

Working minutes: These minutes have not been approved by RSC.

Minutes for the 225th Regional Service Conference
Central Atlantic Region
February 17th, 2024 via Zoom

Meeting Called to order with the Serenity Prayer at 9:59am-Roland C.

Open Forum began at 10:00am; discussion topics:

1. 10:01 Sherry V. brought up the question of our Zonal membership:
 - a. Do we want to stay as Autonomy Zone?
 - b. If not, where would we want to go: Northeast? Southeast? Southern?
 - c. Or, we can stay “zoneless”
2. 10:03 David H. offered his opinion that going Zoneless is not a preferable option. He said that Zones are a useful layer to service structure. While his opinion is that the Northeast offers the best and most benefits, the downside is that we would be a little fish in a big pond. Additionally, having to travel to those meetings would be more costly.
3. 10:06 Etta L. hates to see AZ go away. We are and have been different because we have traditionally been “information sharing” vs. making a lot of fanfare. We offered workshops, and 1-and 2-day events that were helpful. Would be great if the delegate team prepared a report about the various zones. Showing the financial impact of moving to each.
4. David added that the next Zonal Conference would take place before the April RSC, so we would have to try to distribute information via e-blast to inform the Region about the various Zones we could join.
5. 10:16 Carol asked “what are our partners’ opinions?” Where are Freestate and C&P (Chesapeake and Potomac) on this matter?
6. 10:17 David said that it’s unclear. Freestate wants to continue as Autonomy. C&P seems split. Outgoing chair wants to stay as AZ. Incoming does not.
7. 10:18 Sherry agreed with David’s assessment of Freestate and C&P’s opinions of AZ status. Sherry also suggested that the Southern Zone could be an option.
8. 10:19 Greg H. pointed out that any Zonal change would require a Policy change. Page 12 under Delegate Duties. A policy change will need to go back to Groups to ascertain group conscience. Greg asked if NE and SE rotate the locations of their conferences.
9. 10:21 Sherry said that NE does rotate (Albany, Boston, Hartford CT, etc.). SE consistently holds at the Roseland Hotel in Orlando.
10. Carol asked “are we sure that the AZ cannot be resuscitated?” Sherry said that there have been many attempts to do just that.
11. David said that if the purpose of the Zone is to share novel/different methods and modes of delivering service, then staying with AZ is not possible.
12. Sherry seemed to think that NE is the way. David agreed that we would benefit from joining the Northeastern Zone.
13. 10:40 Rhonda said that Gateway to Freedom Area received a letter from a local jail inmate who asked to do step-writing by mail.

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14. Etta said that step-writing used to fall under PR, but that committee is defunct. She suggested to check the CARNA website.
15. 10:50 Etta change of subject. Virginia Summer Institute for Addiction Studies, waited from an email from them about exhibiting. Emailed Kathy Reiner.
16. Greg asked Etta if she knew the financial obligation of being an exhibitor VSIAS.
17. Etta said she thought that they wanted something like \$400 but they ended up paying less than that.
18. 10:51 Bev asked about the dates of Summer Institute.
19. Etta asked where is the tri-fold? We need to put our hands on that so we are ready to go for the summer. The 2 banners should be updated.
20. Greg said that we should also be stocked with pamphlets. Goodies/handouts, and a large quantity of those.
21. Lauren offered to create a new flyer to advertise for the long-vacant administrative positions of PR Chair, H&I Chair and Speaker Jam Chair. The flyer could be shared with RCMs who would also share with their Area Secretaries to announce to all members that trusted servants are needed to help in areas such as inmate step-writing, public relations, etc.

Conclusion of Open Forum

Meeting on break until RSC commences at 11:20am

11:20 Roland C. called the meeting to order

Purpose: Carol M.

Traditions: Rick V.

Concepts: Jeff B.

11:25 Roll Call

Roll Call	Administrative Members	225 th February 2024	224 th December	223 rd October
Chair	Vacant	vacant	vacant	present
Vice-Chair	Roland C.	present	present	present
Secretary	Lauren H.	present	present	present
Treasurer	Etta L.	present	present	present
Vice-Treasurer	vacant	vacant	vacant	vacant
Regional Delegate	Sherry V.	present	present	present
Regional Delegate Alternate	David H.	present	present	present
Regional Delegate Alternate 2	Cindy K.	present	vacant	vacant
VRCC Chair/Vice-Chair	Michelle M.	present	absent	present
Hospitals & Institutions Chair	vacant	vacant	vacant	vacant
Policy Chair	Mark M.	present	vacant	vacant
Public Relations Chair	vacant	vacant	vacant	vacant
Speaker Jam Chair	vacant	vacant	vacant	vacant

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Areas	RCM/RCM Alternate	225 th February 2024	224 th December	223 rd October
Almost Heaven	Jenn D. (alt)	present	vacant	vacant
Appalachian	Kim C.	Kim present	both present	both present
Beach	Trish F., Phil S. (alt)	both present	present	present
Blue Ridge	Rick V.	present	present	present
Gateway to Freedom	Rhonda P.	present	present	present
New Dominion	Carol M.; Linda C. (alt)	Carol present	Carol present	Chelsea present
New River Valley	Jeffrey B.	present	absent	present
Outer Limits	vacant	vacant	vacant	vacant
Peninsula	Beverly A.	present	absent	present
Piedmont	Megan O.	absent	both present	Both present
Rappahannock	Jay H.	present	present	absent
Richmond	vacant	vacant	vacant	vacant
Roanoke Valley	Greg H., Skeet C. (alt)	Greg present	Greg present	Greg present
Shenandoah Valley	Sarah M., Heather R. (alt); Robin M.	Sarah present	Sarah present	absent
Southside	Charlotte H., Mike H. (alt)	Mike present	both present	absent
Tidewater	Olena P., Colin D. (alt)	both present	Olena present	both present
Tri-Cities	Maria H.	present	present	absent

Quorum met. 14 areas present.

