

**Minutes for the 202 Regional Service Conference**

**Central Atlantic Region**

**April 19th, 2020 Zoom meeting**

**Open Forum began at: 10:00      RSC began at: 11:15**

1. **Serenity Prayer:**
2. **Reading of Purpose, Traditions, and Concepts:** Randy D Tim B Antoinette B
3. Open Forum: We discussed new ways of getting the minutes out to all people who wants them. We discussed the liability and insurance 501C3 nonprofit. We also discussed ways to get donations from area cash app etc.
4. Roll Call: Quorum met. We met quorum with 10 voting participants'

Executive Body			Areas		
Chair	Etta F	P	Almost Heaven	Don V	p
Vice Chair	Antoinette B	P	Appalachian	Absent	A
Secretary	Julie T	P	Beach	Joe B	P
Treasurer	Brian C	P	Blue Ridge	Absent	A
Regional Delegate	Dee P	P	Gateway	Absent	A
Regional Delegate Alternate	Randy D	P	New Dominion	Michael	P
Regional Delegate Alternate 2	Sherry V	P	Outer Limits	Absent	A
VRCC Chair/Vice Chair	Michelle	P	Peninsula	Zack B	P
Hospitals and Institutions Chair	Vacant		Piedmont	David H	P
Policy Chair	Vacant		Rappahannock	Mark C	P
Public Relations Chair	Richard S	P	Richmond	Julie T	p
Speaker Jam Chair	Absent	A	Roanoke Valley	Absent	A
			Shenandoah Valley	David T	P
			Southside	Absent	A
			Tidewater	Roland C	P
			Tri-Cities	Tim B	P

**Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven)**

Recognition of new attendees / identify members willing to mentor that they could sit next to. One new member Chris P Piedmont area.

Approval of Prior Minutes: 201 minutes was approved with amendments.

## **Trusted Servants Report**

### **Chair Report:**

It is my hopes that all are doing well. There have been several histories that have taken place with us lately ... Our 200 th RSC this year , The canceling of a physical WSC , and our ability to practice flexibility and continue with the GSR Assembly and RSC through zoom conferencing. Though we are in critical times in our nation, NA members have continued to work toward our primary purpose like never before and have risen to this challenge with technology to keep our fellowship together and have broadened our base like never before. Members though technology have been able to attend meetings all over the globe and are forming bonds and friendships with other addicts that they may have never had a chance to sit in a meeting, speakerjam , or convention, Newcomers are chiming in with the enthusiasm of getting their first days clean and we are sharing and caring the NA way! I am committed to the health and welfare of our region and have moved all Regional service meetings to zoom until we are allowed to meet safely face to face again. I look forward to the day that we can sit face to face again. I have no major information to report except that we must remember the strategic planning that has been done this year with the use of surveys as to what we can do better and I am committed to making sure the findings are not just read and discussed but changes are implemented. That's all that I have for now.....Stay safe and carry the message...  
ILS.  
Etta Fleet

### **Vice Chair Report:**

**Secretary Report:** Please except my apologies for not being present at our last regional meeting. I am proud of our region and the areas for the zoom meeting. I will continue to do my best as regional secretary ILS Julie T

**Treasurer Report:** There was little activity this period from a financial standpoint, so I'll keep my report brief: We started the period with \$8965.21 in the bank; we had \$7469.89 in income and \$1211.91 in mostly lights-on expenses. We ended the period with \$15222.99 in the bank; any donations you have can be sent to our PO Box, and I'll work with Colleen to get the funds deposited in a timely manner. Thanks for the opportunity to be of service

### **RD Report: No Report received**

**RDA Report:** CAR/CAT Workshops the Delegate Team has Facilitated 4 quadrant workshops for our Region. I was able to help with Quadrant 1 and Quadrant 3. My working every other weekend did not allow me to participate in quadrant 2 and quadrant 4. Thanks to Dee and Sherry who carried the ball for the team. My expenses were \$36.00 for gas, \$7.08 for breakfast and \$12.64 for drinks for lunch totaling \$55.72 for the Quadrant 1 workshop. Quadrant 3 were \$35.00 for gas and \$7.08 for breakfast totaling \$42.08. Both workshops had great venues with low attendance.

