

**Minutes for the 192<sup>nd</sup> Regional Service Conference**

**Central Atlantic Region**

**August 18<sup>th</sup>, 2018 Charlottesville, VA**

**Open Forum began at: 11:00      RSC began at: 12:15**

- Vice Chair will view the online banking account and compare to the check register.

1. Serenity Prayer

2. Open Forum

- How to get better attendance at Regional subcommittee meetings. Should they continue to rotate? Should they be centralized like RSC.
- Ke'yon brought up an issue of people having trouble with the Regional phone line. Out of date meeting information.

3. Reading of Purpose, Traditions, and Concepts

4. Roll Call: Quorum

roll call after break

Chair	Bill M	Almost Heaven	Frank Y	X
Vice Chair	Etta F	Appalachian	Lisa B	X
Secretary	Neal G	Beach		
Treasurer	Brian C	Blue Ridge		
Regional Delegate	Kim A	Gateway	Duane F	x
Regional Delegate Alternate	Dee P	New Dominion	Michael L	X
Regional Delegate Alternate 2	Randy D	Outer Limits		
VRCC Chair	Jimmy C (vice)	Peninsula	Kyon S	X
Hospitals and Institutions Chair	abs	Piedmont	Hillary Z	X
Policy Chair	abs	Rappahannock		
Public Relations Chair	Sam F	Richmond	Kim M	X
Speaker Jam Chair	abs	Roanoke Valley		
		Shenandoah Valley	Elisa D	X
		Southside	Sue N	X
		Tidewater	Chris P	x
		Tri-Cities		

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven).**

5. Recognition of new attendees / identify members willing to mentor that they could sit next to.

RCM alt David H Piedmont Jessi J New River Valley Frank-RCM Almost Heaven Sara F NRVA

**Secretary's Note:** The New River Valley Area was represented for the first time in a long while. They will be added to the roster for quorum at the 193<sup>rd</sup>.

6. Approval of Prior Minutes: Moved to approve 191<sup>st</sup> as amended: Michael L Seconded by: Elisa D

7. Trusted Servants Reports

Chair Report	I learned of the problems connecting to the subcommittee video conference and after discussing the problem with the PR Subcommittee Chair and I
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	<p>offered a solution to the problem. I understand the meeting eventually took place.</p> <p>We discussed solutions during open forum and hope to impliment those solutions in the coming months.</p> <p>ILS</p> <p>Bill M</p>
Vice Chair Report	<p>I attended the regional subcommittee meetings via zoom conference call on July 21<sup>st</sup>. Much to my surprise no physical location in the rotation schedule had been scheduled and several of us were locked out of the zoom conference call. I immediately sent an email out to the executive body for help and attempted calling several of the members but was unable to reach anyone. Eventually the PR chair responded and attempted to get two of us in but we were in another room not with the rest of those on the meeting. I let him know that we wee not in the same room and that this was unacceptable because there may be others (and there were) trying to attend. I explained that Sherry V had to attend because we were on the ad-hoc that was created to formulate the questions that would be sent back regarding the regional inventory. He became angry and said that he quit and left the call. I returned to sending emails to the executive body and apparently he worked on it until he let Sherry in and eventually I was able to get on as well. We were able to finish the questions. I spoke to the policy chair who was unable to get in and the H&amp; I chair had difficulties as well. I am not sure who else tried to but was met with the error message meeting in progress and was denied access also. I hope that the problems have been solved and that the next meeting is open to all and has rotated into a physical meeting space that is put on our website ahead of time.</p> <p>I attended AZF on July 28<sup>th</sup> in Jenkintown, PA. CARNA RSC had nominated me to pursue serving on the WSC of the Future Workgroup along with or RD and several other nominees from other regions. I had to answer a series of questions that was supposed to happen by phone but I was in the hospital undergoing tests that day and so I had to answer them by email and submit them. I thank my region for the nomination and my zone for voting me in. I am excited about serving on another workgroup and will do so to the best of my ability. I am currently awaiting information as to when the first meeting will occur. This is the first time that the zone voted in the member vs.. Selection being done by the World Board. I was given \$246.40 for travel room and per diem. The room was \$147.31, gas \$40.00, food \$26.38. I am</p>

