

**Minutes for the 187th Regional Service Conference
Central Atlantic Region
December 16th 2017 Charlottesville, VA**

Open Forum began at: 11:07 RSC began at: 12:23

- Vice Chair will view the online banking account and compare to the check register. No report from vice chair concerning bank account. Outgoing Treasurer absent

1. Serenity Prayer

2. Open Forum

- a. The issue of accountability for real property-i.e. printer, projector, laptop, etc- was raised. Concerns over tracking where these items are at any given time or how to dispose of or repair any obsolete or damaged equipment.
- b. Chair took possession of correspondence related to Treasurer. Treasurer position is currently vacant.
- c. Chair brought up news that he attended a symposium related to opioid problem that is currently in the public eye. Was approached by Middlesex Sheriff about presenting info about NA. This symposium is an ongoing public function and the Region's interaction with this function will be studied by appropriate trusted servants as necessary.
- d. Vice chair brought up concerns about making sure that our Regional phone line is and remains functional. PR chair has done research on how to upgrade/modernize/increase functionality of phone line. Current system is obsolete and doesn't function well. Addicts in need might not be getting the best info and help. Need to make sure that the existing system at least has current meeting information.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Bill M	Almost Heaven	David T.	x
Vice Chair	Etta F.	Appalachian		
Secretary	Neal G.	Beach	Dale R.	x
Treasurer		Blue Ridge		
Regional Delegate	Kim A.	Gateway	Duane F.	x
Regional Delegate Alternate	Brian C.	New Dominion	Noreen J.	x
Regional Delegate Alternate 2	Randy D.	Outer Limits		
VRCC Chair		Peninsula		
Hospitals and Institutions Chair		Piedmont	Hillary Z	x
Policy Chair	Antionette B.	Rappahannock	Richard M.	x
Public Relations Chair	Sam F.	Richmond		
Speaker Jam Chair		Roanoke Valley		
		Shenandoah Valley	Randy D.	x
		Southside	Sue N.	x
		Tidewater		
		Tri-Cities		

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.

David H. Piedmont alt RCM, Kevin I. Shevana alt RCM Teddy P and Burrell from the Peninsula attended as interested observers

6. Approval of Prior Minutes: Mover- Kim A Second: Hillary Z.

7. Trusted Servants Reports

Chair Report	<p>It was rather quiet for me the last two months. However, the chief of Sheriffs for the middle peninsula area of Virginia invited our PR subcommittee to make a presentation to the sheriff's office and possibly in the jails. We also have an opportunity to have a table at some local recovery events in that area. I reached out to the PR subcommittee chair for the Peninsula area as well as our Region's PR subcommittee chair and both are willing to fulfil these requests?</p> <p>I also began working with the PR subcommittee on the phone line and a review of the web site in general.</p> <p>We will have the April 2-day GSR Assembly and RSC at the Ecno Lodge in Colonial Heights this year.</p> <p>2310 Indian Hill Rd.</p> <p>Colonial Heights, VA 23834</p> <p>The GSR assembly is Saturday and the RSC is Sunday. I will circulate a room signup sheet during the meeting today. More will be reviled.</p> <p>ILS, Bill M Bill McCormick</p> <p>804-338-7180</p>
Vice Chair Report	<p>I don't have a lot to report. I attended via zoom conference the first of the series of CAR workshops facilitated by our Delegate Team. For those who are not aware, the Conference Agenda report is very important information including info that must be voted on each biennium and shapes the future of our fellowship. If you are a GSR or, you will be responsible for carrying your home groups vote at the GSR assembly so reading this information, and attending the workshop face to face or by zoom conference will help you understand the motions so that you can present it to your home group. The weather kept the first workshop from being held face to face and the conference was low in participation. It is my hope that the RCM's announce and encourage participation in their areas. I am also looking forward to the CAT (conference approval tract) being released and our delegate team including its information in our future workshops. I am excited that the delegate team will present this workshop at the upcoming AVCNA.</p> <p>In loving Service,</p>

