

Working minutes: These minutes have not been approved by RSC.

Minutes for the 226th Regional Service Conference
Central Atlantic Region
April 21st, 2024 via Zoom

Meeting Called to order with the Serenity Prayer at 10:00am-Roland C.

Open Forum began at 10:00am; discussion topics:

1. Sherry V. ran down what had been brought up on the website.
2. Elaine H., Tidewater Area Special Events chair announced an event on September 14th in Portsmouth.
3. 10:06 Jenn D. asked about what the RCMs should report to the Areas.
4. 10:13 Beverly C. talked a “women’s rap” event in her area that is not and NA sponsored event.
5. Heather C. asked if NA literature could be distributed at a recovery event.
6. Sherry V. shared about the different between “conference approved,” and “fellowship approved” NA literature.

Conclusion of Open Forum

Meeting on break until RSC commences at 11:20am

11:21 Roland C. called the meeting to order

Purpose: Beverly A.

Traditions: Olena P.

Concepts: Jenn D.

11:25 Roll Call

Roll Call	Administrative Members	226 th April 2024	225 th February	224 th December
Chair	Vacant	vacant	vacant	vacant
Vice-Chair	Roland C.	present	present	present
Secretary	Lauren H.	present	present	present
Treasurer	Etta L.	present	present	present
Vice-Treasurer	vacant	vacant	vacant	vacant
Regional Delegate	Sherry V.	present	present	present
Regional Delegate Alternate	David H.	present	present	present
Regional Delegate Alternate 2	Cindy K.	present	vacant	vacant
VRCC Chair/Vice-Chair	Vicky B.	present	present	absent
Hospitals & Institutions Chair	vacant	vacant	vacant	vacant
Policy Chair	Mark M.	absent	present	vacant
Public Relations Chair	vacant	vacant	vacant	vacant
Speaker Jam Chair	vacant	vacant	vacant	vacant

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Areas	RCM/RCM Alternate	226 th April 2024	225 th February	224 th December
Almost Heaven	Jenn D. (alt)	present	present	vacant
Appalachian	Kim C.	present	Kim present	both present
Beach	Trish F., Phil S. (alt)	both present	both present	present
Blue Ridge	Rick V.	present	present	present
Gateway to Freedom	Rhonda P.	present	present	present
New Dominion	Carol M.; Linda C. (alt)	both absent	Carol present	Carol present
New River Valley	Thomas L.	absent	present	absent
Outer Limits	vacant	vacant	vacant	vacant
Peninsula	Beverly A.	present	present	absent
Piedmont	Megan O.	present	absent	both present
Rappahannock	Jay H.	absent	present	present
Richmond	Simone W.	present	vacant	vacant
Roanoke Valley	Greg H., Skeet C. (alt)	both absent	Greg present	Greg present
Shenandoah Valley	Heather R. (alt)	Heather present	Sarah present	Sarah present
Southside	Charlotte H., Mike H. (alt)	Mike present	both present	both present
Tidewater	Olena P., Colin D. (alt)	Olena present	Olena present	Olena present
Tri-Cities	Maria H.	absent	present	present

Quorum met. 11 areas present.

Additional members present, but not part of Roll Call: Ann V. deyvces@gmail.com; Elaine H. emariadh@gmail.com; Randy D. der12296@comcast.net; Peter peterfp@gmail.com

February minutes for the 225th RSC were approved. Kim C. motioned and Rhonda seconded the approval. A show of hands approved the minutes with a vote of 10 for, 0 against, and 1 abstention from Simone W. who has not read thru the minutes yet since she is new to the position of Richmond Area RCM. Welcome, Simone!

TRUSTED SERVANTS' REPORTS:

Chair Report – chair@car-na.org – **VACANT**

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11:32 Vice-Chair Report – Roland C., vicechair@car-na.org

All- I did receive a message from our Policy Chair Mark M that he was released from the hospital on Friday and was not able to attend this weekend meeting. I also received an email that Richard S would be attending funeral services for his dad and as such would not be available Sunday. I was able to ship approximately 20 of the basic texts donated by the East Coast convention to those who provided an email address last Area. I would like for any RCMs who have yet to receive their 5 soft back basic text to provide a name and delivery address as soon as possible and hopefully before the East Coast Convention sends another donation for last weekend's activities. I will be on travel May 5th through May 26th and as such am seeking a co-chair to assist with the May 18th Sub Committee meeting. I enjoyed the annual report submitted and hosted by the CARNA Delegate Team yesterday. It was very informative and as usual seeks the ever-changing conscience of our region to address to core issue affecting participation. I encourage all addicts to get in where you fit in and invite others to witness the miracles behind the scenes.

ILS
Roland C

11:33 Secretary Report – Lauren H., secretary@car-na.org, please email your administrative or Area report to the secretary at secretary@car-na.org and/or lhamilton@harpergroup.com or contact via text/call at 434-995-8268 with any questions.

11:35 Treasurer Report – Etta L., treasurer@car-na.org

April 2024 RSC Treasurer's Report
Good afternoon,

I am beginning to compile all the paper receipts and documents from this term for hand off in June when my term ends, I am grateful for the experience and encourage others to serve outside of their natural talents as it promotes growth.