	<p>returning \$32.66 the unused funds to the treasurer along with receipts.</p> <p>In closing, I would like to encourage us to be more mindful in our communications by minutes and by website. Please take the time to read the minutes before returning so that corrections can be made if necessary before just voting them in for adoption. The website currently reads 184<sup>th</sup> GSR Assembly and the October date which needs changing as it is a 2 day and not the 184<sup>th</sup> which has</p> <p>past.</p> <p>In Loving Service,</p> <p>Etta F.</p> <p>Vice Chair</p>
Secretary Report	Everything's fine in secretary world.
Treasurer Report	<p>Thanks to several generous contributions at the last RSC, we are in considerably better shape financially than we were in April. We currently have \$13,251.05 in the bank and are up-to-date on all of our bills. A financial statement is attached to the minutes.</p> <p>I have prepared a proposed 2019 budget, in which budget line items more accurately mirror actual expenses. The money freed up should allow us to spend more on acceptable accommodations for our April and October two day events. Interested parties are welcome to stay after the RSC while we review it and make any necessary adjustments before sending it out to Areas for final approval.</p> <p>Thanks for the opportunity to be of service.</p> <p>Brian C.</p>
RD Report	<p><b><u>AUTONOMY ZONAL FORUM:</u></b></p> <p>We met via ZOOM on May 14th and discussed how we would decide on who will represent our Zone on the Future of the WSC Workgroup. I volunteered to serve on an Adhoc to put together guidelines based on our archived minutes so I met a few more times with 4 other volunteers and we presented the suggested guidelines at our July meeting in PA. We decided to accept the draft as our guidelines and they are now on the website.</p> <p>We met again on July 16th via Zoom to ask questions of everyone who had expressed an interest in becoming our zonal choice for the Future of the WSC Workgroup. Etta wasn't able to make it and we emailed her the questions</p>

and she emailed us back her responses.

We met in the Eastern PA Region July 28th and all six of our region's representatives were present. As per policy, I submitted receipts today in the amount of:

Hotel: \$198.89 (Dee and I split the hotel costs so this amount is to be split among our two budgets)

Gas: \$ 78.02

Per Diem: \$105.00

Received: \$260.00. Total spent \$381.91 - Requesting an additional: \$121.91

Our Zone's choice for the Future of the WSC workgroup is Etta F. Thank you Etta for your willingness to serve.

A lot of people continue to wonder just exactly what is a zonal Forum. Please bear with me while I read you the following out of "A Guide To World Services in NA" pgs 1-2:

### **Zonal Forums**

Zonal forums are service-oriented sharing and/or business sessions that provide the means by which NA communities can communicate, cooperate, and grow with one another. Although not a part of NA's formal decision-making system, world services and zonal forums interact in many ways. Zonal forums are invited to provide reports on the floor of the World Service Conference and, when requested by the conference, may also answer specific questions or address the body. In order to improve communications, they are provided with conference participant mailings and are requested to send their minutes to world services. World services typically attends zonal forum meetings, and may provide funding for some participants' attendance at zonal forums. Maintaining effective communication between the zonal forums and world services is a high priority. In order to more effectively serve the fellowship, world services and zones should develop a partnership for the planning and conducting of the worldwide workshop system, and by assisting each other in the coordination of a variety of service efforts such as professional events and fellowship development activities.

At the World Service Conference in April our fellowship voted in favor of zonal delegation. In light of this we feel it is time for our zone to progress towards becoming a body that does more to support our regions. We discussed

	<p>having 2 events per year. We feel it is time to set up a couple of elected positions at the AZF in order to have increased continuity and support in planning these events. The two positions that we are currently discussing are zonal facilitator and zonal secretary. Having these two trusted servants would allow the delegates to focus completely on our discussions and allow us to better serve our Zone. Up until now the AZF has been an information gathering body but we feel our fellowship’s group conscience has guided us to do more. We are bringing you this information today in order to be sure our region would support this change. The costs would be born by the 6 regions that comprise the AZF and would be approximately \$250 per year.</p> <p><b><u>OCTOBER 2-DAY</u></b></p> <p>We have a tentative flyer for our October 2-day and we will print and distribute it after we make a few decisions here today about the location.</p> <p>The topics for the two round table discussions are <b><i>Attracting Members to Service</i></b> and <b><i>Carrying the NA Message and Making NA Attractive</i></b>.</p> <p><b><u>CP WEBINAR</u></b></p> <p>Dee and I attended the first Conference Participant webinar of the cycle. World doesn’t consider our RD Alternate 2 a participant so Randy was unable to attend. During this webinar we broke up into smaller groups and discussed ideas for creating the session materials that will be needed for our Issue Discussion Topic Round Table Discussions during this cycle. It’s amazing how much work can get done via Zoom with people who are willing to explore ways to do so.</p> <p>As always, please let us know if you have any questions.</p> <p><b><u>OUR SCHEDULE:</u></b></p> <p>Our upcoming schedule follows:</p> <ul style="list-style-type: none"> <li>• October 20-21 – October 2-Day – Round table discussions focus on content from WSC</li> <li>• December 15<sup>th</sup> – RSC – Elections</li> </ul> <p>My service is indeed a privilege, for which I am eternally grateful,</p> <p>Kim A</p> <p>860-309-1404</p>
RDA Report	The RD team attended the Autonomy Zonal meeting in Jenkstown, PA. Our

own Etta F. was elected as the Zonal Representative to the work group created at the WSC discussing the Future of the WSC.