Autonomy Zonal Forum Teleconference met on March 16, 2020 from 7pm till 9:30pm. We heard from the budget task team and that discussion will continue next meeting. They are looking at other zones budget in preparing the Autonomy Zones budget. We discussed the July in person meeting hosted by Chesapeake and Potomac Region. Nothing was finalized. They are still planning. A recent communication came out that due to the condition of the world that we do a teleconference one day meeting and let them host the 2 day in person January 2021.

Discussion went to virtual meetings for home groups. Virtual GSR Assembly and RSC was another discussion. The next teleconference meeting is set for May 18, 2020 7-9 pm.

Conference Participant Webinar on February 15, 2020. I was unable to attend because of work. Sherry V. was allowed to take my place.

Virtual GSR Assembly went as scheduled with 31 members (give or take) in attendance. The Regional reports were done first, next was the Delegate Team facilitating the Atmosphere of Recovery in Service Issue Discussion Topic followed by lunch then Home group voting and tallies using Survey Monkey followed by another Issue Discussion Topic DRT/MAT assisted Treatment as it Relates to Narcotics Anonymous workshop to finish out the 1st Virtual GSR Assembly.

2020 World Service Conference is also doing its first Virtual Conference starting April 24 – May 3, 2020. The meeting dates are April 24-26, 29 and May 2-3, 2020. I was given a check for \$1399.29 to attend the Conference in person and now I will not need the funds because we are doing the Conference Virtually. I am still working my travel agent to get reimbursed for \$306.61 for my flight. I am mailing the treasurer a check for \$994.88 and my receipts for traveling to the CAR/CAT workshops. I will update the Region when the travel agent reimburses me. We emailed you all just over ten days ago to let you know that we had reduced office hours and were struggling financially. Since then, we've been forced to close the office entirely due to state order in response to COVID-19. And as so many meetings have gone online around the world, literature orders have been reduced to a trickle. [www.na.org/contribute](http://www.na.org/contribute) is the link to contribute to NA world Services.

[https://www.na.org/?ID=virtual\\_meetings](https://www.na.org/?ID=virtual_meetings) is the link for Virtual meetings.

Dates to remember. May 1, 2020 (every Year) is Service Day, first full week in June is Public Relations Week and September 1, 2020 (every year) is Unity Day.

It is Gratitude for my Recovery that I am Grateful to be of service, Randy D. RDA

**RDA 2 Report:** Good morning everyone and a big shout out for all the attendees yesterday at our GSR assembly. Your input from the two workshops is invaluable and will be considered along with other members of NA around the world to help our fellowship as a whole with challenging issue we can face.

Also thank you so much for taking the time to respond to our conference agenda report motions (CAR) and our Conference Approval Track (CAT) motions.

In February we did two CAR/CAT Workshops one in Rutherglen, VA and one in Salem, VA. Both of these were done in community libraries that had wonderful equipment for assisting us in our presentation and discussion one with a large monitor that required no projector and one with a large screen and projector available. There was no cost for one since it is a community service provided for individuals and all organizations alike. The one in Salem cost was \$10.00 an hour for non-profits. Which made it \$60.00.

In checking libraries around the Fredericksburg city, I discovered one library that had 3 rooms that opened up that could hold over 100 persons. Library availability is everywhere but there is one drawback ...we have to plan!! They are offered on a first come first serve. Smaller room appeared to be more available. Our team met virtually almost every Wednesday in our planning for the GSR assembly. I am also serving on the Autonomy Zone Forum (AZF) Budget and Treasurer Duties and Responsibilities. We've met about 4 times over the last 2-1/2 months. This is in a planning phase as to what the needs financially would look like to be able to help within the AZF and our respective regions in carrying our message of recovery. In March we did two more CAR/CAT workshops in Quadrants 2&4 – Martinsburg, WV which was done face to face and virtually and Virginia Beach, VA which by that time had to be totally virtual. The same day as our Quad 4 Workshop was a World Service Conference (WSC) participants virtual meeting to discuss as you may know by now our WSC face to face is cancelled and the discussion was about the dire financial impact covid 19 restrictions has placed on our World Services Office. So, we had a 2-1/2 hour break in the workshop so Dee and I could be in attendance. I attended in place of Randy who had a work commitment. We learned that ½ the staff at Narcotics Anonymous World Services (NAWS) has been furloughed and the other half working 20 or less hours/week. We discuss members considering some direct donations to NAWS It was suggested that once a month recurring donation the amount of your clean time. We discussed a schedule for the virtually and did a poll that your team responded to.

