



Autonomy Zonal Forum

Mission and Purpose:

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for Regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole
- Train, mentor and/or inform participants about the fellowship of Narcotics Anonymous.

The AZF is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

Meeting Agenda	July 25, 2021 @ 10:00 - 4:00 PM Zoom Link -- https://zoom.us/j/81550635679 Pwd:112241
-----------------------	--

Attendees:

Note: All contact information is to be removed prior to publishing on the website

Facilitator	Rob U	P	FlyersScore@gmail.com	
Secretary	Merle S	P	merlehug@gmail.com	
Treasurer	Trisha G	P	Trishacrowley24@gmail.com	
Central Atlantic RD	Randy D	P	Recovery274@gmail.com	
Central Atlantic RDA	Sherry V	P	svorbach@live.com	
Central Atlantic RDA2		V		
Chesapeake and Potomac RD	Greg J	P	62jones@cua.edu	
Chesapeake and Potomac RDA	Patricia J.	P	patriciageorgiapeach@gmail.com	
Eastern PA RD	Shawn J	P	sjonesmcse@gmail.com	
Eastern PA RDA	Vacant			
Free State RD	Christian B	P	Sten_christian@yahoo.com	
Free State RDA	John W	P	Jmwallace1995@gmail.com	
Greater Philadelphia RD	Clarence A	P	Llewtra1949@gmail.com	
Greater Philadelphia RDA	Ted D	P	Teddawson.td@gmail.com	

Agenda Items

- o Meeting opened at 10:01 am.
- o Introductions, Others in attendance: Brother James, Craig R, Debbie M, Michael J, Kim A, Duwan, James, Pete, Cat E.
- o Overview of agenda, Operational rules of the day - Rob
- o Regional Reports - All regions

Central Atlantic

The Central Atlantic Region has 12 Areas and 1 Metro that cover parts of Maryland, North Carolina, Virginia, and West Virginia. We have virtual, hybrid and in-person meetings throughout the Region. Our Regional Service Committee meets bi-monthly on even numbered months and our Subcommittees meet on the odd numbered months. Our website address is car-na.org. The Region still meets virtually as well as the subcommittees.

Etta F served her term as Chair. Antionette B was voted in as Chair. Jennifer D was acclimated as Secretary. Brian C is Treasurer (pro temp). Richard S PR (pro temp) Sherry V voted in as RDA. Policy: Lisa B. Vice chair: open. Vice treasurer: open since 173rd RSC. Speaker Jam: open. H&I chair: open. Outreach: project driven. RDA2: open. Randy D is the RD. We had an ad hoc for archival organization and it didn't work. The region approved an annual budget increase to support the



Autonomy Zonal Forum

AZF from \$257.50 to \$457.00. A check will be sent to the AZF treasurer. Yap is up and running in the Region. We had some complaints about prank callers. The Piedmont Area did a presentation with drug court. We have an ad hoc for strategic planning in carna facilitated by David H, the delegate team is on the committee. We are not accepting donations through pay pal due to tax issues. The RDA attended the Asian Pacific forum and reported to the Region. The delegate team attended the Florida Service Symposium. All recordings of this event are on <https://naflorida.org/fss/wholesymposiumrecordings>. The alt delegate is set to attend the MZSS.

Our April GSR Assembly was had many good presenters and well attended. The Piedmont Area hosted the regional speaker jam. US Zone vision and purpose-resolution is okayed by our region. No oppositions

The Regional Convention is being planned for January 21 – 23, 2022 at Hotel Madison and Shenandoah Valley Conference Center 710 S. Main Street Harrisonburg, VA 22801 <https://car-na.org/events/39th-avcna-regional-convention> hosted by Shenandoah Valley Area of NA. (<https://shevana.org>) Flier attached.

The Delegate team was contacted by NA world services about an event in Keyser West Virginia requesting NA attendance. (In the Gateway to Freedom Area) They contacted and discussed the event during their ASC meeting. Since they do not have a PR committee, they accepted assistance from the Almost Heaven Area to put on the event in October. 2 members from AHA and the Chair of GTF will attend the event named Hope fest 21.

Carna attended virtually the Virginia Summer Institute on Addiction Studies (VSIAS) and we received request for H&I meeting in person/virtually, request for NA literature along with meeting information.

At our last RSC in June, Areas that are not coming to RSC and not participating, by policy we required to remove them from region. 1 or more years without participating should be removed. Resolution; Appalachian Area, Gateway to Freedom, Outer Limits, New River Valley and Roanoke Valley. Checked back 1-1 ½ years to verify no participation.