Currently we have a balance of \$20,630.18 with a Prudent reserve of 18, 149.25. We have an increase of Twillo charges where we are now getting billed 2x per month rather than once due to the addition of adding Tidewater. All checks have been released to the delegates accept for David as I am awaiting his receipts for the FSSNA travel.

I have been negotiating with VSIA's for the conference in Williamsburg coming up and we have been sponsored by a platinum member and was originally told that we could attend free, but a subsequent call came back saying that we would need to pay \$250. This is still better for the regular cost of \$650 and keeps us in line with what we usually pay. I will be spending some funds from the PR budget to update our information and materials for our table along with a

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was quite upset about it too. This workshop can be a very sensitive workshop for some and needs to be carefully facilitated. I also attended Yap helpline programming. Many are still just learning about this.

I attended the banquet on Women in Service There was a ticket given to all and there were "prizes" Deb blue skies started the trend that instead of the person with a winning ticket just going and picking a gift that we took a newer member with us and let them pick and have the gift. Very inspiring to watch this dynamic, not plan, just unfolded. I was honored to be the speaker at this event.

I attended the Southeastern Zonal forum breakfast/business meeting. I didn't do breakfast, just the meeting. There was a lot of conversation from the facilitator. I was hoping to get minutes but their website is not very up to date. I attended the Sat Banquet and the World services town hall. There was not a lot of new information. The speaker was Jose Luis who has been a member of the world board for years. He was a wonderful speaker sharing his ESH.

On Sunday I attended the Florida Region Meeting. There is formal discussion of the Florida service symposium coming under the umbrella of the Southeastern Zonal forum like the Northeastern states service symposium NESSNA did last years with the Northeast zone siting the FSS is more expensive with less attendance. Discussion on CEU's in Fellowship Development-Belinda as to whether are not offering them at the FSS Professional event could it be perceived as promotion. Also, a report was given on the banquet for Women in Service. PR person(Liz) is meeting with FD to coordinate a similar event. Also announced with the World services Pr webinar is being held. PR also offers learning days in Areas and mentoring or helping virtually members get ready for their interview with the Florida human resource panel. Reminding them their first responsibility is to start finding a replacement as soon as possible. I reported from the last symposium about the Florida RSO theft of funds. I asked if the money is being reimbursed. Quite a sore subject. If you recall over \$100,000.00 over an eight year period was stolen. The person was court ordered to pay back over time. Follow up of this reimbursement was not carried out and by the time this was realized the person had filed for Medicaid and apparently in Florida if one goes on Medicaid then they are not responsible for outstanding debts. So they only retrieved about \$20,000.00 dollars back. They were told they could go to court but were told they could spend \$40,000.00 to \$50,000.00 and still may not win. So they have decided at this point to move on.

The US collaboration of zones you heard about yesterday. I have been attending meetings and task groups. Emails from all over are coming in already. Helping help in our communication efforts. It's truly filling the service holes as was one of the goals.

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I turned in my travel itinerary for Florida and was under budget and turn in my tentative expense itinerary for NESSNA to the treasurer which is also under budget.
Thanks for allowing me to serve.

YIS

Sherry V

RD Central Atlantic

svorbach@live.com/304-261-0401

11:56 Regional Delegate, Alternate Report – David H., rda@car-na.org

RDA report – 226th RSC

The past two months have been filled with preparing for the GSR assembly, attending the Florida Service Symposium, and getting ready for the North Eastern State Service Symposium next week. Receipts from the Florida Service Symposium have been sent to the Treasurer and include: 360.94 for hotel, 510 for flight, 70, for registration, and 195 per diem for a total of 1135.94.

The March CP Webinar began with a NAWS report on the progress of the planning for the World Convention, reported on yesterday by Cindy at GSR assembly. The WB chair led a discussion on improving the World Service Conference and the process by which we deal with motions. We broke into small groups, some considering how to improve the conference and others focused on alternative ways to consider motions. My small group was focused on various ways to consider motions offline. There was little support for WB/HRP forming a workgroup to consider motions as they come in, primarily due to the issue of transparency. Consensus was formed in my small group around the idea of increasing the conference participant webinars to monthly and using that forum to take straw polls on motions as they come in. This would likely help many of the regional motions that fail due to the language that is used.

I am looking forward to the North Eastern States Service Symposium next week.

In response to the request of several members, I will be asking the Secretary to include my report on NAWS finances yesterday as an attachment to the minutes. The report includes only the raw numbers. If any RCM or interested member would like some guidance on the numbers, please feel free to reach out to me at brainmed@mac.com or 312-545-5114.

YIS,

David H

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Regional Delegate, Alternate 2 Report – Cindy K., rda2@car-na.org

Greetings CAR-NA family!

Lots of information has been given to your delegate team in the past couple of months! Great opportunities to network with other trusted servants in various positions in other regions at FSSNA and we are looking forward to NESSNA this coming week. I have submitted receipts and been reimbursed for hotel/flight only for NESSNA, \$1128.07—under budget.

