

These are working minutes from the June 21st RSC. They have not been approved.

Minutes for the 233rd Regional Service Conference
Central Atlantic Region
June 21st, 2025 via Zoom and
In-Person at Crozet Public Library
2020 Library Avenue
Crozet, VA 22932

Hybrid Meeting Called to order at 10:00am by Greg H. with Serenity Prayer.

Open Forum discussion topics:

1. Sherry shared that if we are going back to in person, then we should go back to Open Forum starting at 11am. Various members asked about the start time of Open Forum versus RSC.
2. Greg clarified that it was brought up that Open Forum should start at 11am, not 10am.
3. Rhonda inquired about the NA Phone Line and how it works: is it differentiated by mail or call?
4. Richard attended an Area Service Meeting to help.
5. Sherry shared that the Delegate Team can help get a survey. Here were some suggested topics:
 - a. Seventh Tradition and Spiritual Principles
 - b. Phone Line / YAP Service
 - c. Who's missing from our meetings
 - d. Roles of GSRs and RCMs
 - e. Mentorship and attracting people to service
 - f. How to do more service with less
 - g. Aging in service
 - h. 12 Concepts of Service
 - i. Review vacant positions and requirements
 - j. Changes in 2year versus 3year WSC cycles
 - k. CAR / CAT education
 - l. Regional inventory or planning
6. Greg H. asked how soon would it take Zonal Forum to facilitate that process
7. Sherry shared that we would have to do the survey first before it could be accomplished by October
8. Greg asked if a month would work
9. Sherry shared that "it's doable," but a challenge inventory questions will be first
10. Roland asked if a schedule of events is required.
11. Greg shared that's #1 some of these other topics could be in presentation
12. Sherry approaches action plans and asks "does everyone know what planning is?" She shared to "read planning basics to start." We used to do inventory ID thing and never took action. We have done planning and we never did a follow through.
13. Randy asked for clarity on what Don stated about the Addendum.
14. Greg shared that he has 33 Basic Texts. He's not leaving with them. He will give RCMs here some. Roland will receive the rest. Randy had one box, 2 per Area.
15. Randy asked if the GSR Assembly in April was archived. Sherry asked if Randy was volunteering.

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16. Roland shared that a fraudulent email has been circulating claiming to be from him. Be vigilant.
 17. Heather shared that we need a website solution to design.
 18. Sherry shared that NEZF has a service request to redo/repair/build websites. Getting access is a challenge. We can get BMLT. YAP info needed to coordinate.
 19. Greg asked for clarification about what NEZF will do for our site. Ann has access and she may need instructions on what we want.
 20. Heather shared that she sends things to Ann to add to the site.
 21. Sherry shared that a Task group has already met Ann and was on-board with having NEZF handle. Ann was supposed to set up a follow up meeting.
 22. Sherry shared that we need an “outside of Region” interpreter. We may need a CARNA meeting on the website and put it on the screen for improvements. The management should be part of the Regional access.
 23. Roland will contact Richard and get him up to speed
- 10:59** Greg H. closed Open Forum.

Conclusion of Open Forum

Meeting on break until RSC commences at 11:15am

11:15 Greg H. called the meeting to order with the Serenity Prayer.

11:15 Purpose: Dana R., Piedmont Area

11:16 Traditions: Larry B., Gateway Area

11:19 Concepts: Don V., Almost Heaven Area

Roll Call

Roll Call	Administrative members	233 rd June 2025	232 nd April 2025	231 st February 2025
Chair	Greg H. (final RSC)	present	present	present
Vice-Chair	Roland C.	present	present	present
Secretary	Lauren H.	absent	absent	present
Treasurer	Larry B.	present	present	vacant
Vice-Treasurer	vacant	vacant	vacant	vacant
Regional Delegate	Sherry V.	present	absent	present
Regional Delegate Alternate	David H.	absent	present	present
Regional Delegate Alternate 2	Cindy K.	present	present	present
VRCC Chair/Vice-Chair	Vicky B.	present	absent	present
Hospitals & Institutions Chair	vacant	vacant	vacant	vacant
Policy Chair	Don V.	present	absent	present

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Public Relations Chair	vacant	vacant	vacant	vacant
Speaker Jam Chair	vacant	vacant	vacant	vacant
Ad-Hoc	Carol M.	present	present	-

Areas	RCM/RCM Alternate	233 rd June 2025	232 nd April 2025	231 st February
Almost Heaven	Jenn D. (alt)	present	present	absent, Jason representing
Appalachian	Christina R.	present	present	present
Beach	Phil S. (alt)	present	absent	absent
Blue Ridge	Rick V.	present	present	present
Gateway to Freedom	Rhonda P.	present	absent	present
New Dominion	Marla H.; Linda C. (alt)	present	present	Carol present
New River Valley	vacant	vacant	absent	absent
Outer Limits	vacant	vacant	vacant	vacant
Peninsula	William K.	absent	absent	present
Piedmont	Dana R.	present	absent	Dana present
Rappahannock	Jay H.; Dominic E.R. (alt)	absent	absent	Jay present
Richmond	Simone W.	present	present	present
Roanoke Valley	Fernando H., Danny G. (alt)	absent	absent	Danny present
Shenandoah Valley	Heather R., Christine M. (alt)	present	present	present
Southside	Charlotte H. (alt)	absent	absent	Charlotte present
Tidewater	Colin D.; Darlena S. (alt)	present	Colin present	Colin present
Tri-Cities	Maria H.	absent	Maria present	Maria present

Quorum not met. 9 Areas present.