The Delegate Team attended and participated in the AZF July 25, 2021, learning day virtually. They also attended the CP webinar on the same day that was talking about WSC 2022 options.

That's about it, Your Car-Na Delegate Team

Randy D RD
Sherry V RDA

C&P

The C&P Region has 11 Areas within the region, and 9 Areas were represented at the June 12, 2021, RSC. The C&P Region meets every even month of the year and has been meeting



Autonomy Zonal Forum

by virtually since April 2020. Our next RSC will meet virtually on Saturday, August 14th from 1:00 PM - 6:00 PM.

Our Region has now added Cash App as a additional vehicle to receive donations. Our Special Events committee is sponsoring a Regional Picnic on Saturday, August 21,, 2021 at the Laurel Hill Park in Lorton, VA from 11 AM – 5 PM. The flyer is attached.

The C&P Annual Regional Convention CPRCNA XXXIV was held virtually on April 16-18, 2021, and was a success, as the message of NA went forth. We are planning an in-person convention for CPRCNA XXXV with our theme “More Powerful Than Words” to be held April 8-10, 2022, as in Ocean City, MD. Please visit <https://www.cprcna.org/> for updates.

The Regional Subcommittees are functioning well and elections were held on June this day for all positions except the RD and RDA. We welcome Sonia J. as the Regional Chair, and Al B. as the Regional Vice Chair.

Greg J. – RD, and Patricia J. – RDA



Eastern PA

EPARNA region continues to operate with 3 areas Bucks, Pure and Simple, and Twin Rivers areas. All areas within the region are meeting regularly as they did before the pandemic disruption. All of the areas besides Bucks County continue to meet on the zoom platform. Bucks’ county has returned to in-person area sessions as of June 2021.

EPARNA continues to support areas affected by the pandemic by providing guidance and funding for Covid 19 cleaning supplies as requested by the areas. The areas also continue to provide H&I and PR services to their perspective areas and groups, despite the pandemic. These H&I meetings are held in-person and via zoom where requested.

EPARNA regional meeting was held in June via zoom and will continue to do so, although there is a motion to be discussed in August session, as to whether we should return to in-person sessions. This motion will be discussed when the region meets again on August 1st. During the June EPARNA session a motion was brought before the region that explores the options of continuing to operate as an unseated region within the WSC service structure or disbanding EPARNA. The intent of the motion is as follows:

There are two intents for this motion.

1. The first intent is to obtain a vote in Narcotics Anonymous.
2. The second intent is to foster unity with Greater Philadelphia Region, Narcotics Anonymous as a whole, and maintain the unity with the three remaining areas in EPARNA.

EPARNA region continues to refine this motion for consumption by its areas and groups. A new refined motion will be presented at the August 1st meeting of EPARNA. This motion has not been formally presented to the areas and groups within EPARNA at this time.



Autonomy Zonal Forum

Open positions:

REGIONAL CO-CHAIR, CO-SECRETARY, REGIONAL DELEGATE- ALTERNATE, POLICY CHAIR, PUBLIC RELATIONS CHAIR

In loving service

Shawn Jones

EPARNA RD

Freestate:

Christian B RD

sten_christian@yahoo.com

443-603-4373

John W AD

The Freestate Region consists of 10 areas covering Maryland, Delaware and Virginia. Many meetings and service bodies are beginning to meet in person or hybrid. Some of our areas are having more success than other re-opening and filling positions. The Freestate Regional Committee could not come to a consensus on whether to meet hybrid or stay on line, so we will continue to meet on line. Our meeting place is open with restrictions. We meet the second Saturday of the month via Zoom starting at 11am. The region will be holding elections in August and all positions are available with the exception of the Delegate team which has another year on their term to coincide with the WSC Cycle. We have not had many subcommittee meetings or reports from regional subcommittees and would like to hear some best practices of regions that are having success with their regional subcommittees. Many of the subcommittee chair positions are open as are some of our executive body alternate positions.

The Region has put up billboards rotating throughout our Region in different areas as well as experimenting with QR codes at bus stops around Baltimore and throughout the region. Freestate has been fortunate to have received regular donations from various areas and have been able to donate to the world on a fairly regular basis.

The FSR put forward a motion to be placed in the CAR.

