

**Minutes for the 191st Regional Service Conference  
Central Atlantic Region  
June 16<sup>th</sup>, 2018 Charlottesville, VA**

**Open Forum began at: 11:00AM    RSC began at: 12:15PM**

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer
2. Open Forum
  - a. Discuss changes to policy relative to expense reporting
  - b. Discussion of issuing debit cards to the RDA Team for travel expenses
  - c. Discussion of Zonal representative for the Future of the WSC workgroup at World
3. Reading of Purpose, Traditions, and Concepts
4. Roll Call: Quorum roll call after break

Chair	Bill M.	Almost Heaven	Sherry V.	X
Vice Chair	Etta F.	Appalachian	Lisa B.	X
Secretary	Abs.	Beach	Abs.	
Treasurer	Brian C.	Blue Ridge	Abs.	
Regional Delegate	Kim A.	Gateway	Duane F.	
Regional Delegate Alternate	Delores P.	New Dominion	Noreen J	X
Regional Delegate Alternate 2	Randy D.	Outer Limits	Abs.	
VRCC Chair	Mark L.	Peninsula	Kyon S.	X
Hospitals and Institutions Chair	Abs.	Piedmont	Hillary Z.	X
Policy Chair	Abs.	Rappahannock	Bill C.	X
Public Relations Chair	Abs.	Richmond	Abs	
Speaker Jam Chair	Open	Roanoke Valley	Abs	
		Shenandoah Valley	Lisa D.	X
		Southside	Krista H.	
		Tidewater	Chris P.	
		Tri-Cities	Toney W.	X

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).**

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.
6. Approval of Prior Minutes:  
Moved: Kyon S. 2<sup>nd</sup>: Noreen J.
7. Trusted Servants Reports

Chair Report	<p>Good morning Family,</p> <p>I was unable to attend the subcommittee meeting last month. Through a series of emails, I suggested to the RD Team that rather than making lengthy reports about the World Service Conference, they make a presentation</p>
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	during new business of what transpired during the WSC.
Vice Chair Report	<p>I have little to report today except to thank you for your vote of confidence in recommending me for being a candidate for World Board. I was able to secure the nomination, however did not get elected in the end. I am honored to have gotten that far in the process and humbled that you continue to believe in me. The conference was amazing and alive with all the energy of our global representation but I will refrain from commenting any further as our Delegate team will cover it in their report.</p> <p>In loving Service,</p> <p>Etta F.</p>
Secretary Report	Everything is good in secretary world. I continue to plod on despite my insecurity concerning my qualifications for this task.
Treasurer Report	<p>Since the last RSC we had \$1483.44 in income and \$4972.65 in expenses, resulting in a current balance of \$6999.19 in our checking account. A financial statement has been attached to this report and will be distributed with the minutes.</p> <p>I am currently working on getting our financial data into the standardized format I described in February, with income and expenses recorded a spreadsheet and backing documentation stored in a binder. While I originally thought funds request forms would be sufficient to track all disbursements, it became apparent after looking at the way that travel expenses were documented in the past (i.e. poorly) that we should also start using expense reports for any trips that require more than a simple reimbursement of gas. These expense reports, along with all backing receipts, would be stored in same the binder as the funds request forms, allowing the contents of the binder to provide a single, easy to audit location for all financial documentation related to business conducted by the RSC each fiscal year.</p> <p>Once the binder and spreadsheet are set up, I'll start attacking other items that need to be addressed, such as updating policy and accommodating the RD Team's request for prepaid debit cards to handle transactions on the road.</p> <p>Thanks for your patience while I get all this sorted.</p> <p>ILS, Brian C.</p>
RD Report	<p><b><u>WSC</u></b></p> <p>I have handouts with the outcomes of all decisions made at the WSC and we will be doing a short presentation during New Business</p>