Additional members present, but not part of Roll Call: unknown

April minutes approved: Motioned by Heather, seconded by Rhonda

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TRUSTED SERVANTS' REPORTS:

Chair Report – chair@car-na.org – Greg H. *pro tempore*

Greetings Family,

It is great seeing everyone here today. I would like to begin by expressing my gratitude to Lauren for her efforts in securing this location for our meeting.

I appreciate the opportunity to serve as the Regional Chair Pro Tempore since October of last year. I am deeply appreciative of the opportunity to serve in this capacity. However, I would like to formally announce that this will be my final regional meeting as Chair, as my term will be complete effective at the closing of this meeting.

There are a total of 33 basic texts donated from the ECCNA that need to be distributed throughout our Region.

☉ 7 texts remaining that were donated in 2023 and provided to me by Randy D.

☉ 26 texts were received from the most recent ECCNA convention.

To date, the following Areas have each received 2 texts:

☉ Peninsula

☉ Beach

☉ Tidewater

☉ Outer Limits

☉ Tri-Cities

I understand that additional Areas may have also received texts. To ensure distribution to all areas, I kindly request a full account of which Areas have received texts. For those that have not yet received any, I propose that we develop a plan today to complete the distribution.

Once again, thank you all for allowing me to be of service. It has truly been both an honor and a pleasure.

With love of the fellowship,

Greg H. With love of the fellowship,

Vice-Chair Report – Roland C., vicechair@car-na.org

Good day all I also would like to thank our secretary for landing this facility to meet.

June 12 is also the first time my Homegroup has re-opened to in-person meetings which helps me feel like we're back. I was pleased to participate in last month's subcommittee meeting and I want to thank all that participated in the intelligence sharing and discovery of the missing addendums so we can work towards a more perfect document. It has been a rewarding opportunity to serve as your Vice-Chair for the past 2 years and I particularly want to thank our Chair Pro Temp for stepping up and joining in the fight to help keep "the miracle alive" in regional service. There is still a lot of work to be done. I look forward to being of service in my next capacity and providing

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unbiased administration of your collective wishes. Should that commitment seem compromised please help me help us loving and caringly. I apologize to Carol my schedule conflicted with my ability to zoom into the Va Summertime institute meeting however I am still committed to being of service. I want to thank all the service members for doing regional service in any capacity as it is often the work of the many done by the few. I looked at my sister Sherry and Don as they pull up to the April 2 day with lunch refreshments in tow as if GOD HIMSELF gave them instructions on what, where, when and how much because it was all good and I/we want to make sure those efforts don't go under appreciated. That said it is now time for us to look ahead to planning our activities, menu and location for the October 2 day as well. I will be interested in hearing the bodies' thoughts on that and believe we may want to open a special task force to drive this event as well. Keep in mind at the end of the August RSC we will have our budget meeting to start work on our 2026 proposed budget, see ya there also.

ILS

Roland C

CARNA Vice Chair

Secretary Report – Lauren H., secretary@car-na.org; absent, report read in her absence. I'll miss you all so much today. The only thing that I have to report is that there has been a request to send these minutes to your Area's CHAIR and SECRETARY as well as to you. Please email me at secretary@car-na.org with the NAME of the member in these two positions, as well as their email address. Also, as my term has expired, my last RSC will be at the August 16, 2025 meeting. It has been an honor to serve this Region, but I know there are others who can learn from this position, and I will need to find a new service opportunity. Thank you so much for the love and lessons.

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Treasurer Report – Larry B., treasurer@car-na.org