Motion:

To direct NA World Services to remove the Hospitals and Institutions Handbook from the inventory

Intent:

To remove an outdated service manual from WSO inventory

Rationale:

The H&I handbook has not been updated since the 1980's and with our current literature update process, will never be prioritized high enough. We believe a better approach would be to update the Public Relations Handbook Chapter 6 (Criminal Justice) resource section and H&I Basics with more information relevant to current practices and methods for carrying our



Autonomy Zonal Forum

message that could include using virtual platforms and tools. We believe this will better serve our trusted servants involved in H&I service by providing more current and better tools

The motion has been received by the WSO. We are awaiting a written response from the World Board.

The FSRCNA will be held 11/26-28 in person at the BWI Marriott. Registration is open at fsrcna.org.

Pre-registration is \$10 for members with 3 years or less and \$20 for members with more than 3 years.

There will be several eating meetings, bingo, karaoke, comedy show, a dance and much more. The Freestate Regional will have a 1 hour and 15 minute workshop on Saturday afternoon from approx. 3pm to 4:15. There are still rooms and package deals available.

The delegate team will be attending the Multiple –Zonal Service Symposium from Aug 27-29 in San Antonio.

The Freestate Region will be hosting the next AZF in January of 2022 which will likely be in person. We will be looking for ideas and suggestions from the AZF. The Car report will be out by then so I'm sure our Saturday event will revolve around that.

Thank you for your service
The Freestate Region Delegate Team

Greater Philadelphia

Greetings and Salutations,

The Greater Philadelphia Region is comprised of the following 12 Areas

InnerCity Area, South Phila. Area, NorthWest Area, Schuylkill Valley Area, Downtown Area, Greater Camden Area, Clean Acres Area, Delaware County Area, Montco Area, Philadelphia Area,

Pyramid of Freedom Area, WestSouthWest Area

We are in the planning stages of returning to face to face RSC Meetings

There are 345 active meetings in our region. 192 virtual, 16 hybrid. The City of Philadelphia has lifted restrictions and 137 groups are now meeting face to face, while still following the recommendations from the city and CDC.

The Regional Phonenumber is experiencing an increase in calls. Addicts looking for face to face meetings.

Our Region is having a Regional Unity day on September 4th at Burlholme Park, 401 Cottman Ave. Phila. PA. The time is from 2pm -6pm. Fellowship-Food-FunAll are welcome.

We are having our Second Regional Information Day
August 22nd 2pm-6pm

Topics :

Why Aren't you Interested In Service?

What Makes NA Service Unattractive?

Information on Zones (Fellowship Development)

Zoom Info: Id# 532 740 6231

ID # 1234



Autonomy Zonal Forum

This is going to be an “Open Mic” event. No speakers.
Please pass this on to members in your region.

The flier is posted on the AZF website and at naworks.org

In Service
Clarence A. RD
Ted D. RDA
RD Team

Treasurer Report – Trisha

Good morning everyone. I received a bill from Webmastery for a year of website hosting for our webpage. I talked to the company and have made arrangements to pay the bill thru our Venmo account in the amount of \$15.00. There were no donations since my last report. Attached I have included the statements for the last 4 months. Please send any donations from your homegroup, area or region to any of our accounts or you may mail a check to 883 Brighton Pl., Glen Burnie MD, 21061.

PayPal: @autonomyzone
Cash Ap: \$AutonomyZone
Venmo: @Autonomy-Zone

ILS,

Trisha C.

o AZF Web Site – Kim

All information with regards to the website domain registration and hosting has been moved to the AZF Google Docs account with Rob and Kim having been given access.

- Since we last met, I submitted an invoice from Webmastery.Org to treasurer@autonomyzonalforum.org July-June (12 months) domain registration (\$15.00) charges.
- Updates made to the website include the following.

- BMLT was added to the website which means our website now has listings for all meetings within our zone. I personally found this very helpful when I was trying to access meetings outside of my area and weren't sure which region the meetings were in!
- I uploaded the minutes the secretary forwarded.
- I updated the next meeting information
- I uploaded new events (and flyers) as they were sent to me.
- I feel there are a few outdated links on the website. If the tech team proposal passes today, I hope these can be looked at.

