

**151st Central Atlantic Region
Regional Service Conference
Meeting Minutes
August 20, 2011
1215 Lee St.
Charlottesville, VA**

Open Forum – (began at 11:05 am with Serenity Prayer)

Topics of Discussion:

1. Mileage Reimbursement for subcommittee travel
2. Treasury (Prudent Reserve)
3. Multi-Day Regional for Oct/April 2 day event
4. Budget (RSC)
5. Scheduling Subcommittee Meetings
6. Regional Planning Tool
7. Service System Project
8. Regional Committee Member Orientation Packet
9. Speaker Jam
10. Purchase of Projector

Open Forum closed at 12:05pm

RSC opened with the Serenity Prayer at 12:20pm

Purpose, 12 Traditions, 12 Concepts were read
Roll Call/1st Quorum - (all members below were present)

Chair - Jeff H

Vice Chair - Jim H

Secretary - Absent

Treasurer-Neal G

Regional Delegate - Etta F

Regional Delegate Alt - Donna P

Regional Delegate Alt 2 - Eddie W

VRCC Chair - Absent

Policy Chair - Bill M

Hospitals and Institutions Chair-Lawrence E

Speaker Jam Chair-Maria J

Public Relations Chair-Absent

Almost Heaven - Sherry V

Appalachian - Greg H

Blue Ridge - Peter P

Gateway to Freedom – Deann H

New Dominion - Brad M

New River Valley – Absent

Outer Limits - Absent

Peninsula - Kerry J

Piedmont – Matt E

Rappahannock - Antoinette B

Richmond - Patricia R

Roanoke Valley - Maria J

Shenandoah Valley – Melissa E

Southside- Thomas

Tidewater – Mark W

Tri-Cities- Butch C

Areas not present for 2 RSC – Outer Limits

Recognition of New Attendees – None

Establishment of Quorum 14 RCM/RCM Alts present, 1st and 2nd Quorum met.

Approval of Minutes

Motion 151-6 Mover: Mark W Tidewater Second: Kerry J Peninsula

Approve the 150th minutes as written with exception of clarifying vote on insurance motion.

Intent: To continue with the flow of business. Passed 13-0-0

Trusted Servant Reports

Chair Report:

Since the 150th RSC all has been well for the most part. I have continued to study our policy to try to get a better understanding. In my review, I haven't seen our prudent reserve. I believe these needs to be established to be able to manage our funds properly. I also don't completely understand what a clear majority is. The way I read policy a clear majority isn't achieved.

I have been working on our RSC calendar. There have been several challenges. First, I haven't been able to secure this meeting space for 2012. September is when I will be able to submit my request for 2012. Second, I haven't been able to schedule our multi-day RSC in Oct. I need to discuss this in open forum and get some direction from the RCMs. The weekend of Oct 15th is a game weekend here at UVA. Hotels are twice as expensive and they won't do room blocks. The town will be full of UVA fans, parking and dining will be difficult. I have asked for several options to be presented in open forum so the RCMs to make a decision in new business. We can make a one time exception without changing policy.

I wasn't able to get the signature cards with BB&T updated with our new treasurer's signature. I will try to get it done before the 152nd.

I was able to attend the H&I and Policy subcommittee meetings. I did pass on literature and minutes to the new H&I chairperson.

The mail has been picked up regularly and is here to be distributed.

ILS, Jeff H

Dear Mr. Hankins,

Thank you for the two donations of \$75 each to the UVA Hospital Auxiliary, Inc. from the Central Atlantic Region of Narcotics Anonymous. It is very generous of the group to make a donation to the Auxiliary when a NA meeting is held here at UVA.

As you directed, we have designated these donations for the Ramona Burwell Fund, which provides wigs, hats and other head coverings for patients with cancer who are experiencing hair loss.

We greatly appreciate your kind support of these patients. I wish you could see the difference that a wig or other head coverings can make to a patient's well-being. It is truly wonderful to experience. Your thoughtfulness and generosity mean a great deal.

With best wishes,

Liz Courain

Vice Chair Report: No Report

Secretary Report: Absent

Treasurers Report:

Since taking on the duties of Treasurer at the 150th RSC I have not really accomplished much in the way of service to the region.

I received a box of various materials and documents and I have spent some time trying to organize these items. Some of the stuff was Treasurer related and some was not. A lot of the stuff was archival in that it was two or three years old.

One of the issues that I see as needing to be tackled quickly is the issue of creating a well defined budget so that we can make realistic projections as to the sensibility of various expenditures at various times throughout the year. As an example, we have a fairly substantial amount of money in the bank right now but I can't, as our Treasurer, give you any idea as to how much of that money could be sent to World or utilized in other arenas because I haven't been able to find enough historical data to give me a good idea as to the flow of our income and expenditure over time. As far as this RSC is concerned I am certainly open to guidance as to how to handle the money for today and I look forward to working with some of the committee members who have more experience and information as to budgetary needs throughout a budget cycle. With their help I believe we can develop a good budget.

