

**Minutes for the 187th Regional Service Conference
Central Atlantic Region
October 22nd Roanoke, VA**

Open Forum began at: 10:06 RSC began at: 11:23

- Vice Chair will view the online banking account and compare to the check register.
Vice chair absent. No review of checkbook.

1. Serenity Prayer

2. Open Forum

- a. Bill brought up some concerns about the motion asking for a debit card for the RD team. Seemed to be some confusion about the RD team asking for a “credit” card. Pointed out that the Treasurer actually asked for the debit card in order to make it easier to fund RD team needs.
- b. RD mentioned upcoming CAR workshops. First CAR workshop is in Colonial Heights as opposed to Chesterfield.
- c. Roanoke Valley Area asked for financial help. Claimed that they inadvertently sent to large of a contribution to Region in August and need \$300 refund.
- d. It was brought to the attention of the meeting that a church in Roanoke was having a panel discussion regarding the “opioid epidemic” in the Roanoke area. Asked for some representation from NA. Jim H said he could attend. Wednesday 10/25
- e. Revitalizing the Outreach subcommittee so someone can go to struggling areas to see if any help can be offered and to make sure that these areas are still able to carry the message. Region needs to know if meeting list is current so people aren’t being referred to meetings that no longer exist.
- f. Concern about VRCC not sending representative to Region was expressed. Mentioned that they should at least send a report. Chair said that he would contact the VRCC chair and current host committee.
- g. Treasurer brought up issue of people booking a room for 2 day event and then not showing up. Ends up wasting Regional money.
- h. RDA brought topic of reimbursing RD team for mileage as opposed to just gas.
- i. Chair asked for a straw poll to see if there was anyone interested in chairing Outreach. Concerns about finances were discussed. Line item does exist for this subcommittee. Line would need to be funded. Committee would only need to be operating for a limited time to address the specific need of ensuring that meeting lists of areas not attending Region are update.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

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| Chair | Bill M | Almost Heaven | David T | X |
| Vice Chair | Absent | Appalachian | | |
| Secretary | Neal G | Beach | Dale R | X |
| Treasurer | Jim H | Blue Ridge | Nancy H | X |
| Regional Delegate | Kim A | Gateway | Duane F | X |
| Regional Delegate Alternate | Brian C | New Dominion | Mark S | X |
| Regional Delegate Alternate 2 | Randy D | Outer Limits | | |
| VRCC Chair | Chris S | Peninsula | | |
| Hospitals and Institutions Chair | Nancy H | Piedmont | Hillary Z | X |
| Policy Chair | Antionette B | Rappahannock | Richard M | X |
| Public Relations Chair | Sam F | Richmond | | |
| Speaker Jam Chair | | Roanoke Valley | Vanessa H | X |
| | | Shenandoah Valley | Randy D | X |
| | | Southside | Sue N | x |

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| | | Tidewater | | |
| | | Tri-Cities | Paul E | x |

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
Noreen J attending as New Dominion RCM alt. Mel from New Dominion. Danielle from Appalachian area. Dawn K from Southside. Deborah and Duane from Roanoke Valley. Colleen New Dominion H&I
6. Approval of Prior Minutes: Motion to correct minutes from 186th. Minutes approved with correction. Correction regarded motion 185-2.
7. Trusted Servants Reports