X CARNA TREASURY REPORT JUNE 2025.xlsx						
A	B	C	D	E	F	G
DATE	TRANSACTION	METHOD	AMOUNT	BALANCE	DETAILS	ITEM #
4/8/2025	DEPOSIT	BANK	\$ 33,969.42	\$ 33,969.42	OPEN NEW ACCOUNT	
4/15/2025	FEE	BANK	\$ 88.23	\$ 33,881.19	NEW CHECKS	G001
4/21/2025	DEPOSIT	CHECK	\$ 164.19	\$ 34,045.38	SHENANDOAH VALLEY	
	DEPOSIT	CHECK	\$ 280.95	\$ 34,326.33	SHENANDOAH VALLEY	
	DEPOSIT	CHECK	\$ 163.17	\$ 34,489.50	APPLALACHIAN AREA	
4/22/2025	DEPOSIT	CHECK	\$ 9,801.85	\$ 44,291.35	NEW DOMINION AREA	
	DEPOSIT	CHECK	\$ 138.00	\$ 44,429.35	OUTER LIMITS AREA	
4/30/2025	DEPOSIT	CHECK	\$ 397.44	\$ 44,826.79	TRI-CITIES AREA	
	DEPOSIT	CHECK	\$ 266.35	\$45,093.14	TRI-CITIES AREA	
5/2/2025	REIMBURSE-	CHK 98	\$ 3,896.40	\$41,196.74	(SHERRY V.) GSR & RSC	B008 E003
5/22/2025	DEPOSIT	CHECK	\$ 200.00	\$41,396.74	SOUTHSIDE AREA	
5/23/2025	BANK FEE	BANK	\$ 0.01	\$41,396.73	FEE	A005
5/27/2025	REIMBURSE-	CHK 99	\$ 12.09	\$41,384.64	(LINDA C.) PO BOX MAIL	A002
5/30/2025	FEE	BANK	\$ 129.78	\$41,254.86	NEW CHECKS	
6/9/2025	DEPOSIT	ZELLE	\$ 6,464.19	\$47,719.05	TIDEWATER AREA	
6/10/2025	REFUND	BANK	\$ 88.23	\$47,807.28	CHECK FEE REFUND	
6/12/2025	REFUND	BANK	\$ 41.55	\$47,848.83	CHECK FEE REFUND	
6/16/2025	DEPOSIT	CHECK	\$ 200.00	\$48,048.83	GATEWAY TO FREEDOM	
6/18/2025	DEPOSIT	ZELLE	\$ 186.37	\$48,235.20	ALMOST HEAVEN AREA	
6/19/2025	DEPOSIT	ZELLE	\$ 200.00	\$ 48,435.20	BLUE RIDGE AREA	
5/22/2025	PENDING	CHK 100	\$ 5.40	\$ 48,429.80	(LINDA C.) PO BOX MAIL	A002
6/19/2025	END BALANCE			\$ 48,429.80		
	PRUDENT RESERVE			\$ 18,259.00		
	NAWS CONTIBUTION			\$ 30,179.80		

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CARNA 2025 CONTRIBUTIONS			
DATE	SOURCE	AMOUNT	COMMENT
1/13/2025	ALMOST HEAVEN AREA	\$ 585.01	ZELLE
1/13/2025	ALMOST HEAVEN AREA	\$ 500.00	ZELLE
1/24/2025	TRI-CITIES AREA	\$ 884.49	CHECK
2/6/2025	LIVING CLEAN GROUP	\$ 43.64	CHECK
2/6/2025	ROANOKE AREA	\$ 636.87	CHECK
2/6/2025	OUTER LIMITS AREA	\$ 255.00	CHECK
2/6/2025	OUTER LIMITS AREA	\$ 359.00	CHECK
2/11/2025	APPALACIAN AREA	\$ 172.98	CHECK
2/24/2025	GATEWAY TO FREEDOM AREA	\$ 200.00	CHECK
3/10/2025	ALMOST HEAVEN AREA	\$ 202.18	ZELLE
3/28/2025	LARRY B. CONTRIBUTION	\$ 1.00	ZELLE
4/21/2025	SHENANDOAH VALLEY AREA	\$ 164.19	CHECK
4/21/2025	SHENANDOAH VALLEY AREA	\$ 280.95	CHECK
4/21/2025	APPALACIAN AREA	\$ 163.17	CHECK
4/22/2025	NEW DOMINION AREA	\$ 9,801.85	CHECK
4/22/2025	OUTER LIMITS AREA	\$ 138.00	CHECK
4/30/2025	TRI-CITIES AREA	\$ 397.44	CHECK
4/30/2025	TRI-CITIES AREA	\$ 266.35	CHECK
5/22/2025	SOUTHSIDE AREA	\$ 200.00	CHECK
6/9/2025	TIDEWATER AREA	\$ 6,464.19	ZELLE
6/16/2025	GATEWAY TO FREEDOM AREA	\$ 200.00	CHECK
6/18/2025	ALMOST HEAVEN AREA	\$ 186.37	ZELLE
6/19/2025	BLUE RIDGE AREA	\$ 200.00	ZELLE
TOTAL CONTRIBUTIONS		\$ 22,302.68	

Regional Delegate Report – Sherry V., rd@car-na.org

Hi Everyone

So sorry about having to leave the last Regional due to a family situation. It's still ongoing. I'm so grateful for recovery and service.

Great GSR Assembly. I wanted to go over the expenses quickly. We stayed within our budget, and I'm happy to see we are utilizing libraries for our in-person as we did with the GSR assembly. We were paying \$100 each region before.