One of the issues that has hindered my ability to get up to speed is that the mail box is in Chester, VA, I live in Portsmouth, the current signatures on the checking account live in Richmond and we haven't worked out the logistics of getting the mail and other info that I might need to me in a timely manner. We are working on that and we'll get it resolved right quickly I imagine. As of this time I'm not a signatory on the checking account.

Anyway, I'm looking forward to my term as Treasurer and I certainly appreciate the opportunity to be of service.

I did find in the box of stuff a handful of blank computer checks for a Bank of America account and I'm looking for some input as to what to do with them.

Attached is the financial statement since the 150th RSC. This report is based on the information that I was able to get online. The last activities reported were on 08/01/11.

ILS, Neal G

151st RSC Treasurer's Report
Financial Statement
08/20/11

Opening balance (closing balance from 150 th RSC report):		\$10,660.29
One credit:	Almost Heaven contribution: \$144.34	
	Almost Heaven contribution: \$320.85	
	Tri-Cities contribution: \$247.71	
	Appalachian contribution: \$120.00	
	Cash: <u>\$30.00</u>	
	TOTAL: \$862.90	+\$862.90
Seven debits:	check 1014: \$467.50	
	check 1016: \$75.00	
	check 1017: \$206.93	
	debit card 07/21: \$177.93	
	debit card 08/01: \$32.48	
	debit card 08/01: \$99.46	
	debit card 08/01: <u>\$99.46</u>	
	TOTAL: \$1158.76	<u>-\$1158.76</u>
<u>Closing balance:</u>		\$10,364.43

Ck 1014 Professional Communication Messaging
Ck 1016 UVA Hospital Auxillary
Ck 1017 William McMormick
Debit 07/21 Primus
ILS, Neal G

Regional Delegate Report:

Hi Family, I have lots to report to you but will keep it as brief as possible and reference where to find additional info to save time. I'd first like to address several things in the spirit of accountability. Some of this may have been addressed in open forum but I wanted to make sure that it makes the notes. Although we are in transition with many new people on the floor, I caution us on the side of prudence in taking a look at the budget at the Oct RSC and to be mindful that we are experiencing difficulty in affording a 2 day in Charlottesville due to cost and hotel availability. The other is that the RCM is a informational liason position and link from the area's to the RSC. It is imperative that they are mindful of our policy and either have it on hand or learn it so that they can help us effectively conduct business. The executive body should not and cannot make decisions for you and we take our directions from the groups. We must also make sure that we are carrying out the wishes of what was voted on like subcommittee rotation. If things are not being carried out it should be challenged by the RCM's. We have not followed through in implementing the info found on our regional planning tool. There is a new service booklet called Planning basics that is designed to streamline the process and has taken steps from the planning tool and reformatted it that might be helpful to look at.

These are important dates to remember WCNA Sept 1-4, World Unity Day Sept 4th, CAR available November 21st, CAT available Jan1st 2012, Regional report deadline March 1st 2012, WSC Apr 29th – May 5th 2012.

There is a 5% price increase across the board on all inventory except the Basic Text's all gift editions, miracles happen and self support IP's 24 & 28. New products include 6th edition Spanish Basic Text and commemorative edition. 2 new tri-plate medallions in pearl/pink and black/silver. Gift edition It works How & Why.

Approval draft of Living Clean the Journey Continues \$8.95 plus shipping and handling. There is a draft of the new social media service pamphlets that has been sent out to conference participants for a 90 day review and input ending Oct 31st.

The WB met 4 days cancelling their march session to conserve resources 2 days were dedicated to the Service System Workshop and was facilitated by Jim D. The synopsis of points can be found in Naws News and all current and past info can be found on the Na.org website under the service system project. The work spent on the development of the 2012-14 strategic plan. The results from the HRP survey was not as definitive as hoped for. The deadline for proposals for the CAR ended August 1. There will be no regional motions and it is hoped to be more consensus based in its approach at the conference. Fiscal year 2010-2011 ended in June. We did not meet the approved budget for contributions however due to cutting costs we are operating in the black for the first time in several years and have suspended the Emergency Action Plan with 65 days operating reserve on hand. The aim is to hire new staff members within

We attended Autonomy Zonal Forum July 30th 2011 in Fairmont West Virginia. In trying to significantly cut costs we stayed about 15 miles away and saved tremendously on hotel costs. Attending Regions were Carna, C&P, Greater Philadelphia, Eparna and Freestate.. Some points of interest were that C&P sent their delegates to the Florida Service Symposium, Session overviews were Group trusted servants role and responsibility, internet technology sessions, professional internet panel discussions, mandated treatment, service system round table, the next step or PR hand book & mock presentations the new inventory, environmental scans and several other workshops.

Discussion was had on the Service System Project some things noted were that info communicated was not being taken to areas and home groups, there are still members unaware. There seems to be some distrust within the fellowship, Presentation of the proposals are being done in increments for clarification, There are no alternative solutions being submitted. Some RD's are presenting the info with a bias instead of simply giving the information.