Additional members present, but not part of Roll Call: Sabrina; Peter P. peterfp@gmail.com

December minutes approved by show of hands.

December minutes for the 224th RSC were approved.

TRUSTED SERVANTS' REPORTS:

Chair Report – chair@car-na.org – **VACANT**

11:33 Vice-Chair Report – Roland C., vicechair@car-na.org

CARNA Vice Chair Report

2-17-2024

Good morning family,

I attended last month's 1st subcommittee meeting which was very brief due to funeral services I had to attend and discussions for the 5 in attendance was complete by noon. We learned that we

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may have a member interested in the H & I Chair position. We discussed requirements and how the Regional H&I was commissioned. We also spoke WSO supposedly planning to stop servicing the meeting list and recognizing the fact that they haven't done that yet. We received an email which spoke to the use of Service Dogs. The attendees all agreed this article appears to be a marketing article with no knowledge of what we do and how service dog use would affect the various service meetings. I met with the Policy Chair and provided him a duplicate hard copy of the 2021 CARNA Policy Manual, Local Guide to Service and a copy of CARNA Minutes from 215th to 224th. I was able to get 5 of the soft back basic text to the Beach H&I chair and took 5 to the Tidewater H&I meeting last Sunday. I'm still holding the other 5 each soft back basic text for each Area's H&I committee donated from the East Coast convention. Need direction on best way to distribute or reimburse after I ship all if the body provides email addresses.

ILS,
Roland C

Secretary Report – Lauren H., secretary@car-na.org, nothing to report

11:35 Treasurer Report – Etta L., treasurer@car-na.org

225th Regional Service Conference Treasurer's Report
Good afternoon,

I received an email last night from Brian saying that the post box email came to him saying that our annual \$284.00 had not cleared with the card on the account. I tried to manage it from my account, but it is on Brian's old account that has been dissolved. I promptly wrote a check instead and it is in the mail.

The twillo account is still not on our card and I can't get back in to try adding the correct debit card. It is currently being debited by the former PR chairs debit card as the secondary payment method and I reimbursed him \$100.00 for our past payments. This still needs correction, but I can't seem to do it as I can't get in.

Our current balance is \$21,789.10 income was \$481.89, and expenses was \$1,574.33.
We have 1,156.84 in uncleared checks.
Prudent Reserve is 18,149.25

I will be late for the 2nd day of our two-day GSR Assembly in April as it is a Sunday and I have other earlier obligations to another service body that I have leadership in. I should be back about

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11:42 Regional Delegate Report – Sherry V., rd@car-na.org

**RD Regional Report
February 17, 2024**

Hi Everyone

Service events and opportunities have picked up the past two months.

Collaboration Meeting of Zones:

The quarterly meeting was on January 14, 2023, we closed the survey that has been out for approximately 18 months for 67 regions from 8 zones. Anyone could participate but we needed regional input. 84.2% of those responding were in the affirmative and 15.7% of those responding were in the negative.

Proposal #1: Approval of US Collaboration

Initial Vote: 7 YES - 1 PNV - Decision: CONSENSUS

One zone decided to change the vote to PNV.

Subsequent Vote: 6 YES - 2 PNV - Decision: CONSENSUS

Zones voting PNV were OK with proposal approval.

Proposal #2: Approval of Guidelines

Initial Vote: 6 YES- 2 PNV - Decision: CONSENSUS

Agreed that modifications could be made later.

Proposal #3 Election of Trusted Servants

Discussion to delay elections to allow the fellowship to submit nominees. Agreed that the Facilitator should be currently active in the Collaboration of Zones and that other positions could be left open.

Nominees for Facilitator: Craig R – accepts; Rob U – accepts. Elected: Craig R

Nominee for Secretary: Rob U – accepts. Elected: Rob U

We agreed to keep current persons in positions moving forward for now:

Communications Leader: Dawn P– accepts. Wiil keep updates in Slack.

IT: Sherry V– accepts. (with support from Dennis M)

Website: <https://usa-na.org/>

Documents and files: <https://usa-na.org/documents-and-files/>

Proposal #4 - US Website and Zoom Funding

Treasury responsibilities, as noted in the Guidelines, the Facilitator: *“Handles financial responsibilities related to services and projects.”* Additional budget planning is required.

\$137.87 - Website renewal is due before the end of March. 1-year \$119.88 hosting + \$17.99 domain

\$159.90 - Annual Zoom costs

\$297.77 – Total Annual Costs

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Members present offered contributions to cover these costs. Received enough for Website and \$5.13 left over.

World Planning Part 3 February 10, 2024, with AZF, NEZF, SEZF

Part One: Completed at WSC 2023 Conference participants at WSC 2023 began this process with Part One: identifying and then prioritizing factors within NA and in the external environment that might affect our ability to achieve our Vision.

Part Two: Survey based on the priorities identified at WSC 2023 The inventory (environmental scan) survey was opened 28 July 2023 and closed 21 November 2023

World Planning Part 3 February 10, 2024, with AZF, NEZF, SEZF

From the inventory

External Factors

- Evolution of technology (pros and cons)
- Harm reduction models or approach.

