

# Minutes

## Agenda 172<sup>n</sup> Regional Service Conference Central Atlantic Region

April 19, 2015 - 100 S. George St, Cumberland, MD 21502

**Note: RSC will be preceded by Open Forum, not to exceed one hour.**

**Open Forum begins: 10:00am**

**RSC begins: 11:15am**

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
  - a. Discussion of how to handle disruptive behavior on the Regional level.
  - b. Discussion about two day events (e.g., making rooms available on Friday for those who travel excessive amounts of time) and changing polices to match current practice.
3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Jim. H.	Almost Heaven	Sherry V.	X
Vice Chair	Bill M.	Appalachian	Sam S.	X
Secretary	Brian C.	Beach	Abs.	
Treasurer	Neal G.	Blue Ridge	George S.	X
Regional Delegate	Eddie W.	New Dominion	Abs	
Regional Delegate Alternate	Kim A.	Peninsula	Jimmy W.	X
Regional Delegate Alternate 2	Open	Piedmont	Aaron A.	X
VRCC Chair	Bob G,	Rappahannock	Antoinette B.	X
Hospitals and Institutions Chair	Abs	Richmond	Nancy S.	X
Policy Chair	Open	Roanoke Valley	Abs	
Public Relations Chair	Etta F.	Shenandoah Valley	Elisa D.	X
Speaker Jam Chair	Abs.	Southside	Andrew D	X
		Tidewater	Tim B.	X
		Tri-Cities	Abs.	

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).**

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
6. Approval of Prior Minutes – Mover: Jimmy W. 2<sup>nd</sup> Elisa D.
7. Trusted Servants Reports

Chair Report	<p>Thanks to everyone who helped get the message out that our meeting in February was cancelled.</p> <p>Thanks to Gateway to Freedom for all there help with our two day event .I saw a lot of fellowshiping and love for each other over the weekend .Good job everyone .</p> <p>In October we will be in Franklin Va. for our two day event. Still working on securing a meeting room and hotel. Information will be posted when confirmed.</p> <p>In Loving Service Jim H</p>
Vice Chair Report	<p>The Cost of this year's GSR Assembly was \$239.47. The cost was kept so low because of the extensive help and support of the Gateway to Freedom Area. I cannot thank</p>

	<p>the area enough for their help locating a restaurant to supply the main course for lunch and the area's donation of food, drinks, deserts, and the generous service of its members.</p> <p>ILS, Bill M.</p>
Secretary Report	<p>All is well, thanks for the opportunity to be of service.</p> <p>ILS, Brian C.</p>
Treasurer Report	<p>All the bills that I know of up to today are paid. We had a balance of \$14,479.50 at the 171<sup>st</sup> RSC. Since then we have deposited \$5878.26. We have had debits totaling \$2000.96 to give us a current balance of \$18,356.80.</p> <p>Our prudent reserve as determined by the formula approved by the RCMs is \$15,355.00. If we subtract this from our current actual balance the difference is 3001.80. This difference will be sent to NAWS.</p> <p>We had total expenses in 2014 of \$16,579.66 and total income of \$18,209.92. The difference in the two amounts is \$1629.96. We contributed \$1571.44 to NAWS. That leaves us with \$58.52 of income that I'm not sure where it is. The bank records reconcile correctly. It is probably a math error somewhere or some accounting voodoo with which I am not familiar.</p> <p>A partial breakdown of our 2014 expenses is as follows: phone/web- 33%, RSCs- 16%, RD team- 35%, H&amp;A- .008%, PR- .03%. it should be noted that this was a conference year so that makes the RD team portion more than on a non-conference year.</p> <p>Our YTD income has been 5878.26 and our YTD expenses have been \$3743.44.</p> <p>When I was paying our bill with PCMS I noticed that the charges for the last two months seemed very high. The bill for March was \$770 and the bill for April was \$886.33. I brought this to the attention of Janie at PCMS in Erie, PA and she did some research into the matter. It seems that someone was making a very high volume of very obscene calls to our service. PCMS was able to get the person's first name- Raymond- and their phone number: (517) 214-0234. PCMS called the individual from their office and evidently the person had caller ID because he started calling their office. In the end they had to block his number from our service and from their office. He ran up 1800 minutes in one month.</p> <p>We need to diligently search for a new treasurer. In August I will have been in the position for four years. I am ready to turn over the purse strings.</p> <p>ILS, Neal G.</p>
RD Report	<p>Yesterday the Delegate Team facilitated the GSR Assembly here in Cumberland, MD from 10:30 am – 4:00pm. A special thanks to those who submitted their annual written reports (Vice Chair, Delegate Team, Public Relations and Literature Review Ad</p>

Hoc), as well as those who provided verbal reports (Chair, Secretary, and VRCC Chair). Thanks to the efforts of our Vice Chair and members of the Gateway to Freedom Area a delicious lunch was provided to all who participated. At one count there were over 40 members in attendance, and the afternoon IDT workshop “Welcoming All Members” was a wonderful success. The feedback from the small group discussion was collected and will be submitted to NAWS through “worldboard@na.org” Unfortunately (perhaps due to poor time management on my part) there wasn’t enough time to conduct the Tradition Book project Review and Input of Tradition 5. The Assembly wrapped up around 10 minutes early (3:50 pm). I donated the 10 copies I purchased of the draft for Tradition 5 to the Southside Area who is planning a review and input of Tradition 5. Given that we were unable to use these copies at the GSR Assembly as planned, I will not seek reimbursement for their cost (\$29.70)

I mentioned in my report at the last RSC I would be returning the \$40 gas advance I’d received at the October RSC to attend the Service Matters Workshop in Petersburg on Saturday November 29<sup>th</sup> (which I failed to attend due to a scheduling error). I realized later that I neglected to actually return those funds to the Regional Treasurer. The Materials that were purchased for the “Welcoming All Members” workshop at yesterday’s assembly totaled \$26.53, I am therefore submitting those receipts along with the balance of \$13.47 to our Regional Treasurer today.

As some of you may know, my wife and I are expecting our first child to be born on August 5<sup>th</sup>. Given the proximity of that date, and the date of the upcoming Autonomy Zonal Forum on July 25<sup>th</sup> hosted by the Eastern PA Region, I will be unable to attend that event. In keeping with our Regional Policy, our Regional Delegate Alternate Kim A. will be submitting her itinerary to attend the AZF (\$40 gas advance, \$52.50 per diem, and one night lodging) here today.

On January 31<sup>st</sup> I attended the Autonomy Zonal Forum in Washington DC with our Regional Delegate Alternate hosted by the Chesapeake and Potomac Region. In order to avoid redundancy, Kim A will be covering what transpired there in her report. The only item of note I feel should be brought to the body’s attention was a \$39 “valet” fee that was automatically charged to the Regional Debit Card by the hotel during that stay. Valet parking (and the associated fee) was the only available option at this hotel. This fee exceeded the amount I’d submitted in my itinerary at the previous RSC.

On February 6<sup>th</sup>-8<sup>th</sup>, 2015 I attended MARLCNA 31 in Lancaster, PA with our RDA Kim A. Friday night we attended the NAWS Update presented by two members of the World Board and two members of NAWS Staff. Their focus for this conference cycle are the Issue Discussion Topics: Planning, Group Support, and Welcoming All Members (info and session profiles available at na.org/IDT), the Traditions Book Mini Workshops (available at na.org/traditions), Public Relations, Fellowship Support and Development, Evaluation of the Literature Distribution System, and protection of the Fellowship’s Copyrights.

Based on the adoption of modified CAR Motions 4-6 at WSC2014, NAWS plans to support local communities as they discuss & implement ideas related to the SSP, continue to develop new tools, collect local ideas & experiences, and host webinars. Please visit [na.org/servicesystem](http://na.org/servicesystem) for more information regarding this portion of my report.

The deadlines for the next review and input period for the Traditions Book Project “have been postponed to March 1st - May 31<sup>st</sup>. The proposed dates for 7-12 are now June 1st – August 31st. Despite the postponement, one member expressed concern that the Traditions Book Project is being rushed. The World Board members responded it was their duty to adhere to the timeline of the project plan as it was approved at WSC2014.

