

**144th Central Atlantic Region
Regional Service Committee
Meeting Minutes
June 19, 2010 in Hopewell, VA**

Open Forum – (began at 11:00 am)

Topics of Discussion:

1. Concerns regarding the effectiveness of time to have events posted on website in PDF.
2. Concept on effective communication would email be an effective communication over phone calls.
3. BRANA Webservant received info from PR (Phoneline Workbook).
4. Two groups split from BRANA, whether or not they will be coming to the region as an Area.
5. New Dominion would like to have support for Area Planning Tool, (step 3 of APT) (Aug. 22nd 2010).
6. Is there any way to see the effectiveness of the Regional Phoneline?
7. Passing a 7th Tradition Basket at Area Service Conference.

Open Forum closed at 12:00pm

RSC opened with the Serenity Prayer at 12:15 p.m.

Purpose read by Randy D., 12 Traditions read by Akin S., 12 Concepts read by David M.

Roll Call/1st Quorum - (all members below were present)

Sherry V. – Chair
Don V. – Treasurer
Greg H. – Regional Delegate
Charles W. – Public Relations Chair
Norman C. – Literature Ad Hoc Chair
Jess G. – Almost Heaven RCM
Eddie W. – Appalachian RCM and Karen M., Alt.
Robert W. – Blue Ridge RCM
Stephen W. – New River Valley RCM
Bill M. – New Dominion RCM and Diana T., Alt.
David Mc. – Outer Limits RCM
Marvis B. - Peninsula RCM
Lawrence E. – Piedmont RCM
Antoinette B. – Rappahannock RCM
Nancy S. – Richmond RCM
Maria J. – Roanoke Valley RCM
Randy D. – Shevana RCM
Tim B. – Tidewater RCM

Akin S. – Tri-Cities RCM and Billy D., Alt.

Areas not present – Southside

Recognition of New Attendees –

Lawrence E. – New RCM for Piedmont

Jess G. – New RCM for Almost Heaven Area

Tyler M. – Interest other from Piedmont

Debbie H. – Interest other from Roanoke Valley

Establishment of Quorum 14 RCMs/RCM Alts present, 1st and 2nd Quorum met.

Reading and Approval of Minutes

Motion 144-1: Maker: Norman C. to waive reading of the 143rd RSC minutes. Second: Robert W. BRANA RCM. **Motion passed (0-12-1)**

**Suggested that since an email was sent out to the RCM's regarding the numbering on the sections were wrong to amend the minutes by correcting the numbering and then we could make a motion to approve the minutes with amendments.

Robert W. appealed the decision of the chair. Vote taken (5 for and 7 against) vote failed.

Motion to table the approval of the minutes until the end, to address the motion coming from BRANA. **Motion Withdrawn**

Motion 144-2: Maker: Bill M. to approve 143rd RSC minutes as is. Second: Maria J. Roanoke Valley RCM. **Motion passed (1-11-1)**

Trusted Servant Reports

Chair Report: Welcome everyone to our 144th Regional Conference

The past two months have been busy for me in many ways. First I was fortunate to be able to go to our world conference. Our delegate team was great and represented us well. Then we had our subcommittee meetings. This took place in the part since the designated church for the subcommittees had two weddings schedule. But being resourceful as we are we found the nearest municipal park and had the meetings in the park so no money was spent for the subcommittees for the May 2010 subcommittees. Possible changes are coming to our service structure hopefully we can allow our delegate team to attend workshops that are being set up.

ILS

Sherry V

Chair, CARNA

Vice Chair Report: Absent submitted report: Hello family, I am sorry that I am unable to attend today. My son is graduating today and I have last minute family coming in from out of

town. I attended the subcommittee meetings on May 15th and was upset to find out that we had no where scheduled to meet so we met at a park nearby. We were told at last RSC that there was a place scheduled and confirmed but the facility had two weddings planned for that day and had no memory of being contacted by us for space. We met and took care of business at a nearby park though. Thanks for allowing me to serve.

In loving service,
Cynthia W.

Secretary Report: Absent

Treasurers Report: Dear Family, I am happy to report that our bank balance is improving. Last RSC, we were \$2557.86 under prudent reserve. This month, we are only \$1,479.20 under. We are not well yet, but our situation is improving. I am grateful to the areas for helping us through this difficult time. I feel that it is my duty to address the expenses of the activities subcommittee, since there was such a focus on that during the Activities Chair report at the GSR Assembly. The chair seemed to focus only on the money that was left over from the budgets in the jurisdiction of said subcommittee. All leftover monies were presented as “savings.” I think that it is more accurate to compare the expenses from the 2009-2010 year (\$3,828.17) to the expenses from the 2008-2009 year (\$2,822.88). Therefore, the result is that \$1,005.29 more was spent during the 2009-2010 year.

Our beginning balance since the last RSC was: \$6,038.75
 Total donations were: \$4,718.57
 Total Beginning Balance \$10,757.32
 Expenses were:

Quality Catering	GSR Assembly Meeting Space	\$400.00
Donna Lee P	RDA-2/WSC	\$419.00
Donna Lee P	CAR Workshop Gas	\$32.00
Etta S	CAR Workshop Gas	\$117.82
Shawn C	Speaker jam	\$70.00
VSIAS	PR Presentation Rent	\$50.00
Greg H	CAR Workshops	\$190.32
First Presbyterian Church	CAR Workshop Rent	\$75.00
Blue Ridge Behavioral Healthcare	CAR Workshop Rent	\$50.00
Don V	RDA WSC Expense	\$532.82
Eddie W	Literature Review Expense	\$65.41
Primus	800 Number	\$124.64
PCMS	Answering Service	\$467.50
Primus	800 Number	\$214.36
PCMS	Answering Service	\$487.50
Family Dollar	GSR Assembly Refreshments	\$15.96
Domino's Pizza	GSR Assembly Refreshments	\$462.60
Econolodge Martinsville	GSR Assembly/2-Day Regional Rooms	\$1,445.84

Brinkster	Web Domain	\$127.75
BB&T	Checks	\$41.35
BB&T	Deposit Slips	\$32.23
BB&T	Rubber Stamp	\$22.75
Total expenses:		\$5,444.85
Current Balance:		\$5,312.47
Current Prudent Reserve:		\$6,924.05
Under Prudent Reserve		\$1,479.20
NAWS Donation:		\$0.00

I have opened the new account at BB&T for our region and deposited all of the donations from and since the last RSC into this account. As soon as I receive the new check card and checks, which should be today, I will close the account at Bank of America and deposit what little money is left there into the BB&T account. This transfer of our account will make deposits and all banking business much more convenient for our treasurer, wherever they may live within our region. Currently, only our chairperson and I are on the account. However, I also have the signature forms for the additional trusted servants to be included on the account. As soon as it is signed, I will return it to the bank.

ILS
Don V.

Regional Delegate Report: Hello Family, Well I survived the Conference!!!! I have to say that it was emotional for me as it was my last conference as RD for this region. I am sure the previous RD's can relate to this. There is a feeling that can only be understood by those who have experienced it (in a way like trying to describe someone what is like to be high if they have not felt high), of seeing narcotics anonymous loved and needed worldwide! Anyway with all that gushy stuff out of the way, the following is a summary of the conference:

I was at the conference from Friday April 23 through Sunday May 2.

Our schedule looked like this: Saturday 10-12:30 WB open forum; 12:30-2 WSO tour and food; 2-3:30 Workshops; 6-7:30 recovery meeting. Sunday 9-10:30 show of how many conference's have been attended by the participants; 11-12:30 Our Vision Our future roundtable; 2-3:30 navigating the WSC; 4-5:30 Literature development process. Monday 9-10:30 World Board Conference Forum; 11-12:30 Service System Part 1; 2-4:30 WSC 2010 Opening Business Session Discussion of Old Business motions; 7-? Old Business. Tuesday 9-10:30 Fellowship Development; 11-12:30 NAWS Report; 2:30-4 NAWS Report Cont.; 4:30-6 HRP Report; 6:30-8 RD Sharing on Local Issues. Wednesday 9-10:30 The Importance of Scanning; 11-12:30 Leadership 12:30-5:30 Calamingos ranch; 6-? Zonal meetings. Thursday 9-10:30 PR; 11-1 Elections and Approval of Budget; 2:30-4 World Board Conference Forum; 4:30-6 Self-Support; 6:30-8 Zonal Reports. Friday 9-10:30 Service System Part2; 11-12:30- Service System Part2 cont.; 2-way late! WSC 2010 New Business Session Discussion of new business motions. Saturday 9-10:30 WSC processes; 11-12:30 Moving forward with a common vision 2010-2012; 2-3:30 Goodbyes and certificates.

