

Working minutes: These minutes have not been approved by RSC.

Minutes for the 223<sup>rd</sup> Regional Service Conference  
Central Atlantic Region  
Sunday, October 22<sup>nd</sup>, 2023 via Zoom

Meeting Called to order with the Serenity Prayer at 10:00am-Antoinette B.

Open Forum began at 10:01am; discussion topics:

1. Recap of Saturday's workshop on Consensus-Based Decision Making  
<https://www.na.org/admin/include/spaw2/uploads/pdf/basics/CBDM%20Basics%20final.pdf>
2. An increasing number of facilities are asking Homegroup representatives if we are insured.  
<https://www.na.org/admin/include/spaw2/uploads/pdf/bulletins/Bulletin%2033 Jun07.pdf>
3. Many issues and concerns regarding members' inability to access the Region's website. Ann is unable to access email forwarding, but said that Richard has been very responsive to requests. Members are concerned that they are essentially locked out of the site and depend on Richard to maintain the site.
4. Etta discussed that the Post Office debacle has been ameliorated. She said that she will discuss the contents of the mail in her report.

11:00 Conclusion of Open Forum

Meeting on break until RSC commences at 11:15am

11:15 Antoinette B. called the meeting to order with the Serenity Prayer

Purpose: Greg H.      Concepts: Megan O.      Traditions: Colin D.

Roll Call:

| Roll Call                      | Executive Members | 223 <sup>rd</sup> October 2023 | 222 <sup>nd</sup> Aug 2023 | 221 <sup>st</sup> June |
|--------------------------------|-------------------|--------------------------------|----------------------------|------------------------|
| Chair                          | Antoinette B.     | present                        | present                    | present                |
| Vice-Chair                     | Roland C.         | present                        | present                    | vacant                 |
| Secretary                      | Lauren H.         | present                        | present                    | present                |
| Treasurer                      | Etta L.           | present                        | present                    | present                |
| Vice-Treasurer                 | vacant            | vacant                         | vacant                     | vacant                 |
| Regional Delegate              | Sherry V.         | present                        | present                    | absent                 |
| Regional Delegate Alternate    | David H.          | present                        | present                    | present                |
| Regional Delegate Alternate 2  | vacant            | vacant                         | present                    | present                |
| VRCC Chair/Vice-Chair          | Michelle M.       | present                        | absent                     | present                |
| Hospitals & Institutions Chair | vacant            | vacant                         | vacant                     | vacant                 |
| Policy Chair                   | vacant            | vacant                         | vacant                     | vacant                 |
| Public Relations Chair         | vacant            | vacant                         | vacant                     | vacant                 |
| Speaker Jam Chair              | vacant            | vacant                         | vacant                     | vacant                 |

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| Areas              | RCM/RCM Alternate           | 223 <sup>rd</sup> October 2023 | 222 <sup>nd</sup> Aug 2023 | 221 <sup>st</sup> June |
|--------------------|-----------------------------|--------------------------------|----------------------------|------------------------|
| Almost Heaven      | vacant                      | vacant                         | vacant                     | vacant                 |
| Appalachian        | Kim C., Christina R. (alt)  | both present                   | absent                     | present                |
| Beach              | Trish F.                    | present                        | present                    | vacant                 |
| Blue Ridge         | Rick V.                     | present                        | present                    | present                |
| Gateway to Freedom | Rhonda P.                   | present                        | present                    | absent                 |
| New Dominion       | Chelsea R., Carol M. (alt)  | Chelsea present                | both present               | Chelsea present        |
| New River Valley   | Jeffrey B.                  | present                        | present                    | present                |
| Outer Limits       | vacant                      | vacant                         | vacant                     | vacant                 |
| Peninsula          | Beverly A.                  | present                        | present                    | present                |
| Piedmont           | Brian K., Megan O. (alt)    | Megan present                  | both present               | present                |
| Rappahannock       | Cat E.                      | absent                         | present                    | present                |
| Richmond           | vacant                      | vacant                         | vacant                     | vacant                 |
| Roanoke Valley     | Greg H., Skeet C. (alt)     | Greg present                   | both present               | absent                 |
| Shenandoah Valley  | Sarah M., Robin M. (alt)    | absent                         | both present               | Robin present          |
| Southside          | Charlotte H., Mike H. (alt) | absent                         | both present               | Mike present           |
| Tidewater          | Olena P., Colin D. (alt)    | both present                   | both present               | both present           |
| Tri-Cities         | Kelley G., Maria H. (alt)   | absent                         | both present               | present                |

Quorum met.

Additional members present, but not part of Roll Call: Ann V. of Beach, and Webservant, [devyces@gmail.com](mailto:devyces@gmail.com); Cindy K. of Beach, [savedtoserve98@gmail.com](mailto:savedtoserve98@gmail.com); Mark M. of Tidewater, [madisonsrmark@gmail.com](mailto:madisonsrmark@gmail.com); Jen D. [jniferd43@gmail.com](mailto:jniferd43@gmail.com)

Motion made to approve the August minutes: Jeff B.; Seconded: Chelsea R.

Votes to approve: 8

Votes to *not* approve: 1

Abstentions: 1

August minutes for the 222<sup>nd</sup> RSC were approved.

### TRUSTED SERVANTS' REPORTS:

**11:32 Chair Report** – Antoinette B., [chair@car-na.org](mailto:chair@car-na.org)

Greetings,

The Chair wants to thank everyone for their service here at Region. I was tasked with making changes to the P.O. Box in which they have been successfully completed Greg Gallager has been removed. The people that have been added to the P.O Box are as follows: Etta Lambert, Treasurer, Lauren Hamilton- Secretary, and Vice- Chair Roland Carpenter. I did not change the location of the P.O Box the Treasurer has a little less than year for her term and did not want to change the location until coming to Regional Meeting to discuss options. I bought the last key to the mailbox which was \$17.00 dollars the receipt was given to the Treasurer along with the mail

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and key in which the only time I could get these things to her was yesterday afternoon. This will be my last Regional Meeting I am stepping down as the Pro-Temp Chair due to changes in my life schedule does not allow me the time to put the care and energy into this position and I have completed my term, I want to thank this Body for the love and experience.

In Loving Service,  
Antoinette B Regional/ Chair Pro-Temp

**11:33 Vice-Chair Report** – Roland C., [vicechair@car-na.org](mailto:vicechair@car-na.org)

Good afternoon, Family.

I am on vacation today for the next 2 weeks cruising and will be off the radar till 11/5/2023. I attended the September Subcommittee meeting 9/15/2023 at 10am where 3 in attendance discussed the following topics:

- **Saturday Event for October 2-Day - CBDM/Consensus Based Decision Making.**  
<https://www.na.org/admin/include/spaw2/uploads/pdf/basics/CBDM%20Basics%20final.pdf>
- <https://www.na.org/?ID=LR-CBDM>
- Look for evidence of shrinking Regions and lack of willingness, complacency, and apathy. We are well past the time of the wakeup call.
- Zoom meeting logistics, sign-ins, host keys, Meeting IDs.
- Status update on MEETING LOCATOR CHANGES as reported in NAWS NEWS  
[https://www.na.org/admin/include/spaw2/uploads/pdf/newsnews/en/NN\\_Sep2023-2.pdf](https://www.na.org/admin/include/spaw2/uploads/pdf/newsnews/en/NN_Sep2023-2.pdf)
- Discussed existing Phone lines and BMLT Server Architecture. Setup lunch date with Richard to obtain more information and recommendations.
- Regional Inventory - what are we not completing or providing? H&I, Inmate Step Writing, PR Events, etc.
- Service resumes - how can we help members with real-world learning and credentials?
- Current tasks addressed by Ann V: posting minutes and events, applying security patches and updates, updating meeting list information and phone line volunteers.

On Saturday 10/21/2023 we opened a very informative dialog on the need for a new inventory process in 2024, addressing the declining subcommittee membership interest and consensus-based decision making (CBDM). Looking forward to continued efforts in this area. I attended yesterday's budget meeting.

ILS  
Roland C

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11:36 **Treasurer Report** – Etta L., [treasurer@car-na.org](mailto:treasurer@car-na.org)

Good afternoon,

Today's information includes the 2024 proposed budget that needs to go back to groups to be voted on and brought back so that we can have a working budget. *See NEW BUSINESS for MOTION to Approve 2024 Budget.*

Our current total is \$22,891.54. The Prudent Reserve is \$18,666.75. The Naws donation cleared the bank. It took a while but that is why there was a sudden drop in our balance.

I received a call from the ECCNA saying that they have more books for us, and I was not sure who would take them at the time so I agreed to receive them. Once received I will report it and you can make plans to distribute.

Antoinette cleared up the post office issues and removed the names from the account and delivered a new key and the mail. I have reimbursed her the \$17 by Cash app and will reimburse myself the \$17 since it came from my account. She provided me with the receipt.

There are several letters that are asking for literature that I will read to you. Two are from the same person in Galax and one in the jail in Winchester. We also have one from Seminole, Florida. I also have a domain listing solicitation and Palm Desert convention announcement from California Inland Region.

We found out yesterday that the debit cards for the Delegate team passed a while ago and had never been acquired so I will go to the bank and request them so that they can be distributed.

Please begin to look for a candidate for Treasurer as I will roll off in June and it would be great to have some time to mentor someone for this position as I will not stay on after this term.

It is always a pleasure to serve.

Etta L.