Internal Factors

- Development and organization of trusted servants
- Impact of the rise of virtual NA
- Sense of safety, welcomeness, and inclusion
- Redundancy and lack of cohesion in the service system

My understanding the results of these break out meetings will be a part of the March CP (Conference Participant) web meeting. I also plan to observe the WSZF,CANA and RMZF on March 9, 2024....other zones.

GSR assembly in April more will be reveal it will be on April 20th and the Regional Business Meeting on April 21st. **Save the Date!!!**

I have turned in my receipts for AZF \$202.84. Plan to attend the Florida Service Symposium March (Hosted by Florida Region) and the Northeast States Service Symposium in April- <https://nesssna.org/> (Hosted by Northeast Zonal Forum) will stay within budget.

Please feel free to email me with any questions or clarifications.

ILS

Sherry V

RD CARNA

carnadelegateteam@car-na.org svorbach@live.com

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Attendance at Service Meetings or Speaker:

December 30, 2023, Spoke at the Appalachian Area -Lynchburg, VA 2024 Fresh starts and new beginnings.

January 7 and Jan 28, 2024-Video Collaboration Task Group

January 7 and February 4, 2024-Financial Guidelines for NESSNA-now an event for NEZF

January 13, 2024, ask to participate in Shenandoah Valley Area (SHVANA) PR/H&I Learning Day- Spoke on Zones PR efforts.

January 14, 2024, Collaboration of US Zones Meeting

January 17 and Feb 21, 2024, National Website Task Group now changed to Collaboration of US Zone IT task Group.

January 20, 2024, CP Webinar

January 19-20, 2024, MARLCNA

January 27, 2024-Autonomy Zone

January 28, 2024, Attended NEZF Quarterly Business Meeting

Feb 3, 2024, Future of the WSC Workgroup

February 10, 2024- 12:00 pm PART 3 OF WSC PLANNING

11:56 Regional Delegate, Alternate Report – David H., rda@car-na.org

The January 2024 conference participant web meeting was held on Saturday, 20 January at 11:00 Pacific Time. The meeting was attended by 84 RDs, 6 ZDs, 12 WB, 73 ADs, 10 Zonal contacts from 6 zones, 14 staff and 5 translators. There were 213 total in attendance.

After some report on the success of Sponsorship Day, the WB Chair Irene turned the meeting over to Anthony for a NAWS update.

Anthony began with good news about the convention launch eleven days previous, on 9 January 2024. Registration, hotels, events, and pre-reg merchandise all went on sale, and about 9,000 had registered by the time of the webinar, although our website couldn't handle the traffic when we first opened registration. He apologized for the technical difficulties that many of us experienced. He went on to explain that registration is set at a break-even price if 24,000 people register for WCNA. If we have 24,000 registered, it will cost \$175 per person to hold the convention. It may be that we end up with more than 24,000 registered, but Anthony said that taking a conservative approach to the budget is part of his responsibility to manage NA funds. We had just over 21,000 registered in Orlando, so 24,000 was a reasonable estimate.

For those of you keeping score at home, that means that the convention will cost \$4.2M.

Anthony said he's gotten a lot of questions about events. There will not be a banquet, and the main concert hasn't been booked yet, but there are a number of performers already signed up: Samantha Fish, Earthquake, Kim and Kayla Waters, and Back in Black. We want to have a Go-Go

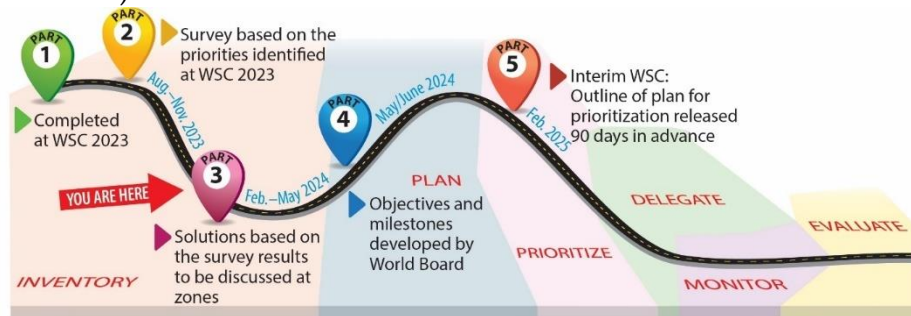
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band as well. We also offered limited tickets to a Yankees-Nats baseball game Wednesday night, and we've already sold out.

Anthony then announced the impending launch of the new meeting search page. There will also be a new search page for virtual meetings.

Anthony then went into an update on finances. He apologized that this is the second CP web meeting without a financial report in Dropbox in advance. He said that our year-end audit, and conversion to new accounting software, slowed our ability to report. He hoped there would be an update for conference participants before the next CP web meeting and encouraged participants to email wb@na.org if they have questions about finances.

He then passed the meeting back to Irene to discuss our current planning process (aka inventory, aka environmental scan)



The full results from the inventory survey have been posted on www.na.org/conference. Onscreen were displayed the top six factors prioritized by conference participants. While all of the factors are important, it is not possible to try to address them all at one time. Some might say, "If everything is important, then nothing is important." Irene said that they would have to prioritize.

Two external and four internal factors rose to the top.

The top two external factors are:

1. Evolution of technology (pros and cons), and
2. Harm reduction models or approach

The top four internal factors are:

1. Development and organization of trusted servants,
2. Impact of the rise of virtual NA,
3. Sense of safety, welcomeness, and inclusion, and
4. Redundancy and lack of cohesion in the service system.

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We then broke into small group to develop approaches to these internal and external factors, similarly to the process that occurred in the Zonal presentations that Sherry reported on.

