

Minutes for the 203 Regional Service Conference
Central Atlantic Region
June 20th, 2020 Zoom meeting

Open Forum began at: 11:00 RSC began at: 12:15

Serenity Prayer:

Reading of Purpose, Traditions, and Concepts: Randy D Tim B Antoinette B

Open Forum: Answering service and website needs to be followed up with. When will public relations be offering yap training? When will public relations have workshop trainings? Workshops and training must be in place and public relations chair should get assistance with presentations and get information out through email and fliers to ask for the help needed. Minutes wasn't received because members will have to except the email sent out after joining the group email @ secretary@car-na-org .

Roll Call: We met quorum with 9 voting participants'

Executive Body

Areas

Chair	Etta F	P	Almost Heaven	Don V	p
Vice Chair	Antoinette B	P	Appalachian	Absent	A
Secretary	Julie T	P	Beach	Julie B	P
Treasurer	Brian C	P	Blue Ridge	Absent	A
Regional Delegate	Dee P	P	Gateway	Absent	A
Regional Delegate Alternate	Randy D	A	New Dominion	Kurt D	P
Regional Delegate Alternate 2	Sherry V	P	Outer Limits	Absent	A
VRCC Chair/Vice Chair	Michelle	P	Peninsula	Absent	A
Hospitals and Institutions Chair	Joe B	A	Piedmont	David H	P
Policy Chair	Lisa	P	Rappahannock	Jarren F	P
Public Relations Chair	Richard S	P	Richmond	Angel	p
Speaker Jam Chair	Vacant		Roanoke Valley	Absent	A
			Shenandoah Valley	David T	P
			Southside	Helen	P
			Tidewater	Absent	A
			Tri-Cities	Tim B	P

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven)

Recognition of new attendees / identify members willing to mentor that they could sit next to. One new member.

Approval of Prior Minutes: 202 minutes was approved with amendments.

Trusted Servants Report

Chair Report: Hello Family, in order to best serve the safety of our region and not impulsively jeopardize the health and wellbeing of our trusted servants we are once again meeting via zoom today.

Although I miss the hugs and smiles, the groans, and moans of us meeting face to face, There are just too many of us meeting in close proximity in a hospital with many of us being a high risk population to begin with. There will be continued monitoring and we will re look at this meeting by meeting. Although meeting by zoom is challenging, and we are learning our own "best practices" at least we have an alternative for communication..

We must all work together in unity to continue to best serve this region and over come those hindrances that we are not seemingly solving. All input is welcomed and never forget you have a voice and it will be heard here.

We continue to have ideas and make changes. Some work and some seemingly don't. The great thing is that we continue to try to have better communication and move the business at hand through the proper channels.

I have nothing to report to day.

IN Loving Service,

Etta F

Vice Chair Report: Good Afternoon,

The Subcommittee met on May 16th 2020. Policy Chair was present and it was discussed that moving forward Policy Chair will set-up screen sharing which will allow all changes to be seen in progress. The Policy Chair will be supported with assistance in getting this prepared before the next subcommittee meeting. The H&I Chair was present new in his position willing and open to ideas and suggestions to improve upon H&I. PR Chair was present I had to leave early due to a commitment in service. The Vice- Chair has not fully dealt with the disposal of property but it will be the first priority in the upcoming subcommittee in July.

In Loving Service, Antoinette B

Secretary: At our last RSC zoom meeting we incorporated the email address and this has made it easier for the minutes to get out to everyone who wants them. I am also asking that the motions be sent to secretary@car-na.org to better serve

Treasurer Report: Good afternoon.

Since the last RSC we had 2333.78 in income and \$428.23 in expenses. Our current bank balance is \$17128.54; this puts us over prudent reserve by \$922.29, which will be donated to world.

Only item of note is that the \$1500 check Peninsula donated last RSC was returned by the bank, apparently to Piedmont (I never got a copy of the returned check.) If the Piedmont RCM could help me get this sorted, it would be appreciated.