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| Chair Report | <p>I was quite busy last month working with the PR chair coordinating resources for a few events.</p> <p>I noticed an article in my daily VCU newsletter that the VCU Health hospital was holding a recovery event. I called the contact person and discovered that NA had no presence in the event and they would gladly make room for us. I immediately reached out to out PR chair and within a few days we had everything coordinated and participated in the event.</p> <p>I also worked with the PR chair and Vicky B. for an event in Lynchburg during recovery month.</p> <p>I attended the subcommittee meeting via Zoom last month and the meeting went very smoothly. Sam and one other person hosted the meeting in Charlottesville and everyone else attended remotely.</p> <p>Our subcommittee rotation experiment continues and I am very interested in analyzing the data next October to see how many participated and the manner of their participation.</p> <p>We also had a mid-term subcommittee workshop last month and I hope to have another in the future.</p> <p>I think it was beneficial for keeping the subcommittees on task and also lead to increased participation from the areas. In the future, I will try to ensure that meeting is posted on the events page.</p> <p>I believe yesterday's workshop was very successful. We had about 50 addicts in attendance from about 8 different areas. The presentations were a lot of fun. 10 minutes into the first presentation the projector breathed its last breath and we printed the PowerPoint slides, distributed them and moved along.</p> <p>The morning's presentation deal with the Florida Symposium topic of Public Relations and NA's public perception. The round table workshops generated quite a few bullets points for action items the areas can do to increase awareness of NA among professionals, education of areas and groups on collaborating with public, and among each other.</p> <p>The afternoon's presentation was on the regions Inmate Step writing (ISW). Oure ISW subcommittee is up and running and has its first inmate writing steps with a guide. There is a great deal of interest among the areas and those in attendance asked a lot</p> |
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| | <p>of questions. By the day's end we had applications from 14 addicts interested in helping inmates write steps.</p> <p>In closing, I just want to say that participation in the subcommittee meetings is very easy with Zoom and I look forward to attending those meetings with zoom in the future. I will try to ensure the events page is updated promptly with future zoom video conferences.</p> <p>ILS Bill M Bill McCormick</p> |
| Vice Chair Report | <p>I am sorry that I am not able to attend this weekend. But as I told our chair, I had a previous engagement that was planned before I even took this position.</p> <p>I am submitting a report however as to what I have been engaged in.</p> <p>I attended a PR zoom committee mtg o help steer the next activities and needs of that committee. Clear dialogue and plans were made to help that chair. Now we just have to see if the follow through occurs. There is plenty of support for his success.</p> <p>I was asked to help with a learning day in Lynchburg but had to decline as I had a PR learning day workshop to in Staten Island, New York to facilitate. I was however able to supply them with a speaker for the event.</p> <p>On September 18th I was involved in a learning day in the Peninsula Area that was designed to target professionals. The turnout was average and few professionals showed but many from the area did and learned about how PR presents to Judges, lawyers, and PO's drug court professionals. I enjoyed talking with those who attended and helped what literature should be used.</p> <p>I have received an email regarding having a male and female contact on our phone line and explained that we have a 24 hrs. Service though our region and that this was only for contact in our specific areas. If areas wanted a 24 hr. Group for every hour to answer calls it was there choice. We were just providing a point of contact for each area. It was asked if this was a regional vote and I explained that the phone line and website were housed in the PR subcommittee and decisions were made via its policy and project. If we needed more input the subcommittee would and has in the past straw polled the RSC for feelings about projects or direction that may need additional thoughts.</p> <p>I am at this point-aided PR for any help that might be needed but I have not received any calls by its chair for any specific areas that might need assistance. I am answering emails that are not being answered promptly by that committee.</p> <p>Etta F. RSC Vic Chair</p> |
| Secretary Report | Everything's fine in the Secretary's world. |
| Treasurer Report | |
| RD Report | <p>Activities since our last meeting:</p> <p>Yesterday morning the delegate team was happy to be able to facilitate a workshop full of information that we learned while attending the Florida Service Symposium this past March. We followed up the PowerPoint</p> |

Presentation with small group Round Table Discussions and it seemed like everyone found the topics to be very pertinent.

Last weekend the delegate team was prepared to facilitate a Planning Our Future Workshop for the Almost Heaven Area, but regrettably they ended up having to cancel the workshop and I'm pretty sure you will hear from Norman about that in his report.

At the August RSC Etta F requested our recommendation for her to be considered for a World Board Position. With our RCM's vote of confidence, I promptly filled out the RBZ form and sent it to World Services HR.

On September 9th there was a Webinar with World Services, which I was unfortunately unable to attend. From the notes that I was able to look over, it appears the focus of this webinar was our principles and the World Board also sought to get direction from the delegates regarding ideas concerning the future of the WSC.

CAR Season is upon us!

We do have a flyer for the CAR Workshops here today so please pick some up and bring them back to your areas. We hope that all GSRs will take advantage of the CAR Workshops sponsored by our Region so that their groups can cast informed votes in April. We have a 5th CAR Workshop, which is not on the flyer, scheduled for the weekend of our Regional Convention. That workshop will only be 2 hours long and will be at 10 AM on Saturday morning.

The ability to participate in our Region's conscience on CAR and CAT matters via absentee ballot (both electronic and paper) was a success last cycle. We still believe that providing alternative voting options for any group unable to attend the GSR Assembly is in concert with our Region's "Purpose", and would serve to further enhance the conscience we carry to the World Service Conference. If the region approves, every group will be able to vote either in person at the GSR Assembly, by paper ballot or by electronic submission as we did in 2016. We will be submitting a motion today to allow for absentee ballots if such a motion is necessary.

The deadline for submitting our Regional report to the WSC is usually in February. We are requesting (and will be e-mailing a reminder to each RCM following the close of business today) that the following information be included in your December report to region: 1) the total number of groups AND weekly meetings in your area. 2) the number of H&I commitments AND

facilities being served by your area's H&I subcommittee.

