

**139th Central Atlantic Region
Regional Service Committee
Meeting Minutes
June 20th, 2009 – Fredericksburg, VA**

Open Forum – (began at 11:08 am)

Topics of Discussion:

1. BRANA member has asked for help with a 12-step call at Mary Washington Hospital.
2. An area has voted not to require area subcommittee chairs to attend bi-monthly Regional Subcommittee meetings. RCM asked for help from RSC members to explain how important that would be.
3. Motion for RD's travel at the 138th RSC was seconded by a non-RCM. Unanimous consent to have an RCM to second.
4. An area member feels that our literature is being hijacked at a world level. Non-addicts working on literature.
5. Is there time to have a motion included in the CAR report for the next WSC?
6. A letter was sent to CAR H&I from an inmate. The letter was sent to the behind the walls group in CA. They sent it to C&P. C&P called us and asked what was going on. Why was this done and can RCM's assist in corresponding with this inmate.

Open Forum closed at 12:00 p.m.

RSC opened with the Serenity Prayer at 12:18 p.m.

Purpose read by Cynthia W., 12 Traditions read by Akin S., 12 Concepts read by Tim B.

Roll Call/1st Quorum - (all members below were present)

Burrell P. – Acting Chair sitting in for Sherry V.
Greg G. – RSC Secretary
Don V. - Treasurer
Etta S. – RSC Regional Delegate Alternate
Jim H. – VRCC Chair
Richard P. – RSC Hospitals & Institutions Chair
Cynthia W. – RSC Policy Chair
Charles W. – RSC Public Relations Chair
Shawn C. – Speaker Jam Chair
Regional Inventory Ad Hoc Chair – Cynthia W.
In Times of Illness Revision Ad Hoc Chair – Cynthia W.
Bonnie W. – Almost Heaven RCM
Eddie W. – Appalachian RCM
Robert W. – Blue Ridge RCM
Harry M. – New Dominion RCM
Misty N. – New River Valley RCM
Sabrina Mc. – Acting Outer Limits RCM
Norman C. – Piedmont RCM
Patsy P. – Rappahannock RCM
Paula C. – Richmond RCM
Maria J. – Roanoke Valley RCM Alternate
Randy D. – SHeVANA RCM
Tim B. – Tidewater RCM
Akin S. – Tri-cities RCM

Areas not present – Peninsula and South Side.

Peninsula and South Side have missed 2 consecutive RSC meetings they should be referred to Outreach. Cynthia W. volunteers to contact them.

Recognition of New Attendees –

Josh R. – Piedmont RCM2
Christina B. – Appalachian RCM Alternate
Randy D. – SHeVANA RCM

Establishment of Quorum - 13 RCM's/RCM Alt.'s present, 1st Quorum met.

Reading and Approval of Minutes – Motion 139-1 made by Norman C. to waive reading of the 137th RSC minutes. Seconded by Eddie W. Motion passes 12 to 1.
Motion 139-2 made by Patsy P. to approve 138th RSC minutes. Seconded by Bonnie W. Motion passes 10 to 0.

Trusted Servant Reports -

RSC Chair Report

Hi all
I'm sorry I'm not with all of you today and wish you all well.
This is our last day of the workshop for the revision of In Times of Illness and the diversity of our fellowship is quite evident in reviewing the input.
It was really heart warming to see our Regions input come up and many thanks to Cynthia for all her hard work in putting together our input.
I also want to thank Burrell for chairing today for us...Again Many thanks
There is a letter that I've left to Burrell's discretion as to when to discuss from an inmate in the Goochland correctional facility.
I understand there were some feelings over Outreach subcommittee not formally meeting as it hasn't in quite some time. I don't know if this time or next we may want to consider doing with Outreach the same as Lit review (which we just saw worked very well) as a project driven and not subcommittee.
Thanks for your understanding in allowing me to finish this commitment. Look forward to seeing everyone in August
In Loving Service, Sherry V.