	<p><b>ALL THIS INFORMATION IS AVAILABLE ON THE DELEGATE PAGE.</b></p> <p><b><u>AZF TELECONFERENCES:</u></b></p> <p>We met via ZOOM on May 14<sup>th</sup> and discussed how we will be deciding on who will represent our Zone on the Future of the WSC Workgroup. I volunteered to serve on an Adhoc to put together guidelines based on our archived minutes so I met a few more times with 4 other volunteers and we should be able to present the suggested guidelines at our July meeting in PA.</p> <p><b><u>OCTOBER 2-DAY -</u></b></p> <p>The Delegate team would like to workshop round tables on our 2 new IDT's: <b>Attracting members to service</b> and <b>Carrying the NA message and making NA attractive.</b></p> <p><b><u>JULY AZF MEETING</u></b></p> <p>We are meeting in the Eastern PA Region July 28<sup>th</sup> and as per policy, Randy and I submitted our itineraries for this last RSC and I think Dee will be following suit today.</p> <p>As always, please let us know if you have any questions.</p> <p><b><u>OUR SCHEDULE:</u></b></p> <p>Our upcoming schedule follows:</p> <ul style="list-style-type: none"> <li>• June 16<sup>th</sup> – RSC – Report on WSC – submit agenda for October RSC</li> <li>• July 28<sup>th</sup> – Autonomy Zonal Forum</li> <li>• August 18<sup>th</sup> - RSC</li> <li>• October 20-21 – October 2-Day – Round table discussions focus on content from WSC</li> <li>• December 15<sup>th</sup> – RSC - Elections</li> </ul> <p>My service is indeed a privilege, for which I am eternally grateful,</p> <p>Kim A</p> <p>860-309-1404</p>
RDA Report	I attended the World Service Conference with Kim and Randy from April 27 <sup>th</sup> to May 6 <sup>th</sup> in Woodland Hills CA.

There were several first at this WSC:

This was first conference that participants attended and voted via Zoom.

This was the first conference that Zonal delegates participated as non-voting participants:

Five zones attended: Asia Pacific Forum, Canadian Assembly, European Delegates Meeting, Russian speaking zone, and the Southern Zonal Forum

This was the first WSC with no formal business session using parliamentary procedure. Decisions were made using a form of consensus-based decision making.

Of the 118-seated regions in the world, there were 114 RDs participating including Iran via Zoom with 65 from the US, 4 from Canada, and 44 from outside the US. There were also 89 alternate delegates from seated regions participating. Two of the Ads joined via Zoom: Iran and Australia.

The conference decided to seat 3 regions: Netherlands, Mexico/Occidente, and Ukraine.

The WSC election results were:

World Board	HRP	Cofacilitator
Hammoed A-T.	Craig R.	Daniel C.
Irene C.	Nathanael M.	
Lib E.		
Paul F.		
Tana A.		
Yoel G.		

I have attached my receipts for the hotel, airfare and per diem. I don't have receipts for some of my food that I paid cash for from the grocery store. I went in with others and gave them cash for the items and forgot to write it down.