Each Group needs to order their own CAR Report: <http://na.org/conference>
RCMs please get this information to your GSRs.

The budget for each CAR Workshops is \$300.00. I am requesting a rent check for \$50.00 to be made out to: First Baptist Church and sent to: Charlene James 117D Forest Pine Road Franklin VA 23851 to hold the facility for the Outer Limits Workshop on March 3rd. I will be asking the treasurer for reimbursement for each workshop as the funds are requested.

Itineraries for the CAR Workshops

\$40.00 gas for each - total requested \$160.00

MARLCNA:

Mid Atlantic Regional Learning Conference of NA - February 9-12th 2018 – Lancaster, PA. As stated in policy our attendance is required at this Conference.

Here is my itinerary

Hotel: \$ 200.00

Per Diem: \$105

Gas: (366 miles) \$40.00

Registration: \$20.00 – Please make out the check to MARLCNA XXXI

Autonomy Zonal Forum:

We have a videoconference scheduled for Monday October 23rd. We will report on these discussions in December. We are currently hoping to have World Board Participation at our January 27th AZF that will be held in the Chesapeake and Potomac Region.

We are submitting our itinerary for this today:

Here is my presumed itinerary

Hotel: \$200.00

Per Diem: \$70

Gas (Maryland? 250 miles): \$40.00

ECCNA BASIC TEXTS:

I anticipate receiving our boxes of Basic Texts from the East Coast Convention any day now. Please be prepared to receive them at the December RSC.

RCMs I am hoping you were able to include in your report:

What does your area think and feel about Zonal Representation?

Each month I ask you this same question and I appreciate hearing from you all on this. At the last RSC it seemed most of you are not interested in losing your Regional vote at the WSC. If you still have not let me know whether or not you are in favor of switching to zonal representation, please do so prior to our attendance at the WSC, which will be April 29th – May 5, 2018

Delegate Workshop at RANA I – September 8 & 9, 2017

Randy and Brian covered this workshop in their reports.

All things NAWS

The Board made a decision to not submit any motions in the upcoming CAR.

The latest NAWS News is now available and can be found at <https://www.na.org/?ID=reports-nawsnews-nawsmain>

Prices for literature increased 7.5% across the board, except for the Basic Text, which only increased by 5%.

WCNA 37 August 30th – September 2, 2018 will be in Orlando, FL. Pre-Registration is now open with incentives to register early. I brought some flyers for distribution.

FIPT Request

The Operational Rules of the Fellowship Intellectual Property Trust (FIPT) describe a process whereby a regional service committee can request to inspect the records and operations of the Trust. South Florida Region submitted such a request on April 17, 2017.

The World Board responded to the request August 29th, 2017 and forwarded copies of the documents to all Conference participants. They expect that we will discuss the request as well as the process for making and responding to these types of requests at the 2018 World Service Conference. It is my

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| | <p>understanding that according to the FIPT, they need to comply with the request and any discussions after the fact about the FIPT will not affect the request. According to the FIPT, any region would be within its rights to request access to the records and operations of the Trust.</p> <p>World Board stated: “As the FIPT is currently written, a single region can request an inspection of the records and operations of the Trust, and such an inspection can be both time-consuming and costly. We are not sure this part of the Operational Rules reflects the Conference’s current thinking. A policy that allows a single region to make a decision involving the allocation of so many resources seems contrary to our evolution toward a consensus-based Conference. This is one of those policies that we have known was outdated and unclear for some time, but have not wanted to drag the Fellowship through a detailed review. The recent inspection request, however, has made it clear we may be overdue to have this conversation.</p> <p>I spoke to the South Florida RD on Monday and he stated that his RSC meets this weekend, too and they will be discussing a response to the World Board’s request for confirmation and more information regarding their specific concerns.</p> <p>The whole document is available as a PDF file: http://car-na.org/images/Delegates/NA-World-Service-FIPT-Response.pdf</p> <p><i>I got clean - not perfect.</i></p> <p><i>Thank you for allowing me the opportunity to do the best I can,</i></p> <p>Kim A –RD 860-309-1404 rd@car-na.org</p> |
| RDA Report | <p>First and foremost, to thanks to those in the Roanoke Valley Area who invited us out to the Chili Cook Off and Bonfire last night - we had a great time!</p> <p>Randy and I attended the first RANA Convention in Fredericksburg Va. and had an opportunity to present an updated Planning Our Future Workshop. The new workshop combines material from three prior presentations on the topic and brings people up-to-date on where</p> |

things are headed in the next WSC. While we were initially scheduled in an odd time slot, we delayed our start, condensed the presentation and ended up being able to cover the majority of the material with our audience. Participants were engaged and interested in the material presented, and hopefully it will spur some conversations in their area(s) around the topic.