As mentioned, we attended FSSNA in March. We split up as we could, but even those breakout sessions we attended together, we each got different take-aways. Our RD and I attended the Professionals Roundtable, which was very informative and gave a bit more insight into DRT/MAT and Medical Marijuana from a clinical aspect. My main takeaway and concern from that session was the professional/treatment views that ‘forcing or mandating’ people to identify as addicts is viewed harmful to the individual.

I attended several IDT workshops: Disruptive Behaviors, Reimagining and Revitalizing Service, DRT/MAT and as it Relates to NA and Gender Neutral Language. These workshops and sharing with other members/trusted servants have been extremely beneficial to myself personally and the delegate team. We see how best to facilitate these sessions, so we can better serve our areas when we hold similar sessions in our region/local areas. These are wonderful opportunities to share challenges, look at solutions and bring more awareness and understanding to these topics. For example, our group on Disruptive Behaviors addressed one behavior that was outside of the box, but happening in their area, who happens to have limited meetings. Members with time were sharing about staying clean without working 12 steps and discouraging newer member from starting that process- delivering a message of ‘come hang out and you can stay clean’. Very good discussion and potential solutions were shared.

One of the things that stood out for me in the Revitalizing Service session, which we also facilitated yesterday at our GSR assembly, was looking at the possible shift from ‘committees’ to more project-based groups or task groups. This opens the service opportunities to more members, may be more attractive to be able to focus on specific projects that interest them, and takes away that aversion to commitment for longer periods of time, which often seems to be the hesitation in getting involved.

In the Revitalizing Service session, it was a common thread that we need to make service more attractive and get the younger, newer members involved. This was our topic yesterday in my breakout group during our GSR assembly. The lack of attendance for this was disheartening— one of the things we discussed was how to make these service events more fun, inclusive and attractive to more members. It is my hope going forward we can look at how we facilitate these events, even if it means reexamining policy and past practices. New ideas moving forward will only help our fellowship growth, development and participation.

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We had a Town Hall with NAWS, with two WB members (Danny G and Jose Luis) and one staff member (Nick) in attendance. They also assisted in facilitating the IDT workshops throughout the weekend. There were some great questions surrounding BMLT, WCNA, follow up questions on some of the IDT topics.

I will finish up with updates on WCNA:

Approximately 12000 members have registered to date.

Checking the site this week- there are still 5 contracted WCNA hotels left with available rooms ranging from \$203-300ish. Waitlists are available at other hotels. Please do not call the hotels directly, there is a number to call for all housing questions and concerns on the WCNA page.

Deadlines to note:

- Pre-registration ends **July 31**. Cost increases to \$185 online and onsite after that date. PLEASE PRE-REGISTER! This helps plan for what we need, and what costs we can cut! PREREGISTERING will allow members to access merchandise on THURS. All others will not have access to the merchandise store until Friday.
- No refunds or cancellations after **June 1**. Transfers can be done by members by forwarding the bar/QR code received via email. Please be aware if you forward this, the recipient can add/subtract to the registration and or change the package, tickets, etc. Registrations will NOT be split up –so whoever has that QR code needs to pick up all of them at the same time.
- The deadline to buy preconvention merchandise is **April 30**. Preconvention merchandise will be picked up onsite. NO refund or exchanges after 4/30.

UPDATES:

Volunteer link/site will be available early May. We need about 2000 volunteers to make all of the magic work. You will be able to sign up for 2 hours or as many as you would like and request the area of service you would prefer. More details coming soon!

Preregistration will be available for pick up Tues and Weds at the DC Convention Center. Once the convention starts Thursday AM 8/29 – you will need a badge to enter the building. Registration sites will be at 2-3 nearby hotels (Marriott Marquis, Westin or Grand Hyatt).

There will not be a concert this year –probably due to cost/logistics. Saturday night will feature at Go-go Band/Party included in the cost of your registration. Go-go is a funk music genre that has its roots in DC. There are also 3 other coffee house music events, and 2 dances included in your registration.

Our workgroup will be conducting on site meetings with NAWS and WB in June, as well as a walkthrough of the facility.

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As always, thank you for allowing me to be of service to our region! I look forward to meeting you all in person, visiting areas and getting to know you all better!

In loving service-

Cindy K RD Alternate #2 410 905 0994

VRCC Report – Vicky B., chair@avcna.org

Members of the 226th Regional Service Committee –

Good afternoon! I am an addict named Vicky B. from the Appalachian Area of our region. As of the March 2024 Virginia Regional Convention Corporation Board meeting, I have been elected to serve a 2-yr. term as the Chairperson. I am honored beyond description to be able to serve the Board. I first came to the VRCC in 2003. Off and on over the years I have served in the capacity of Director, Secretary and most recently as Vice-Chairperson.

I did attend the GSR assembly briefly to participate in the administrative introductions. Thank you to Sherry V. for notifying me about this. The agenda was well assembled and for the portions that I heard, the content was extremely informative.

There are currently (9) Directors serving at the VRCC. We are also soon to have representation from the Almost Heaven Area.

Since I have taken office the State Corporation Commission has been updated with current officers and directors. Our By-laws will be signed by the current Secretary at our May 19th Board meeting, and they will reflect the current principal office.

