

**133rd Central Atlantic Region
Regional Service Committee
Meeting Minutes
June 21st, 2008
Richmond, VA**

Open Forum – (began at 10:00 am)

3 Topics of Discussion:

1. Policy on Rotation of Regional Subcommittee Meetings.
2. Can Secretary forward mail closer to his home?
3. Improving Communication between RSC Members.

Open Forum closed at 11:00 a.m.

RSC opened with the Serenity Prayer at 11:20 a.m.

Purpose read by Norman C., 12 Traditions read by Amanda H., 12 Concepts read by Paula P.

Roll Call/1st Quorum - (all members below were present)

Burrell P. . RSC Chair
Greg G. . RSC Secretary
Sherry V. . RSC Regional Delegate
Greg H. . RSC Regional Delegate Alternate
Etta S. . RSC Regional Delegate Alternate 2
Richard P. . RSC Hospitals & Institutions Chair
Cynthia W. . RSC Policy Chair
Amanda H. . RSC Public Information Chair
Mike E. . Outreach Chair
Bonnie W. . Almost Heaven RCM
Eddie W. . Appalachian RCM
Betty B. . Blue Ridge RCM Pro Temp
Randy C. . New Dominion RCM
Ann S. . Peninsula RCM Alt.
Hunter C. . Piedmont RCM Alt.
Pat P. . Rappahannock RCM
Nina Mc. . Richmond RCM
Mike G. . Roanoke Valley RCM
Sara S. . Shenandoah Valley RCM
Mike E. . Southside RCM Alt.
Mark W. . Tidewater RCM
Audrey C. . Tricities RCM

Areas not present . New River Valley, Outer Limits.

Recognition of New Attendees –Ann S., Peninsula RCM Alt.; Randy C., New Dominion RCM; Betty B., Blue Ridge RCM Pro Temp; Mike F., Southside RCM Alt.; Meredith M., Shenandoah Valley RCM Alt.
WELCOME, KEEP COMING BACK!

Establishment of Quorum - 13 RCMs present, 1st Quorum met.

Reading and Approval of Minutes – Motion by Cynthia W. to wave reading of the 131st RSC minutes. Seconded by Bonnie W. Motion passes 12 to 0. Motion by Cynthia W. to approve 131st RSC minutes. Seconded by Bonnie W. Motion passes 13 to 0.

Trusted Servant Reports -

RSC Chair Report

Welcome to Richmond. A big congrats and thank you to Quadrant 2 and the SHeVANA Area for hosting a very successful regional and GSR Assembly. We had 14 Areas represented in the conference and around 59 home groups participating in our GSR Assembly. This was great and a job well done for our Region. Keep up the good work. This is a growing situation. Pass the word about the good things going on in the region. Thanks also to the Tidewater Area for helping in hosting the Subcommittee meetings on May 18th.

Again, we are in need of trusted servants for members of our subcommittees and also there is a growing need for officers. Please be a committee of one and pass the word around about our need for these positions to be filled.

ILS Burrell

RSC Vice Chair Report - Vacant

RSC Secretary Report

Hello All,

I apologize for the late arrival of the agenda yesterday. I try to get that out a couple weeks ahead of time, but was lazy. I have little to report this month, as there has not been a lot happening. I have almost completed the requested contact list for our Region. I emailed that a month ago, after contacting everyone I could to get his or her updated information. There are still a few people I did not hear from, and hope to get their information today. This is an ever-changing list as trusted servants, especially in the RCM positions, come and go frequently. I will do my best to keep it updated every 2 months and send to all when there is a change. This is of course an anonymous fellowship and I believe I have everyone's consent to distribute his or her phone numbers. If there is anyone on the list that does not want his or her number given out please let me know today.

I will be submitting receipts to myself for reimbursement in the amount of \$10.31 for copies and printer cartridges. I will also reimburse myself for the mailing of the minutes from this meeting, as it is now an automatic expense that does not require approval through a motion.

I would like to have this committee discuss the option of having the mail forwarded to my home of an additional PO Box in Fredericksburg for the period of one year. I do not work for the same company that is based in Richmond, therefore don't come to Richmond for anything other than to check the mail. With gas prices as they are it is becoming very expensive to drive to Chesterfield twice a month. Mr. Chair please put this in new business for discussion on a solution.

I am still working on archiving all old meeting minutes to the RSC's flash drive. This is a long process to scan each page one at a time, but I am making some headway. I hope to be finished sometime in the summer of 2015.

I would like to thank everyone who takes the time to send me his or her reports by email, it is much faster to copy and paste. If you don't have the capabilities don't worry about it, just please try to write your reports as legibly as possible, so I don't have to translate, and can be accurate in the minutes. I would, however, like to request that if you can send your reports in Microsoft Word format. I do not have the capability on my laptop to copy and paste any other types of file such as Adobe or DOCX files. Thanks for your help with this. If there is anything I can do, as Secretary, to make your jobs easier, please don't hesitate to ask.

ILS Greg G.

RSC Treasurers Report

Hello Again,

All phone bills are paid through the end of May, I just received June's bills and will mail them out today. I have a spreadsheet in written form of all checks and deposits made since the 132nd RSC in Front Royal. I have not put them into an Excel spreadsheet format because, well, I'm lazy.

Total expenses for this period were \$6,960.31. Total Deposits for this period were \$5,917.91. Our old balance was \$10,739.23. Our new balance is \$9,696.83.

The current budget expires on June 30th. Our next 2-year budget resets and it will be easier to keep track of budgets going forward. I will make an attempt to do so, but it is imperative that this committee finds a Treasurer. The Chair and I cannot keep fulfilling these duties. It is a great responsibility and quite simply I can only do one or the other. I do not have the qualifications, i.e. clean time, to fulfill these duties on a long-term basis. I hope this committee makes that its number one priority.

ILS Greg G.

RSC Regional Delegate Report

This past two months

- **Attended the world conference,**
 - **Facilitated Area Planning Tool in BRANA and**
 - **Shared and facilitated a round table on literature type at the Outer Limits Learning Day.**
- From the Conference we have 2 handouts for the RCM's this is all we could get together. There is not enough funding for handout. I have made .pdf files of information from presentations minus the faces. Please email delegate team for files.**

Handout #1 contains:

- **Statistics from NAWs-** some we have already reported on i.e. medallions, JFT on line but a big one is that NAWs is in contact with about 80% of local areas in the fellowship due to work by regional delegates
- **Motions-** We left with 12 motions and voted on over 56. some were taken off the floor except for #6 that I didn't write in and we vote our regions conscience in favor how we voted is inserted.
- **Elections-** It also include the new members that were voted into
- **Issue Discussion Topics** Building Communication and Our freedom, Our responsibility.
Communication is important throughout our fellowship

Handout #2 Service Pamphlets (SP). We have three service pamphlets for all to review and give input. Please respond to delegate team by July 28 to a member of the delegate we will consolidate and send forward.

- **Service and the NA Member-the Benefits of Giving Back**
- **Leadership and Principles in Narcotics Anonymous Service (To the Member)**
- **Principles and Leadership in NA Service (For Service Committees or Groups)**

File #1 from Fellowship Development-.... due to limited to no financial effort of the region for the delegate team some of the reports will be efile only.

- **Jimmy K's Speech at the 20 anniversary...quite a visionary and his vision is being fulfilled**
- **Map of 49,968 weekly meetings worldwide.... actually we broke 50,000**
- **Talked about all the places we carried the message and helped other communities carry the message through zonals fellowship events NAWs events including our Autonomy Zonal forum we hosted in Central Atlantic**

- We have draft of 12 traditions in Inuktitut, China 2 pieces translated, German sponsorship book, Russian JFT and in Africa...Draft IP# in Afrikaans, Draft IP#1 Xhosa, Draft IP# Southern Sotho and Draft IP#1 Tswana and Am I an Addict in Amharic.

PR file

This shows many of the places that PR booths have been set up at different venues around the world. It also list us...Central Atlantic with the Norfolk cooperative event and a picture of our booth. This was shown to all. Great communication effort with delegate team and our Public Information

Also there will be 10 stories in the basic text that were in the CAT that were different from the original ones we worked shop. Your delegate team discussed this as to whether or not to vote on this. We had a consensus to vote for them for our region. The main deciding factor is a story about a member coming into NA on methadone.