I attended the Northeastern States Service Symposium and the NEZF business meeting. The professional event on Friday is always enlightening. It gives us some understanding of what is working in our communities and what is not. David and I were asked to do a workshop on "So you wanna be a delegate," so we created a PowerPoint for our presentation. It was well attended, and good interaction from the attendees. Merchandise has an income of \$934.43

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Business meeting: There are 15 regions in NEZF. 14 were in attendance for Friday evening's meeting

All Admin Present. We did regional reports. <https://nezf.org/documents-and-files/> if you want to read them along with the minutes, which are more detailed than what we can report here. It contains a report also from the PR committee with an H&I task group, Fellowship development with outreach and service request, treasurer's report. Please, always feel free to ask your delegate team. Cindy will give more on NESSNA.

I participated in Dover, DE, the Middle Atlantic States Correctional Association. We had multiple tables and had a cover for a table with our 800 number on it to help get it distributed. Two of our PR members gave a presentation.

The quarterly US Collaboration of Zones Meeting – on April 13, 2025, on Zoom
Strategic Planning Session: Laura B. and myself hosted the session and led the group through planning process. Based on zonal feedback from January, we met from 4 PM ET to 8 PM ET. All seven US zones in attendance. We had an abbreviated normal USCOZ meeting first, beginning at 4 PM ET, followed by the planning session. This planning session was preceded by a survey of USCOZ membership. The planning session began with a brief check-in of the National Presence Project regarding any course corrections.

This project was folded into the Public Relations Workgroup, which Jessie leads and reports on. This project came from the initial planning session last April, and part of the planning process is monitoring and evaluating progress. Since planning is part of the USCOZ vision, we followed key points along the way and are continuing to establish a process that is expected each year, sustainable and core to our delivering service to the fellowship. 2 Projects emerged:

- Project #1: Outreach / Who's missing / Rural support – Mandy H. Prjct Devt Lead (Apr-Jul)

Goals:

- Awareness and accessibility to NA Services in marginalized communities is increased (Who's missing)
- Awareness and accessibility to NA services in Rural Areas is increased
- Project #2: Mentorship / Training / Consistency – Robert P. Prjct Devt Lead (Apr-Jul)

Goals:

- A mechanism for training and mentorship is available that increases consistency in service delivery
- Process or procedures for recognizing people who need or want mentorship
- The US Collaboration is a recognized resource that members are aware of and reach out to.

The Next Meeting will be July 13 at 6pm Eastern.

Future of the WSC, we had our last meeting on June 14th. Saying goodbyes and summaries and a few ideas and thoughts as to the role of zones and the names of the CAR survey and Interim Conference were also discussed. The CAR survey is closed. This was where all members could

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provide input on literature, recovery, and service, as well as discuss potential issue discussion topics. These will be prioritized, and a list will be created at WSC.

The delegate team has a Conference Participate Webinar at 2:00 today in another room.
Submitting tentative itinerary for Oct NEZF business.

ILS

Sherry V

304 261 0401

svorbach@live.com

Regional Delegate, Alternate Report – David H., rda@car-na.org

Dear Family-

As this is read out on the floor, we are somewhere in Northwest Montana, flyfishing off a drift boat. The gifts of this program amaze me. At any rate, I've been given the task of breaking down our financial position as given in the Annual Report recently release by NAWS. It's a lot of information, so I am going to put it into outline form. Please feel free to email me at brainmed@mac.com if I can help make anything clearer. I've included a graphic at the end to help clarify this (shout out to ChatGPT).

1. Financial Position (Balance Sheet Overview)

- ⊗ Total Assets: \$20.78 million
- ⊗ Total Liabilities: \$3.66 million
- ⊗ Net Assets (after liabilities): \$13.98 million
- ⊗ Accessible Cash for Operations: \$5.96 million
- ⊗ Reserves for WCNA (World Convention): \$3.13 million
- ⊗ Iran operations significantly affect finances due to hyperinflation and dual exchange rates. Inventory in Iran was reported at \$5.84 million based on official exchange rates.

2. Income Summary

- ⊗ Total Operating Income: \$13.12 million (up 46% from budget)
 - o Net Literature Income: \$11.16 million
 - ⊗ With Iran: +61% above budget
 - ⊗ Without Iran: +6% above budget
 - o Fellowship Contributions: \$1.82 million (10% under budget)
 - o Miscellaneous Income: \$142,732 (includes interest, licensed vendor payments)

3. Literature Sales

- ⊗ Gross Literature Income: \$14.89 million
 - o Basic Text: \$1.87 million
 - o Step Working Guides, Just for Today, It Works: How & Why also saw strong sales.
 - o Keytags & Chips: \$1.28 million, boosted by demand in Iran.
 - o Notable decline: "A Spiritual Principle a Day" and ePub books.