The Hotel Contract for the 41st AVCNA has been finalized, reduced by \$2,000 and signed. Speaking of which, the RSC minutes from the 222nd RSC contain the VRCC Chair's report which states "the Richmond area was awarded the bid for the 2025 convention." I do not know if this was ever corrected. If it was, pardon the redundancy but it is the New Dominion Area that was awarded the bid to host the 41st AVCNA.

And finally, a few priority matters of the Corporation include regaining tax-exempt status, rebuilding our website and completing a sound and productive retreat on May 11th.

In service and fellowship,
VRCC Chairwoman, Vicky B.

Public Relations Report – **VACANT**

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Hospitals & Institutions Chair Report - VACANT

Policy Chair Report – Mark M. policy@car-na.org, absent, no report.

Speaker Jam Chair Report – VACANT

End of RSC administrative reports

AREA REPORTS:

12:22 Almost Heaven Report – Jenn D. (alt) jniferd43@gmail.com

Almost Heaven www.almostheavenareana.org

Contribution to C.A.R.: \$338.84

- A. 15 Home groups / 26 Meetings per week
- B. 9 GSRs attended 3-2-2024 ASC; 12 GSRs attended 4-6-2024 ASC
- C. Area trusted service positions open: RCM
- D. Area trusted servants elected: Chair & Secretary elections upcoming in June 2024
- E. Group news:

4/23-Brianna A. celebrates 1 year at Spiritual Principles

4/24-Michael M. celebrates 5 years at It's A Brand New Day

4/29-Dan D. celebrates 36 years at Addicts Welcome

5/01-Mike B. celebrates 21 years at Keep It Simple

5/04-Charles S. celebrates 17 years at Not High At Noon

5/10-Sam M. celebrates 1 year at Hope & Gratitude

5/12-Eric + Susan B. celebrate 27 years at Miracles Do Happen

5/14-Kevin M. celebrates 2 years at Spiritual Principles

5/15-Tho'mas G. celebrates 30 years at It's a Brand New Day

5/17-Don V. celebrates 33 years at Start to Live

5/17-John W. celebrates 1 year at Hope & Gratitude

5/26-Gordon R. celebrates 24 years at End of The Road

5/31-Dave W. celebrates 33 years at Hope & Gratitude

F. Area news: See (G) and (I)

G. Subcommittee news:

Policy Subcommittee meets Thursday after ASC at 7:00 p.m. via z.oom

Local Service Committee meets 4th Thursday 6:00 p.m. via zoom

-- Special Events task group meets 1st Sunday at 3:00 p.m.

-- P.R. task group meets 2nd Tuesday at 8:15 p.m. at Otterbein UMC, Martinsburg, WV

-- H&I task group meets 3rd Thursday 6:30 p.m. via zoom

H. Area concerns: Need H&I facility coordinators for one facility (TruHealings)

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I. Area special events calendar

4/27 Hope & Gratitude Speaker Jam 12-7p John Wesley UMC, Hagerstown, MD

5/19 New Hope & Start to Live Spring Fling 12-5p Berkeley County War Memorial Park, Martinsburg, WV

5/25 Keep It Simple "A Day in The Park" Speaker Jam at Clearbrook Park, Clear Brook, VA

6/2 Special Events "Just for Today" Picnic 12-5p at Pangborn Park, Hagerstown, MD

8/10 Hope & Gratitude Pool Party 4-8p at Marty Snook Park, Hagerstown, MD

J. Brief summary: All is going well in fulfilling our primary purpose

K. Next ASC meeting: First Saturday of the month at 1:30 p.m.

March 2, 2024 Parkside Community Center, 413 Sumans Ave., Hagerstown, MD

April 6, 2024 Immanuel's House, 713 Buxton St., Martinsburg, WV

L. Total number of H&I commitments and facilities being served by Area's task group: 3

Crisis Recovery & Support Center 2nd Tuesday & 4th Thursday


Mountaineer Recovery Center every Wednesday

Washington County Detention Center – Men 1st Thursday

Behavioral Health Unit – working with facility coordinator to set up meeting-more will be revealed

In Loving service,

Jenn D., RCM-alt, jniferd43@gmail.com



**HOPE AND GRATITUDE
SPEAKER JAM**

"SPRING INTO ACTION"

WHEN: SAT APR 27, 2024

WHERE: JOHN WESLEY UMC
129 N. POTOMAC ST
HAGERSTOWN, MD 21742

TIME: 12N – 7PM
(LAST MEETING STARTS AT 6PM)

FOOD, FUN, FELLOWSHIP

**A Day In The Park
SPEAKER JAM!**



FELLOWSHIP!

FUN!

FOOD!

Hosted by

KEEP IT SIMPLE

Saturday, May 25, 2024

12:00pm-6:00pm

@ Clear Brook Park, Community Dr., Clear Brook, VA 22624

Brill Family Shelter Pavilion

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12:26 Appalachian Report – Kim C. kimcarvente7@aol.com

Dear Regional Members,

The Appalachian Area meets the first Sunday of the month. I attended in March and April 2024. The Area at 2420 Memorial Ave. Lynchburg, VA at 3:30 pm. Mark M. was voted in as VRCC Director. I was voted in as RCM again. We have a total of 7 groups. The open positions are: Vice Chair, Vice Treasurer, Policy, Special Events, Alternate RCM. Our minutes were voted on and passed. I personally forgot to get our donation so the Treasurer will be meeting up with me to give me the check this week.

