

**Minutes for the 186th Regional Service Conference
Central Atlantic Region
August 19th Charlottesville, VA**

Open Forum began at 11:00am RSC began at 12:20

- Vice Chair will view the online banking account and compare to the check register.
-Bank statement and check register reviewed by: **Treasurer's records reviewed and found in order by Vice -chair**

1. Serenity Prayer

2. Open Forum

- a. The topic of requiring treasurer experience for the vice-treasurer position being required was discussed. The concern was that requiring specific Area or Region treasurer experience could disqualify candidates that are, otherwise, quite qualified.
- b. RD brought up issue of having trouble making contact with New River Valley for setting up CAR workshop. AVCNA chair said it would be ok for delegate team to do a CAR workshop at convention. RD was given a contact number for someone in NRVANA.
- c. Topic was brought that there is no mechanism to allow RSC to get around policy guidelines if someone is qualified for a position but doesn't meet exact guidelines in Policy. Suggested that when an issue like this comes up the nominee's name could go back to Areas for approval. The idea of circumventing policy was called a slippery slope.
- d. Idea of including position qualifications in the minutes when open Regional positions are posted was brought up and the consensus was that it was a good idea.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Bill M	Almost Heaven	David T	
Vice Chair	Etta F	Appalachian		
Secretary	Neal G	Beach	Dale R	
Treasurer	Jim H	Blue Ridge	Nancy H	
Regional Delegate	Kim A	Gateway		
Regional Delegate Alternate	Brian C	New Dominion	Mark S	
Regional Delegate Alternate 2	Randy D	Outer Limits		
VRCC Chair		Peninsula		
Hospitals and Institutions Chair	Nancy H	Piedmont	Hillary Z	
Policy Chair	Antoinette B	Rappahannock		
Public Relations Chair	Sam F	Richmond	Nancy S	
Speaker Jam Chair	open	Roanoke Valley		
		Shenandoah Valley	Randy D	
		Southside	Sue N	
		Tidewater		
		Tri-Cities		

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
 Southside Area and New Dominion Area also had RCM alternates present: Krista H and Noreen J respectively.
 Hillary Z and Tawanda C and Kurt D were present as new participants from New Dominion and Maria G also was new from SheVana.
6. Approval of Prior Minutes: Motion to approve from Kim A and seconded by Hillary Z. **Approved**
7. Trusted Servants Reports

Chair Report	<p>Over the last two months, NAWs passed an email to me from a prison that wanted support from NA for a prison in the Petersburg area. I was unable to find the name or contact information for their H&I subcommittee so I passed it along to a contact with the Unified PR and H&I subcommittee, which serves that area.</p> <p>I attended the regional subcommittee meeting through Zoom and it was a great experience, until my phone died. I also met with the Policy chair, Antoinette, to work through some of the issues surrounding compiling and printing the Regional policy guide and, after Antoinette sent me the completed documents, I compiled them into a single document and sent it along to the printer. Thank you for your hard work Antoinette. I brought the policy guides with me today.</p> <p>ILS, Bill M.</p>
Vice Chair Report	<p>I am excited as we move closer to fall that we are a month away from recovery month. I would encourage trusted servants to revisit policy and see which positions require activities regarding this and encourage RCMs to get with their areas and encourage activities that might bring awareness of our fellowship to the public and encourage greater participation through fellowship in your areas.</p> <p>With the constant news articles and reports on the opioid crisis there are increasing opportunities for us to reach the general public. I have been getting invitations across the region to participate in learning days and presentations to professionals. I will be happy to assist PR in any opportunities that may arise and encourage us to all be familiar with basic information given to us from our PR handbook so that we handle these correctly. I will be doing a PR presentation in Staten Island NY September 30th on Tradition 8 and Our Guiding Principles Book, Helping Peninsula Area with a presentation/learning day that includes professionals as well as helping Shevanna area with a learning day on August 26th regarding info on our service structure options. I will make myself available for the needs of this region as called.</p> <p>I would also like to ask for your support in the RBZ process for this conference year as I would like to have your confidence in running for World Board. If I could solicit the help of the Delegate Team filling out and submitting the form before the October 31st deadline, I would be very appreciative if in fact you as my region deem me worthy.</p> <p>In Loving Service, Etta F. Vice Chair</p>