Hotel	\$744.21
Air	498.96
Per Diem	<u>550.00</u>
Total	1793.17

	<p>I am returning \$200.00 of the per diem that I did not use for food.</p> <p>My itinerary for the Autonomy Zonal Forum is that I will share a room with Kim A. as well as gas. I will submit receipts for per diem of \$35.00 for 2 days after the zonal meeting</p> <p>ILS,</p> <p>Dee P.</p> <p>410-916-8545</p> <p><a href="mailto:zikidee@yahoo.com">zikidee@yahoo.com</a></p>
RDA2 Report	<p>I attended the World Service Conference from April 27, 2018 til May 6, 2018. I am grateful to have this opportunity to serve the Central Atlantic Region at this Conference. It was amazing.</p> <p style="text-align: center;">My expenses were; \$602.40 for round trip flight</p> <p style="text-align: center;">\$120.00 for checked baggage round trip</p> <p style="text-align: center;">\$40.00 for gas to and from Airport</p> <p style="text-align: center;">\$744.21 Hotel Accommodations</p> <p style="text-align: center;">\$329.41 Per Diem</p> <p style="text-align: center;">Totaling \$1836.02    \$163.98 under budget of \$2000.00.</p> <p>I was given a check by our former Treasurer Jim H. in the amount of \$2830.82. I am returning a check for \$994.80. My December 16, 2017 RDA2 report will show my itinerary for this trip. All receipts are turned into the treasurer. When I arrived at the LA Airport and received my luggage, I stepped outside to look for the Super Shuttle to take me to the Hotel and a guy named Steve came up behind me and asked me if I was NA. (how did he know) and my journey to my first conference began on the right foot.</p> <p>The Delegate Team did meet with the Autonomy Zonal forum while at the WSC. We had discussion about the CAR motions, Cat proposals. Question came up on how we pick a Zonal Representative for the WSC future workgroup. We also had guest from other Zones that are more functioning than we are collaborate with us. My experience being in the Gallery was very powerful in that members still come to be a part of the fellowship to look, listen, learn and mentor people just like me. I had help in the Gallery. Interacted with some amazing people through out the entire conference. Really looking forward to the World Convention now. The reason that I serve is from Gratitude for my Life that NA continues to give me and others. Thanks</p>

VRCC Report	Verbal report only.
H&I Chair Report	<p style="text-align: center;"><b>Call for Trusted Servants Nominations for Inmate Step Writing Program!!</b></p> <p><b>ISW Chair</b></p> <ul style="list-style-type: none"> <li>• Minimum clean time requirement is 4 years</li> <li>• Prepares an agenda for each meeting</li> <li>• Keeps order in the meeting &amp; discussion on topic</li> <li>• Ensures that the Traditions are upheld in all matters</li> <li>• Maintains communication between the ISW and CAR-NA H&amp;I</li> <li>• Attends each meeting of CAR-NA H&amp;I Subcommittee.</li> <li>• Keeps accurate record of funds received and spent</li> <li>• Responsible for monthly meeting place and Zoom meetings</li> <li>• Maintains an ongoing file of all ISW minutes</li> </ul> <p><b>ISW Vice Chair</b></p> <ul style="list-style-type: none"> <li>• Minimum clean time is 3 years</li> <li>• Assists chairperson with meeting duties</li> <li>• Acts as chairperson in the case of chairperson's absence</li> <li>• Fills in for any other trusted servant as necessary.</li> <li>• Attends ISW AND CAR-NA Service Committee meetings.</li> </ul> <p><b>Coordinating Secretary</b></p> <ul style="list-style-type: none"> <li>• Minimum clean time is 2 years</li> <li>• Attends monthly ISW meeting</li> <li>• Is responsible for the extra Post Office Box Key</li> <li>• Keeps a complete log of all ISW step guide/step writer communications</li> <li>• Keeps in phone contact with step guides as needed</li> <li>• Mails Correspondence Only agreements to inmate's facility for step guide</li> </ul>

	<p>assignment</p> <p><b>Recording Secretary</b></p> <ul style="list-style-type: none"> <li>• Minimum clean time is 1 year</li> <li>• Attends monthly ISW meeting</li> <li>• Takes meeting minutes and distributes them to subcommittee and chair prior to 3 rd Saturday</li> </ul> <p><b>Postal Facilitator</b></p> <ul style="list-style-type: none"> <li>• Minimum clean time is 3 years</li> <li>• Attends monthly ISW meeting</li> <li>• Reports on the details of the distribution of all letters received</li> <li>• Responsible for one of the Post Office Box Keys</li> <li>• Picks up ISW mail on a weekly basis</li> <li>• Forwards mail within 48 hours to the appropriate trusted servant(s)</li> <li>• Each position has a 1 year term with a 2 year limit on consecutive terms in the same position</li> </ul> <p>Please respond with nominations to Coleen C. (804)439-0612 or Nancy H. (540)209-5150</p> <p>of the H&amp;I Regional Subcommittee.</p>
Policy Subcommittee	
Public Relations	
Speaker Jam	
AVCNA Time Slot Ad-Hoc	