Open Forum:

- Discussion on AVCNA and hotel they are proposing,
- The Chairperson mentioned all of the last 3 conventions lost money.
- A GSR brought up having a mini-convention.

Our VRCC Director said that the VRCC was able to find a hotel where the price was reduced by \$2,000. Roanoke has placed a bid for the 2026 AVCNA.

I once again reminded the Area of the GSR Assembly and spoke with GSRs personally to explain that it would be helpful. Also placed in the Area minutes.

H&I Chair (Jess C.)

H&I need more support. All commitments are filled, however, more volunteer applications for the jails are needed. Discussions on entering the Youth Detention Center

VRCC Director (Mark M.)

The DoubleTree Hotel will be in Midlothian-Richmond for the convention. Room prices \$139 per night. Nominations at the VRCC were Vicky B., Chair, Jim H. Vice Chair and Erin M Secretary. Lots of discussion on price for food at the retreat regarding money. The Host Committee will be in charge of lunch at the retreat with a \$700 budget.

All groups agreed to make a dish for this event. \$20 donation Italian Dinner included, \$4.00 for lunch.

VRCC Retreat: Saturday May 11, 2024 Mankin Episcopal Church, 985 Huguenot Trail, Midlothian, VA 23113

Ad Hoc Convention Fundraiser Christina R.

The committee meets on the Zoom Platform - The next meeting was not listed in the report however, the ID is: 4206749641 password 870585. "Spring Fling" May 25, 2024 10:00 am to 10:00

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pm Fundraiser for the upcoming Convention. All groups agreed to make a dish for this event. \$20 donation Italian Dinner included, \$4 for lunch.

In Fellowship & Service
Kim C. RCM Appalachian Area

To expedite my report all celebrations will be noted in my report within the minutes:

We Do Recover Group:

Eddie W. 4/28 21 years
Anthony J. 4/28 22 years
Desiree 4/28 1 year
Chantelle B. 5/6 1 year
Steve J. 5/12 39 years
James S. 5/19 17 years
Monie T. 5/19 1 year

Living Just for Today Group

Jess C. 6/4 2 years

Freedom Group

Eric R. 5/11 4 years
Lyndsi O 3/16 2 years

12:30 Beach Report – Trish F. trishfurness@yahoo.com, Phil S. (alt) philstratton757@gmail.com

Dear Regional Members,

The Beach Area meets on the first Saturday of the month. I attended in March and April. Area meets at 1200 Dam Neck Road, Virginia Beach at 1pm We have 20 active groups. Quorum was met in both months. We have one open position available for Emergent Needs Committee (ENC) Chair.

The Serenity on the Shore (SOTS) subcommittee is planning the SOTS 15 campout to be held on October 11th – 13th at First Landing Park in Virginia Beach. The first fundraising event was held at Pinboys last month and was a huge success. The costs for SOTS have been set for campers at \$40 pre-registration, \$45 onsite which includes camping for 2 nights and access to all events. The non-camper and RV registration has been set at \$25 pre-registration and \$30 onsite which includes access to all events and limited parking.

All H&I commitments were met. No donation to region this month

In Loving service,
Trish F

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12:33 Blue Ridge Report – Rick V. ricksescort@hotmail.com

The last Area Service Committee for BRANA was held on 4/14/24 in Verona, VA. There were 12 people present. We had 5 of 5 eligible groups for voting present at this meeting.

Open forum: RW brought up motions that he wanted to make regrading BRANA campout. Chairperson redirected and encouraged RW to attend BRANA campout subcommittee meeting. New GSR from recovery 101 introduced herself.

Reports:

Treasurer: Beginning balance of \$572.66 on 2/1/24, ending balance of 615.25 as of 2/29/24 no donation to CAR-NA at this time.

Literature Chair: Steve - verbal report - Steve asked groups to give money to Peter (treasurer) instead of him.

Special Events: Bill S. - verbal report - Planning to have a campout every month. Discussed free fishing weekend event- details next month. Committee meeting is every 1st Tuesday@ 530p (Christ United Methodist, Staunton). Bill requested a policy handbook for Special Events. Secretary emailed digital copy to Bill.

Outreach: Emma - verbal report-Meeting lists for this quarter were distributed. Outreach continues to seek volunteers for the MRRJ meeting. Next committee meeting is 4/18 at 7 40p.

Ad Hoc Committees: AVCNA Fundraiser- VCNA Fundraiser- Decided to have Chicken Soup cookoff/speaker jam. Will be held at Pleasant Church of the brethren in Harrisonburg 5/11 12p-6p. The theme is Living Clean. **Homegroups should take a group conscience on whether to sell 50/50 raffle.** Suggested to bring a pot of soup or a \$5 donation.

Old Business: Consensus for those already in positions - passed. Steve E. for Literature Chair - passed. Bill. S. for Special Events - passed.

New business:

Peter suggested making a motion to print more policy handbooks. Unanimous consent.

Nominations/Elections:

William H. was nominated for Policy Chair. Please take back to groups to vote.

