled to meet on September 17 th at St. Christopher’s Episcopal Church at 3300 Cedar Lane, Portsmouth, VA from 11am-3pm. The meeting

was posted on the car-na.org website well in advance before August 24th. In addition to that, I sent the following message out:

John Doe, this is Nancy Harvey and I am the regional H&I chair. I wanted to let you know about the regional subcommittee meeting. It is at the St. Christopher's Episcopal Church at 3300 Cedar Lane, Portsmouth, VA. It is from 11am-3pm.

The following is the list of people I contacted either by text or email:

Almost Heaven	Sherry V.
Peninsula	Ronnie G.
Appalachian	Jim H.
Shenandoah Valley	Norman C.
Richmond	Mason
Gateway to Freedom	Whitney W.
Roanoke Valley	Vanessa H.
Beach	Akiko T.
Southside	Gail H.
Outer Limits	Keith J.
Tidewater	Johnny T.
Rappahannock	Billy M.
Tri-Cities	Bob G.
New Dominion	Brian S.
Piedmont	Megan O.

9 of the 15 were the H&I chair for their area. The remaining 6 were the RCM's for their area. I did hear back from some of the above **HOWEVER** no one who replied said they would be there...they had other plans or didn't know about it. I have reported this to this body to show the effort I put into this meeting since the July meeting had no one show up. On my trip down the road to Portsmouth, I was keeping in contact with Mark who had opened the church for this meeting. I was about 90 minutes away when I got stuck in traffic due to an accident. I again contacted Mark and he informed me there was no one there which was the case when I initially contacted him. After talking to him and Neal G. from Peninsula who arrived as we were talking, we decided it was probably fruitless for me to continue down there as I wasn't sure how long I'd be stuck on 64 and due to the fact there was only Neal there. Needless to say this was AGAIN very disheartening but there was no other feasible answer to this dilemma.

I reported this to Bill M. and we decided we would discuss it at this RSC. So today again I am looking to this group for some direction and experience, strength and

	<p>hope. Am I frustrated...yes. Am I hopeless.....NO. I refused to give up in trying to help the addict who still suffers.</p> <p>The next meeting place will be announced later. The date is November 19th and the time is 11am-3pm so please mark your calendar and ANNOUNCE ANNOUNCE ANNOUNCE this in your ASC and your home groups.</p> <p>NA LUV and Hugz, Nancy H.</p>
Policy Subcommittee	<p>I forgot to bring extra policy and RCMs orientation packets both are available on our website. I will be bringing hard copies to the 182nd. Please forgive me for any inconvenience this has caused</p> <p>In loving service</p> <p>Antoinette B</p>
Public Relations	Open
Speaker Jam	Open

8. Area Reports

Almost Heaven	Abs.
Appalachian	Abs.
Beach	
Blue Ridge	<p>Events scheduled:</p> <ul style="list-style-type: none"> Halloween dance and speaker meeting, 10/29 at 8PM, Main Street UMC, Waynesboro, VA. <p>Events In Planning:</p> <ul style="list-style-type: none"> Thanksgiving marathon meetings and dinner, 11/26, noon-8PM at Central UMC, Staunton VA. New Years Eve event will be held at the First Presbyterian Church in Harrisonburg, VA from 8PM-midnight. <p>H&I Commitments:</p> <ul style="list-style-type: none"> Augusta Correctional Prison

	<ul style="list-style-type: none"> • Middle River Regional Jail • Western State Mental Hospital <p>Trusted Servants:</p> <ul style="list-style-type: none"> • Many are open or protem <p>ILS, George S. RCM pro-tem</p>
Gateway to Freedom	<p>My name is Duane and I am an addict. I am the new RCM for the Gateway To Freedom Area. I attended the last RSC as RCM protem but have been officially nominated and voted in since at our last ASC on October 8. I ask for your patience and understanding as I am still learning my duties at this position.</p> <p>We currently have 15 home groups. Only 8 were represented at our last ASC, enough to make quorum. Only one Area service position was up for vote, myself for RCM. We currently have 5 vacant positions: Vice-Chair, Secretary, Policy Chair, Special Events Chair, and RCM Alternate.</p> <p>Our Area recently hosted Camp Jam II, our 2nd annual Area Convention which again was a success. No official numbers were available but we estimated around 50 overnight attendees, not including those who only stayed during one the 3 days. The event took in an estimated \$2600. minus expenses. Based on feedback from members who attended, it was a positive experience for all. We are excited to host another Camp Jam convention again next year.</p> <p>Our H & I subcommittee has been very active. We still take 2 meetings a week into the Joseph S. Massey Unit, a drug and alcohol rehabilitation facility in Cumberland, MD. We carry both a men's and a women's meeting to the Potomac Highlands Regional Jail in Augusta, WV. H & I was finally granted permission to carry a meeting into the Allegany County Detention Center in Cumberland MD. We are having issues with getting enough qualified volunteers to carry the meeting consistently. We also have an opportunity to get into the North Branch Correctional Facility, a maximum security prison, also in Cumberland, MD. Again, the concern is that we don't have enough qualified volunteers to even consider it at this point.</p> <p>Our PR Chair has been very active over the last 2 months, setting up our NA PR table at several Recovery events.</p> <p>Our Special Events Committee is organizing a Halloween Dance, Lipsync Battle, and Costume Contest on Sat. Oct. 29.</p> <p>Some of our dedicated trusted servants are currently working on updating our Area policy, as we have no Policy Chair at this time. Revisions to the policy were voted on and passed but we have no copy of the amended policy.</p> <p>Our only other concern is that changes have been made to our meeting schedule and needed to be updated on the region website. Our PR Chair, Larry B. has contacted other members with this concern but can't get useful feedback to resolve</p>