Secretary Report	All is well with the Secretary.
Treasurer Report	<p>Hello family.</p> <p>Thanks for allowing me to be of service to the region.</p> <p>Our bills are paid and up to date. At the 185th. We had a balance of \$13,550.55 since then we have deposited \$3,415.21 and debit totaling \$700.03 for a current balance of \$16,265.73. Our prudent reserve is \$15,151.50 so we will be making a donation to world this month. For \$1,114.23</p> <p>I have book our rooms and meeting room for region in October. We will be staying at the Ramada Inn in Roanoke.</p> <p>In Loving Service</p> <p>Jim H.</p>
RD Report	<p>ACTIVITIES SINCE OUR LAST MEETING:</p> <p>THE AUTONOMY ZONAL FORUM met in the Mountaineer Region at the end of July. Brian and Randy were able to attend that event and will be reporting on it shortly. I was unable to attend due to a 3-week trip I took out to Wyoming and South Dakota.</p> <p>THE CONFERENCE PARTICIPANT WEBINAR on June 24th focused on the May Future of the WSC Report. The Board went over the contents of that report which they mailed out to all of us and is also posted on www.na.org/future.</p> <p>THERE WERE THREE SUGGESTIONS FOR CHANGES TO OLD BUSINESS AT THE CONFERENCE:</p> <ol style="list-style-type: none"> 1. Rename the session "CAR Discussion and Decisions" 2. Eliminate Formal Old Business and 3. Consider limiting changes to motions that have consensus. <p>These three suggested changes again address the form, not the function. It seems we cannot move forward in any kind of a useful way until we first address our function. What do we hope to accomplish at the WSC? After we answer this question, we can begin to talk about who needs to be there and</p>

how will we accomplish our agenda.

The most recent Webinar focused on the two questions which NAWs put out there regarding their viewpoint that there are only two options for moving forward with necessary changes to the Conference.

THE TWO OPTIONS THE WORLD BOARD HAD US DISCUSS:

1. One representative per region - We already voted this down last cycle.

2. Multiple representatives per zone – Zonal Seating is not the only option being discussed by our fellowship. It does; however, seem to be the one that the World Board favors. During the Zoom Conference call, the majority of the participants seemed surprised and dismayed by the Board's Agenda. The majority seemed to feel railroaded into discussing options we will never reach consensus on, and were not happy that we weren't better utilizing our time by discussing the third option; to change the conference into a planning session, which is being widely discussed within our fellowship. The Delegate Team held a couple of workshops on this so far, and we would love the opportunity to further discuss this within our region. We will be looking to get feedback on holding a Zoom Teleconference to discuss this further with interested members of our region.

THE 2018 CONFERENCE AGENDA REPORT (CAR) WORKSHOPS: I have been continuing to work toward scheduling our CAR Workshops for 2018. My goal is to spread out our 4 workshops over the months of December January, February and March. I am trying to schedule the workshops in 4 of the areas that haven't hosted a workshop in the last 8 years. You should be looking for the flyers for those workshops soon. So far I have heard back from the Gateway to Freedom RCM and they will be hosting one of the four workshops in Springfield. I spoke with Paul E about having one of the workshops in the Tri-Cities Area, and I've reached out to Heather B and Harvey from Outer Limits. I have also left messages with a few people in Blacksburg but so far I haven't really spoken with anyone from that Area. Please let me know if you know of someone in the New River Valley that I can talk to. When I spoke with Eddie W. about this he said that the last workshop the Delegate Team held in New River Valley was held in Radford. He and Donna Lee P were asked to help conduct an Area Inventory (2012-ish). Eddie told me NRV was really struggling with a lack of willingness to serve, meetings that were being "hosted" by facilities, a blurring of our message by using other fellowship's