Open Positions:

Vice chair, policy chair, RCM Alt, VRCC rep.

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Announcements:

Registration for BRANA 42 is open! July 19-21 2024, Camping reservations call Natural Chimney's (Tues thru Sat) 540-245-5753. If you have ideas, questions, etc. please contact Peter P BRASC Rep. peterfp@gmail.com BRANA campout Planning Committee Meeting- May 18@starts at 10 (Harrisonburg Social Services Building (227 Elizabeth St. Harrisonburg})

AVCNA Fundraiser- Chicken Soup Cookoff/Speaker Jam- May 11 (12p-6p). Pleasant Church of the brethren in Harrisonburg, VA.



AVCNA
AVCNA Fundraiser
"Living Clean" Speaker Jam & Chicken Soup Cookoff
May 11th 12-6pm
@ Mt. Pleasant Church Brethren
2788 Taylor Spring Lane
Harrisonburg, VA 22801

Suggested donation \$5.00 or a pot of Soup
(No one turned away)

Schedule

12 pm	Chicken soup meal and voting
1 - 2pm	<i>A Vision of Hope</i> (2 speakers)
2:30 - 3:30pm	<i>Leap of Faith</i> (2 speakers)
4 - 5 pm	<i>Walking the Walk</i> (2 speakers)
5 - 6 pm	Announce winners of the soup contest and raffle, plus a clean time countdown

\$\$\$ 50/50 raffle \$\$\$ - \$1.00 per ticket
Winner will be announced at the event
BRANA see your home group for tickets.
Tickets sold at event.

Vote for your favorite chicken soup!!

AVCNA is Virginia's longest running convention!



APPALACHIAN AREA OF NARCOTICS ANONYMOUS
Spring Fling Fund Raiser
TO SUPPORT THE 41st AVCNA
May 25, 2024
Fairview Christian Church
2701 Campbell Avenue, Lynchburg VA
10:00 am - 10:00 pm

**Speakers · Games · Food
Clean Time Countdown**

SUGGESTED DONATION OF \$20 FOR THE DAY
Includes an Italian menu for dinner.
**Lunch will be all beef hotdogs, chips, and softdrink or water for \$4.00*

Speakers will be sharing on many important topics from their NA journeys.



**A Day In The Park
SPEAKER JAM!**

FELLOWSHIP!

FUN!

FOOD!

Hosted by
KEEP IT SIMPLE
Saturday, May 25, 2024
12:00pm-6:00pm
@ Clear Brook Park, Community Dr., Clear Brook, VA 22624
Brill Family Shelter Pavilion

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Area men's fellowship dinner (even numbered months 6pm/odd number will be breakfast)
Contact William H. for details.

Local celebrations: Chance for Gratitude- Sonja (15) Hannah (18 mos.) celebrating 4/27, No Matter What- Courtney celebrates four years 4/27 @4pm!, together We Can- Jenna P. celebrates 3 years 4/26! Kayla and Casey celebrate 1-year 4/17! Meeting time has changed to 730p at Valley Mission, Find A New Way to Live - Monica celebrates (18 mos.) 4/29!!

Next BRANA ASC, MAY 19 @ 3pm Verona UMC

12:38 Gateway to Freedom Report – Rhonda P. rpiser1@hotmail.com

Hi Family,

GTFA has 13 meetings with only 5 GSR's represented at the last ASC. We have a new meeting on Mondays from 7-8pm. Weekend Warriors meets at Trinity Methodist 84 Dans Run Rd, Fort Ashby WV 26729.

Camp Jam 8 planning has begun! The theme this year is “spiritual awakening “. It will take place the third weekend in September at Camp Minko Ft Ashby WV. Flyer attached.

GATEWAY TO FREEDOM AREA
of Narcotics Anonymous
Presents

CAMP JAM VIII

EARLY REGISTRATION FLYER
September 20-22, 2024
Location: Camp Minco, Mineral County, WV
Only available April 21st - May 31st, 2024

\$75 for FULL Package
\$85 FULL Package + T-shirt
Food, Lodging (camping/cabin), Registration - FULL WEEKEND
Children 12 to 17 (if eating at the entire event) - \$30

Name: _____
Address: _____
Email: _____
Phone: _____ Shirt Size: _____



Make checks payable to Camp Jam
Send to: CAMP JAM, PO Box 454,
Cumberland, MD 21501

Credit card payments,
please call: Paula W - 304-268-4418

For more information about the event please contact:
Rob G. (CJ chair) - 304-546-1095
Adrienne W. (CJ registration) - 304-389-2624

 Venmo payments please
add "early registration
payments" to memo line.
venmo

The following positions are open at ASC: vice chair, vice treasurer, policy, and Alternate RCM. The ASC meets at 10am the second Saturday every month at 22 N Mechanic St. Cumberland MD. The GTFA mailing address is PO Box 936 Cumberland MD 21502.

Our Regional donation is \$200.00

ILS,
Rhonda P

Working minutes: These minutes have not been approved by RSC.

New Dominion – Carol M. cmcdaid7@icloud.com; Linda C. (alt), absent, no report.

New River Valley Report – Thomas L., absent, no report.