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## October 2023 Treasurer's Report

| Summary                  |          |           |
|--------------------------|----------|-----------|
| Starting Balance as of   | 08/20/23 | 31,844.87 |
| Income                   |          | 2,747.55  |
| Expenses                 |          | 11,700.88 |
| Current Balance as of    | 10/22/23 | 22,891.54 |
| Prudent Reserve          |          | 18,666.75 |
| Uncleared Checks         |          | -         |
| Projected World Donation |          | 4,224.79  |

### Income Since Last RSC

| Source           | Date      | Amount             | Comment        |
|------------------|-----------|--------------------|----------------|
| Peninsula        | 12-Sep-23 | 286.95             | donation       |
| Southside        | 12-Sep-23 | 40.00              | donation       |
| Southside        | 12-Sep-23 | 40.00              | donation       |
| Beach            | 15-Sep-23 | 860.00             | donation       |
| Outer Limits     | 15-Sep-23 | 101.00             | donation       |
| Blue Ridge       | 14-Oct-23 | 400.00             | donation       |
| Tri-Cities       | 14-Oct-23 | 398.00             | donation       |
| appalacian       | 14-Oct-23 | 214.00             | donation       |
| New River Valley | 20-Oct-23 | 25.00              | donation       |
| Almost Heaven    | 25-Sep-23 | 22.51              | donation zelle |
| Almost Heaven    | 21-Aug-23 | 205.27             | donation zelle |
| Appalacian       | 09-Aug-23 | 154.82             | donation       |
|                  |           |                    |                |
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|                  |           |                    |                |
| <b>TOTAL</b>     |           | <b>\$ 2,747.55</b> |                |

| Expense Type          | Description   | Annual Budget | YTD Spent | YTD Returned | Funds Available |
|-----------------------|---|---------------|-----------|--------------|-----------------|
| A001-Phoneline        | 800 & Answering Services  | \$500.00      | \$189.75  | \$ -         | \$310.25        |
| A002-Mailbox          | PO Box  | \$300.00      | \$236.00  | \$ -         | \$64.00         |
| A003-Website          | Host & Domain Expenses  | \$500.00      | \$345.00  | \$ -         | \$155.00        |
| A004-Teleconferencing | ZOOM Teleconferencing Service - Annual Fee  | \$160.00      | \$154.00  | \$ -         |                 |
| A005-Service Charges  | Bank Service Charges  | \$40.00       | \$36.00   | \$ -         | \$4.00          |
| B001-Conferences      | RSC Meeting Expenses: rent, food & beverage, AV equipment rental, & office supplies | \$600.00      | \$ -      | \$ -         | \$600.00        |

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|                              |   |            |            |      |               |
|------------------------------|---|------------|------------|------|---------------|
| B002-Executive               | Correspondence & report preparation & distribution expenses for RSC Chair and Vice Chair  | \$100.00   | \$ -       | \$ - | \$100.00      |
| B003-RD Team                 | Correspondence & report preparation & distribution expenses for RD Team   | \$1,080.00 | \$954.00   | \$ - | \$126.00      |
| B004-Secretary               | Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office supplies                | \$150.00   | \$ -       | \$ - | \$150.00      |
| B005-Treasurer               | Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies                             | \$120.00   | \$7.60     | \$ - | \$112.40      |
| B006-GSR Assembly            | Expenses associated with refreshments, food & beverage, & office supplies   | \$1,000.00 | \$ -       | \$ - | \$1,000.00    |
| B007-RD Workshops            | RSC pre-approved line item expenses associated with holding 4 multi-area workshops ****   | \$1,200.00 | \$ -       | \$ - | \$1,200.00    |
| B008-Zonal Forum             | Expenses associated with holding Zonal Forum approximately ***  | \$1,000.00 | \$1,000.00 | \$ - | \$ -          |
| B009-Zonal Support           | CARNA's portion of zonal expenses   | \$700.00   | \$457.50   | \$ - | \$242.50      |
| C001-WSC/RDA                 | Expenses associated with RDA attendance of bi-yearly WSC with \$55 per diem *   | \$2,500.00 | \$ -       | \$ - | \$2,500.00    |
| C002-WSC/RDA-2               | Expenses associated with RDA-2 attendance of bi-yearly WSC with \$55 per diem *   | \$2,500.00 | \$4,011.09 | \$ - | \$ (1,511.09) |
| C003-Service and training RD | Expenses associated with RD attendance of yearly  | \$1,000.00 | \$243.19   | \$ - | \$756.81      |
| C004-Service training RDA    | Expenses associated with RDA attendance of yearly   | \$1,000.00 | \$86.05    | \$ - | \$913.95      |
| C005-Service Training RDA2   | Expenses associated with RDA-2 attendance of yearly   | \$1,000.00 | \$ -       | \$ - | \$1,000.00    |
| C006-AZF/RD                  | Expenses associated with RD attendance of Autonomy Zonal Forum  | \$760.00   | \$660.00   | \$ - | \$100.00      |
| C007-AZF/RDA                 | Expenses associated with RDA attendance of Autonomy Zonal Forum   | \$760.00   | \$359.66   | \$ - | \$400.34      |
| C008-AZF/RDA-2               | Expenses associated with RDA-2 attendance of Autonomy Zonal Forum   | \$760.00   | \$110.88   | \$ - | \$649.12      |
| C009-RD Service Events       | Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)    | \$1,000.00 |            |      | \$1,000.00    |
| C010-RDA Service Events      | Expenses associated with RDA attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences)   | \$1,000.00 |            | \$ - | \$1,000.00    |
| C011-RDA2 Service Events     | Expenses associated with RDA-2 attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences) | \$1,000.00 |            |      | \$1,000.00    |

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|                               |   |            |      |      |            |
|-------------------------------|---|------------|------|------|------------|
| D001-Policy                   | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service-related material, literature, and guideline printing (not to include refreshments) | \$300.00   | \$ - | \$ - | \$300.00   |
| D002-Project Driven           | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service-related material, & literature (not to include refreshments)                       | \$300.00   | \$ - | \$ - | \$300.00   |
| D003-Speakerjam               | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service-related material, & literature (not to include refreshments)                       | \$120.00   | \$ - | \$ - | \$120.00   |
| D004-Public Relations         | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service-related material, & literature (not to include refreshments)                       | \$300.00   | \$ - | \$ - | \$300.00   |
| D005-Hospitals & Institutions | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)                       | \$300.00   | \$ - | \$ - | \$300.00   |
| E001-Hospitals & Institutions | Expenses associated with inmate literature purchases, correction facility library literature purchases, and H&I presentations, and events or workshops.   | \$1,000.00 |      | \$ - | \$1,000.00 |
| E002-Speakerjams              | RSC line-item approved expenses associated holding speakerjams in March & September each year including travel (\$500.00/jam)   | \$1,000.00 | \$ - | \$ - | \$1,000.00 |
| E003-Overnight RSC            | Overnight RSC expenses including overnight lodging, and meeting space rent (\$3,000.00/overnight))  | \$6,000.00 | \$ - | \$ - | \$6,000.00 |
| E004-RD Team                  | Travel expenses associated with RSC approved RD team attendance at Area events when requested by the Areas **   | \$600.00   | \$ - | \$ - | \$600.00   |
| E005-Project Driven           | RSC approved expenses associated with communicating and/or visiting with isolated groups & interested ASC's including gas and long-distance phone calls **  | \$ -       | \$ - | \$ - | \$ -       |
| E006-Equipment                | Repair, replacement, and maintenance of RSC laptop, projector, etc.   | \$500.00   | \$ - | \$ - | \$500.00   |

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|                               |  |             |            |      |             |
|-------------------------------|--|-------------|------------|------|-------------|
| E007-Public Relations         | Expenses associated with Professional conference & community event registrations, paid radio spots, professional contact data base production, annual PR mailing, printed materials for reports, training, presentations, and travel | \$1,500.00  |            | \$ - | \$1,500.00  |
| F001-Policy                   | Expenses associated with travel in the performance of duties outlined in policy  | \$600.00    | \$ -       | \$ - | \$600.00    |
| F002-Hospitals & Institutions | Expenses associated with travel in the performance of duties outlined in policy  | \$800.00    | \$ -       | \$ - | \$800.00    |
| F003-Public Relations         | Expenses associated with travel in the performance of duties outlined in policy  | \$1,800.00  | \$ -       | \$ - | \$1,800.00  |
| F004-Speaker Jam              | Expenses associated with travel in the performance of duties outlined in policy  | \$80.00     | \$ -       | \$ - | \$80.00     |
| F005-Ad Hoc                   | Expenses associated with travel in the performance of duties as defined by RSC when ad hoc is created  |             | \$ -       | \$ - | \$ -        |
| G001-Discretionary            | \$300 maximum per item   | \$1,200.00  | \$ -       | \$ - | \$1,200.00  |
|                               |  | \$37,130.00 | \$8,850.72 | \$ - | \$28,279.28 |
| World Donation                | \$15,589.42  |             |            |      |             |

|  |             |
|--|-------------|
| <b>This Fiscal Year Uncleared Checks</b> | <b>\$ -</b> |
|--|-------------|

|  |             |
|--|-------------|
| <b>Last Fiscal Year Uncleared Checks</b> | <b>\$ -</b> |
|--|-------------|

\*bi-annual expense

\*\*these lines were created for the 2013 budget

\*\*\*this line item is once every three years and 2020 is our year to host

\*\*\*\*CAR workshop in conference years; other topics in non-conference years

**11:49 Secretary Report** – Lauren H., [secretary@car-na.org](mailto:secretary@car-na.org) – Hi family! Just a reminder that I can receive your emails to me at [secretary@car-na.org](mailto:secretary@car-na.org). However, when I send out minutes and correspondence, it will be sent to you from my work email: [lhamilton@harpergroup.com](mailto:lhamilton@harpergroup.com) – please keep an eye out in your junk/spam folders if you aren't receiving emails from me. If you have questions, needs, or concerns, please call or text me at 434-995-8268. Thanks!

**11:50 Regional Delegate Report** – Sherry V., [rd@car-na.org](mailto:rd@car-na.org)

Hi everyone hope all are well. The delegate team has several different areas to report on for everyone. The RDA will report on a Conference Participant Webinar (CP Webinar), Virtual Meeting of Zones (VMOZ) and Financials. I will be reporting on the Multizonal Service



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Symposium, the collaboration of US Zones including US website, the sign-up page for various projects, serving on the Convention Work Group and Future of the WSC workgroup.