I did not receive a check prior to the zonal meeting so I am asking the region for the per diem of \$105.00. Kim booked the hotel and covered the gas from her allotment. This was a 7.5 hour each way journey for Kim and I plus and additional 35 minutes travel for me from Kim's house.

I won't repeat the information that Kim has covered in her report except to say that following this year's WSC and the direction the conference is going by allowing Zones to attend and participate, the upcoming Multizonal Service Symposium that is being held in Omaha NE on November 2 to the 4<sup>th</sup> should be considered as an important resource for this region and our zone. The cost of this conference is as follows:

Hotel:	\$94.00 x 2 nights =	188.00
Pre-Registration	20.00	(prior to October 10 <sup>th</sup> )
Per diem	105.00	
Air fare	385.00	(flying out of RDU) for Randy flying out of Dulles the cost would be 294.00
Flying out out DCA	285.00	

These prices are per person except the hotel cost would be split by Kim and I.

#### Webinar

Kim and I participated in the Conference Participant webinar. During this webinar, we were in different break out rooms thereby getting a broader view of the discussions about the Issue Discussion topics for this conference cycle.

#### Schedule:

In addition to the October 2 day and the Dec. 15<sup>th</sup> RSC, we also have 2 Autonomy Zonal Zoom meetings on Sept. 17<sup>th</sup> and Nov. 19<sup>th</sup>.

In Loving Service,

Dee P.

410-916-85454

RDA2 Report	<p><b>AZF</b> Teleconference July16,02018. 7pm – 9pm. We met via Zoom teleconference to ask question of the nominees selected for the Future of the WSC workgroup. All 6 Regions were present. Each of the 15 Zones are tasked with selecting a representative for this work group. Thanks to all of us for pulling together as this was not so easy of a task. One nominee was not present and the AZF emailed her the questions. She answered by e-mail. We met on July 28, 2018 in Jenkintown Pa for our AZF in person meeting where we voted. The groups conscious was to send Etta F. The rest of the meeting was very productive. Craig R promised that he would put together a Strategic Plan for the AZF to look at and he did. The minutes of the AZF meeting should follow our Reports when they get approved.</p> <p>My expenses were as followed; \$186.28 Hotel, \$29.90 tolls, \$26.00 Gas, \$73.22 Per diem totaling \$315.50. I was given a check for \$260.00. I would like to be reimbursed \$55.50.</p> <p><b>2019 Budget RDA2 and some RD Team annual request.</b></p> <p>RD Team (correspondence &amp; report preparation, distribution expenses for RD Team \$100.00; CAR Work shops \$0.00; Zonal expenses i.e. web domain \$7.50; Zonal shared cost for Facilitator and Secretary \$250.00 (tentative); RDA2 WSC \$0.00; MARLCNA \$0.00; AZF \$760.00; Service events (non-WSC years) \$600.00; RD Team expenses for RSC approved travel attendance at Area Events when requested by the Areas \$1000.00.</p> <p><b>CP Webinar</b></p> <p>I could not attend this Webinar. RDA2 not recognized as CP.</p> <p><b>World Convention</b></p> <p>I am all registered for the Convention, Hotel and flight reservations made and looking forward to seeing the new folks that I met a t the WSC. My network is becoming World Wide.</p> <p>Grateful to be of Service, Randy D.</p>
VRCC Report	<p>37<sup>th</sup> AVCNA is moving along in spite of starting late. As of our last meeting no bids have been submitted for the 38<sup>th</sup> convention. Our P&amp;L was given out to the directors at our July meeting.</p> <p>We have the need for a Vice-treasurer.</p> <p>Pre-convention has a pool party fundraiser Sunday August 19. Info on RVANA.org.</p> <p>Host committee meets today. Registration can be done online. March17- Feb 2018. Gross profit: \$23,179.87 Expenses: \$24,265.56 Loss: \$1,085.56</p> <p>Biggest concern is lack of participation from areas in region.</p> <p>Jimmy B Vice-chair</p>
H&I Chair Report	