	<p>literature/readings in meetings and some estrangement among the groups... He says it was pretty bad and he recalls that at the time there were only 5 groups meeting regularly and only 1 or 2 showing up at Area. So New River Valley seems to be a real Recovery Community in need. I am also trying to schedule a 5th CAR Workshop to be held in January at our Regional Convention in Roanoke. We are intent of finding facilities that have WIFI access so that we can use Zoom Video Conferencing to reach as many people as possible. I spoke with Darryl, programming chair for the 2018 AVCNA in Roanoke and he said we could do a CAR workshop at the Convention on Saturday from 10-12 so this cycle we will be able to have 5 CAR Workshops! The tentative dates for the other 4 Workshops are December 9th, 2017 (This workshop won't be able to cover the Conference Approval Track (CAT) since it won't be available yet), February 10th, 2018, March 3rd, 2018 and March 24th, 2018. Traditionally we have scheduled all of our workshops to follow the Mid Atlantic Regional Conference (MARLCNA) which takes place at the beginning of February (Feb 2, 3, 4, 2018), but last year it seemed doing so jammed us up too much, and we had to cram 4 workshops in too short a time frame which didn't allow time for the participants to take back to the groups what they learned so that the members can be ready to vote at the GSR Assembly April 21, 2018.</p> <p>THE PLANNING OUR FUTURE WORKGROUP: which was formed by a Regional Delegate from San Diego has met a couple of times (via Zoom) and Brian and Randy will be reporting on those discussions.</p> <p>THE CONFERENCE PARTICIPANT BULLETIN BOARD has been very active. I returned home from my vacation to 83 unread messages, some of which were quite lengthy! The Board is extremely active this cycle with a lot of discussion among participants regarding how we can better utilize the resources at our disposal, better serve our regions, hold each other and our Board accountable, and create a more sustainable future for the World Service Conference (WSC).</p> <p>INMATE STEP WRITING ORIENTATION: The Orientation with the Plains State Zonal Forum on June 28th went well. The training was not the same as our Inmate Step Writing (ISW) orientation will be because our policy is a little different. Unfortunately, no one who had wanted to attend from our Region was actually able to make it. We have proven, though, that by using Zoom we can make it possible to orient our step guides virtually instead of mandating</p>
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	<p>they attend the yearly “in person” subcommittee meeting! What an awesome use of the virtual video conferencing option!!!</p> <p>RCMS I AM HOPING YOU WERE ABLE TO INCLUDE IN YOUR REPORT:</p> <p>What does your area think and feel about Zonal Representation?</p> <p>Again, if your area’s response to this question is “huh?”, we welcome the opportunity to provide a Planning Our Future workshop and encourage you to request such a workshop be held in your Area. If you do request a workshop, we would have to plan it far enough in advance to be able to request the funding in time or we could hold it via Video Conference. If you are currently engaged in talking about other options for the future of the WSC, please let me know.</p> <p>Each month I ask you this same question, I am asking because of the following proposal, which passed during the last conference.</p> <p>Proposal BD Greece Region</p> <p>To ask the delegates to go back to their regions with the question/workshop below: “What is that your region thinks and feels about zonal representation?”</p> <p>Intent: To bridge the gap of lacking information about what zones/WSC/seated/unseated regions are and could work better.</p> <p>Adopted by 72 yes -40 no -2 abstentions -5 present not voting</p> <p>REQUEST FOR DELEGATE WORKSHOP IN ALMOST HEAVEN</p> <p>Kim, Brian and Randy,</p> <p>After two extended discussions at two consecutive ASC meetings, the GSRs for the Almost Heaven Area have asked me to request that the Delegate Team come to the Almost Heaven Area and do a workshop explaining Regional vs. Zonal Representation at the World Service Conference.</p> <p>ILS,</p> <p>Norman C.</p>
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	<p>Almost Heaven RCM</p> <p>In order to fulfill this request I am submitting the following itinerary:</p> <p>Gas: \$40</p> <p>Per Diem: \$35x2 - \$70.00</p> <p>Hotel room: approx \$100.00</p> <p>The total of this request is \$210.00</p> <p>I will be submitting a motion for housekeeping purposes asking for these funds. We have not yet set the date for this workshop, but if funds are approved we will work with Norman to coordinate the date and the location of the workshop.</p> <p>DELEGATE WORKSHOP AT RANA I – SEPTEMBER 8 & 9, 2017</p> <p>The Rappahannock Convention Programming Committee has agreed to grant the Delegate Team time and space to do a Planning Our Future Workshop at the Rappahannock Convention.</p> <p>I regret that I neglected to submit an itinerary for this Workshop at the last RSC as is required by policy.</p> <p>In the interest of conserving resources, Brian and Randy feel confident they can handle this workshop without me. They are able to attend without staying overnight, but will be asking for reimbursement of their reimbursable expenses.</p> <p>JUST A HEADS UP</p> <p>Ordering copies of the Conference Agenda Report (CAR) and Conference Approval Track (CAT): I want us all to be prepared to order them (i.e. budgeting). Last cycle, the CAR was \$15 and the CAT was \$11. I'd expect the CAR to be less this cycle, since the last one contained a draft (lots of pages) of the Guiding Principles Book. I will probably receive this information in October and will report on it, hopefully, at our October 2-day. The CAR (English version) is available at the end of November and the CAT at the end of January. Groups will want to order their own copies and I expect to have a</p>
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	<p>few on hand for each Workshop.</p> <p>ALL THINGS NAWS</p> <p>From the latest NAWS News Bulletin :</p> <p>NAWS News can be found at https://www.na.org/?ID=reports-nawsnews-nawsmain</p> <p>IMPORTANT DATES AND DEADLINES:</p> <p>Regional motion deadline</p> <p>The deadline has passed for us to submit motions for the CAR 2018. Motions had to be received by 1 August and be in CAR-ready form by 30 August 2017.</p> <p>HRP Deadlines</p> <ul style="list-style-type: none">• Deadline for WPIF submission to be considered for WSC 2018 HRP nomination - 31 August 2017• Deadline for region, zone, and World Board candidate submissions to the HRP - 31 October 2017 <p>World Unity Day September 2, 2017 1pm EST - In the same moment, NA members around the world will pause together to reflect on our worldwide fellowship and our primary purpose to carry the message to the addict who still suffers. For more info www.na.org or call 818.773.9999</p> <p>New items from NA World Services: English and Spanish Line-Numbered Basic Texts \$11.55 and It Works Audio CD is back by popular demand.</p> <p>The updated Guide to World Services is available thru na.org/handbooks</p> <p>I got clean - not perfect.</p> <p>Thank you for allowing me the opportunity to do the best I can,</p> <p>Kim A –RD</p> <p>860-309-1404</p>
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	rd@car-na.org
RDA Report	<p>Randy and I attended the Autonomy Zonal forum in Ripley, WV on July 29th. Even though 11 hours of driving and an overnight stay were required to attend what was basically a three hour meeting, what the group managed to accomplish in terms of coordination between RDs of the various regions made it worthwhile.</p> <p>The first item discussed was Motion 11, which allows zones to send a non-voting representative to the next WSC. Although there was some concern that this would be a tacit endorsement of Zonal representation (which is not supported by the majority of the AZF), it was suggested that allowing the RD from the Eastern PA region to attend the event at their own cost would give them a rare opportunity to have their voice heard. It was suggested that we bring back a proposal to our regions as to whether we want to do this, and I will be submitting a motion to this effect during new business.</p> <p>The second item discussed was the NAWS webinars mentioned in Kim's report. The only additional item of import covered was that the world board might simply be trying to "nudge people" towards what they perceive as the will of the fellowship as put forth several years ago in terms of the size and seating of the WSC as stated in Resolution A. With this in mind, we might need to re-visit those resolutions if we want them to focus on different methods of having a more effective conference.</p> <p>The third, and most productive, part of the meeting was a discussion of best practices for handling the increased workload that RDs have faced over the past few years. A wide variety of topics were covered, including how to better engage members about topics that affect them, their groups and their areas, and how to best manage the flow of information coming at RD Teams from various sources. There was a strong sense of unity and purpose in the group during these discussions, and lots of sharing of best practices across the various regions.</p>