I attended the Multizonal Service Symposium in Detroit, MI. I helped facilitate a workshop on Policies and Guidelines: Helpful or an Outdated Encumbrance with a local member from Detroit that I had never met in person or had served with. It was a great learning experience. I also helped facilitate Collaboration of US Zones. I also attended workshops on two of the new issue discussion topics IDT#3: reimagining and revitalizing Service Committees and IDT#4: Gender Neutral Language facilitated by a world board member and two Naws staff. I learned some new information and look forward to attending some more workshops on IDT's so as your delegate team we can present them (if the groups want) in our region. I also attended Trusted Servants Recruitment, Training/Onboarding/Mentorship. There were more but they were doing three at a time, so I was not able to attend everything. My understanding in a few weeks recordings of the workshops will be available on their webpage. Check it out.

<https://mzssna.org/>

**Reminder: reported last RSC...Another important piece of information is the meeting search tool on na.org and the transition from the centralized database to a tool that will point members to local service bodies i.e., websites for more accurate and up-to-date information. Anthony E. said they are trying to make this transition happen prior to the end of the calendar year, and to make this work they need the most accurate information about the service bodies and how they should be geo-located in search results. David may have an update from the CP webinar.**

The Issue Discussion Topics for the 2023-2026 conference cycle chosen at the conference by the conference participants are:

1. Dealing with disruptive and predatory behavior
2. Gender-neutral and inclusive language in NA literature
3. Reimagining and revitalizing service committees (to further the reach of the NA message, improve communication, provide mentorship and training, and make service more attractive and accessible, learning from our experience the past few years)
4. DRT/MAT as it relates to NA.

Your delegate team will be hosting these IDTs eventually in our region. Probably early spring to give us more opportunity to hear input from our members during workshops and to bring our members the most information we can gather on these topics.

The Future of the WSC met for the first time and we have a lot planned out. Watch for updates from WB in Naws News and such.

As reported last month, there is a form posted for members to fill out if they are interested in any of the projects or other work. Some examples of those project opportunities:

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- H&I experience with criminal justice, treatment, and committee work to help with updated H&I service material.
- Experience with geographic or physical isolation in recovery to help with *The Loner* IP revision.
- Experience with virtual service bodies or with connecting virtual meetings to the service system to help with Virtual Service Basics.
- Willingness to help evaluate speaker recordings for WCNA.

On this form under “H” is the WCNA 38 workgroup. As you can see, only members from the three regions of the Autonomy Zone AZF will be considered. That means US!

[https://naws.formstack.com/forms/volunteer\\_form](https://naws.formstack.com/forms/volunteer_form)

**H. WCNA 38 Workgroup.** This is the local support committee for WCNA 38 in Washington, DC, 29 August–1 September. Members must live in Chesapeake and Potomac, Free State, or Central Atlantic Regions to serve on this group.

The delegates from the three regions were also asked to bring forward names of members interested in working on the workgroup. Personally, if you have not attended a world convention take advantage of it being in our back yard. If you have and would like to serve on the workgroup, please submit your name to the delegate team with your clean time and service experience with dates. We have a short period of time to submit your name. From personal experience, it is a lot of work so if interested be prepared. This is different from volunteering for 2 or 3 hours at the convention. This service is always needed at our World Convention too.

### **Collaboration of US Zones Update**

The US zone meeting is held quarterly. It met on October 8, 2023, at 6 pm Est with the Southeastern Zone hosting and Shane facilitating. All eight zones were present:

- Autonomy Zonal Forum
- Midwest Zonal Forum
- Northeast Zonal Forum
- Plains States Zonal Forum
- Rocky Mountain Zonal Forum
- Southeastern Zonal Forum
- Southern Zonal Forum
- Western States Zonal Forum

The action Plan Task Team reviewed a 2-page Collaboration Framework document that offered a greater explanation of the Collaboration of US Zones. The Task Team prepared the document in response to feedback received from presentations. There was a discussion on the status of regions in response to the survey, that was shown in a spreadsheet. These stats and the progression of the survey can be found on the website: [usa-na.org](http://usa-na.org).

Web Site Task Team, written report provided.

- Draft Web site has been designed: <https://usa-na.org/>

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- Discussion about whether to share the site with various Instagram and Facebook accounts. It was agreed that we are still in a development state, not ready for wider distribution.
- Planning on adding US PSA, Professional Presentation video and more. Guidelines starting guidelines for the collaboration of US zones.

I am submitting final expenses for MZSS for \$961.45 budgeted for \$1000.00-\$38.55 under budget but also shared a room with a former delegate from Freestate. Doesn't always happen. Hope the new budget will be considered for the delegate team.

I have also submitted Tentative budgets for the Florida Service Symposium in March 2024 and the Northeast States Service Symposium in April 2024.

Both locations are trying to get the 4-hour spot to go over the worldwide environmental scan for the Worldwide Planning for our fellowship. This effort will be facilitated by World Service and world board members. Hopefully the Autonomy Zone will be in participation but would be a vital event for our delegate team to participate.

I also attended our Saturday two day and Budget meeting.

YIS

Sherry V. RD Central Atlantic Region

[carnadelegateteam@car-na.org](mailto:carnadelegateteam@car-na.org)

304-261-0401

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# Expense Report

Purpose: 2023 MZSS 2-day Event-Detroit MI from: 10/12/2023 to: 10/15/2023

Name: Sherry V. Position: RD  
On-Site: Final

| Date       | Account | Description            | Hotel    | Transport | Fuel    | Per Diem | Misc.   | Total    |
|------------|---------|------------------------|----------|-----------|---------|----------|---------|----------|
| 10/12/2023 | RD      | Per Diem/Hotel/Airfare | \$231.15 | \$393.00  |         | \$55.00  |         | \$669.95 |
| 10/13/2023 | RD      | Per Diem/Registration  |          |           |         | \$55.00  | \$30.00 | \$85.00  |
| 10/14/2023 | RD      | Per Diem               |          |           |         | \$55.00  |         | \$55.00  |
| 10/15/2023 | RD      | Per Diem/Fuel/tolls    |          |           | \$15.50 | \$55.00  | \$21.00 | \$91.50  |
| 10/15/2023 | RD      | baggage checking       |          |           |         |          |         | \$60.00  |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
|            |         |                        |          |           |         |          |         | \$0.00   |
| SUBTOTAL   |         |                        |          |           |         |          |         | \$961.45 |

Approved: Budgeted-\$1000.00 Notes: Due \$357.65 ADVANCES \$693.00 Request airfare and per diem CK 1021 Aug 21, 2023  
\$39.55 under budget TOTAL \$357.65 \$383.00 \$220.00

# Expense Report

Purpose: 2024 NESSNA 3-day Event-Peabody, MA from: 4/28/2024 to: 4/30/2024

Name: Sherry V. Position: RD  
On-Site: Tentative

| Date      | Account | Description                | Hotel    | Transport | Fuel    | Per Diem | Misc.   | Total      |
|-----------|---------|----------------------------|----------|-----------|---------|----------|---------|------------|
| 4/27/2024 | RD      | Per Diem/Hotel/Airfare     | \$465.80 | \$317.79  |         | \$55.00  |         | \$838.59   |
| 4/28/2024 | RD      | Per Diem/Registration/tran |          | \$80.00   |         | \$55.00  | \$30.00 | \$165.00   |
| 4/29/2024 | RD      | Per Diem                   |          |           |         | \$55.00  |         | \$55.00    |
| 4/30/2024 | RD      | Per Diem/Fuel/tolls        |          |           | \$15.50 | \$55.00  | \$21.00 | \$91.50    |
| 4/30/2024 | RD      | baggage checking           |          |           |         |          |         | \$60.00    |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
|           |         |                            |          |           |         |          |         | \$0.00     |
| SUBTOTAL  |         |                            |          |           |         |          |         | \$1,210.09 |

Approved: Budgeted- Notes: ADVANCES TOTAL \$1,210.09 Request airfare and per diem \$383.00 \$220.00

Working minutes: These minutes have not been approved by RSC.

## Expense Report

Preparer: 2024FSS      3-day Event-Tampa, Florida      from: 3/15/2024      to: 3/17/2024

Name: Sherry V.      Position: RD  
 On-Site: Testative

| Date      | Account | Description                  | Hotel    | Transport | Fuel    | Per Diem | Misc.   | Total             |
|-----------|---------|------------------------------|----------|-----------|---------|----------|---------|-------------------|
| 3/14/2024 | RD      | Per Diem/Hotel/Airfare       | \$465.80 | \$800.00  |         | \$55.00  |         | \$1,320.80        |
| 3/15/2024 | RD      | Per Diem/Registration/Travel |          | \$92.00   |         | \$55.00  | \$30.00 | \$177.00          |
| 3/16/2024 | RD      | Per Diem                     |          |           |         | \$55.00  |         | \$55.00           |
| 3/17/2024 | RD      | Per Diem/Fuel/Hotel          |          |           | \$15.50 | \$55.00  | \$21.00 | \$91.50           |
| 3/17/2024 | RD      | baggage checking             |          |           |         |          |         | \$60.00           |
| SUBTOTAL  |         |                              |          |           |         |          |         | <b>\$1,704.30</b> |

Southwest out of Baltimore

Approved: \_\_\_\_\_      Budgeted: \_\_\_\_\_      Notes: \_\_\_\_\_      ADVANCES: \_\_\_\_\_

|       |  |                   |  |  |  |  |  |
|-------|--|-------------------|--|--|--|--|--|
|       |  |                   |  |  |  |  |  |
| TOTAL |  | <b>\$1,704.30</b> |  |  |  |  |  |

**Regional Delegate, Alternate, Report** – David H., rda@car-na.org

Financial report – Fiscal year 2023

- Member contributions remain above pre-pandemic levels, but have dipped from a high of 24% down to 20%
- Literature sales are 35% over budget, but Cost of Goods sold is 58% over budget. These two figures should be the same. The 23% difference reflects increased production costs, especially due to translated literature. In-house production is 2% over budget.
- The expenses associated with the 2023 WSC were \$544,667, approximately \$32,000 over budget, even though approximately 40 communities paid for some or all of their delegates' expenses. This overage is due to rising facilities costs and AV/IT costs associated with having a hybrid conference.
- Fellowship Development is 12% over budget, primarily because of a 45% increase in Developmental Literature. Developmental literature in the 2023 fiscal year was \$497,366; over \$150,000 more than projected. If you add Developmental Subsidies and Allowances and Developmental Literature, the expense total for Free and Subsidized Literature is \$738,826, a 35% increase from 2022.
- our inventory levels as of 30 June are shown as \$2,216,049. We are still keeping a larger amount of stock to reduce the impact of the current situation in US ports, and shipping around the world.
- In conclusion, today our financial position is intact. However, given the rise in production costs it will become increasingly unstable if we continue to rely on literature sales with a percentage increase in member contributions.