Some of the highlights of the conference were:

- "Did our presence at the world convention increase our presence in that part of the world?" and the answer was yes where there are some meetings that had 10 members per

meeting, they now have 300 members per meeting. There was discussion about the World Convention losing money and it was reported by WB members and NAWS staff that it's not so much about generating funds (world convention) as it is about introducing NA on a grand scale to communities similar to purchasing basic texts, and with that mindset the convention was a huge success.

-A proposed Literature fellowship survey was presented to take a look at what literature is needed.

-Internet usage and people's anonymity being broken (or fear of this happening), NAWS briefly had a facebook profile but due to a lot of controversies the profile was removed. A lot of discussion about using this viable tool as a vehicle to make the fellowship more accessible.

-Looking at changing the service structure. A draft of proposals was presented resulting in mass discussions throughout the week; the Service Structure workgroup will take the information presented from the conference and see where to go next. There was information sent out just prior to the conference to conference participants and now this is available on the website at www.na.org and click on service to members/ conference/ Service System project where there are links to information related to this project.

-Africa's fellowship is sporadic and there are changes being made i.e. the fellowship is growing as a result of PR efforts.

-The Issue Discussion Topics (IDT's) for this upcoming conference cycle will be: Self-Support IP's; In Times of Illness; A Vision for NA Service; and a group/member-focused topic.

-OLD BUSINESS MOTIONS (CAR MOTIONS):

-#15 approve 2008 minutes- carried by unanimous consent

-#1 approve "A Vision for NA service"- carried by unanimous consent

-#2 approve "money matters"- carried by 2/3 vote we yes

-#3 approve "funding NA services"- carried by 2/3 vote we yes

-#4 approve revisions to "In Time of Illness"- carried by unanimous consent

-#5 direct NAWS to produce purple and granite key tags- failed we yes

-#6 add purple key tags to NAWS inventory- failed we yes

-#7 add Spanish line numbered basic text to inventory was amended to: To add a Spanish Line Numbered Large Print Basic Text, 6th edition to NAWS inventory- failed we yes (we changed the vote from no to yes because of the conscience during the CAR workshops seemed to have a problem with it being in Castilian only and we thought that this was how the region would have us vote).

-#8 project plan for a traditions working guide- carried by a majority voice vote we yes

-#9 revise JFT book- was not brought to the floor

-#10 direct WB to post on NAWS website the motions pertaining to the CAT- failed 42/64/2/3 (for/against/abstain/present) we yes

-# 11 direct WB to post on na.org all literature workgroup meeting minutes- failed by voice vote we yes

-#12 change the literature approval process to say "no more than two informational pamphlets or one booklet or one book-length piece....."- failed by voice vote we yes

-#13 change literature approval process to say "Review and Input periods will be at least 6 months for IP's and booklets and at least one year for book length pieces.." -failed by voice vote we yes.

-#14 to require a 180-day review and input period for Fellowship Approved, Conference Approved, or World Board Approved material.- failed by voice vote we no

-NEW BUSINESS MOTIONS (regional policy requires me to *provide a written complete tally at the first RSC following the WSC on votes on the WSC on CAR motions*, I have also submitted a tally of new business motions from the WSC. I can read this tally; if this body chooses or just enclose it in my report (I will say that it is a bit lengthy):

The following business was not read during the RSC (due to time restraints), it was requested that the following be included in my report to be distributed in the minutes:

-Nominations and Elections:

-Of note we nominated Sherry V. for WB on the conference floor.

-WB: Mary B, Ron B, Inigo, Piet, Muk, Ron M

-HRP: Pat P Jr., Mark W

-Co facilitator: Marc G, Jack H

-Motions:

BUDGET MOTIONS-

-#24 To approve the Fellowship Issue Discussion project plan for inclusion in the 2010-2012 NAWS budget. Carried by unanimous consent

-#26 To reaffirm the Service System project plan for inclusion in the 2010-2012 NAWS budget. Carried by unanimous consent

-#27 To reaffirm the "Living Clean- the Journey Continues" project plan for inclusion in the 2010-2012 NAWS budget. Carried by unanimous consent

-#28 To approve the Leadership Orientation Material project plan for inclusion in the 2010-2012 NAWS budget. Carried by unanimous consent

ALL OTHER NEW BUSINESS MOTIONS (of note, I did not copy the motions exactly but attempted to summarize the motions so that this body understands what was voted on; I can provide the motions as written if requested).

-#20 To recognize Malta as a seated region. Failed by voice vote we no

-#25 To approve the Public Relations project plan for inclusion in the 2010-2012 NAWS budget. Carried by voice vote we yes

-#29 To approve the Service Material project plan for inclusion in the 2010-2012 NAWS budget. Carried by voice vote we yes

-#30 To adopt the 2010-2012 NAWS budget. Carried by voice vote we yes

-#31 To recognize Denmark as a seated region. Carried by voice vote we yes

-#32 To recognize Lithuania as a seated region. Carried by unanimous consent

-#33 Revise seating moratorium. Failed by standing vote 80/40/1/0

(yes/no/abstain/present) we yes

-#34 Change the distribution of the NA Way magazine. Carried by voice vote we yes

-#35 World convention workgroup motion. Carried by voice vote we yes

-#36 In addition to the NAWS Annual Report NAWS will create a separate profit & loss statement for all future world conventions. This report will be event specific and will include all expenses for NAWS staff and the World Board to attend the events. Intent- To give fellowship the exact cost to have these events. Failed by voice vote we no

-#39 To limit the World Board responses on motions in the CAR to the same word count as the regional rationale. Intent: To ensure equality in our discussions of issues. Failed by voice vote we no vote

-#41 To change the language in the GWSNA, on page 16 and 25 from “eight” (8)” to “six (6)” as listed below.

Terms

The length of term for board members shall be six years. All members of the board are eligible for election for two consecutive terms.

To maintain the ideal of one-third of board seats rotating every two years, if the World Service Conference chooses to elect more than (change from 8 to 6) board members at the same time, the term lengths will be determined by volunteers and then by random drawing at the first World Board meeting following the WSC. Failed by voice vote we yes

-#42 To include a section about the Fellowship Intellectual Property Trust (FIPT) in the Guide to Local Service. This section will include things such as information about the six guidelines included in the NA Intellectual Property Bulletin 4 and guidelines for the proper use of the NA trademark and symbol. A commitment was made by the World Board to do this if it is the wish of the body. There was no objection to this offer.

-#43 To remove from “Approval Process for Recovery Literature” from GWSNA (removing the sentence that says: *The approval form of book length pieces will be available for one year prior to the conference where it is being considered.* Intent: To allow the World Board the option of more time and flexibility in the creation of book length pieces. Carried by 2/3 voice vote we yes

-#46 To change Cofacilitators position from one conference to two conference cycle per term. Intent: To make the Cofacilitator service position a two conference term immediately so at least one of the Cofacilitators has previous experience facilitating World Service Conference business sessions. Carried by 2/3 voice vote we yes.

-#50 To add a brief description of the conference approval track (CAT) in future editions of the GWSNA, to be listed under the World Service Conference Publications heading (on page 13-14 of the GWSNA). A commitment was made by the World Board to do this if it is the wish of the body. There was no objection to this offer

-#52 We move that the World Board, using WSC participants, develop a plan to implement a Consensus Based Decision Making process that, among other things, would eliminate the use of motions as the WSC. Intent: to provide a more spiritual methods of doing business. Motion to commit to WB carried by unanimous consent.

-#54 To allow any World Board, HRP, or cofacilitator nominee to have five minutes of time prior to the election process to verbally qualify themselves to the conference delegates by personal appearance, video conference, phone conference, or any other technology that can be used to do so. Intent: To allow the nominees to qualify in conjunction with the world pool information, due to the sense and personal input that often may get lost in written translation. This would at least allow the candidate the opportunity to express their qualifications personally. Failed by voice vote we yes

Are we having fun yet??? If I am not mistaken it was well past 1am at the close of new business. I witnessed a few conference participants falling asleep during this session. I was too jacked up on coffee to fall asleep.

