

Minutes for the 205 Regional Service Conference
Central Atlantic Region
October 17, 2020 Zoom meeting

Open Forum began at: 10:00

RSC began at: 11:15

Serenity Prayer:

Reading of Purpose, Traditions, and Concepts:

Open Forum: We discussed the difficulties of the secretary.com link not working for some people. The pay pal link was hacked, and payments was being sent someplace else.

Roll Call: We met quorum

| Executive Body | Areas | | | | |
|----------------------------------|--------------|---|-------------------|-------------|---|
| Chair | Etta F | A | Almost Heaven | Monica | p |
| Vice Chair | Antoinette B | P | Appalachian | Absent | A |
| Secretary | Julie T | P | Beach | Joe B | P |
| Treasurer | Brian C | P | Blue Ridge | George S | P |
| Regional Delegate | Dee P | P | Gateway | Absent | A |
| Regional Delegate Alternate | Randy D | P | New Dominion | Butch N ALT | P |
| Regional Delegate Alternate 2 | Sherry V | P | Outer Limits | Absent | A |
| VRCC Chair/Vice Chair | Michelle | P | Peninsula | Absent | A |
| Hospitals and Institutions Chair | Joe B | P | Piedmont | Chris P | P |
| Policy Chair | Lisa B | P | Rappahannock | Jarren F | A |
| Public Relations Chair | Richard S | A | Richmond | Angel B | p |
| Speaker Jam Chair | VACANT | | Roanoke Valley | Absent | A |
| | | | Shenandoah Valley | David T | P |
| | | | Southside | Helen M | P |
| | | | Tidewater | Roland C | P |
| | | | Tri-Cities | Tim B | P |

Note: Any area that missed two consecutive RSC will be referred to the Outreach Subcommittee (Project Driven)

Recognition of new attendees / identify members willing to mentor that they could sit next to. One new member.

Approval of Prior Minutes: 204 minutes was approved with amendment

Trusted Servants Report

Chair Report: Hello Family,

I will not be able to attend today's meeting as I have a prior engagement. Antoinette B the vice chair will chair. Please be patient with her as it is first time but I know she will do a great job. Yesterday's presentations were very informative and I am excited about the great participation. I hope that you will go back and share what we have gone over with others. I don't have much to report on but I have asked Antoinette to revisit the regional property disposal method and what property and where it all is. I had made a list about a year ago, but I did not physically have my hands on any of it. Please discuss how we are going to compile the powerpoint information from yesterday and make it available to those who want the information.

Have a great day today everyone and never forget why we serve. Etta J RSC Chair

Vice Chair Report: No Report

Secretary Report: Hello I continue to do my very best with preparing the regional minutes. The minutes will be sent out 10 days after the regional service conference meeting which is the third Saturday of every other month. If anyone would like to receive the regional minutes please sign up at secretary@carna.com and please check spam for receipt. Also I will be sending regional minutes to the regional executive body and areas RCM's email address. If anyone needs minutes please email me at jtoone477@gmail.com or call 804-475-6398 ILS Julie T

Treasurer Report: Good Morning.

We started this reporting period with 17,111.23 in the bank. There were \$1,172.52 in expenses, resulting in a current balance in the bank of \$15,938.71.

While no income was recorded during the reporting period, in the past week I've processed \$1831.71 in income that will be deposited in our bank account this upcoming week.

Some good news and some bad news about our PayPal account. The good news is that, after \$16.87 in fees, we received \$523.36 in income via PayPal; the bad news is that for a short period of time the PayPal link on our website was hacked and was trying to divert funds to another account (supposedly in Vatican City.) Julie and I corrected the issue with the link as soon as it was reported, but I am not sure how many people tried to make donations during the period that the button was pointed at the wrong PayPal account.

The usual Treasurers Report and Budgeted vs. Actual reports will be attached to the minutes.

Thanks for the opportunity to be of service. Brian Campbell CARNA Treasurer 804.513.7484

RD Report: First, I want to thank everyone for showing up to support the October 2 day event.