Of course last but definitely not least was the approval of our 6th edition basic text...**by consensus, which means every delegate from around the world voted in favor of the 6th edition**
Please email your Central Atlantic delegate team for files to be sent directly to you and to all members in our region...we will also try to get them on our web page

Sherry V. [vorbachs@ninds.nih.gov-304-261-0401](mailto:vorbachs@ninds.nih.gov);

Greg H. [greggh93@hotmail.com-434-258-5387](mailto:greggh93@hotmail.com);

Etta S [etta22701@yahoo.com-540-522-1199](mailto:etta22701@yahoo.com)

ILS

Sherry V.

Regional Delegate Central Atlantic Region

RSC Regional Delegate Alternate Report

Hello family,

Well I must say it has been an eventful time since the last RSC. I was present along with the rest of the delegate team, and Eddie W. as an interested member at the World Service Conference in California from April 27th through May 4th. The week was filled with meetings throughout the whole week. I almost got into a fight with our shuttle driver when we arrived in L.A. I have enclosed a summary of the events:

Monday there was a discussion about WSC fellowship development.

- There have been an unprecedented number of requests for NAWS presence.
- Literature is at top of priority list for fellowship development.
- There are 49,968 weekly meetings in NA, as reported to WB. (Approximately 50,000 weekly meetings when you consider the ones not registered with NAWS.)
- **North America:** 15 Zonal Forums, 24 Fellowship Events, 5 NAWS events
- **Latin America:** 1 Zonal Forum, 11 Fellowship Events, 2 NAWS Events.
 - 2 Funded development trips to Paraguay and Bolivia for World Pool members.
 - Costa Rica passionate about newcomers, they were on their knees begging a newcomer to stay clean during an event that Tom was at in Costa Rica.
- **Asia Pacific:** 2 Zonal Forums, 10 Fellowship Events- including 7 in India, 3 NAWS events, PR/Fellowship Development Trip to China.
- Pakistan continues to request NAWS presence, but NAWS is reluctant to go because it is not safe to go there.
- Iran is now a member of Asia Pacific Forum.
- There is a commitment for NAWS to go to India every 6 months. In order to work with them with key tags etc.
- In China, there is a doctor that has started NA meetings in the treatment center, with literature etc. However the doctor reported that he has been to NA meetings in US and elsewhere, and reported that

what we have here+(in the treatment center) is not NA. China needs local members to help the fellowship take off.

- **Middle East:** 11 NAWS Workshops, 4 Fellowship Events, 3 Professional Events.
- There is a commitment to hold a workshop every 2 years in Middle East.
- NA is thriving in the Middle East. Middle East is split regarding zonal representation, some are with the APF, and some are with the EDM. Working on Arabic translation of literature, there are hopes to have the Basic Text translated by the end of 2008.
- Saudi Arabia had first Regional Convention in Sept. 06. Women cannot attend regular meetings, and now there is a women's meeting in a hospital, and there are women recovering in Saudi Arabia!!!

During an APT event, the men ranked the need to reach out to women at the top of the list.

-Israel has the highest ratio of NA members to the general population in the World. In Israel, they planned a workshop service one during the Regional Convention in order to attract members that would not normally attend. This was a success. Iran has difficulty getting into other countries as well as was witnessed by an attempt to get into another country and spending 8 hours in immigration. Egypt has hard time with women to have over 2 years clean time.

-Iran was linked to Turkey due to same religion, and language, since then Iran has attended multiple events in Turkey.

- **Iran:** 13 Workshops, in 7 Cities November 06.

Video played. Iran World Service office now supports 11,000 meetings (has been opened since 2005).

Tom and Becky stayed in Iran for 3 months to do workshops etc., other members were there throughout the event at different times. In Iran women want to start their own area so women can get involved in service.

Women are separate from men in the meetings.

Meetings are held in Parks (2,500) in Iran due to now where else to meet, showed a picture of a meeting in a park in the icy weather. Approximately 200,000 NA members in Iran.

Iran still can't travel to WSC.

- **Europe:** 4 Zonal Forums

- Russia HUGE!!! It covers 11 time zones. For the PR workshop some members traveled to the workshop and it took longer than anyone to get to the WSC to get there. Some members took trains for 2 days to get to the workshop.

Africa: growing like crazy! Emerging community in Kenya.

Thailand 2,500 addicts were shot on the street.

-Remembrance of WSO staff that passed (4 key employees). Mike, Freddy, Tom, and Jeff. Moment of silence to remember.

- Medallion survey. Showed slide (hard to see), of the results of the survey. 5,639 responses to the survey. We own the medallion dies. Since we lost the account with the previous dies, we now have purchased the dies so that we owe them. Dies can't be transferred from one company to the next unless the same equipment is used from one company to the other. Nickel costs have changed 1,600% in last 20 months (increased). Probably will change company that makes our medallions. Feels the silver looking medallion will continue to increase in price. According to the survey the need to reproduce gold medallions.
- Just received a draft of the Basic Text in Chinese. China has made a service body called NA China, which will allow the use of local resources to meet the needs.
- 9,000 people have subscribed to the JFT emailing. Trying to make this available, into other languages.
- AA now asks NA for advice regarding service, Strategic Planning, etc. Shows the sign of universal recognition. AA views us as a peer and not a subordinate. We are considering changing the look of literature to attract attention.
- Iran is challenging regarding the inability to have Iranian's to get visas to be able to get into the United States. Trying to meet with someone with Homeland Security in an attempt to work towards a solution on this problem.
- NAWS website undergoing a revision. Showed a picture of the new site upcoming. This site is simplified (more user-friendly). Expect the new website by the end of this year. 80% of Area's can be contacted by NAWS now.
- Anthony: Questions regarding website. Will give summary of numbers etc. to participants. 62,022 meeting searches in February only, online. There is a need to get meeting information

up to date. Lori is contact person regarding updating information. **Great need to have up to date information for website!!!!!!!**

- Jail Mail: requests from inmates that are currently incarcerated, want an established system of writing to help them be in recovery i.e. Pen pals, sponsorship, working steps, understanding NA principles. More and more NA communities are forming committees to address this issue, as the number of requests from inmates for this service is increasing. More and more established groups (not H&I), are in facilities, and want to be able to participate in recovery i.e. jail mail.
- Will we look at buying an office, in another city? Anthony the issue hasn't been looked at since early 90's. If the WSO moves it would have to be to a tier1 level city ie. big city. It is being looked at purchasing an office, as the current lease is up for the WSO, in 5 years.
- With literature sales now in Iran the proceeds are stuck in Iran, the funds are not able to be funneled into the WSO. Iran region has donated to World Services, and the APF, however money from lit. Sales are not being forwarded to the WSO.

- As requested by a member of this body I investigated the process of obtaining information for the Service Pamphlets. I originally was under the impression that work-groups were formed at the World Level for these projects and I was incorrect in this assumption. When I asked a member about this question I was informed that there are pieces of information at the World Service Office that are a summary of different experiences, and were given to members, groups etc, that had questions related to the information contained in the pamphlets. A question was asked during a Question and Answer session related to this: Are you going to start forming work groups to do the service pamphlets?

-No they will use workgroups for bigger projects.

- To use proposed WSC rules of Order on trial basis for this conference, before being voted on in new business. Straw Poll showed an overwhelming majority in favor of this.

Election Results:

HRP: Margaret Hardman-Muyer, Paul Fitzgerald, and Valerie Douthan

WB: Jim Burrer, Junior Odson Gomez whoever.

Co-Facilitator: Jack Hovenier, Jimi Stuart

-PSA's, tools, etc. sharing of experience, strength and hopes were shared in this group. We were good at identifying who is missing, but weren't sure about what to do next. We did not seem to be good at going out and identifying the members who haven't been there before. Chicago had Polish help line, as well as Spanish help line. Argentina has bulletins on bus stops. Colombia PSA shown very moving (in my opinion).

- Ron: Professional Events.

-Reported that the average amount of clean time is 9.2 years, he reported that this excels any other fellowship.