	Etta F. Vice Chair
Secretary Report	Everything is good in secretary world.
Treasurer Report	<p>Thanks for allowing me to be of service to the region. Sorry I'm unable to be here but I am not feeling well today. Our bills are paid and up to date. At the 187th. We had a balance of \$16,880.42 since then we have deposited \$2,913.21 and debit totaling \$5,946.76 for a current balance of \$13,846.87. Our prudent reserve is \$15,151.50 so we won't be donating to world this month.</p> <p>Hope everyone has a safe and Happy Holidays</p> <p>In Loving Service</p> <p>Jim H.</p>
RD Report	<p>ACTIVITIES SINCE OUR LAST MEETING:</p> <p>November 18th Conference Participant Webinar with NAWS – We went over items in the Future of the WSC report #3</p> <p>The First CAR Workshop on December 9th had to be cancelled due to the snowstorm. We did, however, hold it via Zoom Video conference. In attendance were all three of the members from our Delegate team, a GSR from a group in Richmond, our Vice Chair, Etta, Adam H from Connecticut, and Jeff P, from Florida was also there for a small part. We made very good use of our time and went over all 25 motions as well as the essays and Literature Survey in the Conference Agenda Report.</p> <p>WSC 2018 -</p> <p>The World Service Conference takes place April 29th, May 6th. I have been in touch with the travel agency NAWS uses and have my flight booked</p> <p>THE 2018 CONFERENCE AGENDA REPORT SURVEY – DEADLINE FEB 28TH</p> <p>There is a survey in the CAR that is rather large. We are asking all GSRs to have your responses to us before February 28th so that we can tally your votes and report the results to you at the GSR Assembly. Each GSR should email a completed copy to rd@car-na.org prior to the deadline or get it to your RCM who can bring it to the RSC on February 17, 2018.</p> <p>Another option is to mail your ballot via USPS (Email or call to get the</p>

address.

860-309-1404) or complete the survey online (Best Option) at <https://www.surveymonkey.com/r/YT9HN3F>

Additionally this survey is something every addict can submit for themselves on <https://www.surveymonkey.com/r/car18surv>

The GSR Assembly will be April 21, 2018 – Check car-na.org for the location and more info.

THE 2018 CONFERENCE AGENDA REPORT (CAR) WORKSHOPS: There are new flyers here today with updated information on our CAR Workshops. We have scheduled 3 additional Zoom Video Conferences so that we can devote adequate time to the CAT and all the essays in the CAR.

This year, like we did in 2016, we are providing three options for voting on the Conference Agenda Report (CAR).

Paper Ballots can be downloaded via the following link:

<https://tinyurl.com/2018-Tally-Sheet>. Please wait until February to vote, because the CAT (Conference Approval Track) motions won't be available until then. The deadline for submitting your paper ballot is April 14th, 2018. Each GSR wishing to vote by paper ballot should email a copy to rd@carna.org prior to April 14th or get it to your RCM who can bring it to the RSC on February 17, 2018. Alternatively you can mail your ballot via USPS to your delegate. Email or call to get the address. 860-309-1404

Online voting will be available at: <https://tinyurl.com/2018-CAR>.

Please wait until February to vote, because the CAT motions will not be available until then. The deadline for submitting your vote electronically is April 14th. If your group intends to vote online, and you need your group registration code, please email rd@car-na.org or go online and register your group to get your registration code at <https://tinyurl.com/CARNA-Group-Registration>

Information for **voting in person** at the GSR Assembly will be available on the Central Atlantic Regional Website (<http://car-na.org/delegate>) and on

the Events page. The GSR Assembly will be April 21, 2017

All of the above information can be found on the Delegate page: <http://car-na.org/delegate>

RCM REPORTS TODAY SHOULD INCLUDE:

- **How many groups are in your area?**
- **How many meetings take place each week in your area?**
- **How many H&I panels take place each week in your area?**
- **Does it seem as though the Fellowship in your area has been growing, shrinking, or staying the same since WSC 2016?**

I emailed our RCM's a reminder to put in your reports the information needed for my Regional Report. The deadline for for me to submit that report to World Services is February 15th. So I hope to have all the info together by February 7th.

We also need to know what your area thinks/feels about Zonal Representation. Please see my earlier reports (or ask me) for more information on this if you are new.

ORDERING YOUR COPIES OF THE CAR

I sent out information for ordering copies of the Conference Agenda Report (CAR) and Conference Approval Track (CAT): The CAR is \$7.50 and can be ordered on <http://na.org/conference>. Groups will want to order their own copies and I expect to have a few on hand for each Workshop.

EAST COAST CONVENTION BASIC TEXT DONATIONS

I have delivered two cases (56) basic texts that have been donated to our region today from the East Coast Convention. I am turning them over to H&I and they will hopefully be distributed among the Jails and Institutions we serve in our Region. The ECCNA has sent a letter that I would like to read in New Business. This year each book we have received has been stamped: Donated By The East Coast Convention XXI – New London, CT.

ALL THINGS NAWS

At the end of October I received a packet from NAWS containing some Service Material Items for review. There is information on the **Service Material Project**. This project focuses on Conventions and Events and on the Local Service Toolbox. That information can be found on

<http://na.org/conventions>. If you are involved with putting on a convention or any other event, you will find the information useful.

This packet also contained **CBDM Basics (Consensus Based Decision Making)**. I would welcome the opportunity to do a CBDM Workshop in 2018. Perhaps we can schedule this after the conference in 2018 if there is enough interest.