RSC Vice Chair Report - Vacant

RSC Secretary Report

Hello All,
I am submitting receipts for \$7.56 for copies and \$16.79 for a printer cartridge. The 140th RSC will be my last meeting as your secretary. Please assist the new secretary as you assisted me when I first started. Do me a favor and give him or her the benefit of the doubt in times of confusion. It has been my great pleasure serving this committee and the Region as your secretary. I have certainly learned a lot about working with others and the commitment it takes to serve on this level. I thank you all for giving me many, many...many opportunities to practice spiritual principles. I have decided to take a break after August and devote some time to my home group and area service committee.
Thanks! Greg

RSC Treasurers Report

Dear Family,
I still have not yet purchased or begun to use MS Money.
Two things that need to be discussed during New Business:
1. Purchase of a check endorsement stamp.
2. Replacement of the ROV checks on hand.

After recalculating:
Our beginning balance since the last RSC was: \$14,373.09
Total donations were: \$3,916.82
Expenses were:

America's Best Inn	Two Day RSC/GSR Assembly	\$1754.40
Target	GSR Assembly Food/Beverage	\$56.90
Domino's Pizza	GSR Assembly Food/Beverage	\$192.25
Shawn Crawford	Speaker jam	\$64.53
Greg Harris	WSC 2008	\$38.51
Greg Harris	GSR Assembly Supplies	\$36.19
VSIAS	PI Registration	\$50.00
PCMS	Answering Service May-June 2009	\$1162.87
Primus	Phone Line April-May 2009	\$237.57

NAWS Cust # 3541601	Regional Donation	\$138.66
NAWS	Refund for H&I Literature	(\$11.00)
NAWS	Refund for H&I Literature	(\$11.00)
Total expenses:		\$3709.88
Current Balance:		\$14,580.03
Current Prudent Reserve:		\$12,665.19
NAWS Donation:		\$1914.84

Note that there were two \$11.00 refunds from NAWS. These were from orders for Basic Texts requested by H&I to be sent to inmates in our jails. Both of the inmates had been transferred prior to the delivery of the books, and the books were refused by the jails. NAWS refunded the price of the books, but not the \$5.00 shipping charges.
 ILS, Don V.

RSC Regional Delegate Report – Absent, No Report

RSC Regional Delegate Alternate Report

I'd like to first encourage everyone who reads The NA Way and NAWS NEWS to get e-subscriptions. It will help us communicate and more effectively control costs. I have a copy with me today of the draft material and outline for the Living Clean Outline Chapters One and Two for Review and Input. It is out for review until September 15th 2009. You may see the drafts from the link on the project page at http://www.na.org/?ID=Living_Clean_Project the access with the password and can contribute to its writing from anything in the outline by going to <http://www.naws.org/lc/>. There is a lot of great experience and a wealth of knowledge on how we do things at the local level. You can help with the Service System Project by sending your best practices about what you are doing in your NA community that is helping to improve service delivery, build communication and cooperation and more successfully carry the message to the addict who still suffers.

Effective July 1 2009 the cost of translated versions of the first portion of the Basic Text will be \$7.50 and literature from WSO Europe will be priced in Euros. Even though NAWS has had no financial challenges this year with increased costs for developmental literature, translations, fellowship development, workshops, WSC publications, shipping, public relations and the meeting of the World Service Conference, it has been able to provide over \$617,00 in free or subsidized literature to members around the world on your behalf in the first 10 months of this fiscal year.

There are two important opportunities that you will not want to miss. WCNA 33 will be August 20-23 in Barcelona Spain. Amor sin fronteras. Love without Borders. The next Worldwide Workshop will be November 20-22 in Boston Massachusetts Dates for Japan and the Middle East still have to be determined. Those who wish to be considered for nomination by the HRP to a world services position need to submit or update their World Pool form by August 31. The Human Resource panel also distributed a new form in March that must be completed by October 31st for all candidates submitted to them by regions, zones and the World Board.

The participation in the review and input for In Times of Illness ended May the 30th. A special thanks goes out to Cynthia W. for coordinating our info and sending it in a timely manner. Right now they are working on and incorporating your ideas as well as finalizing the approval drafts on these three pieces.

Lately there have been some activities on the email lists and social networks regarding NAWs requests for negative feedback on meeting list attendance and on going e-mail thread about the NAWs Executive Directors Salary. We the delegate team will report as we get the information what is legitimate and what is not. You may contact us by email on the carna link or by phone if there is question. You may also contact www.na.org and ask before responding if there is a question. The NAWS NEWS responded to the executive directors salary and said that he was actually doing a great job but being paid less than those doing comparable jobs. Though it is not a practice to publish salaries. NAWs does its best to be transparent with info of need to the fellowship. I have the letter that was emailed regarding negative feedback and will read it to you all... The bottom line is that NAWs has not asked for this supposed negative feedback.