The Autonomy Zonal Forum is having a teleconference on October 23, 2017, which will be a planning session for our meeting in January. We'll give you an update in December if anything material transpired on this call, or with the Zone in general, during the next couple of months. Anticipated expenses for attending the AZF meeting in January 2018 include:

\$ 200.00 for Hotel

\$ 70.00 for Per Diem

\$ 40.00 for Gas

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\$ 310.00 TOTAL

Speaking of Zones, during discussion of new motions that will be in the CAR on the WSC Participant's Bulletin Board, we anticipate that a motion will be brought to the floor allowing Zones to send a voting delegate (presumably from an unseated region), as well as an alternate delegate to to the WSC, with travel expenses paid by NAWS. This is a natural extension of what is being tried during the 2018 WSC, where each Zone is allowed to send a non-voting representative to the WSC at their own expense. We will dive into this, and other items proposed in the CAR, during our CAR workshops late this year and early next.

Per policy, the Delegate Team will be attending MARLCNA (the Mid Atlantic Regional Learning Conference of NA) on February 9-12, 2018 in Lancaster, PA. My anticipated expenses include:

\$ 200.00 for Hotel

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| | <p>\$ 105.00 for Per Diem</p> <p>\$ 40.00 for Gas</p> <p>\$ 20.00 for Registration</p> <p>=====</p> <p>\$ 365.00 TOTAL</p> <p>Thanks for the opportunity to be of service,</p> <p>Brian C.</p> <p>RDA</p> |
| RDA2 Report | <p>RANA Convention; I attended the RANA 1st Convention in Fredericksburg Va. to help facilitate a Planning Our Future Workshop with my AD Brian C. My expenses were; gas= \$29.40, food and beverage= \$23.34 and \$20.00 for registration online for Friday September 8, 2017 and Saturday September 9, 2017. The workshop did not make the program for the Convention however, with coercion, we were able to get some attendance and condensed the workshop to fit in a time schedule. I thought it was very well received with updated slide in the powerpoint.</p> <p>I am trying to keep up with the WSC participant discussion board as we approach the World Service Conference with CAR/CAT coming. I am sending my report in before October 22, 2017 next RSC and I plan to help facilitate the Workshop put on by the Delegate Team on Saturday October 21, 2017 sharing our take aways from the Florida Service Symposium that we attended early this year.</p> <p>Our Zone has a Zoom Conferencing on October 23, 2017 at 7pm that I plan on attending.</p> <p>MARLCNA: Mid Atlantic Regional Learning Conference of NA - February 9-12th 2018 – Lancaster, PA. As stated in policy our attendance is required at this Conference. Here is my itinerary Hotel: \$ 200.00 Per Diem: \$105 Gas: (366 miles) \$40.00 Registration: \$20.00 – Please make out the check to MARLCNA XXX I plan to attend the Autonomy Zonal Forum in January 2018 hosted by the Chesapeake and Potomac Region; Itinerary as follows; \$200 hotel,</p> |

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| | <p>\$70.00 per diem, \$40.00 in gas. My Itinerary for the CAR/CAT work shops will follow. ILS Randy D. RDA2</p> |
| VRCC Report | <p>Well we are on track to have a great 36th in Roanoke. The host committee is working hard . A bump or bruise here and there but nothing out of the ordinary. The directorate have excepted a bid for a new Dominion for the 37th. They will be holding formal elections on the 29th and if all goes well we will secure a hotel on the 30th.</p> <p>The directorate it is understaffed as usual. Consequently it's the standard situation of 5% doing 95% of the work. But anybody who's been around service for any length of time is used to that by now. All areas are welcomed and we hope that they will send directors to participate. We continually have the same people being appointed to multiple adhoc committees and eight or less areas in attendance regularly. Needless to say the work is slow going but we're doing our best to keep things up to date. Our WebChsir retired from service quite unexpectedly. Our previous chair has graciously agreed to pro tem to get us through this rough spot. The problem we have found for having a competent web person is that the people who really know how to do it generally work in the field and it's difficult for them to volunteer in their off time. If anyone out there knows of a qualified web person who is willing to serve, please send them our way! I.L.S Chris S</p> |
| H&I Chair Report | <p>The H&I Subcommittee met on September 16, 2017 at UVA Dining Conference Room. There were 3 people in attendance there and then 3 in attendance by Zoom. The meeting was opened with the Serenity Prayer.</p> <p>In follow up to the meeting last month, Jeff H from New Dominion and Greg F along with Michael L from Tri-Cities has decided to share this opportunity to take a meeting behind the walls. At this time they are waiting to set up a meeting with the administration to see what exactly what they want and what type of format. We talked about what facilities were involved in those 2 areas.</p> <p>Secondly, we talked about the Inmate Step Writing (ISW) project. We have had one response since the last meeting. This was an offender from Nottoway Correctional Center. Two of the six letters have been sent back marked "Undeliverable". There has been no response from Culpepper or VCCW. We also talked about preparing and presenting a report of the ISW project. Coleen C. and Noreen J. will move forward in getting that ready for the 2-Day on October 21st since it has been added to the agenda.</p> <p>After no further business, the meeting was closed with the Serenity Prayer. The next H&I Regional subcommittee meeting will be held on November 18, 2017 in Martinsburg, WV at the Berkley Resource Center. The meeting will be from 11am-2pm.</p> <p>NA Luv and Hugz Nancy H,</p> |
| Policy Subcommittee | <p>Thank you for the opportunity to serve Antionette B.</p> |