*Working minutes: These minutes have not been approved by RSC.*

### CP Webinar

- The September 2023 Conference participant web meeting was held on Saturday, 23 September at 11:00 am Pacific Time. The meeting was attended by 69 RDs, 5 ZDs, 14 WB, 56 ADs, 5 zonal contacts (from 4 zones), 2 members of the HRP, 1 WSC cofacilitators, 2 interpreters, and 19 NAWS staff.
- We discussed the upcoming publication of the NA Survival Kit, which will be a piece of literature that bundles together parts of the Basic Text, It Works, and the Step Working Guides on the steps.
- The majority of the CP webinar was spent workshoping the Environmental Survey, looking at the internal and external factors that threaten the growth and stability of our fellowship. We will close the survey today, but it's not too late to respond and have your voice heard. Once the results of the survey are in, WB plans to meet with the Zones in two hour sessions to discuss the results so that we can bring that information back to you.
- WCNA will be in Washington DC from 29 AUG – 1 SEP 2024. We expect registration to go on sale within the next two months.

### Virtual Meeting of Zones

- On October 4<sup>th</sup> I attended the Virtual Meeting of Zones as the Zonal Contact for the Autonomy Zone. I turned out that was not a formal meeting, but rather a meeting called by the Brazilian Zonal Delegate as a kind of debrief on the World Service Conference. My sense, though I am not sure if this is correct, is that the Brazilians were interested in how various other zones were feeling about recent activity in their zone. Three Brazilian regions were seated at the 2023 WSC. This would have meant that 9 of 10 regions in that zone were seated, presumably meaning that they would no longer have a zonal delegate which requires two unseated regions. Immediately following the WSC, an eleventh Brazilian zone was formed, thus maintaining their zonal delegate. However, this was not discussed directly, but the fact that 7 of the Brazilian RDs were present when RDs do not typically come to this meeting seemed telling. I was one of two out of 8, US Zonal Contacts present.

### Multizonal Service Symposium

- Last weekend I attended the Multizonal Service Symposium in Detroit, MI. I'd like to thank the Region for sending us there, as I thought it was the most informative service symposium I've ever attended. I attended trainings on project management, determining common welfare, unity vs organization, training and mentoring trusted servants, and PR Basics. Just as important were the members that I met, extending my network and knowledge of trusted servants and their skill sets.

ILS,

David H

*Working minutes: These minutes have not been approved by RSC.*

**12:00** Greg H. asked David if there was any SCRUM project management training. David replied that NO, it was more a general training of breaking things into tasks.

**Regional Delegate, Alternate 2 Report – VACANT – [rda2@car-na.org](mailto:rda2@car-na.org)**

**12:02** **VRCC Report** – Michelle M., [chair@avcna.org](mailto:chair@avcna.org)

Hello Family,

The VRCC met virtually for our business meeting in September. All host executive positions are filled, and they have an excel start to filling subcommittee chair positions. The host committee is working on fundraising and meets regularly. Myself and another executive committee member will be meeting with the hotel Marriott on Tuesday 10/24 to begin working out the hotel contract, more will be revealed. The host committee is also working on ways to offer early bird registrations in January.

We have 9 directors attending and all executive positions except for policy are filled.

Lastly, as I reported previously the motion to have the AVCNA on a 3 area rotation passed and an ad hoc was formed to present policy for how this rotation will be facilitated.

ILS,

Michelle M-VRCC Chair

**12:03** Greg H. asked about what 3 areas were and asked what that area was: Richmond, Roanoke, and the Beach area.

**12:05** Etta L. strongly suggested that a clear definition of “Beach area” is put in place for policy.

**12:08** Sherry V. said that the motion did not specify “Beach area.”

**12:12** Colin D. asked how many directors were present and what the results of the vote were.

**Public Relations Report – VACANT**

**Hospitals & Institutions Chair Report - VACANT**

**Policy Chair Report - VACANT**

**Speaker Jam Chair Report – VACANT**

*End of RSC Executive officer reports*

*Working minutes: These minutes have not been approved by RSC.*

## AREA REPORTS:

**Almost Heaven Report** – **VACANT** – send reports to [dvorbach@gmail.com](mailto:dvorbach@gmail.com); [jniferd43@gmail.com](mailto:jniferd43@gmail.com)

**12:17 Appalachian Report** – Kim C. [kimcarvente7@aol.com](mailto:kimcarvente7@aol.com); Christina R. (alt) [rchristina459@gmail.com](mailto:rchristina459@gmail.com)

Dear Regional Members,

The Appalachian Area meets the first Sunday of the month. I attended in September & October 2023. The Area meets at 2420 Memorial Ave. Lynchburg, VA at 3:30 pm. We have 7 groups.

Present were 4 groups and 1 Alternate GSR present. Our donation is \$214.10

Forum:

Floyd A. spoke with the Special Events Chair Teresa & Frances W. Co-Treasurer for the Area. The money from the Speaker Jam was returned to the Area at our August Area. He shared with Frances W. that if they want another event and need the money come to the Area and ask for it. In our policy you cannot just keep the money donations on your own. Both the Chair Teresa and Frances were called while we were at the Area and Frances was coming to bring money and receipts. The money given to the Area was \$128 plus the \$150 seed money. She said she forgot the receipts. Another member counted the money with the Chair at the Speaker Jam and it was close to \$400. Evan R. asked what a reasonable time is to return money and receipts. It was stated the Area should receive donations the first Area after the event. There was much discussion on the total count and the return.

Request by the Chair to see that the Region's Website get all activities so more addicts could be aware of any group activities.

Discussion on Public Relations and the Phone Line. I mentioned contacting the Regional PR person.

I included in my minutes for the Area the NAWS Bulletin #30 Theft of NA Funds.

New Business:

- Motion to have Robin S. become Secretary of the Area made by Kim C. Seconded by Jess C. Passed.
- Motion to remove Frances W. as Co-Treasurer passed. Our Chairperson met with her to get the receipts and let her know she was removed.
- Discussion & vote on having a fundraiser for the upcoming convention. This was taken back to the groups for a vote. Passed.



*Working minutes: These minutes have not been approved by RSC.*

- Christina R. was voted in as Alternate RCM. Congratulations! And is present today.
- Motion to have Special Events Chair Teresa be removed from her position. Made by Darryl N. Seconded by Jess C. Intent because all members were doing 95% of the work and the Chair was always out of town and she never knew what the financial status was. Passed.
- Our Alternate VRCC Director reported: The VRCC Treasurer Report was total \$2800,408.

The Policy Chair stepped down.

Motion for VRCC Alternate to receive minutes – Passed

Motion for early bird sign up to convention – Passed

Celebrations in September & October & November:

Joe P. Miracle 1 year 10/20/23

David L. 5 years 10/11/23

Owen J. 36 years 9/12/23

Kim C. 41 years 10/11/23

Jake H. 5, years 11/22/23

Heather B. 2 years 11/2/23

In Service, Fellowship & Love,  
Kim C., RCM Appalachian Area

**12:25 Beach Report** – Beach Report – Trish F. [trishfurness@yahoo.com](mailto:trishfurness@yahoo.com)

Dear Regional Members,

The Beach Area meets on the first Saturday of the month. I attended in September and October, 2023. Area meets at 1200 Dam Neck Road Virginia Beach at 1:00 p.m. We have 17 active groups. Quorum was met in both months. No donation this month. The position we have open in our area is alt RCM. The ENC committee is planning a Thanksgiving Day Marathon Meeting at Old Donation Episcopal Church at 4449 Witchduck Road in Virginia Beach. H&I is exploring new commitments in Virginia Beach city jail and drug court. All commitments were met for both months.

In loving service,

Trish F

*Working minutes: These minutes have not been approved by RSC.*

**12:28 Blue Ridge Report** – Rick V. [ricksescort@hotmail.com](mailto:ricksescort@hotmail.com)

The last Area Service Committee I attended was on October 8<sup>th</sup> in Verona, VA. There were 10 people present. We had 4 of 5 eligible for voting present at this meeting, and ten total trusted servants and 3 guest members of NA.

Open forum:

- Rick V complimented the new meeting lists.
- Ray asked if it would be okay for NA to list “where and when” in the local paper in Lexington. The new Buena Vista group (recovery 101) and the Lexington group are going to talk with paper about getting a small section in the local events listings.
- Buena Vista has a new group, they are registered, and they have sent a GSR to the last two ASC’s, they will be eligible to vote at our next ASC.

Reports:

- Treasurer, BRANA has a CAR-NA donation of \$457.90 is projected CARNA contribution at this time.

Literature Chair: no report

Special Events:

- Lake Robertson campout was cancelled.

Outreach:

- Alan, verbal report, awaiting the literature for the prison in Churchville.
- We need more male volunteers for MRRJ.
- There is currently not enough interest to take in a meeting. Outreach is asking that this is shared with home groups.