My activity since the last conference has been to attend the Rappahannock Area's campout, which was small, but all enjoyed the time spent together in fellowship. I have been asked to share at the Penninsula area's service learning day next weekend and look forward to attending Brana, The Automy Zonal Forum and Almost Heaven Convention. Just a reminder- we are available for your questions, concerns, workshops and any other info that your area may need. Please feel free to contact us.

In Loving Service, Etta S - RDA

RSC Regional Delegate Alternate II Report- vacant

VRCC Chair Report

Hello Family

The VRCC held there retreat the weekend of May16 &17.We had a good turn out for our retreat and a lot of progress was made with a couple of ad hoc committees formed to bring the By Laws and policy and processor up to date, and the time line as well. After our year end financial report our prudent reserve is \$52,454.65 which leaves \$6,152.58 leftover for allocation and dispersal according to policy; \$3,691.55 for newcomer's packages (147 newcomer's packages @\$25.00 each) and a donation for Central Atlantic Region in the amount of \$2,461.03.

Things are going very will with the 28th AVCNA. They will be holding election for a new vice chair on June 28th at 2pm at the Warwick United Church in Newport News Va. 23606

The VRCC has a new meeting place for the rest of the year. It will be at the Wesley Foundation of UVA. 1908 Lewis Mountain Rd. Charlottesville Va.22903

We have received two bid packages for the 29th AVCNA.

In Loving Service, Jim H - VRCC Chair

RSC Activities Chair Report – Absent, No Report

RSC Hospitals & Institutions Chair Report – Verbal Report, none turned in.

Motion 139-3

Mover: Don V. 2nd: Eddie W.

Motion: To change the order of the day to address Richard P.'s motion to receive reimbursement for the Almost Heaven Co-op's H&I learning day.

Intent: To reimburse Richard before he leaves early.

Motion passes 12 to 0.

Motion 139-4

Mover: Don V. 2nd: Akin S.

Motion: To reimburse Richard P. \$147.66 for expenses incurred at pre-approved AHA Coop learning day.

Receipts to be provided to Treasurer as soon as possible.

Intent: To reimburse for incurred expenses.

Motion passes 13 to 0.

Motion 139-5

Mover: Don V. 2nd: Bonnie W.

Motion: To return to the order of the day.

Intent: To return to the order of the day.

Motion passes 13 to 0.

RSC Policy Chair Report

Hello family, Policy did not meet since last RSC due to the fact that Sabrina called me when I was on the way there to tell me everyone had left after PI meeting. I decided that I wasn't willing to ride 2 hours to have no one there for the meeting. Due to last minute communication Policy time wasn't posted on website so no one was aware that we were meeting. We would like to be able to discuss Motion 138-11 at July meeting. I as Policy Chair have come up with changes to motion but wasn't able to get okay from subcommittee to submit the changes. It is up to this body had to proceed from here. Thanks for allowing me to serve.

ILS, Cindy

RSC Public Relations Chair Report

Greetings to All!

Our professional answering service continues to provide us with reports of the service that is provided for us.

	Calls-in	Minutes Used	Average
March 2009	373	882	2.36 min per call
April 2009	385	811	2.11 min per call
May 2009	355	889	2.46 min per call

The Phone line Coordinator reported at our PR meeting on May 16th in Emporia, VA that ten areas did not have any updates for May 2009. Also, they did not reply with “no changes” when asked. Five areas have not reported any updates so far this year: (1) Almost Heaven; (2) Blue Ridge Valley, (3) Shenandoah Valley, (4) Appalachian Area, and (5) New River Valley. We encourage the RCM’s to please check and make sure that updates are being forwarded to the Phone line Coordinator for the toll-free phone service and their respective Area’s websites since we only provide a link from the Regions’ website to those Areas having their own websites.

After reviewing the most current revisions in the Addendum 1, Number 6, for the Public Relations Subcommittee, it was the groups’ consensus to adopt all of the changes. Today, we bring forth a motion to have these revisions made part of the Addendum since it reflects the collective experiences over the last three years and provides a more effective guidance in the conduct of the subcommittee’s business.