Upcoming Events

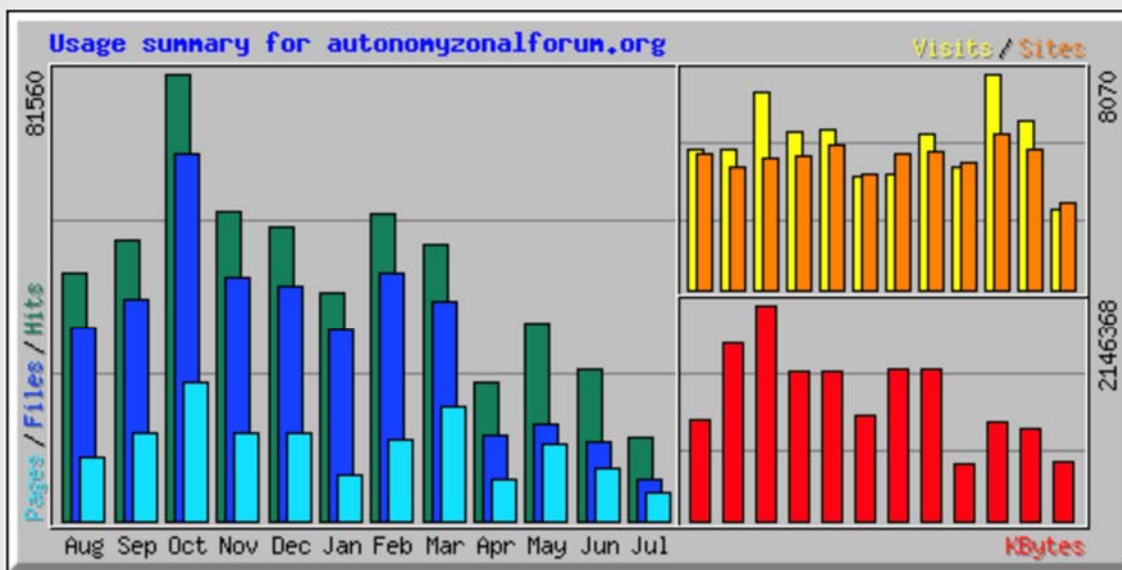
APR 19 Mon	7:00 pm AZF Electronic Meeting @ Zoom ID: 872 1211 6010 // Passcode: 121212
JUL 24 Sat	10:00 am AZF 2 day event – Eastern PA Region

Website Stats:



Autonomy Zonal Forum

Summary by Month										
Month	Daily Avg				Monthly Totals					
	Hits	Files	Pages	Visits	Sites	KBytes	Visits	Pages	Files	Hits
Jul 2021	799	391	270	159	3286	587607	3025	5141	7431	15187
Jun 2021	921	472	314	209	5246	901152	6299	9449	14176	27639
May 2021	1156	567	449	260	5768	966916	8070	13943	17606	35842
Apr 2021	843	521	251	153	4745	557267	4605	7546	15640	25294
Mar 2021	1626	1288	663	187	5126	1500610	5802	20554	39943	50420
Feb 2021	1996	1611	529	153	5077	1493652	4310	14830	45117	55905
Jan 2021	1804	1508	365	184	4329	1047789	4240	8404	34701	41498
Dec 2020	1734	1375	513	191	5422	1475590	5941	15920	42644	53761
Nov 2020	1888	1483	524	195	4972	1469552	5855	15726	44517	56646
Oct 2020	2630	2155	809	238	4894	2146368	7388	25089	66805	81560
Sep 2020	1705	1341	529	174	4575	1766654	5241	15884	40234	51179
Aug 2020	1460	1129	363	167	5054	995935	5196	11255	35017	45266
Totals						1490902	65972	163741	403831	540197



Month	Unique visitors	Number of visits	Pages	Hits	Bandwidth
Jan 2021	2,694	4,823	13,694	28,884	504.82 MB
Feb 2021	3,301	5,613	16,999	36,896	772.68 MB
Mar 2021	2,711	4,991	14,825	24,784	451.06 MB
Apr 2021	1,977	4,211	11,354	12,297	95.50 MB
May 2021	2,206	4,371	12,546	13,206	107.21 MB
Jun 2021	2,178	4,278	10,750	11,430	72.88 MB
Jul 2021	1,214	2,156	5,405	5,680	36.61 MB



Autonomy Zonal Forum



In grateful, loving service,
Kim A

o **Communication Task Team – Kim**

The team was comprised of

Communications Team Members	Phone	Email
Kim A		webservant@autonomyzonalforum.org
James M		technolefty@gmail.com
John W		jmw Wallace1995@gmail.com
Anne E		annemellis@yahoo.com
Trish C		trishacrowley24@gmail.com
Richard S		gutterwall@gmail.com
Rob U		flyersscore@gmail.com

We met 3 times.