8. Area Reports

Almost Heaven	<p>We currently have 23 home groups and 38 meetings. At least 13 attended last area.</p> <p>Our convention is gearing up for another great celebration of Recovery on August 3, 4, 5, 2018 at the Northern Virginia 4H center in Front Royal. Our flier can be downloaded at <a href="http://almostheavenareana.org/">http://almostheavenareana.org/</a> Please note this is a new website and that at this time still looks the same without the ads. We hope to soon be reaching out</p>
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	<p>to web builders to help build the site we have in mind. Our packages area as follows:</p> <p>Package Prices are as follows: <b>BEFORE JULY 1, 2018</b> (Post marked by June 30, 2018)</p> <p>\$135.00-#1 Pre-Registration: Full package</p> <p>\$ 25.00-#2 Pre-Registration only</p> <p>\$ 90.00-#3 Pre- Registration with food</p> <p>AFTER JULY 1, 2018 and on-site</p> <p>\$ 30.00-#5 Registration only</p> <p>\$150.00-#6 Registration: Full package includes food &amp; lodging</p> <p>\$110.00-#7 Registration with food</p> <p><b>Full Package consists of:</b></p> <p>Registration</p> <p>Lodging = 2 nights-a bed</p> <p>Food = 5 Meals plus the workshops, speaker meetings and dances. There will be a comedian for a nominal fee.</p> <p>New this year is ***No one will be permitted beyond the Fairfax Center until after 4 p.m. This is a condition of the 4-H Center. If you arrive prior to that time, we ask that you wait in your car till 4 p.m.at the Shelter where the Friday night meal is served. We thank you in advance for your cooperation.</p> <p>Another thing is <b>all</b> the rooms are air conditioned this year.</p> <p>Our H&amp;I efforts are struggling especially with getting women to consistently cleared to go into our facilities. We are working with the volunteer coordinator for DOJ for WV. Our slow down for one of the facilities is with the local coordinator. We are asking our GSR's to announce this need. We have our own mandatory Orientation and then the facility has one annually along with PREA training.</p> <p>Our public relations task group is busy as ever. We maintaining meeting lists and literature at the Juvenile Court house in Charles Town WV, also at the Women's shelter in Martinsburg, WV, and the men's mission in Martinsburg, WV. We quarterly send our updated meeting list to The Journal, The Hope Dealers, and Emergency Room at Berkeley Medical Center along with the Behavior Unit there. We will also be updating our website, CARNA BMLT and then output a NAWS dump file to have our meetings updated in the NAWS database. We do this quarterly.</p> <p>The Peace Pantry that gives out food and hygiene items from a porch reached out to us via our PR email. A lot of their guests seem to be in active addiction and they wanted</p>
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to be able to post addiction information and recovery resources including a list of meetings that are available locally-PR sent NA literature and meeting list electronically.

We did a PR table at the Day of Hope in Washington County on May 19, 2018 it went well. Only one or two persons had had not heard of NA. We spoke with a person that is running for states attorney and another one running for the house of delegates. We handed out meeting list to a local policeman to have available who patrols the high drug end of town.

We had a table at the Horizon Goodwill and Family Healthcare of Hagerstown, MD for the Community Health and Provider Resource Fair on Saturday June 9th from 10a-2p. The turn out was small be we are able to meet other vendors and work cooperatively together.

We were asked to return and do a PR table at Recovery Walk June 9, 2018 this has been changed to Labor Day weekend but most of the Task group will be in Orlando at the World Convention.

We will have a table at the on June 23 in Berkeley Spring, WV for the 5<sup>th</sup> Annual Community Addiction Outreach and Awareness Event. When we register the reply in us attending was "awesome"!!

The groups approve a \$50.00 vendor fee for a table again at Hagerstown Pride in July 14, 2018.