The RD team has been busy the past month with getting ready for the October 2 day. Thank you Sherry and Randy for all your hard work. We have been meeting weekly to discuss and get the presentation ready. Sherry did a lot of work on that presentation and it turned out beautiful.

Yesterday at 2 pm, I participated in the Conference Participant webinar. There was a lot of information presented. The Court in California found in favor of NAWS in the case of the Anonymous Group vs NAWS. They upheld the FIPT. NAWS used the same lawyer that originally helped them write the FIPT. To date, the law suit has cost \$218,000. The law suit that was filed in Russia was settled and found that NA and NAWS are NOT subversive groups and can continue to operate in Russia.

Jack H., a world board member, reported on the PPP (Payroll Protection Program). The purpose of this low interest short term loan was to help keep the economy stable. As of this time, NAWS has received two loans - one in the amount of \$150,000 and one for \$676,000. They did NOT accept a grant for \$10,000 because they considered accepting that grant violated our policy of not accepting outside contributions. There is a question about whether to accept a tax break on the \$676,000 and if accepting that tax break would violate the policy of not accepting outside contributions. They did point out that tax breaks are an important part of business. Also, the pandemic has shown that NAWS cannot continue to depend on literature sales for the support of the world services office.

One question that was asked during the CP webinar was do you support moving the WCNA 38 to some date in 2022 if possible. They have been in discussion with the government and the facility to house the convention and that is the best possible option. We voted yes to the question.

I would like to remind everyone that nominations for the position of Regional Delegate are due in December. My position term is up at the December regional and I would like to take the time now to thank you all for the opportunity to serve this region. It has been a pleasure to serve my new region. I continue to look forward to learning more about this region in the future. It was difficult to come into a new region and not know the particulars and history of it all. You all have been most gracious with my learning curve. Thank you for allowing me to serve ILS Dee P.

RDA Report:

Hi RSC family, I am grateful to be attending this RSC.

Autonomy Zonal Forum Teleconference met on September 21, 2020 with all the Regions were in attendance. Topics discussed were proposed budget, nominations, collaborating with other Zones, our participation with the North East Zonal Forum on October 24, 2020. The interim budget was approved. The treasurer's position was approved. The secretary, Facilitator and treasurer positions are open for nomination process. The delegate team sent out a package for the nomination process on 10-16-2020 at 3pm. Also, this process can be found on the Autonomy Zonal forum website. autonomyzonalforum.org.

Regional Planning Team has met ongoingly working together to **do another** presentation at the October 2Day for 2020. An update was given on Saturday October 17, 2020 with much discussion about the Planning Team moving forward. Actions plans were defined. We asked for the Regions input to help move forward on some action plans.

Conference Participant Webinars for the 2020 – 2022 conference cycle began Saturday October 17, 2020 at 2pm until 3:30pm EST with the 2 nd CP webinar set for December 12, 2020 11:00 am – 12:30 pm Pct. This webinar covered updates on project plans, NAWS financial update, Legal update along with questions and answers. 188 participants attended the webinar including new world board members and staff. NAWS News cover the topics that were discussed. NAWS News can be found at NA.org. The Russia lawsuit is awaiting paperwork from the court's dismissal and the US lawsuit, the Judge upheld the objection that NA filed against the petition.

MARLCNA Itinerary for February 12, 13 and 14, 2021 is \$250.00 hotel, \$105.00 per diem, \$35.00 registration, and \$50.00 gas totaling \$440.00. Hopefully, the cost will be less. Nothing that I can see on the website that says virtual. That very well could change.

Virtual meeting, WB have scheduled the next open webinar on virtual meetings for 31 October, 11:00 am – 12:30 pm, Pacific Daylight Time. Save the date! Like the last open webinar on virtual meetings, members will share their experience, and then there will be time for questions and answers.