	<p>After the Zonal function, I made a presentation to the Mountaineer Region on the Basic Meeting List Toolbox, why it was important, and how it could benefit their members. Using the rvana.org website as an example, we showed how the various features of BMLT can be integrated into an area website; we also demonstrated how meeting information for various areas can be stitched together using tools like Sandwich to create "meeting maps" that span multiple areas and regions. There was much interest in using this technology, so we referred them to members who were subject matter experts in the tools so they could implement them in their region.</p> <p>I will be attending the Rappahannock Area Convention on September 9th as a speaker, so I will not need expense reimbursement to do the regional presentation with Kim. I do however need additional reimbursement for expenses related to attending the AZF meeting in July, as the event spanned two days and gas expense alone exceeded the \$40 allotted in the budget for this trip. I am requesting reimbursement for the following expenses:</p> <p>\$53.26 Fuel</p> <p>\$25.71 Lodging</p> <p>\$20.13 Food</p> <p>\$99.10 Total</p> <p>Thanks for the opportunity to be of service.</p> <p>Brian C.</p>
RDA2 Report	<p>Teleconference Zonal Task force from South Florida Region (Virtual Phonenumber for Inmate Resource). I logged on and we had no sound with Kevin D. No one else was in attendance so we exchanged phone numbers and talked on the phone. We decided to try another time since I am from another Region and they are trying to establish this task force and I learn from what they put together for us to use. I have not heard from Kevin D. for our next move.</p>

	<p>Planning Our Future Work Group Teleconference. The 1st zoom conference call was basically an expression of views and a chance for non conference approved members to get an understanding of Planning Our Future at the WSC World Board proposal and the Idea of Planning our Future at WSC into a Planning Conference that the Delegates are heavily discussing. Any one that was former RD or Alt could weigh in the discussion. The 2nd Zoom WSC Discussion Group met with the results to come. I am trying my best to follow the discussions and keep a clear objective for the future, but some of the discussion is over my head right now. It's a lot. I am grateful that this avenue came about. At least I am able to participate and listen. I believe that there will be no motions coming from this discussion for the 2018 CAR. I can see consensus on a few things about old and new business at the WSC and a lot of collaborating from RD teams all over. Kims report explains pretty much where we stand now. I've got some reading to catch up on.</p> <p>Autonomy Zonal Forum. My 1st and I really like meeting new people. Mountaineer Region meet at Cedar Lakes Conference Center in Ripley WV. and they hosted this AZF. The dorm room Brian and I stayed in was airconditioned and sleepable. You have to bring your own sheets. The Mountaineer Region uses CBDM. What I noticed was that a motion in most cases were submitted in case a consensus was not met. The Zonal Forum is very collaborative in that 6 Regions give reports and discuss best practices, discuss fellowship issues and is a resource for our Regions and Groups. My expense for this trip is; \$19.08 for lodging, \$23.27 food and \$48.00 gas = \$90.35 I am asking for reimbursement Please. 5 hour trip oneway.</p> <p>RANA Convention September 8,9 and 10, 2017. I plan on participating in the Planning Our Future Workshop with Brian C. and I will need \$40.00 for gas and \$35.00 per deim = \$75.00 for this trip. I could just get receipts.</p> <p>Almost Heaven Area Workshop.(Zonal Representation at WSC) I will participate in the Workshop when it is approved and scheduled and get receipts for reimbursement if that is ok.</p> <p style="text-align: right;">Thanks for allowing me to serve this wonderful fellowship, Randy D. RDA2 CAR-NA</p>
VRCC Report	
H&I Chair Report	<p>The H&I Subcommittee met on July 15th at the Poquoson Baptist Church in Poquoson, VA. There were 9 members in attendance at the church and 5 members joined by Zoom. The meeting was opened with a moment of silence followed by The Serenity Prayer.</p>