Old Business

- Motion 923-1 passed; additional 100\$ for meeting lists, passed.

New business:

- Concern about Special Events chair being fit for position, this will be revisited with the chair present next month.

Open Positions: Vice Chair, Policy, RCM alt, VRCC & alt.

Announcements:

- Literature committee meets at conclusion of ASC every month, next ASC meets on 11/12/23 in Verona, VA at 3 pm.
- No Matter What group is hosting Halloween dance on 10/28/23.
- Recovery 101 NEW MEETING!! Monday at 7:15 pm, Friday at 7pm 119 E28th St Buena Vista, VA 24416, Chris C (2), Chris B (4) Virginia (1) Steve E (7) and Hannah (1) this month.

In Loving Service,  
Rick V.

Working minutes: These minutes have not been approved by RSC.

**12:32 Gateway to Freedom Report** – Rhonda P. [rpiser1@hotmail.com](mailto:rpiser1@hotmail.com)

Hi Family,

GTFA has 9 active meetings with 8 homegroups attending the last 2 ASC meetings. We are donating \$250.00 to CARNA. We are mailing the check to the regional treasurer.

Open positions at Area Service are vice chair, secretary, vice treasurer, policy chair, outreach and alternate RCM. We voted in Jim K to PR chair and received nominations for secretary and special events chair. The homegroups will be voting next ASC.

Our Area Service meets the second Saturday at 10am. Located at Friendship Haven Church 22 N Mechanic St Cumberland MD 21502. The mailing address for Gateway to Freedom Area is PO Box 936 Cumberland MD 21501.

Grateful to be of service,  
Rhonda P GTFA RCM

**12:6 New Dominion** – Chelsea R. [chelsearndana@gmail.com](mailto:chelsearndana@gmail.com) and Carol M. (alt) [cmcdaid7@icloud.com](mailto:cmcdaid7@icloud.com)

**Events:** We have no events going on at this time, but will have numerous fundraisers for the 2025 AVCNA coming up soon. I will send flyers of events as they come in. If your area is interested in hosting an AVCNA fundraiser, please contact Ben F the Host Committee Chair 804-938-5045.

**Donation:** We have no donation at this time

**Number of Home Groups at this time:** We have a total of 59 homegroups and 67 meetings a week.

**Number of Home Groups that attended ASC:**

| September | October |
|-----------|---------|
| 26        | 32      |

**Status of Area Positions:**

Executive Committee

Subcommittee Chairs

|                |                     |            |                     |
|----------------|---------------------|------------|---------------------|
| Chair          | Up for election Dec | Campout    | Up for election Nov |
| Vice Chair     | Up for election Nov | H&I        | filled              |
| Secretary      | Up for election Dec | Literature | Up for election Dec |
| Treasurer      | Filled              | Outreach   | filled              |
| Vice Treasurer | Filled              | Policy     | filled              |

Working minutes: These minutes have not been approved by RSC.

|                |        |                  |        |
|----------------|--------|------------------|--------|
| RCM            | Filled | Public Relations | filled |
| RCM Alternate  | Filled | Special Events   | filled |
| VRCC           | filled |                  |        |
| VRCC Alternate | filled |                  |        |

**New Home Groups that have joined the area:** none at this time

**Meeting Address Changes:** none at this time

**Information that may affect NA as a whole:** none at this time

**Upcoming elections:** November Vice Chair and Campout. December Chair, Secretary, Literature

**Mailing Address:**

New Dominion Area  
PO Box 25336  
Richmond VA 23260

**Website:** <https://rvana.org/areas-served/new-dominion-area>

**Where and When ASC is held:** Second Sunday of the month from 3:30-6 at Hatcher Memorial Baptist Church 2300 Dumbarton Rd Richmond VA 23228

**H&I Commitments:**

Beaumont Prison every other Thursday 7-8 (need clearance) Mark C [jaws7658@gmail.com](mailto:jaws7658@gmail.com)

YCAPP every other Thursday 10am-11am Bryan M [bryanmiller486@gmail.com](mailto:bryanmiller486@gmail.com)

VCBR Wednesdays 6:30-7:30 (need clearance) Mike Monte [livninthesticks@aol.com](mailto:livninthesticks@aol.com)

James River Juvenile every other Thursday 6:30-7:30 Chelsea R (need clearance)

[chelsearndana@gmail.com](mailto:chelsearndana@gmail.com)

The Healing Place Friday 6:30-7:30 Stuart P [jdmstu70@gmail.com](mailto:jdmstu70@gmail.com)

**In Loving service,**

Chelsea R

**12:47 New River Valley Report** – Jeffrey B. [pippideemon@gmail.com](mailto:pippideemon@gmail.com)

New River Valley area last met on Sunday, October 1st at Highland Park Community Church in Dublin VA. 7 Active groups were represented at the meeting.

H.O.P.E. from Pearisburg VA is a new group in our area, this was their first area meeting. We gave them a bunch of keytags, literature, and a welcome pack. A portion of the material we gave them was recently donated from Region over the summer, we thank you for that.

Working minutes: These minutes have not been approved by RSC.

K.I.S.S. group is hosting Spook or Speak celebration on Friday the 27th and One Addict Helping Another is hosting Hallo-Clean speaker meeting and chili cookoff on Sunday the 29th.

Thank you for letting me serve,  
Jeffrey B. NRVNA RCM

### **Outer Limits Report – VACANT**

**Peninsula Report** – Beverly A. [bybea212@yahoo.com](mailto:bybea212@yahoo.com); no report

**12:51 Piedmont Report** – Brian K. [brianjazzmessenger@gmail.com](mailto:brianjazzmessenger@gmail.com); and Megan O. (alt)[megan@osborneinc.net](mailto:megan@osborneinc.net)

Greetings, Family,

The Piedmont Area of NA met on September 3 as well as October 1, 2023. At our September 2023 meeting, which continues to be a hybrid format, we had 10 of our 11 active groups present. At this time, October 2023 meeting minutes are not available.

### **Hospitals & Institutions, Anthony M, Chair:**

- Boxwood Regional Treatment Facility in Culpeper (Eric H, Panel Leader); Boxwood patient attendance ranges from 4-17. All meetings took place in August; volunteers needed.
- Men's ACRJ (Kyle W, Panel Leader); No meetings have occurred because the jail contact person is no longer there. We are working with the interim contact to try to restart meetings. Two volunteers have completed orientation and two more have submitted applications.
- Women's ACRJ (Lauren H, Outgoing Panel Leader); One meeting (via Zoom) occurred in August. All women's meetings have been cancelled for September until further notice.
- Five East (Adult Psychiatric Facility at UVA Hospital) (Connie P, Panel Leader); The NA message was taken into 5 East weekly during the month of August.
- Mohr Center (men's recovery house in Charlottesville) (Ky L, Panel Leader); All weekly meetings took place for August.
- Wellness Recovery Center (Patsy G, Panel Leader); Both regularly scheduled meetings were cancelled due to patients' lack of interest. However, a request was made for a meeting on an off-week, which was helpful. Meetings are scheduled every other week.

### **Public Relations, Grace H, Chair:**

- Phone Line (Cecily W); Since our last sub-committee meeting the phone line has received three calls, taken by our volunteers.

*Working minutes: These minutes have not been approved by RSC.*

- Presentation Coordinator (Jim W); Presentations have been made to Georgia's Healing House and contact has been initiated with the Residency Coordinator at UVA Hospital and the Albemarle County Medical Society.
- Meeting List Coordinator (Jodi D); New meeting lists have been printed and will be distributed at Area Service.

**Special Events, Anand H, Chair;** The vice chair position has been filled. A Halloween party will be held on Sunday, October 29, 2023 from 7-9p at Immanuel Lutheran Church, 2416 Jefferson Park Ave, Charlottesville, VA 22903

**New Business;** None

**Open Positions (PASC);** Alternate Secretary, Alternate Literature Chair, VRCC Alternate Director

**Open Subcommittee Positions;** H&I Vice Chair; H&I Panel Leader Women's ACRJ, H&I Boxwood Panel Leader, PR Vice Chair, PR Phone Line Coordinator

The next PASC meeting is scheduled for 4pm on Sunday, November 5, 2023 at the Church Of Our Savior on Rio Road East in Charlottesville.

In Loving Service,  
Megan O, RCM2; C: 434-249-8896  
Brian K, RCM; C: 434-973-3424

**Rappahannock Report** – Cat E. [catedwards62@gmail.com](mailto:catedwards62@gmail.com); no report

**Richmond Report** – **VACANT** but many flyers, including registration form, are included here:

Working minutes: These minutes have not been approved by RSC.

# Richmond Area Convention of N.A.

## RACNA 2

**NOVEMBER 1-3, 2024**

**Richmond Marriott Downtown**

**500 E. Broad St. Richmond, VA 23219**

**Call for Reservations: (804) 643-4300**

**\$189.99 per night for single or double room until October 2024**

**Reservations begin November 2023.**



When at the end of the road. . .

**PROGRAMMING CHAIRPERSON:** *Richard W., (804) 248-6756*

**SUBMIT CDs or MP3s TO:** RACNA 2, P.O. BOX 25206, RICHMOND, VA 23260

**Main Speakers:** 10 years minimum clean time

**Workshop Speakers:** 5 years minimum clean time

**Workshop Chair:** 1 year minimum clean time

**REGISTRATION CHAIRPERSON:** *Carolyn R., (804) 585-5414*

REGISTER ONLINE AT: [www.RACCNA.org](http://www.RACCNA.org)

-or-

CHECK or MONEY ORDER PAYABLE TO: **Richmond Area Convention Corporation**

AND SEND TO: **RACNA 2, P.O. BOX 25206, RICHMOND, VA 23260**

**\*\* MAILED PRE-REGISTRATION MUST BE POSTMARKED BY SEPTEMBER 30, 2024 \*\***

**\$25 (Cash) - \$27 (Credit Card) until December 31, 2023**

**\$35 (Cash) - \$37 (Credit Card) from January 1, 2024 until September 30, 2024**

**ON-SITE REGISTRATION \$45 (Cash) - \$47 (Credit Card)**

REGISTRATION QUANTITY: \_\_\_\_\_ NEWCOMER DONATION: \_\_\_\_\_ TOTAL: \$ \_\_\_\_\_

NAME(S): \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS include State and Zip Code: \_\_\_\_\_

PHONE: \_\_\_\_\_ ADDITIONAL NEEDS REQUEST: \_\_\_\_\_

Working minutes: These minutes have not been approved by RSC.



