

**Minutes for the 196th Regional Service
Conference Central Atlantic Region
April 28th2019 Fredericksburg, VA**

Open Forum began at: 10:00am RSC began at: 11:00am

- Serenity Prayer
- Open Forum
 - 1) Chair was absent today due to shoulder surgery, vice chair Etta lead the conference.
 - 2) Julie B spoke about the website basic meeting list toolbox being available through the regional website.
 - Joe spoke about jails and writing inmates and Julie B mentioned that Lisa B would be willing to assist they meet every third Monday Phone number is (646)558-8656 ID#253609365 using inmate step working guide

Reading of 1- Purpose: Michael L
2- Traditions: Danielle D
3- Concepts: Sue N

- Roll Call: Quorum

roll call after break

Chair	Absent	Almost Heaven	Sherry V	X
Vice Chair	Etta B	Appalachian	Lisa B	X
Secretary	Julie T	Beach	Joe B	X
Treasurer	Brian C	Blue Ridge	absent	
Regional Delegate	Dee P	Gateway	Duane F	X
Regional Delegate Alternate	vacant	New Dominion	Michael L	X
Regional Delegate Alternate 2	Randy D	Outer Limits	absent	
VRCC Chair	absent	Peninsula	absent	
Hospitals and Institutions Chair	Absent	Piedmont	David H	X
Policy Chair	Antionette B	Rappahannock	absent	
Public Relations Chair	Julie B (vice chair)	Richmond	Kim M	x
Speaker Jam Chair	absent	Roanoke Valley	Mike G	X
		Shenandoah Valley	absent	
		Southside	Sue N	X
		Tidewater	Chris P	X
		Tri-Cities	Greg F	X

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

- Recognition of new attendees

- Approval of Prior Minutes: Moved to accept as amended Kim M report was not in the minutes.

- Trusted Servants Reports

Chair Report	<p>Good morning all,</p> <p>I apologize for my absence today, I had shoulder surgery a few days ago and am recovering at home.</p> <p>We had some mis-haps with the hotel and meeting spaces, which caused delays in getting things finalized for this year's 2-day event and delayed the confirmation process. We had a great response from the GSR's and were able to go back to the hotel and acquire additional rooms, however, I mis-remembered our room count and had to inform some who received a confirmation email that they must give their room to another that lived farther away. As usual, our GSRs took the news in stride. I am aware that our service depends on effective communication and if you felt I fell short – well, I'm sorry.</p> <p>Our Planning workgroup meets every Wednesday at 5:00 and we made great progress on the organizing our thoughts on the workshops, which we will hold in the four quadrants, and the Regional Planning day scheduled during next October's 2-day.. I'm sure you will hear more about this in following reports.</p> <p>My term as chair ends at the next RSC. It was a pleasure serving our region and I firmly believe my recovery and my life is better because of it.</p> <p>ILS</p> <p>Bill M.</p>
Vice Chair Report	
Secretary Report	<p>This is my 1st time serving as secretary for the region. I am delighted and honored to be givin back what was freely given to me. I look forward to this learning experience.</p>
Treasurer Report	<p>Good morning,</p> <p>We started this reporting period with a bank balance of \$18,605.82. We had \$6,663.31 in income and</p>

\$7,973.34 in expenses since the last RSC, resulting in a balance of \$17,295.79 as of April 26th. See the attached treasurer's report for details.

From an accounting standpoint, the only thing I'm looking into is what appears to be a duplicate \$156 charge for our PO Box. I'll get this sorted and report back on it at the next RSC.

With the spreadsheet done, my next area of focus is getting some of the accounting controls commonly used in areas in use at the regional level. This would include funds request forms and an annual audit of the books. In addition, we need to add the use of expense reports for regional members who do extensive travel, such as the RD Team.