Projects with Virtual Workgroups will focus on Decision Making at the WSC (Process for evolving ideas before and at the WSC, and ways to use CBDM at the WSC), Planning our Future (Building on WSC planning discussions, and Workshops with virtual workgroup meetings), and the construction of a Delegates Sharing Session (consisting of a Delegate led workgroup to develop the format).

The 36<sup>th</sup> World Convention of Narcotics Anonymous, *O Presente é a Liberdade*, The Gift Is Freedom, in breathtaking Rio de Janeiro, Brazil. WCNA36 will mark our second bi-lingual world convention. If you are from the US or Canada, you will need a visa to travel to Brazil. For a complete list of countries requiring visas and their requirements please visit:

[http://sistemas.mre.gov.br/kitweb/datafiles/NovaYork/en-us/file/qgrv-simples-ing-26\\_03\\_2014\(1\).pdf](http://sistemas.mre.gov.br/kitweb/datafiles/NovaYork/en-us/file/qgrv-simples-ing-26_03_2014(1).pdf) NAWS will be posting information about ground transportation from the airports in Rio shortly. Please Pre-Register if you’re planning to attend. Pre-registrations are needed to plan effectively for merchandise and meeting space. Limited packages are available for new comers and our aim is to plan WCNA to financially break even. Pre-registration helps meet our responsibilities and helps ensure that you will not miss out on this convention. Some of the advantages to pre-registration are that there will be limited onsite registration, it helps NAWS plan a better WCNA, access to one-of-a-kind pre-registration merchandise, and eligibility for a drawing that includes 2 free registrations and a \$200 merchandise certificate. In addition those who pre-register will enjoy early access to merchandise and daily events like dances & music events.

The remaining NAWS Update can be read in its entirety at [na.org](http://na.org).

During the Saturday session we participated in the four 2014-2016 IDT workshops that were conducted (Group Support, Planning, Welcoming All Members, and the Role of Zones). The following is a sampling of the feedback that was generated by those in attendance:

GROUP SUPPORT: The first step was to identify some group issues (areas of concern participants felt should be addressed) in an effort to more successfully carry the message. Responses included: “Fucking Cellphones!, lack of committed home group members, rotation of service, warm body syndrome”. The responses were then prioritized according to those that received the most support. Some solutions for “Lack of Committed home group members” were: “show gratitude, lead by example, create positions that don’t require significant clean time requirements so new comers can experience the value of serving others”. The hope was this might overcome the trend of newcomers staying clean for 30, 60, 90 days without having been of service to others and thinking service isn’t a necessary element of staying clean. By planting the seed of service early, newer members might experience the correlation between service and ongoing recovery.

	<p>The remaining IDT workshops were conducted much in the same way (adhering to some of the tenants of the “Planning Basics” (identifying issues, prioritizing the issues, brainstorm solutions, sharing of ideas). Having the opportunity to participate in these workshops strengthens our ability to conduct them ourselves. In the interest of time I will dispense with further elaboration.</p> <p>Thank you for the opportunity to be of service. Eddie W. (RD)</p>
RDA Report	<p>Since inclement weather prevented us from meeting in February, this report includes all the activities that we have participated in since last we met in December of 2014.</p> <p><b><u>January 2015:</u></b> I attended the AZF on January 3, 2015 with Eddie W. All six regions that comprise the Autonomy Zonal Forum were present.</p> <p>For those who might have missed the workshop Eddie did at the AVCNA this past January and who might be wondering <i>what is a zonal forum</i>, here is some background from the Guide to World Services (GTWS) on this topic: <i>“Zonal forums are service-oriented sharing and/or business sessions that provide the means by which NA communities can communicate, cooperate, and grow with one another. Although not a part of NA’s formal decision making system, World Services and zonal forums interact in many ways. Zonal forums are encouraged to provide written reports to the WSC and may also provide short videos that are shown at the WSC and distributed to conference participants following the WSC. In order to improve communications, they are provided with conference participant mailings and are requested to send their minutes to World Services. World Services typically attends zonal forum meetings, and may provide funding for some participants’ attendance at zonal forums. Maintaining effective communication between the zonal forums and World Services is a high priority. In order to more effectively serve the Fellowship, World Services and zones should develop a partnership for the planning and conducting of the worldwide workshop system, and by assisting each other in the coordination of a variety of service efforts such as professional events and fellowship development activities.”</i></p> <p>At the January meeting we had several things on our agenda and started the day off with discussion about possibly creating a secretary position. A decision is still pending and we will be further discussing this new position at our next meeting. We progressed with our agenda items and reached consensus on our new website design. Some of you may or may not remember that during 2014 we had decided to develop a new website in order to make the site easier to maintain and to give it more flexibility than the previous CMS site had allowed us. I designed a new WordPress website and in preparation for this discussion put together a PowerPoint presentation with all the usual whirling and bouncing of key words as well as a few flames and fireworks thrown in for good measure! Please check out the new site on <a href="http://autonomyzonalforum.org">http://autonomyzonalforum.org</a>. There were several aspects of the new design I wanted group consensus on and utilizing Power Point technology proved to be a very useful way to facilitate that discussion. We were able to reach a consensus and since that meeting I have been able to implement the changes we agreed upon and the new design rolled out in January. Following the agenda we had prepared in July of 2014, we then worked on our new Vision and Mission Statements that that we had come up with in our two prior conference calls. We decided it is ready for our</p>

Region's Review and Input. To that end, today we are looking for our region to review and possibly offer input on our proposed AZF Mission and Vision Statements.

**Mission Statement:**

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for Regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole.
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service and the knowledge that our efforts make a difference.

**AZF Vision Statement**

All of the efforts of Narcotics Anonymous are motivated by the primary purpose of the groups we serve. Upon this commonality we, the Autonomy Zonal Forum stand vigilant.

Our vision is that one day:

- Every addict has the chance to experience our NA message and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- The regions within the AZF work together in a spirit of unity and cooperation to support the groups, areas and regions in carrying our message of recovery;
- The AZF is committed to the continuing effort to establish Narcotics Anonymous as a universally recognized, respected, and viable program recovery.

Our foundation is based on honesty trust, and goodwill regarding all our service efforts, relying on the guidance of our loving Higher Power.

We prioritized the list of goals that we had come up with in 2014 and were able to check off several things that we have already accomplished. The following is our prioritized 3 Point List of goals:

1. Mission and Vision Statement
2. Consider having one event per year
3. Draft a policy to address "Secretarial" Duties
  - a. Draft a template for the drafting of record taking notes for the AZF meetings

We then came up with a timeline for the remainder of the items on our list.

- Mission and Vision Statement - *Begin July 2015*
- Consider having one event per year - *July 2016*
- Draft a policy to address "Secretarial" Duties - *Conference call May 2015-July 2015*

Our next conference call will be May 11, 2015 @9:30 pm and our deadline for submitting discussion ideas for the Minutes Template to be used by the Secretary is April 27<sup>th</sup>.

The Next Zonal Forum will take place in the in the Eastern Pennsylvania Region on July 26, 2014.

I am returning \$25.00 of the \$40.00 gas allowance I was given for attending the AZF as Eddie and I were able to carpool and I only used my gas to travel from my house in Nathalie to Eddie's house in Lynchburg at a cost of \$15.00.

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On January 10<sup>th</sup>, 2015 I attended our AZF workshop at the AVCNA with Eddie. As I mentioned earlier, Eddie presented his PowerPoint presentation concerning *WHO* is the AZF and *WHAT* do we do and it appeared to me to be very well received by those who attended.

#### **February 2015**

On February 6, Eddie and I headed up to Lancaster PA for MARLCNA. I won't go into a long reporting on what transpired at MARLCNA because Eddie will have already reported on that. We did take advantage of our many hours travelling to and from Lancaster and Philadelphia to discuss the ways in which we might best serve our region. We also reached out to several experienced members of our fellowship in hopes of finding someone who might be interested in committing to the RDA2 position, but alas, in this we were not successful. I encourage all of you to please talk to your respective areas about the importance of finding someone to fulfill this commitment. The 3 person team has been serving this region very well for some time now and I hope we can keep up the good work!