ILS,
David H, RDA
CARNA

Regional Delegate, Alternate 2 Report – Cindy K., rda2@car-na.org

RDA Alt 2 Report, February 17, 2024

Greetings CAR-NA region!

Thank you for the honor and opportunity to serve our region as a member of our delegate team. I am looking forward to serving each one of our areas in whatever capacity is needed. My personal goal is to try and visit each ASC over the upcoming year to get to know you, your area's needs and interests in some of the issue discussion topics for this conference cycle, etc. Since coming on board as the RD Alt 2, I have attended both MARLCNA in Lancaster, PA and our Autonomy Zonal Meeting in Baltimore. I will be attending both the FSSNA and NESSNA (Florida Service Symposium Tampa) and Northeast Service Symposium (Boston) upcoming in March and April, respectively. There will be many workshops and breakouts to cover during both of those events, so your delegate team will make sure all are covered, and we split up accordingly.

MARLCNA was very informative and focused on some of our IDT (Issue Discussion Topics) for this conference cycle. I arrived late Friday evening but was able to sit in on two of the sessions Saturday. All sessions were well attended by members from various regions and service positions. World Board members were present and facilitated virtually.

The topic sessions I attended were focused on Disruptive and Predatory Behavior and one on MAT/DRT.

MAT/DRT: Helping Members Take Root was a discussion focused on both personal experiences shared with ways we felt our membership was challenged early on in our recovery process and what helped us stick and stay. We also looked at what helps people feel rooted and secure in NA, how we can help people on MAT/DRT feel included enough to make a choice to be a member and how we can make space for a newcomer to continue to come, and take their time to surrender, even if that is a 'long time'. We also talked about setting aside some of our own fears and judgements surrounding this topic, to focus on helping any/all addicts find a home in NA. My takeaway from this session from this session is that is truly is a fellowship wide challenge

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and opportunity for growth/development in how we can address the present and increasing number of newer members and interested members that come in on DRT/MAT.

Dealing with Disruptive and Predatory Behavior: We were presented with a list of examples of behaviors and situations that may affect our meetings, members and the atmosphere of recovery. Some more obvious (bullying, harassment, physical violence, unwanted sexual advances racism, etc) and others that we may not think of off the bat: homophobic actions/language, private messaging with other intent in virtual meetings, theft from the basket, using phone to record a meeting, loud family members/pets (virtual), distributing non approved literature, members asking other members for money, etc.

We looked at threatening physical violence in our group and again with a lot of input, experience and ideas for solutions and what we can do, what our responsibility is (and isn't) and how we can address these issues grounded in spiritual principles. Same takeaway – this is a fellowship wide challenge, and we are all more alike than different across our geographical areas and regions. Working together and sharing together we can come up with solutions. The Autonomy Zonal Forum met in person in Baltimore on January 27th. All our remaining regions in the zone were present, as was a representative from Greater Philly, who is now a part of the NEZF. The meeting was a hybrid meeting, which allowed us to have other trusted servants join us for presentations and input from around the country. NOTE: CAR-NA is set to host the next in person AZF meeting in July 2024. Cost for this event is included in our 2024 budget.

We had a few sessions focused on IDT and other pertinent topics, as well as the Zonal Business meeting.

Business meeting: Patricia J from CPRCNA was named Autonomy Zonal forum and will be a Zonal Contact. After this meeting took place, by offline consensus, I was also named a Zonal Contact.

Session topics covered gender neutrality in language, virtual meetings/areas/service, fellowship development and a brief discussion of the future of the AZT and zonal forums.

Gender neutral language refers to not referring to either sex but only to people in general. For example, using “people”, “members” and “addicts” instead of ‘men and women’. This is one of the top 3 IDT for this conference cycle. There was a passed motion at the WSC directing the WB to create a project plan to consider changes or additional wording to NA literature from gender specific language to gender neutral and inclusive language.

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As a group, we discussed and considered the following: What would the effect be if the literature would change to a more gender-neutral way of talking about members? What would be the effect if there were a more gender-neutral way of talking about God/Higher Power? What would be the effect if it didn't change? We listened to all of the input from attendees, including personal experiences, challenges, etc. One member shared an "inclusivity" statement their homegroup has been using, as a possible solution. Very informative and helpful discussion, with some discussion that changed perspectives on the topic once we heard more input and discussion. Again, another topic that is relevant to all of us, fellowship wide.

We had a session on virtual meetings/areas/service facilitated by a group member who has been running a daily meeting on the zoom platform for 3+ years. Very informative and great discussion on virtual meetings, connecting those meetings to a service body (such as virtual areas).

We then discussed the importance of using planning in our fellowship development and goals. Planning for NA services asks us to think about, ahead and take time to prepare and develop action plans to help us in our common purpose –to better carry the message of recovery. The WB provided us with a great "Planning Basics" tool/booklet that outlines this. This is a great tool to use in our areas, groups, and service bodies to help us identify, set goals, and develop plans on how to better our services and support our members. We also talked about creating a volunteer service pool in our NA communities and look at establishing 'tasks' or projects and 'task teams' rather than committees—to hopefully get more people involved and participating.

The overall take away from both events was greater understanding, perspective, and resources on these topics. The workshops and discussion groups are very beneficial, and I encourage your areas and groups to consider planning a discussion/IDT workshops as part of learning days, adjacent to ASC, etc in the coming months. Please visit www.na.org/idt for more info. The survey for all topics is available at www.na.org/survey.

On a side note, I am honored to have been selected to be a part of the WCNA 38 workgroup. We will be working alongside NAWS staff and WB members to help facilitate an amazing celebration of recovery in DC. The three regions that were asked for 'resumes' were CARNA, CPRNA, and FSRNA. All other members of the workgroup are from the C & P region, no one from FSR. Truly humbled and honored.