Based on the survey results, our efforts focused on the following Ideas for improved zonal communications:

1. It is **Technically feasible to improve our communications regarding providing meeting information on the AZF website.** The meetings option that existed on the website was replaced by adding BMLT. People are no longer being redirected to the NA.org site. Instead, the meeting information from within our zone is now available on our zonal website.



Autonomy Zonal Forum

Questions:

Q: On the proposal, who would create the messaging?

A: Whoever creates the message

Q: Task Team Leader- how would that position be chosen and is there a 5 member limit (one from each region) or could we consider more than 5 members on the team?

o **Service Work Group - FD/PR Creation – Craig**

Agenda:

➤ Planning: Review Issues/opportunities, develop goals and prioritize

ISSUE 1

- **Lack of coordination and communication with and within the AZF +5**
 - **Lack of collaboration between area/regional subcommittees within our zone**
 - **Ineffective communications throughout service bodies in the zone**

Goals

- Information on service, resources, events, and contact with and within the AZF are more effectively broadcast +3
- **Communications with the AZF and between its member regions are more effective, available and responsive +5**
- Increase in fulfilled collaboration opportunities between the AZF's member regions/areas

ISSUE 2

- **Service delivery inconsistent or lacking in some areas and regions +7**
 - **Lack of continuity in service throughout our regions**
 - **Inconsistency in service delivery amongst our areas and regions**
 - **Lack of mentorship, training**
 - **Few learning days, workshops**
 - **Lack of a sharing of service information forum**

Goals :

- **More resources and training opportunities are available to members and service bodies +8**
- Service and training workshops are made to be more fun and engaging
- There is an increase in service continuity and effectiveness, measurable through newcomers, website hits, and other similar metrics

Issue 1 original goals

- Increased service information sharing
- Networking
- Enhanced communications to support and enable service delivery

Issue 2 original goals

- Trusted servant development
- More training and mentorship of trusted servants
- Increased consistency in service delivery



Autonomy Zonal Forum

Other issues/opportunities

- **Lack of awareness, perceived value, understanding of the zone at the group level +3**
 - **Apathy and lack of motivation to be involved at region or zone**
- **Lack of coordination and communication with service bodies outside of the AZF +1**
 - **No interface to effectively collaborate on FD/PR with other zone**

Other goals

- The AZF is viewed as a helpful resource to members, areas and regions
- Groups, areas and regions become more aware of the AZF
- Better, more effective collaboration within the zones and other zones

Issue 1: Lack of coordination and communication with and within the AZF

Q: Please give examples of lack of communication within the Zone

A: Gap between areas in not knowing what is going on in neighboring areas/regions

Q: How do we hold our chair people accountable to communicate the information and are following up with requests from the RDs

A: That is the region's job, the zone can help create opportunities to make that happen and encourage communication.

Q: What platform will we use to know a region needs help

A: More of how do we do that?

Craig: Am I correct in assuming we are all in agreement with communication being the top issue?

Response: If I were not part of a position, I would not I am not clear about my duties, and how to get that information to our areas and groups. I think part of my responsibility is to stay closer to the RDs.

A: the Zone responds to the needs of the regions and their areas. Increase in fulfilled opportunities to collaborate with each other.

Overall acceptance on the approaches listed under issue 1.

Issue 2: Service delivery inconsistent or lacking in some areas and regions

No discussion or questions

Recap from Craig:

Meetings take place the second Thursday of every month, at 7 pm

Issue 1, AZF is in support this is the top issue to focus on and we agree on the goals and 3 approaches (members of our zone will have access to the google drive, and we can tailor the access as needed). Think inclusivity about this

Issue 2: AZF is in support this is the top issue to focus on and we agree on the goals and 3 approaches

o **US Meeting of Zones Update - Rob, Merle**

- Vision Statement and Purpose
- Voting criteria
- Video - What Is a Zone?

-Question/ comment: Is this a CBDM decision making process, this should be settled, Since AZF is consensus based, I think that is the direction we should go.

-Response: in the past we have had 100% consensus, so no previous need to make this as a policy. The AZF body needs to give direction to our representatives.



Autonomy Zonal Forum

-Feels like a push to me.

-We are getting further along in this process, and we are in need to set up guidelines as to proceeding.

-If that body needs to make a decision immediately, our contacts are the trusted servants, so there would be a need to have a discussion amongst ourselves to make decisions to support or oppose.

Straw poll: Is everyone comfortable with the two contacts representing the Zone if we need to make a decision that cannot go back.