	<p>this problem. He is requesting information necessary to make the changes himself if possible.</p> <p>There has been no Treasurer's report for the last 2 months. We've had a high volume of account activity due to the Camp Jam convention and other events. Our Treasurer has fallen behind due to that situation and other personal commitments. Until our accounts are updated we cannot calculate our Regional donation, hence we have no donation for this period. Our meeting attendance is down and so are group and Area donations. Our next ASC will be held on Saturday November 12. Other than that our Area is doing quite well. Our dedicated trusted servants have been actively involved in trying to carry the message to the still suffering addict. I am grateful to be a part of the Gateway To Freedom Area and I am honored and grateful to be of service.</p> <p>In loving service, Duane F. RCM</p>
New Dominion	<p>Hello everyone. The new Dominion Area currently has approximately 47 home group meetings. We had approximately 31 GSRs at our last ASC on 10/9/16. All of our current trusted service positions are filled. We have nothing major going on that the Region needs to be aware of, everything is going smoothly and we have no special needs at this time. Our next ASC is scheduled for 11/13/16. We have a donation of \$1004.09</p> <p>The NDA recently held a GSR workshop and that went well.</p> <p>The NDA along with adjoining Areas have increased our PSA's and that has been assumed to be responsible for the increase in phone line activity.</p> <p>Our H & I subcommittee could use some support. Meetings have been suspended due to a lack of support.</p> <p>Our Outreach subcommittee has been doing an incredible job and has really helped our Area in certain aspects.</p> <p>I have attached our current financial statement to the email I sent to Brian C as well.</p> <p>ILS, Shawn P</p>
Outer Limits	<p>The Outer Limits Area is still alive and the number of newcomers are increasing each week, which is exciting. We will be carrying back the information from the workshops back to our area, including info about zones and zonal representation.</p> <ul style="list-style-type: none"> • 7 home groups in OLANA • 4 GSRs attended the last ASC • Open Positions: Vice Chair, Secretary, Treasurer, VRCC Chair, Policy Chair

	<ul style="list-style-type: none"> • No trusted servants elected. • Group news: The location for Earthbound Group (Tues, 7PM) has moved. Updated meeting list is attached to minutes. • Dwayne L from Bright New Life home group celebrated 28 years!!! • Area News: we are currently filling positions on area level. The fundraiser was postponed due to Hurricane Matthew, to be discussed at the next ASC. We are planning to have a convention in 2018! • Subcommittee News: We have three H&I commitments. • Concerns: Lack of Participation in service. • Special Events- we are rescheduling our fundraiser • Next ASC: November 6, 2016 @ 2:00PM
Peninsula	Abs.
Piedmont	Abs.
Rappahannock	<p>The RANA area has 19 home groups with an average of 13 home groups being represented at area service. Our open service positions are as follows, Chairperson, Secretary 2, Treasurer 2, Outreach chair, VRCC chair. There were no positions filled since the last RSC. We have a \$240.00 donation for region with no individual group news. H&I is stable with our 8 commitments in 2 facilities, with slow progress at trying to get into the local jail, mainly trying to get members through the fingerprinting and background check process, Activities is putting on a family oriented Halloween event on Oct 28th which will include costume contests for all ages, trunk or treating for the kids and a DJ and photo booths. Our next ASC meeting is on Nov 6th at 4pm at the Fairview Baptist church in downtown Fredericksburg.</p> <p>In Loving Service Antoinette B and Richard M</p>
Richmond	<p>We are hosting the 35th AVCNA on Friday January 20, 2017 to Sunday January 22, 2017. It will be held at the Hilton Richmond Hotel. Flyers are on the table We will be holding a banquet that Saturday before the main speaker meeting. If you or someone you know is interested in sharing or chairing a workshop, contact Robert M. at 804-432-9623. Our RCM-Alternate is absent today. I enjoyed the workshop yesterday, thank you Kim and Neal!</p> <p>Suggest that regional subcommittees could hold their meeting at the convention in January – contact Virginia H. at 804-399-3945 or Programming Chair Robert M. at 804-432-9623.</p> <p>Our area and subcommittees are doing well.</p> <p>ILS,</p>