I am returning \$25.00 of the \$40.00 gas allowance I was given for attending the MARLCNA as Eddie and I were able to carpool and I only used my gas to travel from my house in Nathalie to Eddie's house in Lynchburg at a cost of \$15.00.

The revised 2014-2016 *Guide to World Services in NA*, the revised draft WSC 2014 Summary Record, a cover memo that explains the changes in both documents, and a memo from the WSC 2014 Parliamentarian are all available for download via ftp. If you are interested in reading any of these documents, please let me know. The Traditions review and input material is posted on [www.na.org/traditions](http://www.na.org/traditions).

#### **April 2015**

Yesterday's GSR Assembly went well.... Thank you to Gateway to Freedom! You hosted a wonderful day and it really seemed like everyone enjoyed the entire event. Regretfully there ended up not being enough time to get to the 5th Tradition Workshop, but I hope everyone got as much out of the Welcoming New Members Workshop as I did. One Addict shared she felt she benefitted from the reinforcement of the information pertaining to how it was when she first got here and she felt it was

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|                  | <p>a useful reminder of how to be more available and welcoming to the newcomer.</p> <p>I am requesting funding for the AZF which will be held in the Eastern PA Region in July of 2015.</p> <p>\$ 40.00 gas advance<br/> \$125.00 hotel<br/> \$ 52.50 per diem (1.5 days)<br/> \$217.50 Total</p> <p>I will not need these funds until June RSC</p> <p>Thank you again for the opportunity to serve,<br/> Kim A<br/> RDA</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| RDA2 Report      | Open.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| VRCC Report      | <p>Hello Family,</p> <p>The 33<sup>rd</sup> AVCNA was a success, in that we helped the addict who still suffers find the rooms of Narcotics Anonymous and hear the message of hope. I would like to thank all who were involved in a great convention.</p> <p>Our fiscal year ended on February 28<sup>th</sup> 2015, our 990 tax return and financials will not be available until August 2015. I am pretty sure that the 33<sup>rd</sup> lost money but I will not know the exact amount until the financials are complete.</p> <p>The VRCC met in March in Charlottesville. There were several positions open, included treasurer, vice treasurer, policy chair and webmaster. The vice-treasurer, Tim C declined the position of treasurer. The current treasurer, Susan G was appointed pro-tem. Mark L was elected as webmaster and Ron B was elected policy chair.</p> <p>We would like to thank the following areas for sending a director; Almost Heaven, Appalachian, Beach, New Dominion, Richmond, Shenandoah, Tidewater and Tri-Cities Areas. We would love to see participation from all areas.</p> <p>The 34<sup>th</sup> AVCNA is being hosted by the New Dominion Area and is being held at the Downtown Marriott in Richmond, VA on January 8-10<sup>th</sup> 2016. The new website is up and running and able to accept registration and payments online.</p> <p>Our next meeting (Retreat) is scheduled for April 25 &amp; 26 at the Aloft Richmond Hotel, 3939 Duckling Dr., Glen Allen VA.</p> <p>In Loving Services,<br/> Bobby G.<br/> VRCC Chair</p> |
| H&I Chair Report | <p>Hello all,</p> <p>The CARNA H&amp;I Subcommittee met on Saturday, March 22<sup>nd</sup> via teleconference.</p> <p>Bullet 1 – We hold regularly scheduled meetings every other month and follow the quadrant rotation as prescribed in the subject service handbook. We have secured</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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|  | <p>and accounted for the CARNA H&amp;I literature inventory. I have received no letters from inmates in the past 2 months.</p> <p>Bullet 2 – The goal of the sub committee over the next year is to gain accurate and up to date information on the H&amp;I commitments with in our region. This information is helpful with PR efforts and communicating our abilities to serve addicts with professionals. We would ask all RCM’s to update the subcommittee via their RCM reports per CARNA policy at each CARNA Meeting.</p> <p>Bullet 3 – We approved a one time presentation for Coffeewood Correctional Facility and are working to coordinate this effort. We will be reaching out to local areas for support with this effort.</p> <p>Bullet 4 – We attended New Dominion’s H&amp;I learning day on the 23<sup>rd</sup> of March and the Beach Area learning day on the 22<sup>nd</sup>.</p> <p>Bullet 5 – The information concerning the upcoming Unity Day call is attached and was sent to all contacts in the H&amp;I mailing list. I have also attached the minutes from our last webinar</p> <p>Bullet 6 – Refer to bullet 3</p> <p>Bullet 7 – RCMS, please include information on H&amp;I within your areas in your monthly reports.</p> <p>Also please inform your areas of the phone in option for attendance to regional sub-committee meetings.</p> <p>Bullet 8 – There are 3 positions open for the Inmate Step Writing project; Chair, Vice Chair and Secretary. Please share this with your areas and point interested members to <a href="http://www.car-na.org/h&amp;i">www.car-na.org/h&amp;i</a> for details and the current ISW policy</p> <p>The livestream meeting is weekly, Wednesday nights at 8 p.m. The policy for this effort is attached.</p> <p>To call in dial:<br/> (855) 265-2285<br/> or by computer at <a href="http://www.uberconference.com/hicarna">www.uberconference.com/hicarna</a></p> <p>I am submitting a reimbursement of \$158.99 for a Phillips conference call device. Also we started the payed version of Uberconference for \$23.75 per month. This was charged directly to the CARNA account for the past month. However, I am also asking to be reimbursed for the first month at \$23.75.</p> <p>Please forward request to be apart of this effort to <a href="mailto:hi@car-na.org">hi@car-na.org</a>.</p> <p>This was in the last report but I have kept it to provide information to all involved with the website development.</p> <p>We have requested the following for the new web site. We hope to use the new site to better inform the region. The following is a summary of these requests. Please ask your H&amp;I chairs if they would like any other information on the web site concerning H&amp;I.</p> <p><b>Main Page:</b><br/> CARNA H&amp;I Purpose<br/> CARNA H&amp;I Subcommittee meeting information<br/> Conference call number and access code<br/> Web service link<br/> CARNA H&amp;I Subcommittee contact information<br/> Current news and information concerning CARNA H&amp;I<br/> CARNA H&amp;I Blog<br/> Data entry for the following:<br/> New or changed H&amp;I commitments in areas<br/> Users can put in email information to be included on H&amp;I emails and info<br/> Link to NAWS H&amp;I</p> |
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|  | <p>NAWS webinar minutes<br/> Current Subcommittee minutes<br/> WCNA Unity Day Information<br/> For Professionals section:<br/> Services available – Live Stream meeting, ISW and Local Area H&amp;I service support<br/> Want to show the types of facilities served throughout the region<br/> i.e. – 20 prisons, 10 Mental Health facilities, 10 Jails, etc.</p> <p><b>Sub pages:</b><br/> Live Stream Page<br/> Statement of Purpose:<br/> “...To share the life saving message of Narcotics Anonymous with fellow addicts who cannot attend our regularly scheduled meetings...to share the atmosphere we experience in our regular meetings.<br/> Links to live stream meetings<br/> Live Stream meeting schedule and call in or computer link information<br/> Live Stream meeting format for download (for live stream meeting chairs)<br/> Data input for volunteers interested in chairing a live stream meeting<br/> Another email input and grouping for those interested in CARNA live stream meetings</p> <p>ISW Page<br/> ISW Statement of purpose:<br/> “The primary purpose of this committee is to provide written Narcotics Anonymous step guidance and correspondence to incarcerated addicts desiring recovery.”</p> <p>ISW Policy<br/> ISW email contacts:<br/> Chair, vice chair, coordinating secretary<br/> ISW Volunteer agreement form for download<br/> Data input and grouping for emails of those interested in ISW service</p> <p>Upcoming service opportunities for this body include:<br/> Working with institutions to live stream meetings into facilities that cannot attend regular meetings and don’t currently have H&amp;I commitments<br/> Work with facilities to offer upcoming Unity Day Meeting at the next WCNA in Rio De Janeiro Brazil, June 2015<br/> Work with Almost Heaven Area on correspondence and possible one time meeting at a Federal facility that borders with Gateway to Freedom Area<br/> At the next subcommittee meeting we will take nominations for the positions outlined above to support the ISW effort.<br/> Also I have books for the Outer Limits Area, Outerbanks Area, Almost Heaven Area and Gateway to Freedom Area. I can mail these to H&amp;I chairs or bring to the June Regional and give to the RCMs of these areas. If you would like them mailed please email me contact information.<br/> In closing, please inform your area members of the opportunities to serve at the regional H&amp;I level. We need help responding to letters to inmates, developing and starting the ISW project and working on better ways to communicate with regional, state and federal agencies.<br/> For specific place details see the CARNA Website.<br/> To attend this meeting via conference call (We are changing to a new service, uberconference):<br/> Conference Dial-in Number:</p> |
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|                     | <p>By phone: (855) 265-2285<br/>By computer: <a href="http://www.uberconference.com/hicarna">www.uberconference.com/hicarna</a></p> <p>Details on the exact location of the next subcommittee meeting will be provided to the CARNA Web servant prior to May 16<sup>th</sup> in quadrant 4.</p> <p>Please feel free to contact me with any questions or suggestions.<br/>I'm sorry for my absence at this weekends 2 day. My life is full and I am forced to prioritize more than I'd like. Thanks for all of your service and thank you for allowing me to serve.</p> <p>Gratefully,<br/>Chuck K.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Policy Subcommittee | <p>"I won't be attending the RSC on Sunday. It's unfortunate because I wanted to resign in person but the changing of the RSC to Sunday's during the two days doesn't work for me. I will however drive to Cumberland tomorrow to drop off the copies of the new policies and the change from the \$300, Along with my last report as policy chair pro temp." – Greg G.</p> <p>CARNA gave Greg \$300 for printing the policy guide, the cost of printing was \$153 and he returned \$147 to the treasurer.</p> <p>Although personal circumstances and the change of the RSC on the two-day event were the final causes of his stepping down, the primary reason was extensive travel around the state to hold meeting where he was the only person attending whose primary interest is policy. Simply said, Greg was tired of driving around the state to hold meetings which could be held as a conference call from his home.</p> <p>Bill M.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Public Relations    | <p>It is a pleasure to be here in service today. I did not physically attend the last PR subcommittee meeting April 19<sup>th</sup> in Dublin VA as I was not allowed to travel do to health issues. I would like to thank Burrell P for showing up down there to have a presence. Word has it that the local fellowship showed up early to bring food but since the other subcommittees were not there they left. We did start at the time listed on the web and I facilitated by conference call.</p> <p><b>Open forum-</b><br/><b>Meeting online</b> for planning. Will look at PSA creation, video audio creation. If anyone has this skill set please attend. Jun 4th conference call 8p info will be on our site.</p> <p><b>Phone line-</b> George B reports diminishing health and upcoming travel ahead so availability will be limited. He is saying that the updates are being made regularly however I'm in need of a new contact list per area so that we have current contacts. George wanted to refer it to the regional secretary but it is not his job. We can do this from this subcommittee. Sherry has agreed to take on this task. I will be setting up accountability measures for updates to make sure we are current. I'd like to go back to the monthly updating sent to each area to update meeting changes. I have requested the old spreadsheet template from a previous PR chair and he has assured me that they can get that template to me for use. Sherry calling the website. Xml spreadsheet... updates to web / Naws Database/ Phone line. RCM'S please send any updates to your meeting list to webmaster @car-na.org also send us one current</p> |