We are still seeking volunteers who can give us some of their time to cover the exhibitor’s booth at the upcoming Virginia Summer Institute for Addictive Studies (VSAIS) at the College of William and Mary, July 20-22nd. Each team leader is looking for at least two other members who can commit to at least half of day between the hours of 8am-4pm. Please contact James D. for Monday, Akin S. for Tuesday or Charles W. for Wednesday if you can commit some time.

We have agreed upon a format for the new presentation board we are purchasing to replace the old damaged corrugated board. The consensus of the group was to purchase the SKU: 3PV7236BLU tabletop portable display board that has a folding 3-panel design, aluminum frame, with blue Velcro-receptive fabric on the front side and a magnetic write-on board on the back side, 72”wide x 36”high, including the carrying case for \$135.24. Intent: To acquire an attractive, durable, sturdy and longer-lasting presentation board that could be customized and updated for different events and would replace the old damaged corrugated board.

We became concerned about having some kind of information brochure that could be used by our community members and the public long after an event has ended. It would provide information about CARNA; especially, contact information. It would drive them to the website where most information about the Areas are linked and kept current. This is important when you have had over 52,000 visitors in 2008 visit the website. Therefore, we have a sample information brochure for your review and your group consensus for dissemination and posting on the website as a template to be customized when Areas are attending public information events as well.

Thanks again to all who serve and help in our PR efforts.

In Fellowship, Charles W., 804-301-8380, Email: Chazz6@verizon.net or pi@car-na.org

Break for lunch at 1:42 pm, Re-adjourned at 3:17 pm.

RSC Outreach Chair Report- vacant

RSC Speaker Jam Report

Hello family,

We held our last meeting in Staunton, VA on May 19, 2009. The Blue Ridge Area will be hosting the September 12th speaker jam. Thus we will be meeting in that area until the speaker jam is held. We selected 8 topics and already have half of the speakers for the next event. Our next subcommittee meeting will be held Friday June 25, 2009 at the Shoney’s in Harrisonburg, VA. RCM’s please take flyers back to your areas and an e-mail of topics and flyers will be out soon. As always we are looking for speakers please feel free to contact me by phone or e-mail.

ILS, Shawn C.

Ad Hoc Computer Purchase Chair – verbal no report turned in. Committee found 2 PC’s under \$500.

Ad Hoc Committee-Regional Inventory

Hello family, Inventory Ad Hoc did not meet in May. We will meet in July to put together info that I have received in order to have inventory on Sunday of the October two day. Thanks for allowing me to serve.

ILS, Cindy

Ad Hoc Committee In Times of Illness Pamphlet Review

Hello family, Literature Review Ad Hoc did not meet in May. I did put together info that was received at the workshops in a report and submitted it to the world. I have a copy of the report here today to be added to the minutes. Thanks for allowing me to serve.

ILS, Cindy

Area Reports -

Almost Heaven RCM Report

Waiting on email.

Appalachian RCM Report

- There are 11 groups currently meeting in the Appalachian Area.
- There were 7 GSR's present at our last ASC on June 7th, 2009.
- There are 5 trusted service positions open: Co-Treasurer, VRCC Rep, VRCC Alternate, Phone line Chair and Public Information Chair.
- The Appalachian Area held it's second annual Area Speaker Jam entitled "Feeling Our Way Through II" on May 16th. Although attendance was down somewhat from the previous year, overall the event was a great success thanks to all those who attended and participated.
- As of our June ASC all of our subcommittees were experiencing moderate support. I regret to inform the body that our Phone line subcommittee Chair Sheila B. passed away this past week. We will forever be grateful to Sheila for her service to Narcotics Anonymous in the Appalachian Area and extend our deepest sympathies to her many friends and family. A motion Sheila made at our June ASC (requesting that our Area take advantage of the Regional "1-800" number in the hope that we may discontinue the practice of maintaining a pager) passed unanimously. Over the next several months I will be working with others to see that this change takes place. Our H&I subcommittee currently has one commitment (at the Detox/Crisis Stabilization Unit at the Courtland Center in Lynchburg) and is experiencing fair support. Our next Area Service Committee meeting will be held on Sunday July 5th at 2:00pm in downtown Lynchburg at the corner of Twelfth and Church Streets.
- Do to the expense of the Area Speaker Jam we held in May, our Area's budget came in slightly under its prudent reserve. In keeping with our Area policy, we are unable to make a Regional donation at this time.
In loving Service (Eddie W.)