We received our banner for our table. Cost was total including shipping \$84.24. Looks great! We will be towards getting or making a tube to hold it.

We will also have members attending the 1<sup>st</sup> State-wide Maryland Harm Reduction Summit for the state of Maryland being held June 28, 2018 in Baltimore. Attendees were asked to pick two of 4 or 5 workshops. Two that were pick one was on MAT's and the other Stigma of addiction.

Donations from the Groups are as follows:

Month of May:

\$245.60 to CARNA

\$245.61 to NA World Services via PayPal Portal

Month of June

\$314.76 to CARNA

\$314.76 NA World Services via PayPal Portal

For a total for two months of:

\$560.36 to CARNA and

\$560.37 to NA World Services

In Loving Service,

	<p>Sherry V.</p> <p>Pro Tem RCM</p> <p>Almost Heaven Area</p>
Appalachian	<p>I'm Lisa B from the Appalachian area, RCM member of the Lynchburg area, there are currently 7, home groups in our area and 6, GSR's that's regularly attend area service. There are several positions open in area, which as it stands H&amp;I, Policy chair, Special events, Secretary, quite a few empty positions. The home groups however are doing well, with the exceptions of over powering personalities, and also lack there of participation, but there is hope. It was suggested that sponsors ask Sponcee's to get involved with service. The PR chair is planning a learning day for the Appalachian Area, I'm looking forward to learning more service. I'm hopeful that all will be well. our P.O Box is 3214 Appalachian Area</p> <p>Lynchburg va 24503</p> <p>Our area met June 3rd 2018</p> <p>The next meeting is to be held on July 1 2018 at 3031 West Lynchburg church in Lynchburg va.</p> <ul style="list-style-type: none"> <li>&gt; Grateful Recovering addict,</li> <li>&gt; In loving service</li> <li>&gt; Lisa B. RCM</li> </ul>
Beach	
Blue Ridge	
Gateway to Freedom	<p>Hello Family! I attended both ASC's since our last meeting. There were 8 of 14 homegroups represented at both.</p> <p>Open Area trusted servant positions are: Vice-Chair, Policy Chair, Special Events Chair, RCM-alt and Outreach Chair.</p> <p>Our H&amp;I subcommittee is fulfilling all current service commitments but is need of help. Due due changing work schedules, they are in need of panel leaders. The current chair is picking up the slack for now. H&amp;I carries 5 meetings into 3 different facilities. We take a men's and a women's meeting every other Friday into the Potomac Highlands Regional Jail in Augusta, WV. We take a women's meeting every Wednesday into the Allegheny County</p>

	<p>Detention Center in Cumberland, MD. We also carry 2 meetings weekly (Tuesday and Thursday) into the Joseph S. Massie Unit, an addictions treatment center.</p> <p>Special Events is struggling as well. The new Chair was removed due to non-participation. Other members are picking up the slack for them as well. There was a Spiritual Breakfast planned for May 19 but had to be postponed until Sat. June 23rd from 10am-1pm. The cost is \$8. and there will be a main speaker from Pennsylvania. That event will be held at Saint Mary Catholic Church - 300 E. Oldtown Rd., Cumberland, MD 21502.</p> <p>Our Camp Jam subcommittee continues to meet and plan for it's 4th annual convention Campout. This event will be held on Sep. 21-23 at Camp Minco 4H Park - Reese's Mill Road, Keyser, WV 26726. I only had a few flyers left which are on the table</p> <p>Group donations were down last month but we do have a donation of \$100. Our next ASC will be Sat. July 14 at Friendship Haven Church, 22 Mechanic Street, Cumberland, MD 21502. Thank you for allowing me to serve.</p> <p>In loving service,</p> <p>Duane F. - RCM</p>
New Dominion	<p>Well I just wrote a long report which I accidentally erased. Sigh. Back to drawing board</p> <p>So~ we have 53 homegroups and 62 meetings</p> <p>H&amp;I we cover 7 facilities and 27 meetings . We still have 2 facilities currently dark due to (1) no male facilitator and one women's state facility (Camp 13) lack of any interest from the offenders for 2 months in a row (a weekly meeting)</p> <p>Today New Dominion is turning in regional donation check for \$4188.31.n</p> <p>this month we had 20groups reporting and 18 groups Voting at ASC.</p> <p>Last month we had 24 groups reporting and 13 groups voting. At the end of Area (less than an hour,) over half the room was gone. THIS Greatly disturbed me, so I referenced it in This months RCM REPORT to area. I reiterated the IMPORTANCE of the GSR position~ more than toting literature, but to relay areas' business. At least at the end of ASC (still barely an hour) most people were still there.</p>