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| Public Relations | <ul style="list-style-type: none"> Helped out with an NA table at Recovery Fest on 9.9.17 Set up table at even Bill mentioned at VCUMCU Assisted an area in need and set up a table at an opioid crisis event in Lynchburg Spoke to customer service with our phonenumber and am awaiting an email with a bunch of information on how the whole system operates. The person I spoke to described the information they will be sending as "the sheet we use to decide where to forward calls to" <p>A person named Eddie that apparently served a large area has called in and said he no longer wants to receive calls and a person by the name of Mike is now taking on a huge percentage of calls.</p> <p>ILS, Sam F</p> |
| Speaker Jam | |
| AVCNA Time Slot Ad-Hoc | |

8. Area Reports

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| Almost Heaven | No report |
| Appalachian | |
| Beach | <p>The Beach Area met at First Landing State Park, October 6th. Many admin members and GSRs were attending the SOTS campout and voted to move ASC in October. Despite insuring attendees would not be changed Park or camping fees, quorum was not met.</p> <p>The Serenity On The Shore campout was greeted w/outstanding weather and was well attended. Just prior to introducing the Saturday Night speaker, the SOTS chair announced next year's event, SOTS X, would be free.</p> <p>The next Beach ASC is Nov. 4th. I will address the body w/respect to gauging interest in having the RD team present a service workshop, possibly during a speaker jam. I will follow up in Dec and report the Beach Area pulse on this.</p> <p>In Loving Service,</p> <p>Dale R</p> <p>RCM</p> |
| Blue Ridge | <p>The Blue Ridge Area of NA met on October 8, 2017 at 4:00pm at the Verona UMC in Verona, VA. The meeting was opened with a moment of silence followed by The Serenity Prayer and then the reading of the 12 Traditions, 12 Concepts, the purpose of the ASC and the Unity Statement. Quorum was met and business was conducted as usual. We have 23 meetings a week being covered by the 11 home groups.</p> |

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| | <p>The GSR's present reported that their meetings were still being well attended. There is not as much variance as it was back 2 months ago during the summer. Fortunately we have no meetings to close since the last RSC.</p> <p>Outreach committee which also has the H&I/PR subcommittee under it reported that once AGAIN the H&I subcommittee needs MANY MORE volunteers. We do have all of the commitments being fulfilled however; this is being done with the bare minimum of trusted servants. Our commitments include Middle River Regional Jail...male and female, Augusta Correctional Center, and Western State Hospital. These meetings are once a week and at this time we have only one person to carry the message behind the walls to ACC and one female to take the meeting into the women's side of MRRJ. We do not have a PR coordinator at this time. The meeting list has been updated to reflect any changes.</p> <p>The Special Events committee reported the upcoming events for the next couple of months as well as the ones for the rest of the year. As reflected in my RCM report in August, the entire list of the upcoming events is posted on the BRANA.org website and the car-na.org site as well. The Jump in the Lake was a success as usual despite the less than favorable weather. The next event will be a Halloween Dance on October 28th in Harrisonburg at the First Presbyterian Church on Court Square. We discussed the need for this committee to contact world in order for us to display the NA symbol.</p> <p>We have the following positions open: Vice chair, RCM, RCM Alt, VRCC Director and VRCC Director Alt. I am serving as RCM pro-tem. We have no nominations for any of these open positions. We have no donation to this body today.</p> <p>After no further business, the meeting was adjourned with the Serenity Prayer. The next BRANA ACS will meet on November 12, 2017 at the Verona UMC in Verona, VA at 4pm.</p> <p>NA Luv and Hugz, Nancy H.</p> |
| Gateway to Freedom | <p>I was unable to attend the last RSC but have attended both Area Service Conferences since with an average of 7 of 15 homegroups in attendance. We have a new meeting on Wednesday nights at 7 at Wesley Chapel United Methodist Church, 128 Wesley St., Ridgeley, WV 26753.</p> <p>Open trusted servant positions are: Vice-Chair, PR Chair, Policy Chair, Outreach Chair and RCM-alt. Cris S. has been nominated for Secretary and will likely be voted in next month. Special Events Chair will be open next month. My one year commitment as RCM has been fulfilled but I will continue to serve the position for as long as necessary.</p> <p>All current H&I commitments are still being met. Linda K. was voted in as our new H&I Chair at the last ASC on Oct. 14.</p> <p>Mike M. was voted in as our new Literature Chair in Sept. 9.</p> <p>Larry B. was also elected as the new Treasurer on Sept. 9.</p> <p>Policy still has no Chair but our Adhoc subcommittee has been working on revising and printing an updated Policy.</p> <p>Special Events hosted a Unity Day Picnic/Speaker Jam on Aug. 26 which was a great success. They are now planning a Chili cook off</p> |