For NAWS News the board felt there wasn't much to report beyond the things that will be included in the CAT or Conference Report so a decision was made to not put out an issue of NAWS News this quarter. Consequentially they anticipate getting the CAT out a week earlier than anticipated - I estimate that would be around January 22, 2018

The most recent NAWS News can be found at <https://www.na.org/?ID=reports-nawsnews-nawsmain>

IMPORTANT DATES AND DEADLINES:

- **December 31, 2017** - Deadline for RDs to submit material to be included in the Conference Approval Track mailing
- **January 28th, 2018** - Deadline to release the CAT
- **February 1, 2018** - Groups can begin electronic voting (CAT/CAR)
- **February 15, 2018** - RD - Regional report deadline
- **February 28th, 2018** - GSR's should submit their CAR Surveys
- **April 14th, 2018** - deadline for GSRs to vote Electronically on the CAR
- **April 21-22, 2018** - Central Atlantic GSR Assembly and RSC
- **February 15, 2018** - Deadline for RDs to submit material to be included with the Conference Report
- **March 1, 2018** - RD - WSC Registration
- **March 15, 2018** - RD - WSC Travel deadline
- **March 15, 2018** - Everyone - Lit survey deadline
- **April 29th - May 5th, 2018** - World Service Conference
- **August 30th - September 2nd, 2018** - World Convention

I got clean - not perfect.

Thank you for allowing me the opportunity to do the best I can,

Kim A -RD

	<p>860-309-1404</p> <p>rd@car-na.org</p>
<p>RDA Report</p>	<p>As many of you know, I lost my job back in June and started a new one last month. This new job will require me to be working the week of the WSC.</p> <p>While I could stay on as RDA and not attend the conference, this would impact the effectiveness of the RD Team at and after the WSC, and impair my effectiveness as an RD at the next WSC. It is therefore with deep regret that I must announce my resignation as RDA, effective immediately</p> <p>Due to policy constraints on travel, Randy, our RD2, will have to attend the 2018 WSC in my place. Resigning at this time will allow Randy to participate on the WSC Discussion boards and attend the most critical events prior to the WSC in my place, maximizing the effectiveness of the RD Team at the WSC. I have offered to help the RD Team perform CAR and CAT workshops prior to the conference, and would request that we use funds already in the budget to allow me to attend the AZF meeting in January and MARLCNA in February in order to help them facilitate these meetings.</p> <p>While I am resigning as RDA, I hope to be able to help the region out with the open Treasurer's position going forward.</p> <p>Thanks for the opportunity to be of service.</p> <p>Brian C</p>
<p>RDA2 Report</p>	<p>Greetings family, I was happy to see everyone at the 2Day Regional event in October. The weekend went well for me. We hope that our take aways from the Florida Service Sympossium was in lightening and understood. Many of the topics are very much being discussed and utilized still today. Leaving the Regional Service Conference Sunday October 22, 2017, I went to my cousins funeral in Spartensburg SC. On my way home I tried to zoom in on our AZF teleconference and to no avail. The next zoom AZF teleconference is December 18, 2017 in which I plan to attend. 2018 AZF January Zonal will be held in the Chesapeake Potamac Region on January 27, 2018 and I plan to attend that. I have been supporting our Regional Subcommittees either in person or by zoom. I have been working Brian and Kim learning all sorts of things with Powerpoint and presentations. Things that a bit over my head, but with practice i have hope. We zoom teleconferenced our 1st Car workshop with Quadrant#1 on December 9, 2017. We went over the motions and the essays. Lot of information. The weather was bad for</p>

	<p>the in person meeting. I plan on helping to facilitate the remaining 4 Car workshops. I am registered for the AVCNA and have my room. I have registered for the WSC in April. The rooms are \$165.38 per night and half of that price if they hook me up with a roommate. I requested a roommate. per deim is \$55.00 a day. \$40.00 for gas to and from the airport. Requested the price of the shuttle to the hotel and back to the airport? Extra luggage to and from should be \$150.00. My flight cost \$602.40 round trip. Leaving on April 27, 2018 and returning on May 6, 2018. Totalling \$2830.82. Any other expenses, I will get receipts for reimbursement. I looked at the online survey from NAWS and started answering the questions. Oh yeah, it was nice to have Jeff P. from South Florida Region (RD) to join us and answer questions about the FIPT inspection Request. I will need expenses for the 3 Car worshops left to do at \$40.00 a work shop for gas. \$120.00. In my October report i asked for funds to cover MARLCNA in February 2018 in the amount of \$365.00 and the AZF in January 27, 2018 \$310.00. Brian C. and I talked about him resigning his position as the RDA because of his work schedule and not being able to take off work for the April 2018 World Service Conference and to help the Region by taking th Treasurer position. He asked if I would step up to the RDA position. After talking with my Sponsors, my answer was that terrifies me to become the RD in 2 years time frame, but I will do what's best for the team. I was nominated and accepted the RDA position. In Service Randy D. RDA2</p>
VRCC Report	<p>The following positions will be up for nomination in March of 2018:</p> <p>VRCC CHAIR</p> <p>VRCC VICE CHAIR</p> <p>VRCC SECRETARY</p> <p>VRCC TREASURER</p>
H&I Chair Report	<p>Secretary's Note: This report is from the chair of the Inmate Step Writing subcommittee. This subcommittee falls under the auspices of the H&I. The H&I chair was absent.</p> <p>All is well with ISW. Our regional workshop was very successful,. There were 14 ISW guides trained and signed up as approved. Since</p>