I received an email regarding the regional convention it is as follows: *Hello, if you are not the actual person I am seeking, please forgive me. I wish to send this letter to the entertainment Chairperson for you regional and/or local conventions. Please be so kind as to forward this e-mail to the proper person. Thank you. My name is Glen Miller. I am a comedy hypnotist and an NA member who has been clean for more than 15 years. Since I am aware that comedians are very often hired to perform at NA conventions, I ask that you please consider me for any present or future jobs in this nature in the recent past I have been the comedy show for conventions in Burbank, California, Reno, Nevada, Corpus Christie, Texas\, Stockton, California to mention a few. In July, I will be performing for the convention in Houston, Texas. My show is fun, fast paced, and is something that you might find as a great change of pace to what you're probably used to. Also, my show can include a number of recovery-based routines that are not only humorously presented but definitely get the point across. If you would like to know more, I invite you to please send me your name, mailing address, e-mail address and telephone number. I will then send you my video and press kit. You may wish to check out my website: www.glennmillerhypnosis.com . Also, please see what NBC's Today Show had to say about me on their website: <http://todaymsnbcmsn.com/id/21224183/page/2/> (just scroll down to the heading entitled MUST DO). If you like, you are welcome to call my manager, Dinney Dinofer at (954)424-2080. I look forward to hear from you.*

Sincerely, Glenn Miller

There was a request that any pictures taken during PR presentations be forwarded on to Jane and/or Colin at the WSO as they may use them for video presentations. So I am asking if Charles has any pictures from PR presentations that the PR subcommittee wishes to forward, if so I can help facilitate this if needed.

In non-conference news, it was requested that the delegate team facilitate a round table discussion during a PR event upcoming in July. I will not be able to attend this request with hopes that other members of the delegate team may be able to do so. I have informed the member that made this request that I will not be able to attend.

In July the delegate team will be going to the Autonomy Zonal Forum which will be hosted by the Greater Philadelphia Region. My travel itinerary was submitted during the last region, and I can now say that I will not be requiring funds for a hotel room as I have found a place to stay at no cost to the region.

Again I need to mention that my term will be up in October unless you guys boot me out of this position prior to then, so I hope members here will be thinking of potential nominees for this position (Etta is an automatic nominee) also, if there are no other nominees for the delegate position, then please be considering RDA and RDA-2 nominees as these positions will be opening soon thereafter. Again I would like to think this body for allowing me to serve in this capacity.

With Love of the Fellowship,
Greg H. RD

Regional Delegate Alternate Report: Absent submitted report: Hi family, I will not be attending the RSC today as my only nephew is graduating from high school and I must be there to attend today. I have had a lot going on since the RSC including a job change and my availability is now subject to change. With that being said I have been in training out of state of Tennessee a lot lately and have not had time to prepare a report as I'd like. I will have the report to the chair this week for the subsequent minutes. I will combine in this report that I tried to contact the guy for the insurance ad-hoc info and the agency has closed. I am sorry this had taken so long but now I have no time to make the subcommittees and RSC do to my new job constraints. I still have not received all bids for the 30th convention and with that I cannot fulfill a full bid. I wish to relinquish those responsibilities at his time as I will not be able to get time off to travel to both RSC and subcommittees at this time. I will have the time only to full fill the RDA duties and will continue to serve to the best of my ability.

In Loving Service,
Etta S.

Regional Delegate Alternate II Report: Absent, No Report submitted.

VRCC Chair Report: Absent submitted report: Our 29th host committee has had some mishaps, Chair was in a serious motorcycle accident, treasurer moved to NJ, Program chair resigned; however, those positions have been filled. Jimmy B. our Vice Chair attended our annual retreat while I was in Atlanta. The vote: **Motion- Jim H.** Motion: To Amend the Corporation by-laws with the following changes pending has been sent back to the groups and we will not have the results until our July meeting.

As an addendum to this brief report, I apologize for my mix-up on the date for Regional. As you know I missed it! Mea culpa. . . .

Love & Hugs

Kim

Kim C., Chair VRCC

Activities Chair Report: Position Open; Activities Sub-committee we discussed several issues.

1. Making sure the June RSC location was secured. Contact was made to the Tricities area contact person in the hosting area for a confirmation of that location.
2. Checked on the location on previous spreadsheet that was in error for August RSC, after contacting the previous VRCC chair and member of that area. We found out that the area had not contacted about hosting the RSC. The Activities Sub-committee made a decision to contact the Shevana area about hosting the August RSC.
3. We went through the Rotation Workbook/spreadsheet and scheduled the hosting areas for all types of RSC's and subcommittees for the next 4 yrs.

We have copies of the Rotation the RCM's today

We discussed the regional sub-committees being held at the same time as the AVCNA, The Activities sub-committee is submitting a motion.

Motion Maker: Activities committee

Policy Motion: Under Service Districts Section; page 16

Add under "C" as #1: That sub-committees held in January will be schedule so as to not conflict with the Central Atlantic Regional Convention (AVCNA).

Intent: Not to be in conflict with trusted servants doing Regional service.

ILS

Activities Subcommittee

Hospitals & Institutions Chair Report: Absent submitted report: Position Open; we met and discussed our participation at the workshop in Almost Heaven on July 24th; we decided to put on a presentation. We also discussed the request for literature that I received at the GSR Assembly from BRANA. We decided to make a one-time only donation of literature to them. James H. from BRANA and I are trying put together the literature order to be sent to world as soon as possible. I will give you a final report on this subject in August. Thanks for allowing me to serve.

In loving service,
Cynthia W.

Policy Chair Report: Policy Sub-committee was held at McIntyre Municipal Park in Charlottesville, VA.

No business deferred to policy from Region.

Housekeeping policy update motion.

Policy Motion: Policy change under "Secretary Duties" "C"

Remove: To area {ASC} mailing addresses and the addresses of RCM's, RCM Alt, Officer's and attendees.

Intent: For consistencies under "Secretary Duties".

Will be submitted....

ILS

Policy Subcommittee

Public Relations Chair Report: A good day to each of you, There were concerns about the CARNA website being down for about a day and half during the April 17th weekend. It was quickly taken care of on that Monday. What we learned is that besides paying for the features on our website, we needed to pay for the domain name. The invoices had not been redirected from the former Webservant to the current Treasurer position. All has been resolved.

The CARNA PR Subcommittee did meet in May 2010 at Charlottesville, Virginia whereas several concerns were discussed.

- (1) Having the invoices for the domain name redirected to the Treasurer position.
- (2) Not receiving information and event flyers on the CARNA website in a timely fashion. Therefore, a motion was passed to include both in the Webservant duties and responsibilities in the PRs guidelines and procedures and on the Website under the “Events” Tab the following statement:
“ Please Note:
For fliers to be posted 1 week prior to event must be sent to webmaster 3 weeks prior to Event
Event
Fliers need to be in .pdf format.”
This is the only way that we can give your event more exposure time and guarantee that the flyer that was approved by your Area looks exactly as it is given to us.
- (3) If you have not seen it, the entire spreadsheet that shows the rotational schedule for the RSCs, subcommittee and 2-day assemblies through December 2014th for all RSCs and Subcommittees can now be found on the website for your planning convenience.
- (4) We reviewed a new proposed budget for PR, \$1,360 reduced from the proposed \$2,610. Motion passed to amend budget to submit to ad-hoc committee. Treasurer will review in August.
- (5) The Piedmont Area’s PR Subcommittee requested our help in conducting a workshop on June 12th during their Piedmont Area Campout. We agreed and it proved to be quite an experience since we had never given an outdoor workshop. It was well received with plenty of discussions on how to attract new members to PR service work.
- (6) VSIAS July 19-21 at Williamsburg Hospitality House, Williamsburg, VA. Registration fee has been reduced from \$400 for non-profits to \$50.00. Voted to participate again this year. Review and update regional information CARNA Brochure for this event by July 1. Requesting that 2-3 Area members from different quadrants volunteer to man the informational table. There will need to be at least one lead member each day who has previous public relations experience. A typical day is from 8am – 4:30pm. Please contact me if you are volunteering.
- (7) We are honoring the request to conduct a PR Quadrant #2 Workshop on July 24th in Martinsburg, West Virginia. The details of the event are listed on the CARNA website. We hope that members from the other Areas-Almost Heaven, Piedmont, Blue Ridge and Shenandoah in quadrant #2 will come out and support this effort. We will be joining discussions from H&I, the Delegate Team, Atmosphere of Recovery and Leadership.
- (8) At the GSR Assembly, we reported that 10 areas are now using the regional 1-800 number. We are monitoring its usage monthly to keep the region aware of any changes in costs. In May there were 333 call ins for a total of 701 minutes averaging 2.10 minutes per call. The Professional Answering Service helps us by floating our base rates between \$285 and \$425 per month with the over minutes billed at \$0.75 per minute because our average monthly calls –in over the last year have been between 480-720 minutes. Should we start to exceed a thousand minutes per month, we will need to consider a different base plan - \$570.00 for 1020 minutes plus \$0.75 per minute. Hopefully, areas will consider this service when forwarding contributions to the region since it is costing around \$9,000 a year.