The results of the poll and the virtual schedule can be found at [na.org](http://na.org), events, World Service Conference, 2020 Virtual Materials...it has the virtual schedule for the WSC. It also has the compilation of all the regional and zonal reports including ours from around the world. If you haven't heard the WSC will be virtual with a you tube feed for all observers. The link to the youtube will be posted in the site above and will change.

I have financial a request and returns as follows.

Car/Cat Workshops	Date	Location	Expenses	Receipts
Quad 1	02/22/20	Library Ruther Glen, VA		
Food-Dominos			\$34.93 x	
Gas	receipt not clear		\$15.25 x	
Quad 3	03/07/20	Glenvar Library, Salem VA.		
Gas			\$19.00 x	
Food-Dominos			\$67.92 x	
Rent			\$60.00 x	
Quad 2	03/15/20	Emmanuel's House Martinsburg, WV		
Coffee			\$15.08 x	
Food-Dominos			\$34.45 x	
Rent-Not Paid***Need check from Region for rent				\$50.00
Quad 4	03/27/20	Virtual		
Grand Total	\$296.63	Immanuel's House	\$50.00	\$246.63 Sherry

Summary

\$1241.29 return to region

\$ 246.63 owed me

\$ 994.66 return to region

Check for Emmanuel's House for \$50.00

World Service Conference 2020

Rec'd

Ck 1871 \$361.60 Airline Ticket Conference not happening

Ck 1873 \$1,241.29 Hotel and other

\$1,602.89 Need to return or reallocate

Returning 1, 241.29 Ck.1873

minus Return to region 994.66

Regarding Airline Ticket:

"For those who canceled or will cancel their flights due to COVID-19

impacts in March, April or May, the credits in your eWallet will be

extended through July 5, 2021 for travel through May 31, 2022."

Should be able to use this for the next conference but will try to get refunds

MZSS

Proposed expenditures for SingleDouble

Multi-Zonal Service Symposium

September 10-14, 2020

Hotel for 4 nights \$476.00 86.68 562.68 \$281.34

Airfare \$390.00 \$378.20

Tolls \$25.00 \$25.00

PerDiem 4 Days \$50.00 \$200.00 \$200.00

Budget \$1,000.00 \$1,177.68 \$884.54

Asking for reallocation of funds for this category for RDA2 of \$200.00

ILS Sherry V.

CARNA RDA2

### VRCC Report: Hello Family,

First I hope all of you are doing well in our current world situation. Things are going well at the VRCC and we are able to conduct business as needed virtually. We were able to hold our March business meeting physically. We elected a new chair, me, a new vice chair, Vicki B, a new policy chair, bob g. Currently we have two executive positions open, vice treasurer and webmaster. We are currently being represented with directors from 9 areas. Our directors voted to postpone our May retreat to July 18 & 19 and to hold a regular business meeting virtually on May 17.

The Virginia Beach area is planning to put in a bid to host the 40th AVCNA.

All audio from the 38th has been added to our online store and is available for purchase.