	<p>our regional workshop in Oct 2017, the following Inmates have either participated in or requested services in the program:</p> <ul style="list-style-type: none"> * 1 male is assigned a step guide. * 16 new inmates have requested service from ISW program. <p>9 males qualify for service</p> <p>2 females qualify for service</p> <p>3 females did not specify their release date</p> <p>1 male & 1 female incarceration time under time qualification.</p> <p>It was suggested that the committee contact all approved step guides to give them an update on the program.</p> <p>We will ask region web servant to post all service structure positions to be filled in 90 days.</p> <p>Thankyou for allowing me to serve.</p> <p>Coleen Cherici, RPh MBA</p> <p>804-439-0612</p>
Policy Subcommittee	<p>Policy 182.3 was due to be revised and discussed at the sub committee meeting last month, however due to scheduling conflict policy was unable to attend, this will be tabled until Jan 20th subcommittee meeting along with the mileage for RDs based on IRS guidelines. All subcommittee meetings have been scheduled for 2018. Policy will be monitoring to see if this works to help with more participation</p> <p>In loving Service Antoinette B</p>
Public Relations	<p>I would like to propose scrapping our current phonenumber service and port over to a new virtual phone service such as Grasshopper. It costs \$89 a month which includes 5 numbers, unlimited minutes, unlimited extensions and sms messaging through an app.</p> <p>I've got experience in working with these systems and think it will be much easier to maintain and administrate compared to our current system.</p> <p>I just spoke with a receptionist from our phonenumber and asked how to update</p>

	<p>how they search for meetings. The person I spoke to didn't have a list of meetings but asked what my area code was so that she could connect me with someone with the same area code. I left my name and number and was told they would be getting in touch with me soon. In the meantime I would really like to get at least 2 volunteers from each area to email, text or call me with their numbers pr_chair@car-na.org.</p> <p>ILS, Sam F.</p>
Speaker Jam	
AVCNA Time Slot Ad-Hoc	

8. Area Reports

Almost Heaven	<p>A. Almost Heaven Area currently has 23 groups</p> <p>B. 18 GSR's were in attendance at ASC meeting on December 2, 2017</p> <p>C. Area Positions currently open are: Vice-Chair / Policy Chair / Secretary / RCM</p> <p>D. Trusted Servants Elected: David W. - Convention Chair</p> <p>E. Group News: None</p> <p>F. Area News: 1.) Convention Committee met on November 19, 2017 at the VA Center in Martinsburg, WV. Held Elections and reviewed Registration Flyer. Addressed concerns to focus on, based on experience of AHACNA 31 (2017). Positions of Entertainment Chair and Program Chair were filled. Following positions are still open: Hospitality, Hugs, PI Ars and Graphics, Merchandise, Friday Night Meal, and Secretary. Convention Committee will meet again on December 17, 2017 at 1pm, at 644 Frederick Street, Hagerstown, MD. 2.) Area Service Conference will begin meeting at 400 W. Stephen Street, Martinsburg, WV, and will continue to meet during the first Saturday of each month @ 1:30 p.m. We've been asked or forced to meet outside of our normal meeting space and/or time 3 times during the last 6 months (Trinity Episcopal Church, Shepherdstown, WV). We will meet in Martinsburg for 1 year and re-visit the topic of location.</p> <p>G. LSU met on November 20, 2017--- PR Task Group has one upcoming event: First Annual Recovery Walk for Washington County. To be held</p>
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	<p>on December 16, 2017 from 12-3pm, 14 S. Potomac Street, Hagerstown, MD. PR Task Group also continues to distribute meeting lists in Bethany House (women and children), Men’s Mission, Berkeley County Juvenile Court.</p> <p>H&I Commitments for the Almost Heaven Area are as follows: Meetings are being carried into the Berkeley County Medical Center each Tuesday, with attendance of 2-8 addicts. Meetings are being carried into Washington County Detention Center (Hagerstown, MD), Men’s side only right now, once a month. No meetings are being carried into Eastern Regional Jail (Martinsburg WV) at this time.</p> <p>H. Area Concerns: Regional Phonenumber Answering system. Has Regional PR Chair followed up on concerns expressed at Sub-Committee meeting held in November?</p> <p>I. Area Special Events: Sunday December 31, 2017 Foundations Group will open the doors of their meeting space at 11:00 p.m. for a meeting to start at Midnight (New Years Day 2018) 1020 Winchester Ave., Martinsburg, WV</p> <p>J. Our Area has a check for \$110.73 for Donation to the region, as well as a check for \$132.06 to replace the original check written for that amount that has not cleared our account (originally written in September I believe).</p> <p>In closing, Several members in our area expressed their unhappiness with the fact that our area will not be holding a New Years Eve Dance this year. Willing addicts have not attended LSU Sub-Com meetings to volunteer to help schedule it. People complained about having to schedule it through a service body. Several Addicts shared their experience of seeing NA funds lost / mishandled through similar events. To have an NA dance / meeting, we must do it while following traditions, together.</p> <p>Anyone is free to schedule a dance and invite recovering addicts, but if it is not done through the LSU in our area, we shouldn’t talk about it in our ASC.</p> <p>Lastly, our RCM was removed from his position, per policy, because he has not attended the last 2 RSC’s, nor has he attended the last 2 ASC’s for Almost Heaven Area.</p> <p>I will continue to serve the Almost Heaven Area as RCM Alt. and hope to be elected in as RCM.</p> <p>In Loving Service,</p> <p>David T- RCM Alternate, Almost Heaven Area</p>
Appalachian	