Thanks to all we help us in our PR efforts.
In Loving Service,
Charles W,

Speaker Jam Report: Absent submitted report: Open with a moment of silence and the serenity prayer

Deann read the 12 Traditions, Wendell read the 12 concepts

Members present: Shawn C. Melissa E. Linda A.
 Terri S. Deann Randy D.
 Wendell

The Regional Speaker Jam Date will be: September 11 2010
Clearbrook Park
Community Drive
Clearbrook VA 22624
Kiwanis II Shelter (150 ppl – 15 tables)

Rearranged Schedule

10:00-11:00am – Carrying the Message
11:00-1200pm – I Can't, We Can
12:00-1:00pm – I Am Not Responsible For Another's Recovery
1:00-2:00pm – Get Busy Living or Get Busy Dying
2:00-3:00pm – I was Unique
3:00-4:00pm – Principles before Personalities
4:00-5:00pm – Fully Self-Supporting
5:00-6:00pm – More Will Be Revealed

Speakers: 1. Must be from our region (see attached sheet with speaker ideas from Committee)
 2. Suggestion that our speakers have NOT been a main speaker before
 3. No clean-time requirement

Michael A.	Richmond	804-677-6752
Landon W.	Roanoke	540-293-6459
Jean W.	BRANA	540-908-7051
Lisa F.	Piedmont	612-501-6047
Eddie W.	Appalachian	434-420-2725
Richard W.	Richmond	804-908-8800
Hamish B.	Piedmont	434-882-1007
Deborah J.	Appalachian	434-426-6083
Sarah H.	Shevana	540-327-1985
Jennifer F.	Almost Heaven	
Mike P.	Almost Heaven co	
Bill M.	Shevana	540-327-8033
Rob S.	Shevana	540-532-6405
Marvis B.	Peninsula	757-236-6557
Beverly A.	Peninsula	757-753-6868

Taper: Tandy Services. Region takes care of this.

Next Meeting: June 24th – 6pm – St. Luke's Baptist Church

Close meeting with a moment of silence and the serenity prayer

Ad Hoc Literature Review Chair Report: Since the last RSC, the members of the Ad-Hoc Literature Review Sub-Committee facilitated the four workshops, one in each quadrant, and gathered input from approximately 22 addicts that I will be forwarding to NA World Services this week. In addition, I have the following to report:

1. The sub-committee has so far spent \$128.12 of the \$300 previously authorized to be spent. The only additional expenses that will be added to this amount are the cost of 2 Basic Texts, which was the agreed rent for the location in which the Quadrant 1 workshop was held, and the cost to mail the input to NA World Services;
2. The final two chapters and introduction are scheduled to be released for fellowship review and input on October 1, with all input due by December 31. I am confident that we will be able to have a schedule for the four workshops, as well as a proposed budget, available by the next RSC;
3. Due to the death of Amanda H., Burrell P. has agreed to join the sub-committee in her place and take responsibility for scheduling and facilitating the workshop for Quadrant 4;
4. The date of the next sub-committee meeting has not been determined; and
5. We still have plenty of sodas, bottled water, coffee and other supplies left over that we will use at the workshops this fall.

Finally, the workshops would not have taken place without the hard work of all the members of the sub-committee, who I wish to once again thank for all their hard work. Thank you for allowing me to be of service.

ILS,
Norman C.

Ad Hoc Committee-Regional Inventory: Absent submitted report: We met and decided to forth with implementation of our findings from inventory. We will be present at the July 24th workshop in Almost Heaven to present our findings and put forth some fliers and pertinent information about what is planned with the Region and the positions that are open. Thanks for allowing me to serve.

In loving service,
Cynthia W.

Ad Hoc Committee-Regional Insurance: Absent, No Report submitted.

Ad Hoc Committee – Budget: Hello Family, We held a short meeting on May 15, 2010 in Charlottesville. Including me, there were 4 addicts present. Discussions were limited to the effect on the prudent reserve of lowering the existing budgets, and areas where we thought money could be saved.

The lowering of budget amounts will lower our prudent reserve since it will result in less money being held in reserve. However, we need to be very cautious about which budgets are reduced since some are running very close or slightly over now.

Areas agreed upon that should be considered for reduction include: Conference budget, Subcommittee meeting expense budgets, H&I Expense budget, and PR Expense budget.

In Loving Service,

Don V.

Ad Hoc Committee – Convention Bid: Absent, No Report submitted.

Break 1:05-1:15pm, Re-convened at 1:20pm with serenity prayer.

Area Reports -

Almost Heaven RCM Report- We currently have 43 meetings that consist of 31 homegroups. There is an average of 10 GSR's with one co-op rep who carries the vote of 13 homegroups. We recently had two meetings join our co-op that are located in Bedford, PA.

The current positions that are opened are Vice Chair, P.I, Policy, Outreach, and Newsletter.

We are struggling as an area to get people to step up.

H&I- We currently have meetings going into two different facilities. We used to have a meeting that went into a hospital, however, due to a homegroup that opened an actual meeting in that facility it is now not necessary for H&I to take a meeting in there.

PI- In the month of May we had to get someone to step up for an Ad Hoc committee in order to get our meeting lists out for our quarterly printing.

Newsletter- The topic for our Newsletter is "Out of the Darkness and into the Light". That is our convention theme for this year.

Convention- We have our Annual Convention coming up in August on the 6-8. We currently only have one position open and that is Entertainment. I'm sorry to say but we didn't bring any fliers for our convention, however, if you give me your email address I'll be more than happy to email you a flier to take back to your Area. You can also obtain a flier of the regional website or Almost Heaven Area website. We look forward to seeing you all there!

We have a donation to send the Region which will be \$179.04. Our Area treasurer informed me that he forgot to get a second signature for the check. He will be sending it as soon as he gets the needed signature. In the months of June, July, and August we hold our Area Service on the second Saturday of the month. We usually hold our Area Service on the first Saturday of the month. Our next area service will be held July 10th in Shepherdstown, West Virginia at 1:30pm

In loving Service
Jess G

Appalachian RCM Report: Hello family,

- There are 13 groups currently meeting in the Appalachian Area.
- There were 8 GSR's present at our last ASC on June 6th, 2010.
- There are currently 5 trusted service positions open at the Area level (Treasurer, Co-Treasurer, VRCC Rep, VRCC Alternate and H&I Chair), and there have been no trusted servants elected since our last RSC in April. Stuart S. continues to serve as H&I Chair as we await nominations for the position.

• *Outcome of Regional Motions sent back to groups at the 143rd RSC:*

141-15 (NO)

143-5 (YES)

- Our H&I Subcommittee currently has two commitments: Fridays from 6:00 to 7:00 pm at the Camp Nine Facility in Rustburg, and Sundays from 6:30 to 7:30 pm at the Hands Up Lodge on 5th Street in Lynchburg. Our former H&I Vice Chair Julie P. was recently removed from for failing to fulfill the duties of the position
- Our Special Events subcommittee currently has no events scheduled for the next two months.
- I will be making a motion today on behalf of the Appalachian Area to change Regional Policy under Section IX: Officers Duties/Qualifications, 3A Secretary Duties, letter C, page 10:
 - *To change from:* "Is responsible for typing minutes so they can be distributed within two weeks following each RSC meeting to area {ASC} mailing addresses and the addresses of RCM's, RCM Alt, Officer's and attendees"
 - *To change to:* "Is responsible for typing minutes so they can be distributed within **ten days** following each RSC meeting to area {ASC} mailing addresses and the addresses of RCM's, RCM Alt, Officer's and attendees, including only those RCM reports submitted in writing by the close of each RSC"

Intent: To ensure that all RCM's receive a copy of the regional minutes prior to their next scheduled ASC meetings.