That's all for now In loving service,

Michelle M-VRCC Chair

H&I Chair Report:

**Policy Subcommittee Report: Vacant "see vice chair report"**

**Public Relation:** Website Phonline Presentations Meeting Coordination for Zonal Meeting Database Team Richard S Chair Julie Vice Chair Ann – Website CARNA. Slack Team uses Slack to continuously work Coordinates and Contributes Anyone can join our slack Many Area PR Chairs help Provides Service Bulletin Board with Surveys, Phonebook, and other Free Services Accomplishments Migrated Website from old Joomla to WordPress Mobile Friendly ADA Friendly Easier to use Dynamic Meeting Finder Easy to Maintain Maintained Existing Phonline Stood up Yap new Phonline Service for Testing Proved this service, used by 20% of the US Narcotics Anonymous, seems to work well. Provides Automated Meeting Finder 5402779265 Accomplishments Attended All Quadrant PR meetings Gave workshops where such meetings had attendees and took place (3 out of 4). Agenda Our Efforts Public Relations is Brand Management Carrying the message, how does our political boundaries alienate the newcomer/Professional/Public? Central Atlantic Region/ Canadian Atlantic Region/ Mid-Atlantic Region/ Mountaineer Region/Chesapeake and Potomic Region/ Carolina Region/ etc etc How can we carry the message better, when we only have a few seconds to Communicate our message? How can we serve the public no matter how they Find us or our website/phoneline?

Spiritual

Foundations of

Our Brand Current Phone Line Service

1-800 number phoneline "Professional Communications Messaging Services, Inc".

Return meeting information based on location

An attempt to talk to a phoneline volunteer.

Currently the CARNA has a 20% abandonment rate

Industry average is 8% Costs 10x than the industry average at per minute.

The caller has to write down complex addresses. To talk to a volunteer

The operator hangs up on the caller Text messages (SMS) a message to one or two phoneline volunteers.

The caller then has to wait up to whenever hours to get a call back

from these volunteers. If the volunteer's phone service missing the SMS (it happens) the caller never gets a call

back. Public Relations is Brand Management Resistance To Change

"We have learned, painfully, that internal strife

cripples our Fellowship; it prevents us from

providing the services necessary for growth."

Service work is never easy or simple in Narcotics Anonymous...

"Egos, unfounded pride, and self-will destroy a

group if given authority. "May we always remember that change is inevitable, and most pain is

the result of resisting change, rather than embracing it.

Our Resistance to Change Seems Built In, and only a

nuclear blast of some kind will bring about any

alteration or initiate another course of action." Time For A Change: Phone Line Options Comcast Covers all but Tidewater, Per

Month Costs Notes Rate \$\$ .00 Total \$2189.25 Richmond-Petersburg Aug18 DMA Nielsen Live+7 \$317.25

7770, Richmond Interconnect

\$317.25 Harrisonburg Aug18 DMA Nielsen Live+7 \$213.75 9104, Harrisonburg/Rockingham \$103.50 9105, Staunton\$110.25

Roanoke-Lynchburg Aug18 DMA Nielsen Live+7 \$238.50 7867, Roanoke-Lynchburg Interconnect

\$238.50 Charlottesville Aug18 DMA Nielsen Live+7 \$117.00 2311, Charlottesville \$117.00 Washington, DC (Hagerstown) Aug18

DMA Nielsen Live+7 \$1302.75 2319, Winchester \$189.00 6592, Culpeper \$83.25 8972, Cumberland \$135.00 1593, Spotsylvania-

Stafford VA \$324.00 8149, Keyser \$56.25 8199, St. Mary's County (King George \$144.00 8148, Frederick (Hancock) \$321.75

5694, Shenandoah \$49.50

Will have To Rotate Areas to Keep Costs Reasonable Cox Media DMA Costs For Tidewater, Not Covered

by Comcast Media. Cox Plus Norfolk IC Plays per Week Cost 15 channels, 1 play a week 304.00/Month

THANK YOU TOGETHER, WE WILL GROW!

Public Relations Report:

**Speaker Jam Report: Absent:**

## **Area Reports:**

**Almost Heaven:** Hello Family,

Our ASC meets the first Saturday of the month except July and August and then it is on the second Saturday. We attended our first Area Service Zoom meeting on 4/4/20. There were 12 members present, however quorum was not met. We did discuss our current situation and gave reports.

We have 21 groups. We currently have 12 zoom meetings per week in our area. All positions are filled except: Vice Chair, RCM, RCM-Alt, VRCC Rep, and Convention chair.