Bill M. read the minutes from the last meeting. I addressed 2 of the issues that were discussed at the May meeting. Those were 1) after discussing with Etta F. the possibility of the H&I members having a part in the Summer Institute of Addiction, it was deemed not suitable. 2) In follow up to the request from the Federal Correctional Center in Petersburg that was forwarded to the New Dominion area even though it is in the Tri-City area.....I did get in contact with Greg F. from Tri-City and they will talk about it at their area meeting. New Dominion will be discussing it at their area meeting as well. Hopefully with a combined effort and UNITY we can fulfill this commitment. Along that same line of thinking, some areas are still struggling in fulfilling their H&I commitments....like having to reduce the number of meetings they take into a facility per month or having only a few volunteers to carry the message behind the walls.

Coleen C. reported on the Inmate Step Writing Project (ISW) that there was a lot of activity going on. They have met in person and on the phone and the following are some of the points she brought up:

- 1) Picking up the mail from the regional mailbox and forwarding material to the appropriate people; i.e. treasurer.
- 2) Received 6 letters from offenders from 5 different facilities which include Culpepper, Nottoway, VCCW, Henrico East and Henrico County Jail. There were 3 men and 3 women offenders who contacted us.
- 3) Created a spreadsheet to track the offender's name, date on the letter, institute, offender's DOC number, their request, and the date the response letter was sent.
- 4) The response letters describe the boundaries....what we do and don't do i.e. no information on treatment center, recovery houses, etc.
- 5) Some individuals have talked to their prison contacts about the ISW project. For example, Coleen C has a counselor contact in North Chesterfield who is going to "take it up the system" with her contacts.

Also, we discussed the ISW training and the needs/to do list as follows:

- 1) The possibility of having a training workshop at the 2 Day in October which will be discussed today.
- 2) Obtaining a list of all H&I chairpersons in our region in order to:
 - a) Encourage recruitment of interested members.
 - b) Pass information forward when an offender from their area has contacted us.
 - c) List of facilities we serve.
 - d) Upload the ISW document so they are available to all.

I asked if the ISW Project should be a separate entity from the H&I subcommittee since it does take the majority of the meeting time. Bill M said that it should fall under the H&I umbrella. I also had a question as to whether the practice of going through someone other than a designated point of contact at the facility i.e. the counselors was acceptable. Coleen C says that we didn't have to clear it with that contact person such as the program director or warden. We also talked about planning it forward in terms of getting a meeting place secured well in advance of the meeting so H&I is responsible for the September and November meeting, Policy is

	<p>responsible for January and March, and PR responsible for May and July.</p> <p>The September subcommittee will meet on September 16, 2017 at the UVA Dining Conference Room from 11am-2pm. The November Subcommittee meeting will be in Martinsburg, WV at the Berkeley County Resource Center located at 400 W Stephen St, Martinsburg, WV 25401 from 11am-2pm. After no further H&I business, the meeting was turned over to the PR subcommittee.</p> <p>NA Luv and Hugz, Nancy H.</p>
Policy Subcommittee	<p>Policy attended subcommittee meeting that was held on July 07, 2017 Via Zoom phone conference. We discussed the motion 185-2 in which it was decided that each subcommittee chair will be responsible for their assigned months Policy will take Jan-Mar., H&I May -June PR Sept-Nov. For 2018 which will allow everyone to have advanced notice for participation. We will revisit the motion upon completion of the year to see if this works as single point of accountability. This motion was sent to policy not groups it was not reflected properly in the minutes it has since been updated with the proper corrections.</p> <p>Motion 182-3 was reviewed as well it was decided to come back to the body and ask RCM's that voted against the motion the reason the voted against and open up discussions in either open forum or new business. It is tabled until we come back with the results of these discussions.</p> <p>The Policy has been revised and is being presented at the 186th Regional Conference corrections were made grammatically , and dated with current budget attached no new policy was added to this update.</p> <p>In Loving Service , Antoinette B Policy Chair</p>
Public Relations	<p>The VSIAS event was a success. Handed out a lot of literature. The clientele seemed most interested in both younger people and the opioid crisis. A special thanks to the peninsula area for their help making this happen.</p> <p>Recovery month is coming up and I've already received requests about putting on workshops around the region. I plan on speaking with Etta during our next break on where to go from here.</p> <p>ILS, Sam F.</p>
Speaker Jam	
AVCNA Time Slot Ad-Hoc	<p>Florida Service Symposium ad hoc: We held a Zoom Teleconference on June 26th that was attended by two other addicts. We will attempt to hold another teleconference on this topic over the next couple of months.</p> <p>ILS, Brian C. CARNA-RDA</p>