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| | <p>scheduled for Nov. 18.</p> <p>We just hosted our 3rd annual Area Convention, Camp Jam III, on Sept. 22-24 which was also very successful for our small Area. The final numbers weren't available at last ASC but we did make a little money. We had 79 paid overnight guests and many more who just came out for the day. We had speakers from Texas, Nebraska, Virginia, West Virginia and Maryland.</p> <p>Meeting attendance and group donations are still down and we have no donation for Region this period.</p> <p>Our next ASC will be Sat. Nov. 11 where we will discuss new budgets for the following year.</p> <p>As always, I am honored as grateful for being allowed to serve.</p> <p>In loving service, Duane F. - RCM Gateway To Freedom Area</p> |
| New Dominion | |
| Outer Limits | |
| Peninsula | |
| Piedmont | <p><u>The Piedmont Area currently has 17 active Meetings, 7 GSRs Attended Octobers' ASC Meeting, we did make quorum for this months' ASC.</u></p> <p><u>H and I</u> We are doing what we can with the volunteers we have. The Women's ACRJ needs more volunteers. We continue to have 6 H&I meetings held in the Piedmont area, they are listed below;</p> <ol style="list-style-type: none"> 1. Men's ACRJ 2. Women's ACRJ 3. Fluvanna Women's Correctional Facility 4. Boxwood 5. 5 East-Uva. Medical Center 6. Wellness Center-Region Ten <p><u>PR</u> We continuing to stock IPs in the respective facilities: UVA Medical Center, The health department and the free clinic. The Website is also being updated when needed. Along with our Meeting Lists.</p> <p><u>Special Events</u> We will have a Halloween Party on October 27th from 6-10pm at Trinity Episcopal Church in Charlottesville.</p> <p><u>Positions</u> Area Chair: No nominations Vice Treasure: No Nominations RCM Alternate: No nominations VRCC Alternate: No nominations H&I positions: Vice-chair, Chair, Men's ACRJ, Women's ACRJ Panel Leaders</p> |

Motions/Business

We are currently discussing to change our policy regarding Quorum at the area level as we continue to not have enough GSRs show up to conducted business. The motions: (summarized) Quorum would be established with 50% of the pervious Area's GRS attendance. This motion will be voted on next months' Area Service. Having Quorum at this month's Area was a rarity.

Policy changing Motions:

In order to better conduct business and meet quorum we are asking for a change in the percentage of quorum from two thirds to majority for quorum but keep the two thirds number to pass a motion.

Maker: HAnk! Secretary

2nd: Jake B. Whatever it takes

Policy changing Motion:

In order to smooth the attendance at the monthly Area meeting of Piedmont Area of meetings in a small Narcotics Anonymous caused by a large of meeting in a relatively small community and by the understanding that two meetings must be missed before being removed from the rolls and only one meeting attended will re-enroll a home group to voting rights.

The group conscience Essential Spiritual Principles group served by the Piedmont area of Narcotics Anonymous moves that the area adopt the following rule about home group attendance and the subsequent requirement of quorum so that it replace the current rule for voting eligibility and removal from the roll call:

"If any home group does not attend one meeting, they will be removed from the roll call for the following meeting and thus their voting right at that meeting and inclusion in quorum determination be removed until the meeting following their next attendance, after a request is made to be added back to the roll and have and have their voting right restored."