In between now and the 31 st we plan to post a survey to help us put together tools for virtual meetings, and we will talk more about the survey and that effort during the meeting too. We plan to try the webinar format for the first time, which will allow up to 1,000 people in the room at once, and we will also stream it on YouTube—though you won't be able to ask a question unless you are logged onto the webinar itself. We will send out a reminder with the log in information when it is closer to the date. We hope to see you there! In service,
World Board

Thank you for allowing me to serve. It is with Gratitude for my recovery life that I serve in the NA service structure. Randy D. RDA

RDA 2 Report: Greetings Central Atlantic

Hope all are staying safe and well.

This past two month have been a bit busy for me.

Sept 13 met with the carna pr team to discuss the 2-day event

Met several times with the AZF financial task group to present the futuristic budget and qualifications and duties of AZF treasurer's

Sept 21 presented the information at AZF one-line meeting and both budget and new position were approved by consensus

Last week sent a package to rcm's and admin with the Nomination timeline, duties and qualifications for Treasurer, facilitator and secretary of the AZF along with a service resume from the delegates' email. The front page gives the info as to where to send your resume.

Met several times with the planning team in preparations for the Oct 2-day

Autonomy Zone will meet again Oct 26. Also, there is a collaborative workshop at next week North East Zonal Forum 2-day event. The Autonomy Zone will have an on-line call Oct 26, 2020

I was also on the CP Webinar yesterday with the rd and rda.

Additional tax break...

Oct 31 will be an open webinar. It will allow up to 1000 members but different from last open webinar there will be a YouTube broadcast for listening. More info will be on na.org Itinerary for Marlana Hotel-120.00 Gas 30.00 Per diem 50.00 Regist 30.00.About 230.00 ILS Sherry V

VRCC Report: Hello Family,

The VRCC met at our regular board meeting in September. Due to the postponement of the 39th AVCNA we are taking this time to work on our policy, we have an internal audit scheduled, and some other business items.

I understand that some areas have a concern about the VRCC directors accepting a bid for the 40th early. I would like to clarify some things. The directors voted to accept the bid for the 40th . It is eight months earlier than our normal bidding timeline. There were a number of factors that contributed to this decision. The directors also stated that they were waving policy to accept the bid early. If there are any further questions regarding the early bid please feel free to contact me or attend our board meetings.

That is all for now

Thank you for allowing me to serve

Michelle M-VRCC Chair

H&I Chair Report: Report not received

Policy Chair: Hello all members and executive body policy report states that the policy chair attended the last RSC meeting as well as the subcommittee meeting where we discussed all issues brought to this body, in reference to receiving and not receiving minutes on time, as well as changing a few words in the policy, thank you for the opportunity to serve, and as I'm still in training I'm willing. In loving service Lisa B. There were no expenses occurred last month.

Public Relation: 1. Julie is stepping down as Public Relations Vice Chair, need Service Workers with Technically literate

backgrounds to be involved for continuity of operations. VSIAS will be attended.

2. Hybrid Meeting workshop, H&I and PR Presentations had 7 people each, and the Phone Line/BMLT/Website presentation had The Basics of Public Relations was very well done and well attended by Craig R from C&P and Wilvena from North Eastern Zonal Forum PR.

3. We need Areas to have their PR committees get involved to make sure BLMT is up to date, that their phone line volunteer list is accurate, and that we configure YAP phone line appropriate for your Area's needs. Please have your PR Chair contact me at pr_chair@car-na.org to make sure everything is set up.

4. We will add a Request Phone Line Volunteer signup sheet onto car-na.org. We Added Search Engine Optimization to the Site, and Blue Ridge is up with no problems. RVANA.org will be migrating soon.

5. Website Traffic up 48% Users (270) and 55% new Users (230)

Public Relations Needs Volunteers!

NO PRIOR EXPERIENCE NEEDED, NORMAL PC USER SKILLS REQUIRED.

Will Train!