-Medical/ Treatment Panel at WCNA32- San Antonio Carol M. from Richmond was on the panel.

-41 PR trips last cycle throughout the world. (Most are held in the U.S.).

- Cooperative Events

- At WSC 2006 NAWS showed that we had partnered with about 10 regions for cooperative events. Increased amount of Cooperative Event numbers by 400%. From the region the RD will be contacted first, and then the PI/PR person to see if they are willing to attend the event. Will pay the registration fee, sometimes give literature etc. We have been successful with over 40 events. Showed slide of regions that had cooperative events. We were on the list twice. In Florida, they collect business cards during conferences, and then follow up with the business cards.

I have given receipts to the Pro-temp. Treasurer in the amount of \$1106.15 of which 1050.15 for hotel, 12.99 of this was for a movie, which I incurred the cost of this which brings the regional cost to 1037.16. 26.00 for shuttle from LAX to the hotel, and 30.00 from the hotel to LAX. Also I am requesting reimbursement in the amount of \$38.51 for gas expense, of which I have a receipt to turn in.

BRANA had requested assistance with the Area Planning Tool (APT) some time ago, and with the CAR workshops, and the conference coming the delegate team was not able to help with assistance until after the conference. Sherry and myself were present for the APT workshop held in the BRANA area on May 17th. There was good participation from members of that area, and it was asked that we do a follow up workshop. Sherry is coordinating the date location etc. More will be revealed.

In this lengthy report I do have to set aside a moment to reflect on the positive attributes that this position has afforded me. I have been able to establish and maintain worldwide relationships as well as

relationships within the United States. I have also been able to appreciate the struggles of NA communities that are not yet as established, as are the communities within the United States.
With Love of the Fellowship, Greg H. RDA

RSC Regional Delegate Alternate II Report

Hello Family, I am pleased to be able report to you that we had a successful time at WSC 2008. It was a very exciting trip with a lot of very long workdays. As all of us attended the same conference, I took extensive notes from the gallery. Anyone who wishes to view them can email me and I would be happy to share them with you. I would like to take the time to share with you what its like to be in a room of addicts who are closing out with the serenity prayer and the feeling of excitement that I had when I focused on hearing it in multiple languages around the room. It is one thing to report or read that this is a global fellowship, but it is an entirely different feeling to hear the serenity prayer in Japanese on one side of you and Spanish or German on the other side. It is evident to me that the disease of addiction has no boundaries but our primary purpose continues to be carrying the message so that everyone who wants to recover can. I had the good fortune to spend time with addicts not only from all over the U.S. but also had the good fortune to spend time with addicts from Sweden, Portugal, South Africa, Israel, Germany, PuertoRico, Ireland, Brazil, and Canada. I bought a 20th edition of the basic text and got people to sign it while I was there. I'd be happy to share it with anyone who would like to view it .I had the opportunity to visit the World Service Office where I had the opportunity to see where our literature is printed and shipped from and got to see the key tags in various languages. There is a lot of memorabilia from our various conventions and from the early days of N.A. there and I have pictures that I have brought to share with those who have an interest. It was great to be there even though I was in the gallery. We however, participated in all activities that the seated delegates participated in except voting and we were not allowed to speak. Many of those who sat in the gallery were former delegates or delegates from unseated regions so there was a wealth of information to get while I was there. I have been in touch with many of the delegates from other countries since we left California either by phone or by email. This experience has broadened my network and formed relationships that I would never think of having. I have been chatting with an addict from Nepal. Katmandu and they have launched the area's first website and newsletter and has asked that I tell you all that they are looking for stories and any other contributions from any of you who would like to contribute. I have the newsletter saved to my desktop for viewing. Most of all I loved being a part of history as we voted in the new 6th edition basic text, due out in October. Last but not least, I did want to mention that Sherry and I attended Olana's learning day last Saturday and I want to say thanks for inviting us, it was a pleasure to share with you. Although the attendance was light, it was put together very well and some of those who attended have personally called me to thank us for participating. It is all worth it when we go out and plant those seeds of how wonderful it is to be of service and share our experiences of what it is like to have the service positions that we have. While we were there we showed them what a roundtable discussion was like and shared a lot of good information regarding our Area Planning Tool and IP's. So it was truly a pleasure to show up and serve! That is all that I have at this time. Thank you again for trusting me to serve.

In loving Service, Etta S.

VRCC Chair Report

Hello Family

Sorry I am unable to be here today but I an out of town on vacation.

All is going well with the 27 avcna at this time. We have not received any bids for the 28 avcna. I sent Greg a check for\$2,214.47 this is the donation to the region from the VRCC.We still have the following position open Vice chair, vice treasure, Website chair.

In Loving Service

Jim H

VRCC Chair

Break for Lunch at 12:55pm...Readjourned at 2:40 pm with 11 RCM's present meeting Quorum.

RSC Activities Chair Report

Greetings from your Activities Sub-Committee,

We are pleased to report that Activities met on May 18, 2008 at 4pm at St. Christopher's Episcopal Church in Portsmouth, VA, Tidewater Area in Quadrant 4 of our Region. Priscilla L., Peninsula Area Activities Chair participated in this meeting, as did Cynthia W., our CARNA Policy Chair. We discussed how Activities at the Region could better support the Areas within our Region, as well as the guidelines of the CARNA Activities Sub-Committee.

We discussed the importance of communication and publishing our RSC 1 Day, 2 Day and Sub-Committee meetings and events calendar one year in advance. An annual calendar would offer better communication with the CARNA Areas, creating greater opportunity for participation in our meetings and events.

In addition, we brainstormed some ideas for managing the calendar more efficiently. One idea was to have Sub-Committees precede or follow the RSC so that most members can know what area we will be rotating through. Is it more attractive to have Subs come first or after RSC? Activities could really focus then on getting the word out that we are coming. This is an item we hope to raise in Open Forum today, and perhaps motions are being written as I give this report. Concerns were raised at the last RSC by Speaker Jam that Sub-Committees should follow their own path so to speak. Where Speaker Jam is concerned, Activities is in full agreement. Speaker Jam should follow the Jam so to speak. Our other Sub-Committees work so closely together that it appears most practical for us to stay together; this has been discussed among most of the active Sub-Committees.

We do have a calendar for One Day RSC we would like to put forward today for review. This will get us started on the annual publication. It also reflects where we have been over the last two years.

CARNAs next RSC, the 134th, is on August 16th at Culpeper Baptist Church, 3rd Floor Music Room, 318 S. West Street, Culpeper, VA 22701. The facility is Handicap Accessible, in this case by elevator to the 3rd Floor. Our next Sub-Committee meeting will be July 26, 2008 from 10am-6pm in Danville, VA at Danville Regional Medical Center in the Hoover Auditorium, 142 S. Main Street, Danville, VA 24541 (Main Switchboard#434-799-2100)

Our 2-Day on October 18-19 is scheduled for Quadrant 1, no location has been determined yet. There is a hotel in the Richmond area, which meets our criteria. We will walk through the hotel today after RSC to assess its suitability and discuss our requirements with the staff.

Our December RSC is scheduled for Danville, VA, details to be announced as soon as they are available.

Continue to check out www.car-na.org for more information, as this is updated as quickly as possible, usually within 24-48 hours of receiving new information.

Thank you for allowing me to be of service to this body.
In Fellowship, Amanda H. Acting Activities Chair activities@rovna.org 228 Monticello Avenue, #2
Williamsburg, VA 23185
757-208-0534 or 757-332-6450

RSC Hospitals & Institutions Chair Report

Hello everyone,

Since our last RSC H & I has put on a learning day. I believe it went well for a first. That would not have been possible with out those who gave their time to come up with the format, agenda, place, and all participation in the event including state and government employees who attended. A big thanks to all. Things taken from this day were a better understanding of the desires of this quadrant, which were discussed in a round table fashion. The following is the result of those discussions: Step working on the inside, Ideas of how to do this are to set up a P.O. Box & pin names. Don't give out personal info. Be impartial and work with facilities. Concerns are guard's reading mail, (would inmates feel more comfortable being anonymous). How generic will the steps be worked? How does the Missouri show me region does it? (They will write VA. Inmates if the volunteers are there). Options: Send letters to Missouri referring inmates. Have step study meeting in jails, which would give inmates a connection to their hometown NA members.