Here is what I know thus far after our first meeting in DC with NAWS staff:

- There have been about 9000 registrants in the first week of open registration. We are currently close to about 12000.

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- When you register will determine which section of the main meeting hall you are seated in. It is broken up into 3 'halls', so each group will be fairly large. Badges will be color coded for each section. Example: the first group or hall is about 12000 seats. If you registered between 'opening day' and February –you are probably in that first section. Seats are not assigned. Attendees will not be able to move from section A to Section B, etc. The main meeting hall seats 31000.
- There will be an overflow room on the upper level of the Convention center with screens, etc. This seats about 4000 and is available for anyone that may not want to experience 30000 people, waiting in line, want to sit together, etc.
- Public Safety is of the UTMOST importance to NAWS and to the hotels and Convention Center. No one will be able to enter the convention center without a badge. Registrations will be available for pick up off site at a few designated hotels.
- Main meetings will be streamed via AUDIO, no visual each night, including Unity Day on Sunday.
- Newcomer badges will be available for members of 30 days or less, at designated times while they last. We will be reaching out to facilities and recovery houses, etc to offer or determine if they would like a set number of badges to attend with their people. More info coming. Discussed messaging to local groups to help newer members get to go and have the experience since it's right in our back yard.
- Concert plans are still in the works, stay tuned.
- A volunteer link is being worked on, should be available beginning of April.
- The convention center space is challenging with flow, setup, etc. – there will be an app and lots of information provided over the weeks ahead, so that all of us are informed and know what to expect when we get there.

Please don't hesitate to reach out with questions, I will do my best to answer them, or get the answer.

Again, thank you for allowing me to serve our region. Email, call or text anytime!

Cindy K

savedtoserve98@gmail.com

410-905-0994

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VRCC Report – Michelle M., chair@avcna.org

VRCC Regional Report February 2024

Hello Family,

The VRCC met for an informal meeting on January 6th, it was not a formal business meeting because our policy states that January is a “convention closeout” meeting and we did not have a convention. The purpose of the informal meeting was to iron out any last-minute support that the host committee needed for the early bird speaker jam event. The event was well attended. We did 26 online early bird registrations and 18 in person registrations. All positions are filled on the host committee, and they are working hard to fundraise and put on a great convention in 2025. The directors voted to give New Dominion an opportunity to seek out a more cost-effective convention space and will vote on the final location in our March meeting.

We have 8 directors attending the VRCC regularly, all positions except policy chair are filled on the executive committee, and Chair, Vice Chair, & Secretary positions are up for nomination in March.

ILS,

Michelle M – VRCC Chair

Public Relations Report – **VACANT**

Hospitals & Institutions Chair Report - **VACANT**

Policy Chair Report – Mark M. policy@car-na.org

Greetings Family,

Thank you for the opportunity to serve at this level. At this time, I am working to acclimate myself on the current regional policies. I have received a hard copy from the Vice-Chair, and I am comparing that to the one that is on the CARNA website.

I intend to have a policy sub-committee meeting between now and our next meeting. At this moment the goal is to ensure that we are operating from the most current policy and to identify any that have been amended or need to be as well as any that need to be removed.

With that said if you (Lauren) have a soft editable copy or link to such that would be helpful. Also, looking through the policies that are online I did not see, or I overlooked who all should attend the policy sub-committee meeting. I will reach out to my fellow CARNA trusted servants for more information and guidance.

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In Loving Service,
Mark M.

Speaker Jam Chair Report – VACANT

End of RSC administrative reports

AREA REPORTS:

12:22 Almost Heaven Report – Jenn D. (alt) jniferd43@gmail.com

Contribution: \$92.09

- A. 15 Home groups / 26 Meetings per week
- B. 11 GSRs attended 1-6-2024 ASC; 11 GSRs attended 2-3-2024 ASC
- C. Area trusted service positions open: RCM, VRCC
- D. Area trusted servants elected: none
- E. Group news:
 - 2/19-Jenn D. celebrates 36 years at Addicts Welcome
 - 2/28-Reggie H. celebrates 29 years at Keep It Simple
 - 3/6-Tammy R. celebrates 5 years at Not High At Noon via Zoom
 - 3/27-Monique W. celebrates 5 years at Keep It Simple
 - 4/1-Monte H. celebrates 7 years at Never Alone Never Again
 - 4/8 Monte C. celebrates 33 years at Never Alone Never Again
- F. Area news: See (G) and (I)
- G. Subcommittee news:
 - Policy Subcommittee meets Thursday after ASC 7:00 p.m. via zoom
 - Local Service Committee meets 4th Thursday 6:00 p.m. via zoom
 - Special Events task group meets 1st Sunday
 - P.R. task group meets 3rd Monday 6:00 p.m. at Otterbein UMC, Martinsburg, WV
 - H&I task group meets 3rd Thursday 6:30 p.m. via zoom
- H. Area concerns: Need H&I facility coordinators for 3 facilities which have requested N.A. H&I meetings (TruHealings, Behavioral Health Unit at Berkeley County Medical Center, Washington County Detention Center-Women)
- I. Area special events calendar
 - 2/17 Game Night 5-8p
 - 4/27 Hope & Gratitude Speaker Jam 12-7p

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- 5/19 New Hope & Start to Live Spring Fling 12-5p Berkeley County War Memorial Park, Martinsburg, WV – flyer below and attached