Blue Ridge RCM Report

Dear Regional Members:

The Blue Ridge Area of Narcotics Anonymous now has eight home groups in the Area. We had seven attending GSR's at the last Area Meeting. Today's open service positions are: Chair, Vice-Chair, Secretary, Policy Chair, Special Events Chair, Literature Chair, and Outreach Chair.

The good news is that we have Area NA Members willing to fill in positions on a *pro tem* basis to at least get the business done...the best we know how. We have new nominees for Secretary and Literature Chair...more will be revealed.

In short, the Home Group / GSR's reported optimistically, and reported the recovery meetings in the BRANA Area are successful in fulfilling our primary purpose. Our meetings survive.

Along with this report, I hereby submit BRANA's donation to the Region, a copy of the latest BRANA Area Meeting List, and a copy of the BRANA 2009 Campout flyer. There are flyers for the 28th Annual BRANA Campout here today. We hope you will camp with us next month! This year is the **first** that BRANA will have the entire campground. We are truly excited! There are a few surprises in store for those able to attend. You can download the Campout Flyer, Schedule & Guidelines, Directions, and Campground Map at brana.org.

In Loving Service, BRANA RCM

New Dominion RCM Report

Hello Everyone,

We have 29 home groups. At this months ASC there were 15 GSR's in attendance. RCM is still open. Our groups are doing well, although the 7th Tradition donations are down. Regional motions were taken back to the ASC to be carried to home groups for a vote. They will be shared at the appropriate time here today. H&I continues to thrive, carrying 14 meetings into 12 facilities per week. They are always in need of speakers to help carry the message and get involved. Our ASC meets on the 2nd Sunday of the month at Hatcher Memorial Church at 2300 Dumbarton Rd.

In Loving Service, Harry M.

New River Valley RCM Report

Can convert emailed report.

Outer Limits RCM Report

Our ASC was held on June 7, 2009 in Emporia, VA. There were 5 home groups represented.

I have bought updated OLANA meeting directories and have emailed our May, approved, minutes to the secretary, as well as this report, as requested.

The Pig Pickin fundraiser that was tentatively set for July has been postponed and will now be scheduled for October. More will be revealed.

There is no regional donation at this time.

The following is the consciences of our home groups regarding the motions that have been taken back to the groups:

138-4 = 5-0

138-10 = 3-2

138-13 = 4-1

Thanks for allowing me to serve. In loving service, Sabrina Mc. - Acting OLANA RCMA

Peninsula RCM Report – no report

Piedmont RCM Report

Greetings from the Piedmont Area.

- A. There are currently 16 home groups carrying 26 meetings each week;
- B. There were 12 GSR's present at the most recent Area Service Committee meeting;
- C. There are currently no open trusted servant positions open;
- D. The Piedmont Area elects the following trusted servant positions: Chair, Vice-Chair, Secretary, Treasurer, RCM, RCM 2, VRCC representative, VRCC alternate and chairs of the Public Relations, Hospitals & Institutions, Literature and Special Events sub-committees;
- E. In group news, the I Choose Recovery and Regardless of home groups recently hosted a workshop to review the proposed revisions to the In Times of Illness IP and there is a new home group meeting in Crozet;
- F. In area news, the Piedmont Area just recently help PACNA XIX, which was a great success, with nearly 150 people attending and speakers from all over the eastern seaboard. The Piedmont Area has decided to bid on hosting the Spring 2010 Regional Speaker Jam;
- G. There is no sub-committee news at this time;\
- H. There are no area concerns at this time;
- I. There are no special events currently scheduled, although there will be an end of summer picnic held sometime in September and possibly a volleyball event during the summer;
- J. The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict;
- K. The next Piedmont Area Service Committee meeting is scheduled for Sunday, July 12, 2009 at 4 p.m. and will be held at the Wesley Foundation.

ILS, Norman C.

Rappahannock RCM Report

Hello Everyone

June 7, 2009 @ 5:00pm The Rappahannock Area Service met at the Thurman Brisben Homeless Shelter, 471 Central Rd Fredericksburg, VA 22402. We have 20 meetings in our area with 7 GSR's present at the last Area meeting.

Area Trusted Servant Positions Open:

H & I Chair – Tish G pro-temp

Alt H & I Chairperson

PR Chair – Tish G pro-temp

Alt PR Chairperson

Alt RCM

Alt Outreach Chairperson

A new Subcommittee was formed called Behind the Walls – Phil C was elected chair.