Beach	<p>Hello CARNA Family:</p> <p>I reached out to the Tidewater and Peninsula Areas to give them a CARNA Region Report at their respective ASCs. Tidewater allowed me to address their ASC. The chair of Peninsula said she believed they had a new RCM. I passed along information to them about the CAR and order forms for it. I also pulled the motions and survey section from the CAR for their GSRs and the information about the ISW program.</p> <p>The Beach Area met Dec. 2nd. There were 14 GSRs in attendance so quorum was met. There are 18 home groups currently in our Area. There has been an ebb and flow effect in the Area since WSC 16. Some groups have moved to Tidewater Area and some new groups have formed. The Area is basically remained the same size. The H&I sub-committee submitted their long overdue policy which was approved. They currently have 7 commitments to 2 facilities. They elected a new Chair who was approved by the Area. I attended their sub-committee meeting and presented the ISW program information and provided them with copies of all the information I received at the October 2-day in Roanoke. They decided to contact one of the facilities about a commitment they will no longer keep. It was an out-patient only meeting that they felt did not meet the criteria for an H&I commitment.</p> <p>In my ASC report, I provided all the GSRs w/copies of the CAR motions and survey section of the CAR. I also provided copies of the CAR workshop schedule. I made them aware of the closest workshop in Outer Limits Area in March, as well as the workshop the RD team will present at AVCNA. I also reported the information the RD team presented in October regarding the Florida Service Symposium. I stressed the importance of current and accurate information on the meeting list and the website. The Area approved the 2018 Regional budget.</p> <p>I went to Tidewater Area Dec. 10th and attended the H&I sub-committee as well as their ASC. H&I in Tidewater currently has 14 commitments at 11 facilities. 2 commitments are currently not being served. The Chair stated he will meet w/the facility administration to discuss this. I gave a short overview of the ISW program as well as providing them w/materials given out at the October 2-day event.</p> <p>I gave a Regional report to the ASC. I provided copies of the Motions and survey section of the CAR, as well as copies of the RD CAR workshop schedule. I made them aware of the CAR workshop that the RD team will present at AVCNA. I reported the information the RD team presented in October about the Florida Service Symposium. I stressed the importance of current and accurate information on their meeting lists and website. There were 16 home groups represented. The secretary was not at the meeting so GSRs merely</p>
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	<p>stated what home group they were representing, not a role call of all home groups. I do not know how many home groups are currently in Tidewater Area. The did elect a new secretary as well as a Special Events Chair. I do not know the Area growth rate since WSC 16. An addict w/long term clean time mentioned to me he “may” be interested in serving Tidewater as an RCM. Busy times for this addict. I am happy to serve CARNA as Outreach Chair. I welcome any suggestions to better serve in this position. Happy Holidays to all.</p> <p>In Loving Service, Dale R Beach Area RCM Outreach Chair Secretary Note: this is also the Outreach report.</p>
Blue Ridge	
Gateway to Freedom	<p>Good morning Family! I have attended both ASC’s since our last RSC as well as some Subcommittee meetings.</p> <p>We currently have 14 homegroups with 15 meetings weekly. We recently added a new homegroup but are also dropping one from our schedule as we were informed that it is no longer a NA meeting. There were 7 GSR’s attending Area Service in Nov. and 9 in Dec. (avg. of 8).</p> <p>Open Area Trusted Servant positions are: Vice-Chair, PR Chair, Policy Chair, Special Events Chair, Camp Jam Chair, Outreach Chair and RCM-alt. Cris S. was voted in as Secretary in Nov. and is doing a wonderful job. We also have new nominations for Special Events Chair and Camp Jam Chair.</p> <p>As asked by the RD Team, I have again posed the question to my Area: “What does you Area think and feel about Zonal representation?” Only once have I been asked what this is. I explained it to the best of my ability and suggested having the RD team come to do a workshop on this topic. I have also included this in some of my reports but have only been met with indifference and disinterest. No one cares. Hopefully there will be more interest in the upcoming CAR Workshop that our Area is hosting on March 24, 2018. The location will be at Wesley Chapel United Methodist Church - 128 Wesley Chapel Road, Ridgely, WV 26753. The gps location says Ridgely, WV but is actually Short Gap, WV.</p> <p>In group news, Recovery in Romney is having a potluck dinner on Jan. 1st at 5:30pm with a 2 year celebration meeting at 6:30. The location is Our Lady of Grace Catholic Church - 299 School Street, Romney, WV 26757.</p> <p>H&I currently carries 5 meetings into 3 different facilities. We take a men’s</p>