The CBDM workshop was presented on powerpoint similar to the ones we used at our last 2 day event with explanations of the verbage. We had a tough time agreeing on a topic for the mock presentation and it got bogged down in the process. Some things we did learn however was that it takes a strong chair, that there was no limit on pros and cons, there were questions regarding when was the time for questions during the process, we used color cards and sometimes the need to table, make action points or take a vote was needed.

The US Fellowship is being treated by many regions as an outside issue however an RD from Florida contacted us by email recently asking us to try to get a roundtable discussion on this at the next RSC. The group seems to have fragmented and it is hard to tell who is contacting you at this point. One group sent a rep to a regional workshop. They have reported much misinformation regarding world services lately. The thought was to let it go to the conference floor at WSC for a unified decision rather than have fragmented choices. The Next AZF will be in January hosted by the C&P region.

Several RD's from regions in our zone were invited for a town hall meeting on the Service System Project at almost Heaven Area convention August 5-7. I represented CARNA. Seated were Craig R former WB chair, myself and Merle S Eparna. It was a very refreshing turnout of about 40 people. It was very informal and all had a chance to ask questions regarding the project. It has been recorded if anyone is interested. I am submitting gas receipts today for 76.62 from the last AZF. In loving Service, Etta F.

Regional Delegate Alternate Report:

Hello everyone. I attended the Autonomy Zonal forum in the Mountaineer Region on July 30th in West Virginia. Next time I'll take the highway. I just got over the dizziness and fear enough to write this report. The zonal meeting was well attended with many visitors from the surrounding areas. We discussed the feedback being received by RD's as related to the Service System project which was followed by a presentation by the Mountaineer region on Consensus Based Decision making. The presentation went into great detail and we did a mock presentation as well. I learned a lot. Mostly that I need to learn how to keep my mouth shut as I am sure to which all of you can attest. Freestate announced a 5% increase for their literature due to the increase

from NAWS increase of the same. A poll was taken of the RD's present in regards to any supposed development of a United States Fellowship. The RDs present stated they were not currently entertaining discussion on it as it is an outside issue.

Delegates were approached through email from the delegates of the South Florida Region with a proposal that time be allotted at the WSC 2012 for the discussion of a United States Fellowship. I chose not to respond to the email as was not in line with the principles of communication flow in our current service structure.

There is a draft of a service pamphlet on social media for delegate review and input. The draft is comprised of information and discussion on the topic from WSC 2010. There is a hard copy draft of the pamphlet available in the recent NAWS News. If you are not yet registered for WCNA 34, registration will open at 11am, August 31st at the San Diego Convention Center. Hotel reservations can be booked at

<https://resweb.passkey.com/go/wcna34>. The Manchester Grand Hotel has extended a special rate of \$169 per night.

James D of the Unified Public Relations Subcommittees extended an invitation to the RD team to give a short presentation on the Service System project at the 6th Annual Unity Fest on Sept 24th from 2 -5 pm. This event is hosted by the Richmond, New Dominion, Tri-Cities, and Blackwell-Southside Areas.

Please keep in mind we are available to come to your areas as well.

In Loving Service, Donna Lee P.

Regional Delegate Alternate II Report: No Report Submitted

VRCC Chair Report: Absent

Activities Chair Report: Open Position

Hospitals & Institutions Chair Report:

Family, I'm happy to be here at my first RSC as H&I Subcommittee Chair.

The first thing I thought I did was send an email to the RSC asking for help identifying area H&I chairs. I can't find any trace in my email box that I actually did it, so my apologies, and a request for help. I do want to find, and communicate directly with, the area H&I chairs, as well as through the RCMs. So if the RCMs would take my request back with them I would appreciate it very much. I can be reached at hi@car-na.org.

I went to the New Dominion Area's H&I Learning and Fun Day back in July. I had a good time, met some people, and heard some real heartfelt sharing about H&I from both sides of the bars.

I also sweated a lot.

Since I took this chair, Jeff H. has given me a few mail items from inmates and passed on that the prior H&I people had developed a packet of literature to be mailed in response to such requests. Angel B. expressed willingness to take care of that literature distribution piece.

I got the literature from Jeff and have inventoried it. My intention is to send the literature to Angel by way of Jeff today so she can respond to letters in a timely way. I will work with Jeff to see how we might get those letters to her directly.

I've attached a copy of the inventory to my report. The total value is \$419.39.

I haven't yet planned the September H&I subcommittee meeting. I am going to try to coordinate the meeting with the PR meeting. I will be in touch with Nancy S. on that. Updates will be posted to the CAR-NA website. This being my first H&I meeting, I'd be grateful for help.

In loving service, Lawrence E.

Policy Chair Report:

The Policy subcommittee met twice since the last RSC. I held an informal brainstorming session at the end of June and then held the regular subcommittee meeting in July at the BRANA camp-out.

I held the brainstorming session with Jeff H. and Tim C. We discussed Motion 150-7; the responsibilities of the Activity Subcommittee, and how the redistribution of those responsibilities would affect the Regions ability to conduct its business. We produced a framework for amending the original motion to specify how to distribute those responsibilities either to the Executive Committee or among the various Regional Subcommittees. We also discussed Motion 150-6 and whether or not the motion, as written, addresses all the specific articles within the CARNA G & RO which would require changes..