	<p>There are flyers on table for AVCNA XXXVIII/ New Dominion Meeting schedules and flyers for a pre-conv fund-raiser Bingo July 14: 4103 Monument Ave, Richmond VA 23230 \$5 suggested// games start at 1:00. Will play 15 games.</p> <p>BBQ at lake Echo next weekend June 23, 12-6. Meeting At 4:30 : 5701 Springfield Rd, Glen Allen VA 23060 Bring a dish if you can</p> <p>There's a new AVCNA XXXVIII FLYER to put on the website that I will forward to be able to get it posted.</p> <p>I need further information on the 2 requested phone contact #s for the regional hotline~how many calls per month? And could they be directed to our local hotline, which has local people covering it.</p> <p>thank you for allowing me to be of service, Noreen J</p>
Outer Limits	
Peninsula	
Piedmont	<p><b><u>The Piedmont Area currently has 19 active Meetings, and 12 Home Groups. There were 6 GSRs at the last ASC.</u></b></p> <p><b><u>H and I</u></b></p> <p>The Women's ACRJ needs more volunteers.</p> <p>We continue to have 5 H&amp;I meetings held in the Piedmont area, they are listed below;</p> <ol style="list-style-type: none"> <li>1. Men's ACRJ-wk.</li> <li>2. Women's ACRJ E/O wk due to lack of volunteers.</li> <li>3. Fluvanna Women's Correctional Facility-wk</li> <li>4. Boxwood-wk</li> <li>5. 5 East-Uva. Medical Center-Wk.</li> <li>6. Wellness Recovery Center-Region Ten-As stated in my last RSC report unfortunately the wellness center was closed for 90 days + for policy review. After the policy review the Wellness Recovery Center has been closed permanently.</li> </ol> <p><b><u>PR</u></b></p> <p>We continuing to stock IPs in the following facilities: UVA Medical Center, The health department and the free clinic. The Website is also being updated when needed. Along with our Meeting Lists.</p> <p><b><u>Special Events</u></b></p> <p>The Piedmont area is join forces with the New Dominion area once again to hold the PANDA camp out which is happening as we speak.</p>