	Zoom ad hoc: Still working on improving technical proficiency so this tool can be most effective for the Region. Also looking into any possible policy issues that might need to be addressed.
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8. Area Reports

Almost Heaven	<p>I am here today to represent the Almost Heaven Area as it's RCM-Alternate, in place of Norman C., Almost Heaven RCM, who could not be here today, and I have the following to report:</p> <p>A. There are currently 23 Home Groups in the Almost Heaven Area</p> <p>B. 12 GSR's attended our most recent ASC meeting</p> <p>C. All trusted servant positions are filled except for Policy Chair</p> <p>D. At our last ASC, our previous Vice-Chair was elected as the new Chair, (Crystal C.)</p> <p>E. There is no new Home Group news at this time</p> <p>F. In area news, The Almost Heaven Area just hosted their 31st Convention in Front Royal, VA from August 4-6, 2017</p> <p>G. Our PR Task Group and H&I Task Groups have been active, continually striving to fulfill our primary purpose. There has been recent correspondence from an addict in a jail located within our area, asking for Narcotics Anonymous meetings to be carried into that facility. It is our hope that the life saving message of Narcotics Anonymous makes it into that facility very soon. There is an H&I Orientation Sign-up in circulation so that we can hopefully get more addicts approved to carry the message.</p> <p>H. There are no upcoming area events at this time</p> <p>I. Today we have two checks totaling \$247.19 to donate to the Region</p> <p>J. Lastly, in regards to the subject of Regional Vs. Zonal Representation, our area has spent a considerable amount of time discussing this at our ASC meetings for the months of June and July. Norman and myself have offered to attend our area home group's Group Conscience meetings to further explain and/or discuss this idea with members of said groups. We received no requests to attend. At our June ASC meeting, we asked GSR's to carry a straw poll back to their groups, in hopes of getting some insight on how members felt about the idea of Zonal Representation, versus the current Regional Representation. In July when we met for our ASC, nearly all GSR's in attendance were not prepared to give any results for our requested poll. After a lot (more) discussion, a motion was made, and ultimately passed, asking our RCM to request our Region's Delegate team to come to our area and do a Learning Day/Workshop explaining Regional Vs. Zonal Representation at the World Service Conference. Norman C. made this request via email, and it is my understanding that this request will be made here on the RSC floor today by our Region's Delegate, Kim A. During our ASC meeting last Saturday, August 12, Norman spoke of his communication with Kim about this matter. We look forward to this event, and will help in any way we can to make it happen.</p> <p>K. Our next ASC will be held on September 2, 2017 in Shepherdstown, WV at 1:30 p.m.</p> <p>Grateful for the opportunity to be of service to this body, the Almost Heaven Area,</p>
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	<p>and my home group.</p> <p>ILS, David T.</p>
Appalachian	
Beach	<p>Greetings from the Beach Area. As has been reported here by other areas, the Beach Area was unable to conduct business in August as quorum was not met. We discussed this at my home group meeting. Our GSR will motion to change policy to hold Beach ASC bi-monthly, in odd numbered months and for the Vice Chair(Policy Sub-Committee Chair)to review all policy changes this would bring. History has shown the Beach Area fails to meet quorum 4-5 times annually. There are 19 home groups active and the intent of the motion is to effectively allow the Beach Area to consistently conduct business.</p> <p>In other Beach Area news, the Serenity On The Shore(SOTS)campout Committee held their 4th annual golf tournament yesterday. 26 golfers(term used loosely)participated. Trophies were awarded to the top 2 teams as well as 14 giveaway door prizes. The success of this event brings the Committee closer to our goal of hosting a free Campout in 2018 for SOTS X.</p> <p>This year's campout is October 6-8th. Please plan to attend.</p> <p>In Loving Service,</p> <p>Dale R</p> <p>RCM</p>
Blue Ridge	<p>Hello from the Blue Ridge Area of NA. The BRANA ASC met on Sunday, August 13th at the Verona UMC in Verona at 4pm. The meeting was opened with a moment of silence followed by The Serenity Prayer and then the reading of the 12 Traditions, 12 Concepts, the purpose of the ASC and the Unity Statement. Quorum was met with 6 out of the 11 home groups being represented and business was conducted as usual. We have 23 meetings a week being covered by the 11 home groups.</p> <p>The GSR's reported that most of their meetings continue to be well attended with some expected variances for the summer months. There were however 2 home group changes and unfortunately it was one group from Covington who moved to a West Virginia area. The second was the Live Clean or Die group from Clifton Forge who reduced their meetings to one meeting a week because of the lack of participation.</p> <p>The Outreach committee which also has the H&I/PR subcommittee under it reported that once AGAIN the H&I subcommittee needs MANY MORE volunteers. We do have</p>