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4. Cost of Goods Sold

- ⊗ Total COGS: \$3.72 million
 - o Literature from Iran: \$1.76 million (very high due to hyperinflation)
 - o Excluding Iran: COGS = \$1.97 million

5. Fellowship Contributions

- ⊗ Total Received: \$1.82 million
 - o Down about 8% from last year.
 - o Regional contributions (e.g., Chesapeake & Potomac: \$74,000+) helped offset drops from individuals and events.
 - o The average contribution per meeting decreased slightly:
 - ⊗ From \$27.45 in FY 2023 to \$25.16 in FY 2024 globally.

6. Expenses

- ⊗ Total Expenses (Cash + Non-Cash): \$10.22 million
 - o Literature Production & Distribution: \$5.88 million
 - o Fellowship Development: \$2.28 million
 - o World Service Conference Support: \$1.41 million
 - o Events (excl. WCNA): \$398,579

7. WCNA 38 (World Convention) Impact

- ⊗ Loss: \$956,129 (due to higher-than-expected AV & labor costs)
- ⊗ Although disappointing, NAWS had reserves prepared, so operations weren't disrupted.
- ⊗ Livestream participation: over 37,500 connections — much higher than in-person attendance

8. Key Insights

- ⊗ Free/Subsidized Literature: \$769,958 — a major commitment close to pre-pandemic levels.
- ⊗ Online Access Impact: Free access to IPs and booklets is transforming message delivery but reducing paid sales.
- ⊗ Revenue Diversification: Contributions help reduce dependency on literature sales — crucial for financial resilience

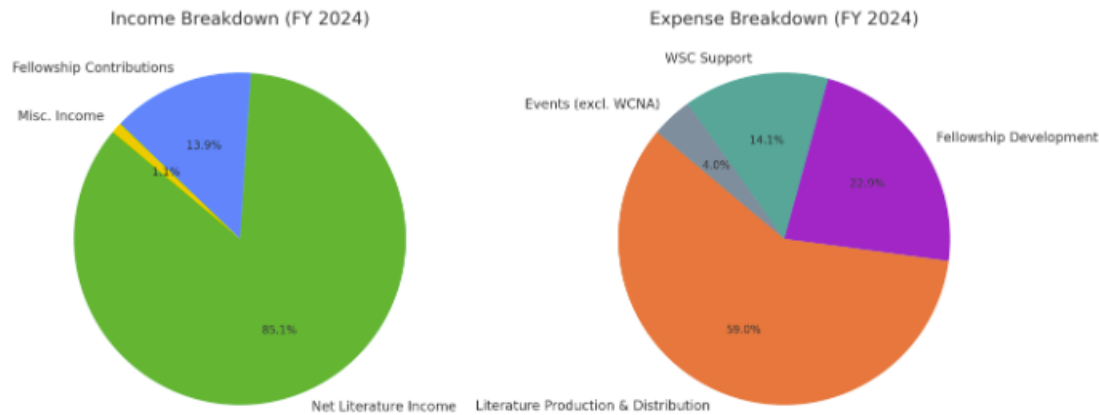
9. Surplus

- ⊗ Net Operating Surplus (excluding Iran): \$422,000
- ⊗ Total Net Gain (including Iran and all activities): \$2.9 million

10. Strategic and Operational Shifts

- ⊗ Significant investment in IT, cybersecurity, and a new accounting system.
- ⊗ Gradual rebuilding of staff post-COVID (still 25% below pre-pandemic levels).
- ⊗ Ongoing efforts to balance mission goals with financial sustainability — especially amid rising global costs.

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Thank you for your attention, and to whomever had to read this.

In loving service,
David H
RDA

Regional Delegate, Alternate 2 Report – Cindy K., rda2@car-na.org

Greetings CAR-NA!!

We attended NESSSNA 3 (North East States Service Symposium NA) from April 25 through April 26. As always, there was an abundance of great service workshops, IDT (Issue Discussion Topic) workshops as well as our NEZF business meeting, held Friday night and Sunday morning.

I attended several of the workshops, one concerning Do's and Don'ts for Flyers, Merchandise and More, which ended up being both a fun and insightful session. The facilitators tasked us with creating a flyer for an area event. Once we had to think about it on a level of how it could impact NA as a whole or truly stay within traditions, it became a bit more challenging. Some things to consider when creating events/flyers/merchandise: being familiar with the FIPT (Fellowship Intellectual Property Trust, found on na.org), inclusion of trademark for NA symbol, avoiding using named holidays that could be perceived as affiliation or endorsement, disclaimers of affiliation for venues, outside vendors and services, anything that could be misleading or deemed "promotional". We also talked about wording and avoiding words that may be sensitive to certain cultures, using "contributions vs donations", etc.