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|             | <p>male and female contact for your areas contact list.</p> <p><b>Website</b>-BMLT meeting list search is up all we need is access to the Naws database. We are looking at a time line for completing the entire website reconstruction and by or January 2016. On the test site... need updated in carna.freesite.host project plan. On going changes will continue for the duration. Data input is the only thing holding the app.</p> <p><b>Elections: Nominations</b> open Positions: Web servant,<br/>Vice Chair open<br/>Secretary open</p> <p>Julie B. elected new web servant/webmaster</p> <p>All those on the web project will continue in positions until it is finished. All with IT experience that would like to get involved can join in on the next conference call TBA</p> <p>Web servant to Naws- RDA motion, responsible for worksheet to naws, phone and BMLT. Will submit a motion today per this subcommittee recommendation to, do away with the duties #6 RDA 2 duties eliminate from policy add to public relations.</p> <p>Intent – BMLT app phone and website from one spreadsheet</p> <p>Move the phone line contact to front page. After we find some one.<br/>Apology letter to area for no one being there at 11 a (suggestion) not sure who to get it to.<br/>Last place check for space \$35 Martinsburg Otterbein Methodist church has not been paid.<br/>Dublin needs a check as well but I do not know what was negotiated.<br/>VSIA's has sent their annual application and I have sent an email on the amount this year's admission. I just received the emails letting us know that it is \$70. Will need to request this check before next area. July 13-15 2015 The new location will be at Woodlands Hotel in Williamsburg Va.</p> <p>ILS,<br/>Etta F.</p> |
| Speaker Jam | <p>I would like to first thank God for allowing me to be part of something that saves lives instead taking lives. Next, I would like to thank this Region for allowing me to serve; I would like to thank Sam D. for putting up with uncooperative spirit and willing to still work with me on this committee. Thank you.</p> <p>Unfortunately, I will not be available this 2-day but plan to be there in June. I am sending my report through Sam D. We would like to thank everyone who attending the Regional speaker jam, March 14, 2015 held at Southside Regional Hospital. The average attendance was 66. There was good food, fellowship but most importantly a message of Narcotics Anonymous was being carried.</p> <p>We made \$315.00 in t-shirt sales and we still have 10 shirts left over. I have the remaining shirts in my possession and will be selling them at my home groups speaker jam. Which will be held at 302 Colonial Avenue, Fredericksburg, Va. on May 9<sup>th</sup> from noon- 7:00 p.m. in the amount of \$10, at which time I will be bringing all the money from the proceeds. I will be bringing in my gas receipt in the amount of \$23.00 and</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |

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|                          | <p>my hotel receipt in the amount \$136.77 (Fairfield Inn and Suites). I will be requesting a reimbursement in a total amount of \$105 (gas &amp; hotel) \$23 for gas and 60% of hotel cost. I play partial the blame for this high end hotel on my poor planning. There were no bids submitted to either of us that day but hopefully by June ASC we will have bids. I really enjoy what I do. Oh yeah, I would like to thank all those that encourage me and remind me that they like what I do as our Regional Speaker Jam Chair. I was reminded of something at the end of the speaker jam, in which I can't remember, that we are to give some money to the hospital as a donation. I and Sam D. have not discussed any amount to donate.</p> <p>In loving service,<br/>Rudolph C. - Chair<br/>Sam D. – vice chair</p>                                                                                                                          |
| <p>Traditions Ad-Hoc</p> | <p>Workshops for Traditions 2-6 continue to be presented in all Quadrants in the Region. All review &amp; input sheets need to be collected and sent to NAWS by May 31<sup>st</sup>, address on the NAWS website or Quadrant chairs can mail them to me at my Area address P.O. Box 2436, Winchester, Va. 22604 and I will forward them to NAWS.</p> <p>I was told by my committee member that there is a budgeted line-item for expenses to provide the workshops, I have receipts from my Quadrant 2 for expenses incurred for the workshop held on April 11<sup>th</sup> &amp; I will mail them to Neal as I forgot to bring them with me. I will present a motion for reimbursement at the June RSC.</p> <p>Traditions 7-12 will be released in early June, with final review &amp; inputs due August 31<sup>st</sup>. Flyers will be sent to all RCM's &amp; Areas, &amp; onto GSR's and Home Groups.</p> <p>ILS, Elisa D.<br/>Ad Hoc Chair</p> |