Inmates send their name & address in newsletter for volunteers to write them. Getting new members involved: 1) If new comer shows interest get them with a experienced member to exchange numbers and mentor, (call new comer at least once as they already fear making calls). 2) Experienced H & I members can let the new comers know its not necessary to go to jails or other commitments right off. Get them involved with the literature, & are meetings, which could get them ready to go into facilities. Learn about it now, and then get involved. Examples of things for them to do while waiting for the suggested clean time, are literature coordinator, ad hoc committees within H & I, secretary, start the buddy system in which newcomers are rotated in the different areas of H & I so they can find their interest. Person in charge of each task could ask for the new comers help. 3) Invite people to book study meetings (not business), where H & I topics are chosen. Read the pamphlet and then experienced member share their experience to let people know about H & I and possibly generate some interest. 4) Have a welcoming committee at H & I meetings where the women talk with the women, men with men. Streamline when newcomers come in simplifying the meeting so that they are not lost in the mix. Task chairs approach newcomers giving them their numbers to help them feel welcome. 5) Day or two after meeting welcoming committee members call the attended new comer and ask what they thought of the meeting, do they have any questions, was anything appealing to them, etc. How to start a prison H & I meeting. Concerns: Non addicts running meetings, i.e. staff. Solution, absolutely not. Keeping meeting recovery oriented, solution invite speakers once a month, make sure chair knows what their responsibilities are. Start the meetings as H & I and evolve it to a regular meeting by regional sub committee getting with world to develop guidelines, register the group to be, help with elections, and make sure each incumbent is aware of what their responsibilities are.

Things given to addicts were open communications between us sheriffs, facilitators, and the program coordinator. Rudi Schuster, (program coordinator, 202 North Ninth St., 10th floor, Richmond VA. 23219) is willing to work with two members on getting meetings into the many jails that don't have H & I. My suggestion is that these 2 be members from the regional level H & I. All in all great first meeting. Suggestions for future meetings are to maybe have region more the teacher as apposed to the area, i.e. area provides place, food, contacts etc. Region provides experience, format, agenda literature etc. P.I. was involved by sharing what they do and setting up literature table. This worked out well and should continue. Thank you P.I. The total cost for this event was \$10.00 less than the \$300.00 estimated. This was a good estimate to use as a guideline. Looking into ways of cutting costs is always encouraged, but this is minimal for the results achieved. \$220.00 for food. (Leftovers were donated to local shelter) 30.00 fliers, & \$40.00 rent. Writing materials were donated by Taylor H. from the Piedmont area. Thank you Taylor. Some things that were not used will be used at the next learning day hopefully reducing costs. Our next learning day will be in the Appalachian area. Because of scheduled events for the upcoming month the date will be November 15, 2008. Our last sub committee meeting was held in the quadrant, on May 18th. We had very low attendance with 6 people, the majority of whom were other sub committee members. RCM could you please encourage your area H & I chairs to attend future meetings so that we may better serve them. If they cannot attend, a report emailed would be great. Thanks to the areas who did send reports. The low attendance in part because of the areas scheduled H & I meeting at the same time. We are still trying to update the H & I meetings taken to facilities. About half the regions areas have gotten back to Hunter C. with updated lists. We are asking all RCM to get their area H & I chairs to take a few minutes to send us a list of their current meetings. Thanks to all that have done this and please remember to send any new or stopped meetings as they happen so we can keep this list current. Hunter C. has come up with a form to help areas understand what is needed. Thank you Hunter. A new meeting at the Brunswick women's center is still in the works. The following are motions were made and voted on or brought here. Motion #1 made by Norman C., seconded by Sarah H. To change regional H & I subcommittee guidelines as follows; A) Replace "Region of the Virginians" with "Central Atlantic Region" (formally known as Region of the Virginians). B) Replace last word in last line of functions of the subcommittee "ROV" with "GAR" Intent: To implement name change for web page approval. Motion to table by Hunter C. seconded by Mark W. passed 6-0 Motion # 3 made by Richard P. seconded by Norman C. To approve regional H & I web page insert. Intent: To update regional web page with suggested H & I insert Motion passed 6-0 NOTE: Insert should not be changed with out first coming to H & I. Motion 1-18 made by Jeff H. seconded by Hunter C. To include website info of three areas that are presently doing step work by mail with inmates, in the minutes. Intent: To provide information for those who get requests from inmates about doing step work. Letters can be forwarded to these places until we have the participation to start this endeavor. Motion passed 6-0. (info. Is below) Info can be found by going to www.na.org > other items of interest > local service committees

resources > English > inmate step writing resources. Motion 2 18 Made by Jeff H. seconded by Mark W. To cooperate with PI and set up H & I booth for the McShin foundation event on September 13. Intent: carry the message. Motion passed 6 0 Motion 3 18 made by Jeff H. seconded by Hunter C. (to be made at this RSC.) To allow the H&I subcommittee to centralize its subcommittee meetings for a 12 month trial basis starting in July 2008.

Intent:

To define (centralize) as one place central location in the region or one central location in each quadrant to rotate.

To stabilize and strengthen the subcommittee, fill our open positions and encourage regular membership

To establish which better serves our region, rotation or centralization.

We still need to fill the following positions:

Vice Chair

Secretary

Our next sub committee meeting will be held at **the Hoover Auditorium in the Danville Regional Medical Center, 142 Main Street, Danville, VA 24541, Phone: 434-799-2100, 10am-6pm. H &I to be at 3:00 – 4:45.**

Please send any questions, reports, or needs to myself at richapri4@mac.com, I can also be reached by phone at 434-227-0434.

In loving service,
Richard P.

RSC Literature Review Chair Report Position vacant at this time

RSC Policy Chair Report

Policy met on 05/18/08 at 3:15 in Portsmouth, VA. We had in attendance Cynthia W., Mark W., Jeff H., Hunter C. and Richard P. We discussed each of the motions referred to Policy at the 132nd RSC. The following statements are what Policy Subcommittee recommends for the motion.

1. Motion 132-6: Policy recommends based on our G&RO it is a clerical change (page 7 #14) so it only requires a simple majority and doesn't need to go back to home groups unless requested by RCMs.
2. Motion 132-10: Policy recommends assigning accountability to Activities Subcommittee/Coordinator and have them change their purpose to include this activity.
3. Motion 132-11: Policy recommends for impact statement:

Based on G&RO Service District section that services are provided to the whole region the subcommittee chair has been contacting person from area to get support and help from them to plan RSC. Due to lack of participation in subcommittee we recommend that the hosting area can act as a committee to support Activities Coordinator.

We are also submitting two motions for consideration on the floor. Motion one is to give clarity to section on recognized areas by RSC and motion two is to give clarity on voting on group conscience issues. We have copies made for each of the RCMs to have when we get to them under new business.

We passed a motion to pay \$10 for rent. The next subcommittee meeting will be in Southside Area on July 26, 2008 due to BRANA Campout on third weekend.

I as the Policy Chair would like to thank this body for the opportunity to serve. I have taken this chance to learn and grow in my recovery. I have recently been discouraged about the desire to serve because of recent attacks to my character and recovery. I feel that we all should be here as a body to serve our groups and accept changing as it comes. I believe that when I was elected to this position that this body believed in me so if there is a problem with me or the way the process is evolving please feel free to show up and serve and stop sitting in the background and attacking or complaining because we can hurt people with our words if we aren't careful. I don't appreciate messages or emails that attack or call names or place blame about the way things are being handled by this body and its subcommittees. Please show up and be a part of the solution not part of the problem hopefully unity.

ILS, Cynthia W.

RSC Public Information Chair Report

Thanks to everyone who is of service to PI.

We had a PI Sub-Committee meeting in Tidewater, VA on May 18th. Thanks to Tidewater Area for welcoming us. There were 11 members in attendance.