Thanks for the opportunity to be of service

RD Report

04/28/19

Florida Service Symposium

Randy and I attended the Florida Service Symposium from March 21 to March 24 th in Tampa FL. It was a great learning experience. I attended the professional round table discussion on Thursday. On Friday, I attended the workshops on the Meditation Book, PR Best Practices, and Cultural Diversity. On Saturday, I attended the South East Zonal Forum meeting and the workshop on the Mental Health IP. On Sunday, I attended the regional meeting of the south Florida region.

Randy, Anne, and I reworked the delegates' page to reflect the current and upcoming topics for discussion and events that the RCM's need to take back to their areas so that they are informed about regional events. There is also an events page on the website that lists all upcoming events. Please check these out.

Service Day is coming up May 1 st and Public Relations Week is the first week in June (3-9) and Sponsorship Day will be December 1 st ; these special days were set aside to remember and celebrate what we do here in NA. I hope you and/or your areas/home groups remember these dates that were discussed at the last WSC at the direction of the fellowship.

Autonomy Zonal Forum

July 27 – 28 is the Autonomy Zonal Forum meeting in Philadelphia PA. This 2 day event will be similar to the one held this past January in the Freestate Region. My itinerary for the event will be as follows:

Hotel 120.00 per night x 2 = 240.00 plus tax

Gas 80.00 80.00

Per diem 35.00 per day x 3 = 105.00

\$425.00

I hope to be able to split the cost of the room with another RD or AD from our zone so that will cut the cost by \$120.00

Delegates Upcoming Schedule

- ☑ Review and vote on Autonomy Zonal facilitator and secretary
- ☑ Autonomy Zonal Forum 2 day event in Philadelphia PA July 27-28 th
- ☑ Planning workshops for Environmental Scan in Quadrants 1, 2, 3, & 4 beginning in May.
- ☑ October 2 day event on Environmental Scan

RDA2 Report April 28, 2019

Florida Service Symposium We attended this Symposium on March 21 -24, 2019. Just to give you some idea what the agenda was like, Thursday was Professional Roundtable. Friday for me was WB IDT workshops, Future of the WSC (The name changed) Louis O. helped facilitate. Men's Rap and History of the Basic text. Saturday was Zonal Breakfast along with Southeastern Zonal Forum. We keep what we have, H&I best practices, the difference between H&I and BTW, Banquet and Main meeting. Sunday was home travel. We hope to do take away Workshops from this Journey. Our schedule looks full for this year going into the Conference cycle again but I am sure that we will figure something out. My expenses were; Flight = \$276.59, per Diem = \$174.49, luggage = \$60.00 and Hotel room = \$ 435.84 totaling \$946.92. I was given a check for \$996.67. I am returning \$49.75.

Regional Planning Event the Delegate Team along with Sherry V. and The Regional Chairperson, Bill M. have been meeting via teleconference each week on Wednesday at 5pm getting ready to host 4 quadrant workshops to explain the Planning Strategy having to do with the questions that an Adhoc came up with for Regional Inventory. We have been hard at it. First workshop is in quadrant #1 at UVA conference where we hold RSC. I am bringing the flyer for this event and you will be able to download it from Car-na.org/planning under service info.

Central Atlantic Delegate Webpage myself and Ann V. our web servant Along with Dee P. RD has worked hours changing the Delegate page to reflect the Current WSC cycle of dates, events, deadline links to material we are presenting To the Region and archived information. Please check it out. GSR Assembly Dee and I facilitated the GSR with about 47 members present at one time. There were all sorts of questions about Executive reports, great participation in large and small group discussions. Great questions and answers about Inmate Step Writing presentations and the Web designs presented by our Web Task force. Workshop information that was gathered for the 2 Issue Discussion topics are being sent to World Board. Carrying the NA Message and Making NA Attractive, DRT/MAT as it Relates to NA. It took a of Unity to make this event successful. I felt the pulse of our Region from this event. Thanks to everyone that served and attended this event. Venue was nice and Hotel was outstanding. Thanks to All. Conference Agenda Report is right around the corner. Please start preparing for it. It comes out November 2019. Look at the Delegate page for complete information about what is the CAR/CAT. I will make copies of it to pass out. AZF the next AZF teleconference is May 20, 2019 at 7 pm. The next in person meeting will be July 27, 28 2019 with the Greater Philadelphia Region. My itinerary is \$270.00 for Hotel, \$105.00 for per diem and \$40.00 for gas totaling \$415.00.