- The Appalachian Area is currently operating below its \$600.00 prudent reserve therefore we are unable to make a Regional donation at this time.
- Our next ASC is scheduled for Sunday, July 4th from 2:00 to 4:00 pm in the basement of the Gateway at the corner of 12th and Church St. in downtown Lynchburg.

In loving Service,
Eddie W.

Blue Ridge RCM Report: Dear Regional Members:

BRANA now has eleven Home Groups in the Area. Our current trusted servant position vacancies are: RCM Alternate, VRCC Rep and Policy Chair.

The July BRANA Campout is on, and we are ready.
This coming July's campout theme is "We Do Recover".
There is a BRANA Campout flyer attached to this report.
My commitment to represent the Blue Ridge Area at the regional level will be fulfilled today. Thank you for having me and for tolerating my personality when it was less than pleasant.

In Loving Service,
BRANA RCM
Robert W

New Dominion RCM Report: RCM: Bill M
RCMA: Dianna T.

I apologize for neither sending my report nor attending the last Regional Conference.

The New Dominion Area supports 40 meetings weekly and our Hospitals and Institutions subcommittee continues to take an additional 14 meetings into 12 facilities.

The New Dominion Area Newsletter Subcommittee had received no submissions for area addicts for several quarters and in March, the area voted dissolved the subcommittee and the Newsletter. Our Area continues to struggle with donations during the current economic recession. In April, we took a group conscious and the decision was to have the 2010 budget amended to cut the ASC, H&I, Special Events, PR, Money Matters, and Outreach subcommittee budgets by 10%.

Several months ago, our Area began discussing some of the problems we were experiencing as an Area, such as or problems funding our subcommittees, problems filling some subcommittee positions, and lower meeting attendance. We decided to begin the Area Inventory process and I asked this body for suggestions and support. I want to thank you for both. The New Dominion Area began the process, is currently on the third step in this process, and has scheduled an area round table meeting on August 22ed. We hope this will be well attended and we have asked our Regional Delegates for support for this event.

The NDANA Annual Campout was a lot of fun; however, it was not a financial success. This marks the second straight year it lost money. The Special Events subcommittee is holding a special meeting on July 6th to either begin planning for the campout next year in the hopes that better planning of the event will result in a more financially successful event. The Annual Softball tournament was held June 12. Again, this Year it was a lot of fun and the proceeds of \$50.00 will go to "New Comer" packets at the Regional Convention in January.

The Third Annual Summerwood Picnic will be held Saturday, July 10, 2010 from 11:00am - 7:00pm at Lake Anna State Park.

Randy C. is our new VRCC Director, Brad J is our new H & I Subcommittee Chair, Mike D will chair Outreach, and our PR Chair remains open.

The New Dominion Area believes the Central Atlantic Region is needlessly spending money on a laptop computer for the regional secretary. I am making a motion today with the support of the New Dominion Area to resend the motion authorizing the purchase of the laptop. The qualifications for the Secretary specify that the Secretary have "access to equipment necessary to perform the duties and responsibilities.

ILS, Bill M.

New River Valley RCM Report: Hello Family, Once again I am honored to represent the New River Valley Area of NA. We currently have 10 home groups and 13 meetings.

We have the following service positions open:

Vice Chair, RCM alternate, Outreach, VRCC rep.

Up coming events:

NRVANA Camp out July 2nd, 3rd, 4th "Letting go and letting God" at Camp Altamons, 2842 Crockett Springs Road, Allegheny Springs, VA
Contact Shauna S 540-818-2573

The Floyd Group Together we Can group is having a camp out August 6th and 7th in Floyd county. Contact Stephen W for
More info (synthoholic@hotmail.com) or 540-250-6389

The Letting go group is having its 3rd annual Recovery is a journey Speaker Jam August 14th from 11am to 7 pm at
Blacksburg First Wesleyan Church 1406 Giles Rd. Blacksburg VA 24060

We will be holding the regional subcommittee July 17th from 10am until 5 pm at the HOW group in Dublin VA: Highland Community Church, 6144 Wright Ave, Dublin, VA 24084

We Will be Donating \$35.00 to area this RSC

Our ASC meets the first Sunday of every month at the HOW group at 2 pm, our next meeting is July 11th due to the camp out.

ILS,
Stephen W

Outer Limits RCM Report: Hi Family,

Our last ASC was on June 6th 2010. There were 5 GSR's present out of 6 homegroups. We have 14 meetings weekly reaching 80 plus addicts. We currently have two H&I commitments with 6 meetings monthly. There is a third commitment in the works, I have a regional donation of \$94.23 from our area. I have votes from area on motions 141-15 and 143-5.

In Loving Service,

David M.

OLANA RCM

Peninsula RCM Report: Verbal report given, no report submitted.

Piedmont RCM Report: Greetings from the Piedmont Area

1. There are currently 17 home groups and 29 meetings each week covering all 7 days of the week.
2. There were 14 of 17 GSRs present at the most recent ASC meeting.
3. There are currently no trusted servant positions open. However, the following positions will come open in August: Chair, Vice Chair, Treasurer, Secretary, VRCC Director, PR Chair, and H&I Chair. A total of 7.

4. The Piedmont Area elects the following trusted servant positions: Chair, Vice-Chair, Secretary, Treasurer, RCM, RCM 2, VRCC Director, VRCC Alternate Director and chairs of the Public Relations, Hospitals & Institutions, Literature and Special Events sub-committees;
5. Piedmont area held its 20th annual campout, PACNA, last weekend. Approximately 100 people registered. There was a air of great fun, fellowship and recovery. There were 4 great speakers, a PR workshop from Richmond and an H&I workshop presented by the Piedmont Area. We're grateful that Charles (Regional PR Chair), James (Regional Phone Line Coordinator) and Patsy (Regional PR Secretary) were willing and able to make the excellent PR workshop.
6. Our area's Capture the Flag event (designed to increase attendance at struggling meetings and increase home group cohesion) was won by the Regardless Of home group.
7. The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict through PR, H&I, many meetings, strong welcomes to newcomers and H&I meetings to several correctional institutions in the area.
8. The next Piedmont Area Service Committee meeting is scheduled for Sunday, July 11, 2010 at 4 p.m. at the Wesley Foundation. This date was moved back one week because of the Fourth of July.
9. The Piedmont area has been making contributions to the Region on a quarterly basis. At the last ASC meeting we approved a change to make those contributions at the July, October, January and April ASC meetings. The change was made to accommodate funding for PACNA, in June.

I am grateful to have this opportunity to serve NA, the region and my area.

In Loving Service,
Lawrence E. Piedmont RCM

Rappahannock RCM Report: Verbal report given, no report submitted.

Richmond RCM Report: We have added 1 new mtg – Monday morning 9am – open discussion meeting – 3rd street OAR Building.

Now 36 meetings, donations to area are still down. Therefore no donation to regional. Our Special Events subcommittee continues to be the largest supporter to our treasury by having 2 events a month, even though they are not widely attended- I believe because we are supporting a convention (Circle of Sisters).

Events: Today PR sponsoring Phoneline workshop, today Circle of Sisters – Father's day Fish fry – Dovey Park. June 26th Apollo Note – 6000 Midlothian Tpke 9pm -1am, tickets \$5.00 in advance/\$7.00 at the door – smoking outside.

July: Sat. July 24th Sp events Free event Forest hill Park – 4021 forest hill Ave, 2pm -7pm, C.O.S. July 17 -11am-4pm Old Timer Speaker Jam luncheon, deep run recreational facility. Registration forms for Circle of Sister Conv: 4 on table. July 31, 2010 Bicentennial Dance – 6000 Midlothian Tpke.

Sp Events Aug. 28th Leave Summer-Splash pool party with a D.J. @ 605 Grayson Ave. 5pm - 10:30pm. \$5.00 in advance, \$7.00 at the door. Aug. 7th Dancing with the Stars @ 6000 Midlothian Tpke, come dress like a star and get your dance and bring your favorite celebrity song.