	Nancy S.
Roanoke Valley	<p>Hi family. The new meeting at the women’s transitional center is going well on Tuesday nights 1729 Patterson Ave. SW 24015. The area has voted in for the 2018 State Convention Chair; Denise M , Vice Chair; Greg H, Secretary ; Denise Y ; Treasurer ; Peter N , Vice treasure ; Amy P the first convention meeting was on October 2 2016 at St Mark’s Lutheran Church on Franklin Rd and second meeting at Williamson Rd Church of the Brethren at this meeting pre Convention Chair; Kate G was voted in. The next Convention meeting is set for November 12, 2016 at 01:00pm at the Williamson Rd Church of the Brethren right before Area service unless otherwise voiced. We have a Halloween costume contest/ dance with food, fun, and fellowship on October 29th at the St Mark’s Lutheran church 1008 Franklin Rd. \$5 suggested donation no addict turned away for lack of funds service work encouraged from 9pm to 1:30am. Thank you to RD and RDA for putting on a very informative & fun work shop this weekend.</p> <p>In Loving service, Vanessa H</p>
Shenandoah Valley	<p>Dear RSC,</p> <p>Our RCM Donna M. has resigned from her position due to health reasons beyond her control. (Please reach out to her with prayers, love and hugs as we battle her life threatening illness. Donna M. did not want to resign. Shevana has 23 Home Groups. 15 GSR/GSR alts were at our last ASC on October 10, 2016. Positions are filled with exception of the RCM and Newsletter. Annette D. was nominated for the Newsletter Chair and accepted the nomination. Shevana still conducts ASC business in a timely manner. We meet on the 2nd Monday of each month from 6:30 pm till about 8 pm. Shevana is always looking for more trusted servants to fulfill our primary purpose and enjoy doing it. We do not have a donation at this time. We have an awesome website that is regularly updated with all kinds of tools and links that help the addict seeking recovery. Just go to Shevana.org. Very user friendly. I put some flyers on the table, but the website has many more, chili home group cook off with 1st, 2nd and 3rd trophies. Any home group can enter etc.... We did not vote on Kim A. for the Delegate position as we did not have her qualification to give our groups all that they truly deserve to make this decision. Our next ASC will be on November 14th, 2016 at 6:30 pm at Grace Community Church in Winchester Va. The 2 day work shop was awesome.</p> <p>Thanks for allowing me to serve. Randy D. RCM Alt</p>

Southside	<p>At our Oct. 2 meeting, 10 out of 15 meeting representatives were present. We discussed our upcoming chili cook-off which my home group expects to win and bring home the trophy which will be passed on next year.</p> <p>Our phone line had six calls most pertaining to treatment center in Greensboro. Positions open are Vice Chair, Co-Treasurer and Alt-RCM although someone is considering this position. We have two members sharing H&I after they update policy. Steps to Recovery to celebrate two years in Nov.</p> <p>We have a donation of \$112.17 for the last two months, also treasurer still has not received cancelled check 162. If there is a problem finding we could resubmit a new one.</p> <p>Thank you for the opportunity to serve.</p> <p>ILS, Sue N.</p>
Tidewater	Abs.
Tri-Cities	<p>The Tri-Cities area is growing and we are welcoming newcomers every day. Our RCM Bob G. is not here today because of surgery. All our positions are filled but we will be taking nominations for rotation in November. We have thirteen home groups in our area! We are having a service matters workshop on 10/27/16 at 2 pm at Ivy Methodist Church in Chester Virginia! Our next area service is 11/6/16 at 2 pm. We have a donation of \$151.81. Thank you.</p> <p>I.L.S Paul E</p>

9. All New Business Motions turned in before lunch

10. Quorum achieved with 8 voting RCMs

11. **Elections & Nominations**

- **Vice-Chair** – (nominations opened at 172nd) – No nominations, back to areas
- **Secretary** (Nominations opened at 180th)
 - **Neal G.** (nominated by Nancy S)
 - **Qualifications**
 - 16 years clean
 - Served four years as Regional Treasurer
 - RCM for Tidewater Area