Deadlines

Regional motion deadline 1 August 2019

Regional motions ready for the CAR 31 August 2019

Deadline for all candidate submissions to the HRP's nomination process

30 September 2019

English Conference Agenda Report available 26 November 2019

Translated Conference Agenda Reports available 26 December 2019

Conference Approval Track material available 26 January 2020

Regional report deadline 15 February 2020

Deadline for regional material to be submitted for inclusion in the Conference Report 15 February 2020

Amendments to CAR and CAT motions deadline 16 April 2020

World Service Conference 2020 26 April - 2 May 2020

In gratitude I serve to give back what has given to me, such a great life,, Randy D.

RDA2

**RCM Report
Almost Heaven Area
April 28, 2019**

Greetings from the Almost Heaven Area
Almost Heaven has 37 meetings and 22 Homegroups

Members attended the subcommittee meetings held in Martinsburg, WV for Quadrant. There were four addicts in attendance two from Almost Heaven and two from Shevana. The two from Almost had hoped to be involved in the discussion on our motion about the RCM's being involved in the discussion for regional event locations but even though the time on the regional website said as of 7:30 pm Friday, a 11:00 am start time and Policy was first. But the subcommittees started at 10:00 am so we missed the discussion. Would like to address this today. But a recap on the motion did let us know our motion will come out of policy and be presented on the floor today and we were able to report this to our groups.

Local Service Unit (LSU)

April H&I task group reported- 7 inmates attended the Washington county men's side. No meetings were taken into the women's side.

No meetings were taken into ERJ men's or women's due to the ID's not being updated.

There is a new long term recovery center that opened in Hagerstown MD that would like H&I to take meetings into the facility. The facility was told to reach out through either PR task group or our area's PR email.

We updated the BMLT on the Central Atlantic Region webpage. We discussed the Public Relations Workshop and have a date for May 11 from 10:00 am to 2:00 pm. We were able to get meeting list to a Medication-Assisted Treatment Program, once we were able to identify that a Newcomer had obtained an outdated meeting list from the MAT center. We have communicated with those organizations and shared that they can download our meeting list from our website that is updated regularly. We reminded everyone that Public Relations Week in June 2-8, 2019 and we are working on ideals for the week and hope to get some at the AHA PR Workshop. We are staying alert to events, such as health fairs, meet and greets, festivals and other chances to let the public and addicts know where we are. The PR task group asked for help in this effort.

We are planning on several community events in the upcoming months, most we attended last year and have been invited back to. We were asked to put up a table at the Hagerstown Community College Substance Use Disorder Panel presentation and Artists Journey to Recovery Art Awards in Hagerstown MD. Went well. We were invited and set a table at a Workshop hosted by Congressman Trone of Maryland on April 18th. All went well. We are schedule to do on May 18th Day of Hope event to set up our table and on June 21st we were asked by the Blue Ridge Community and Technical College in Martinsburg, WV for their summer symposium to be on a panel with AA for 45 mins to talk about NA. PR has met more frequently to plan the workshop and upcoming events.

We have a nomination for Sherry Vas RDA2- a request for support went back for group conscience in March and in April 16 out of 17 groups supported the nomination as an Area nomination.

And last but certainly not least a big Thank you to Julie B. the vice chair of PR for helping us create a new website. We plan to display it at our PR work shop but it is up and running. Yeah!!!!!!