and a women's meeting every other Friday into the Potomac Highlands Regional Jail in Augusta, WV. We take a women's meeting every Wednesday into the Allegheny County Detention Center in Cumberland, MD. The men's meeting there had to be closed due to a lack of qualified volunteers. We also carry 2 meetings weekly (Tuesday and Thursday) into the Joseph S. Massie Unit, a treatment center. This facility is has purchased 33 Just For Today books for their clients this year as Christmas gifts. We feel that this is huge progress for NA in our Area. They have purchased literature from the other fellowship in the past. They are realizing that there is a clear need for the NA message at their facility. Presently all H&I commitments are being met. The next meeting will be Mar. 2nd. They are now meeting quarterly instead of monthly. The contact person for this Subcommittee is Chair, Linda K. at (304)359-0778.

Our ADHOC Subcommittee has been meeting and working on an updated and revised copy of Area policy. We still have no Policy Chair.

PR Chair is still open but our previous Chair has still been fulfilling previous planned commitments.

Our Camp Jam IV Subcommittee had its first meeting on Dec. 3. Several members attended and it appears that our new little convention may have another successful year. Tara B. was nominated as new Chair who is currently serving pro-tem. She will now be the contact person for that Subcommittee at (240)580-5934. The next meeting will be Jan. 14.

Special Events hosted a Chili Cookoff on Nov. 18. We had about 35 people in attendance and made \$123. over budget. We are currently planning our next event, a Sponsorship Brunch on March 3, 2018. We will also be doing our annual Spiritual Breakfast and possibly another Speaker Jam. We will be meeting again on Jan. 9 to discuss. Contact info for Special Events will be newly nominated Chair, Megan E. at (301)876-8092 or myself, Vice-Chair at (540)539-1966.

Other persons of contact are: Mike P., Area Chair at (240)727-1800, Cris S., Secretary at (304)813-0234 and Larry B., Treasurer at (240)580-7515.

As per usual, we are lacking in trusted servant volunteers but overall our Area is doing ok. We have a donation of \$86. for this period. Our next ASC will be on Sat. Jan. 13, 2018 at Friendship Haven Church - 22 Mechanic Street, Cumberland, MD 21502. As always, I am honored and grateful for being allowed to serve.

	<p>In loving service,</p> <p>Duane F. - RCM</p> <p>Gateway To Freedom Area</p>
New Dominion	<p>Our last Area was held 12/10/17. Our next ASC will be 1/21/17 (scheduled a week later than usual by GSR Vote) to not conflict with the 36th AVCNA. 33 out of 45 groups attended. We have no regional donation this month. We have one new meeting this month: Tuesday's, 6:30-7:30 pm, Sandstone Presbyterian church, 13 N. confederate ave, Sandstone Va. H&I carries 29 meetings per month; There are 3 facilities pending to start meetings: Federal prison in Petersburg/ Chesterfield women's diversion/ and a Juvenile Justice Facility. One of our facilities~ the meeting at James River work center has been suspended ~ the member who has been carrying it had a job change and can't continue. There will be elections for RCM & RCM-alt next month. We voted to approve the \$600 increase in the Regional budget.</p> <p>In loving service, Noreen J (RCM-alt) and Mark S-(Rcm)</p>
Outer Limits	
Peninsula	
Piedmont	<p><u>The Piedmont Area currently has 20 active Meetings, and 12 Home Groups. At Decembers' ASC Meeting, we did make quorum for this month</u></p> <p><u>H and I</u></p> <p>We are doing what we can with the volunteers we have. The Women's ACRJ needs more volunteers.</p> <p>We continue to have 6 H&I meetings held in the Piedmont area, they are listed below;</p> <ol style="list-style-type: none"> 1. Men's ACRJ-wk. 2. Women's ACRJ E/O wk due to lack of volunteers. 3. Fluvanna Women's Correctional Facility-wk 4. Boxwood-wk 5. 5 East-Uva. Medical Center-Wk. 6. Wellness Recovery Center-Region Ten-Wk. <p>After discussing the topics from Octobers' Two day, the Piedmont Area is stoked about the ISW Program and have emailed the PP to the Area and contacted the appropriate H&I panel leaders. This has also been announced in Meetings.</p> <p><u>PR</u></p> <p>We continuing to stock IPs in the respective facilities: UVA Medical Center, The health department and the free clinic. The Website is also being updated when needed. Along with our Meeting Lists. We now have a NA banner that shows globally how many meetings are being held.</p>