We believe that this symmetrical loss/restoration of membership will not affect a group's ability to obtain literature support, but will encourage regular attendance and more importantly will create a situation where quorum requirements will more regularly match seasonal variations in attendance and almost entirely prevent the inability to conduct business for more than one meeting in a row. Moreover, the chance that quorum is not met under general circumstances is reduced and bi-monthly attendance in order to maintain voting right is dis-incentivized.

Thank you,

Maker: Adam ESP

2nd: Ky L.

- I asked GSRs to ask their Home Groups if they were interested in a CAR workshop. I got no responses. I will send out an email and bring up again at the next Area Meeting.

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| | <p><u>Next Area Service is Nov. 5th, 2017.</u></p> <p>Our Area Service Meetings have now been moved to Church on Our Savior. At 4:00pm.</p> <p>ILS, Hillary Z.</p> |
| Rappahannock | <p>The RANA area has 27 active home groups on our current meeting list. Attendance at our area meetings is typically 10 to 11 which is above our quorum of 8. Open positions include Treasurer 1 and 2, Secretary 1 and 2, VRCC chair and outreach chair.</p> <p>Current planned activities are the marathon meetings for thanksgiving and Christmas dependent on willingness of chairpersons for individual meetings on said days. Activities didn't put on a RANAween event which for the 3rd year has been a success with costume contests for the kids, raffles, food fun and fellowship.</p> <p>H&I is currently in 3 facilities which include Boxwood rehab and Sunshine lady house crisis stabilization center, we have finally gotten into RRJ which is our beloved regional jail. H&I is currently taking 2 meetings a month into the jail with hopes of getting more members through the background check and finger printing process as too bring in at least one meeting a week instead of the current 1 every other week. Our areas first convention was a great success, there is discussion of making the convention committee a budgeted committee of the RANA area instead of an Ad-hoc committee as it is now.</p> <p>There are also a number of questions we have about our EIN and whether we can have two bank accounts on one EIN number, the reason for 2 accounts is one for the area and another for the convention committee, we are reaching out to world, tax professionals and I will be reaching out to our regional treasurer sometime today.</p> <p>The RANA area will be donating \$240.00.</p> <p>In loving service Richard M</p> |
| Richmond | |
| Roanoke Valley | <p>Happy to be of service to Roanoke Valley Area we Have 25 groups open in the area .</p> <p>Positions open at this time are Vice Secretary , Alt. RCM , Policy chair, Alt VRCC and PR chair.</p> <p>We are serving 3 locations for H&I at VA hospital, Mount Regis treatment center, Detox in Salem.</p> <p>W were not able to vote on rewording of motion due to not making quorum. We are putting in a motion for a refund of 300.00 dollars to due to and over donation to Regionals in th previous months donation.</p> <p>Next AREA will be November 12th at Williamson Road Church of the Brethren 3110 Pioneer Road NW.</p> <p>Loving service Vanessa H</p> |
| Shenandoah Valley | <p>(A) SheVana Area has 23 home groups.</p> <p>(B) 17 GSR's/Alt's were present at the last Area Service.</p> <p>(C) Vice Chair - open, RCM- open, VRCC Alt- open, H&I Chair - open.</p> <p>(D) Jackie F elected for News Letter and Noah V. elected for Literature.</p> |