H&I is planning a workshop to be held 1000 Thompson St.. The Monday Blues noon meeting needs trusted servants and asking outreach to help carry the meeting and perhaps another homegroup to sponsor them. The fund raising / Ent. Comm. chair of C.O.S. has asked me for the names and contact info for RCM's and trusted servants from the region for their speaker jam. We re-elected our Public Information Chair James D. to serve a second term. Next month we will elect VRCC Director, Policy Chair and Outreach Chair.
For the Love of Service,
Nancy S.

Roanoke Valley RCM Report: Greetings from the RVANA. We have 29 homegroups with 35 meetings with 20 in attendance at our last area. We have one area position open the RCM Alt. H&I is doing well carrying 7 meetings into facilities. Our area H&I subcommittee has been asked to bring a meeting into the new regional jail. H&I and PR are going to take in a presentation.

We are under prudent reserves and therefore have no donation to the region at this time. Next ASC meets June 28th.

In Loving Service,
Maria J.

Shenandoah Valley RCM Report: Greetings RSC, from the Shevana Area

The Shevana Area Service Committee met on June 14, 2010 with 14 groups out of 19 groups being represented carrying 25 meetings per week.

The Area is trying to carry the message to the suffering addict. The ASC Executive Committee members have committed to helping interested members learn about the Guide to Local Service in a series of study groups beginning June 19th, 2010. Please see flyers for time and location.

We have two service positions open and they are VRCC Director and VRCC Alt. The H&I Chair position is being filled pro-temp by Dan C. So the H & I position is open for nominations.

Our literature is doing well and growing.

We are sorry that we do not have a donation to this Regional as we are operating under prudent reserve. The Chair of our ASC Sarah E. has appointed an adhoc committee to research our current prudent reserve situation with the growth of Area and short fall of seventh tradition.

H&I held there learning day on May 15th, 2010 and reported that it was a good day and great participation. The subcommittee still suffers with commitments and not enough people to take presentations and meetings into facilities, also personality conflicts with the "want to be right attitude".

Outreach is busy going to help attendance at struggling meetings in the Area with great support. I attended one of our many meetings in the Area where one member celebrated 40 years of being clean.

I brought some copies of the June edition Newsletter from Shevana with the topic being, More will be Revealed.

Public Relations struggle with subcommittee attendance. This committee meets on Saturday before the Experience Strength and Hope meeting in the Winchester Medical Facility at 5:30 pm the Saturday before Area Service. The Area meets every 2nd Monday of the month. Jim has put in our website links to contacts by e-mail. We updated the meeting list for printing in July and posted several upcoming events to our webpage.

Special Events had a successful picnic with lots of food, fun and fellowship. They continue to plan for the July 10 Speaker Jam #7 to be held in Jim Barnett Park at the Lion Shelter. Tee Shirts are available at \$12.00 for Med – XL and \$13.00 for larger sizes.

Shevana will host the September 11 Regional Speaker Jam. The next speaker jam meeting is set for June 24, 2010 at 6:00 pm at Saint Luke's Baptist Church in Berryville Va.

On the vote of Regional Motion #141-15 the Groups tally was not in favor. For the joint motion from the VRCC and the Regional, the Groups tally was to abstain.

Thank you for allowing me to be of service, Randy D. RCM Shevana

Southside RCM Report: Absent No Report

Tidewater RCM Report: Hello All,

- Area Service was last held on 6-13-10 at Norview United Methodist, Norfolk, Va.
- There are currently 127 weekly meetings with 97 Home Groups
- Tidewater had 40 GSR's in attendance
- Mary C. is the new Chair of Tidewater
- Tim B. myself is the new Vice Chair
- Angel C. is the new Vice Lit. Chair
- Valorie C. is the new Treasurer
- Current positions not filled
 1. Secretary
 2. Policy
 3. RCM
 4. ALT. RCM
 5. VRCC
 6. ALT. VRCC
 7. Asst. Secretary

- The SOTS 3 campout will be October 1-3
- SOTS will have a movie night 6-25-10 at Messiah Lutheran, Laskin Road, VA Beach 10 PM
- Tidewater also is placing a bid on the 30th AVCNA for 2012
- The next ASC will be Sunday 7-11-10 at 2 pm Norview United Methodist Norfolk, Va

Thanks for allow me to serve,
Tim B

Tri-Cities RCM Report: Verbal report given, no report submitted.

Break of lunch @ 3pm – 4pm

Reconvened @ 4pm w/serenity prayer and roll call. 14 RCMs present, quorum met.

*****Subcommittee Budgets have to be in at the 145th RSC (August 2010)*****

Intent: The motion was made jointly; by a corporation and a committee. A motion mover should be made by one member. This is outlined in our *Regional Rules of Order*, in our *Guide to Local Services* and in *Robert's Rules of Order*. We want to influence everyone to recognize, honor and exercise our Fifth Concept. In this case, we ask that a single point of accountability be one mover of this motion so he or she may speak to the intent of this motion, AND..... The motion is a vague idea. We want to see this motion replaced with exact language. We want to influence everyone to recognize, honor and exercise our Eighth Concept. In this case, we ask that the motion be re-worded so it communicates effectively and is understood when read.

Pro: None

Con: It is unnecessary.

Con: That all discussion was out of order, that the motion 143-5 had been sent back to groups and should be voted on.

Motion failed (3 abstain, 2 in favor; 8 against).

Motion to Change the Order of the Day

Mover: Bill M.

Second: Maria J. Roanoke Valley RCM

Motion: To change order of the day to go back and vote on Motion 143-5.

Motion passed (2 abstain, 11 in favor; 0 against).

Motion 143-5 Mover: Joint VRCC/Regional Committee 2nd: Richmond RCM, Nancy S.

Motion: To Amend the Regional Service Policy with the following changes:

Section VIII: OFFICERS DUTIES/QUALIFICATIONS

1A. CHAIR DUTIES

- (A) Compiles a pre-arranged Agenda.
- (B) Presides over all Conferences.
- (C) Maintains the rules of decorum and discipline.
- (D) Is fair and impartial.
- (E) Refrains from discussing or expressing a personal opinion of a motion when presiding.
- (F) Co-signer on all bank accounts of the Region of the Virginians.
- (G) Makes quarterly and end of term written report to the RSC.
- (H) Is ultimately responsible to see that all duties and responsibilities of RSC officers are carried out to completion. In the absence of any officer or officer's action, the Chair sees that the duties and responsibilities are carried out.
- (I) Responsible with Vice-Chair to be custodians of the RSC computer equipment during the time between Conferences. The Chair and the Vice-Chair are specifically empowered to delegate this responsibility to any RSC or committee officer needing the computer to complete RSC-related projects.
- (J) Contacts Officer after one unexplained absence from RSC or other assigned responsibility for statement of their willingness to serve.
- (K) Insures that a person is informed of their removal from office.
- (L) Attends all Regional Service Committee meetings.
- (M) Responsible for arranging and conducting emergency phone conference calls as needed.
- (N)
- (O) Chair will notify Corporation in the event of non-compliance of duties by Corporation Chair

Section XII: STANDING SUBCOMMITTEES

1. Activities (117th)
2. Hospitals and Institutions (H&I) (115th)
3. Literature Review (118th)
4. Outreach (116th)
5. Policy (107th)
6. Public Information (PI) (118th)
7. Speaker jam (118th)

Section XII Convention Corporation

A. Relation between the Corporation and Region

The Virginia Regional Convention Corporation (VRCC) was created to achieve efficiency, continuity, accountability, and unity in connection with putting on our Region's convention while maintaining our corporation's autonomy. This allows our corporation to function as a business and to provide protection to the fellowship from legal liability and to help maintain the fellowships policies on anonymity and non involvement in issues outside of recovery. Neither the Region nor any other service body of Narcotics Anonymous can be held responsible for debts or law suits against the Corporation. The Corporation also maintains autonomy over distribution of any and all funds.

B. Corporation Chair Duties (per Corporation policy)

1. Compiles a report for every RSC consisting of:
 - a. Activities since last conference
 - b. Recommendations
 - c. Reports on motions committed to the VRCC
 - d. Upcoming events
2. Compiles a report of previous years' activities for GSR assembly in April.
3. Attends all Regional Service Conferences
4. Is accountable for clarifying convention/host committee issues at the RSC as needed.