Policy Subcommittee	<p>Good afternoon, This is the second Regional Conference that I have not made due to prior commitments that could not be cancelled. I am submitting my report and will be available by zoom or phone. I will address each bullet on page 14 of the 191<sup>st</sup> that have been referred to Policy. The first Motion 185-2: The guideline have been silent so it was decided that we would table it and test the idea which each head of a subcommittee would be responsible for scheduling each subcommittee in advance present it at the RSC the requirement that it have a physical location and wi-fi . This was working until the last subcommittee meeting in which I could not be there physically however, I attempted to attend by Zoom Conference and I could gain access to the subcommittee mtg.</p> <p>Zoom has also been an experimental endeavor however we cannot totally rely on Zoom and if I am not mistaken this subcommittee which was to be hosted by the Public Relations Subcommittee did not secure a physical location. The RCM's at this point need to make a decision to continue with this method or go with a single point of accountability. Based on the information it can work this way we need more practice in the execution.</p> <p>Motion 189-2: Provide bank cards to the Delegate team which access budgeted funds. The treasurer would transfer funds into the account(s) associated with the card and the trusted servant would be able to spend budgeted funds and provide receipts for expenditures as stipulated in policy . Intent: to help the Regional treasure and the delegate team be accountable and responsible and help them better fulfill their duties. Disposition: Referred to policy. Still in Policy. It was decided that more research was needed in regards to a card type that would be used . Brian volunteered to research this and it was to be brought back to the subcommittee . I thank Brian for his research in which he emailed everyone his findings we should be mindful when we do that it should be shared with the subcommittee so that we do not we can be fair and if others have input they can otherwise it could be perceived only that research is the solution.</p> <p>The reimbursing for mileage needed to be decide if we wanted to go with the standard used by government system it needs to be presented and called to a vote. I can have it ready for the 193<sup>rd</sup> in which I will be in attendance.</p> <p>It was decided in the subcommittee hosted by the Policy Chair in Fredericksburg Va. That the Vice- Chair would be handling this matter. I believe it was in my last Policy Report 190<sup>th</sup> RSC.</p> <p>I pray that I have covered all that is referred to Policy.</p> <p>In Loving, Antoinette A. Baker</p>
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	<p>In going over the questions and they probably still need to be work shopped to aid in ease of receiving input from our group. Mean setting them up as much as possible as multiple choice, multi-select, and open-answer formats.</p> <p>In going over the questions we also were able to group them in the following way:</p> <ul style="list-style-type: none"> <li>❖ Questions for All members</li> <li>❖ Questions for Members with additional Experience</li> <li>❖ Zonal Questions</li> <li>❖ Website Questions</li> <li>❖ Subcommittee Questions</li> <li>❖ Questions on the Helpline</li> </ul> <p>Suggestions:</p> <p>What is the timeline from here-could this be discussed under old business.</p> <p>At the October 2-day we may want to do a round table on Planning to explain to our members what why we should even do this and why is it important.</p> <p>Continue the Ad Hoc to work on formatting of questions for distribution ILS Sherry V Chair, ad hoc for Developing Questions for Regional Planning</p>
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8. Area Reports

<p>Almost Heaven</p>	<p>We currently have 23 home groups and 38 meetings. We average about 12 GSR's in attendance.</p> <p>Our group are active, interested and supporting our services. We had a discussion regarding adding "desire" to our clean-time count down and all were in favor of this addition and the convention will be directed to add this to their format.</p> <p>Our 32<sup>nd</sup> Almost Heaven Area Convention was wonderful with recovery being shared. Some challenges on Friday night with mother nature and having our Friday night meeting inside instead of out but after that the sun came out for Saturday and Sunday</p>
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and all was beautiful in the mountains. We are penciled in for next year but please note it will not be the first weekend in August 2019. Tentatively we are on the books for August 23, 24, 25, 2018. We did a check on the NAWS event page for other local events and made sure it didn't conflict with Region that takes place on the third weekend. It also has to be confirmed in committee/area. Then we are back to the first weekend in August for 2020.

Our H&I held our own mandatory Orientation on August 11, 2018 and we had several much need women step up. Now to get them clear through the facilities. We uncovered some mistakes on our part in getting the necessary paperwork completed but this is now being corrected.

Our public relations task group is busy as ever. Our quarterly meeting lists and literature were dispersed to the Juvenile Court house in Charles Town WV, also at the Women's shelter in Martinsburg, WV, and the men's mission in Martinsburg, WV. Meeting list are updated and dispersed to groups and standing community organization

We were asked to return and do a PR table at Recovery Walk and table set up in Hagerstown like Washington goes Purple this is Labor Day weekend but most of the Task group will be in Orlando at the World Convention. We may have some interested persons but don't know if we have time enough for training.

At July ASC the Groups earmarked \$90.00 for use to purchase the banner of Regions around the World. Hope to purchase after World Convention.

We still need help in building the website the we would like it. Have been offered some assistance outside our region.

We discuss a need to create Resource sheet for our Pr table.

We also discussed in committee about hang ups for Canopy mean attaching sides to protect from sun and rain.

Two members sat up our PR table at the Substance Use Disorder Treatment Resource Fair July 24, 2018 10:00a - 2:00p Meritus Robinwood Medical Center Atrium in Hagerstown, MD. It offered us an opportunity to meet Peer Recovery Coaches and members of the Opioid Overdose Outreach Program(OSOP). We also interacted with local substance abuse treatment programs.