- 5/25 Keep It Simple “A Day In The Park” Speaker Jam at Clearbrook Park, Clear Brook, VA
- 6/2 Special Events Picnic In The Park- more to be revealed
- 8/10 Hope & Gratitude Pool Party 4-8p at Marty Snook Park, Hagerstown

J. Brief summary: All is going well in fulfilling our primary purpose

K. Next ASC meeting: First Saturday of the month at 1:30 p.m.

March 2, 2024 Parkside Community Center, 413 Sumans Ave., Hagerstown, MD

April 6, 2024 Immanuel’s House, 713 Buxton St., Martinsburg, WV

L. Total number of H&I commitments and facilities being served by your Area’s task group: 3

Crisis Recovery & Support Center 2nd Tuesday & 4th Thursday

Mountaineer Recovery Center every Wednesday

Washington County Detention Center – Men 1st Thursday

In Loving service,

Jenn D., RCM-alt, jniferd43@gmail.com

12:26 Appalachian Report – Kim C. kimcarvente7@aol.com

Dear Regional Members,

The Appalachian Area meets the first Sunday of the month. I attended in January and February 2024. The Area at 2420 Memorial Ave. Lynchburg, VA at 3:30 pm. We have 7 groups: Present were 6 groups, and 1 Alternate GSR present.

Working minutes: These minutes have not been approved by RSC.

The open positions are: Vice Chair, Vice Treasurer, Policy, Special Events, Alternate RCM and Alternate VRCC. Our minutes were voted on and passed. Our Alternate RCM Christina has moved to the Mountaineer Region in West Virginia, so she has resigned.

Forum:

The Roanoke Area asked if we could write a letter of support for them to make a bid for the AVCNA in 2026. Everyone agreed that we should do it. Very little discussion. Our Secretary was asked to write it up and I have copies of years past and told her I would be glad to help.

Discussion on my term is up and the Alternate RCM does not want to continue. She is not sure she will be staying in our region. One of my sponsees is willing and we are going to get together and discuss the 1et al.

I wanted to do something different in service and it was discussed that if no one steps up I would continue on with approval from the GSRs next Area.

Much discussion on a man who is a predator, has attacked violently, disrupted meetings and now says he goes to AA but continues to ask meetings if he can speak at our NA meetings. Long discussion, traditions and the service structure was explained about an AA person speaking at an NA meeting.

Discussion on someone who was giving out crucifixes (crosses) when they shared to newcomers and spoke with great religious zeal. Everyone understood we do not give out religious materials. The Area offered to come in during the business meeting and help the group out.

Our VRCC Director and Alternate said that no director has received the CPA's Audit Report as of this date. Also, there were many members who wanted to attend the committee meeting and the ad hoc meeting before it was stopped and was told they had to be approved by the chair. So that the clarification was made in the contractual materials the VRCC has a fiduciary commitment to NA as they receive and handle our money solely.

Love In Fellowship,
Kim C. RCM Appalachian Area

Obtained from Westlaw.

In the Code of Virginia:

§ 64.2-1036. Fiduciary duties; general principles.

Working minutes: These minutes have not been approved by RSC.

1.4(a)(2). This blends the fiduciary obligation to disclose and obtain informed consent with the duty to advise the client, to ascertain the goals and objectives, and to take steps reasonably necessary to advance the client's interests.

Examples of breach of fiduciaries:

Failing to carry out the instructions as laid out in the contractual materials.

Failing to follow trust terms such as failing to make distributions in a timely fashion to beneficiaries.

Having a conflict between a trustee and a beneficiary that could serve as grounds to remove and replace the trustee. Such as constantly not answering questions, nor evading questions.

Duty to disclose: This duty requires a fiduciary to disclose all information that could impact their beneficiary or their ability to uphold their fiduciary duties.

Events: We formed an ad hoc committee to have a fundraiser for the upcoming convention that New Dominion will be hosting. The date is May 25, 2024. It will be an all day fundraiser and further information will be in flyers and I will give in my next report.

Celebrations:	Together We Can	Valerie M.	24 years	2/24/24
	Together We Care	Jim H.	33 years	2/25/24
		Anthony S.	34 years	2/25/24
	We Do Recover	Robin S.	3 yrs.	3/3/24
		Dennis B.	15 yrs.	3/10/24
		Dennis M.	5 years	3/24/24
		Cameron M.	1 yr.	3/31/24
	Freedom Group	Lyndsi O.	2 years	3/16/24

12:30 Beach Report – Trish F. trishfurness@yahoo.com, Phil S. (alt) philstratton757@gmail.com

Dear Regional Members,

The Beach Area meets on the first Saturday of the month. I attended in January and February. Area meets at 1200 Dam Neck Road Virginia Beach at 1:00 p.m. We have 20 active groups. Quorum was met in both months. We had elections in January and all positions were filled. Welcome to Phil S as our new Alt RCM.

The Serenity on the Shore (SOTS) subcommittee is planning the SOTS 15 camp out to be held on October 11th – 13th at First Landing Park in Virginia Beach

Working minutes: These minutes have not been approved by RSC.

All H&I commitments were met.

The ENC subcommittee is planning a pre-spring event and a Spring into summer event. Details to follow.

In Loving service,
Trish F

12:33 Blue Ridge Report – Rick V. ricksescort@hotmail.com, nothing to report

12:34 Gateway to Freedom Report – Rhonda P. rpiser1@hotmail.com

Hi Family,

GTFA area has 9 meetings with 8 groups being represented at the last ASC. Area Service meets the second Saturday of the month at 10am at Friendship Haven Church Cumberland MD.

There is no donation this month as subcommittee budgets have increased and we are reassessing our Area prudent reserve.