C. Regional Service Conference Chair to notify Corporation in case of non-compliance of Duties

Section XIII: Service Districts (121st)

A. The Region is divided into four quadrants so that services can be provided to the whole region.

B. The quadrants of the Region

1. Quadrant 1 consists of New Dominion Area, Rappahannock Area, Richmond Area, and Tri-Cities Area.

2. Quadrant 2 consists of Almost Heaven Area, Blue Ridge Area, Piedmont Area, and Shenandoah Valley Area.

3. Quadrant 3 consists of Appalachian Area, New River Valley Area, Roanoke Valley Area, and Southside Area.

4. Quadrant 4 consists of Outer Limits Area, Peninsula Area and Tidewater Area.

C. The region and its subcommittees will rotate their meetings throughout the four quadrants.

Intent: The intent of this motion is to describe and continue the protection the corporation established when the charter was amended in the 1980's and the current corporation was created. This motion is also intended to assist members of the fellowship of Narcotics Anonymous to have a better understanding how our corporation works to serve the fellowship and to protect our fellowship while working as part of the Regional Service structure and to protect the relationship between the Corporation and the Region.

**As part of this motion, it was indicated that the following is what was presented for the changes in the VRCC Bylaws. This is just FYI (for your information)

Motion: [To Amend the Corporation by-laws with the following changes:](#)

Page 7 of the Virginia Regional Convention Corporation Policies & Procedures, updated June 2007

Current: **Relationship to the Virginia Regional Service Committee:** The VRCC has a fiduciary relationship with the fellowship of NA but is a separate and distinct entity from the Region of the Virginians and other service bodies of NA. This allows the corporation to function as a business and to provide protection to the fellowship from legal liability and public incrimination should there be problems with a convention. Neither the Region nor any other service body of NA can be held responsible for debts or law suits against the VRCC. The VRCC also maintains autonomy over distribution of any and all funds.

Change to:

Relation between the Corporation and Region

The Virginia Regional Convention Corporation (VRCC) was created to achieve efficiency, continuity, accountability, and unity in connection with putting on our Region's convention while maintaining our corporation's autonomy. This allows our corporation to function as a business and to provide protection to our fellowship from legal liability and to help maintain the fellowships policies on anonymity and non involvement in issues outside of recovery. Neither the Region nor any other service body of Narcotics Anonymous can be held responsible for debts or law suits against the Corporation. The Corporation also maintains autonomy over distribution of any and all funds.

Job Description:

1. Is acting chairman of the board.
2. Opens and conducts VRCC meetings.
3. Is a signatory on VRCC master and subsidiary checking accounts.
4. Acts as liaison between the VRCC and the rental agent for the meeting place.
5. Prepares a meeting agenda from previous minutes and Standard Operating Procedures.
6. Sees that the VRCC meeting follows the agenda, but allows for items to be submitted by Directors in writing at the time of the VRCC meeting.
7. Has no opinion on issues being discussed at the VRCC meeting. Should the Chairperson have the need to discuss an issue in question, and then he\she can temporarily step down from the chairperson position, express them and resume the chair position at the next VRCC meeting.

8. Makes sure that the meeting place is cleaned and secured after each VRCC Meeting and that the rent and other debts are paid.
9. Insures that the VRCC is directly responsible to the Regions of Virginia.
10. Is responsible for notifying all concerned should a meeting date be changed unexpectedly.
11. Appoints Pro-temp officers in the vacancy of positions for a two-month period.
12. Has a two-year commitment: Is elected bi-annually at the annual VRCC meeting.
13. Responsible for one set of archives tapes (7/18/04).
14. Have master tapes (archives tapes) to be on compact disc. (May 15, 2005)
15. Authorize/sign contractual obligations for the VRCC/Host Committee.

Will be the only person to have contact with the place where the convention is being held or can appoint the VRCC Vice Chair to make all the necessary arrangements and will accompany the Host Committee when the time arrives for them to see where they will set up.

B. Corporation Chair Duties to Regional Service Conference

5. Compiles a report for every Regional Service Conference consisting of:
 - a. Activities since last conference
 - b. Recommendations
 - c. Reports on motions committed to the Corporation
 - d. Upcoming events
6. Compiles a report of previous years' activities for GSR assembly in April.
7. Attends all Regional Service Conferences
8. Is accountable for clarifying convention/host committee issues at the RSC as needed.

C. RSC Chair will notify Corporation in case of non-compliance of Duties

Suggested requirements are as follows:

1. Five years clean time.
2. Possess a working knowledge of the Twelve Steps, Twelve Traditions, and The Twelve Concepts of Service.
3. Have one-year VRCC service experience as a director or officer.
4. Have thorough knowledge of Robert's Rules of Order.
5. Have thorough knowledge of the bylaws of the VRCC.

Intent: The intent of this motion is to describe and continue the protection the corporation established when the charter was amended in the 1980's and the current corporation was created. This motion is also intended to assist members of the fellowship of Narcotics Anonymous to have a better understanding how our corporation works to serve the fellowship and to protect our fellowship while working as part of the Regional Service structure and to protect the relationship between the Corporation and the Region.

To include this into the policies and procedures for the Corporation will insure participation and ongoing communication needed to promote unity between the two bodies. Making this part of the Corporation's policy will give the directors of our corporation the authority to enforce the new policy as set forth above.

Motion was voted on we had 5 Area's abstaining; Motion was referred to Policy for Number Clarification.

Nominations and Elections:

Secretary: Nancy S nominated Jennifer D., Jennifer D. respectfully declined
 Activities: Open

Treasurer: Nancy S nominated Don V., Don V. accepted
H&I: Open
Policy: Open
PR: Open
Speaker Jam: Open
Ad Hoc Committee Liability Insurance: Nancy S. appointed Pro-tem Chair

Projector/Equipment: Charles W. researched and we received a hand-out of 3 different projectors and we had a discussion on the Sanyo – True XGA LCD Projector, total price for this item with a pull down projector screen is \$700.00. The Treasurer was asked if we could afford it at this time, he answered no.

VRCC Financial Report: No information received, the VRCC Chair was absent.

New Business

- I. To talk about the Service Structure: RD.**
- II. BRANA request for help: BRANA RCM forgot why he asked to be put under New Business.**
- III. BRANA Literature: Regarding Literature for H&I.**

Motion 144-1

Mover: Norman C. – Piedmont, 2nd: Robert W. BRANA RCM
Motion: Waive reading of minutes.
Intent: To save time

Motion passed (0 abstain, 12 in favor; 1 against).

Motion 144-2

Maker: Bill M. to approve 143rd RSC minutes as is. **Second:** Maria J. Roanoke Valley RCM.

Motion passed (1 abstain, 11 in favor; 1 against).

Motion 143-3

Was moved into Old Business due to a change the order of the day motion.

Motion 144 - 4

Mover: Treasurer **Second:** Robert W. BRANA RCM
Motion: To approve a 6-month budget for the period from July 1, 2010 through December 31, 2010 that includes the following changes from the current budget, as indicated in the attached:

1. Increase the Phonenumber Budget from \$1575.00 to \$1600.00 per two month period and to increase the maximum amount held to \$2600.00. Financial impact (FI) will be an increase of \$150.00 per year.

2. Increase the Website Budget from \$14.00 to \$40.00 per two month period and to increase the maximum amount held to \$250.00. FI will be an increase of \$166.00 per year.
3. Reduce the Conference Budget from \$400.00 to \$200.00 per two month period and to leave the maximum amount held at \$400.00. Financial impact (FI) will be a reduction of \$1200.00 per year.
4. To increase the Secretary Budget maximum amount from \$65.00 to \$130.00. No FI.
5. To increase the Treasurer Budget maximum amount from \$20.00 to \$100.00. No FI.
6. Reduce all Subcommittee Meeting Space Budgets to \$15.00 per two month period and set all maximum amounts to \$15.00. FI will be a reduction of \$435.00.
7. Reduce the H & I Expense Budget from \$300.00 to \$100.00 per two month period and to change the maximum amount held to \$600.00. Financial impact (FI) will be a reduction of \$1200.00 per year.
8. Reduce the PR Expense Budget from \$302.00 to \$226.67 per two month period and to change the maximum amount held to \$1360.00. Financial impact (FI) will be a reduction of \$445.00 per year.