Tom, the New Dominion Policy Chair, Greg, the Blackwell-Southside Policy Chair, and Chris attended the subcommittee meeting at the BRANA campout. We discussed the framework from the Brainstorming session and decided on specific amendment recommendations. These recommendations will allow the motion to reallocate specific responsibilities of the Activities subcommittee to various subcommittees and officers. The Policy subcommittee will present an amended motion at this RSC.

The consensus of both meetings regarding Motion 150-6, to change the date of the GSR Assembly, is that the motion inappropriately defines parameters as to what the GSR Assembly should not do instead of focusing on what it should do and it fails to address all the articles requiring changes in the CARNA G & RO. The Policy subcommittee will present a full report on the motion during Old business at this RSC.

Although I realize that this body elected most of the subcommittee chairs at the last RSC, I want to remind the chairs of some of specific responsibilities.

Section IX: OFFICERS DUTIES/QUALIFICATIONS

9A. STANDING AND ADHOC SUBCOMMITTEE CHAIR DUTIES

(G) Submits line item budget for upcoming year to the Treasurer at or before the August RSC. Instruct all subcommittees to include in their yearly budgets all estimated expenses including possible workshops and events.

Section XVI(146th): SERVICE DISTRICTS

1. Subcommittees, except for the Speaker Jam Subcommittee, will rotate their meetings throughout the four quadrants.

The subcommittees met last time in quadrant 3; therefore, the next subcommittee meeting is scheduled to take place in quadrant 4.

ILS, Bill M

Public Relations Chair Report: Absent

Speaker Jam Report:

I was unable to meet with the Rappahannock area physically but we were able to communicate over the phone Antoinette B the RCM for that area called me and they found a place to have it. I brought back a bid from Tandy W of \$250 for the Audio Recording and Duplication of the Speakers. It is going to cost \$175 for the rent on the facility for a total of \$425. Butch from Tri-Cities got a letter of support.

The speaker jam subcommittee will be looking for the next bid as we don't have one now for the March Speaker Jam. The Rappahannock Area has a flyer and theme Smash the Illusion. Please help support this Regional Activity.

ILS, Maria J

Area Reports

Almost Heaven RCM Report:

I bring greetings from the Almost Heaven Area. This month August 5, 6, & 7, 2011, we successfully launched our Almost Heaven Area Convention XXV with the theme "The Journey Continues 25 Years Later". We provided marathon meetings starting Friday, August 5th at 3p.m. along with workshops, meals, housing, entertainment, and literature. The Town Hall Meeting was attended by many which opened discussion and conveyed clarity about the Service System Proposal. In the past months it has still been a growing experience for us in getting trusted servants to fill positions and make a year commitment.

In December, 2010, there was and still is no trusted servant in the AHAVice Chair position, who would hold meetings for all the subcommittees that were without chairpersons. We as Almost Heaven Area decided to hold one meeting for all vacant positions. We call this a "Service Meeting". It's a modification of the LSU or Local Service unit model in the Service System Proposal. Since then the Service Meeting has accomplished several tasks. In a short period of time starting in December we hosted our annual New Year's Eve dance with the first meeting of the New Year. We then looked at our H&I, and oriented untrained members that were

going in and out of hospitals and institutions, such as our regional jail. We created an H&I Orientation Manual for trusted servants serving at H&I meetings.

We continue to encourage all GSRs and home group members to get actively involved in our service task oriented process. Another proposal we are endeavoring upon is from The Report Driven Area to the GSU, for group issues. Here home group members discuss concerns in a serene atmosphere. Another opportunity we have is to endeavor upon having our area change from the "Subcommittee" reports at Area to a task driven service in a LSU, what is now the Service Meeting.

In one of our recent Service Meetings, Public Relations tasks were discussed and assigned to two trusted servants to gather information from the Health Departments and Hospitals in the Almost Heaven Area in order to distribute meeting lists and literature. Our members were excited to serve as points of contact for our Area's Health Departments and Hospitals. Health Depts. in our area were contacted for information on Health Fair dates and criteria needed to distribute NA literature. They were also asked to submit a written report for the next Service Meeting in order for us to keep a log of the tasks that are being completed so as to reduce wasting of resources.

More open discussion about the move towards the New Service Structure is on-going. There is open discussion taking place in our local meetings and during group conscious. I have been attending our Area's meetings more fervently, sharing with our members the accomplishments being achieved in our task driven Service Meetings, and encouraging our members to get actively involved in helping us carry the message to the addict who still suffers.

In our recent Area meeting we discovered that our monthly expenses were greater than our recent donation, and we did not have enough to pay the expenses that were due. We discussed the financial situation and came to a unanimous consensus that we would dip into the emergency fund in order to meet our expenses. Almost Heaven Area's donation last regional meeting was \$465.19. With that said, we are currently unable to provide a donation this month to region.