Outer Limits Report – **VACANT**

12:41 Peninsula Report – Beverly A. bybea212@yahoo.com

Hello Family,

The Peninsula is doing well. We have been meeting in person since January of this year. We did meet on April 6th @ 3P

The Serenity Prayer, 12 Traditions and 12 Concepts were read. The Quorum was met.

Our Area has three nominations for Chair that has been back to the Home Groups.

We have Robin A. nominated for PR to be sent back to HG. Addict Yash has been voted in as Activity Chair, Stephanie L was voted in as a Literature Chair, Keyon has been nominated for the Webmaster, to be sent back to HG.

H&I is doing well with 4 Commitments

The Area has Vice Chair, VRCC positions vacant.

The Area does not have a donation at this time.

The Activity Subcommittee event in March, Sponsor/Sponsee Breakfast, was a huge success. The subcommittee is planning a Event in May, more will be revealed.

I am here to inform This will be my last Region. My term is up. Thank You! all for the very informative time here to serve the Peninsula Area. I will continue to be of service to my area in other forms. Once again it has been great.

ILS,

Beverly A.

Piedmont Report – Megan O. megan@real-it-y.com

Greetings Family,

The Piedmont Area of NA met on March 3 as well as April 7, 2024. At our March 2024 meeting, which continues to be a hybrid format, we had 11 of our 11 active groups present.

At this time, April 2024 meeting minutes are not available.

Working minutes: These minutes have not been approved by RSC.

Hospitals & Institutions, Anthony M, Chair:

- Men's ACRJ (Kyle W, Panel Leader) The jail is not allowing outside programming. We continue to add available volunteers to our list and are waiting for the next orientation to be scheduled
- Boxwood Regional Treatment Facility in Culpeper (Chris P, Panel Leader) all meetings occurred in February
- Five East (Adult Psychiatric Facility at UVA Hospital) (Connie P, Panel Leader) All meetings took place in February, however, half of those meetings no clients showed up.
- Mohr Center (Men's recovery house in Charlottesville) (Ky L, Panel Leader) 4 of 4 meetings took place in February
- Wellness Recovery Center (Patsy G, Panel Leader) Meetings have increased to weekly instead of every other week. All meetings took place in February

Public Relations, Grace H, Chair:

- Phone Line (Cecily W), Since our last sub-committee meeting the phone line has received 1 call
- Phone line format has changed and can longer gain access, who do they reach out to so this can be fixed?

Meeting List Coordinator (Jodi D) gathering usage data from each homegroup to be more efficient when lists are next printed.

Special Events, Anand H, Chair: no report

New Business: None

Open Positions (PASC): Alternate Secretary, Alternate Literature Chair, RCM 2 Director

Open Subcommittee Positions: H&I Vice Chair, H&I Panel Leader Women's ACRJ, PR Web Servant, PR Vice Chair, PR Phone Line Coordinator

The next PASC meeting is scheduled for 4pm on Sunday, March 4, 2024 at the Church Of Our Saviour on Rio Road East in Charlottesville.

Megan O.

C: 434-249-8896

Rappahannock Report – Jay H. jharris.mr89@gmail.com, absent, no report

Working minutes: These minutes have not been approved by RSC.

Richmond Report – Simone W. simonew847@gmail.com

Hello Regional members,

The Richmond Area meets on the 2nd Sunday of every month at 1213 Porter Street in Richmond VA 23234. Our mailing address is P.O Box 26249 Richmond, VA 23260. We currently have 29 groups with 27 groups attending for the month of April and 26 attending for the month of February. Richmond Area did not have a donation this month for region.

Area Events:

- May 4th RACNA 2 is having a Gratitude Day from 2-6pm at Bryan Park.
- Richmond Area Outreach is having a worship called "Follow the Dollar" on May 19th from 1-2:30pm at 1213 Porter St. Richmond, VA 23224
- RASCNA Unity Day Cookout is May 27th from 12pm-5pm at Dogwood Dell
- RACNA Sister Sistah Women's rap Brunch from 12-6pm at 3602 Hawthorne Ave. Richmond VA 23222

Area positions filled:

- H&I chair- Val R.
- Outreach chair- Beverly D.
- Policy chair- Angel K.
- Public relations chair- Norman W.
- Special events chair- Waddell W.
- RCM- Simone W.
- VRCC chair-
- Literature chair- Kevin W.
- Print shop chair-
- Treasurer- Bridget C.
- Secretary- Adrienne G.
- ASC Chair- Kim M.
- ASC Vice chair- Catherine S.

Area positions vacant:

- Alternate RCM
- Alt. VRCC
- Assistant secretary

There are currently no new groups however atmosphere of recovery is relocating to 1719 N.22ND street beginning May 5th,2024 from 5:30-7pm and Shot of Hope is relocating to 2811 Fendall Ave Richmond VA 23224 from 6:30-7:45pm.

In loving service,
Simone

Working minutes: These minutes have not been approved by RSC.

Roanoke Valley Report – Greg H. gregh93@hotmail.com and Skeet C. (alt) collinsskeet5@gmail.com, absent, no report

12:51 Shenandoah Valley Report – Heather R. rollinsheather0@gmail.com

Hi Everyone,

I am Heather I represent Shevana as the Regional Committee Member (RCM) and I am an addict.