RD Report: June 2020

As Randy reported, we attended the virtual world service conference and I will be the resources become available. We will consider each project plan presented for the 2020-2022 cycle on a project by project basis as required by current conference policy with this qualification. We will also provide priorities for the plans for new and revising existing Recovery IPs, IDTs, and the Local Service Toolbox plan.

91% yes 8% no Abs 2%

116 yes 10 no 2 abs 2 PNV

Motion V4: To approve the Spiritual Principle a Day project for inclusion in the 2020-2022 Narcotics Anonymous World Services, Inc. budget.

reporting on the motions/votes taken from Wednesday, Saturday and Sunday.

Epolls were sent out and we had 24 hours to respond to them and then the results were reported Motion V3: As WSC 2020 participants, we acknowledge our understanding and acceptance that all 2020-2022 project plans were created and offered before the current world crisis and public health-imposed quarantine and will only be worked on when and if

90 % yes 9 % no 2% abs

115 yes 11 no 2 abs 2 PNV

Motion V5: To approve the New Recovery Information Pamphlets project plan.

66 % yes 32 % no 2 % abs
85 yes 41 no 2 abs 2 PNV

Motion V6: To approve the Revising Existing Recovery Information Pamphlets project plan.

72 % yes 25 % no 3 % abs
92 yes 32 no 4 abs 2 PNV

Motion V7: To approve the Issue Discussion Topics (IDTs) project plan.

83 % yes 13 % no 4 % abs
104 Yes 17 no 5 abs 4 PNV

Motion V8: To approve the Local Service Toolbox project plan.

85 % yes 13 % no 2 % abs
108 yes 17 no 2 abs 3 PNV

Motion V9: To approve the Role of Zones project plan.

78 % yes 18 % no 4 % abs
99 yes 23 no 5 abs 3 PNV

Motion V10: To approve the Fellowship Intellectual Property Trust (FIPT) revision project plan.

84 % yes 13 % no 2 % abs
108 yes 17 no 3 abs 2 PNV

Straw polls were taken on a number of issues such as:

- *Do you support a delegate being able to give their speaking right to their AD in a queue? Passed
 - *Are you in favor of passing the emergency budget? Strong support
 - *To accept DRT/MAT as it relates to NA-what do we want to say in a piece of NA literature? Strong support
 - *To accept tow topics as our beginning focus for the Local Service Toolbox project-online meetings best practices and carrying the NA message effectively and virtually. Passed
 - *To agree to conducting the project prioritization later in the upcoming conference cycle. Passed
 - *Do you want to come back together virtually as a WSC in this conference cycle? strong support
- Amendment: Do you support to come back together virtually as a WSC 2020 in this cycle with items for decision to be determined by CPs through eballot. Strong support

We will be meeting again virtually sometime in August 2020. I will keep you posted on the outcome of that meeting at the next regional meeting. ILS, Dee P.

RDA Report: I Randy D. regret that I must work this weekend. I would love to be with you all and share my experience at my 2nd World Service Conference and 1st Virtual World Service Conference. My report can be lengthy, but I am cutting it down tremendously to give the facts. Your Delegate Team will put together a package for everyone.

World Service Conference Virtual 2020 began on Friday April 24, 2020 with 2 sessions from 2pm-4pm, a break from 4pm -5pm and 5pm -7pm. Attendance was 6 Zonal Delegates, 118 Regional Delegates and 11 world Board members. We were instructed to name ourselves properly. The conference started out with Junior of the World Board saying the Serenity Prayer in Portuguese followed by other readings. Each session also began with a video. Next, we were presented with the agenda and how participation and voting on zoom would work. Newly seated

Regions from the Netherlands, Ukraine and Mexico Occidente introduced themselves followed by newly seated zones from Latin American Zone, EDM, Brazilian zone, Russian speaking zone and Afri-Can zone. The first polling question was: Does everyone understand the procedure we are going to use for polling? All the polling and straw poll options were yes, no, abstain; present not voting (pnv). Results: 126 yes - 3 no - 3 abstentions - 0 present not voting Consensus Support. We voted yes. This vote was followed by Q & A on the processes for the conference. A question was asked if RD wanted their AD to speak to a proposal, how do I get her acknowledged? After some discussion it was decided that the co-facilitators would discuss it during the break.