Group News – Clean time

There's a total of 75 years clean time for the month of July

Joe – July 1 - 26 yrs

Etta S – July 3 - 14 yrs

Debbie W - July 7 – 18 yrs

Julie C - July 9 – 1 yr

Ernest R - July 9 – 3 yrs

Tish G – July 24 – 9 yrs
Mike K - July 24 – 3 yrs

The Saturday Noon Meeting has been discontinued because we lost our meeting place.

Subcommittee News

Policy Ad-hoc Subcommittee continues to meet every Sunday @ Perkins Restaurant on route 17 from to correct grammar and outlandish and misstated language.

Motion to go Back to Home Group

Motion 138-4 – passed

Motion 138-10 – passed

Motion 138-13 – passed

No donations at this time.

Our next Area Meeting will be held July 5, 2009, 5:00pm, Thurman Brisben Homeless Shelter, 471 Central Rd Fredericksburg, VA 22402.

In Loving Service, Pat P.RCM for Rappahannock Area of Narcotics Anonymous (RANA)

Richmond RCM Report

Hi Family,

Greetings from the Richmond Area of NA. The Richmond Area is currently doing well. We had 24 home groups present at the May Area Service, 21 voting, 3 reporting, 16 absent. Motion for the Richmond Area to host the 30th Regional Convention in 2011. The motion passed. Motion to host the Circle of Sisters Convention, motion passed. Financially the Richmond Area is holding steady. Special events annual free event is going on today at Rubicon Treatment Facility grounds from 12 pm to 6 pm. Special Events Learning Day and Fish Fry was May 16th, 2009. It was a great success. We had several nominations at our June Area service meeting on Sunday. Nomination for Policy Chair was Tyra H. Nomination for Outreach was James B. Secretary election was Peggy C. We have a donation today for the Region in the amount of \$724.18. April 18th New Comers Dance was also a great success.

In Loving Service, Paula C.

Roanoke Valley RCM Report

Hello Family,

The RVANA ASC last met on 5-31-09. We currently have 27 home groups and 41 meetings weekly. Our Area is doing well and the message of recovery is being carried to the still suffering addicts. All of our Area level service positions are currently filled. Kenny C. was elected as H&I Chair at our last ASC. Ric W. was elected PI Chair at the previous ASC. We are currently seeking nominations for Treasurer and Vice Treasurer, respectively.

A motion has been made and sent back to home groups to officially change the name from Public Information Subcommittee to Public Relations Subcommittee in our Area policy.

Our Area is currently operating under our prudent reserve, so we have donation to the RSC at this time.

Our next ASC will be held on Sunday June 28, 2009 at 2 pm at Salem Presbyterian Church, 40 E. Main St., Salem VA 24153.

ILS, Maria J. – Alt. RCM for RVANA

Shenandoah Valley RCM Report

The Shevana Area Services Committee met on Monday June 8, 2009 in Winchester VA. The Shevana ASC meets the second Monday of every month.

The Shevana Area has a total of 18 groups. On June 8, 2009 there were 12 GSR's at that ASC. Currently there are only two Area positions open and that would be Secretary and Newsletter. There are no nominations at this time. We have members volunteering to do the minutes. We have groups that are struggling. We now have Outreach to support these groups. The Subcommittees are doing real well. Our primary purpose is definitely being fulfilled. We have an Adhoc Committee performing the Area Audit. I was elected at the June 8, 2009 Area Service and we did not talk about the Regional Inventory. The Regional motions were taken back to the ASC to be discussed and sent to home groups for votes. Here is a tally of these votes.

Regional Nominations: Vice Chair – 10 to 0 (Yes), Policy Chair – 10 to 0 (Yes), Secretary – 11 to 0 (Yes)

Regional Motions: 138-4, 10 to 0 (Pass); 138-10, 4 to 4 (Fail); 138-13, 8 to 2 (Pass)

Our Special Events Committee is hosting their Sixth Annual Speaker Jam on July 11, 2009 in Winchester VA (See Shevana web site for time, location and directions). Our H&I Subcommittee is planning a Learning Day in the future.

The Shevana ASC has sent a donation to the Central Atlantic Region in the amount of \$236.76. Our May picnic was a great success and heavily attended.