In Loving Service

RCM team

Appalachian	<p>Hello Regional area</p> <p>I'm Lisa B, (RCM-Rep-pro-temp) I was asked to continue on at least until the Regional Special Events by the Rep that's coming in behind me because she wasn't quite comfortable moving on. I've presented this information to my area service no one rejected this request. The event is scheduled for the second Sunday of September 2019, The Special Events Chair of the Region asked the Area to form a committee, get speakers and set a place in motion, it's in the makings as we speak, we currently have 8 meetings in our area, the meetings are going well, most home-group GSR'S attend, No special concerns at this moment our P.O. Box i3214, Appalachian Area, Lynchburg Va, 24501.</p> <p>In loving service</p> <p>Lisa B</p>
Beach	<p>Beach Area meet this month and currently has 18 Homegroup's and had 14 GSR's in attendance. Our only open position is VRCC Director. Our H&I is currently serving 2 facilities, Pathways Detox Center & Virginia Beach Detox Center. We do 2 meetings a week at Pathways and 4 meetings a week at Virginia Beach. All chair and co-chair positions are filled. All commitments have been met.</p> <p>Our ENC sub-committee (Emergent Needs Committee) is planning a New Year's Eve dance. They have a spades tournament planned for July 6th @ 8pm @ the Greek Orthodox Church off Laskin Rd. in Virginia Beach. They are also planning a run/walk for some time in September.</p> <p>Our SOTS sub-committee (Serenity on the Shore) is planning our next camp in October. Several fundraisers are coming.</p> <p>Sent from my iPhone</p>

Shenandoah	
	<p>April 26, 2019</p> <p>Shevana RCM report to RCM</p> <p>Hello family,</p> <p>All is well in the Shenandoah Valley of Narcotics Anonymous. Area Service met on March 11 th with 15 GSR's in attendance & on April 8 th with 9 GSR's in attendance. Quorum was met each time and business was held per policy. Open positions at ASC are Vice Chair, RCM Alt & VRCC Alt.</p> <p>Several events are coming up soon. Special Events will hold its annual picnic June 8, 2019 at the Kiwanis I Shelter in Jim Barnet Park, 1001 E. Cork St, Winchester, Va. There will</p>

	<p>be food, Beachball Meeting, Pie in the face auction & a Volleyball tournament.</p> <p>Special Events will be hosting its 16 th Speaker Jam, July 27, 2019 at the Rotary Shelter in Jim Barnett Park. Topic chosen by the committee is “ Are We Having Fun Yet?’. All speakers will be recorded & receive a free CD. Anyone interested in speaking at a workshop during the day please feel free to see today. There will be food available all day with a main speaker & clean time count down.</p> <p>June 29, 2019 The RD team will be presenting the Regional Planning workshop for Quadrant 2 at the Greenway Spirit Church 1275 Tasker Road., Stephen City, VA. 22655 from 11-4pm. .</p> <p>Last but not least the Shevana Area will be hosting the 39 th AVCNA in Jan. 2021. At the Hotel Madison, Shenandoah Valley Conference Center in Harrisonburg, VA. More will be revealed.</p> <p>ILS Elisa Dove RCM Shevana Area.</p>
Blue Ridge	
Gateway to Freedom	<p>CARNA Report - 196th RSC April 27, 2019</p> <p>Good afternoon Family! The Gateway To Freedom Area has 13 Homegroups carrying 15 meetings weekly. We’ve had 11 GSR’s representing at both of the last 2 ASC’s. Open Area trusted servant positions are as follows: Vice-Chair, PR Chair, Policy Chair, Literature Chair, Vice-Treasurer, RCM and RCM Alt.</p> <p>H&I carries a men’s and a women’s meeting biweekly into the Potomac Highlands Regional Jail in Augusta, WV; and also one meeting weekly into the Joseph S. Massie Unit, an addictions treatment facility in Cumberland, MD. As with all of our subcommittees, H&I is in need of more support and trusted servant volunteers.</p> <p>PR currently has no Chair but some members set up a PR table at the Freedom Walk in Romney, WV on April 27th (yesterday). There are no scheduled upcoming events. There has been some discussion of having a H&I/PR Learning Day to increase awareness and possibly garner some interest in serving the two subcommittees.</p> <p>Special Events hosted their annual Spiritual Breakfast on March 30th. The event was successful with 46 people attending and raising \$249. after expenses. Their next event will be Fellowship Bowling on Sat. May 11, 4-6pm at Rainbow Lanes in Keyser, WV.</p> <p>Our Camp Jam V Subcommittee has been meeting and planning for our 5th annual convention campout to be held September 20-22, 2019. Camp Jam V is on track to be our best event ever with speakers coming</p>