***Would like to see quorum (number of zones in support) established at the beginning of the meeting of the US Zones.

o Discussion

▪ Increase voting participants – Clarence

-I believe the ADs should have a voice at the zone, regardless of whether the RD is present or not. I do not see how having the ADs have a vote will affect us. If just allows us more information

-cannot have both votes in other forums (WSC)

-it will not affect the regions, just the zone. Nothing has ever come up that affects one region over another.

-the uncomfortability comes when there is a difference between the team, and they may see things differently. If we each have a different vote, how would that affect the team.

-We need more than just 5 votes making decisions. X2

-One vote per region X2

-When we have to make decisions that are not going back to the region, we need to be able to make decisions on the floor. This allows for a larger vote.

-consensus means we hear from all voices, and we get to hear all sides

-Listening to a thought-out proposal, the vote is not really an issue, fully participating in the decision-making process

-Sometimes we have different ideas

STRAW POLL- RDs and RDAs to vote, 3 in support

DECISION-Failed

o Proposals –

Communications Task Team has 3 proposals

1. Create a standing Technology Team and approve the proposed guidelines

2. Create a social Media Account on FB, Instagram, and Twitter. (ITT would not create the messaging)

3. Create/ enact a self-messaging service and put a link to it on the website

Reactions:

-we need to take time to review the guidelines. It is suggested we table this discussion until we have time to look it over.

-A friendly amendment; Create a standing Technology Lead. No second to this amendment.

-We are creating a leader without having a team first. Understand what that body will be doing. Form follows function.

-the task team should have some of the responsibilities that fall under the leader's duties. The leader would have oversight for these responsibilities. There would then be shared effort.



Autonomy Zonal Forum

-This is a proposal that has an immediate effect on the Zone. This position is bigger than the website, it is about the communication that is important.

-email or text Kim the suggestions

-the webservant has operated for 8 years without any guidelines, and the proposed guidelines are what the webservant has already been doing.

RECAP/DECISION: Some hesitancy on voting on this today, bring input to Kim and continue the communication team and discuss that again at our next zonal meeting. Take this back to the regions, allow the team to continue to meet, and bring it up as old business for the next meeting.

NO ADDITIONAL PROPOSALS

DISCUSSION FOR NEXT ZONAL MEETING

-Separate secretary and treasurer positions in the guidelines

New guidelines are under review, it is my understanding they have not yet been approved. We need to take care of this.

-review number of days approved for reimbursement at next Zonal meeting

-Operational meeting numbers

o **Open Forum**

-Central Atlantic removed areas from their region. In my heart, we need to maintain their place in our region.

-We still maintain communications with these areas and reach out to them. They are still part of the BMLT.

Financial Planning for our next meeting, which will be face-to-face

-Zone will help out with expenses. Not sure which part of the financial process the Zone will cover.

-Freestate would contact the area which would host the event.

-What was the discussion about the Zone helping out financially? No determination, but in the budget line it includes assistance.

-Discussion regarding the budget from the AZF, some members are unaware of this information on page 6 of the updated guidelines.

-We have to show some benefit to participating in supporting the zone financially, since we are fully self-supporting. We want regions to contribute to the zone when they earmark money to the two-day event. Just make a contribution to the zone.

-Instead of each region hosting, we want the zone to be the host. It is a zonal event.

-Need direction how to move forward with our next zonal forum.

-Freestate was fine last year with the current zonal budget. The only expenses would be for the RD and RDA attending other zones.

- SUGGESTION: Freestate should plan and pay for this next 2-day event, and AZF can take responsibility for the next zonal forum (to be held July 2022).

-proposal to not redact email addresses from the archived minutes

-this should be a secretarial duty to redact or not to redact email addresses X2

-webservant wants an across the board decision



Autonomy Zonal Forum

-3 RDs in favor, 1 stand aside. 3/4 is consensus not to redact email addresses
DECISION: We will redact phone numbers, and leave in the email addresses.

Take a look at hosting a US Zonal meeting: Yes, approved by AZF.

- **Future Agenda Items / Prioritize**
- -review in guidelines number of days approved for reimbursement at next Zonal meeting

Upcoming AZF Schedule

Next meeting will be held virtually September 20, 2021 @7:00 pm

- January 29, 30 2022/ Freestate
- July 30, 31 2022/ Greater Philadelphia
- January 28, 29, 2023/ Central Atlantic
- July 29, 30, 2023/ Chesapeake and Potomac
- January 27, 28, 2024/ Eastern PA