Vice chair, treasurer, vice treasurer, policy, alt RCM and outreach positions are open. Marvin D was elected H&I chair, and we are in discussions with Allegany County Detention Center about starting a woman's meeting.

Our next event is our Chili Cookoff Saturday March 23rd at 4pm at Fort Recovery Cumberland MD.

ILS
Rhonda P RCM

12:36 New Dominion – Carol M. cmcdaid7@icloud.com; Linda C. (alt)

NEW DOMINION RCM REPORT, Feb.2024

- # of Active Groups- 54
- # of GSRs in Attendance- 39
- Trusted Servant Positions open- In March, Policy and Outreach chairs will be open.
- Trusted servants elected-VRCC Director-Jeff H., RCM Alt.- Linda C., Butch N. VRCC Alt., Treasurer Deb W., Vice- Treasurer Scott M.
- Area/Group News- Its all about the AVCNA convention and raising money for it!
- Subcommittee/Ad Hoc Group News- Work is underway on the 2025 AVCNA. Working on the artwork for theme and on 2nd run of pre-convention T-shirts
- Planning underway with Richmond and Tri-Cities Areas on doing a "History of the AVCNA" workshop. Timing TBD.

Working minutes: These minutes have not been approved by RSC.

- Area concerns- None at this time
- Area spec Events Calendar- <https://rvana.org/events/>
- Brief summary-Next ASC Meeting-March 10, 2024 at 3:30PM
- Total #of H& I Facilities- 4

ILS,
Carol M

12:38 New River Valley Report – Jeffrey B. pippidemon@gmail.com

New River Valley Area still meets on the first Sunday of every month at Highland Park Community Church in Dublin Virginia. GSRs from our 7 groups were present representing 12 weekly meetings.

At our February 4th meeting, yearly nominations were performed where all lead positions had nominees. We're taking things back for vote and voting in nominees at our next Area, March 3rd. I have already served 2 years as RCM, which is the full term in our policy, so I will probably be replaced by our good friend Thomas L. by the next regional meeting. I'm looking to fill our open VRCC chair. Our H&I committee has been working hard at outreach in our area. Using funds from our Area, they donated hundreds of dollars of literature to jails and institutions in our Area over the last few months. They also are putting together delegate teams to do kind of a teaching meeting at Pyramid Recovery Center in Radford Virginia where they familiarize patients to NA and to the local meetings and sponsors in our area. H&I are working to get a regular meeting in the facility.

Thank you so much for letting me serve. I love you all so much and you have all been an inspiration to me to continue growing and making myself able to serve in our community.

Addict Jeffrey B.
RCM NRV

Outer Limits Report – VACANT

12:42 Peninsula Report – Beverly A. bybea212@yahoo.com

Hello, family

I did not attend our Area on January 6, 2024. I was sick with COVID-19. I am aware of the Open Positions at the Area. The Vice-Chair, RCM Alt, Literature, and VRCC.

Working minutes: These minutes have not been approved by RSC.

The Activities Sub-Committee will be hosting a Sponsor-Sponsee Breakfast on (today) February 17, 2024 11a-3p.

ILS,
Beverly A.

Piedmont Report – Megan O. megan@real-it-y.com, absent, no report

12:45 Rappahannock Report – Jay H. jharris.mr89@gmail.com

02/17/2024

225th Regional Service Conference Report Report
Submitted by Jay H. Rappahannock Area RCM 1

Good Morning Regional Members,

The Rappahannock Area Service continues to meet on the 1st Sunday of the month at 4pm, with the exception of September and December this year. Both meetings have been voted to be moved to the second week of those months due to holidays and whatnot. The link to our zoom acct can be found on our website www.rappna.org. We continue to average 10 out of 12 groups being represented. Aside from the need to fill open positions within the executive body, the past 2 months have been fairly quiet with no serious issues to report. Our activities subcommittee has meet and came up with a calendar year of planned events.

I will include our current schedule and update as more information comes forth.

- 03/23/2024 Easter event “Eggapalooza” 12pm to 5pm
- 05/18/2024 Game Day/Ice Cream Social 12pm to 6pm
- 07/06/2024 July 4th picnic 12pm to 6pm
- 09/14/2024 CarNAval 12pm to 6pm
- 11/02/2024 Ranaween “Day of the Dead”
- 12/31/2024 New Years Celebration 8pm to 1am

H&I continues to meet with no issues. Our PR committee has begun to meet the same day and location as Area Service, at 3pm, directly before Area Service.

The Convention Committee has met twice since the last Region. We have filled almost all chairperson positions. Currently the only position open is the Hospitality Chair. However, we are always accepting help whether it be in the form of physical participation in a subcommittee or speakers for our fundraising events as well as the convention itself. We are also in the process of bylaw reviews to iron out any small issues that our recent experience has shown to be problematic. We are meeting with a hybrid format so all attendance is welcome. The zoom link

Working minutes: These minutes have not been approved by RSC.

on our website is the same as our Area Service link. My contact information is posted at the end of my report for anyone wanting to reach out for more information.

Thank you.

Jay H.

Rappahannock Area representative 540.940.0024

Richmond Report – VACANT

Roanoke Valley Report – Greg H. gregh93@hotmail.com and Skeet C. (alt) collinsskeet5@gmail.com

Hello Family,

The Roanoke Valley Area met for Area Service on 2/10/24. Presently all positions are filled. We had a new home group start that was recognized at our last area service. With that, we now have 17 groups with 25 weekly meetings.