	<p>from multiple states. There are registration flyers available on the table. Those who pre-register before Aug. 31 will get a \$10. discount and receive a free T-shirt or coffee mug.</p> <p>In closing, our little Area is doing well other than needing more help in service. Our meeting attendance is up, group donations are up, and we have newer members stepping up and getting involved. We have 2 Area donation checks for Region this period: \$86.95 for February and \$71.59 for March for a total of \$158.54.</p> <p>Our next ASC will be at 10am, Sat. May 11 at Friendship Haven Church - 22 Mechanic St., Cumberland, MD 21502. As always, I am grateful to serve the Area and Region that I got clean in.</p> <p>In loving service, Duane F. - GTFA Chair/RCM Protem</p>
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<p>Southside</p>	<p>Hello family LASC was April 7th and 11 groups were represented. Positions open are vice treasurer, activities and secretary. We have a new vice chair Krista. We have a new web servant Dave. H&I is again taking meetings weekly to mental health and the women's jail. On May 18th we are having no area speaker jam with a fish fry/hot dogs hamburgers at ascension Lutheran church 2-8:30P.M</p> <p>Donation to region is 159.64 As always it's a privilege to serve. ILS Sue N</p>
<p>New Dominion</p>	

<p>Roanoke Valley</p>	<p>Roanoke Valley Area of Narcotics Anonymous Report to 196th CARNA RSC - 4/28/2019</p> <p>Hello Family. The Roanoke Valley Area is doing well overall, and the message of recovery is being carried in our meetings. We currently have 25 groups conducting a total of 28 meetings per week in the area.</p> <p>More than half of the groups are represented at the ASC each month. We have active H&I meetings at Salem Veterans Affairs Hospital, Blue Ridge Detox facility in Salem, VA and Catawba Hospital in Roanoke, VA. The Activities Subcommittee will host a Reaching Out H&I Learning Day +Women's and Men's Rap Sessions on May 4, 2019 at St, Mark's Lutheran Church, 1008 Franklin Rd, SW, Roanoke, VA. (See details below). Our area is currently below our established prudent reserve, so we have no donation to RSC at this time. Our next ASC will be held on May 12th at the Williamson Road Church of the Brethren, 3110 Pioneer Road NW, Roanoke, VA.</p>
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	<p>Reaching Out H&I Learning Day +Women's and Men's Rap Sessions (Sponsored by RVANA Activities and H&I Subcommittees) Saturday, May 4, 2019, 12:00 PM 5:00 PM at St. Mark's Lutheran Church 1008 Franklin Rd. Roanoke, VA 2401 Noon to 3:00PM Hospitals and Institutions Learning Day 3:00PM to 5:00PM Women's Rap and Men's Rap Sessions The following will be sold to help pay for the meeting space, and supplies: Hot Dogs w/chili \$1.00 ea. Chips \$1.00 per bag Sodas/Water \$1.00 ea. Assorted snacks/desserts \$1 ea. There is NO COST to attend these meetings! All are invited to attend. ILS, Mike G RCM, RVANA</p>
Outer Limits	
Peninsula	
Piedmont	<p>195th RSC – February 2019 Piedmont Area RCM report Groups: The Piedmont Area currently has 27 weekly meetings in 17 Home Groups. ASC Attendance: At February ASC Meeting there were 16/17 GSRs in attendance and quorum was met. Open Positions: VRCC alternate. A Policy revision was passed that created two new positions, Literature Vice-Chair and Alternate Secretary and these positions are currently open. Elected: No elections Group News: Two New Meetings: Changing Perspectives – Saturday 5-615pm (Step/Trad/Prin Literature/Speaker/Discussion Format) First Presbyterian Church Carriage House 500 Park Street Charlottesville, VA 22902 Recovery Happens – Monday 7pm JFT Open Discussion Format Scottsville Baptist Church 690 Harrison Street Scottsville, VA</p>