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| | <p>(E) 2 new home groups in the Area.</p> <p>(F) Area learning Day had good turnout and participation. Discussion about making more learning days annually. Motion# 186-1 Area Abstains.</p> <p>(G) PR and the Area purchased a table cloth to be used for presentations made by all to share. They have revamped the website and tapped into the BMLT meeting toolbox. Updated Region and World meeting list. H&I still moves forward with the Hand book study now meeting an hour before the subcommittee meets on the 1st Monday every other month. Special Events is asking if the Gateway to Freedom and Shevana can work together to put on the next Regional Speaker Jam in the absence of a Speaker Jam Chair.</p> <p>(H) Area concerns are Annonimity in the Area. (what a person shares in a meeting winds up on social media). World Service Office denies South Florida's request for Naws financial audit. (Secretary note: See RD report for clarification on this issue. Request was not denied.)</p> <p>(I) SheVana Special Events presents "The Quest"- Halloween dance and costume party When Sat, October 21, 7pm – Sun, October 22, 12am Where Market Street UMC 131 S. Cameron St., Winchester, VA (map) Home Group Chili Cookoff When Sun, November 12, 5:30pm – 7:00pm Where Market Street Church Winchester VA (map) Description \$5/chili entry, free to taste & judge! Donations accepted.</p> <p>(J) SheVana still operates under prudent reserve and does not have a donation to the Region at this time. The Area's contact list turned in at the 186th RSC is still current today.</p> <p>(K) Next ASC is on November 13, 2017 at 6:30 pm. Grace Community Church 2333 Roosevelt Blvd, Winchester Va. 22601 ILS Randy D.</p> |
| Southside | <p>At our October ASC we had 7 out of 14 meetings present. All our positions are filled except webmaster. PR has a new chairperson so he is just getting organized. H&I continues to go into the women's jail and mental health weekly. We are having a chili cook-off and an untalent show on October 28th. We are investigating having a campout in our area next September; more to be revealed. We have a donation of \$160.25. ILS, Sue N.</p> |
| Tidewater | |
| Tri-Cities | <p>The tri-cities area is doing very well!We have 14 home groups and 17 meetings!On November 11,we will have our annual Attitude for Gratitude from 1-6,food,fun and fellowship!!!At Ivey Memorial Methodist Church,17120 Jefferson Davis Highway,South Chesterfield,Va.Soakers begin at 2.Also at the same location in December 9,we will have our CAR workshop from 11-4!We will have food We are looking forward to it!We have a donation of \$202.86. ILS, Paul E.</p> |

9. All New Business Motions turned in before lunch

10. **Elections & Nominations**

Treasurer: Open (Jim H. agreed to stay on as Treasurer pro temp until no later than December RSC)

Vice treasurer: Open (open since 173rd)

Speaker/Jam chair: Open (Open longer than two RSCs)

No nominations

11. Old Business:

Motion 185-2: Background: Currently our guidelines are silent as to who is responsible for scheduling subcommittee meeting locations and how far in advance they should be scheduled.

Intent: To establish a single point of accountability to ensure that subcommittee meetings are scheduled sufficiently in advance to allow time for them to be publicized.

Motion: Add Section 10 A 7 to read "Schedules subcommittee meeting locations at least 3 months in advance. Such locations must have WiFi or similar technology available for use at the subcommittee meeting."

Mover: Norman C. Second: Mark S.

Disposition: ~~Sent back to areas as this is a change to policy.~~ **Referred to Policy (minutes corrected 07/15/17)**
Still tabled

Motion 186-1 Mover: Sue N. Southside Second: Dale R. Beach

Description: The vice-treasurer is a position for being mentored. Designed so that the candidate can gain experience in the treasurer position. The importance is better placed on the candidate having area or region experience and bookkeeping experience.

Intent: To align the qualifications of the vice treasurer position with the responsibilities of the position.

Motion: Remove the word "treasurer" from line 2 Section 5B Vice treasurer qualifications.

Disposition: **Sent back to Areas due to large number of abstentions. Most of the abstentions were the result of ASCs not making quorum and the RCM, therefore, not having a group conscience.**

Will probably do a straw poll during wrap-up of Saturday Conference. (regarding interest in ISW)

12. New Business

- a. Outreach Committee reinstated. Dale R approved as chair. Report from this committee will need to be included in ensuing RSC minutes.
- b. Policy chair said that she will look into how to address the idea of reimbursing for mileage as opposed to gas receipts.
- c. Motion 187-1 Mover: Kim A Second: Sue N Intent: Provide info needed by the RD team. **Motion:** Change/add to Section V, Reports "A) total number of groups and meetings" and "M) total number of H&I commitments and facilities being served by your area's H&I subcommittee."
Disposition: sent to Policy

- d. Motion 187-2 Mover: Vanessa H Second: Noreen J Intent: To allow Roanoke Valley Area to meet its local financial responsibilities after they inadvertently made too large of a contribution to Region. **Motion:** Refund \$300 to RVANA. **Disposition:** passed unanimously
- e. Motions 187-3 through 187-9 are all housekeeping motions wherein, for the sake of transparency, the RD team presents their perspective spending for various upcoming events. All of these expenses are within the appropriate line items on the budget. **Randy D** (RDA2): MARLCNA- \$365; AZF- \$310 **Brian C** (RDA): MARLCNA- \$365; AZF- \$310 **Kim A** (RD): MARLCNA- \$365; AZF- \$310; CAR wkshop in Colonial Heights 12/9- \$300

13. Next RSC will be held on: Charlottesville, VA December 16th UVA Hospital

14. Announce Location and Time of next Subcommittee Meetings: Martinsburg at Berkley Resource Center Nov 18th 11am-2pm

15. Close with Serenity Prayer and Announcements