Another workshop I attended was Mentorship in Service. This was very insightful and one area I believe we need to develop in NA service through sponsorship, our areas and region. The US Collab and the NEZF are both working on developing mentorship type resources and materials. The goal with service mentorship is offer guidance based on our spiritual principles to help our newer members (or longer time members just getting into service) on service to our fellowship, navigating the 'alphabet soup' of acronyms, understanding our service structure, traditions, concepts, etc. This could be

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done through Service Pamphlets, handbooks, workshops, digital resources as well as one to one guidance and interaction. The goal is to 'not turn you into me, but help you become the best version of you' in service.

I also attended the NAWS Ask It Basket, where we had 2 World Board members, one HRP member and 2 NAWS staff members present. There were questions about Zones, strategic planning, the process or possibilities of uploading more literature to inmate tablets for free in prisons; discussed challenges facing our fellowship as a whole and NAWS, what qualities they look for at the HRP when considering World Board members, and talked a bit about the CAR Ideas Survey, where anyone can submit fresh ideas for literature, etc into NAWS/WB for consideration of inclusion in the 2026-2029 CAR Cycle. Fun fact: Audio Basic Text is now available in 11 languages.

I attended the workshop on CBDM (Consensus Based Decision Making), which was pretty interesting with a mix of attendees that are not familiar with it at all, as well as some that are currently using some form of CBDM or both. One region uses both, as some of their areas use the traditional Roberts Rules based process, and some use CBDM—how they address the motions is dependent on that areas process. CBDM basically is more in harmony with our spiritual principles, allows everyone to have a voice and is a better way to find a true consensus of the group/body.

I also attended a workshop centered around Outreach to Non-English-Speaking communities. We looked at goals and objectives we would want to achieve, resources needed, timelines and budgets needed to fulfill them, and roles and responsibilities of those involved. If this is requested in the area, we looked at what comes next, possible PR involvement and the need for members willing to step up and make a long term commitment as those meetings and services are put in place.

This is a great segway into another area I have gotten involved with, for both more information and to be a part of something I believe is important to many of our areas. The NEZF has a Fellowship Development Committee, of which I am now a part of. One of the tasks given to this group came out of the October NEZF Strategic Planning session: Targeting Marginally or Underserved Members. This is now a sub task group of NEZF Fellowship Development I have joined in and will be working with other members in our zone as we look at needs, processes, next steps and anything that may surround this area of FD. There is also a US Collab of zones task group with a similar focus, of which I have joined as well.

I have included the outline of the strategic plan below, however this will pretty much focus on 'who is missing in our meetings?' and what 'demographics' do we need to focus such as youth, emerging adults, LGBTQ, non-English Speaking, rural areas and accessibility needs/challenges. We have discussed how to assess what areas are faced with these challenges, and for which 'marginalized groups' they have the greatest need,

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as well as the processes or support we can assist the areas with as they do outreach in their communities to help meet these needs. I believe the US Collab of Zones is working on a survey that addresses some of this, and the NEZF task group may chose to do something similar. *outline is below, at end of the report*

And finally, I am facilitating another sub task group of NEZF Fellowship Development, which will be planning our Zone participation in the World Unity Day Marathon Sept 5-6, 2025. Zones were asked to facilitate a one-hour slot during the marathon, and we are planning our hour—looking a fun activity for all to participate in, Zonal history or information, and a video. We most likely will be asking for photos and content soon to create a video representing our Zone.

For more information on Unity Day and all other things going on in our NA world, visit [NA.org](https://go.na.org/1/1004602/2023-10-10/6s9cfv), follow on social media or sign up for email updates at <https://go.na.org/1/1004602/2023-10-10/6s9cfv>.

I am submitting my proposed itinerary for the OCT 2025 NEZF meeting in Parsippany, NJ in the amount of \$675.82 which includes hotel, per diem and fuel.

If y'all need anything, don't hesitate to reach out.. that is what we are here for!

In loving service

Cindy K RDA2

410 905 0994

savedtoserve98@gmail.com

Expense Report

Purpose: OCTOBER NEZF MTG/PLANNING 3 DAY PARSIPPANY, NJ n 10/24/2025 to: 10/26/2025

Name Cindy Keefe Position RDA 02

On-Site

Date	Account	Description	Hotel	Transport	Fuel	Per Diem	Misc.	Total
10/24/2025	C008-NEZF RDA2	Per Diem/Hotel/airfare/car rental	\$335.82		\$120.00	\$55.00		#ERROR!
10/24/2025	C008-NEZF RDA2	Per Diem				\$55.00		#ERROR!
10/25/2025	C008-NEZF RDA2	Per Diem				\$55.00		#ERROR!
10/26/2025	C008-NEZF RDA2	REGISTRATION				\$35.00		\$55.00
			335.82	\$0.00	\$120.00	\$200.00	\$0.00	
SUBTOTAL								#ERROR!

Approved: Budgeted \$2500.00

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2. Targeting Marginally or Underserved Members Project Plan

Goal: To strategically target specific marginally or underserved either [A] potential members -PR or [B] existing members for proactive outreach approaches.