H&I—Our H&I task group is currently unable to support any of our area meetings due to the COVID-19 pandemic. The possible use of zoom meetings for H&I commitments was discussed and will be investigated by the PR task group.

We discussed ways to collect donations to the area and several options were discussed. Since we received no donations, we have no donation for the region this month.

We discussed our upcoming Almost Heaven Area Convention and took a straw poll of those present. The consensus supported cancelling the convention this year. The Convention Committee did choose to cancel the convention about a week later. We are looking forward to 2021 for our next convention.

ILS Don V RCM Pro-Tem

**Appalachian: Absent**

**Beach:** Hello Family,

Hope all are doing well in this difficult time. Our area meet on April 4th/2020. We meet virtually via zoom. We met Quorum with 14 of 20 groups present.

Our H&I subcommittee meet virtually as well. We serve 2 facilities multiple times a week. All H&I in person meetings have been suspended. We are working with the facilities to get virtual meetings up and running. We are working on new policies and do and don'ts for virtual meetings. More will be revealed.....

ENC subcommittee is continuing to plan our New Years Eve party. Which will be a free event. Come and boogie down with us. We will be hosting a couple of fundraisers to support this event.

ILS, Joe B.

**Blue Ridge: ABSENT**

**Gateway: ABSENT**

**New Dominion: No Report Received**

**Outer Limits: Absent**

**Peninsula: No Report Received**

**Piedmont:** A. Groups: Of the 29 weekly meetings in 19 Home Groups that the Area typically has, only one meeting has continued to meet in person.

We have two daily online meetings at 12pm and 7pm and three online homegroup meetings.

B. ASC Attendance: At the Apr 4 ASC Meeting there were 11/19 GSRs in attendance and quorum was met.

C. Open Positions: Area Vice-Chair and Area Representative to the East Coast Convention Host Committee

D. Elected: no elections

- E. Group News: A new meeting, the Palmyra group, was recognized .
  - F. Area News: No other area news
  - G. Subcommittee news:
    - a. H and I- All H&I meetings have been suspended. The Area H&I subcommittee is reaching out to the facilities to see if arranging Zoom H&I meetings would be possible.
    - b. Public relations
      - i. 1. Ips are not currently being stocked in the eleven facilities that we typically serve. However, the PR subcommittee is reaching out to those facilities to make them aware of online IPs as well as our online meetings.
      - 2. The Website is also being updated when needed. It Received 1232 hits in the month of March
      - 3. Our phone line has received 0 calls in the past ten months. Many members tested the new phone line and found that it worked well.
    - c. Special Events
      - 1. The Area Speaker Jam was cancelled due to COVID19.
  - H. Area Concerns:
    - a. Fourth Tradition concerns regarding our meeting that continues to meet were addressed in today's open forum.
  - I. Brief Summary: All is relatively well in the Piedmont
  - J. Next ASC meeting: May 2 nd , 2020
- ILS, David

**Rappahannock: No report received**

**Richmond:** Hello Everyone,

I am getting Julie, Secretary to read the report from the Richmond Area at the Regional Meeting tomorrow. Richmond Area Report As of April 19, 2020

The best of today to each of you. At this time there are no face to face meetings in the Richmond metro area. The www.RVANA.org website is constantly being updated by our Public Relations Subcommittee which also updates our helpline, 804.965-1871 for those searching for open meetings. Out of the 33 groups that closed until further notice, we have 7 homegroups using zoom and 1 using Conference Call that have reopened. Each week more home groups are moving to zoom. Richmond Area meetings using zoom will be updated on NA World Service Committee (WSC) Virtual Meeting list. Our Outreach Subcommittee is contacting all group GSRs to check on the status of their groups as to open or closed, discuss with them as to whether they plan to reopen as a virtual meeting, and encourage them to stay connected with each other and our Area. If COVID-19 restrictions are not lifted in May, we will have our monthly area meeting via Zoom. It will be at that time that we hope to secure a RCM representative to join the next CARNA meeting. Basic training on how to participate in a Zoom meeting is being provided next Saturday, April 28th at 11am. Thank you for your service.