The task list we developed and approved as a sub-committee in Roanoke in September 2006 included completing guidelines and policy for our sub-committee; I am delighted to report this work is in progress! Our PI Policy Ad Hoc, chaired by Nancy E. of NDANA, started the process at their first meeting on March 30, 2008 and we continue to fine tune a draft to bring forward.

Phone usage as follows:

April: 707 calls 1164 minutes 1.645 minutes per call

May: 684 calls 1026 minutes 1.500 minutes per call

We were able to participate in the Quadrant #1, H&I Learning Day by providing the following:

- Provided history of NA
- Explained disease of addiction concept
- Explained how people come to NA
- Audience: Law Enforcement, Court Personnel, Treatment Counselors
- Discussed Open meetings vs. Closed meetings
- Provided handouts on how to find NA
- Provided information packages to guests and staffed a PR table

As previously reported, we have been contacted by Brunswick Women's Work Center to support a small institutional meeting there on a quarterly basis with speakers. We have forwarded an informational package explaining how we have been able to accommodate other facilities with a group panel/presentation when we are unable to provide an on going meeting as requested. Partnering with H&I is really important as we respond to facility requests. We are waiting to hear back from the facility to make a group panel/presentation as we have done before in different facilities around the Region with H&I leading the way.

There are some changes to the web site under way now. These changes include a new look and a new web address. We will keep you posted as these items are completed.

In Fellowship, Charles W. Vice-PI Chair (804-301-8380/email: pi@rovna.org)

RSC Outreach Chair Report

Hi Family,

I am grateful to be here today. I did not make the last sub-committee meeting however; I will be in Danville on the 26th of July. I am looking forward to the guidance and support offered by the Richmond Area.

ILS, Mike E.

RSC Speaker Jam Report

Due to not being appointed as Chair pro-temp and nor being formally elected as of this date, we have not held a subcommittee meeting as of yet.

However the Almost Heaven Area Co-op has formed an Ad-Hoc Committee to support this event. We have made a reservation for a pavilion at Rocky Gap State Park for the Sept. Speaker jam. We are submitting a motion today for \$250.00 to hold this reservation. We have also received bids from people to record the event. The cost of flyers and food will be covered by the co-op due to the limits of the budget. Flyers are available. We are also asking RCM to submit up to 4 names with numbers of possible speakers. The goal is for all areas to have at least one speaker at this event. We also have developed a tentative list of topics, which will be presented to the subcommittee at the next meeting, which will be July 26th in Danville, VA.

ILS, Shawn C.

Ad Hoc Committee-Name Change Implementation

We do not have any updates to the report that is included in the April 19, 2008 RSC minutes. We did give Resource pages to the RCMs at that meeting in hopes of assisting them in identifying possible locations at the Area levels where the old regional name, Region of Virginians, ROVNA, may appear and needs to be replaced with the new regional name, Central Atlantic Region of Narcotics Anonymous (CARNA). Copies of the Resource page is available today should anyone need another one.

Simply wish to reiterate our goals:

1. To implement the necessary changes as quickly and cost effectively as possible.
2. To receive monthly updates from the regional and area level representatives.
3. To track all changes as they occur at both the regional and area levels.
4. To report the monthly progress of implementing the regional name change.
5. To determine the budget impact of name change at regional and area levels.

In Service, Charles W. (804-301-8380)/email: pi@rovna.org

Ad Hoc Committee-Debit Card

Report was given in the form of a motion that was not submitted on the floor due to time constraints. It will be presented at 134th RSC.

Area Reports -

Almost Heaven RCM Report

We currently have 41 meetings that consist of 21 home groups. There is an average of 7 GSR and 1 Co-Op Rep who carries the vote of 9 home groups.

The current positions that are open are Chair, Vice Chair, Outreach, Newsletter, RCM- Alternate, Co-Op Rep will be resigning in July.

Our Co-Op will be hosting the next Speaker Jam. There are fliers available. Our Co-Op will also be having an H&I/PI learning day on September 13, 2008. Almost Heaven Area will be having our annual convention on August 1, 2, and 3 in Front Royal, VA.

H&I- There are meetings going into three different facilities. One facility is a coed meeting in a hospital. This meeting goes in once a week. The other two meetings are taken in jails every other Wednesday of the month. Last month was the first time that we got men cleared to go into Washington County Detention Center.

Public Information- The mailing list was completed and sent out. We sent out an introduction letter along with the following IP: For the Newcomer, NA: A Resource in Your Community, and Narcotics Anonymous Membership Survey.

Newsletter- our latest newsletter was printed and handed out. There are some available today. The topic is Courage to Change.

Co-Op- The co-op had their 3rd Annual Spiritual Breakfast. PI is struggling because there are three or four different places that are requesting meeting information. We desperately need people to step up in service.

At this time we don't have a donation for the Region because we are unsure what the exact figures are. However, I do have a check that has been signed and would be willing to mail it sometime this week once I find out with the exact figures are. I was told that it would be over \$900. The next Area Service will be held in Shepherdstown, WV on July 12, 2008 at 1:30pm.
In Loving Service, Bonnie W.

Appalachian RCM Report

There are 12 groups meeting in the Area, and 10 GSRs present at our last ASC on June 1st, 2008. Currently there are 4 trusted service positions open on our ASC, including: VRCC Director, VRCC Alternate, Co-Treasurer, and RCM Alternate. Jackie S. continues to serve pro Temp as our VRCC Director and Tammy P. was elected Literature Chair at our ASC in May.

One of our groups (Hilltop Recovery located in AltaVista) is no longer meeting due to lack of attendance and home group participation. Two of our groups (A New Way of Life which meets on Thursday & Sunday at 8:00pm in Amherst, and Journey Through Recovery which meets in Rustburg on Monday & Saturday at 8:00pm) are continuing to experience a lack of attendance but are continuing to carry the message and attend our monthly ASC.

Of our 5 standing subcommittees, Hospitals & Institutions and Phone Line are beginning to struggle from lack of support. Phone Line currently has no acting Chair and due to the closing of the Courtland Center in Lynchburg, H&I has lost what was essentially its only commitment. Letters have been written by that subcommittee to several institutions including Blue Ridge Regional Jail in Lynchburg,, the Amherst County Jail in Amherst and the Camp Nine Correctional Facility in Rustburg in the hopes of securing new commitments. Public Information, Special Events and Policy are all holding monthly business meetings and experiencing fair to excellent support.

Our Special Events subcommittee held an Area Speaker Jam at the Holiday Inn Select on Main Street in Lynchburg on Saturday May 17, 2008. The event included guest speakers from throughout our Region and was met with overwhelming success. The Special Events subcommittee is continuing to plan similar events for the remainder of 2008 and is experiencing unprecedented support.

Our Area voted to conduct an Area Inventory in June, which was facilitated (at the request of our Area) by a member of the Roanoke Area of Narcotics Anonymous. This marked the first Area Inventory conducted during my last two and a half years of Area Service and I am grateful for the opportunity to have participated. Several of the issues that plague us were addressed and recommendations made regarding the situation with our struggling sub-committees, lack of commitment in Area Service positions, and maintaining order and adhering to the agenda during our Area Service Committee meetings.

In loving Service, Eddie W.

Blue Ridge RCM Report

Dear Regional Members,

This report, for the Blue Ridge Area of Narcotics Anonymous covers the last two Area Service Meetings. Our new Chair is James H. At our last Area Service we had 32 attendees.

7 out of 10 groups represented us at the 6th Annual GSR Assembly in Front Royal. We contribute this large turn out due to Regions financial assistance and want to thank Region for their support.

I brought BRANA Camp-out fliers and our new Meeting List. Special Events held an Area Planning Tool Workshop that was very informative and insightful. We decided to take the brainstorming technique to our group and apply it to the first fifteen minutes of a meeting. Intent is to find needs of newcomers to better carry the message and create an atmosphere of recovery. At our last Area Service Meeting the GSRs that applied this had great results and responses.

Lasted concerns: Our trusted servants positions still remain open leaving the few who hold positions wearing many hats as pro-temps. Still opened are Vice-Chair, Secretary, Literature Chair, RCM, Alt. RCM & Policy Chair.

It was requested last Regional Meeting for support by Regional Trusted Servants to attend our Area Service Meeting and although many stated they would attend no one made an appearance. This was a disappointment since there was our biggest turn out of attendees for an Area Service Meeting.