In Loving Service Denis P.

Appalachian RCM Report:

Hello Family, The Appalachian Area held its last ASC on 8/7/11 at The Gateway in Lynchburg. We currently have 10 home groups with 27 weekly meetings. Currently we have the following open positions: Vice Chair, Vice Treasurer, VRCC, VRCC alt., RCM alt., and PR. There was a nomination for the PR position which will be voted on at the next ASC. Our H&I subcommittee is active and currently takes two meetings into facilities; one of which is a jail, and the other is a homeless shelter.

I was forwarded an email from the regional secretary that was from an inmate in the Lynchburg jail. In the email there was a request for literature and for meetings to be brought into the jail by an inmate. A home group decided that they would purchase 2 basic texts to provide to the jail. The request for a meeting in the jail was brought up at the last ASC, and due to the lack of members within the H&I subcommittee it was stated that a meeting could not be taken in consistently into the jail at this time. Presently we are awaiting a response on the proper protocol to send literature into the jail to respond to the above mentioned request.

Something of interest that has transpired within the area is that one of the home groups that has not been to area in some time has made fliers for an event that they hold, and on the flier it is listed as an AA and NA event. This was discussed at our last ASC and agreed upon that the Area chair would contact members from that group and remind them that this is a violation of NA and AA's traditions.

A regional meeting list spread sheet used to be sent out monthly from the regional PR subcommittee which was used to keep the phone line updated for meetings within the region. I have not seen this spreadsheet for several months and would like to be able to ensure that the phone line has a current meeting list. I am wondering how this could be handled at this point. I would appreciate guidance on this matter.

There is now a new service pamphlet that is out to WSC participants where feedback is being solicited. I am wondering if the delegate team is willing/able to provide this to the members of the RSC so that they could receive feedback from the region before providing feedback to the WSC. If this were to take place I feel that it would allow for a more thorough conscience from this region.

We have a donation in the amount of \$387.17.

With love of the fellowship, Greg H.

Blue Ridge RCM Report:

Hello NA Family of the Central Atlantic Region:

The Blue Ridge Area of Narcotics Anonymous is vibrant and active. Some home Groups are growing and some are struggling and others are holding their own. One of our Groups has been offered an affordable lease on a huge facility for 24/7 occupation and is extending that out to the Area as a base of operation and potential "clubhouse" for NA activities. BRANA Campout was a huge success with record turnout and meaningful Recovery for many. This Sunday is the 4th Annual Go Jump in the Lake event where many will gather for fun, food, and a message of Hope.

BRANA still has 10 active home groups with over 30 meetings a week in several communities. One of our Groups, A Simple Way is struggling and may not make it, the Area has been called upon to provide support through meeting chairpersons and that is working so far. Outreach is chairing 3 jail meetings, 2 at Middle River Regional, 1 at Harrisonburg Men's Diversion Center. Also, 2 different home Groups take open meetings into the New Hope DeTox Unit each week, one on Saturday and one on Monday.

BRANA has elected an Outreach Chair for our Area. We are looking to fill several positions including the still open position for Secretary. Our Area trusted servant position vacancies are: Vice Chair, Secretary, RCM Alternate, VRCC Rep, Policy Chair and now the position of Literature Chair is open as that obligation has been met. We are looking at ways of attracting members to service positions outside of their home Groups.

BRANA is unable to make a monetary donation to the Region at this time. Our income remains low and the cost of events is taxing our funds.

Our Group Conscience at Area had concerns about the position of Activities Chair being absorbed by Regional Chair. We believe that it would be best to recruit someone with regard to the reduced responsibilities and highlight the 2 annual weekend Regional events. If the duties are to be absorbed by another position we felt that RDA II would be a better suggestion. I recognize that we are not offering a solution, we have no member ready to serve and this may appear hypocritical but we still humbly submit our conscience on the matter.

Announcements

- 4th Annual Jump in the Lake Picnic...

Sunday, August 21, 2011 @ 1:00 PM, Eat at 3:00 PM, and Speaker at 5:00 PM

Lofton Lake in Greenville, VA

(3900 Cold Springs Rd, Greenville, VA 24472)

Please bring a covered dish to share. Life vests are required for canoeing. The event is sponsored by the Find a New Way to Live Group.

Directions from Interstate 81, Exit 213A:

Take U.S. 11 South 4.5 miles

Left on Lofton Road (Rt. 666)

Left on Cold Springs Road (Rt. 608)

Left on Lofton Lake Lane, one-quarter mile to the lake

ILS, Peter P.

New Dominion RCM Report:

Good Afternoon,

All is well in the New Dominion Area. We currently have 40 meetings and 37 home groups in our area. At this time all of our subcommittee chair positions are filled and we are going strong. We have recently changed our policy regarding regional and world donations. I don't have the exact details with me, but in the past it was 60% to world and 40% to region. Basically what we have done is switched those numbers where we are going to donate 60% to the region and 40% to world.