	<p><u>Special Events</u> We will have a Winter Solstice Party today (12/16/17) from 6-9pm at St. Paul's Memorial Church. 1700 University Ave. Charlottesville. There is a \$5 suggested donation. Kiss Group will hold a Holiday Party at The Haven on December 25th, 7pm-1am. First and Market Street down town Charlottesville.</p> <p><u>Positions</u></p> <p>Area Chair: Is now Megan O. Vice Area Chair: Is now Connie P. Vice Treasure: No Nominations RCM Alternate: Is now David H. VRCC Alternate: No nominations</p> <p>H&I positions: Vice-chair: Vacant, Chair: Is now Ben C. Men's ACRJ Panel Leader vacant. Women's ACRJ Panel Leader: Is now Patsy G. H&I secretary is now Ann Mason B.</p> <p>Piedmont Area has been staying the same in regards to attendance. This seems to ebb and flow due to time of the year.</p> <p><u>Motions/Business</u></p> <p>As an Area we did vote to pass the \$600 increase Regional budget and also were in favor of Motion 186-1.</p> <ul style="list-style-type: none"> • There is one Home Group interested in having a CAR workshop. I will work with the Regional Delegate Team to schedule/make that happen. <p><u>Next Area Service is January. 7th, 2018.</u></p> <p>Our Area Service Meetings have now been moved to Church on Our Savior. At 4:00pm. ILS, Hillary Z.</p>
Rappahannock	<p>The RANA area has 25 active meetings on our meeting list with 2 meetings being removed after investigation from our PR sub committee, it was found that the meeting no longer considers itself NA based with no intention of changing. So as an area it was decided to remove the 2 bowling green meetings from the meeting list.</p>

	<p>Our area does still maintain its 9 to 11 average of GSRs at the area meeting every month with open positions consisting of Secretary 1 and 2, RCM 1 and 2, VRCC director, PR chair and Outreach Chair. At Novembers ASC I formally stepped down from the RCM position as to step up to our areas treasurer, I will be remaining in the RCM position pro tem as to help guide the RANA area the CAR report at which time I hope someone will step up to fill the RCM position. H&I has 3 facilities we serve which include RRJ (rappahanock regional jail), Boxwood rehab and sunshine lady house crisis stabilization center. H&I brings in 2 meetings a month to RRJ, 5 to 6 meetings into Boxwood a month and 4 meetings a month into Sunshine Lady house.</p> <p>Activities include a marathon meeting on Christmas day and a new years masquerade ball on new years eve, both can be found on our areas website.</p> <p>In closing RANA still struggles with trusted servants but people are stepping up where they can</p> <p>In loving service Richard M</p>
Richmond	
Roanoke Valley	<p>Sorry for my absence this Regional Sick with the FLU</p> <p>We currently have 24 meetings on the meeting list in the Roanoke valley. last Area we had a total of 15 voting GSR's .</p> <p>We have positions of Alt RCM and Vice Treasure open. Shannon B. was voted Secretary , Destiny is H&I , Marcus M. is PR , Activities is Donna M. , Barry B. is Chair. This Area voiced concerns on two of the listed meetings not being in attendance for some time and we contacted the groups , results was one did not have GSR and we are working on the others. Activities is securing the locations for the Christmas and New Years marathon meeting at Raleigh Court United Methodist Church information is on the web site. Next AREA form meets on the third Sunday for The month of January due to the 36th AVCNA going on their are 25 rooms left at Hotel Roanoke for this convention. Our Home Groups are going over the CAR report acquiring our votes. Donation is 500.00</p> <p>Loving Service: Vanessa H.</p>
Shenandoah Valley	<p>(A) We have 23 Home Groups in our Area (B) 15 GSR's were present at our last ASC on Monday December 11, 2017. (C) Vice Chair, VRCC Alt, H&I Chair (D) Randy D. RCM, Kevin I. RCM Alt, Tiffany M. Outreach Chair (E) Area Literature changes. (F) 7th Tradition fund flow, Area operating at least \$500.00 under prudent reserve.</p> <p>(G) Add Hoc for Special Events Audit given 30 more days, H&I still short of</p>