8. Area Reports

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| <p>Almost Heaven</p> | <p>Almost Heaven Area currently has 22 home groups and is experiencing very good attendance at our ASC meetings.</p> <p>Highlights since our last RSC are:</p> <ol style="list-style-type: none"> <li>1. We are currently supporting 2 H&amp;I commitments, one at Eastern Regional Jail and another at Washington County in Hagerstown. Both facilities have a male meeting and a female meeting. Our LSU is in need of an H&amp;I contact for all of the facilities especially female</li> <li>2. We held our annual New Year's Dance and First Meeting of the Year in Hagerstown this year at the Martin Luther King Center Gymnasium. It was very well attended and a huge financial success.</li> <li>3. We have passed our 2015 budget for the area, after having to extend our 2014 budget in order to make some corrections in the proposed budget.</li> <li>4. The Regional Subcommittees held in January in our area were well attended and all seemed grateful for the opportunity to participate with subcommittees at the regional level. the food and refreshments a plus.</li> <li>5. Round Table discussions after our ASC meetings in January-Third Tradition and April. Building Communication"</li> </ol> |
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|             | <p>6. We have filled all vacant area trusted servant positions.</p> <p>7. A motion was made and passed by our home groups to eliminate a \$300.00 emergency fund that had previously been included in our budget. We are still discussing how we would pay for an emergency expense, should the need occur.</p> <p>8. Our PR task group started meeting this past month. Agenda including allowing training time by reading from <i>NA Public Relations Statement (Why Public Relations is important to the NA Member) and Informing Professionals and the Public.</i></p> <p>Planning: As per <i>Planning Basics</i> we inventoried current services. Creating a “what” list of list of places that would benefit knowing about NA. We came up with 18 places to get information about. We then prioritized the places as to ones we could do immediate work and group 2 we would need some training and the last group 3 we would need training and resource material.</p> <p>Keeping track of our work via calendar and email</p> <p>Will be updating the NAWS database from recent print out. At next and planning with some of the facilities</p> <p>We also discussed and agreed on a PR presentation. In talking with the regional PR chair we will have one on May 9, 2015 a Public Relation and Tradition Workgroup presentation held at Martinsburg-Berkeley County Library 101 W King St, Martinsburg, WV 25401 from 11:00 am to 4:30 pm. Hope all can attend.</p> <p>We have a donation for the region in the amount of \$ 74.63 from January 2015. Due to some reconciliation of our books we may have more to donate next time.</p> <p>In Loving Service,<br/>Sherry V RCM protem for Don V. AHA RCM</p> |
| Appalachian | <p>Hello family,</p> <p>Greetings from the Appalachian Area! My name is Sam S., the newly elected RCM. The Appalachian Area has not had a representative to serve for about two years, now. As per regional policy, I am prepared to requalify the Appalachian Area as a voting participant.</p> <p>There are currently eleven home groups in our area. There were seven GSR’s present at our ASC meeting on April 5<sup>th</sup>, 2015. Current vacant positions are: Vice-chair, Secretary, VRCC Director, PR Chair, Policy Chair, RCM Alternate. The H&amp;I Subcommittee currently has two commitments at Hand’s Up Lodge and The Courtland Center. H&amp;I is also hoping to be given entrance to Mundy 3 which is a Psychiatric Unit in a local hospital. Special events has been regularly meeting and are in the process of planning an event in May. Aside from filling our vacant positions, there are no area concerns of note.</p> <p>I am thankful for the opportunity to serve. Our next scheduled ASC meeting will be held on May 3<sup>rd</sup>. We have no donation at this time.</p> <p>In Loving Service,<br/>Sam S.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Beach       | Abs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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| Blue Ridge   | <ul style="list-style-type: none"> <li>• Donation to CARNA \$45.54</li> <li>• Vice-Chair, Secretary*, Treasurer* and VRCC Director positions are open! (*filled pro-tem)</li> <li>• Voted NO on 171-1</li> <li>• Area Inventory in process, approved form</li> <li>• Approved area budget</li> <li>• Approved moving ASC meeting to 2<sup>nd</sup> Sunday – will vote on either 2PM or 4PM</li> </ul> <p>ILS,<br/>George S.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| New Dominion | Abs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Peninsula    | <p>We have 52 groups in our area. We had a successful learning day on April 11 ,2015. Our operating budget is \$6100 per month, so with such a high budget we don't have a donation. This matter about our budget will be address and the budget cut. We have open positions for Vice Chair, Vrcc director, Vice Vrcc Director, Asst. Treasurer, literature, PR chair. Our area is submitting a bid for September Speaker Jam at the June RSC. Thanks for a beautiful and informative 2 day conference. Also, I am asking that the minutes go out in a timely manner as we could not get our last motions to our home groups to vote on. Thanking you in Advance,</p> <p>In loving Service,<br/>Jimmy W.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Piedmont     | <p>Piedmont has been maintaining our presence in the Charlottesville area with 15 home groups being represented at our Area service and 31 weekly meetings. We have filled the VRCC representative position for the first time in a few years. The alternate position is still open, but there are no other mentionable vacancies. We have added a new home group that meets two days a week called Off The Tracks.</p> <p>We completed an H&amp;I workshop where 15 new participants committed to serving in the various H&amp;I meetings that our area conducts.</p> <p>We are finalizing the specifics of our end of summer campout and we will report those details at the next Regional Conference.</p> <p>H&amp;I has altered our relationship with the Boxwood facility as we are now co-coordinating this meeting with the Rappahannock Area.</p> <p>Our PR committee has been swapping service providers for our website yet we have been facing difficulty with our policy regarding making recurrent on-line payments as our financial policies prevent using our debit cards on-line and we do not have 501C3 status that would enable us to have a PayPal account under our area name.</p> <p>The conversations are vigorous, and the message is being carried where servants are willing to go.</p> <p>ILS,<br/>Aaron A.<br/>Piedmont Area RCM</p> |
| Rappahannock | <p>We currently have 20 home groups that are members of the Rappahannock Area Service Committee of Narcotics Anonymous. There are 37 meetings in Rappahannock every week. The adoption approval of the agenda and the minutes were passed for March ASC. The following positions are open in our area: RCM I, VRCC, Outreach, Treasurer II, Secretary I &amp; II, Chair &amp; Vice Chair positions. We have a new GSR to our</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

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|                   | <p>area – Brandon K. Our area voted on Motions 171-1 Amend RD/RDA/RD2 responsibilities. Our area is doing well and flourishing.</p> <p>In loving service,<br/>Antoinette B.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Richmond          | <p>Hello my extended family – I am glad to be here. I turned in a \$500 donation today, but had the check returned because I forgot we are no longer ROVNA – I will get another check and mail it to Neal. I have been asked members from the area to request Regional’s Outreach (project driven) committee to assist our Outreach committee in putting on a workshop on – What’s the \$ for, where does it go and what does it do. As some of you may recall, our area some years ago passed a motion not to send \$ to the regional towards the cause to have our own convention. Hence, a large amount of funds were embezzled. In the past few months all of the money has been paid back. An ad-hoc committee has been formed to put in a bit for the 2017 convention. We are lacking in trusted servants and home group participation. Vacant Positions – Policy Chair, Asst. Treasurer, Newsletter Chair, Special Events Treasurer. Our Area Service meets on the 2<sup>nd</sup> Sunday of the month at Atlee Church, 3121 Moss Side Ave., Richmond.</p> <p>ILS,<br/>Nancy S.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Roanoke Valley    | Abs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Shenandoah Valley | <p>The Shevana Area continues to carry the message of recovery to the still suffering addict in the Shenandoah Valley. The Area Service Committee meets on the 2<sup>nd</sup> Monday of each month, 6:30pm at Grace Community Church, 2333 Roosevelt Blvd. Winchester, VA 22601.</p> <p>ASC met on March 9<sup>th</sup> and April 13<sup>th</sup> with 15 and 17 GSR’s present respectively. Quorum was met each time and the meetings held per policy. All positions and subcommittee chair positions are filled with the exception of Outreach Chair. All subcommittees meet on a monthly basis and remain very active.</p> <p>Outreach Committee members, though their chair resigned to accept another area position, continue to meet and support struggling meetings twice a month. Currently, the Shevana Area has 20 active Home Groups with 27 weekly meetings. I am excited to announce that two addicts have started a new meeting in Woodstock, VA. The group is called “Simple Suggestions” and meets every Saturday from 1-2pm at the Light House Market Place Ministries, 246 E. High St. Woodstock, VA.</p> <p>The Chair of H &amp; I was very pleased to report to the area that as a direct result of efforts of H &amp; I committee members in presenting a panel discussion at the Timber Ridge School, located in Cross Junction, Va. that staff brought several students from their addictions unit to the Shevana Area Bowling Day hosted by Special Events. One student won the best youth trophy. Area members and the students had a good time and it was an opportunity to show them first hand that “we” do have fun in recovery. A follow up presentation will be scheduled this month and the committee will continue to ascertain the possibility of a commitment to regularly scheduled meetings. H &amp; I was also able to report that their Vice Chair is in ongoing communication with administrators at the new facility located in Front Royal, VA. The hope is to present a panel presentation to the relatively new staff and begin the process of bringing NA meetings into the facility. H &amp; I continue to take weekly</p> |