	<p><b><u>Service Positions</u></b> The only Area Position that is available is Alt. VRCC.</p> <p><u>Motions/Business</u></p> <p>None to report</p> <p><u>Next Area Service July 1<sup>st</sup> at Church on Our Savior</u></p> <p>At 4:00pm.</p> <p>ILS,</p> <p>Hillary Z.</p>
Rappahannock	<p>We have 17 home groups with 22 meetings on a weekly basis. On average we have 10 GSRs at our monthly ASC which is normally held on the first Sunday of the month unless otherwise re scheduled for holidays. Area positions still open include Sec 2, Outreach chair and RCM1. In activities news we have a 4<sup>th</sup> of July picnic on July 8<sup>th</sup> at Alum Springs Park. There will also be a fundraiser speaker jam put on by our areas convention committee on June 30<sup>th</sup> at the united Methodist church in downtown Fredericksburg. All of our activities are on our areas website rappahannockareaofna.com. H&amp;I has 3 facilities where we carry a total of 12 to 13 meetings a month, we take 4 mtgs a month (every Monday) into Sunshine lady house. 2 mtgs a month into Rappahannock regional jail (every other Wednesday) and lastly we have 5 to 6 mtgs going into boxwood rehab facilities depending on the number of Sundays in the month, 1<sup>st</sup> and 3<sup>rd</sup> sat, 1<sup>st</sup> thur, 2<sup>nd</sup> 4<sup>th</sup> and 5<sup>th</sup> Sundays.</p> <p>In closing RANA is still holding strong and steadily growing. Next area service will be held July 1<sup>st</sup> at Fairview Baptist church at 4pm (also on the website)</p> <p>In Loving service</p> <p>RANA RCM team</p>
Richmond	
Roanoke Valley	
Shenandoah Valley	<p>Hello family,</p> <p>Freedom from active addiction is available to all who seek recovery in the Shenandoah Valley. Currently there are 23 Home Groups &amp; 27 meetings weekly in the Shevana Area. Area Service met on May 14th with 15 GSR's or Alt in attendance, &amp; June 11<sup>th</sup> with 14 GSR's or Alt in attendance. Quorum was</p>

met each time and business was conducted per policy.

I attended the Subcommittee meeting held in Quadrant 2 in May & while I was told that WIFI was available it was difficult to access. Thanks to Teddy for the use of his Hot Spot, we were able to use the Zoom & 2 addicts were able to participate. Seven other addicts were also in attendance.

Special Events held The Shevana Annual Picnic on June 9<sup>th</sup> at Jim Barnett Park in Winchester, VA. A good time was held by all, especially the "Pie in the Face" auction which always seems to be a very successful event.

Special Events will be hosting its 15<sup>th</sup> Speaker Jam on July 14<sup>th</sup> at Jim Barnett Park in Winchester. The main topic is "Love is the Solution" with workshops starting at 10am. There will be hotdogs, chips & drinks available during the day. Dinner will be served at 5:30p with a Clean Time Countdown & main speaker at 6:15p. We always welcome speakers from out of our Area. If there is anyone from Region who would like to share their experience, strength & hope at a work shop during the day, please see me anytime today or you can email me. There are flyers available and they are also on the Regional Website.

Open positions at ASC are Parliamentarian, VRCC Alt Director, RCM Alternate & Special Events Chair. Tony B. was recently elected our new Literature Chair.

H&I continues to take 4 meetings into Behavioral Health monthly & 2-3 meetings into Juvenile Detention. In the Winchester Facility there are 2 meetings monthly, each to the women's & men's side. There is one monthly meeting to the men in the Front Royal Facility. Work continues to get recovering female addicts through orientation & take consistent meetings into women facility.

Shevana Area continues to problem solve an operational budget to enable the ASC to pay the bills in a timely manner and determine an adequate prudent reserve. Last month a motion was sent to all Homegroups with a breakdown of expenses & revenues and a suggested prudent reserve. The motion passed, and an Ad Hoc committee was formed & is meeting next Monday the 18<sup>th</sup> to place the new budget procedures into ASC Guidelines. I am very pleased with how the Shevana Area trusted servants came together and worked to include all members of the NA community from newcomers to all Homegroup members, GSR's & to listen to suggestions for "getting Shevana out of the Red". It has been a true example of "Principles over Personalities."

Next Area Service will be held July 9, 2018 at 6:30p at Grace Community Church on Roosevelt Rd. in Winchester, Va.