Donations from the Groups from monies above prudent reserve are as follows:

**Month of July 2018:**

\$209.88 to CARNA

\$119.87 to NA World Services via PayPal Portal

\$90.00 Earmarked to Public Relations Task Group for banner

**Month of August 2018**

	<p>\$107.54 to CARNA</p> <p>\$57.54 NA World Services via PayPal Portal</p> <p>\$50.00 Earmarked to Literature for Stamp to Stamp our Literature with our email, website, 800#</p> <p><b>For a total for two months of:</b></p> <p>\$317.42 to CARNA and</p> <p>\$177.41 to NA World Services</p> <p>And \$140.00 Earmarked by Groups for Area needs</p> <p>In Loving Services</p> <p>Frank Y RCM Almost Heaven Area</p>
Appalachian	<p>I'm the RCM of the Appalachian Area currently in our area there are seven active home groups in the area, mostly all GSR's attends area service regularly, There are quite a few service positions open at this present time, however some positions were filled recently, but some are still vacant. We're still in the process of planning a learning day However; the area chair person has appointed the H&amp;I chair to start an ad-hoc committee to plan a special events day in the upcoming month of September, 2018. Myself has presented to the area body of my concerns of the distances traveled to the RCM meetings , and the gas price increase, I've suggested an increase of the allotment from \$35 to \$50 dollars to go back to groups because of it being a policy change. The next area service meeting has been pushed back to September 9, at the West Lynchburg Church, P.S.It was also a discussion and somewhat some confusion as to how and when the region should get paid. And is it feasible to send the monies to the current P.O. Box for region.</p> <p>Lynchburg's P.O. Box is P.O.Box Appalachian Area of NA Lynchburg VA, 24501</p> <p>In loving Service Lisa B.</p>
Beach	
Blue Ridge	
Gateway to Freedom	<p>Good afternoon Family! I attended our last ASC on Aug. 11 but was absent for the previous one on July 14. There were only 5 homegroups represented in Aug. and only 3 in July, an average of 4. Quorum was not met in July and no new business was conducted. We added a new Homegroup this month, giving us 15 Homegroups carrying 16 meetings weekly. The new "Never Alone"</p>

group meets at 11am on Wednesday's at Saint Mary's Catholic Church - 300 E. Oldtown Rd., Cumberland, MD 21502.

Open Area trusted servant positions areas follows: Chair, Vice-Chair, PR Chair, Policy Chair, Special Events Chair, RCM-alt and Outreach Chair. Deann M. stepped down as PR Chair due to an inability to serve because of a changing work schedule. Also Mike P. stepped down as Chair due to some personal life changes. I was nominated to fill the Chair position and accepted the nomination. This may be my last RSC as an RCM, since Area Policy dictates that I can not hold 2 Area service positions at the same time. I would, however, like to continue to represent my Area and carry its conscience at future RSC's until a new RCM is voted in.

Our H&I subcommittee is in need of help as well. Due to a lack of volunteers, both weekly meetings at the Joseph S. Massie Unit (an addictions treatment center) had to be cut back to biweekly. H&I now carries 5 meetings into 3 different facilities, all biweekly. They take a men's and a women's meeting every other Friday into the Potomac Highlands Regional Jail in Augusta, WV, and a women's meeting every other Wednesday into the Allegheny County Detention Center in Cumberland, MD. They carry a meeting every other Tue. and Thu. In to the Joseph S. Massie Unit, also in Cumberland, MD.

Special Events was able to have its annual Spiritual Breakfast on June 23rd. The event was successful despite having to reschedule it. We currently have no SE Chair but dedicated members stepped up and made it happen. The breakfast took in \$266. and profited \$106. Our annual Unity day picnic, usually held in August, had to be cancelled.

Our former PR Chair and current treasurer set up a PR table at the National Night Out event on Aug. 7 and will be setting up at the Prescribe Change run at Allegheny College of Maryland on Sep. 3. Both events are in Cumberland, MD.

Our Camp Jam IV subcommittee continues to meet and plan for our upcoming Convention/Campout on Sep. 21-23 at Camp Minco 4H Park, Reeses Mill Rd., Keyser, WV 26726. Registration flyers are on the table. All is going well so far, in spite of a minor setback. We had planned to have a caterer serve meals, but she recently encountered some life changing health issues and won't be able to cater the event. Other members are stepping up to fill that commitment. We have all of our speakers and topics in place and merchandise is being ordered. We will be recording speakers and making them available to download for free on our website as soon as I learn how to