Day 1 session 2 260 participants at 5:25 pm

After the first break a proposal came from the co-facilitators: Do you support a delegate being able to give their speaking right to their AD in a queue? Decision: 118 yes - 8 no - 3 abstentions - 3 present not voting 91% Passes with Consensus Support. We voted yes. This was followed by more Q&A of the processes. After Q&A we voted on Motion V1

Motion V1: Because current government law, public health orders, and other crisis-related effects preclude conducting the World Service Conference in person, we resolve that all 2020 World Service Conference participants may participate and vote remotely in the same manner as the current policy for participants who are unable to obtain visas: "Participants who are unable to attend the WSC due to visa issues may participate remotely. Remote participants have the same rights as if they were at the WSC" 2018 GWSNA Maker: World Board Intent: To allow WSC 2020 to make decisions on issues that participants have selected to proceed with virtually in April 2020. These issues include an emergency budget and project plans, elections, and the FIPT moratorium end date. The final Decision was: 130 yes – 1 no – 2 abstentions – 0 present not voting 98% Carried by Consensus. We voted yes

Day 2 session 1 Saturday 25, 2020 270 participants at 3:28 pm

The day started with the Poland RD reading the serenity prayer in polish followed by other readings in English. The agenda for today will be NAWS report, including an overview for the project plans and giving you a status of the work of World Service today. The NAWS report was presented by Anthony (Executive Director). Some of the highlights are:

Fellowship's response to the pandemic has been positive but somewhat overwhelming. We are in an extremely unpredictable and fast-changing environment right now. We still need to let you know what is happening this cycle as we see what is coming up. We will do our best to do that. March 18th, we laid-off our newest employees and reduced our business hours. On April 3rd we had to furlough 22 employees in Chatsworth and kept on 19 employees. Most of these employees have had their hours reduced to 20 hours a week. We are taking all steps to ensure our viability. Protecting the F IPT: This is our responsibility and we take it very seriously. The expenses that come with this are ongoing, and we have to make sure funds are available to handle this. The copyright renewals, etc., and legal challenges that come up are ongoing. The court date for the action in the US is pushed back to July. Total contributions through the new portal have been already over \$65000. We have added a link to that on the contributions page. There has been a strong upturn in contributions right now. Sustainability of NAWS moving from Lit sales has long been a concern. This pandemic has made it much worse. World Convention in Orlando turned out to be a financial windfall for us due to great partnerships and great turn-out. So why the financial downturn? Record high in what we gave out in free and/or subsidized lit.

After Anthony's presentation it was opened for Q&A

There was a question on SBA loans the response was: The FIPT authorizes NAWS Inc. to get loans and to use property of NAWS as collateral if necessary. So many good questions.

Day 3 Session 1 Sunday 26, 2020

The day started with the Quebec RD reading the serenity prayer in French followed by other readings in English. Agenda for today: Emergency budget draft for 2021-22, Project plans from the CAT, and the CAR survey results. Emergency Budget for 2020-2021. The Emergency Budget is based upon the original annualized totals that were provided to you previously in the CAT for fiscal years 2021 and 2022. It begins 1 July 2020 and concludes 30 June 2022. We made no adjustments to the budget for WCNA 38, and no decisions have been made to affect this event. Motion V2: To adopt an emergency financial frame to serve as the World Service Conference approved budget for Narcotics Anonymous World Service, Inc. for the fiscal years 2021 and 2022. We acknowledge that this frame will be adjusted by the World Board during the cycle because of current and changing conditions. All adjustments made will be reported to conference participants.

Intent: To fulfill the responsibilities required of NA World Services, Inc as the trustee called out in Article IV, Section 12 of the FIPT and current policies in GWSNA while at the same time acknowledging the uncertain and changing circumstances of the world. All other reporting requirements remain the same.