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|           | <p>meetings into Behavioral Health, Juvenile Detention and the Northwestern Regional Adult Detention Center.</p> <p>The News Letter is active and fantasizing winning a Pulitzer Prize. They were recently advised by The NA Way Magazine that two articles from the Shevana Newsletter will be reprinted in the near future. Author release forms and the articles have been submitted. More will be revealed.</p> <p>Special Events is as energetic as ever. Since the last RSC, Special Events has hosted a Snow Tubing trip to White Tail Resort, an Area Bowling Day, and A Super Bowl XLIX Party where all were able to watch the game and that last infamous play up close and personal on a ginormous screen. Currently Special Events is in the planning stages for the Annual NA Café 24 hr. Safe Environment during our city wide Apple Blossom festival. There will be meetings, music, food, games and the ginormous TV screen. Public Relations has a new chair and he is keeping our website current and user friendly. The committee also continues to work quietly behind the scenes with proponents who wish to initiate drug courts in our area.</p> <p>VRCC chair the VRCC alt are adding their expertise in facilitated the 34<sup>th</sup> AVCNA Convention to be held in Richmond hosted by the New Dominion Area Jan. 8-10, 2016.</p> <p>Our new Literature Chair has recently completed an inventory with the help of other addicts to facilitate the smooth disbursement of literature to Home Groups in a timely manner.</p> <p>Unfortunately the Area is just below prudent reserve and will not be able to make a donation at this time.</p> <p>ILS Elisa D.</p>                                                                                  |
| Southside | <p>The Southside area met on April 11, 2015 and I was unable to attend the meeting due to a scheduling conflict. We currently have 16 home groups and 40 meetings per week. We had some concerns come up at our last area meeting. One concern is that our phone line has been cut off due to the fact that no minutes were put on the phone. To my knowledge at this time we still don't have a phone line. No one has contacted the web servant to take the number off the website so at this time this is a major concern for our area because what if addicts are calling this number for help. We are going to continue to look into what is going on with this because this needs to come to a solution as soon as possible. We also had the area Chair step down at the last area meeting because of a disagreement with a scheduling change for the last ASC. On a positive note our area hosted the Regional Speaker Jam in March and it was a huge success. I was unable to attend but from what I heard there were over 70 people that attended. We held elections in December and January and we have a new Vice-Chair (who is now chair), the secretary was re-elected, we elected a new treasurer this past month, and the RCM was re-elected and the policy was changed from a one year commitment to a two year commitment. As you can see with the re-elections of trusted servants we are still struggling with having people willing to serve. I heard some great information yesterday at the GSR assembly that I will be taking back to our area to maybe increase our willingness to serve. As always I would like to say that I am grateful to serve this fellowship. We have a donation today of \$294.19.</p> <p>In Loving Service,<br/>Andrew D.</p> |
| Tidewater | <p>We had our last area meeting on April 12<sup>th</sup> 2015. We have 36 active home groups in the Tidewater Area, 21 GSRs showed up at ASC. The Tidewater ASC has quite a few</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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|            | <p>vacancies, Assistant Treasurer, Secretary, Assistant Secretary, Public Relations chair, Alt. VRCC. Sub-Committees Chair, Special Events Chair (Vice Chair has been assuming position). Also we have a new Convention Chair he provided his contact information to body: RON H. (757) 503-1238, RONH1@COX.NET (Tacna XV). TASNA approve a joint non-profit Seafood Event with the Virginia Beach Area of Narcotics to promote unity with the TASNA and BANA, and to carry the message of NA more updates to come. The chair presented to the body that each year, Mother's Day falls on the 2nd Sunday of the month, and should body think about changing the date due to the elections. There was a general consensus to move the date to the 3rd Sunday after H&amp;I it was voted on and approved by GSRs. The Tidewater ASC has a few challenges to meet more to report at the next RSC.</p> <p>In loving service,<br/>Tim B.</p> |
| Tri-Cities | Abs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

9. All New Business Motions turned in before lunch

10. Quorum achieved with 10 voting RCMs

### 11. Elections & Nominations

- **Chair** – (nominations closed)
  - Nominated
    - Jim H. – Nominated by Jimmy W.
      - Qualifications – Clean date February 24, 1991 - Have a sponsor, who has a sponsor. Work the steps, tradition and concepts of NA. Have a working knowledge of Robert rules of order. Have a home group .Served 12 years on the VRCC as director, vice treasure, treasure and chair. Served on region as vice chair and chair.
      - Bill M. – I have a home group, sponsor, am working the steps and have some knowledge of the Traditions. I was GSR of my home group, RCM for the New Dominion Area, Policy Chair for CARNA, and Vice-chair for CARNA.
  - Pros and Cons (both candidates)
    - CON – There is a concern about rotation of service. – Eddie W.
      - *It is odd that we are having problems recruiting, yet we are having a discussion about this. - Jim*
    - CON – If you have a competent vice chair, wouldn't they normally move to chair. – Kim A.
      - *This body will decide who our next chair is. -Jim*
    - PRO – Very competent in current position – Jimmy W.
      - *Bill and Jim wanted to point out that they would be happy serving in either role.*
    - PRO – We have a competent team in place. – Elisa D.
- **Vice-Chair** – (nominations opened at 172nd)
- **Policy Chair** – (nominations opened at the 170th)
- **Treasurer** – (nominations opened at the 163<sup>rd</sup>)
- **RDA2** – (nominations opened at the 171<sup>st</sup>)

12. Old Business:

a. **MOTION 170-1 Post Marked Up Changes to Bylaws to CARNA Website (PASSES 9-0-0)**

**Mover:** Chuck K. (H&I Chair) **2<sup>nd</sup>:** Rudolph C. (Rappahannock Area)

**Description:** The Bylaws (CAR Guidelines and Rules of Order) are posted and printed every February with the previous year’s changes. During the year, changes are made and tracked by the policy subcommittee to add each January. A real-time update is needed on our website so everyone can have the most current policy.

**Intent:** To have the most current policy available to entire fellowship through our website.

**Change to Policy:** Add to Section IX, sub-article 9A (Policy Chair Duties), line 5. “Sends updated version of CARNA Guidelines and Rules of Order to Webmaster with all changes from previous RSC marked as follows: revisions in red and deletions struck-through.”

- i. **Pro:** Will reduce work for policy at the end of the year and reduce chance of error (Chuck K., H&I Chair)
- ii. **Pro:** Ensures we will have a current version of policy even in the absence of Policy Chair (Norman C., Alt-RCM SHEVANA)
- iii. **Con:** It will unduly burden the Webservant.(Kim A., RDA2)
- iv. **Con:** Unduly burden the Policy Chair with tasks following the RSC (Bill M., Vice-Chair)

|                   |     |
|-------------------|-----|
| Almost Heaven     | Yes |
| Appalachian       | Yes |
| Blue Ridge        | Yes |
| Peninsula         | Yes |
| Piedmont          | Yes |
| Rappahannock      | Yes |
| Shenandoah Valley | Yes |
| Southside         | Yes |
| Tidewater         | Yes |

b. **MOTION 171-1 Amend RD/RDA/RD2 Responsibilities (Failed 4-3-3)**

**Motion:** To amend the Central Atlantic Regional Guidelines and Rules of Order by inserting duty # 11 for the Regional Delegate on page 13, Section IX, paragraph 6A. All subsequent duties shall be re-numbered accordingly.