Intent: To bring our current budget more in tune with our existing finances and needs. To bridge the gap between our existing budget period and the new budget period.

Motion to go back to groups for vote

***** Spreadsheet for this motion is at the end of the minutes*****

Motion 144-5

Mover: Eddie W.

Second: Robert W. BRANA RCM

Motion: To change Regional Policy under Section IX: Officers Duties/Qualifications, 3A Secretary Duties, letter C, page 10:

- *To change from:*

“Is responsible for typing minutes so they can be distributed within two weeks following each RSC meeting to area {ASC} mailing addresses and the addresses of RCM’s, RCM Alt, Officer’s and attendees”

- *To change to:*

“Is responsible for typing minutes so they can be distributed within **ten days** following each RSC meeting to area {ASC} mailing addresses and the addresses of RCM’s, RCM Alt, Officer’s and attendees, including only those RCM reports submitted in writing by the close of each RSC”

Intent: To ensure that all RCM’s receive a copy of the regional minutes prior to their next scheduled ASC meetings.

Motion to go back to groups for vote

Motion 144-6

Mover: Activities Committees

Second: Bill M. New Dominion RCM

Policy Motion: Under Service Districts Section; page 16

Add under “C” as #1: That sub-committees held in January will be schedule so as to not conflict with the Central Atlantic Regional Convention (AVCNA).

Intent: Not to be in conflict with trusted servants doing Regional service.

Motion to go back to groups for vote

Motion 144-7

Mover: Bill M.

Second: Robert W. BRANA RCM

Motion: To withdraw all funds intended for the purchase of a laptop computer.

Intent: To be financially responsible with 7th tradition money.

Pro: Already covered under Secretary's Duties.

Pro: Financial responsibility has changed.

Con: Think we should still buy a computer because not everybody has one.

Con: Came as a Motion, Groups approved for this not the Region.

Motion to go back to groups for vote

Motion 144-8

Mover: Tim B.

Second: Robert W. BRANA RCM

Motion: To centralize in Charlottesville the RSC Meetings.

Intent: To allow Areas to get a better budget on their RCM's for participation.

Pro: Moving around is not practical.

Con: Would not be here if it was not for the rotation.

Con: Has exposed a lot of people to the RSC.

Motion to go back to groups for vote

Motion 144-9

Mover: Lawrence E.

Second: Eddie W. Appalachian RCM

Motion: That the region request World Services to participate in MARLCNA to the same extent the currently participate in the Florida Service Symposium in convention off-years.

Intent: To make the MARLCNA conference as effective and educational as the off-year conferences in Florida.

Pro: To improve MARLCNA, to avoid having to go to Florida and accrue the additional expense of doing so.

Con: Because World Board does participate at MARLCNA

Motion was Ruled Out of Order

143rd RSC closed at 7:20 pm with Serenity Prayer.

Subcommittee meetings will be held on July 17th from 10am until 5 pm at the HOW group in Dublin VA: Highland Community Church, 6144 Wright Ave, Dublin, VA 24084

145th Regional Conference to be held on August 21, 2010 @ Church of the Good Shepherd 645 Berryville Ave, Winchester, VA. Open Forum, 11:00 a.m. Conference , 12:00 p.m.

Thanks for allowing me to serve,

Category	Name	Maximum Amount	Funding			Total Expenses YTD	July-Dec Total Budget
			7/1/10	9/1/10	11/1/10		
A	Phoneline Budget		\$1,600.00	\$1,600.00	\$1,600.00	\$0.00	\$4,800.00
	Incurred Expense						
	Account Total	\$2,600.00	\$1,600.00	\$2,600.00	\$2,600.00		
	Mailbox Budget		\$12.00	\$12.00	\$12.00	\$0.00	\$36.00
	Incurred Expenses						
	Account Total	\$72.00	\$36.00	\$48.00	\$60.00		
	Website Budget		\$40.00	\$40.00	\$40.00	\$0.00	\$120.00
	Incurred Expenses						
	Account Total	\$250.00	\$40.00	\$80.00	\$120.00		
	Bank Service Charges Budget		\$6.00	\$6.00	\$6.00	\$0.00	\$18.00
	Incurred Expenses						
	Account Total	\$6.00	\$6.00	\$6.00	\$6.00		
Category Total			\$1,682.00	\$2,734.00	\$2,786.00	\$0.00	\$4,974.00

B	Conference Budget		\$200.00	\$200.00	\$200.00	\$0.00	\$600.00
	Incurred Expenses						
	Account Total	\$200.00	\$200.00	\$200.00	\$200.00		
	Executive Expense Budget		\$50.00	\$50.00	\$50.00	\$0.00	\$150.00
	Incurred Expenses						
	Account Total	\$50.00	\$50.00	\$50.00	\$50.00		
	Secretary Expense Budget		\$65.00	\$65.00	\$65.00	\$0.00	\$195.00
	Incurred Expenses						
	Account Total	\$130.00	\$65.00	\$130.00	\$130.00		
	Treasurer Expense Budget		\$20.00	\$20.00	\$20.00	\$0.00	\$60.00
	Incurred Expenses						
	Account Total	\$100.00	\$20.00	\$40.00	\$60.00		
	GSR Assembly Budget		\$200.00	\$200.00	\$200.00	\$0.00	\$600.00
	Incurred Expenses						
	Account Total	\$1,000.00	\$400.00	\$600.00	\$800.00		
	CAR Workshops Budget		\$100.00	\$100.00	\$100.00	\$0.00	\$300.00
	Incurred Expenses						
	Account Total	\$1,200.00	\$669.86	\$769.86	\$869.86		
	Zonal Forum Budget		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
	Incurred Expenses						
Account Total	\$300.00	\$300.00	\$300.00	\$300.00			
Category Total			\$1,704.86	\$2,089.86	\$2,409.86	\$0.00	\$1,905.00

C Travel	WSC/RDA Travel Budget		\$150.00	\$150.00	\$150.00	\$0.00	\$450.00
	Incurred Expenses						
	Account Total	\$1,800.00	\$777.83	\$927.83	\$1,077.83		
	WSC/RDA2 Travel Budget		\$150.00	\$150.00	\$150.00	\$0.00	\$450.00
	Incurred Expenses						
	Account Total	\$1,800.00	\$150.00	\$300.00	\$450.00		
	MARLCNA/RD Travel Budget		\$55.00	\$55.00	\$55.00	\$0.00	\$165.00
	Incurred Expenses						
	Account Total	\$325.00	\$61.96	\$116.96	\$171.96		
	MARLCNA/RDA Travel Budget		\$55.00	\$55.00	\$55.00	\$0.00	\$165.00
	Incurred Expenses						
	Account Total	\$325.00	\$111.30	\$166.30	\$221.30		
	MARLCNA/RDA2 Travel Budget		\$55.00	\$55.00	\$55.00	\$0.00	\$165.00
	Incurred Expenses						
	Account Total	\$325.00	\$110.84	\$165.84	\$220.84		
	AZF/RD Travel Budget		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
	Incurred Expenses						
	Account Total	\$200.00	\$200.00	\$200.00	\$200.00		
	AZF/RDA Travel Budget		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00
	Incurred Expenses						
	Account Total	\$200.00	\$200.00	\$200.00	\$200.00		
	AZF/RDA2 Travel Budget		\$60.00	\$0.00	\$0.00	\$0.00	\$60.00
	Incurred Expenses						
	Account Total	\$200.00	\$200.00	\$200.00	\$200.00		
	WSW/RD Travel Budget		\$50.00	\$50.00	\$50.00	\$0.00	\$150.00
	Incurred Expenses						
	Account Total	\$600.00	\$229.16	\$279.16	\$329.16		
WSW/RDA Travel Budget		\$50.00	\$50.00	\$50.00	\$0.00	\$0.00	
Incurred Expenses							
Account Total	\$600.00	\$290.57	\$340.57	\$390.57			
WSW/RDA2 Travel Budget		\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Incurred Expenses							
Account Total	\$600.00	\$600.00	\$600.00	\$600.00			
Category Total		\$2,931.66	\$3,496.66	\$4,061.66	\$0.00	\$1,605.00	