- Web Site Administrators
- Phone Line Administrators
- Meeting Information Administrators

Call 804.519.7367 or Email pr_chair@car-na.org

Speaker Jam Report: No Report

Area Reports

Almost Heaven: We have 21 homegroups with 2 closing in the last few months, we also have had 2 new homegroups join our area in the last 2 months

Our convention committee as well as PR and Policy are all still meeting virtually.

All of our positions are currently open.

Area Donation: Sept 19.50, Oct. 32.50 totaling 52.00

We have a couple meeting that are face to face, at least 1 hybrid meeting and the rest is still meeting virtually.

LSU Report:

We continue to meet using zoom. We have been able to get some feedback from homegroup GSR's regarding meetings opening. We had a concern regarding a meeting that will be taking place possible in a men's recovery house. Wanted to get feedback from the area. The concern was with regards to a newcomer female going to a meeting in a recovery house for males. We are looking for guidance from the area. Can we place this under new business to get direction.

While we do not have a H&I Chair, we are working with Mountaineer Recovery Center to keep meetings going in. There are have been up to 50 people at the H&I meetings at this facility. We routine with topics each week.

Two committee members attended the NAWS meeting Wednesday September 30, 2020. It was an amazing experience to hear what PR is doing all around the world.

Convention Report: The committee met on September 20th at 1:00 pm. The committee discussed keeping the same theme and logo that was picked last year. We are going to wait until February 2021 to look at whether we will be able to meet face-to-face for a convention or if we should look at a possible virtual convention. Our next ASC meeting will be held on November 7th 2020 @ 1:30pm , this will also be held virtually
Thanks, Jennifer D.

Appalachian: Absent

Beach: Report not received

Blue Ridge: CAR-NA Regional Service Committee

Blue Ridge Area, and the 10 or so groups within it, are just now coming out of our Covid-19 fog. Groups are returning to F2F meetings, in and outside. Zoom meetings are continuing, though fewer meetings available than previously.

We are attempting to re-establish contact with the Region and hope to have more detailed news in the future. ILS, George S, temp RCM georgestaber@gmail.com

Gateway:

New Dominion: Hello family,

All is well with the new dominion area. Im sorry that i can not be here this month. We have an area donation of 775.48 that we have given to the treasurer. The new dominion area has a total of 60 homegroups. During September we had 14 voting gsr's, and during October we had 10. We met quorum both months to conduct business. H&I is still only carrying two meetings into facilities. They are the men's healing place and the women's side of chesterfield county jail. They are still meeting every month despite not having many places to carry a meeting. Special events has planned a campout all weekend at pocahontas state park. There are speaker meetings, a 5k run, and bingo as well. Lots of food fun and fellowship. There is no report from our PR. No report from campout and no report from our outreach. Currently we have our policy chair open and next month our area vice chair will be open as well. Butch N was nominated for alternate RCM and elected. Our area has made an adhoc committee to look into making our area service available to those who want to be a part of but cannot make it due to the risk of covid. The committee will use our areas zoom ID and will be doing more research to better serve our homegroups. If the area decides to make this a permanent thing we will have to follow policy and send back to homegroups and possibly add these duties to the PR chairs responsibilities. IIs. Kurt D.

Outer Limit: Absent

Peninsula: Absent

Piedmont: Piedmont Area Report RSC # 205

A. Groups

19 Home groups with 29 weekly meetings. only 4 meeting in person.\

Online meetings taking place twice daily and can be found at <https://piedmontvana.org/zoom-meetings>

B. ASC Attendance

10/19 GSRs attended area and quorum was met.

C. Open Positions

PASC Vice Chair, PASC Alt Secretary, VRCC Alt Director, Alt Literature Chair, PR Vice Chair, H&I Womans Regional Jail panel leader

D. Elections

Ben C was Elected PR vice Chair

E. Group News

N/A

F. Area News

N/A

G. H&I

meetings have mostly been suspended. Bowwood Treatment Center resumed meeting however the area has low willingness currently.

H. PR

Continued discussion on the IP to be stocked in lieu of meeting lists and cost to the area. mtbr online meetings continue with about a 20% drop in attendance from May.