In Loving Service, Randy D. – RCM for the Shevana Area

Southside RCM Report - no report

Tidewater RCM Report

Hello All,

The tidewater area currently has 126 weekly meetings with 92 home groups.

We had 39 GSR's present at our last ASC, which met last Sunday the 14th of June 2009 at Norview United Methodist Church in Norfolk, VA.

We currently have 3 Trusted Service positions open, Assistant Secretary, Vice literature chair, and the newly formed Vice policy chair. There was a new Phone line committee created and Cynthia R. has been appointed pro temp.

Area News:

TACNA fundraising is hosting a fish-fry/Garage sale at the Lutheran church on Portsmouth Blvd on June 27th 2009

The Tidewater Area has turned in a bid package with the VRCC in hopes of hosting the 29th AVCNA in 2011

The Serenity on the Shore campout committee is in the process of designing a web page and will have a Pay pal option on it so those who wish to register early can do so with it. It will be accessible through <http://www.tidewaterarea.org/sots>

We the Tidewater area will not be bringing a donation once more to this RSC, we are still in the process of restoring funds to the area and are currently just hanging around our prudent reserve.

The next ASC will meet Sunday July 12th at 2pm at Norview United Methodist Church in Norfolk, VA.

ILS, Tim B.

Tri-Cities RCM Report

Greetings to the Central Atlantic 139th Regional Service Conference from the Tri-Cities Area Narcotics Anonymous, Our area service committee met at 2pm on Sunday June 7th at Poplar Springs Hospital in Petersburg. We have 11 home groups in our area and there were 9 GSR's in attendance at our last area meeting. We meet on the first Sunday of each month.

Vacant positions are RCM Alt. and VRCC Alt. There are no elections to announce at this time. Our Hospitals & Institutions Subcommittee serves three institutions at this time. Our Public Relations Subcommittee services a professional contacts list and supports the Central Virginia Meeting Schedule and telephone help line. PR will be hosting help line workshop training on August 15th, further details will be revealed at the 140th RSC. Our Special Events Subcommittee hosted a successful dance in May and will share future events with the Region Webmaster.

We believe that the NA message and an atmosphere of recovery is being shared to the best of our ability in the Tri-Cities Area and all are welcome. We have a donation today of \$147.81

In Loving Service, Akin S.

Break at 1:42 pm. Re-adjourn at 2 pm.

Quorum re-established. 13 out of 15 RCM/RCM Alternates present. 9 votes required for 2/3 vote.

Old Business –

Motion 138-4

Mover: Policy Subcommittee 2nd: Eddie W.

Motion: To change on page 8, under Section VI, #1 and 3 and on page 8, Section VII, #1 and 4 eliminate #2 and 3 and renumber as needed:

Section VI change from:

1. Positions coming open will be announced one Conference prior to the election. RCM's will go back to the Areas for nominations.

3. Each nominee must be present. The Chair shall read Duties and Qualifications. Verbal qualifications will be given at that time. Written qualifications are to be submitted for the minutes. At this time, nominees present will also be taken from the Floor. Discussion will now take place.

Section VI change to:

1. Positions coming open will be announced and nominations will be opened and accepted two conferences prior to the elections. All nominees must be present. RCM's will go back to the Areas for nominations.

3. One RSC prior to the position coming open, all nominees must be present. The Chair shall read Duties and Qualifications. If one or more persons are nominated, nominations will be closed. Verbal and written qualifications will be given. Pros and cons will be accepted.

Section VII change from:

1. Each nominee must be present to be elected and have provided written qualifications to be eligible for elections.

2. Each nominee may be subject to questions.

Vice Chair – There were no more nominations and acting chair decides to send back to groups. Cynthia W. (lone nominee is appointed Pro Temp). Motion to appeal chairs decision by Tim and 2nd by Robert. Motion to appeal chairs decision was passed with 12 in favor and 0 against. Vote for Cynthia W. continues and Cynthia W. is elected.

Policy Chair – Jennifer D. declines previous nomination. Norman nominates Greg G., Greg G. respectfully declines. Nancy nominates Burrell, Burrell respectfully declines, Julie nominates Leo, Leo accepts. Leo points out he does not have the required 2 years of RSC experience.

Motion 139-6

Mover: Nancy S. 2nd: Harry M.
Motion: To waive the qualifications that 2 years as a member of CARNA member term because there is a question regarding clarity of policy.
Intent: That a member who is qualified and willing may be elected.
Motion sent to Policy by acting Chair for clarity and recommendation to be given at the 140th RSC.