# **RACNA 2 F&E Subcommittee presents**

Part 1 of a

# **SPEAKER JAM SERIES**



# **"Mystery Topics"**



**NOVEMBER 4, 2023**

**NOON - 6:00PM**

**Food for sale!**

**HATCHER MEMORIAL CHURCH**

**2300 DUMBARTON RD.**

**HENRICO, VA 23228**

**50/50 Raffle**

**On-site Registration and  
Merchandise will be available.**

**Suggested Donation \$5.00**

**RCOs WELCOME!**

**CONTACT(S): HAKIM L. (804) 803-4946 OR ANNETTE J. (804) 909-8370**



Working minutes: These minutes have not been approved by RSC.

**Deadline**  
**March 2, 2024**

**Winner Receives:**

- 1 Registration Package
- 1 Convention T-Shirt
- 1 Banquet Ticket

**RACNA 2**  
**Richmond Area Convention of N.A.**  
**Artwork Contest**

The Richmond Area Convention Arts & Graphics Subcommittee is seeking design submissions for our 2024 convention. The theme of the convention is "*When at the End of the Road.*" The selected design will be based on that which best illustrates the convention theme.

Convention dates or additional information, need not be included as those will be added to the artwork at a later time.

All submissions become the sole property of Richmond Area Convention Corporation (RACC).

Please **Email To:** [racna.arts.graphics@gmail.com](mailto:racna.arts.graphics@gmail.com)

Contact Derick R. (804) 516-1846 For More Information



Working minutes: These minutes have not been approved by RSC.



# JERSEY DANCE



SHOW OFF YOUR FAVORITE TEAM!

|           |  |                     |
|-----------|--|---------------------|
| Nov. 18th | King David Hall<br>4000 Woody Dr.<br>Richmond, VA<br>23222 | 7:00PM -<br>11:00PM |
|-----------|--|---------------------|



**Tickets: \$15  
\$20 at door**



**CONTACT(S): HAKIM L. (804) 803-4946 OR ANNETTE J. (804) 909-8370**

Working minutes: These minutes have not been approved by RSC.

**12:56 Roanoke Valley Report** – Greg H. [greggh93@hotmail.com](mailto:greggh93@hotmail.com) and Skeet C. (alt) [collinsskeet5@gmail.com](mailto:collinsskeet5@gmail.com)

Hello Family,

The Roanoke Valley Area currently has 15 groups with 23 weekly meetings. The H&I currently hosts 4 weekly meetings and one that occurs monthly. We are currently not above prudent reserve and as such there is not a donation. We are prepared to vote on the motion regarding the delegate team today.

The location where we held Area service caught fire this past week and as such we lost our literature inventory as it was stored there. We are unsure of the amount at this time but it is expected to be in the \$2,000 range. Our area chair will be reaching out to the facility to see if possibly their insurance will cover the cost of our literature. More will be revealed.

The RVANA ASC meets the 2 Sunday of every month at 4231 Garst Mill Road, Roanoke, VA 24018.

The Mailing address is P.O. Box 3338 Roanoke, VA 24015

Contact: [roanokevalleyareaofna@gmail.com](mailto:roanokevalleyareaofna@gmail.com) website: [www.roanokena.com](http://www.roanokena.com)

With Love of the fellowship,

Greg H. RCM RVANA

**Shenandoah Valley Report** – Sarah M. and Robin M. (alt) [london13751@gmail.com](mailto:london13751@gmail.com); [graciousmountain@protonmail.com](mailto:graciousmountain@protonmail.com); no report

**Southside Report** – Charlotte H. [charlottehightower145@yahoo.com](mailto:charlottehightower145@yahoo.com); no report

**1:03 Tidewater Report** – Olena P. [peteronolena@outlook.com](mailto:peteronolena@outlook.com), and Colin D. (alt) [dozierstuart@gmail.com](mailto:dozierstuart@gmail.com)

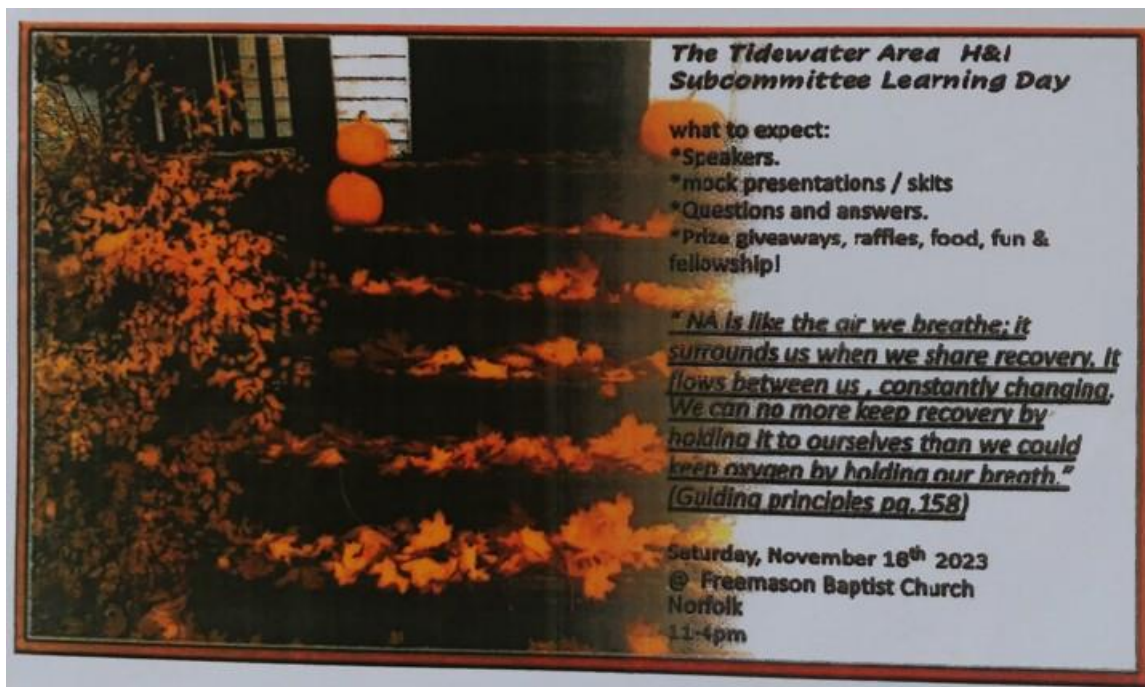
Our area met October 8, 2023, at Norview United Methodist Church 2pm Quorum was met with 19 groups out of 25 active groups. Elain H. nominated herself and was acclimated for the Special Events Chair. The following Area positions are open, Assistant Treasurer, Public Relations Chair, and Literature Vice Chair. TACNA next fundraiser is an Old Timer Speaker Jam and Spaghetti Meal on 12/9/2023 @ Freemason Street Baptist Church, 400 E. Freemason Street (Norfolk). Tickets are \$15.00 in advance and \$18.00 at the door, time 12-9pm, flier attached. TACNA fundraiser 50/50 Raffle with 2 free registration packages, tickets 5.00 flier attached. TACNA convention will be February 29 – March 3, 2024. This is a 4-day convention celebrating the 20<sup>th</sup> Anniversary of TACNA's Conventions flier attached.

Working minutes: These minutes have not been approved by RSC.

H&I has 11 active commitments. Commitments at Indian Creek/St. Bride Prisons have started meetings again. Background checks have been completed for volunteers, and they have received their badges. H&I is having a Learning Day Saturday, November 18, 2023 @ Freemason Street Baptist Church (Norfolk) from 11am – 4pm, flier attached. RCM and Alternate RCM are working with the Area Secretary to verify homegroup statuses. We have 32 homegroups listed and 25 actively participating at area. We have 2 that closed, 3 with no GSR's, 2 that went to other areas, 1 on zoom is just a meeting, and 4 we are still checking. We will be working diligently with them to get involved in Area service and to help where necessary.

RSC Motion Number: 222-1 was sent to TASCNA homegroups to Vote on. The homegroups voted at Area October 8, 2023, 14 for, 0 against, and 2 abstentions, Motion passed.

In Loving Service,  
Olena P.  
Colin D.





TACNA XX Presents

And  
Spaghetti Dinner

Saturday, December 09 at 12:00pm- 8:00pm  
Freemason Street Baptist Church  
400 E Freemason St  
Norfolk, VA 23510

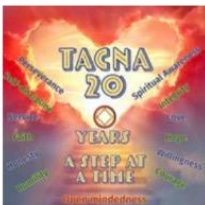
Tickets are \$15.00 in advance and \$18.00 at the door.  
For more Contact Dia A. at 757-332-6682 or any convention  
committee member

\*\*\*\*\*

**\*\*Meal includes\*\***

Choice of beef, turkey or vegetarian spaghetti, salad, garlic  
bread and dessert with water and tea

Will be served 3:30-6:00pm



Working minutes: These minutes have not been approved by RSC.



TACNA XX Presents

Half the pot plus  
Two TACNA 20  
Registration Packages

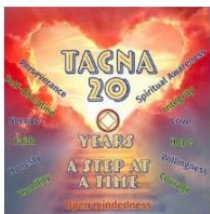
Saturday, August 12 until Saturday, November 04  
See any member of the TACNA Convention Committee to  
purchase tickets.