I. Special Events

No special events are planned. Hosting the Regional Speaker Jam is being discussed.

J. Area Concerns

N/A

K. Brief Summary

All is well in the Piedmont area

L. Next ASC September 13th 2020 at 4pm ILS, Chris P

Rappahannock: Absent

Richmond:

Hello Family,

Richmond Area met via Zoom on September 13th via zoom meeting quorum with 10 voting, 2 reporting and 18 absent. We also met via zoom on October 11th and we met quorum with 10 voting home groups and 20 absent.

☑Our Area is currently looking for the following positions to be filled:

oVice Treasurer

oPolicy Chair – Pro Temp by Area Vice Chair

oAlt. VRCC

oVRCC Chair is up for nominations in November to be elected for January.

☑We have a new Alt. RCM named Richard W., I am very excited to be working with him.

☑Richmond H&I held their first virtual meeting inside a facility on Monday, Oct. 5th with RBHA Men. They had 10 addicts that were able to toon in virtually and 2 phoned in. All were very excited about it and the meeting went very well. They are still working on scheduling the women’s virtual meeting. An email was sent to City Jail to request starting virtual meetings there.

☑

☑We now have a Social Media Coordinator, Steven R. He has met with the Policy Committee to start drafting position descriptions for inclusion into Policies and Procedures under the PR section. I will have more information on that when we reconvene in December.

☑

☑Our area sent back to homegroups Motion 204-1 and it was voted on and passed.

☑

☑From August 15th, the Richmond area asked the Region to look into why the VRCC had not completed an audit since the last convention, in order to stay in compliance with Concept 4. Is there any update on this matter?

☑

☑I attended the Regional Speaker Jam via Zoom on Sept. 5th from 2-5. The speakers were on fire and the messages were very clear. However, I do have some concerns that I would like to bring to this floors attention about speakers not wearing their mask while sharing their experience, strength and hope. The purpose of a microphone was to amplify voices, even behind a mask. Still, most of the speakers had their masks off, speaking with great enthusiasm and spitting all over the mic, only to leave behind germs for the next speaker to pick up as they too spoke with no mask on. I am hoping that everyone of us considers for future gatherings that this is a very serious issue. We are supposed to be saving lives, one addict at a time, and it’s not just from the disease of addiction anymore, we have a personal responsibility to save lives from the disease of COVID-19 too.

☑

☑Announcement: We have a Speaker Jam scheduled for October 24th from 2-6 pm hosted by Richmond Area Home Groups. Meeting ID is 870-5396-9327; Password is RASCNA

In Loving Service,

Angel B.

Roanoke Valley: Absent

Shenandoah Valley:

Addict named David and I have the following to report:

- A. SheVana Area currently has 20 groups with 26 meetings weekly.
- B. GSR's at ASC Sept- 9 / Oct- 10
- C. Open positions in SheVana Area are: VRCC ALT., Parliamentarian, Special Events Chair, and Newsletter Chair.
- D. No new elected trusted servants
- E. No new group news.
- F. No new Area News.
- G. No new Sub-committee news.
- H. Area Concerns... Meetings.
- I. No special events coming up in SheVana Area
- J. Summary: our area still continues to discuss ideas and the possible ways to start meeting in person. Questions regarding meeting locations, attendance limitations that may apply to meeting locations, masks, social distancing, etc have come. I was not able to attend the workshops yesterday, but I did try to strongly encourage members and GSR's to attend, in hopes of connecting with other members in the region to find out what other groups are doing regarding meeting physically, hybrid, or continuing to use Zoom.
- K. Our next ASC meeting will take place on November 9, 2020 at 630pm via Zoom.
- L. No H&I meetings are being taken in to facilities at this time.

Grateful to serve..