Area News: Policy: a fairly sweeping policy revision to the entire policy manual, including the language

Donations:

World: Our scheduled quarterly donation to world was tabled until May ASC due to being slightly under prudent reserve

Region: Next donation scheduled to coincide with the June

RSC Subcommittee news:

H and I-

We now have 6 H&I meetings in 5 facilities held in the Piedmont area, they are listed below

Men's ACJR- 2/wk

Women's ACJR – 1/wk

Boxwood- 1/wk

5East-Uva. Medical Center-Wk.

A weekly meeting was added this month that at the Wellness Recovery Center that will serve this facility, the Mohr Center, and the Morris Creek Women's Center. We are grateful to Hunter C for the perseverance it took to finally get this meeting going.

Public relations

1. We continuing to stock IPs in the respective facilities:

1. Region 10 Downtown
2. Region 10 Old Lynchburg Rd.
3. Piedmont House
4. JMRL Downtown
5. PVCC
6. Wellness Center
7. UVA 5 East
8. UVA Heath System ID Clinic
9. Church of our Saviour
10. St. Paul's Memorial Church

11. Mohr Center on E. Market St.

2. PR is looking into putting literature into Martha Jefferson Hospital

3. The Website is also being updated when needed. It is getting an average of 82 new hits per month.

4. A PR event was held at the Nelson Alliance in Nelson County which was successful. Generated interested from the Nelson County Sherriff who spoke to us at length after and got our numbers.

Special Events

Special events hosted our 2nd Annual Speaker Jam, which occurred yesterday, April 27, 2019 at the Church of Our Saviour on Rio Road and

	<p>unfortunately coincided with the rescheduled GSR Assembly. All reports indicated that it was a success and actually made money.</p> <p>Next Special Event will be the PANDA campout, details to be posted on CARNA website once I have them.</p> <p>Area Concerns: The cost of various phone line solutions relative to their value.</p> <p>Brief Summary: All is well in the Piedmont</p> <p>Next ASC meeting: May 5, 2019</p> <p>ILS,</p> <p>David H. and Chris P.</p>

Rappahannock	
Richmond	<p>April 28, 2019 Richmond Area,</p> <p>How many groups in my area: 32 Home Groups and 36 Meetings</p> <p>How many GSR's attended last ASC: 17</p> <p>Area trusted service positions open: Policy Chair and Alternate RCM</p> <p>Area trusted servants elected: Lisa H. Treasurer, Cathy Print Shop, Ann B Secretary, and Zeke T. H&I Chair</p> <p>Group news: None</p> <p>Area news: I met with New Dominion RCM and alternate RCM on April 10, 2019 at 3:45 PM. We decided to hold a</p>

Regional learning day on June 1st from 1:30 – 4PM. The location will be determined by Richmond Area. We would like to extend the invite to the Region. We would also like to ask the Region for any information regarding the history of the Region.

As a backup location we will hold the meeting at Hatcher Memorial Church. We still have to get this approved by the Richmond Area but are looking forward to doing this information workshop in the spirit of UNITY.

Subcommittee news: None

Area Concerns: None

Area Special Events Calendar: Free Event Saturday July 27, 2019 at Byrd Park Shield Lake Shelter Noon-6PM this is a children friendly event for more information please call Carol P (502) 302-8023.

Brief Summary: I will be mailing two checks in the amount of \$500.00 each, Monday April 29, 2019 to or treasurer Brian C. The reason I don't have the checks with me is because I did not drive my car and the checks stay in my car so that I don't forget them.

I know we already approved the minutes from February, but I just looked at them and I do not see my report, I sent it to our last meeting Secretary to his personal email while at the last meeting.

