

800-777-1515

# Central Atlantic Region of Narcotics Anonymous

P.O. Box 1959

[www.car-na.org](http://www.car-na.org)

Chesterfield, VA 23832

Area Name	Almost Heaven Area	Appalachian Area	Beach Area	Blue Ridge Area	Gateway to Freedom
Cities/Towns	Hagerstown, MD; Berryville, VA; Charles Town, Martinsburg, and Sheperdstown, WV	Bedford, Lynchburg, Altavista, Appomattox VA	Virginia Beach and surrounding area	Churchville, Craigsville, Fisherville, Harrisonburg, Luray, New Market, Staunton. Waynesboro, VA	Cumberland, Frostburg, MD Keyser, Romney, Moorefield, Petersburg, WV etc, Everett, Bedford, PA
Helpline Number	(800) 777-1515	(800) 777-1515	(800) 777-1515	(800) 777-1515	(800) 777-1515
Web Site	<a href="http://na2day.tripod.com">http://na2day.tripod.com</a>	<a href="http://www.car-na.org/appalachian.htm">www.car-na.org/appalachian.htm</a>	<a href="http://www.virginiabeachna.org">www.virginiabeachna.org</a>	<a href="http://www.brana.org">www.brana.org</a>	<a href="http://www.gatewaytofreedomna.org/">www.gatewaytofreedomna.org/</a>

Area Name	New Dominion Area	New River Valley Area	Outer Limits Area	Peninsula Area	Piedmont Area
Cities/Towns	Amelia, Ashland, Chesterfield, Farmville, Goochland, Mechanicsville, Midlothian, and Powhatan, VA	Blacksburg, Christiansburg, Dublin, Pearisburg, Pulaski and Radford, VA; includes Floyd and Giles Counties	Franklin, Courtland, Emporia, Lawrenceville, Portsmouth, VA	Gloucester, Hampton, Newport News, Warsaw, Williamsburg and York County, VA	Albermarle County, Charlottesville, Culpeper, Palmyra, Stanardsville, VA
Helpline Number	(804) 965-1871	(800) 777-1515	(800) 777-1515	(800) 777-1515	(434) 979-8298
Web Site	<a href="http://www.metrорichna.org">www.metrорichna.org</a>	<a href="http://www.newrivervalleyna.org">www.newrivervalleyna.org</a>	<a href="http://www.outerlimitsareana.org/">www.outerlimitsareana.org/</a>	<a href="http://www.peninsulaareana.org">www.peninsulaareana.org</a>	<a href="http://www.piedmontvana.org">www.piedmontvana.org</a>

Area Name	Rappahannock Area	Richmond Area	Roanoke Valley Area	Shenandoah Valley Area	Southside Area
Cities/Towns	Caroline County, Fredericksburg, Spotsylvania, Stafford County and	Richmond, VA	Clifton Forge, Covington, Roanoke, Salem, Rocky Mount and Vinton, VA	Berryville, Front Royal, Mt Jackson, Stephens City and Winchester, VA	Clarksville, Danville, Martinsville, South Boston, VA,
Helpline Number	(800) 777-1515	(804) 965-1871		(800) 777-1515	(434) 709-4016
Web Site	<a href="http://www.rappahannockareaofna.com">www.rappahannockareaofna.com</a>	<a href="http://www.metrорichna.org">www.metrорichna.org</a>	<a href="http://www.roanokena.org">www.roanokena.org</a>	<a href="http://www.shevana.org">www.shevana.org</a>	<a href="http://www.southsidena.org">www.southsidena.org</a>

Area Name	Tidewater Area	Tri-Cities Area			NA World Services
Cities/Towns	Chesapeake, Norfolk, Portsmouth, Suffolk and Virginia Beach, VA; Outer Banks, NC	Chester, Colonial Heights, Dinwiddie, Fort Lee, Hopewell, Petersburg and Prince George, VA			P.O. Box 9999 Van Nuys, CA 91409 Fax: 818-700-0700
Helpline Number	(866) 972-5055	(804) 965-1871			(818) 773-9999
Web Site	<a href="http://www.tidewaterareana.org">www.tidewaterareana.org</a>	<a href="http://www.tricityareaofna.org">www.tricityareaofna.org</a>			<a href="http://www.na.org">www.na.org</a>