ILS Charles W., Chair of the Richmond Area

**Roanoke Valley**

**Shenandoah Valley:** Available

A001-Phoneline 800 & Answering Services 3,500.00 \$ 3,255.23 \$ - \$ 244.77

A002-Mailbox PO Box 140.00 \$ 312.00 \$ - \$ (172.00)

A003-Website Host & Domain Expenses 150.00 \$ 72.54 \$ - \$ 77.46

A004-Teleconferencing ZOOM Teleconferencing Service - Annual Fee 150.00 \$ 149.90 \$ - \$ 0.10

A005-Service Charges Bank Service Charges 40.00 - \$ - \$ 40.00 \$  
 B001-Conferences RSC Meeting Expenses: rent, food & beverage, AV equipment rental, & office supplies 195.06 600.00 \$ - \$ 404.94 \$  
 B002-Executive Correspondence & report preparation & distribution expenses for RSC Chair and Vice Chair - 100.00 \$ - \$ 100.00 \$  
 B003-RD Team Correspondence & report preparation & distribution expenses for RD Team - 100.00 \$ - \$ 100.00 \$  
 B004-Secretary  
 Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office supplies  
 141.79 150.00 \$ - \$ 8.21 \$  
 B005-Treasurer  
 Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies  
 - 120.00 \$ - \$ 120.00 \$  
 B006-GSR Assembly Expenses associated with refreshments, food & beverage, & office supplies 428.50 1,000.00 \$ - \$ 571.50 \$  
 B007-RD Workshops RSC pre-approved line item expenses associated with holding 4 multi-area workshops \*\*\*\* 736.87 1,200.00 \$ - \$ 463.13 \$  
 B008-Zonal Forum Expenses associated with holding Zonal Forum approximately \*\*\* 600.00 200.00 \$ 147.08 \$ (252.92) \$  
 B009-Zonal Support CARNA's portion of zonal expenses 257.50 - \$ - \$ 257.50 \$  
 C001-WSC/RDA Expenses associated with RDA attendance of bi-yearly WSC with \$55 per diem \* - - \$ - \$ - \$  
 C002-WSC/RDA-2 Expenses associated with RDA-2 attendance of bi-yearly WSC with \$55 per diem \* - - \$ - \$ - \$  
 C003-MARLCNA/RD Expenses associated with RD attendance of yearly MARLCNA 399.78 400.00 \$ - \$ 0.22 \$  
 C004-MARLCNA/RDA Expenses associated with RDA attendance of yearly MARLCNA 770.68 400.00 \$ - \$ (370.68) \$  
 C005-MARLCNA/RDA-2 Expenses associated with RDA-2 attendance of yearly MARLCNA 385.90 400.00 \$ - \$ 14.10 \$  
 C006-AZF/RD Expenses associated with RD attendance of Autonomy Zonal Forum 818.00 760.00 \$ - \$ (58.00) \$  
 C007-AZF/RDA Expenses associated with RDA attendance of Autonomy Zonal Forum 755.85 760.00 \$ 37.06 \$ 41.21 \$  
 C008-AZF/RDA-2 Expenses associated with RDA-2 attendance of Autonomy Zonal Forum 758.00 760.00 \$ 180.17 \$ 182.17 \$  
 C009-RD Service Events  
 Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)  
 996.98 800.00 \$ - \$ (196.98) \$  
 Expense

**Southside: Absent**

**Tidewater:** Hi Family'

Good to see everyone again, not much to report this cycle, however we will be hosting our 1st area via Zoom at 2 pm today, so I will have to attend as well. We are pleased to announce our newest PR Chair Ann V. who was instrumental in helping develop Zoom

conferencing for our Area. I would also like to thank our Regional admin and Delegate Team for Their diligence in seeing the need for ZOOM style conferencing coming for some time now and directly helping the Tidewater Area to get the links to open meetings via Zoom which has now been the catalyst for many of our meetings now providing a weekly online meeting service. I would also like to thank the Delegate Team again for getting the word out in a timely manner of the alternative quadrant 4 Car/Cat workshop and seeing it thru.