Next ASC meeting: Next ASC Meeting is Sunday May 19, 2019 at 4PM at 3121 Moss Side Avenue, Richmond VA 23222

Total Number of H&I Commitments etc.: H&I takes 4 meeting a week. One at RBHA for men and one for women, they also go to Richmond City Jail for males and New Kent Jail for men.

Area Contact Information: Richmond Area Service, PO Box 26249, Richmond, VA 23260

www.rvana.org

	In Loving Service Kim M.
Tidewater	<p>Tidewater Regional Report</p> <p>Tidewater Area is having a H+I Learning Day on May 25th at St. Paul's United Methodist Church located at 437 Providence Rd. in Chesapeake, VA from 11:00 am to 4:00 pm.</p> <p>Our Area's trusted servants' one year commitments are up, and we are trying to fill all positions by June 2019.</p> <p>We have 70 meetings weekly and 38 home groups. H+I has 10 commitments. 24 groups attended Area Service on March 10th. All positions are filled except VRCC and Alternate VRCC but as stated earlier we are renewing all positions in June. Next Area Service is May 19th.</p> <p>I've left meeting lists on the table. They are metro lists that include the Beach Area, Tidewater, and Peninsula. There are also flyers on the next Regional Convention being held in Virginia Beach.</p> <p>In Loving Service, Chris P.</p>
Tri-Cities	

- All New Business Motions turned in before lunch. Motion Julie secretary put in a motion asking to be reimbursed for the office 365 12 month subscription.

- **Elections & Nominations**

1-Kim M nominated by David H for vice chair Kim M gave her qualifications and 2pro and 2cons

2- Sherry D was nominated for RDA2 by almost heaven group and gave her qualification in resume

Clean Date: September 6,1986

Sponsor: Yes, she has 34 years clean and works steps and is an active member

Homegroup: Yes, New Hope Group, Tuesday Nights, Martinsburg, WV

Steps: Have worked all 12 steps with a sponsor and repeating

Sponsorship: I sponsor addicts

Service History

Group: Tuesday Night Martinsburg, WV

· Coffee Maker

· Ash tray cleaner

- Group Service Representative (GSR)
- Greeter
- Treasurer (current position)
- 1 of 2 Key holders (current position)

Area: One year Positions

- Area Chair
- Area Vice Chair
- Area Treasurer 2016&2017
- Area Secretary
- Regional Committee Member (RCM)-pro tem current
- Alternate Regional Committee Member (Alt. RCM)
- Chair Public Information
- Area Public Relations Task Group Facilitator rolled off Jan 2019
- Area Convention Chair
- Area Convention Vice Chair
- Area Convention Secretary
- Convention Treasurer-2016&2017
 - o Convention Program Sub-Committee Chair
 - o Convention Registration Sub-Committee Chair -2018
 - o Convention Public Information and Arts&Graphics Sub-Committee Chair
 - o Convention Merchandise Sub-Committee Chair
- Area Convention Duties and Responsibilities- Current

Region: Two Year Positions

- Region Phone Line Chair in the 1980's
- Region Chair-2009-2011
- Region Vice Chair- 2008-2009
- Regional Delegate (RD)-2006
- Alternate Regional Delegate (Alt. RD)-2005
- Alternate Regional Delegate Alternate 2 (RDA2)-2003
- Regional Webmaster
- VRCC BOD
- AVCNA32 Hospitality Chair- 2014

Zone

- Zonal Secretary
- Zonal Web servant
- Delegate Participate
- Facilitated inventory
- Facilitated Task group for the qualifications and Responsibilities for Facilitator and Secretary-2019

World

- Workgroup for Revision of In Times of Illness-2008-2010 member
- Workgroup for the WCNA 35-2012-2013-Pre-Reg Chair
- Human Resource Panel-2014-2018 Look at our process and if/how we could improve, and also most important task was to bring forth to our delegates the best candidates.