Upcoming events in our area are Hope Fiends 11th Annual Brunswick Stew Bonfire on October 22nd at Jeff H's house, New Dominion Area Golf Tournament on October 1st, and a softball tournament on October 15th. I have brought fliers for all of these events.

In Loving Service, Brad M

New River Valley RCM Report: Absent

Outer Limits RCM Report: Absent

Peninsula RCM Report:

Greetings family, PASCNA ASC met on July 2, 2011.

PASCNA is steadily rebuilding and growing. We currently have over 40 meetings/groups.

In our last ASC meeting we discussed several regional issues; however, only two is required as a part of this report:

PASCNA is concerned about Ad hoc meetings occurring outside of scheduled regional meetings, both CARNA RSC and Sub-committee meetings.

PASCNA has voice a disagreement with absorbing the vacant Activities Chair responsibility into the RSC Chair position. PASCNA is encouraging RSC to aggressively search for a willing person to fill that position.

PASCNA has open Public Relations and Activities Chair.

PASCNA has made a \$300 donation to CAR-NA RSC today.

In loving Service, Kerry J.

Piedmont RCM Report:

Hello from the Piedmont Area.

- There are currently 17 homegroups carrying 26 meetings in our area. This is including an additional 12:15-1:15 meeting on Fridays being carried by the New Life group at the same meeting place as the other three meetings. This change was made since the newest meeting lists were printed;
- There were 14 GSRs at the most recent ASC meeting that occurred on August 7, 2011 at 4:00 pm at the Wesley Foundation;
- Most positions have been filled in our area since last RSC. The alternate VRCC director and RCM II positions are currently vacant and open for election. These special events chair position will be vacated and open for election at our next area service meeting.
- The Piedmont Area elects the following trusted servant positions: Chair, Vice-Chair, Secretary, Treasurer, RCM, RCM 2, VRCC Director, Alternate VRCC Director and chairs of the Public Relations, Hospitals & Institutions, Literature and Special Events sub-committees;
- Our special event committee is preparing our area's end of summer picnic. This event will occur on August 27, 2011 from 12:00 pm to 6:00 pm at Walnut Creek Park Shelter #2. The address is 4520 Walnut Creek Rd, North Garden, VA 22959. They will begin planning our area's Halloween party in September.
- Our public relations committee continues to develop ways to distribute literature throughout the area and develop efficient ways to use our helpline.
- In H+ I news, one meeting was unfortunately discontinued. This was a meeting on Tuesdays at Jefferson Trail, which is a juvenile detention center. All other H+I meetings are occurring as regularly scheduled.
- I have a donation of 500 dollars from our area to this region. We also donated 500 dollars to NAWS.
- The Piedmont Area continues to be focused on our fellowship's primary purpose of carrying the message to the still sick and suffering addict;
- The next Piedmont Area Service meeting will occur at 4:00 pm on September 11, 2011 at the Wesley Foundation.

In loving service, Matt E.

Rappahannock RCM Report:

Good afternoon, this RCM is grateful to be of service also present is RCMII Theresa S. Area Service was held at Fairview Baptist 4pm. We had 11 groups present 10 procedural votes. We have 23 groups in our Area. We have filled our Chair position, Mark T. and the following positions are still vacant Secretary II, Treasurer II and VRCC Director. H&I still needs support they do not enough help to for some of their commitments they are going to RRJ and that is going well. Outreach is being done pro temp by Pasty P. no real progress at this time. My Area is asking me to ask Region who do we contact as far as the phone line? Activities has done the work for the Regional Speaker Jam it is being held at the VFW at the rate of \$ 175.00 they have already lined up

speakers it is being taped they have selected Tandy who will also be the D.J for the dance afterwards. We want to give a warm thank you to Tri-Cities for their support. We will need to collect money for the space and coffee and creamer. I have nothing else to report at this time.
In Loving Service, Antoinette B

Richmond RCM Report:

Greetings to the RSC from the Richmond Area of NA, our last area service was held on Aug 14. Our attendance of GSR was 17 voting, 12 reporting with 8 absent. On July 23rd our area did an audit to correct any discrepancies that were at hand. I'm pleased to say everything was resolved at area service4 however we do not have funds to donate to regional at this time. Nominations acceptance and qualifications for trusted servants position were held for Sept elections were as follows Patricia R-RCM currently Pro Temp, Trice B Literature Chair and Claudia J Alt VRCC Rep. positions still open are Special Events Chair, Alt RCM, and Newsletter Chair. Today from 5pm to 10pm For the Newcomer Home Group will host their home group anniversary. Come out to 1400 Oliver Hill Way for food, fun and fellowship. As always, we continue to carry the message inside and outside the rooms. ILS, Patricia R

Roanoke Valley RCM Report:

Greeting from the Roanoke Valley, we just elected new trusted servants. All of the positions are filled except Activities Chair. Home groups are doing well. On Labor Day, we are having a Labor Day cookout with a Speaker in Wasena Park from 12-7. Our new RCM Sam A and Alt RCM Debbie H were unable to make it today, so I have been asked to bring the report. We have no donation at this time. ILS, Maria J

Shenandoah Valley RCM Report: No Report Submitted

Southside RCM Report:

The Southside Area of NA is doing well. We held our last Area Service Meeting on August 14, 2011. There are currently 11 home groups with 34 meetings in our area. There are no only available commitments at the area table other than Activity Chair.