11. Provides a verbal report and answers questions from the RSC floor on the information presented at the WSC at the first RSC following the WSC.

**Intent:** To more clearly define the responsibilities of the RD and desires of the Areas and RCM’s. To allow a more informed and timely dissemination of information from the WSC.

- i. **Con:** Motion is out of order due to redundancy (Neal G., Treasurer)
- ii. **Con:** Sets a bad precedent. This would lead to policy changes for all RSC Officer duties allowing the body to state where and when. It is already stated in the policy.

|                   |      |
|-------------------|------|
| Almost Heaven     | Yes  |
| Appalachian       | Abs. |
| Blue Ridge        | No   |
| Peninsula         | Abs  |
| Piedmont          | No   |
| Rappahannock      | Yes  |
| Richmond          | Yes  |
| Shenandoah Valley | No   |
| Southside         | No   |
| Tidewater         | Abs. |

13. New Business:

a. **MOTION 172-1 Traditions Ad-Hoc Funding (Tabled)**

**Mover:** Elisa D. (Shenandoah Valley RCM) **2<sup>nd</sup>:** Aaron A. (Piedmont RCM)

**Description/Background:** Ad-Hoc was established at the 171st RSC but not funded

**Intent:** To fund Traditions Workshop Ad-Hoc Committee

**Motion:** Fund the Traditions Workshops in the amount of \$600.

b. **MOTION 172-2 Speaker Jam Funding (Part of Budget)**

**Mover:** Andrew D. (Southside RCM) **2<sup>nd</sup>:** Sam S. (Appalachian RCM)

**Description/Background:** Requesting \$75.00 for the rent of the Speaker Jam. The facility has not been paid at this time.

**Intent:** To fulfill the financial responsibility for the Speaker Jam held at Halifax Regional Hospital

**Motion:** To request \$75.00 to pay rent for the Speaker Jam held on March 14, 2015.

c. **MOTION 172-3 Amend RDA2 Responsibilities (BACK TO AREAS)**

**Mover:** Public Relations Subcommittee **2<sup>nd</sup>:** Jimmy W. (Peninsula RCM)

**Description/Background:** The RDA2 position has had the responsibility of Webservant to NAWS but the updates have not been consistent. PR is creating one spreadsheet to do phone line website and the NAWS database could receive it.

**Intent:** To centralize this function in the PR Subcommittee so that the process does not have to be duplicated.

**Motion:** To remove 8A #6 RDA2 Duties (i.e. "Holds the position of Webservant to NAWS. [135<sup>th</sup>]) and place it in the Public Relations duties for consistency.

d. **MOTION 172-4 Workshop Request (Passed to RD Team)**

**Mover:** Nancy S. (Richmond RCM) **2<sup>nd</sup>:** Aaron A. (Piedmont RCM)

**Motion:** That the Project Driven Outreach Committee, along with the Richmond Area Outreach put on a workshop event to speak to, "What is the \$ for, Why does Region and World need it?"

1. Next RSC will be held on June 20, 2015 at UVA Hospital, 1215 Lee Street, Charlottesville, VA.
2. Announce Location and Time of next Subcommittee Meetings
3. Close with Serenity Prayer and Announcements

172<sup>nd</sup> RSC Treasurer's Report  
 Financial Statement  
 04/14/15

|                                                                      |                       |                             |
|----------------------------------------------------------------------|-----------------------|-----------------------------|
| Opening balance (closing balance from 170 <sup>th</sup> RSC report): |                       | \$14,479.50                 |
| Credits :                                                            | Appalachian contrib:  | \$249.50                    |
|                                                                      | New Dominion contrib: | \$5227.18                   |
|                                                                      | NRVANA contrib:       | \$20.00                     |
|                                                                      | TriCities contrib:    | \$335.74                    |
|                                                                      | Misc grps contrib:    | <u>\$45.84</u>              |
|                                                                      | TOTAL:                | \$5878.26      +\$5878.26   |
|                                                                      |                       |                             |
| Debit:                                                               | debit card 03/11:     | \$1.99                      |
|                                                                      | debit card 03/16:     | \$23.66                     |
|                                                                      | debit card 04/08:     | \$1.99                      |
|                                                                      | debit card 04/14:     | \$216.05                    |
|                                                                      | debit card 04/13:     | \$250.94                    |
|                                                                      | debit card 04/15      | <u>\$1506.33</u>            |
|                                                                      | TOTAL                 | \$2000.96 <u>-\$2000.96</u> |
| <u>Closing balance:</u>                                              |                       | \$18,356.80                 |

DETAILS

- Debit card 03/11- Network Solutions
- Debit card 03/16- UberConference (H&I)
- Debit card 04/08- Network Solutions
- Debit card 04/14- Primus
- Debit card 04/13- Primus
- Debit card 04/15 PCMS

ILS, Neal Griffin

**REGIONAL CONTACT LIST**

| <b>NAME</b>   | <b>EMAIL ADDRESS</b>                                                           | <b>AREA/POSITION</b>             | <b>PHONE</b> |
|---------------|--------------------------------------------------------------------------------|----------------------------------|--------------|
| AARON A       | <a href="mailto:akanderson8@gmail.com">akanderson8@gmail.com</a>               | PIEDMONT / RCM                   | 434-960-0679 |
| ALEC P.       | <a href="mailto:alec_peer@live.com">alec_peer@live.com</a>                     | GATEWAY TO FREEDOM               | 301-707-4227 |
| ANDREW D      | <a href="mailto:adoss84@gmail.com">adoss84@gmail.com</a>                       | SOUTHSIDE/RCM                    | 434-441-6481 |
| ANTOINETTE B. | <a href="mailto:abaker881@gmail.com">abaker881@gmail.com</a>                   | RAPPAHANNOCK / RCM II            | 540-684-0654 |
| BILL M        | <a href="mailto:wmccormick804@gmail.com">wmccormick804@gmail.com</a>           | NEW DOMINION/REGIONAL VICE CHAIR | 804-387-9014 |
| BOB G         | <a href="mailto:gillagain4@msn.com">gillagain4@msn.com</a>                     | VRCC CHAIR                       | 804-721-5964 |
| BRIAN C       | <a href="mailto:bc0203@yahoo.com">bc0203@yahoo.com</a>                         | NEW DOMINION/REGIONAL SECRETARY  | 804-513-7484 |
| BRIAN H       | <a href="mailto:behowie67@yahoo.com">behowie67@yahoo.com</a>                   | GATEWAY TO FREEDOM               | 240-979-8417 |
| CHRIS R       | <a href="mailto:chrisransome@gmail.com">chrisransome@gmail.com</a>             | RAPPAHANNOCK/RCM ALT             | 540-602-9133 |
| CHUCK K       | <a href="mailto:chuck.norvakellens@gmail.com">chuck.norvakellens@gmail.com</a> | BEACH                            | 757-469-9365 |
| DAVID C       | <a href="mailto:dcolby7@gmail.com">dcolby7@gmail.com</a>                       | BEACH/RCM                        | 757-724-3205 |
| DAVID S       | <a href="mailto:infamous950@gmail.com">infamous950@gmail.com</a>               | GATEWAY TO FREEDOM               |              |
| DON V         | <a href="mailto:dvorbach@comcast.net">dvorbach@comcast.net</a>                 | AHA / RCM                        | 304-261-2435 |
| EDDIE W       | <a href="mailto:carnardteam@gmail.com">carnardteam@gmail.com</a>               | APPALACHIAN/RDA                  | 434-420-2725 |
| ELISA D.      | <a href="mailto:elisadove@aol.com">elisadove@aol.com</a>                       | SHEVANA / RCM                    | 540-532-0425 |
| ETTA F        | <a href="mailto:etta22701@yahoo.com">etta22701@yahoo.com</a>                   | REGIONAL PR CHAIR                | 540-522-1199 |
| FATIMA H      | <a href="mailto:fatimah@comcast.net">fatimah@comcast.net</a>                   | TRI-CITIES                       | 804-888-3740 |
| GEORGE S      | <a href="mailto:georgestaber@gmail.com">georgestaber@gmail.com</a>             | BLUE RIDGE / RCM                 | 540-246-4944 |
| GREG G        | <a href="mailto:gregg239@yahoo.com">gregg239@yahoo.com</a>                     | POLICY SUBCOMMITTEE MEMBER       | 540-850-8545 |
| HARVEY H      | <a href="mailto:suzidrag@msn.com">suzidrag@msn.com</a>                         | OUTER LIMITS                     |              |
| IVAN S.       | <a href="mailto:flyfsrking.2@gmail.com">flyfsrking.2@gmail.com</a>             | BLUE RIDGE/RCM ALT               | 540-282-8340 |
| JEFF H        | <a href="mailto:fbcjeff@aol.com">fbcjeff@aol.com</a>                           | NEW DOMINION                     | 804-512-6222 |
| JIM H         | <a href="mailto:jimodaat@aol.com">jimodaat@aol.com</a>                         | APPALACHIAN/REGIONAL CHAIR       | 540-330-9210 |
| JIMMY W       | <a href="mailto:wilkinsjames97@yahoo.com">wilkinsjames97@yahoo.com</a>         | PENNINSULA / RCM                 | 757-256-0843 |
| JULIE B.      | <a href="mailto:jcnvabch@gmail.com">jcnvabch@gmail.com</a>                     | REGIONAL WEBSERVANT              | 757-287-3191 |
| KIM A         | <a href="mailto:kim@webmastery.org">kim@webmastery.org</a>                     | SOUTHSIDE/RDA2                   | 860-469-5462 |
| LEWIS B.      | <a href="mailto:smoochie.lbj@gmail.com">smoochie.lbj@gmail.com</a>             | TRI-CITIES / RCM ALT             | 804-479-5168 |
| MICHELLE H.   | <a href="mailto:msblackbeauty415@yahoo.com">msblackbeauty415@yahoo.com</a>     | SHEVANA                          | 540-514-8920 |
| NANCY S       | <a href="mailto:nansprat@aol.com">nansprat@aol.com</a>                         | RICHMOND/RCM                     | 804-247-1400 |
| NEAL G        | <a href="mailto:ngriffin11@cox.net">ngriffin11@cox.net</a>                     | BEACH/REGIONAL TREASURER         | 757-393-1613 |