I am happy to report that we finally met our prudent reserve, which allows us to make a donation of \$501.45 to the Region.

I would like to thank all present for making my first time serving as Pro-Temp RCM a rewarding and enlightening day.

In Loving Service, Betty B. BRANA Pro-Temp RCM

Meeting adjourned at 3:58pm
Meeting re-adjourned at 4:16pm

New Dominion RCM Report

Hello Fellow Region Members,

I'm an addict, my name is Randy C. I'm the newly elected RCM from the New Dominion Area. This is my first time at Region so bear with me. I'll probably miss a few things in my report the first time around. I'd like to thank Jeff H. for representing the New Dominion Area as a pro-temp until we could elect an RCM.

The New Dominion Area is going strong. We have 34 meetings serviced by 29 groups, which were represented by 17 GSR's at the last ASC. Our ASC meets the second Sunday every month at 4:00 pm at 2300 Dumbarton Rd. in Richmond VA. Our subcommittees meet between 2 and 3 pm.

We elected an RCM (myself) and Bill M. as my Alternate at our last ASC. We're still in need of a VRCC Alternate.

We've had two events recently, sponsored by Special Events that were very successful. They were the Memorial Day Campout and our Annual Softball Tournament, hosted by SOJ. The tournament was a fundraiser for newcomer packages at the upcoming Regional Convention in January of 2009. We're donating 31 newcomer packages. Also, the New Dominion Area Public Information is hosting this year's Unity Fest on September 27th at Forest Hill Park in Richmond VA. I have some fliers for that event. Also, two groups from my Area are hosting an event at Lake Anna in July. I don't have all the information for that, I apologize.

We also voted on 3 Regional motions at our last ASC. Motions 129-4, 132-8, and 132-9.

I'm proud of my area in the way it steps up whenever there's a need. Donations temporarily suspended until Area budget is set.

ILS, Randy C.

Motion 133-1

Mover: Mark W. . Tidewater RCM

Seconded: Pat P. . Rappahannock RCM

Motion: To change the order of the day to skip Area Reports and go to Old Business barring any Area that needs to read report.

Intent: To save time and finish by 6pm.

Motion Passes with 11 in favor and 1 against.

New River Valley RCM Report – not present

Outer Limits RCM Report – not present

Peninsula RCM Report

Greetings from the Peninsula Area of Virginia NA. There are 43 home groups in our Area. We had 20 GSR's in attendance at Area service. We have 1 position vacant for VRCC Alternate. We elected Paul B. as PI/Phone line Chair. He has held PI/Phone line Pro-temp for 3 months and has been a committee member for 18 months. Our Area had 2 events this month so far. June 14th we had Poster Day, where we went to Area businesses and churches and asked to put up a poster in their lobby. On June 15th we had a learning day for all subcommittees. The turn out was productive and we had 3 new members of NA. Our next Area service will be held on July 12th, 2008 instead of July 5th, to accommodate the July 4th holiday. In Loving Service, Ann S.

Piedmont RCM Report

Piedmont Area Report Hello everyone, There are currently 16 groups in the Piedmont area holding 30 meetings. Area service averages 8 GSR's in attendance. There are 2 area positions open having filled one this past meeting. Open positions are secretary and alternate VRCC director. P.I. chair was filled by Josh R. Group and area news: The Area has gone back to groups giving written reports to be included in the

minutes, so that our area can better serve its groups needs. Subcommittee news: P.I. has gotten the website changed over to area owned and updated to include a chat box for groups to post any NA announcements, concerns or changes. They have also completed the guidelines for their subcommittee. Area special events: The area campout happened the weekend of the 6th, with great success. Detailed report to be given at the next PASC. As you know the next RSC is to be held in our area. That will be August 16, 2008 in Culpeper. The place reserved is the Culpeper Baptist Church, 3rd floor music suite. 318 S. West Street, Culpeper, VA. 22701. The next PASC will be on July 13th, 2008 at the Wesley Foundation. Starting with P.I. at 1:30 pm 2:30pm H & I 2:30 pm . 3:30 pm, and area service at 4:00 pm-5:45 pm. In loving service, Hunter C.

Rappahannock RCM Report

Hi Everyone

The Rappahannock Area of NA held our Area Service meeting 1st Sunday June 1, 2008 @ 5:00pm at the Faulkner Hall. 9 GSRs was present. We have 20 group meetings in our area.

Our Ad Hoc Committee Chair, Greg G. did not move out of the area, therefore, he kept his position as Ad Hoc Chair.

Our Activities Committee is holding a private auction to raise funds for upcoming activities such as:

- A weekly potluck/game night to be held every Friday between 8:00pm . 10:00pm
- A Spiritual Breakfast
- A Summer Picnic with workshops and speakers
- Asking Regional to host its September Speaker Jam in our Area

The positions still vacant in our Area are:

Outreach Chair

Policy Chair

Policy Secretary

The motions voted on that went back to group are as follows:

Motion 129-4 . To change Guidelines and Rules of Order on page 7 number 16 and 17 making abstentions to be counted on the Regional Committee Floor voting.

Votes Results: 6-0-0

Motion 132-8 . All Regional events be held at handicap accessible facilities.

Votes Results: 6-0-1

Motion 132-9 . to require all fliers for events funded by the region to include the full name of the region and for all previous fliers to be updated with any pertinent corrections. This motion, if passed, shall be included as an additional guidelines+in the Central Atlantic Regional Policy.

Votes Results: 6-0-1

There were no nominations from our area for any of the positions open for elections at the Regional Service Committee.

We do not have money over prudent reserve therefore; we are not donating to region at this time.

We still have NA Tee shirts for sale. If you are interested you can purchase one through our website <http://www.rappahannockareaofna.com/> click on regional & area events.

They celebrations for the rest of June and July are as follows:

Etta S. July 3rd - 13 Years Debbie W. July 7th - 17 Years

Earnest R. July 9th - 2 Years Tish G. July 26th - 8 Years

A total of forty years of clean time

Our next Area Meeting will be held July 6, 2008, 5:00pm at the St George's Church, Faulkner Hall on Princess Anne Street.

In Loving Service Pat P. RCM for Rappahannock Area of Narcotics Anonymous (RANA)

Richmond RCM Report

Hi Family,

I would like to first thank this committee for their support in assisting me in the learning process of the Region matters. This will be my last meeting as the RCM of my Area because the position is up in August for nominations/elections. Thank you Charles and Paula for assisting in coordinating this meeting space

today. I will not be in attendance past the lunch break, however Paula (Alt.) will stay for the duration. There will be a dance tonight at 600 Midlothian Turnpike from 9 pm till 1 am, sponsored by Special Events, who have had dances every other weekend to support the Free Event scheduled for July 19th in Bryan Park. The Apollo Night-Fashion/Talent Show that was scheduled for next week at the Clarion was cancelled because of lack of participation. The bank account at the end of last Area service had evened out, however there was nothing to donate to Region. Total number of groups at last Area service was 22, 17 voting, 5 report only. Newsletters and Meeting schedules are available.
ILS, Nina Mc/Paula C.

Roanoke Valley RCM Alternate Report

Hello Family,

The Roanoke Valley Area of NA continues to serve the addicts in our Area. All of our Area service positions are filled except for the RCM Alternate position. We have recently established a Service Workshop Subcommittee, which has already planned a workshop for helping GSRø understand their duties and responsibilities. Our Area has also formed an Area Convention Subcommittee to coordinate the hosting of an Area convention. H&I, PI, and Activities Subcommittees are functioning well, as are all of the other subcommittees. Our Area will be making a donation to the Region within the next couple of weeks.
In Loving Service, Mike G.