Our H&I subcommittee is hoping to schedule another orientation day in September. Our H&I Chair, Gail F, is currently looking for women to call her (434-579-2520) and let her know of their interest. We provide weekly meetings to the Danville Annex (women's prison) and Chadham Jail and Southern Virginia Mental Health.

Our PR subcommittee is organizing another Poster hanging day in Martinsville. The TV spot in Martinsville went well and our new website (www.southsidena.org) is doing well.

In loving grateful service, Kim A

Tidewater RCM Report:

Hey family, I'm Mark W. and I'm returning for another term as Tidewater's RCM. I have missed participating in the regional process.

We have 116 meetings in the Tidewater area every week, 12 of which belong to the OBX Co-op. Actually some of these meetings have gone to the new Beach area but are still contained in our meeting list. There are approximately 65 home groups. We had 29 GSR attend the last area service committee meeting on August 14th.

We have several positions open at this time: Alt RCM, Alt Treasurer, Assistant Secretary, and Alt VRCC. Planning for the 30th AVCNA continues. The committee could always use more help but all the vital positions are filled with the exception of Entertainment and Arts and Graphics. Fundraising continues with a Sponsor/Sponsee dance tonight at 9pm at the Easy Does It club on Raby Road in Norfolk. Next is a breakfast speaker meeting on September 17th from 10am till 1pm at Norview United Methodist Church also in Norfolk. The Serenity on the Shore campout is also rapidly approaching. It is from noon on October 7th till 1pm on the 9th at First Landing State Park in Virginia Beach. Their fundraising is going well with a Volleyball tournament going on as we are meeting here.

The Tidewater Area is healthy and still carrying the message of recovery. ILS, Mark W

Tri-Cities RCM Report:

Greetings to all from the Tri-Cities area, we would like to thank you once again for allowing the Tri-Cities area to participate.

Our area is still doing well and growing in service. Meetings are well attended and we are self supporting declining outside contributions.

We have celebrated many anniversaries since we last met. Clean time is very important and the attendances at our celebrations are always full with support.

Several of our home groups have monthly potluck dinners before the scheduled meetings and that has been found to be very welcoming to the newcomer and continues to bond our fellowship together in recovery.

Our upcoming events are as follows, Unity Fest, September 24th 2pm-5pm, Crystal Lake Hopewell, VA, Recovery from Within Group Anniversary, September 17th New Hope Community Center, Hopewell, VA Women of Courage will be celebrating there 1 year anniversary, September 6th, 6:30pm Ivy Memorial Church, Chester, VA. For more information see fliers on table.

Tri-Cities Area is in the process of gathering our members to come and participate in the Regional Speaker Jam in September.

One of our own Akin S was asked to be one of the speakers for our Regional Speaker Jam, he graciously accepted to come out and share his experience, strength and hope.

We still have two positions open at area, one has been filled. Our new Alt RCM is Maria C. she will be joining me at all the area and Regional meetings to follow.

We have a donation today of \$175. ILS, Butch C

Break for lunch @ 2pm

Reconvened @ 2:45pm

Old Business

Motion 150-6 Mover: Antoinette B Seconded: Patricia R Richmond

To change the date of the GSR Assembly so it will not coincide with the Ocean City Convention.

Intent: so we will not have to choose between the two because they are on the same weekend.

Referred to Policy at 150th RSC

The consensus of both meetings of the Policy Subcommittee regarding Motion 150-6, to change the date of the GSR Assembly, is that the motion inappropriately defines parameters as to what the GSR Assembly should not do instead of focusing on what it should do and it fails to address all the articles requiring changes in the CARNA G & RO.

Specifically the motion fails to address the fact that the CARNA G & RO ties the RSC to the GSR Assembly.

Section VIII: ADDITIONAL GUIDELINES

8. The RSC will meet as overnight events ... in the months of April and October.

Section XV. GSR ASSEMBLY

1. The CARNA shall hold a GSR Assembly every April.

This motion must address all the specific sections and articles within the CARNA G & RO.

Additionally, this motion seems to ignore the specific responsibilities and time constraints of the RD team, which must attend meetings outside this region, report on those activities and allow time for out region to vote on items as required. Changing the RSC may also affect other Area Service Conferences, the GSR's ability to attend those meetings, and those ASC's ability to vote on motions sent back to the various Areas.

Therefore, in light of these issues the Policy Subcommittee recommends that the mover of this motion either postpone the motion indefinitely, amend it or that the Chair rule it out of order because it conflicts with other sections within the CARNA G & RO.

Motion: To postpone motion 150-6 indefinitely. Intent: to have the motion rewritten properly. Mover: Antoinette B 2nd: Patricia R Passed 13-0-1 at the 151st RSC

Motion 150-7 Mover: Bill M Seconded: Trevor D New Dominion

Dissolve the Activities Subcommittee.