Motion V3: As WSC 2020 participants, we acknowledge our understanding and acceptance that all 2020-2022 project plans were created and offered before the current world crisis and public health-imposed quarantine and will only be worked on when and if the resources become available. We will consider each project plan presented for the 2020-2022 cycle on a project by project basis as required by current conference policy with this qualification. We will also provide priorities for the plans for new and revising existing Recovery IPs, IDTs, and the Local Service Toolbox plan.

Intent: To continue to fulfill the responsibilities required of the conference for the initiation of projects. All the budget information, Project plans, CAR survey results, and the power points for all of the session can be found on na.org under the world service conference tab. The rest of the session was discussion on the budget and project plans.

Day 3 Session 2 270 participants at 2:25 pm

The session started with a straw poll:

"Are you in favor of passing an emergency budget?"

Yes 85, 37 no, 5 abstain 4 PNV Strong support 127 total votes 67% yes votes. We voted yes on this.

This poll was followed by more discussion and amendments to the emergency budget. There were 23 amendments that came out of this session. It was planned to do some voting on some amendments but given the need for translation and further reading/study, these amendments were e-pollled after the session, using the polling software for the conference. We voted no on all of the amendments. Motions V3 –V10 and 4 straw polls were also sent out on e-poll. There was another straw poll taken on V2 as it is. 79 yes, 47 no, 5 abstain 2 no we voted yes again. The session ended with a straw poll on V3. Results 112 yes, 17 no, 4 abs, 1 pnv

In closing Tana had likened this to the now-well-worn metaphor in NAWS that we are paving the road as we drive on it here.

PowerPoints', straw polls, and other decisions may be found under na.org/virtual Materials. Days 4, 5 and 6 Dee P RD will report on. A Tally sheet is attached to my report.

Autonomy Zonal Teleconference met on May 18, 2020 and Sherry V RDA will report on this event.

Reimbursement of funds to Treasurer for WSC 2020 was mailed to Brian C in the amount of \$994.88. Brian C acknowledged receipt of the funds. Plane ticket can not be reimbursed because I purchased a nonrefundable plane ticket. In working with the airline (Alaska) they gave me a full credit. If I book a flight before July 5, 2021 to WSC 2022 it will be good for 330 days to board the plane. I have that in writing. It is up to the Region to make this decision. Ok

Multi Zonal Service Symposium has been postponed till 2021. I will not need the Itinerary request for this trip however I would like to ask that the funds be earmarked for the 2021 calendar year for attendance.

Grateful to serve and learn,

Randy D. RDA Central Atlantic Region

RDA 2 Report: Hi Everyone

Hope everyone is staying safe and healthy. As you probably have been informed by now we have divided up the information to present. With Dee and Randy reporting on the 1st virtual World Service Conference (WSC) and I will be reporting on the autonomy zonal forum (AZF) meeting and our first endeavors with creating a futuristic budget and Duties and Responsibilities for a perspective treasurer.

If you did not get the packet, please let me know and I will send it to you.

Little History-Autonomy Zonal Forum (AZF) was formed in 1992. In April of 2020, this service body has been in existence 28 years. Our region has financially supported the attendance and it has been a part of policy for the delegate team to attend. It served as a forum for Regional delegates (RD) Regional Delegate Alts (RDA) and Regional Delegate Alt 2's (RDA2). During this period, the AZF met 2x/yr./1 day the last Saturday of January and

July. Reports were given from each region and best practices shared and various challenges discussed. During this time more zonal forums emerged in our fellowship and were becoming a vital service within our fellowship in carrying our message and doing training and mentoring throughout their respective regions and countries. In 2013 the attending delegates came to consensus to be more than an informational Zone and started by doing a planning session. With the motions that were passed in 2018 at the WSC outlined in the packet the AZF started moving slowly forward now having a 2-day face to face with one being a learning day and second business for the past year and ½. This past January we felt we needed to establish some financial planning including a futuristic budget

A financial and budget task group was form with the first meeting on February 4, 2020 and met every 2-3 weeks. During the May 18, 2020 virtual meeting the following items were discussed

Thoughts on the pros and cons of the first virtual WSC

Encouraged to give feedback to NAWS and your delegate team did this.