ILS Roland C

**Tri-Cities:** Good Afternoon Everyone, I'm Tim B. RCM of the the Tri-Cities Area. Are area continues to carry the message via Zoom meetings? We had a few hick ups with hacking. Are Area Service (ASC) had to be cancelled. We have 10 out of our 16 Home groups are doing Zoom meetings. Unfortunately, this doesn't help the newcomer. Meetings codes are given out by home group members. Codes were given out on our Tri-Cities Facebook page, but that's how they were hacked. Each group has set up waiting rooms before getting in a meeting. We do have a donation of 164.00 dollars. Hope everyone stays safe, hopefully plan on seeing yaw face to face in June. In Loving Service Tim B.

All New Business Motions turned in before lunch:

## **ELECTIONS & NOMINATIONS**

1-Vice treasurer: Open

2-Treasurer: Open

**Policy Chair:** Antoinette B nominated Lisa B Accepted Qualifications: My Qualifications consists of... I have 21 years 36 days of uninterrupted clean time and recovery in this process of recovery, I've served as Rcm alt, RCM, VRCC Alt, VRCC REP, acted as the secretary in my home group, Treasurer of my home group for ten years of service, The areas Vice Chair, The Chair of area. Special events chair, I've always been interested in the policies, I've completed all my positions to the end and beyond. but I'm not familiar with the policy chair position but is willing to learn, the previous policy chair said she's willing to help me and I'm a willing servant, I have a Sponsor who has a Sponsor, and privy to the 12 steps, 12 Traditions, and the 12 Concepts In loving service Lisa B Appalachian. PROS 1 She has experience 2The nominee has extensive experience serving both home group and area commitments thru their end and as such would make a good appointment. Cons: She has no experience. Rebuttal: I have experience using the policy in all my service commitments. Lisa B was acclimated policy chair.

**H&I Chair:** Julie B nominated Joe B Accepted Qualifications: Clean date is Sept. 11th/2006

13 years clean.

Have an NA sponsor who has an NA sponsor.

Work Steps, traditions, and concepts.

Currently H&I chair and RCM and for Beach Area.

Have served multiple positions at area level for multiple areas. Including Chair, Vice Chair, treasurer, vice treasurer, assistant secretary, secretary, H&I chair and RCM.

Have held many H&I commitments for multiple areas.

I have a willingness to serve. ILS, Joe B Pro: I think that Joe B from the Beach would be an excellent H&I Chair for the Central Atlantic Region. He has the qualifications and the H&I experience and strong in his commitments Pro:

Joe B is an Enthusiastic, willing trusted servant experienced enough for any position on our regional team. Cons:

No Cons. Joe B was elected H&I Chair

## **Old Business:**

- 1) **200-1** Mover: Randy D Area: Shevana Second: Sue D Area: Southside Intent: To fulfill my duties as RDA to attend WSC 2020 in April 2020 Motion: requesting \$1399.29 for travel, lodging and per diem for the April 26-May 2nd World service conference 2020. The budget is \$2000.00
- 2) **200-2** Mover: Brian C Area: New Dominion Second: Jennifer O Area: Almost Heaven 2020 Budget as presented in Oct. RSC. 1/7/N passed
- 3) **200-3** Mover: RDA2 Second: AHA Intent: For accountability Motion: To approve tentative expenses for RDA2 as per report.
- 4) motion **201-1** change the day of the regional speaker jam to April 4th in Piedmont area to all – ruled out of order Policy
- 5) Motion: **201-2** to amend policy section 3A to add to the regional secretary duties to maintain an orientation packets Intent: to provide adequate training. 1 pro make a single point of accountability Sherry V 2) Pro Makes it easier for new members Roland C 1) Con: One more thing for the secretary to carry Brian 2) Con more cost for region Mike back to groups.
- 6) motion **201-3** Increase the budget for the secretary to print the RCM Orientation packets. Goes back to groups Motion: 201-4 to increase the policy chair for printing to \$600 and decrease the travel to \$600 Intent: no financial impact. Pro: will be able to have adequate stock of policy manuals David. Goes back to groups.
- 6) 202-4 Motion - To require the Regional Officers to Incorporate the Region as a 501C3 Non Profit  
 Intent - To Better Serve the Addicts that Suffer, while prudently using fellowship funds  
 Able to set up google API services as an entity beyond our trusted servants  
 Obey the law  
 Be able to purchase goods and services tax free  
 GSuite for Nonprofits  
 Office365 for nonprofits  
 Offer more resources to addicts in needs  
 Purchasing and Printing Literature/TV Time/Billboards etc  
 Insurance for the Region  
 Better interface other local non-profits Pro: Have heard how easy the program works and has a tremendous savings. Con: Ad-hoc referred to PR.