	ILS Elisa D. RCM Shevana Area.
Southside	<ul style="list-style-type: none"> <li>• We have 19 home groups with 35 meetings a week</li> <li>• At the last ASC on 6/3/18 we had six GSRs in attendance</li> <li>• Open positions include H&amp;I Chair, Activities Chair, Alt. RCM and Vice Treasurer</li> <li>• No new elected trusted servants</li> <li>• No new Group, Area or Subcommittee news</li> <li>• Low meeting attendance, no seeing a lot of newcomers, which is scary</li> <li>• Same people taking trusted servant positions</li> <li>• Speaker Jam and Bowling Night on June 30<sup>th</sup> at Ascension Lutheran Church, 314 W. Main Street, Danville VA 24540. Food, fun and fellowship!</li> <li>• We have ha lot of open positions at area service. A lot of people doing the same service work.</li> <li>• Next ASC on 7/1/18 at 2PM.</li> <li>• We go into two facilities: Southern Virginia Mental Hospital every Monday and Danville City Jail Women’s annex every Tuesday (also struggling with lack of volunteers)</li> <li>• We have a donation of \$131.90</li> </ul> <p>ILS, Krista H.</p>
Tidewater	<p>Hello CARNA, my name is Chris P. I have been clean over 31 years. I have experience in Area Service; two years as H&amp;I Chair, Area Chair for 18 months, Vice Chair for six months and PR Chair for one year. Our area has over 85 meetings with 65 home groups. 31 GSRs showed up at the last area. We have open positions at VRCC &amp; Alternate VRCC; also, our Treasurer is staying until a new Treasurer steps up. We have 11 H&amp;I commitments. H&amp;I is going to have a learning day in September 2018.</p> <p>The TACNA Convention XVII is back on in 2019. We are having a Karaoke Party fund raiser on Jue 30<sup>th</sup> from 8PM – Midnight at Wesley Grace UMC 288 E. Little Creek Road, Norfolk, VA (\$7 in advance, \$10 at the door).</p> <p>I will check into a donation.</p> <p>ILS, Chris P.</p>
Tri-Cities	

9. All New Business Motions turned in before lunch

10. **Elections & Nominations**

Vice treasurer: Open (open since 173<sup>rd</sup>) no nominees at 189<sup>th</sup>

Speaker Jam chair: Open Open longer than two RSCs as of 185<sup>th</sup> no nominees at 189

11. Old Business:

- a. **Motion 185-2:** Background: Currently our guidelines are silent as to who is responsible for scheduling subcommittee meeting locations and how far in advance they should be scheduled.  
Intent: To establish a single point of accountability to ensure that subcommittee meetings are scheduled sufficiently in advance to allow time for them to be publicized.  
Motion: Add Section 10 A 7 to read "Schedules subcommittee meeting locations at least 3 months in advance. Such locations must have WiFi or similar technology available for use at the subcommittee meeting."  
Mover: Norman C. Second: Mark S. **Disposition: Referred to Policy.**
- b. **Motion 189-2:** Provide bank cards to the Delegate team which access budgeted funds. The Treasurer would transfer funds into the account(s) associated with the card and the trusted servant would be able to spend budgeted funds and provide receipts for expenditures as stipulated in policy. **Intent:** to help the Regional treasurer and the delegate team be accountable and responsible and to help them better fulfill their duties. **Disposition:** Referred to policy. **Still in Policy.**
- c. Policy chair said that she will look into how to address the idea of reimbursing for mileage as opposed to gas receipts. (187<sup>th</sup>). Still doing research as of 189<sup>th</sup> and the 190<sup>th</sup>.
- d. Policy chair crafting policy to help keep track of the whereabouts of Regional tangible property and how to appropriately dispose of such when necessary. (189<sup>th</sup>) (190<sup>th</sup>)
- e. Is there going to be a workshop in the Beach area presented by H&I and ISW?
- f. Does Peninsula area still need to find volunteers for Summer Institute?

12. New Business:

- a. No New Motions
- b. Ad hoc committee created to come up with questions for RSC inventory. Sherry V. chair. First draft of questions should be presented to RCMs at October 2 day.
- c. Decided to send the RD Team and the Vice Chair to the next AZF to discuss
- d. Discussions on the agenda for the Two-Day October Event

13. Next RSC will be held on: Charlottesville, VA

14. Announce Location and Time of next Subcommittee Meetings:

15. Close with Serenity Prayer and Announcements