Potential Targets:

- Youth/emerging adults
- Rural
- Non-English speakers
- LGBTQ
- Indigenous
- Accessibility needs

Approach: Identify points of access for target group outreach- [example youth/emerging adults – school presentations/social media]

PR Tasks:

- Inventory target group outreach by meeting representation/presence/incidence
- Interview service people to conduct assessment
- Create social media push notifications Utilize Am I An Addict anime or video scenario

FD Tasks:

- Connect target groups to other communities in zone or on virtual platforms
- Visit points of access in fellowship regions and areas
- Create targeted meeting lists for identified groups

Milestones – Checkpoints assessed by reports at each web meeting leading up to next in person zone.

Deliverables:

- Increased appearance of target groups in meetings or new meetings
- Increased appearance of target groups in NA events
- Increased appearance of target groups in NA service structures
- Continued presentation follow-up/feedback loop
- Social media presence
- Printed newsletter report form to zone
- Connection with existing service bodies nationally and internationally

These are working minutes from the June 21st RSC. They have not been approved.

SATURDAY • 6 SEPTEMBER 2025 • 9:00 am PDT (16:00 GMT)
Serenity Prayer



WORLD UNITY *Day*

No matter what conflicts are unfolding in the world at large,
we aspire to an ideal of unity: Our common welfare should come first.

Basic Text, Preface

Every year, we come
together to say the Serenity
Prayer for the addict who
still suffers and to
celebrate the miracle of
recovery. There are so many
ways to celebrate—attend a
local Unity Day event or
meeting, gather with
friends in person or
virtually, or join us . . .

**Around the clock,
from around the world!**



9:00 pm 5 September – 9:00 pm 6 September

24-hours of speakers, videos,
workshops, and more!

Members from different zones and
NA World Services are creating and curating
content to share.

There's no wrong time to tune in!

Details will be posted at:

WWW.NA.ORG/ANNUALEVENTS

Expense Report

to: 4/20/2025

On-Site



Information Invoice

Date	Reference	Description	Charges (USD)	Credits (USD)
25-APR-25	RT128	Room Chrg - Grp - Association	139.00	
25-APR-25	RT128	State Tax	8.34	
25-APR-25	RT128	County Tax	6.95	
26-APR-25	RT128	Room Chrg - Grp - Association	139.00	
26-APR-25	RT128	State Tax	8.34	
26-APR-25	RT128	County Tax	6.95	
APR-27-2025 MC		Mastercard		-308.58
		** Total	308.58	-308.58
		*** Balance	-0.00	



These are working minutes from the June 21st RSC. They have not been approved.

Expense Report

Purpose: NESSNA/NEZF

3 DAY EVENT FRAZIER PA

from: 4/25/2025

to: 4/27/2025

Name: Cindy Keefe

Position: RDA #2

On-Site: _____

Date	Account	Description	Hotel	Transport	Fuel	Per Diem	Misc.	Total
4/25/2025	C011-RDA2	Per Diem/Hotel/airfare/car rental	\$308.58		\$120.00	\$55.00		#ERROR!
4/26/2025	C011-RDA2	Per Diem				\$55.00		#ERROR!
4/27/2025	C011-RDA2	Per Diem				\$55.00		#ERROR!
4/25/2025	C011-RDA2	REGISTRATION				\$35.00		
1/1/2025	C011-RDA2	OVERPAYMENT FROM MARLCNA						(\$437.04)
			308.58	\$0.00	\$120.00	\$200.00	\$0.00	
SUBTOTAL								#ERROR!

Office DEPOT
OfficeMax®

VIRGINIA BEACH - (757) 428-1200
 04/18/2025 6:52 PM



EVPVTGPQJX53YEXC88

SALE 6231-22-6168-1111-24.8.1
 163061 SS B&W Ltr Pri
 50 @ 0.22 11.00
You Pay 11.00SS
 873905 DS B&W Ltr Pri
 130 @ 0.22 28.60
You Pay 28.60SS
 211026 Self Serve Mac
 10 @ 0.05 0.50
You Pay 0.50SS
 224111 SS Color Ltr P
 9 @ 0.70 6.30
You Pay 6.30SS
 Subtotal: 46.40
 Local Sales and Use T 2.78
 Total: 49.18
 Visa 2545: 49.18

AUTH CODE 005368
 TDS Chip Read
 AID A0000000031010 VISA DEBIT
 CVS No Signature Required

CINDY KEEFE 58****353
 Please create your online rewards
 account at officedepot.com/rewards.
 You must complete your account to
 claim your rewards and view your
 status.

Shop online at www.officedepot.com

WE WANT TO HEAR FROM YOU!
 Visit survey.officedepot.com
 and enter the survey code below
 674B JBSX HSRD
 or scan the below QR code



VRCC Report – Vicky B., chair@avcna.org; victorynhim@comcast.net

Hello to the members of the Central Atlantic Region and visitors!