Don't miss your opportunity to win some extra cash and 2 free  
registration packages to our area convention taking place  
Thursday Feb 29, 2024- Sunday Mar 3, 2024!!

\*\*\*\*\*

**\*\*Tickets are One for \$5.00\*\***

The drawing will take place on Sunday Nov 5, 2023.  
You do not have to be present to win.

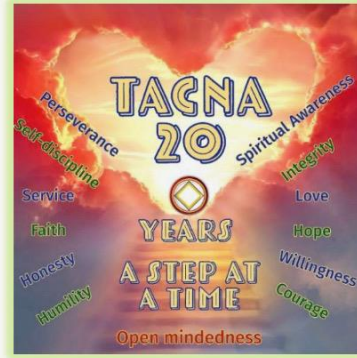


Working minutes: These minutes have not been approved by RSC.

# TACNA XX

## Feb 29-Mar 3, 2024

**Norfolk Waterside Marriott**  
235 E Main Street Norfolk, VA 23510  
Reservations: (800) 874-0264  
**\$132.00 per night**  
Reservations for your room **available now**  
Use Convention Rate Code: **TACNA 2024**



**Programing Chair: Shelby J. 757-535-0605**

**SUBMIT CD or Electronic media TO: TACNA PO BOX 2833**

**NORFOLK, VA 23501 - Must be received by Aug. 31, 2023**

**Main Speakers: 5 years min clean time/Workshop Speakers: 3 years min clean time**  
**Workshop Chairpersons: 1 year min clean time**

**Additional Convention Activities**

**Jazz Brunch Friday 12:00pm-2:00pm \$45.00 per person**

**Banquet Dinner Saturday 5:00pm-7:30pm \$60.00 per person**

**Registration Chair: Denise J. 757-667-0939**

**REGISTRATION \$30.00 BY MAIL/MUST BE POSTMARKED BY Oct. 31, 2023**

**\$40.00 Nov. 1, 2023 – Until- Feb. 15, 2024**

**DAY OF CONVENTION \$45.00**

Check or money orders payable to **Tidewater Area Convention of NA**

Registration: **TACNA PO BOX 2833 NORFOLK, VA 23501**

Send Payments via **Zelle: TACNAconvention@gmail.com**

**\*\*If using Zelle please indicate what and how many of each item you are paying for\*\***

**Registration Quantity:** \_\_\_\_\_ **Total: \$** \_\_\_\_\_  
**Jazz Brunch Quantity:** \_\_\_\_\_ **Total: \$** \_\_\_\_\_  
**Banquet Dinner Quantity:** \_\_\_\_\_ **Total: \$** \_\_\_\_\_

**Name(s):** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address, include State and Zip Code:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**Tri-Cities Report** – Kelley G. [geddiekelley@gmail.com](mailto:geddiekelley@gmail.com); [tricitiasasc@rvana.org](mailto:tricitiasasc@rvana.org); no report

*End of Area reports by RCMs.*

**1:30** Old business: Motion 222-1 is voted on and approved unanimously.

Working minutes: These minutes have not been approved by RSC.

## CARNA Motion Form

**Motion Number:** 222-1 **Date:** August 19, 2023  
**Mover:** Carnadelegateteam **Area:** N/A  
**Second:** Greg H. **Area:** Roanoke Valley Area

### Description/Background (Optional):

At the 2023 World Service Conference it was voted to approve a three-year conferece cycle for two conference cycles for a total of six years. This motion would reflect this change allowing all members of the delegate team to experience a complete conference cycle and all it entails.

### Intent:

To update guidelines to reflect the conference approve change to the WSC conference cycle for the Regional Delegate (RD), Regional Delegate Alternate (RDA) and the Regional Delgate Alternate 2 (RDA2)

### Motion:

**To change 6B Regional Delegate Qualifications#4. from:** 4. 2 year Term  
**To:** 4. One conference cycle term

**To change 7B Regional Delegate-Alternate Qualification#4. from** 4. 2 year term, 4 year commitment  
**To:** 4. One conference cycle term, Two conference cycle commitment

**To change 8B Regional Delegate-Alternate Qualification#4. from** 4. 2 year term, 6 year commitment  
**To:** 4. One conference cycle term, Three conference cycles commitment

### Amendment

**Amendment Mover** \_\_\_\_\_ **Second** \_\_\_\_\_

Pro: Continuity -Olena  
 Pro: Efficiency David H.  
 Con: Trouble getting persons to Nominations- Greg H.  
 Con: Spirit of Rotation-Sarah M.

### Vote Talley

Total For: \_\_\_\_\_ Groups: \_\_\_\_\_  
 Total Against: \_\_\_\_\_ Groups: \_\_\_\_\_  
 Total Abstention: \_\_\_\_\_ Groups: \_\_\_\_\_

Tabled: \_\_\_\_\_ To Policy: \_\_\_\_\_ To Home Groups: \_\_\_\_\_



Working minutes: These minutes have not been approved by RSC.

1:36 Open positions: Chair, Vice-Treasurer, Regional Delegate Alternate 2, H&I Chair, Policy Chair, PR Chair, Speaker Jam Chair

Sherry V. previously nominated Cindy K. for the position of RDA2 and the position will remain open for 1 more RSC cycle. Cindy K. has accepted the nomination, and her service resume is here:



Service Resume

NAME: Cindy K

CLEAN DATE: 5/20/1998

HOME GROUP/AREA/REGION: virtual HG NANA 24-7 Marathon Meeting /  
Trusted Servants Group, Beach Area, CARNA

POSITION NOMINATED FOR: Regional Delegate Alternate 2

SERVICE COMMITMENTS HELD (GROUP, AREA, REGION, CONVENTION, VIRTUAL):

Rochester (NY) Area 1998-2001:

Rosedale Group: Member, key tag person, GSR; Area: Assistant Treasurer, PI member; Secretary, Steering Committee, Ad Hoc Chair Outreach Committee  
Cindy K Service Resume (continued)

Westside Area (MD) 2001-2007ish:

Shot of Hope Homegroup: Coffeemaker/set up, Treasurer, GSR; Area: RCM, RCM alternate, Secretary, H&I panel member and coordinator, Sponsorship Behind the Walls Ad Hoc.

Bay Area (MD) 2007ish-2015ish:

Constantly Changing: member, GSR, setup/coffee; Shelter from the Storm: member, speaker finder, GSR alternate, greeter

East of the Bay Area (MD) 2015-2020:

Clean and Serene Dreamers HG: secretary, GSR, speaker finder.

Virtual NA Meeting Platforms (2020-present)

NA NA 24-7 Marathon Meeting Group: April 2020-current: meeting host and co-host;  
Policy Chair 2022-present

REGIONAL EXPERIENCE

*Working minutes: These minutes have not been approved by RSC.*

Free State Region, MD 2005-2019

Regional Assistant Secretary/Secretary, Regional Assistant Treasurer, Regional Vice Chair (2), Chair (2) Convention Board Liaison, GSR Workshop Facilitator; Various Ad Hoc Committees, Regional PR and Regional Policy committees.

Regional Convention Board of Directors, 2006-2010: Secretary, Vice Chair, Chair. Subcommittee liaison for Merchandise, Hotels/Hospitality sub committees.

Regional Convention Board of Directors, 2014-2018: Secretary, Vice Chair (2x) chair (2x); Subcommittee liaison: Convention Information, Merchandise, Hotels and Hospitality and Programming. Negotiations of hotel contracts.

OTHER SERVICE COMMITMENTS:

Circle of Sisters XXV: 2020-2023. "Executive body" Secretary, Liaison for Registration and Programming.

Above all, a love and gratitude for Narcotics Anonymous, with a desire to serve NA fellowship that has saved lives and fanning flames for decades, becoming more involved at Regional and World level.

Thank you for the nomination, it's an honor to be considered.

In loving service

Cindy K

Savedtoserve98@gmail.com 410.905.0994

H&I Chair position is vacant. There were no nominations.

Policy Chair position is vacant, but Mark M. is still Policy Chair-Elect. Here is his service resume:

## CONTACT

PHONE:  
757-406-7054

EMAIL:  
Madisonsrmark@gmail.com

## **M a r k M**

**CLEAN DATE 06/02/1989**

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### **SERVICE EXPERIENCE**

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#### **The Group**

Basic Math 12 + 12: Greeter, Hospitality, Coffee Maker, GSR, Treasurer

#### **The Area**

ASC Chair - 1993-1994, 2022-2023  
Policy, Budget, PI/PR committee member

#### **Area Convention (TACNA)**

1. Merchandising
5. Programming Chair
10. Fundraising/Entertainment Chair
19. Programming Committee

#### **Knowledge**

I possess a working knowledge of the 12 Steps and 12 Traditions of NA. I am currently working the Concepts for NA Service with my sponsor. One of the things that I have learned from being of service to the fellowship, is to apply the same spiritual principles of my personal recovery to my service commitments. That is unconditional love and acceptance for my fellow members; as well as patience and tolerance.

Though I am still learning, I am a very good facilitator. I am adept at following policy and procedure as well as being able to share that knowledge and information. Always understanding what our "ultimate authority is"

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Working minutes: These minutes have not been approved by RSC.

PR Chair position is vacant. No nominations were made.

Speaker Jam Chair is vacant. No nominations were made.

1:35 New Business – Motion 223-1 Etta L. requests a discussion about VSIA, which is in June 2024. We need a point person to make sure that we can attend.

Motion 223-2, the approval of the 2024 budget, will go back to Homegroups. Etta details the 2024 budget. Please see the full budget below.

## CARNA Motion Form

Motion Number: 223-2 Date: 10/22/23

Mover: Etta L (Treasurer) Area: \_\_\_\_\_

Second: Chelsea R Area: New Dominion

Description/Background (Optional):  
Keep business running as normal.