Area service meets the second Mondays of the month at 6:30. Here is our report from the last two months. We have 19 home groups. 13 in attendance in March and 17 in attendance for April.

RCM: Vacant

Virginia Regional Convention Corporation Representative: (VRCC), I will be attending the VRCC meeting this Sunday 3/17/24 Via Zoom as our meeting, space has double in rent so we decided to hold the meetings Via Zoom

VRCC ALT: Vacant

H&I: H&I meets the first Monday of every month at 7pm. We had 18 members in attendance on March 4th with 3 new members. All positions are filled.

Literature: I completed the inventory of literature today and sent in an order. I stumbled across a 2017 dated documents titled: "SheVANA Literature Subcommittee Guidelines" Are these official?

Outreach Committee: up and running attending meetings inside and outside our area to support meetings

Newsletter: vacant

Parliamentarian: vacant

Public Relations: The Public Relations Subcommittee met on March 24th and had 3 members in attendance. A meeting list went around at the ASC this month and will be updated and printed in the coming weeks. One homegroup requested we wait to print until they are in their new meeting space. All H&I and ASC minutes have been updated on the website. We are in the process of updating trusted servant emails. When I have confirmation the email addresses have

Working minutes: These minutes have not been approved by RSC.

been updated I will send a test email to each trusted servant to make sure everything is in good working order. We are looking for ways to improve our website, so if you have any suggestions we would love to hear them! Our next meeting will be on April 28th from 4-5:30 at the Mainstreet Daily Grind. We will begin our PR Handbook study this month.

Special Events: hosted a Breakfast yesterday evening asking for everyone to bring their favorite breakfast item for a potluck contest. We have also begun planning our annual picnic, more details to come soon!

IDT Adhoc: was not well attendant

We have 10 anniversaries coming up which are listed on our website shevana.org

EVENTS:

- BRANA, AVCNA fundraiser, speaker jam, Harrisonburg VA on May 11 @ 2-6 pm
- Spring Fling Picnic, War Memorial Park Martinsburg WV on May 19 @ 12-5
- A Day in the Park Speaker Jam, Clear Brooke Park Winchester VA on May 25 @ 12-6

12:54 Southside Report – Mike H. hodgemichael831@gmail.com

Mike H. was present. Nothing to report.

12:55 Tidewater Report – Olena P. peterolsonena@outlook.com, and Colin D. (alt) dozierstuart@gmail.com

Our Area TASCNA met April 14, 2024 at Norview United Methodist Church at 2pm Quorum was met with 21 groups out of 29 active groups. We have 34 home groups listed, 29 actively participating, we have identified 5 inactive groups missing 3 or more consecutive Area meetings. RCM and Alternate RCM are working with the Area Secretary to verify homegroup statuses. We will be working diligently with these homegroups to get involved in Area service and to provide assistance where necessary. The following TASCNA positions are open, Assistant Treasurer, Public Relations Chair, Policy Chair, and Literature Alternate.

TACNA fundraiser 50/50 Raffle with 2 free registration packages, tickets 5.00. TACNA started selling tickets during the 20th convention was over (a captive audience) lol. TACNA convention 21 will be February 28 – March 2, 2025. I will submit TACNA report after their audit is finished. The VRCC is selling Tee Shirts for \$15.00. H&I has 12 commitments with 4 new ones. We have 24 members that volunteer for these commitments and numerous speakers. All is going well. Special Events had a "NA's Got Talent Show" April 20th from 4-8pm. This was also a Black and Neon event. There were 1st, 2nd and 3rd place prizes and a raffle. There was a Clean Time Count Down. There were 14 performances and at least 40 people attended. The next event will be a cookout on 9/14/2024 at Portsmouth City Park. This event will have addicts sharing on their service commitments and/or commitment's purpose and importance and most of all what it

Working minutes: These minutes have not been approved by RSC.

means to them and why they serve. We are looking for volunteers who serve from making the coffee to Regional service. Flyer will be coming soon. Volunteers please contact Elain H., cell: 917-808-1525, email: emariedh@gmail.com.

In Loving Service,

RCM, Olena P.

RCMA, Colin D.

Tri-Cities Report – Maria H. mariahowk93@gmail.com, absent, no report.

End of Area reports by RCMs.

1:00 Old business: announcement of vacant positions, discussed that there were zero nominations for the vacant positions.

Nominations: none

Vacant Regional officer positions:

1. Chair
2. Vice-Treasurer
3. H&I Chair
4. PR Chair
5. Speaker Jam Chair

No nominations for any of these positions were made. **Please be sure to announce these openings across all areas.**

New Business – none

Special Topic: Delegate Committee – Sherry, David, and Cindy have presented exhaustive information on the status of our Autonomy Zone. It has been advised by our trusted servants that the Northeast Region offers the best “bang for our buck,” in terms.

Next **subcommittee** meeting: **Saturday, May 18th, 2024 at 10am to noon on Zoom.**

Next **RSC** meeting: **Saturday, June 15, 2024 at 10am to noon on Zoom.**

1:58 Rhonda P. motioned to close the meeting, and Rick V. seconded to close.