Watch a video we created around the AZF that was shown as one of the first videos played at the WSC virtual meeting

Discussed PR week Free state and C&P collaborated again this year for a PR event. I heard a report from it when I attended the NEZF PR committee and it sounded fantastic. Greater Philadelphia also did a PR event for PR week. I also attended the SEZF PR event and a PR event in Canada.

We discussed the documents from the Financial Budget task group and bounced around many ideas but wanted to have our regions review and give input before making any decisions. We also can only do so much with having limited finances. There is a 3rd document of recommendations from the task group that I will include in my report.

The facilitator and our zonal rep from EPARNA were going to be on the Global Zone webinar but that changed and the ad from Freestate (since he had not attended one) was on instead. Have not seen a report

Briefly discussed groups meeting f2f against what was mandated by state or county.

We have cancelled the 2-day f2f in July and will meeting on Sunday to do business virtually.

More details can be read in the minutes once they are posted on autonomyzonalforum.org

I have returned the money given to me for the WSC. I along with Randy cannot get monetary refund for our airline tickets as I reported last regional. Only on new flights. The time frame does work for the next conference. The MZSS has been postponed until next late summer/early fall. Would like to discuss earmarking this year's funds for next year since only budgeted for 1 workshop/year and Florida Service Symposium is schedule for spring.

ILS Sherry V RDA2

VRCC Report: Hello Family,

The Vrcc met virtually in May. We had 9 directors in attendance. The directors voted to postpone the 2021 AVCNA to 2022. Due to the current state of the nation we could've taken a huge financial risk, we wanted to ensure the safety of our members, and the directors found that postponement was the most prudent thing to do. The host committee for the 39th will be sending a letter to all members currently registered giving options to hold the registration until 2022 or get a refund.

We have 2 positions in the executive team open, vice treasurer and webmaster.

Thank you for allowing me to serve, Michelle M

H&I Chair Report: No Report

Policy Chair: I am Lisa addict. since last RSC meeting, I attend the last sub committee meeting where there where no motions made, no recommendations at this time the expenses occurred there at the present time is none

further plans is to meet with the previous policy chair and Julie to help me better serve as policy chair. There were no approved policy changes as of this moment. We tried to do a meeting, but my computer was acting up we was unable to meet after that but it's in the making.

Public Relations Report: PR Minutes

We discussed possible guidelines for reopening, and not much was available during our meeting but recently these guidelines are circulating.

CHECKLIST FOR REOPENING MEETINGS

It is suggested that groups have a detailed plan for reopening in-person meetings. As NA groups, we need to keep our Traditions in mind (paraphrased here):

4th Tradition – Groups are autonomous, except when our actions may affect other groups or NA as a whole.

10th Tradition – We have no opinion on outside issues, and so should avoid being drawn into public controversy.

12th Tradition – We should practice spiritual principles in all our affairs, including selflessness, responsibility, trustworthiness and compassion.

Below are items groups should take into consideration when planning to reopen, and suggestions for addressing them:

- Have we visited the websites to CDC and state local guidelines to be sure we are in compliance with them?
- Have we spoken to the facility; do we have permission to meet where we rent? Does the facility have any specific requirements that must be adhered to when using the facilities going forward?
- Do we have plans for sanitizing before and after the meeting?
 - Clean all tables and chairs before members arrive; and after members leave.
 - Have spray cleaner and paper towels available for those who want to clean their own areas.
 - Make sure that restrooms (if open) have soap for washing hands.
- Have we thought about ways to encourage personal safety?
 - Wear your masks/face coverings to meetings.
 - Consider not serving coffee, and suggest that members bring their own drinks.
 - Have hand sanitizer available if possible.
- Do we have a socially distant seating plan?
 - Move chairs to allow for space between members.
 - Consider designating a separate area for members with compromised immune systems , could use “reserved” signs on seats; make sure the designated space is away from high-traffic areas.
- Are we prepared to take every precaution we can during the meeting?
 - Readings: Download readings/books/IPs to avoid passing literature around the meeting.
 - Contributions: Put the basket in a stationary place; or consider using a money app for donations. - Have gloves and sanitizer available for anyone signing papers.
 - Spray keytags with disinfectant prior to the meeting; wear gloves when handing them out.
 - Create electronic versions of phone lists, or exchange phone numbers via text.
 - Refer attendees to websites or apps for meeting schedules instead of using paper lists.
 - Circle up without touching, and maintain physical distance.
- Have we thought about ways to accommodate those not yet able to meet in person due to health or other concerns? (Example: hybrid-virtual/physical meeting)
- Have we come up with a plan on how to handle situations where we may have an overflow in attendance?
 - Is there a completely separate space we have permission to use? (A large group, divided within a single room or space, is still a large group)
- Have we carefully considered how reopening our meeting will affect our public image?
 - Communicate with members and the public (as needed) about the precautions the group is taking to protect the safety of meeting attendees and the public as a whole.
 - Add an announcement in the meeting format to clearly state and reiterate the precautions being taken to protect members.