Intent: inability to fill the position and to adhere to our 5th Concept of a single point of decision and accountability.

Referred to Policy for impact statement

Amended motion as reported by Policy Subcommittee at the 151st RSC

Motion 150-7 Mover: Bill M Seconded: Mark W. Tidewater

The Activities Subcommittee will be project driven.

Change the CARNA G & RO as follows:

Amend Section IX: OFFICERS DUTIES/QUALIFICATIONS,

1A. CHAIR DUTIES

include:

16. Schedules and plans RSC conferences up to one year in advance, including meals and lodging as needed.

6A. REGIONAL DELEGATE-ALTERNATE DUTIES

include:

14. Schedules and plans the annual April GSR Assembly

15. Schedules and plans the CAR Workshop every two years (mid-February to mid- April.

16. Schedules and plans the Autonomal Zonal Forum as required.

Intent: inability to fill the position and to adhere to our 5th Concept of a single point of decision and accountability.

Motion to amend motion150-7: Sherry V. Seconded: Mark W. Area: Tidewater

(The region made several changes to the motion presented by the Policy Subcommittee. The changes, voted and approved by the region, are marked in *Italic.*)

Amended Motion 150-7 as approved by RSC.

Mover: Bill M Seconded: Mark W. Tidewater

The Activities Subcommittee will be project driven.

Change the CARNA G & RO as follows:

Amend Section IX: OFFICERS DUTIES/QUALIFICATIONS,

1A. CHAIR DUTIES

include:

16. Schedules and plans RSC conferences up to one year in advance, including meals and lodging as needed.

5A. REGIONAL DELEGATE DUTIES

include:

14. Schedules and plans the annual April GSR Assembly

15. Schedules and plans the CAR Workshop every two years (mid-February to mid- April.

16. Schedules and plans the Autonomal Zonal Forum as required.

Motion to Go Back to Home Groups for Conscience from 151st RSC

Motion: to do Roll Call vote to correct error on voting process on 2 motions at previous RSC 148-8 and 148-9.

Intent: to follow proper voting procedure. Maker: Melissa E 2nd: Butch C Passed 12-0-2 at 151st RSC

Motion 148-8 Roll Call Vote AHA-No, Appalachian-Yes, BRANA-Yes, NDANA-Yes, Peninsula-Yes, Piedmont-No, Rappahannock-No, Richmond-No, Roanoke Valley-Yes, SHEVANA-No, Southside-Yes, Tidewater-No, Tri-Cities-Yes and Gateway to Freedom-Abstain

151st RSC Motion Failed 7-6-1

Motion 148-9 Roll Call Vote AHA-No, Appalachian-No, BRANA-No, NDANA-No, Peninsula-Abstain, Piedmont-No, Rappahannock-Yes, Richmond-No, Roanoke Valley-Yes, SHEVANA-Yes, Southside-Abstain, Tidewater-Yes, Tri-Cities-No, and Gateway to Freedom-Yes

151st RSC Motion Failed 5-7-2

Nominations and Elections

New Business

Motion 151-1: Mover: Etta F, 2nd: Brad M NDANA

To change the CARNA G&RO Section XVI Service Districts Item 4

From: To Centralize in Charlottesville the RSC meetings.

To: CARNA RSC meetings will be held in Charlottesville or the surrounding suburbs except the October and April two day events which will rotate throughout the four quadrants in the region.

Intent: To encourage local area participation at the regional level and be financially responsible with our 7th Tradition funds.

Pro: This motion is a great compromise that allows our region to carry our message throughout our region via our GSR assemblies and October Workshops.

151st RSC Take Back to Areas for Consciences

Motion 151-2: Mover: Jim H, 2nd: Patricia R Richmond

To suspend policy and allow multi-day RSC in October to book lodging outside Charlottesville. Due to higher cost that weekend in Charlottesville.

Intent: To keep the same weekend and keep it within budget.

Motion failed 3-8-2

Motion 151-3: Mover: Etta F, 2nd: Brad M NDANA

To suspend the rules of order to move the Oct multi-day regional to another location.

Intent: To be able to schedule the available rooms, conference rooms and lunches.

Motion passed 10-3-0

Motion 151-4: Mover: Donna L, 2nd: Kerry J Peninsula

To approve an expenditure for gas in the amount of \$40.26 above and beyond the budget for RDA travel to the Autonomy Zonal Forum on July 29th -30th.

Intent: To be fully self supporting in the carrying out of RDA duties.

Motion passed 13-0-0

Motion 151-5: Mover: Eddie W, 2nd: Greg H Appalachian

To be reimbursed \$73.11 for gas receipts regarding travel to attend the Autonomy Zonal Forum in Fairmont WV. This amount is \$25.57 over budget.

Intent: to get my money back.

Motion passed 13-0-0

Planning for Next RSC

Information to be forthcoming as soon as possible. Be on the lookout for email.

151st RSC closed at 4:45pm with Serenity Prayer.

Thanks for allowing me to serve. ILS, Cynthia W. Secretary