	<p>all of the commitments being fulfilled however, this is being done with about 5 VERY dedicated trusted servants. Our commitments include Middle River Regional Jail....male and female, Augusta Correctional Center, and Western State Hospital. These meetings are once a week and at this time we have only one person to carry the message behind the walls to ACC. We do not have a PR coordinator at this time. The meeting list has been updated to reflect any changes.</p> <p>The Special Events committee reported the upcoming events for the next couple of months as well as the ones for the rest of the year. I have fliers for the next 3 events as well as a flier with the remainder of the year events. The fliers will also be attached to my report. Tomorrow the Find a New Way to Live group will be sponsoring the annual Jump in the Lake event at Lofton Lake from 1pm-7pm. The fliers are here on the table and the directions are spelled out on the flier.</p> <p>We have the following positions open: Vice chair, RCM, RCM Alt, VRCC Director and VRCC Director Alt. I am serving as RCM pro-tem. We have no nominations for any of these open positions. We have a contribution of \$134.01 to this body today.</p> <p>After no further business, the meeting was adjourned with the Serenity Prayer. The next BRANA ACS will meet on September 10, 2017 at the Verona UMC in Verona, VA at 4pm.</p> <p>NA Luv and Hugz, Nancy H.</p>
Gateway to Freedom	<p>Hello Family!</p> <p>I apologize for not being able to attend the 186th RSC Conference. I was asked to speak at my very first Speaker Jam today. I feel that this is a huge step in the progression of my personal recovery and am compelled to take it. I am however sending my report so that it may be read in the floor and included in the minutes. I did attend both of my Area's ASC's held since our last RSC.</p> <p>We currently have 15 homegroups with 16 scheduled meetings weekly, but only 6 homegroups have been consistently represented at Area. Our group donations are still down.</p> <p>Open trusted servant positions are: Vice-Chair, Secretary, PR Chair, Policy Chair and RCM-alt.</p> <p>H & I is still keeping all current service commitments and running smoothly.</p> <p>PR continues to set up at functions and events around the area with 3 scheduled events next month. Our PR Chair has been acting as Treasurer pro-tem. He is stepping out of PR to be Treasurer next term.</p> <p>Policy subcommittee has been dormant as we still have no Policy Chair. A motion was made to eliminate Policy as its own separate</p>

	<p>subcommittee. Policy responsibilities will then fall under the duties of Admin.</p> <p>Special Events is hosting our Unity Day Picnic/Speaker Jam next Sat. Aug. 26th at Constitution Park in Cumberland, MD from 10am - 4pm. We have 8 speakers coming from several Areas and free food for all who attend.</p> <p>Our Camp Jam subcommittee is hosting Camp Jam III, our Area's 3rd annual convention and campout. This event will be held on September 22-24. Please call me at (540) 539-1966 or email me at arborfox@frontier.com for more info if interested.</p> <p>We discussed and approved hosting a CAR Workshop in our Area. We have a great facility to do so and approval to use it. I have been in contact with Kim A. to move forward with planning.</p> <p>Again, I apologize for not being there. I do plan to be at the October 2-day event and will be reserving rooms for that. I am still grateful for the opportunity to serve and want to thank you for allowing me the privilege to do so.</p> <p>In loving service, Duane F. - RCM, Gateway To Freedom Area</p>
New Dominion	
Outer Limits	
Peninsula	
Piedmont	
Rappahannock	
Richmond	<p>Flyers are on the back table for events to be hosted by the Richmond Area Special Events: Churchill Anniversary Sept25th, 1st Anniversary of Growing in Recovery Sept 30th, Back in the Day dance Oct 28th, Halloween Costume Dance. Please come hang out with us.</p> <p>At our last ASC mtg last Sunday there seemed to be several incidents of arguments and confusion as well as disrespect. Example- Area chair interrupts the meeting with her loudness, bossiness, and rudeness. The secretary did not send out the minutes. Said she forgot and apologized. Home group brought up concerns and discussion about gambling and card playing in churches where we are renting space for special events. Most GSRs agreed that this behavior was inappropriate except for one person who disagreed stating that they enjoyed gambling. This person began arguing, became angry, quit their position, left Area equipment and left Area service.</p> <p>Nominations are open for Secretary, Ass't Secretary, Ass't RCM, nad Ass't to VRCC director.</p>