The following is an EXAMPLE of information that can be posted on the meeting door –

WELCOME TO THE _____ GROUP OF NARCOTICS ANONYMOUS

To protect the safety of our members:

- Please do not move the chairs
- We normally hug – Please be mindful that due to the COVID-19 situation not everyone will be comfortable with hugs. Please ask permission before giving a hug!
- If you feel sick, or have had a fever in the past 14 days, please refrain from attending the meeting in person. Virtual meetings are still available at (insert virtual meeting information here)

These are excellent guidelines for a home group to consider.

Public Relations Training – At first it seemed like the training was to focus on just public speaking aspects of Public Relations, but it seems that the focus has shifted to “All Areas” of public relations. I would continue to suggest we engage areas on Phonline Volunteer training so our messaging is consistent with the phonline. But I am open to all other suggestions.

Website traffic in general and phonline traffic all have been suppressed during this period, as meetings were shifted online. Phone traffic has started to pick back up a little. I don’t have accurate recent statistics to share though.

YAP Testing Results

The Yap maps the incoming caller location, and we have a good coverage of the region.

All calls were answered by the auto attendant with no problems. Some volunteer calls were not answered by the volunteers, but they did get the SMS message with the incoming number from Narcotics Anonymous as the caller. We need to figure out Training and start training the volunteers if we vote to move forward.

Public Relations also talked about the incorporation discussion, and we are continuing to work on the cost benefit analysis. Hopefully we will have something concrete to share next regional.

VSIAS event has been shifted to October as a Virtual Only conference. Will keep everyone posted as more information becomes available.

We meet again July 18th, and invite anyone interested in PR to attend at 1pm.

ILS,

Richard S.

Speaker Jam Report: No Report

Area Reports

Almost Heaven: Hello Family,

Our ASC meets the first Saturday of the month except July and August and then it is on the second Saturday.

Our last two virtual ASC meetings were well attended, and business was conducted. We used the E-polling feature of Zoom to collect votes on all regional motions back from the Home Groups. It allows all participants to vote at the same time.

Due to the COVID-19 pandemic, we were forced to cancel the Almost Heaven Convention this year.

A previously scheduled H&I Orientation meeting was postponed until the state lowers meeting restrictions.

LSU activity:

H&I—All of our H&I commitments have been suspended by the facilities. However, Mountaineer Recovery Center has requested our return and we will be restarting attendance on June 22nd.

Public Relations—In honor of Public Relations Week, we have been able to create a virtual meeting list for the Almost Heaven Area. It has been sent out to all known recovery related organizations in our area. Also, we have updated BMLT. We are attempting to coordinate our support of events with LGBTQAI+ Pride Month and Day of Hope in Hagerstown. Our PR Task Group met in a virtual meeting on June 15th. The following positions are open in our area:

Vice Chair

RCM—Open but being filled pro-tem as necessary

RCM Alt

VRCC Rep

Policy Chair—Open but being filled pro-tem

Literature Chair—Open but being filled pro-tem

We are prepared to donate a total of \$123.12 to the region when the proper method of doing so is approved by our Area and CARNA.ILS Don V RCM Pro-Tem

Appalachian: ABSENT

Beach: Hello all,

The Beach Area met the first Saturday of June. Our current chair has resigned, but will be willing to pro temp for July. The ENC has already resigned, and the vice chair has been absent two months in a row.