David T- RCM Shevana Area

Southside: Good Afternoon All

Our Last ASC was on Oct.4th

Out of 18 home-groups we had 6 in attendance

We have 2 open positions, Activities Chair and ALT RCM, no nominations at this time

Oct 17th yesterday we had PR poster hanging day, it was a great turn out,

We did have the virtual "FUN day" game day, it was also great success,

On Oct 31st we have having a Virtual speaker jam-Back to the Basics from 1:30-5:30 Meeting ID 2292658822

We now have 21 Home Groups with 37 meetings per week.

We are also still offering Zoom meetings 7 days a week per our website

As far as Face to Face meetings we have a total of 16 reopened

South Boston has 7

Danville we have 5 meetings

Martinsville has 4 meeting regularly

All meetings are still following safety procedures with COVID19 in mind

Also on November 1st we will be changing our Southside Quarantined in Recovery Electronic Group Meetings id will be changing 434 572 1572 (id) recovery (pw) our website will be updated, this change came about as we were sharing an account so with great consideration for our traditions the body voted unanimously to open a Southside account. All of our H&I commitments have been suspended again till the number of cases are under control for this area, we were able to have a small orientation for the women's facility once we are free to serve again.

Our ASC is still meeting virtually

Our next ASC is Nov 1st

ILS

Helen M, SSA RCA

:

All New Business Motions turned in before lunch

Tidewater: Tidewater Area service committee met via zoom on 10-11-2020. We had only 9 GSRs in attendance. Our Administrative team is still looking to fill the alternate positions for VRCC and RCM. We are also currently seeking assistant Treasurer, H&I chair, PI chair. Our area is obviously struggling with getting its trusted servants to utilize the zoom platform to stay connected. There have been talks with the church about possibly opening up for the live monthly meetings. Obviously, there are a range of mixed feeling even too about that. More will be revealed. We have now established a cash app and zelle method for groups to make donations to our account. At last check our account was hovering just above our prudent reserve however its no longer in the red. There is no Regional Donation schedule at this time .ILS :

Tri- Cities:

Good afternoon everyone, The Tri-Cities area met on the the first Sunday of the month. We are struggling a lit bit. We are a small area with 16 Home groups. We have lost two meetings, !0 home groups have been drop from quorum. Only leaving six, that how we are making quorum at area. H and I still can't go into any facility. We have five groups that meet in person. We have no donation at this time.

In Loving Service Tim B

ELECTIONS & NOMINATIONS

1-Vice treasurer: Open (open since 173rd) no nominees at 204.

2-Treasurer: No nominations

3-Speaker Jam: No nominations

4-RD I RDA Randy D automatic nominee

Old Business:

204-1 Maker: Policy Subcommittee

Second: Joe B Beach Area RCM

Change

Addendum 1 Subcommittee's Creation and Purposes (Rev 2019): 7. Regional

Speaker Jam: Section A

From:

A. Dates are to be the second Saturday of March and September (138th RSC)

i. (Dates may have to be change due to other Regional events or conflict in dates)

To:

A. Suggested dates are the spring and fall

i. (Dates may have to be change due to other Regional events or conflict in dates)

Change

Addendum 1 Subcommittee's Creation and Purposes (Rev 2019): 7. Regional

Speaker Jam:

Section E

From:

E. Bids are to be turned in at the speaker jam. The Area selected will be selected by the subcommittee and announced by the second RSC after the speaker jam.

To:

E. Bids are to be submitted to the Speaker Jam. Ninety days before proposed date. The Area selected should be selected 60 days prior to the event (Regional Speaker Jam) 8 yes 2 abstention 0 No

New Business:

Randy D automatic Nominee Qualifications I have 24 years clean, I have an NA sponsor who has an NA sponsor. WE are working and living steps, traditions, and concepts. I have sponsees in service. I have a home group Experience Strength and Hope. I have been the RDA2 for 2 years and the RDA for almost 2years.I have been to 2 World Service Conferences in the last 4 years. I am willing to serve. Randy D.

Next RSC will be held on December 19th 2020 Zoom CARNA Regional Service ID 304 156 278 : Updates on CARNA.ORG

Close with the Serenity Prayer