	I brought a check for \$500 as our donation to Region.
Roanoke Valley	Hi Family: I'm sorry to have missed the last two Regional meetings our area continues with 35 regular meetings over the Valley and surrounding counties. We are currently with open positions at every level at area as it is that time of year to nominate and vote in new people. (the few serving the many), We vote to except the minutes for Reginal as amended. The check is in the mail. loving service Vanessa H
Shenandoah Valley	A) There are 22 Home Groups in our Area. B) 14 GSR's/Alt were in attendance at the last ASC on August 14, 2017. C) Open positions are Vice Chair, RCM, VRCC Director Alt, H&I Chair, Literature and Newsletter. D) Audit Adhoc elected, Barbara D., Michelle M. and Noah V. E) We had one Group that closed called Simple Suggestions at 246 E. High St. Woodstock, Va. F) Area struggling to fill trusted servant positions. Struggling with most subcommittee participation. Solutions; Learning Day August 26th. Announcements in Groups. Get Sponsees involved. G) Outreach is up and Running. H&I does 4 facilities a week. Public Relations did a 10-minute presentation with a reporter from The Northern Virginia Daily. Addicts can now subscribe to the SheVana Calendar via Google Calendar app. PR will man a booth at the Addicted to Hope Rally on September 23rd. H) Our concerns are Apathy in Service, Future of the WSC, Fund Flow. Operating under prudent reserve. I) Shevana Learning Day August 26, 2017 at Market Street Church 131 S. Cameron St. Winchester Va. 22601 from 10am - 3pm. Lunch provided. Sponsor Sponsee Breakfast 10am - 1pm September 16, 2017 at Market St. Church 131 S. Cameron St. Winchester Va. 22601. For more see Shevan.org/calendar. J) The Shevana Area holds 28 meetings weekly. K) Next ASC is September 11, 2017 at 6:30pm at Grace Community Church in Winchester Va. ILS Randy D. RCMAlt
Southside	We have 15 meetings in our area only 8 participated in August area meeting. Two members resigned positions; so we now have Pr, Policy, co-treasurer, and literature open. H and I is active in womens jail and mental health and a gentleman is organizing men to start men's jail meeting. National night Out went well, we participated in three cities. Today is Search for Serenity's picnic at Staunton Park. ON Sept 2 Martinville will host a a fish fry for Unity Day and South Boston will host a chili cook-off and untalent show on October 28. I brought some flyers. Area again states they are against zonal areas. We are at prudent reserve so do not have a donation at this time. Thank you for the privilege to serve. In loving service Sue N.
Tidewater	

9. All New Business Motions turned in before lunch

10. **Elections & Nominations**

Treasurer: Open (Jim H. agreed to stay on as Treasurer pro temp until no later than December RSC)

Vice treasurer: Open (open since 173rd)

Speaker Jam chair: Open (Open longer than two RSCs)

No nominations

11. Old Business:

Motion 185-2: Background: Currently our guidelines are silent as to who is responsible for scheduling subcommittee meeting locations and how far in advance they should be scheduled.

Intent: To establish a single point of accountability to ensure that subcommittee meetings are scheduled sufficiently in advance to allow time for them to be publicized.

Motion: Add Section 10 A 7 to read "Schedules subcommittee meeting locations at least 3 months in advance. Such locations must have WiFi or similar technology available for use at the subcommittee meeting."

Mover: Norman C. Second: Mark S.

Disposition: ~~Sent back to areas as this is a change to policy.~~ **Referred to Policy (minutes corrected 07/15/17)**
Still tabled

12. New Business

- a. Set agenda for October 2 day
- b. Coleen_cherici@premierinc.com is the point of contact for Inmate Step Writing if someone is interested in participating.
- c. Will probably do a straw poll during wrap up of Saturday conference at the October 2 day event.
- d. **Motion 186-1 Mover: Sue N. Southside Second: Dale R. Beach**
Description: The vice-treasurer is a position for being mentored. Designed so that the candidate can gain experience in the treasurer position. The importance is better placed on the candidate having area or region experience and bookkeeping experience.
Intent: To align the qualifications of the vice treasurer position with the responsibilities of the position.
Motion: Remove the word "treasurer" from line 2 Section 5B Vice treasurer qualifications.
Disposition: sent back to areas
- e. The following items are expense items and are within the budgeted line item amounts for the trusted servant positions requesting disbursement of funds. They are listed here in the spirit of transparency.
 - 1) Kim A- Regional delegate. \$210 to cover travel expenses incurred in meeting the request of the Almost Heaven area for a workshop explaining regional and zonal representation at the world Service Conference.

- 2) Brian C.- Regional delegate alternate. \$75 for the same purpose as Kim A.
- 3) Brian C.- RDA. Reimburse for money spent attending AZF in Ripley, WV. \$99.10
- 4) Randy D. RDA2 Reimburse for money spent attending AZF in Ripley, WV \$90.35
- 5) Bill M. Chair \$15.85 toner for printer
- 6) Bill M Chair \$71.95 A/V equipment for use by RSC and subcommittees utilizing ZOOM.

13. Next RSC will be held on: October 22 at the Ramada Inn Roanoke, VA

14. Announce Location and Time of next Subcommittee Meetings: Charlottesville Hospital Conf Rm 1,2,3 September 16th
11-2

15. Close with Serenity Prayer and Announcements