We will be having an emergency meeting for the month of July to fill positions. Next area falls on July 4th. We will reach out to the church to see if we can use the church the following Saturday, the 11th. GSRs will also be contacted to figure out what is going on with Area involvement.

Thank you for letting me serve, Julie B (temping for Job B)

Blue Ridge: Absent

Gateway: Absent

New Dominion: Hello family,

At our last area service, I was elected to be our new RCM. Michael has told me that he will still help me if I have any questions. We have an area donation for regions in the amount of \$2076.39. If someone could please inform me of the mailing address to send the check to, I can get it sent. We are waiting to get one more signature on it as per our policy. We still have a few open positions including policy chair, outreach chair, and now an alternate RCM. There is a total of 60 homegroups in the new dominion area. Due to covid 19 restrictions during the month of May we met for area via zoom. Unfortunately, we only had 6 voting members and did not meet quorum as such we were not able to conduct business. At June's area service we had 10 voting members and were finally able to conduct business as well as meet in person for the first time in months due to the lifting of some restrictions. All H&I commitments have stopped for the time being due to all of the facilities still not allowing meetings to go in. special events reports that all upcoming events are postponed until further notice. They are still working with other areas to try to put on a regional speaker jam in September. Special events will be meeting soon to discuss venue options for future events to coincide and respect the covid 19 guidelines. The VRCC has postponed the convention for another year. As I am still somewhat new to this position, I would appreciate any feedback on anything that I missed that should be in my report. Thank you.

in loving service Kurt D.

Outer Limit: Absent

Peninsula: Absent

Piedmont: Piedmont Area RCM report

A. Groups: Of the 29 weekly meetings in 19 Home Groups that the Area typically has, four are now meeting meet in person. We have two daily online meetings at 12pm and 7pm and, additionally, three online homegroup meetings.

B. ASC Attendance: At the April ASC Meeting there were 12/19 GSRs in attendance and quorum was met.

C. Open Positions: Area Vice-Chair

D. Elected: Dana R was elected Alternate Secretary

E. Group News: No group news.

F. Area News: No other area news

G. Subcommittee news:

a. H and I- All H&I meetings have been suspended, though the Boxwood Treatment Center will allow us to resume bringing in meetings in July. The Area H&I subcommittee is reaching out to the other facilities to see if arranging Zoom H&I meetings would be possible.

b. Public relations

i. 1. Ips are not currently being stocked in the eleven facilities that we typically serve. However, the PR subcommittee is reaching out to those facilities to make them aware of online IPs as well as our online meetings.

2. The Website is also being updated when needed. It Received 1783 hits in the month of March

3. Our phone line has received 0 calls in the past year. Many members tested the new phone line and found that it worked well.

c. Special Events

1. No Special events are currently planned.

H. Area Concerns: none

I. Brief Summary: All is relatively well in the Piedmont

J. Next ASC meeting: July 11th, 2020

ILS, David H.

Rappahannock:

Our area is working its way to getting back to regular meetings with still following CDC Guideline and Social Distancing this morning our area hosted a Roundtable Discussion to talk about what we are going to do.

We Have 8 Homegroups Meeting via Zoom

13 total zoom meetings a week

2 Homegroups are meeting in person

All are listed on the area's home page at:

www.rappahannockareaofna.com/

H&I: one facility is reopening its doors to bring in meetings

RACNA 3 has been postponed until September of 2021

in loving service, Jaren F.

H&I: No Report

Richmond: No report sent

Roanoke Valley: Absent

Shenandoah Valley: Shevana currently has 20 groups with 26 meetings weekly

11 Groups present @ May ASC, 9 groups present @ at June ASC

Open Positions- VRCC Alt. Director / Parliamentarian

Trusted Servants Elected - Stephen P was elected as our Treasurer

Group News - None

Area News - AVCNA has been postponed this year, until 2022, Shevana Area still set to host it

Sub-Committee News - None

Area Concerns - None

Area Special Events - Nothing right now

Brief Summary - Shevana continues to meet via Zoom for ASC and most 12 Step meetings. Several groups have begun to meet in person again, Save Uranus group, Welcome Home in Recovery group, and Out of the Cage group. Save Uranus and Welcome Home in Recovery are both still utilizing Zoom as well for members who still want to join their meeting.