H&I currently hosts 4 weekly meetings and continues working on starting 2 more meetings. There will be a Valentine's Dance "Secure in the Love of the Fellowship" this evening starting at 6 pm. It will be held at 402 2nd St SW Roanoke, VA 24011.

We are currently not above prudent reserve and as such there is not a donation. We did receive the funds from this body, and it was very helpful in getting us back on our feet. We hope to have a donation soon.

The ROVANA ASC meets on the 2nd Sunday of every month (except January and May where it meets on the 3rd Sunday) at 1488 Peters Creek Rd, Roanoke VA 24017.

The Mailing address is P.O. Box 3338 Roanoke, VA 24015

Contact: roanokevalleyareaofna@gmail.com Website: www.roanokena.com

With Love of the fellowship,

Greg H. RCM RVANA

12:32 Shenandoah Valley Report – Sarah M. and Robin M. (alt) london13751@gmail.com; rollinsheather0@gmail.com

Dear RSC,

- Area events: Game night tonight
- Number of groups: 17 active, 2 inactive

Working minutes: These minutes have not been approved by RSC.

- Open area positions effective March 11: RCM, VRCC Alt, Newsletter Chair, Parliamentarian
- New groups: None
- New RCM Alt elected: Heather R. effective March 11.
- Next ASC: March 11, 2024 6:30 pm. at Canvas Community Church 2333 Roosevelt Blvd. Winchester VA 22601

12:34 Southside Report – Mike H. hodgemichael831@gmail.com

Mike H. was present. Nothing to report. Southside Area has \$120 donation to the Region.

12:36 Tidewater Report – Olena P. peterolsonena@outlook.com, and Colin D. (alt) dozierstuart@gmail.com

Tidewater Area RCM Report February 17, 2024

Our area met February 11, 2024, at Norview United Methodist Church 2 pm Quorum was met with 20 groups out of 28 active groups. The following Area positions are open, Assistant Treasurer, Public Relations Chair, Policy Chair and Literature Vice Chair. TACNA fundraiser is having a karaoke night awaiting more details. The Spiritual Path Brunch/Speaker Jam Held on Jan 1, 2024 was a great event for all that attended. TACNA convention will be February 29 – March 3, 2024. This is a 4-day convention celebrating the 20th Anniversary of TACNA's Conventions flier attached.

The Special Events Chair Elain H. is planning an event which promotes Service and Unity. She would like a Regional Delegate to do a presentation on Regional Service and invite speakers from our other regions to participate. It's still in the planning stages. Her contact information is: Elain H., phone nr. 917-808-1525, ehester1980@gmail.com. Also the Tidewater Area Special Events is having an event on 04/20/24 " NA'S GOT TALENT SHOW!" Flyer below and attached.

Special events presents **NA'S GOT TALENT SHOW!** BLACK AND NEON DRESS CODE!

WANT TO SHOWCASE A TALENT THAT YOU POSSESS THAT OTHERS DON'T KNOW ABOUT?

RAFFLES! REFRESHMENTS! Snacks!

**CAN YOU SING?
CAN YOU DANCE?
CAN YOU READ OR WRITE POETRY?
HAVE A FEW TRICKS UP YOUR SLEEVE?**

1ST, 2ND, 3RD PLACE PRIZES!

COME OUT AND SHOWCASE YOUR TALENT WITH THE FELLOWSHIP!

Winners decided by applause!

Basic Text pg. 104 **A new way to celebrate on 4/20/24**

"Our individual interest can broaden to include social or political issues. Hobbies and recreation give us new pleasure. It gives us good feelings to know that aside from our value to others as addicts, we are also of value as human beings."

Don't be shy!

**ARE YOU FUNNY?
Want to be heard?**

**Unconditional love!
NO TALENT IS TOO SMALL!**

CONTACT PERSONS:
THOMAS - 757-637-5539
KIM - 757-305-5782
ELAINE - 917-808-1525
Stephanie - 757-618-7331

CLEANTIME COUNTDOWN

Working minutes: These minutes have not been approved by RSC.

The TASCNA Budget meeting was held on February 11 2024 at 1pm. Still awaiting decisions from policy and budget meeting, as to how much and frequency of Region donation. There is no date for the next Budget Meeting and I will continue to inquire about a donation for the Region.

In Loving Service,

RCM, Olena P.

Alternate RCM, Colin D.

Tri-Cities Report – Maria H. mariahowk93@gmail.com

Hello, Region:

- Tri-cities now has 9 homegroups, as Together We Can just joined our Area as a homegroup this month.
- Our Chair is Bob G. and Sheralyn B. is our Vice Chair.
- All positions are filled besides RCM Alt.
- Our Special Events Chair is working on a 50/50 raffle and fundraiser event for RACNA, more will be revealed on event date.
- Our attendance is slowly rising in our Area.
- Our Treasurer was absent this ASC and a donation to RSC was not discussed. I will get together with the Area next meeting to bring this up on a donation. Our next Area Service is March 3rd at 2pm.

In loving service,

Maria H. (RCM Tri-Cities)

End of Area reports by RCMs.

12:57 Old business: none

12:56 Nominations: none

Vacant Regional officer positions:

1. Chair
2. Vice-Treasurer
3. H&I Chair
4. PR Chair
5. Speaker Jam Chair

Working minutes: These minutes have not been approved by RSC.

No nominations for any of these positions were made. **Please be sure to announce these openings across all areas.**

New Business – none

Next subcommittee meeting: Saturday, March 16th, 2024 at 10am to noon on Zoom.

Next RSC meeting: Saturday, April 20, 2024 at 10am to noon on Zoom.

1:22 Carol M. motioned to close the meeting, and Colin D. seconded to close.