	<p>set that up.</p> <p>Meeting attendance is down again, Area Service participation is down and donations are down. But we do have a \$100. donation for Region this month.</p> <p>Our next ASC will be on Sat. Sep. 8, 2018 at Friendship Haven Church - 22 Mechanic St., Cumberland, MD 21502. As always, I am grateful for being allowed to serve!</p> <p>In loving service,</p> <p>Duane F. - RCM</p>
New Dominion	<p>July 53 HGs/62 meeting</p> <p>AUG 54HG/ 64 meetings (2 new ones this month</p> <p>July: 16 HGs voting ; 18 reporting (out of 53 home groups)</p> <p>Aug: 21 HGs voting ; 19 reporting (out of 54 home groups)</p> <p>Significantly more groups are staying til the end of the ASC. HOORAY ✨ ✨</p> <p>H&amp;I : 8 facilities / 31 meetings; added a newfacility - 4 meetings a week.</p> <p>One women’s DoC facility (Camp 13) still dark due to lack of response from the offenders~(underlying lack of support from Admin) we had 8 women volunteers cleared &amp; active—went in weekly 2 months with no participants so we suspended it.</p> <p>Mens James River Work Camp currently dark due to faciator needed.</p> <p>We elected a VCCR ASST DIRECTOR-Tina S.</p> <p>EVENTS: go to RVANA.org website for downloadable flyers under “event flyers”</p> <p>TOMORROW: 8/19/18 AVCNA 37th pre-conv fundraising event: POOL Party/BBQ \$10 suggested donation (kids 12 and under free)~ all you can eat: Burgers/hot dogs /side dishes..LIVE BAND-swimming w/ 2 lifeguards LOCH BRAEMAR POOL/ 9940 Kingussle Lane, No Chesterfield, va 23236.</p> <p>SEPT 15 UNITY PICNIC/Field day event</p>

	<p>new Dominion and Richmond joint event 10-6 DEEP RUN PARK IN RICHMOND</p> <p>H&amp;I celebrate H&amp;I day~ 10/22/18-10-1 at 2300 Dumbarton Road Richmond 23228. free food</p> <p>Thank you for allowing me (us) to be of service. Noreen J and Michael</p>
Outer Limits	
Peninsula	<p>Greetings Regional Family! According to our meeting list we have 55 meeting in our area 16 of which are home groups represented at ASC. We average 14 GSR's at our ASC. Our area has 4 open positions: Vice Chair, Vice Treasurer, RCM alternate, VRCC delegate alternate. Since our last meeting Jenn A. was elected secretary and is a wonderful and effective addition to our area's service body. Also an ADHOC committee was formed to establish a convention for the Peninsula Area and is chaired by Deborah R. Elections are held upon completion of the term for each position. To my knowledge at this time no new groups have joined our area. There will be a Fellowship Cookout on August 19, 2018 at King Lincoln Park Shelter #2 11- 6. It will be hosted by Meeting at Noon 600 Jefferson Ave. Newport News, VA 23607. Serenity In The Gap Campout August 31, 2018 - September 2, 2018. It was discussed at our last ASC meeting that the phone line was not fulfilling it's purpose. I was asked by the body to bring it to the attention of the Region. Our mailing address is Peninsula Area of Narcotics Anonymous, P.O. Box 16009 Newport News, Virginia 23608. Our ASC meets the first Saturday of each month at Warwick United Church of Christ, 10 Matoaka Lane, Newport News at 3 PM.</p> <p>In Loving Service Kyon S. PASCNA</p>
Piedmont	<p><b><u>The Piedmont Area currently has 20 active Meetings, 14 Home Groups There were</u></b></p> <p><b><u>13 GSRs at the last ASC.</u></b></p> <p><b><u>H and I</u></b></p> <p>The Women's ACRJ needs more volunteers.</p> <p>We continue to have 5 H&amp;I meetings held in the Piedmont area, they are listed below;</p> <ol style="list-style-type: none"> <li>1. Men's ACRJ-wk.</li> <li>2. Women's ACRJ E/O wk due to lack of volunteers.</li> <li>3. Fluvanna Women's Correctional Facility-wk</li> <li>4. Boxwood-wk</li> <li>5. 5 East-Uva. Medical Center-Wk.</li> </ol> <p>As previously reported Wellness Recovery Center was closed. It is now reopened and we are in talks with them about bringing in a meeting there as we had done in the past.</p> <p><b><u>PR</u></b></p>

Nothing new to report.

**Special Events**

No Special events to announce at this time.

Jeff H. is now Special Events Chair.

**Service Positions**

No service positions needing to be filled at the moment.

Meeting changes

ESP Meeting on Tuesday is changing from 9pm to 6pm starting in September.

The KISS group has moved locations to the Crossings at the corner of Preston and 4th street and will no longer be held at On Our Own. The meeting times will remain the same.

Meeting Lists will updated accordingly.

Motions/Business

The Area has developed an Ad-hawk committee to review Area policy i.e. Service Position descriptions and Policy definitions.

On a personal note: I will be stepping down as Piedmont RCM next month. I have prayed and talked with my Sponsor about the decision and feel as if I need to be fully present for my next Service role as a mom.