Next ASC will be held on July 13, 2020 at 630pm.

H&I meetings are still on hold from the local facilities that they serve. ILS,

David T, RCM

Southside: Good Afternoon All,

Our last ASC was on June 7th.

Out of 18 home groups 4 participated in last area service.

We have added a 7th tradition donation button to our local area website, it is a Paypal account which automatically forwards all donations to the Southside Area Bank Account. Donations are used to pay for our phone line, literature, meeting lists, H&I and PR efforts. Any funds above our prudent reserve are passed on through our service structure, we have no donation to region at this time.

We are all working to become acclimated to the new zoom procedure and are hopeful to resuming traditional ASC meetings as we have several meetings that have reopened, and our H&I chair has been notified that we are approved to resume carrying the message in to the Ladies Jail, we are starting back this coming Tuesday, no word on our hospital commitment as of date, Our the next ASC is schedule for July 5th

ILS Helen M.

Tidewater: Absent

Tri-Cities: Go afternoon everyone, the Tri-Cities Area doing good. Are ASC met the first Sunday of the month. We established quorum. Terence C. was elected as our PR chair. We still have openings in Policy, Special Events, and Literature Chair. H&I still not able to go out. Meetings continue to meet on Zoom. A couple groups have decided to meet in a local park following the CDC Guidelines. Meeting can resume at one of the churches that we meet at. Depending on the home group to meet. One group has gone back to in person meeting.

In Loving Service Tim B.

All New Business Motions turned in before lunch:

ELECTIONS & NOMINATIONS

1-Vice treasurer: Open (open since 173rd) no nominees at 203.

2-Treasurer:

3-Speaker Jam :

Old Business:

Motion 202-1 To amend Policy Section 3a to add to the Regional Secretary's duties the requirement to maintain a stock of RCM Orientation Packets

Intent: To provide an adequate stock of materials necessary for the effective training and mentoring of new Regional Committee Members. Passed 7 for 0 opposed 1 abstained

Motion 202-2 To add a Donation button to the CAR-NA.org website using PayPal to be deposited to the Central Atlantic Regional bank account.

Intent: 7th Motion - To change the Phonenumber service from PCMSI to Yap/Twilio

Intent - To Better Carry the Message 12th Tradition and use Fellowship Funds more Prudently 11th Concept. Both motions are seconded by Joe B - Beach Area RCM Back to groups_

Tradition Amendment: Change to temporary until December RSC

change the wording to electronic donation instead of PayPal. Passed 7 for 0 opposed 1 abstained

Motion 202-3 Motion 202-3: To increase the Regional Secretary budget to 200 dollars per year to cover costs associated with printing and maintaining a stock of RCM Orientation packet

Intent: To provide the materials necessary to aide in the effective training and mentoring of New Regional Committee Members Passed 7 for 0 opposed 1 abstained

Mover: The RD Team 2nd: David H. Piedmont RCM

Motion 202-5 Motion - To change the Phonenumber service from PCMSI to Yap/Twilio

Intent - To Better Carry the Message 12th Tradition and use Fellowship Funds more Prudently 11th
Concept. Both motions are seconded by Joe B - Beach Area RCM Back to groups 4 for 1 opposed 3 abstained

New Business:

Motion: 203-1 Mover: Delegate Team Seconded: Almost Heaven Area

To allow the delegate team to travel to two events in 2021 instead of 1 this is separate from marlcna

Intent: Since the delegate team was approved to travel to the Multizonal Service Symposium (MZSS) scheduled for September 2020 and it was postponed until 2021 and the Florida Service Symposium is in 2021 That the delegate team be allowed to attend both or comparable events.

Next RSC will be held on: August 15th 2020

Announce location and time of next subcommittee meetings: Updates on CARNA.ORG

Close with the Serenity Prayer