### **New Business:**

Mover: The RD Team 2nd: David H Piedmont RCM

**1) Motion 202-1:** To amend Policy Section 3a to add to the Regional Secretary's duties the requirement to maintain a stock of RCM Orientation Packets

**Intent:** To provide an adequate stock of materials necessary for the effective training and mentoring of new Regional Committee Members. **Back to groups**

Mover: The RD Team 2nd: David H Piedmont RCM

**2) Motion 202-2:** To increase the Regional Secretary budget to 200 dollars per year to cover costs associated with printing and maintaining a stock of RCM Orientation packet

**Intent:** To provide the materials necessary to aide in the effective training and mentoring of New Regional Committee Members **Back to groups**

Mover: The RD Team 2nd: David H. Piedmont RCM

**3) Motion 202-3:** To increase the Policy Chair printing budget to \$600 and to decrease their travel budget to \$300.

**Intent:** To reallocate funds to allow for more frequent printing of Guidelines and Rules of Order

Mover Richard S 2<sup>nd</sup> by Joe B **Back to groups**

**Back to groups**

**5) 202-5 Motion** - To change the Phonenumber service from PCMSI to Yap/Twilio

**Intent** - To Better Carry the Message 12th Tradition and use Fellowship Funds more Prudently 11th Concept. Both motions are seconded by Joe B - Beach Area RCM **Back to groups**

**6) 202-6 Mover:** Sherry V. RDA2

Seconded: Almost Heaven Area

To approve travel to the Multi Zonal Service Symposium

Proposed expenditures for		Single	Double
Multi-Zonal Service Symposium			
September 10-14, 2020			
Hotel for 4 nights	\$476.00	86.68	562.68
Airfare	\$390.00		\$378.20
Tolls	\$25.00		\$25.00
Per Diem	4 Days \$50.00	\$200.00	\$200.00
	Budget \$1,000.00	\$1,177.68	\$884.54

Intent: \_\_\_ To attend the Multizonal Service Symposium that meets every two years. It is being held this year in San Antonio TX in Sep 11-13, 2020. It has not been cancelled to date **Passed**

**7)202-7 Mover:** Julie B

To add a Donation button to the CAR-NA.org website using PayPal to be deposited to the Central Atlantic Regional bank account. **Amendment:** Change to temporary until December RSC

change the wording to electronic donation instead of pay pal **Back to group**

**Intent: Tradition 7**

**8)202-8 Mover:** RANDY D. RDA To approve travel to the Multi Zonal Service Symposium

Proposed expenditures for	Single	Double
Multi-Zonal Service Symposium		
September 10-14, 2020		
Hotel for 4 nights	\$476.00	86.68 562.68 \$281.34
Airfare	\$390.00	\$378.20
Tolls	\$25.00	\$25.00
Per Diem 4 Days	\$50.00	\$200.00 \$200.00
Budget	\$1,000.00	\$1,177.68 \$884.54

Intent: \_\_\_ To attend the Multi Zonal Service Symposium that meets every two years. It is being held this year in San Antonio TX in Sep 11-13, 2020. It has not been cancelled to date

Seconded: David H. Piedmont RCM

**9) 202-8 ANTOINETTE B** Motion not received

**Next:** RSC will be held on June 20<sup>th</sup>

Announce location and time of next subcommittee meetings: Zoom Meeting. 10AM

Close with the Serenity Prayer and Announcements.