I have struggled with the decision and know that I could do both, however with planned child care needs and work schedules changing I think it's only fair that my Area and the Region to have someone who is fully present and can commit to the role as RCM. I have plenty of faith that David H. will do a great job as RCM II and that my Higher Power will take care of the rest.

I have enjoyed making new relationships here, and have grown so much in my Recovery.

Thank you for allowing me to serve,

Hillary Z.

Next Area Service 9/9/18 at Church on Our Savior

At 4:00pm.

Rappahannock	
Richmond	<p>30 groups in the area. 18 GSRs attended the last ASC. No positions open. No trusted servants elected. Subcommittee news: H&amp;I takes a meeting to the RBHA for men and women. They also go to Richmond City Jail for males and New Kent Jail also for males once a week. Free event August 25, 2018 at Robertson Park and Richmond Area and New Dominion come together for Unity Day September 15, 2018 at Deep Run Park. All are welcome. We have a \$500 donation. Next ASC September 9, 2018. Richmond Area Service P.O. Box 26249 Richmond, VA 23260</p> <p>ILS, Kim M.</p>
Roanoke Valley	
Shenandoah Valley	<p>All is well in the Shevana Area. There are 27 meetings weekly with 21 Home Groups. Area Service met Monday July 9<sup>th</sup> with 14 GSR's/Alt present out of 16 active home groups. ASC also met August 13<sup>th</sup> with 13 GSR's/ALT present. Quorum was met each time &amp; business was conducted per policy.</p> <p>The Out-Reach Committee have been visiting the 5 inactive meetings to help in anyway they can. Also, there is a new comers meeting held consistently on Fri &amp; Sat nights at 10:30pm (Just for Tonight) that recently were told they were losing their meeting place through no fault of their own. They reached out to ASC for help in locating a new facility. Several experienced members at Area have volunteered assist them in securing a new meeting place.</p> <p>Special Events 15<sup>th</sup> Speaker Jam held July 14<sup>th</sup> was a successful event. I would like to especially thank Kim A. &amp; Dee P. who made the trip north to share their experience, strength &amp; hope with us. In fact, the entire RD team was in the house. It was a day of fun, food &amp; fellowship.</p> <p>Special Events next event is their annual Sponsor-Sponsee Breakfast being held Saturday September 22, 2018 at Market St. UMC, 131 S. Cameron St. Winchester, VA. There are flyers on the side table along with copies of the Shevana News Letter. I have also left copies of our new meeting list. Can't miss them, they are bright sunshine yellow. That's the good news. The sad news is that there are two meetings that are no longer meeting that are still on the list. The Sunday "Pure &amp; Uncut" that met at 6pm in Winchester &amp; the Monday "Skyline Recovery Group" that met 6pm in Front Royal. The Shevana Website has been updated and hopefully will filter up to the Regional &amp; NAWS websites.</p> <p>H&amp;I continues to take 4 meetings monthly to Winchester Behavioral Health &amp; 2-3 meetings into Juvenile Dentation Facility. There are 2 meetings</p>

	<p>held monthly in the Winchester Facility, one to the women's side &amp; one to the men's side. In the Front Royal Facility there continues to be 1 meeting to the men's facility. H&amp;I continue to work on obtaining an orientation for the women's side.</p> <p>An Ad Hoc Committee was formed with Melissa E. as chair to facilitate updating and correcting the Shevana Guidelines. So far everything is going quite well. Open positions at ASC are VRCC alt, Special Events Chair &amp; RCM alt.</p> <p>The next meeting of ASC is September 10<sup>th</sup> at Grace Community Church, Roosevelt Blvd. Winchester, VA.</p> <p>ILS Elisa D. RCM Shevana Area</p>
Southside	<p>Hello family, It's good to be back here. Last ASC was Aug.5. Positions open are vice treasurer and activities is waiting to be replaced. Our new H&amp;I is Helen. H&amp;I is again taking meetings weekly to mental health and the women's jail. The men's jail is having another orientation to fill all the slots for the men's jail.</p> <p>We are having another phone orientation in the near future to increase those able to take area phone and answer help line. We participated in another National Night Out and I know So, Boston had excellent response.</p> <p>Donation to region is \$136.45. The next ASC is Sept.8 and hopefully we will have increased participation. We have 19 home groups, out of 35 meetings and only 6 GSR were present this month.</p> <p style="text-align: right;">In Loving Service Sue N.</p>
Tidewater	<p>We have 65 home groups in our area ,last area 32 GSR's attended area. We have 11 H&amp;I commitments</p> <p>Our area has two open positions, Treasurer and VRCC. The Treasurer is willing to stay until position is filled.</p> <p>I brought flyers on upcoming events in Tidewater area. TACNA XVII fund raiser , The All White Affair a dance with DJ</p> <p>Dress in all white will be held on September 29, 2018. Dance starts at 9pm until 1am @ WESLEY Grace Memorial Church</p> <p>288 east Little Creek road Norfolk ,Va. H&amp;I Will be having a Learning Day September 22, 2018 @ 709 Aragona blvd. in</p>