- GSR for home group
 - Working knowledge of Steps, Traditions and Concepts
 - Have a sponsor, who has a sponsor who has a sponsor
 - Willing and able to serve.
 - **Pros**
 - Excellent and Efficient
 - Willing
 - Servant's Heart
 - **Cons**
 - Needs to learn the technology/equipment
- **RD** – (Nominations opened at 180th) –
 - **Kim A** automatically nominated
 - **Qualifications**
 - I have served as the RDA2 and RDA and fulfilled all my duties in the 4 years I have spent in these duties preparing for taking on the RD commitment. I feel Eddie has done an excellent job mentoring me to serve this region as the RD as did Donna Lee before him.
 - My prior experience at the regional level was I served for over 2 years as the RCM of Southside Area. I served for many years off and on at the area level in my prior area. I've also served on the CT Inmate Step writing program for over 10 years, the CT PR Committee as Chair and as a member, various area, convention and regional websites, 2 years as a workshop member at the World Level on the Reaching Out Committee. I've consistently maintained a home group commitment at my home group since 1989. I have an NA sponsor, who has an NA sponsor, who has an NA sponsor. I work the Steps, attend regular meetings, and I have a Higher Power who I choose to call Love. I have the time and resources necessary for this commitment, the willingness and desire to serve. I currently serve as secretary for my Home Group, ECCNA Advisory Board Vice President, CARNA RDA, and web servant for various area region and convention websites.
- **RDA** – (Nominations opened at 180th)
 - **Brian C.** (nominated by Kim A.)
 - **Qualifications**
 - 7 years clean
 - Has a sponsor who has a sponsor who has a sponsor
 - Solid foundation in the Steps, Traditions and Concepts
 - Has served in several positions at area and regional level
 - Cleared my deck of all other service commitments
 - Willing and able to serve.
 - **Pros**
 - Efficient
 - Willing

- Well-spoken / good facilitator
- **RDA2** – (nominations opened at 176th) – No nominations, back to areas
- **PR Chair** (nominations opened at 179th) – No nominations, back to areas
- **Speaker Jam** (nominations opened at 179th) – No nominations, back to areas

12. Old Business:

- a. None.

13. New Business:

- a. **MOTION 181-1** –Reimbursement for Refreshments at October Two Day Event (Approved by Acclamation)

Mover: George S. (Blue Ridge) Second: Heather B. (Outer Limits).

Motion: CAR-NA to provide a check for \$30.00 paid to Peter Pogue.

- b. **MOTION 181-2** –Funds to host January AZF (Money Matter)

Mover: Kim A. (RDA) Second: Heather B. (Outer Limits)

Motion: To fund Kim A. to host and attend the January AZF on behalf of the Central Atlantic Region.

Travel	\$ 0.00
Per Diem	\$ 0.00
Hotel	\$ 0.00
Lunch/Refreshments	\$ 200.00
Website	\$ 7.50
Rent	\$ 50.00
TOTAL	\$ 257.50

- c. **MOTION 181-3** –Funds for January MARLCNA (Money Matter)

Mover: Kim A. (RDA) Second: Heather B. (Outer Limits)

Motion: To fund Kim A. to attend the January AZF on February 20th.

Registration	\$ 20.00
Travel	\$ 40.00
Per Diem	\$ 70.00
Hotel	\$ 199.80
TOTAL	\$ 329.80

- d. **MOTION 181-4** –Subcommittee Meeting Rotation (Back to Areas)

Mover: Neal G. Second: Joe B. (Beach)

Description/Background: Subcommittee chairs are currently required to physically attend meetings in the four quadrants on a rotational basis. Frequently these meetings are very sparsely attended if there is any attendance at all.

Intent: To better utilize the precious resources of a willing trusted servant and to, hopefully, make these service positions more attractive and/or less intimidating.

Motion: intended as an attachment to Section XVI, 5 (pg. 18)

Subcommittees are allowed and encouraged to utilize, at their discretion, available technology to meet the requirements of meeting rotation when a physical meeting might not be practical or sensible.

Pros:

- Enhances our ability to fulfill our primary purpose
- Opens up more opportunities for attendance

Cons:

- Might actually cause less attendance due to technology hurdle

- e. **MOTION 181-5** –To do away with RDA2 Position (Back to Areas)

Mover: Jim H. (Treasurer) **Second:** Nancy S. (Richmond)

Description/Background: Hard to find anyone willing to take on a six year commitment With today's way to get information, I feel two people can get the job done. Position has been open for several regional meetings.

Intent: To help follow the 7th tradition and the position is helpful but not necessary.

Motion: To do away with the position of RDA2

Pros:

- Will free up funds for other uses
- Hard to find people willing to commit

Cons:

- RDA2 position gives person more time to learn how the RD/RDA functions work.

- f. Subcommittee Attendance – what kinds of things can we do to encourage more participation, with particular focus on H&I

14. Next RSC will be held on December 17th at UVA Hospital , 1215 Lee Street, Charlottesville, VA

15. Announce Location and Time of next Subcommittee Meetings

16. Close with Serenity Prayer and Announcements