Shenandoah Valley RCM Alternate Report

Hello family from the SHeVANA ASC. The Area is doing well. We currently have 21 groups. We had 15 GSRø present at the last ASC. There are currently 4 open trusted servant positions in our Area. We are in the process of filling the Treasurerø position, the Outreach Chair, the RCM Alternate, and the Literature Chair. 2 new trusted servant positions were filled at the most recent ASC meeting including myself as RCM. There is no group news to report at this time. Our area held a Spring Carnival on April 26th, which yielded a great turnout and was a lot of fun. We also held a speaker jam in May that had a decent turnout. Upcoming events include a tubing trip on July 26th and another speaker jam on July 12th. All subcommittees are highly active, except for Outreach, which is in the process of being put back together. There are no major Regional concerns at this time. Planning continues for the 27th convention, which is being held January 9 . 11, 2009. On Monday June 23rd, there will be a program tape listening with the Pre-convention Subcommittee to go through possible speakers for the convention. The convention will be held in Chantilly, VA near Dulles Airport. SHeVANA is very active and focused on furthering our fellowshipø primary purpose of carrying the message of recovery to the still suffering addict. The next ASC meeting will be held on Monday, July 14th, 2008 at 7pm.

ILS, Sarah Smith, RCM SHeVANA ASC

Southside RCM Report

HI Family,

Southside Area met last weekend without the minutes from the month prior. Fact of the matter is Southside has not had minutes for two months and is struggling within its service structure. We have vacant positions, positions where there is no support, and a lack of willing members to fill the positions. However, we are trying to sustain the current struggles with optimism. I am sure we are not unique in this regional wide issue. Having said this I have to say that Southside Area will be abstaining from all Motions under Old Business.

Secondly, I personally look forward to the regional sub-committee meetings coming to Danville in July, yet I fear there again will be no support. A home group in Martinsville is having a home group anniversary cookout during the same time as the subcommittee. There are a lot of things I need to learn about the subcommittees and their duties. The thing that seems to confuse me the most is the scheduling of the sub-committees meeting times. It would seem to me that the ones that travel the furthest would be taken into consideration when planning the meeting times.

Finally, I would like to introduce Mike F. Mike F. is the RCM Alt. for Southside. He has been in service in the area for as long as I have been a member of NA period. I hope yall will extend him the same tough love yall gave meø .
In Loving Service, Mike E.

Tidewater RCM Report

Hey Family,

Hi Mark W. Our meeting information has not changed; we still have 117 meetings every week that are represented by 89 home groups. We had 37 GSRs at our monthly Area Service Committee on June 18th. Elections were held at our May ASC and all trusted servant positions are filled except for that of Assistant Treasurer.

The only new business to note in our area is that the meetings in the Outer Banks of North Carolina have formed a co-op to better serve these communities.

Tidewater Area home groups are hosting a campout called Serenity on the Shore on October 10th to 12th at First Landing State Park in Virginia Beach. See TACNA website for registration info.
ILS, Mark W.

Tri-Cities RCM Report

Greetings:

Most of the meetings in our area continue to see growth in meeting attendance. Unfortunately, those committed to serve continue to be few in number. Despite these challenges, our area continues to grow and be available for any and all addicts seeking recovery.

Special Events speaker Jam and Dinner Sale held in May was a huge success. Special Events have plans for two upcoming events ---dance in July and a free picnic for August additional information forthcoming. I continue to be grateful for the opportunity to be of service.
Respectfully Submitted. Audrey C.

Old Business –

ORIGINAL Motion 129-4

Mover: Pat P. (Rappahannock Alt. RCM) **Seconded:** Robert W. (Blue Ridge RCM)

Motion: The Rappahannock Area would like abstentions to count as an abstention on regional floor voting.

Intent: To reflect those who may want to abstain rather than vote yes or no. This reflects more of a true voice of its members.

Motion to put motion 129-4 back on the floor. 12 in favor, 2 against.

Motion maker accepts amendment from Policy subcommittee as follows:

AMENDED Motion 129-4 –

Mover: Pat P. (Rappahannock Alt. RCM) **Seconded:** Robert W. (Blue Ridge RCM)

Motion: To change Guidelines and Rules of Order on page 7 numbers 16 and 17.

Now Reads: 16. An adopted motion shall take effect at the close of the Conference, unless otherwise stated in the motion.

17. Types of Votes (121st)

A. Motions to amend Guidelines and Rules of Order

1. Yes means that the area has decided to vote for the motion.
2. No means one of the following
 - a. That the area has decided to vote against the motion.
 - b. That the area has decided that more information is required.
 - c. That the area has not had a vote on the motion.

B. Other Motions

1. Yes means that the RCM (or RCM-Alternate in the RCM's absence) has decided to
Vote for the motion.
2. No means that the RCM (or RCM-Alternate in the RCM's absence) has decided to vote against the motion or has decided that more information is required.

To Read:

16. On motions that change guidelines, the following procedures apply:
 - A. Establish total number of members participating in vote.

- B. Two-thirds (2/3) of the members voting must have a ye or nay vote.
- C. Of the 2/3 voting ye or nay, there must be 2/3 majority in order to carry the motion.
- D. Abstentions shall be taken prior to the ye or nay vote to determine if 2/3 of the members have a definite ye or nay vote. On motions where 1/3 of the voters abstain, abstentions will be polled. The motion will be tabled one time to old business at the next RSC where abstentions will have no effect on the motion.
- E. Example (based on 10 voting RCMs):
 - I. During the first vote
 - (1) If there are 4 or more abstentions, the motion goes back to home groups.
 - (2) If there are 3 or fewer abstentions, the vote proceeds.
 - II. During second vote
 - (1) Abstentions are ignored
 - (2) If 2/3 of those voting cast a ye vote, the motion passes.
 - (3) Anything less than 2/3 ye votes, the motion fails.
- F. Other Motions:
 - 1. Yes means that the RCM (or RCM-Alternate in the RCM's absence) has decided to vote for the motion.
 - 2. No means that the RCM (or RCM-Alternate in the RCM's absence) has decided to vote against the motion.
 - 3. Abstention means that the RCM (or RCM-Alternate in the RCM's absence) has decided that more information is required.

17. An adopted motion shall take effect at the close of the Conference, unless otherwise stated in the motion.

Intent: To have a clearer conscience and carry the true vote of the Area.

Pros: This procedure was used for at least 6 years prior to the 121st RSC. It allowed groups the opportunity to get clarification when needed without resubmitting a motion due to failure. It also provides a clear closure to the motion being voted on. This procedure may have delayed the completion of vote; it did not significantly slow business.

This motion will allow a voting member, who does not have a conscience, to not affect the vote as a no. Also if several abstentions are made then it would give an opportunity for members to gather needed information for a true group conscience.

Cons: Motion takes us further away from Region purpose, %from our inception, we have worked in the spirit of Unanimity+.

Roll Call Vote Results: AH-Yes, APP-Yes, BR-Yes, ND-Yes, PEN-Yes, PDMNT-No, RAPP-Yes, RICH-Yes, RV-No, SV-Yes, SS-Abstain, TDWTR-Abstain. 8 to 4. Motion Passes.

Motion 132-6 MOTION TO GO BACK TO HOME GROUPS

Mover: Robert W. (Blue Ridge RCM) **Seconded:** Mike E. (New River Valley RCM)

Motion: To change the name of our region from Central Atlantic Region to The Region of the Virginian.

Intent: To create a better name change process by obtaining the following: An informed regional conscience, to allow the fellowship full participation in the name change process, and to determine how the name change affects policy.

Pros:

- 1. Per recommendation of chair and former chair and other participants of the 9th concept workshop that new motion is needed to change name, change motion and create new name change process.
- 2. That in voting for this motion we bring back the unity lost on previous name change, by following the correct procedures determined by policy and groups, instead of on the spot uninformed decisions.

Motion 132-6 (continued)

Cons:

1. New Beginnings home group and the Tidewater Area unanimously voted to change the name. Name has been changed and changing it back is absolutely ridiculous!
2. The current name is inclusive of all meetings in our area. The suggestion that the previous motion to change the Regional name was not subject of a proper conscience is untrue, since all home groups and areas had the opportunity to vote and were totally informed of the motion. The mere fact that some areas chose not to attend the RSC and vote on the motion is irrelevant. Finally, there is little to be gained from the extended time being devoted to this issue, particularly in view of there being so many vacant trusted servant positions.

Referred to Policy by Chair to report back at the 133rd RSC. See Policy Chair report for recommendation regarding this motion.