Secretary – Sabrina Mc. nominated at 138th RSC. Cynthia nominates Jennifer D. Jennifer accepts. Qualifications for Jennifer D. are 11 ½ years clean, has a sponsor who has a sponsor, has been Chair, Vice Chair, Secretary, RCM, RCM Alternate and GSR of New Hope on the Area level. Almost Heaven Area Convention Committee Treasurer, PI Arts and Graphics, Hugs, Hospitality and she has the willingness to serve.

Pros and Cons for both nominees:

Pros for Sabrina – 1) Continues to serve in her own area in all positions when lacking participation by other service members. High level of commitment. 2) Willingness to serve and fulfill position.

No Cons for Sabrina

Pros for Jennifer - 1) I spoke to Jennifer during the break – I so admire the willingness of people with time to follow their sponsor's suggestions. She was told not to run for Policy Chair but for Secretary. 2) Jennifer has served at the Area convention levels. She has performed very well and has been a stickler for details.

Cons for Jennifer - 1) Withdrew her willingness to serve as Policy Chair after expressing it at the 138th RSC, then stated her willingness to serve as Secretary at the 139th RSC (inconsistency).

Jennifer's rebuttal to Cons - I am a college student in my 3rd semester and do not have the financial funds that are needed to properly fulfill the duties and responsibilities of the Regional Policy Chair with the subcommittees moving through out our quadrants.

Adjourned for break at 5:02 pm. Re-Adjourned at 5:21 pm. Re-established quorum. 12 of 15 RCM's present.

New Business –

Motion 139-7

Mover: Charles W. 2nd: Patsy P.
Motion: To amend the Addendum 1, number 6 with the revisions to the section on Public Relations Subcommittee – Committee name, purpose and activities **with page 3 of Public relations handout.**
Intent: To better reflect guidance to effectively conduct business at the CARNA PR Subcommittee meetings based on collective experience during the last 3 years.
Amendment: "with page 3 of Public Relations handout" offered by Cynthia and accepted by Charles W.
Motion passes with 11 in favor and 0 against.

Motion 139-8

Mover: Charles W. 2nd: Patsy P.
Motion: To receive \$450 from the PR startup budget of \$550 that was approved at the last RSC. This would be used for purchasing materials and supplies as we prepare for the VSIAC Conference, July 20 – 22.
1. Presentation Display Board – \$175 (\$135.24 + taxes and shipping and handling)
2. Printing needs - \$125 (meting schedules and brochures)
3. NA Literature Order - \$150
Intent: To acquire all materials and supplies needed for our exhibitor's booth at VSIAC and future events since the next RSC will meet after the VSIAC Conference based on the CARNA PR Subcommittees group conscience.
Motion passes with 12 in favor and 0 against.

Motion 139-9

Mover: Charles W. 2nd: Patsy P.

Motion: To approve the format and contents of the CARNA PR Information brochure subject to revisions/corrections given today.

Intent: To have and information brochure that gives contact information about CARNA ready for VSIAC and take advantage of the print discount of 5 cents per page.

Motion passes with 12 in favor and 0 against.

Motion 139-10

Mover: Don V. 2nd: Robert W.

Motion: To set aside the pre approved \$500 for laptop purchase so that the funds will be available when the purchase is made.

Intent: To be financially responsible with regard to the wishes of our home groups.

Motion passes with 12 in favor and 0 against.

Additional New Business:

1. Treasurer says policy of bank has changed and he can no longer put "For Deposit Only" on the checks. Can he buy a rubber stamp? He is asking because it is outside his budget for the cycle. RCM's unanimously say YES.
2. Next RSC at United Methodist Church in Romney WV, 49 North High St. Romney WV 26757. Park and enter from the rear.

RSC closed at 5:45 pm with Serenity Prayer.

Additional New Business –

1. H&I Learning Day expenses were discussed.
2. Discuss Convention bid. Tabled till the 139th RSC. RSC to clarify procedure. This will be first under Old Business at the 139th RSC.
3. The RD, Greg H., states he has a check dated June 2008 that was for gas to the WSC. Can he get a new check because he still wants the money? Unanimously decided by RCM's that he can
4. GSR Assembly read.

138th RSC closed at 6:10 pm with Serenity Prayer.