	<p>panel members which limits our ability to carry the message every week into our commitments. Newsletter is meeting again and looking for submissions. Outreach is forming again. PR is keeping the website updated. Add Hoc for 20th year Area celebration moving forward.</p> <p>(H) Operating under prudent reserve. (fund flow)</p> <p>(I) December 24 - 25 Marathon meetings, see flyers on table and the SheVana Website for more events for 2018.</p> <p>(J) SheVana continues to carry the message to the addict that suffers. With 15 GSR's/Alt's coming to Area, we are enjoying the atmosphere. Elections are open in January for all positions and they take newly elected positions in March. We do not have a donation at this time. We abstain on voting on the 2018 Budget as it did not make the minutes from the previous ASC. Our vote for motion #186-1 is yes infavor.</p> <p>In Service, Randy D. RCM</p>
Southside	<p>Area meeting was 12/3 with 8 out of 14 meetings attending. Nominations were done and the only open nominations are secretary and web master. We have a person interested in Speaker Jam and is aware he needs to show up to be nominated. We voted yes for region budget and no for removing treasurer from vice treasurer qualification #2. Area H&I is still active at mental health weekly and women's jail weekly. The nominee for H&I didn't show for orientation therefore that position is still open. We have 15 home groups with a new group just beginning. We have a donation of 179.18. In Loving Service Sue N.</p>
Tidewater	
Tri-Cities	

9. All New Business Motions turned in before lunch

10. **Elections & Nominations**

Treasurer: Brian C elected as Treasurer. Brian had to step down as RDA because new job didn't permit travel as needed by RDA position . Brian's qualifications are bulleted below.

- 8 Years Clean
- 3 years as Area Treasurer
- 2 years as Area Secretary
- 2 years as Regional Secretary
- 3 years experience as Treasurer of my Homeowner's association

- Solid foundation of experience with 12 steps/traditions/concepts
- Willingness, time and resources to serve.

Vice treasurer: Open (open since 173rd)
 Speaker Jam chair: Open (Open longer than two RSCs as of 185th)
 RDA- open at 188th

By Policy Randy D is nominated for RDA

11. Old Business:

Secretary note: Vote on 2018 budget should have been included as old Business. Budget passed

Motion 185-2: Background: Currently our guidelines are silent as to who is responsible for scheduling subcommittee meeting locations and how far in advance they should be scheduled.

Intent: To establish a single point of accountability to ensure that subcommittee meetings are scheduled sufficiently in advance to allow time for them to be publicized.

Motion: Add Section 10 A 7 to read “Schedules subcommittee meeting locations at least 3 months in advance. Such locations must have WiFi or similar technology available for use at the subcommittee meeting.”

Mover: Norman C. Second: Mark S.

Disposition: ~~Sent back to areas as this is a change to policy.~~ **Referred to Policy (minutes corrected 07/15/17)**

Still tabled 187th, 188th

Motion 186-1 Mover: Sue N. Southside Second: Dale R. Beach

Description: The vice-treasurer is a position for being mentored. Designed so that the candidate can gain experience in the treasurer position. The importance is better placed on the candidate having area or region experience and bookkeeping experience.

Intent: To align the qualifications of the vice treasurer position with the responsibilities of the position.

Motion: Remove the word “treasurer” from line 2 Section 5B Vice treasurer qualifications.

Disposition: **Sent back to Areas due to large number of abstentions. Most of the abstentions were the result of ASCs not making quorum and the RCM, therefore, not having a group conscience.**

Disposition: Passed 188th

Mover: Kim A Second: Sue N Intent: Provide info needed by the RD team. **Motion:** Change/add to Section V, Reports “A) total number of groups and meetings” and “M) total number of H&I commitments and facilities being served by your area’s H&I subcommittee.”

Disposition: sent to Policy

12. New Business

- Policy chair said that she will look into how to address the idea of reimbursing for mileage as opposed to gas receipts (187th). Still doing research as of 188th
- RD read letter from ECCNA 2017
- Motion 188-1 Mover: Brian C. Second: David T Almost Hvn**
 Reimburse Brian C. for expenses associated with helping the RD team with the CAR and CAT workshops.
 Projected costs: \$160 **Disposition: Passed**
- Motion 188-2 Mover: Brian C. Second: David T Almost Hvn**

To reimburse Brian C for the hotel room that he booked for MARLCNA. \$262.50 **Disposition: passed.**

13. Next RSC will be held on: Charlottesville, VA February 17th UVA Hospital
14. Announce Location and Time of next Subcommittee Meetings: not known as of 188th
15. Close with Serenity Prayer and Announcements