	<p>Va. Beach Va. From 12 noon to 4pm. There will be speakers and workshops ,food and fellowship. TACNA Convention</p> <p>Will be back in 2019.TACNA XVII March 1-3 2019 in Norfolk , Va. @ Marriott Hotel.</p> <p>I talked with our Treasurer about donations to region. He researched and found he had not given a donation since</p> <p>June 2017.They are looking into this and I hope to have a donation soon. Our area has a lot of new people in service</p> <p>Positions, they have little or no experience in but we are getting better. Next ASC MEETING 9/9/2018.</p> <p>In loving service</p> <p>Chris P.</p>
Tri-Cities	

9. All New Business Motions turned in before lunch

10. **Elections & Nominations**

Vice treasurer: Open (open since 173<sup>rd</sup>) no nominees at 191<sup>st</sup>. No nominees at 192<sup>nd</sup>.

Speaker Jam chair: Open Open longer than two RSCs as of 185<sup>th</sup> no nominees at 191<sup>st</sup>. No nominees at 192<sup>nd</sup>.

Rd position became open for nomination at 192<sup>nd</sup>. RDA is an automatic nominee. Current RD's term ends in December.

Public Relations position became open at 192<sup>nd</sup>. Current chair had to step down due to personal/family issues. Nominations needed.

11. Old Business:

- a. **Motion 185-2:** Background: Currently our guidelines are silent as to who is responsible for scheduling subcommittee meeting locations and how far in advance they should be scheduled.  
Intent: To establish a single point of accountability to ensure that subcommittee meetings are scheduled sufficiently in advance to allow time for them to be publicized.  
Motion: Add Section 10 A 7 to read "Schedules subcommittee meeting locations at least 3 months in advance. Such locations must have WiFi or similar technology available for use at the subcommittee meeting."  
Mover: Norman C. Second: Mark S. **Disposition: Referred to Policy. In policy at 192<sup>nd</sup>.**

- b. **Motion 189-2:** Provide bank cards to the Delegate team which access budgeted funds. The Treasurer would transfer funds into the account(s) associated with the card and the trusted servant would be able to spend budgeted funds and provide receipts for expenditures as stipulated in policy. **Intent:** to help the Regional treasurer and the delegate team be accountable and responsible and to help them better fulfill their duties. **Disposition:** Referred to policy. **Still in Policy. In Policy at 192<sup>nd</sup>.**
- c. Policy chair said that she will look into how to address the idea of reimbursing for mileage as opposed to gas receipts. (187<sup>th</sup>). Still doing research as of 189<sup>th</sup> and the 190<sup>th</sup>. (191<sup>st</sup>) (192)
- d. Policy chair crafting policy to help keep track of the whereabouts of Regional tangible property and how to appropriately dispose of such when necessary. (189<sup>th</sup>) (190<sup>th</sup>)(191<sup>st</sup>)(192)
- e. Is there going to be a workshop in the Beach area presented by H&I and ISW? **192<sup>nd</sup>: possibly will be done at October 2 day.**
- f. Any updates from the inventory ad-hoc? **RD team will do workshops in every quadrant to disseminate the Regional Inventory questions and other related information to the fellowship in preparation for a presentation at the April 2019 2 day event.**

12. New Business:

- a. Hotel for the October 2 day was discussed due to the tentative cost of rooms being slightly over budget. Treasurer showed how the cost can appropriately be covered by existing budget lines. Approved by RCMs.
- b. **Motion 192-1:** Reimburse RDA2 (Randy D.) \$55.50 for receipts from AZF in Jenkintown, PA. Mover: Randy D. Seconded: Noreen J. **Disposition: Approved**
- c. **Motion 192-2:** To send the RD team to multizonal service symposium in Omaha, NE. Mover: Dee P. Seconded: Kyon S **Disposition: ruled out of order due to cost exceeding budget.**
- d. **Motion 192-3:** To reimburse RD (Kim A) \$121.91 for receipts from AZF Mover: Kim A. Seconded: Elisa D. **Disposition: Approved**
- e. **Motion 192-4:** Reimburse Bill M. \$703.11 for literature for Summer Institute. **Disposition: Approved**
- f. **Motion 192-5:** Reimburse RDA \$105 for per diem at AZF. Mover: Dee P. Seconded: Elisa D **Disposition: Approved**

13. Next RSC will be held on: October 20-21 at the Ramada Inn Oceanfront Virginia Beach. RD team presentation on Saturday and RSC on Sunday.

14. Announce Location and Time of next Subcommittee Meetings: Poquoson Baptist Church Wythe Creek Rd Poquoson, VA 10- 2:30

15. Close with Serenity Prayer and Announcements