Motion 133-2

Mover: Don V. **Seconded:** Almost Heaven

Motion: To send motion 132-6 back to home groups for decision.

Intent: To allow home groups in our Region to have their input heard.

Motion 133-2 fails 5 in favor, 7 against.

Almost Heaven RCM requests to have motion 132-6 go back to home groups.

Motion 132-8

Mover: Amanda H. (PI Chair) **Seconded:** Mike E. (New River Valley RCM)

Motion: All Regional events to be held at handicap accessible facilities.

Intent: That all members be able to participate in our service structure.

Pros: As a person with a disability, it is important to me that our meetings be accessible to all.

Persons in wheel chairs should face no barriers to attendance at RSC meetings. This motion is to allow the opportunity for any member to participate in regional service. Americans With Disabilities Act allows for public facilities.

Motion Passes 12 in favor and 0 against.

Motion 132-9

Mover: Don V. (Almost Heaven) **Seconded:** Mike G. (Roanoke Valley RCM)

Motion: To require all fliers for events funded by the region to include the full name of the region and for all previous fliers to be updated with any pertinent corrections. This motion, if passed, shall be included as an additional guidelines in the Central Atlantic Regional Policy.

Intent: To promote unity through common identification.

Amendment: Remove word ~~previous~~ and insert ~~current~~. Amendment made by Teddy A. and accepted by Don V.

Pros:

1. In the past, we have had many questions, from home groups and areas regarding what the RSC is doing. By including the Regional name change, we will be providing some help for this problem, and giving credit where credit is due. To further promote unity within our Region.
2. The region does not get deserved recognition for the funding and hosting of events. By insuring that the name of the region is on the flier will allow the members of the fellowship that their region is serving them in many capacities.

Cons:

1. The motion is not clear enough in defining the elements of an ~~acceptable~~ flier.
2. The word funding needs to be amended in motion in order to accomplish intent.

Roll call vote: AH-Yes, APP-Yes, BR-Yes, ND-Yes, PENN-Abstain, PDMNT-No, RAPP-Yes, RICH-Yes, RV-Yes, SV-Yes, SS-Abstain, TDWTR-Abstain. 8 in favor, 4 against. Motion Passes.

Motion 132-10

Mover: Richard P. (H&I Chair) **Seconded:** Jeff H. (New Dominion RCM)
Motion: Would like to assign point of accountability for scheduling subcommittee meetings.
Intent: To better unify subcommittee meetings, to prevent over lapping of meeting and events, and to have a longer time in announcing meetings.
Chair sent to Activities for clarification because activities are already coordinating current RSC activities.
Don appeals decision of Chair because motion is not specific; it doesn't need to go to Activities.
Vote for Appeal is 12 in favor of appeal and 0 against. Appeal stands and motion doesn't go to Activities.
Motion vote is 11 in favor and 0 against. Motion passes. Chair sends motion to Policy Subcommittee for clarification on who will be the single point of accountability. Report back to 133rd RSC.
Policy Subcommittee recommends that Activities Subcommittee IS the single point of accountability. No Vote.

Motion 132-11

Mover: Amanda H. (PI Chair) **Seconded:** Beverly A. (Peninsula RCM)
Motion: To dissolve standing Activities Subcommittee.
Intent: To create an Activities Coordinator (reports directly to RSC) maintaining RSC calendars and coordinating all RSC events, including subcommittees, working closely with Areas.
Chair sends motion to Policy for Impact statement and clarification. Report back to 133rd RSC. See Policy Chair Report for Impact Statement.
Motion Maker respectfully withdraws motion with no objections from the floor.

Motion 132-17

Mover: Don V. (Almost Heaven) **Seconded:** Mike G. (Roanoke Valley RCM)
Motion: To create an Ad hoc committee in lieu of another immediate name change for the purpose of gathering suggestions from all areas as to what the name of the region should be, compile all suggestions and report same to the RSC for further (if any) action.
Intent: To avoid the prospect of having to change the name of the Region more than one time. To eliminate the creation of more confusion. To allow the RSC to return its focus to carrying the message to the addict who still suffers.
Motion to table made by Mark W. and Seconded by Tee T. 10 in favor of tabling, 1 against. Motion tabled till 133rd RSC.
Motion made by Don V. and seconded by Tidewater to table motion 132-17 indefinitely. Intent is to remove motion from immediate consideration. Motion to table indefinitely passes with 10 in favor and 1 against.

Nominations and Elections –(see your local RCM for qualifications and duties)(All positions to go back to home groups for nominations)

Literature Review Chair . No Nominations

Activities Chair . Amanda H. appointed pro temp.

Vice Chair . Amanda H. nominated and declines. Eddie W. nominated and declines.

Treasurer . Don V. nominated and declines. Amanda H. nominated and declines. Greg G. appointed pro temp.

Speaker Jam Chair . Shawn C. is acclimated as Chair with no objections.

PI Chair . Charles W. nominated by PI Subcommittee and accepts.

Qualifications for Charles W. 5 years clean. Almost one year as Regional PI Vice Chair. Chair for Ad Hoc Subcommittee chair for name change implementation for 3 months. Vice Chair of Area Outreach Subcommittee, Chair of Area Outreach Subcommittee for 2 years, Vice Chair of Area phone line/PI subcommittee, Chair of Area PL/PI subcommittee for 2 years. Secretary of home group for 1 year. No conflicting positions.

Adjourned for 5 minutes at 5:10 pm. Re-adjourned at 5:19 pm.

New Business –

Motion 133-3

Mover: Policy Subcommittee **Seconded:** Hunter C. . Piedmont RCM Alt.

Motion: To change in Guidelines and Rules of Order on Page 6 Section III: Voting/Motions, #4.

Change from:

4. Motions amending the Guidelines and Rules of Order must be passed by 2/3-majority vote. All other motions require a simple majority. (121st)

Change to:

4. Group conscience votes must be passed by 2/3-majority vote. Procedural matters require a simple majority vote.

(A) Re-establish Quorum

(B) Call for roll call vote.

(C) On motions where 1/3 or more of the established quorum abstains, abstentions will be polled to determine reasons for abstentions. The motion will be tabled on time to old business at the next RSC where abstentions will have no effect on the outcome of the vote.

(D) RSC requires 2/3 majority of the established quorum to change RSC guidelines except when a motion has been tabled one time because of abstentions.

(E) In this case, RSC require 2/3 majority of those voting, yea or nay and abstentions will have no effect on the vote.

Intent: To clarify group conscience voting procedure and how it passes on floor of RSC. For a clear majority to express a spiritual conscience according to our 2nd Tradition.

Referred back to Policy because motion needs further clarification. Report back to 134th RSC.

Motion 133-4 MOTION TO GO BACK TO HOME GROUPS

Mover: Policy Subcommittee **Seconded:** Mike G. Roanoke Valley RCM

Motion:

To add to Section II, of CARNA RSC Guidelines and Rules of Order, Item 3 as follows:

3. Areas absent from RSC for one or more years shall no longer be considered %recognized,+shall be removed from the roll call and shall be required to re-qualify per Item 2 above.

Change Item 2 from:

2. New Areas must show evidence (ASC minutes) of having held three monthly ASC meetings in order to be a recognized area in the Central Atlantic Region.

To:

2. New Areas must show evidence (ASC minutes) of having held three current, consecutive ASC meetings in order to be a recognized area in the Central Atlantic Region.

Intent: For clarity of a recognized area and to hold areas responsible to show up regularly to be a part of the process.

Pros:

1. To protect the conscience of the active areas from being compromised by allowing inactive or new areas to form and override the existing areas voice by showing up at RSC and allowed to vote.

2. This motion clarifies existing policy by adding two words %current and consecutive minutes+and the second part only requires areas not participating at the Region for over a year, adhere to current policy with the 2 word clarifying change.

Cons:

1. In the part of this motion regarding new Areas, a new area not meeting this criteria would not be able to be served by the region. This motion appears to dictate to Areas from the Region what makes an area, us. The region answering to the Areas.

2. I am in agreement that an area is an area or a region is a region if they say they are. There is no honesty or integrity in forming an area or region that is formed simply for voting purposes when they have had no participation for long periods of time.