Skills:

Computer, typing about 70 wpm, MS office, power point-creation and utilization, excel-spread sheet creation and utilization, MS

word. Facilitated round tables. Participated in strategic planning in Human Resource Panel. cons was given

Rebuttal to Con _Rebuttal to Con-Sherry

Has not held the position for 16 years. World Conference is discussing several transitions. Information about the transition is limited to delegates. So learning process is still needed but having some information and understanding of the information would be beneficial since much information will be coming forward and needed to be disseminated by all the delegate team and I feel some experience would be beneficial. World Services Human Relations Panel doesn't consider service experience past 20 years due to our fellowship changing.

11. Old Business:

12. Motions:

- Motion 195-2: For any Regional Event/Workshop being held in all four quadrants of the
- Region (ie CAR, CAT, strategic planning) that the RCMs of the particular quadrant be included
- in the decision making as to which area will host the event. If more than one area is
- interested in hosting the event and has a location that meets the required criteria for
- meeting space, ie WiFi, etc, that a ballot drawing be performed at the Regional Service
- Conference. Intent: To allow the RCM to have a voice as to what area hosts regional events
- for unity and inclusion and to honor the 12th tradition and eliminate possible principle over
- personalities perception. Mover: Sherry V Second: Kim M Referred to policy
- Motion 195-2
- . Intent: To allow the RCM to have a voice as to what area hosts regional events
- for unity and inclusion and to honor the 12th tradition and eliminate possible principle over
- personalities perception. Mover: Sherry V Second: Kim M
- Section VIII: ADDITIONAL GUIDELINES
- Add:
- 11. For any Regional Event/Workshop being held in all four quadrants of the
- Region (ie CAR, CAT, strategic planning) that the RCMs of the particular quadrant be included in the
- decision making as to which area will host the event. If more than one area is interested in hosting the event and
- has a location that meets the required criteria for meeting space, ie WiFi, etc, that a ballot drawing be performed
- at the Regional Service Conference.
- Change:
- 6A. REGIONAL DELEGATE DUTIES
- From:
- 15. Schedules and plans the CAR Workshop every two years (mid-February to mid- April. (152nd)
- To:
- 15. Coordinates the scheduling with the RCMs in the hosting quadrants as much as possible, and plans the CAR
- Workshop every two years (mid-February to mid- April. (152nd)

Inmate step writing

To CAR-NA Chair, Vice Chair, and H&I Chair,

I regret that I was unable to attend the Regional GSR assembly this week end. Issue beyond my control prevented me from attending the meeting.

Initially, I was signed in to zoom using the link found on the H&I page on the website so that I could participate in the presentation. Unfortunately the link was incorrect. Once I used the correct passcode of 304156278. I do not know if the link on H&I website is correct; it is <https://zoom.us/j/223154617>. Perhaps this url is no longer active on the H&I Page.

In any case, once I got signed in to the correct zoom session, There was already discussion in progress with Noreen leading. I could not hear clearly what was being said but it sounded as though she was being told that I had not gotten back to people or a person who had offered to help. I believe the person speaking was Vickie (?). I believe she had applied to be a step writer and I explained to her that if she did read everything on web site and filled out the correspondence agreement, that she could be approved. I believe she did that and was approved. I have to find her correspondence. I need her name.

However, Our deficiency in service volunteers is not with step writers. We have 14 approved and I am reluctant to train and approve more, as they will forget the process or possibly loose interest before they get assigned to an inmate. The issue is with service positions. I have had the chair position for 2 years. No other officers have been nominated. The policy says that officers should only hold office for two years. Right now I am doing all service positions with no assistance. It is not a huge problem for me and I am willing, however it raises a concern for me for the program's sustainability. I do not think it is a healthy standard for us to follow. One person contacted me and I asked him to read the policy etc. (Lawrence E.) But we have not had regular H&I subcommittee meetings to do nominations and elections. I think it is time to step back and reassess our process and policy. I have been praying to HP on this topic for some time.

Could we have a call about this soon to discuss and do a group conscious? In the mean time would you all look at the policy on our Car-NA website?

Thank you

ILS

Next RSC will be held on: June 15th

- Close with Serenity Prayer and Announcements