|                  |                                                                                  |                                     |              |
|------------------|----------------------------------------------------------------------------------|-------------------------------------|--------------|
| NORMAN C.        | <a href="mailto:norman2500@aol.com">norman2500@aol.com</a>                       | SHEVANA / RCM ALT                   | 540-931-5042 |
| PAT W            | <a href="mailto:patricwelch@hotmail.com">patricwelch@hotmail.com</a>             | ROANOKE VALLEY/RCM                  | 540-353-2433 |
| PETER P          | <a href="mailto:blueridge_rcm@car-na.org">blueridge_rcm@car-na.org</a>           | BLUE RIDGE                          | 540-421-1893 |
| ROBERT W         | <a href="mailto:roberto.w.blanco@gmail.com">roberto.w.blanco@gmail.com</a>       | NEW DOMINION / RCM                  | 804-357-7132 |
| RUDOLPH C        | <a href="mailto:rudyc719@gmail.com">rudyc719@gmail.com</a>                       | RAPPAHANOCK/RCM & SPEAKER JAM CHAIR | 540-429-5284 |
| SAM S.           | <a href="mailto:ruffinit88@aol.com">ruffinit88@aol.com</a>                       | APPALACHIAN AREA                    | 434-944-6846 |
| SARAH H.         | <a href="mailto:shopwood1@gmail.com">shopwood1@gmail.com</a>                     | GATEWAY TO FREEDOM                  | 240-362-1814 |
| SHERRY V         | <a href="mailto:svorbach@live.com">svorbach@live.com</a>                         |                                     | 304-261-0401 |
| SKIP N           | <a href="mailto:kampjr@msn.com">kampjr@msn.com</a>                               | ROANOKE VALLEY/ALT RCM              | 540-494-4726 |
| STEPHANIE H      | <a href="mailto:hogan.v.steph@gmail.com">hogan.v.steph@gmail.com</a>             | AHA                                 | 804-365-2908 |
| SUSAN G.         | <a href="mailto:zuezue1@msn.com">zuezue1@msn.com</a>                             | TRI-CITIES AREA                     | 804-721-2200 |
| TED L            | <a href="mailto:tedebear1@gmail.com">tedebear1@gmail.com</a>                     | BEACH / RCM                         | 757-717-2669 |
| TEE T            | <a href="mailto:teetucker@hotmail.com">teetucker@hotmail.com</a>                 | PIEDMONT                            |              |
| THADDEUS M.      | <a href="mailto:thaddeusm15@gmail.com">thaddeusm15@gmail.com</a>                 | AHA / RCM ALT                       | 304-676-2098 |
| THERESA M        | <a href="mailto:doctlmom@embarqmail.com">doctlmom@embarqmail.com</a>             |                                     | 434-244-2937 |
| TIM B            | <a href="mailto:Ballard247@yahoo.com">Ballard247@yahoo.com</a>                   | TIDEWATER/RCM                       | 757-237-9674 |
| TONY W           | <a href="mailto:rwaters@petersburg-police.com">rwaters@petersburg-police.com</a> | TRI-CITIES/RCM                      | 804-895-1609 |
|                  |                                                                                  |                                     |              |
|                  |                                                                                  |                                     |              |
| UPDATED 04/19/15 |                                                                                  |                                     |              |

## BACK TO AREAS

### Elections & Nominations

- **Chair** – (nominations closed)
  - Nominated
    - Jim H. – Nominated by Jimmy W.
      - Qualifications – Clean date February 24, 1991 - Have a sponsor, who has a sponsor. Work the steps, tradition and concepts of NA. Have a working knowledge of Robert rules of order. Have a home group .Served 12 years on the VRCC as director, vice treasure, treasure and chair. Served on region as vice chair and chair.
      - Bill M. – I have a home group, sponsor, am working the steps and have some knowledge of the Traditions. I was GSR of my home group, RCM for the New Dominion Area, Policy Chair for CARNA, and Vice-chair for CARNA.
    - Pros and Cons (both candidates)
      - CON – There is a concern about rotation of service. – Eddie W.
        - *It is odd that we are having problems recruiting, yet we are having a discussion about this. - Jim*
      - CON – If you have a competent vice chair, wouldn't they normally move to chair. – Kim A.
        - *This body will decide who our next chair is. -Jim*
      - PRO – Very competent in current position – Jimmy W.
        - *Bill and Jim wanted to point out that they would be happy serving in either role.*
      - PRO – We have a competent team in place. – Elisa D.
- **Vice-Chair** – (nominations opened at 172nd)
- **Policy Chair** – (nominations opened at the 170th)
- **Treasurer** – (nominations opened at the 163<sup>rd</sup>)
- **RDA2** – (nominations opened at the 171<sup>st</sup>)

### **MOTION 172-3 Amend RDA2 Responsibilities (BACK TO AREAS)**

**Mover:** Public Relations Subcommittee 2<sup>nd</sup>: Jimmy W. (Peninsula RCM)

**Description/Background:** The RDA2 position has had the responsibility of Webservant to NAWS but the updates have not been consistent. PR is creating one spreadsheet to do phone line website and the NAWS database could receive it.

**Intent:** To centralize this function in the PR Subcommittee so that the process does not have to be duplicated.

**Motion:** To remove 8A #6 RDA2 Duties (i.e. "Holds the position of Webservant to NAWS. [135<sup>th</sup>]) and place it in the Public Relations duties for consistency.