Switch

Intent:  
Budget was created for 2024 need to have areas to approved.

Motion:  
Approve 2024 Budget.

Working minutes: These minutes have not been approved by RSC.

| Expense Type                    | Description  | 2021         | 2022         | 2023         | Contribution<br>\$10,642.95 | 2024        |
|---------------------------------|--|--------------|--------------|--------------|-----------------------------|-------------|
|                                 |  | Budget       | Budget       | Budget       |                             | Budget      |
| A001-Phoneline                  | 800 & Answering Services   | \$ 3,500.00  | \$ 1,200.00  | \$ 500.00    |                             | \$500.00    |
| A002-Mailbox                    | PO Box   | \$ 170.00    | \$ 250.00    | \$ 300.00    |                             | \$350.00    |
| A003-Website                    | Host & Domain Expenses   | \$ 200.00    | \$ 400.00    | \$ 500.00    |                             | \$600.00    |
| A004-Teleconferencing           | ZDCM Teleconferencing Service - Annual Fee   | \$ 150.00    | \$ 160.00    | \$ 160.00    |                             | \$160.00    |
| A005-Service Charges            | Bank Service Charges include any fee with for electronic contributions   | \$ 40.00     | \$ 40.00     | \$ 40.00     |                             | \$50.00     |
| B001-Conferences                | RSC Meeting Expenses: rent, food & beverage, AV equipment rental, & office supplies  | \$ 600.00    | \$ 600.00    | \$ 600.00    |                             | \$600.00    |
| B002-Executive                  | Correspondence & report preparation & distribution expenses for RSC Chair and Vice Chair   | \$ 100.00    | \$ 500.00    | \$ 100.00    |                             | \$100.00    |
| B003-RD Team                    | Correspondence & report preparation & distribution expenses for RD Team (includes SurveyMonkey)  | \$ 100.00    | \$ 1,000.00  | \$ 1,080.00  |                             | \$1,080.00  |
| B004-Secretary                  | Secretary expenses associated with preparation & distribution of RSC minutes, reports, correspondence, and related office  | \$ 200.00    | \$ 150.00    | \$ 150.00    |                             | \$150.00    |
| B005-Treasurer                  | Treasurer expenses associated with preparation & distribution of reports, correspondence, and related office supplies  | \$ 120.00    | \$ 120.00    | \$ 120.00    |                             | \$120.00    |
| B006-GSR Assembly               | Expenses associated with refreshments, food & beverage, & office supplies  | \$ 1,000.00  | \$ 1,000.00  | \$ 1,000.00  |                             | \$0.00      |
| B007-RD Workshops               | RSC pre-approved line item expenses associated with holding 4 multi-area workshops ****  | \$ 1,200.00  | \$ 1,200.00  | \$ 1,200.00  |                             | \$1,200.00  |
| B008-Zonal Forum                | Expenses associated with holding Zonal Forum approximately   | \$ 200.00    | \$ 200.00    | \$ 1,000.00  |                             | \$200.00    |
| B009-Zonal Support              | CARNA's portion of zonal expenses  | \$ 457.00    | \$ 700.00    | \$ 700.00    |                             | \$800.00    |
| C001-WSC/RDA                    | Expenses associated with RDA attendance of bi-yearly WSC with \$65 per diem *  | \$ -         | \$ 2,000.00  | \$ 2,500.00  |                             | \$0.00      |
| C002-WSC/RDA-2                  | Expenses associated with RDA-2 attendance of bi-yearly WSC with \$65 per diem *  | \$ -         | \$ 2,000.00  | \$ 2,500.00  |                             | \$0.00      |
| C004-Service and training/RD    | Yearly Service Event World, Zone, Region   | \$ 400.00    | \$ 500.00    | \$ 1,000.00  |                             | \$2,000.00  |
| C005-Service and training/RDA   | Yearly Service Event World, Zone, Region   | \$ 400.00    | \$ 500.00    | \$ 1,000.00  |                             | \$2,000.00  |
| C006-Service and training RDA2  | Yearly Service Event World, Zone, Region with \$65 per diem *  | \$ 400.00    | \$ 500.00    | \$ 1,000.00  |                             | \$2,000.00  |
| C006-AZ/RD                      | Expenses associated with RD attendance of Autonomy Zonal Forum with \$65 per diem *  | \$ 1,000.00  | \$ 760.00    | \$ 760.00    |                             | \$1,000.00  |
| C007-AZ/RDA                     | Expenses associated with RDA attendance of Autonomy Zonal Forum with \$65 per diem *   | \$ 1,000.00  | \$ 760.00    | \$ 760.00    |                             | \$1,000.00  |
| C008-AZ/RDA-2                   | Expenses associated with RDA-2 attendance of Autonomy Zonal Forum with \$65 per diem *   | \$ 1,000.00  | \$ 760.00    | \$ 760.00    |                             | \$1,000.00  |
| C009-RD Bi Annual Service Event | Expenses associated with RD attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences) with \$65 per diem *  | \$ 2,500.00  | \$ 1,000.00  | \$ 1,000.00  |                             | \$2,500.00  |
| C010-RDA Service Events         | Expenses associated with RDA attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences) with \$65 per diem *   | \$ 2,500.00  | \$ 1,000.00  | \$ 1,000.00  |                             | \$2,500.00  |
| C011-RDA2 Service Events        | Expenses associated with RDA-2 attendance of approved World Service Workshops or multi-regional service events (i.e., learning days, conferences) with \$65 per diem *   | \$ 2,500.00  | \$ 1,000.00  | \$ 1,000.00  |                             | \$2,500.00  |
| D001-Policy                     | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, literature, and guideline printing (not to include  | \$ 300.00    | \$ 300.00    | \$ 300.00    |                             | \$300.00    |
| D002-Project Driven             | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)  | \$ 300.00    | \$ 300.00    | \$ 300.00    |                             | \$300.00    |
| D003-Speakerjam                 | Expenses associated with subcommittee meeting, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)  | \$ 120.00    | \$ 120.00    | \$ 120.00    |                             | \$120.00    |
| D004-Public Relations           | Expenses associated with subcommittee meeting/Task Group, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)   | \$ 300.00    | \$ 300.00    | \$ 300.00    |                             | \$300.00    |
| D005-Hospitals & Institutions   | Expenses associated with subcommittee meeting/Task Group, preparation & distribution of reports & correspondence, service related material, & literature (not to include refreshments)   | \$ 300.00    | \$ 300.00    | \$ 300.00    |                             | \$300.00    |
| E001-Hospitals & Institutions   | Expenses associated with inmate literature purchases, correction facility library literature purchases, and H&I presentations, and events or workshops   | \$ 1,000.00  | \$ 1,000.00  | \$ 1,000.00  |                             | \$500.00    |
| E002-Speakerjams                | RSC line-item approved expenses associated holding speakerjams in March & September each year including travel   | \$ 1,200.00  | \$ 1,200.00  | \$ 1,000.00  |                             | \$1,000.00  |
| E003-Overnight RSC              | Overnight RSC expenses including overnight lodging, and meeting space rent (\$3,000.00/overnight)  | \$ 6,000.00  | \$ 6,000.00  | \$ 6,000.00  |                             | \$3,000.00  |
| E004-RD Team                    | Travel expenses associated with RSC approved RD team attendance at Area events when requested by the Areas **  | \$ 600.00    | \$ 600.00    | \$ 600.00    |                             | \$600.00    |
| E005-Project Driven             | RSC approved expenses associated with communicating and/or visiting with isolated groups & interested ASC's (not to include **)  | \$ -         | \$ -         | \$ -         |                             | \$0.00      |
| E006-Equipment                  | Repair, replacement, and maintenance of RSC laptop, projector, etc.  | \$ 500.00    | \$ 500.00    | \$ 500.00    |                             | \$250.00    |
| E007-Public Relations           | Expenses associated with Professional conference & community event registrations, paid radio spots, professional contact data base production, annual PR mailing, printed materials for reports, training, presentations, and travel | \$ 1,500.00  | \$ 1,500.00  | \$ 1,500.00  |                             | \$1,500.00  |
| F001-Policy                     | Expenses associated with travel in the performance of duties outlined in policy  | \$ 600.00    | \$ 600.00    | \$ 600.00    |                             | \$600.00    |
| F002-Hospitals & Institutions   | Expenses associated with travel in the performance of duties outlined in policy  | \$ 800.00    | \$ 800.00    | \$ 800.00    |                             | \$800.00    |
| F003-Public Relations           | Expenses associated with travel in the performance of duties outlined in policy  | \$ 1,800.00  | \$ 1,800.00  | \$ 1,800.00  |                             | \$1,800.00  |
| F004-Speaker Jam                | Expenses associated with travel in the performance of duties outlined in policy  | \$ 80.00     | \$ 80.00     | \$ 80.00     |                             | \$80.00     |
| F005-Ad Hoc                     | Expenses associated with travel in the performance of duties as defined by RSC when ad hoc is created  | \$ 1,200.00  | \$ -         | \$ -         |                             | \$0.00      |
| G001-Discretionary              | \$300 maximum per item   | \$ 1,200.00  | \$ 1,200.00  | \$ 1,200.00  |                             | \$1,200.00  |
|                                 | **per diem rate \$65.00 for all Travel   | \$ 37,537.00 | \$ 34,900.00 | \$ 37,130.00 |                             | \$35,060.00 |

*Working minutes: These minutes have not been approved by RSC.*

1:55 The Regional Subcommittee meetings will be on Saturday, November 18<sup>th</sup>, 2023 on Zoom.

- Policy at 10am
- H&I at 11am
- PR at 12noon

1:56 Next RSC will be held on Saturday, December 16<sup>th</sup>, 2023 at 10am on Zoom.

1:57 Megan O. motioned to close the meeting, and Chelsea R. seconded to close.

1:58 Meeting closed with the Serenity Prayer.