The last meeting of the VRCC was held via zoom only on May 18th. This was day 2 of our annual retreat. The 1st day was held on May 3rd in the 42nd hosting area location of Roanoke, VA. I'd like to thank Roland C. and Kyon S. for a spirit of partnership in making sure that Kyon was able to attend the zoom meeting.

We are currently seeking an accountant for the corporation as well as a trusted servant for the position of Treasurer. We have a Vice-Treasurer, and our Vice-Chair has been diligently serving in the capacity of treasurer.

We are still accepting bids for the 43rd AVCNA to be held in Virginia Beach, VA at the Founders Inn January 2027. To date we have not received a bid, but we are anxiously expecting more to be revealed! I received returned mail for the Beach Area, the Rappahannock and Appalachian Areas. I have since provided each Area with a copy of the new bidding guidelines.

We have had between 7-10 directors attending the board meetings regularly for the last year and we are thankful for this. We have recently had a new director from the Rappahannock Area join us.

These are working minutes from the June 21st RSC. They have not been approved.

Our retreat this year was light in productivity. The agenda was to focus on VRCC and Host Policy, remaining solvent as a corporation and discussing what the plan would be if we didn't receive a bid to host the AVCNA in any given year. We had brief introductions, and we attempted to discuss a game plan if we do not receive a bid on any given year. Those discussions went in another direction and did not produce the anticipated results. We had planned to address existing Host policy work at the May 18th meeting to be led by our dear brother Jeff H. And we chose to use our new Policy Subcommittee for any further work on VRCC policy. Our Policy Chair was absent. With the transition of our dear brother Jeff H., and his impactful work on the host policy and recent changes in how the regional convention will be held, we have a full agenda that remains in the area of policy.

Some of the ideas recently expressed have been traveling to smaller areas to introduce the VRCC, Inc. to them, get to know them in an effort to give birth to mutual support. We've discussed the decreasing practice of buying speaker cd's and how we could get creative with this change. An example given was to record ourselves and to charge more for convention registration allowing each registrant to receive a copy of the entire convention. It was also mentioned that we could put audio files on our website and sell them that way or make them free as the files are property of the corporation. Many recordings are already available online.

There is much work that remains to be done within the VRCC and the need for trusted servants is real and present.

In partnership and service,
Vicky B., VRCC, Inc. Chairwoman

Public Relations Report – VACANT

Hospitals & Institutions Chair Report – VACANT

12:09 Policy Chair Report – Don V., policy@car-na.org; dvorbach@gmail.com

The Regional Policy Committee met on May 17 and 31, 2025, via Zoom. There were about 7 members present. I am very grateful for all the help from the members in attendance. We completed all known-to-date changes that needed to be inserted into the policy and agreed on the wording. We also identified some clerical, format, and grammar changes to make. All were agreed on and edited into the policy to be updated on our website. Due to my newly admitted slowing thought processing and inability to perform previously easy skills, I have not moved forward with that process. Therefore, I am submitting my resignation from the Policy Chair, effective immediately. I have never failed to complete the duties of any previously held position. I apologize for having to make this decision.

ILS,
Don V

These are working minutes from the June 21st RSC. They have not been approved.

Speaker Jam Chair Report – VACANT

End of RSC administrative reports

AREA REPORTS:

12:27 Almost Heaven Report – Jenn D. (alt) jniferd43@gmail.com

www.almostheavenareana.org

A. 17 Home Groups / 29 meetings per week

B. B. 14 GSRs attended 05-03-2025 ASC; 14 GSRs attended 06-07-2025 ASC. Quorum was met at both.

C. Area trusted service positions open: ice-Chair, Secretary, Convention and VRCC Rep

D. Area trusted servants elected: Joy F.- Chair in May

E. Group news: Multiple anniversaries from 1 year to 10 years

06/21 – Carrying the Message Speaker Jam “Together We Can” 2:00 to 6:00 p.m. via Zoom ID 872 6812 1451 PW 246810

06/22 – Keith J. celebrates 1 year at End of the Road

06/28 – Special Events task group at 12 noon via Zoom

06/28 – Brandi R. celebrates 3 years at Foundations

06/29 – Foundations 11 year Group Anniversary Celebration at 4:30 p.m.

07/05 – Foundations Home Group new location begins @ 700 New York Ave (St.Luke;s UMC)

07/06 – Jamal W. celebrates 8 years at Foundations

07/07 – Cliff J. celebrates 10 years at Addicts Welcome

07/11 – April J. celebrates 9 years at Hope & Gratitude

07/16 – Joey T. celebrates 1 year at Its a Brand New Day

07/18 – Rob D. celebrates 8 years at Hope & Gratitude

07/19 – End of the Road Annual Double Digit Speaker Jam 12 noon to 8:00 p.m.

07/30 – Heather B. celebrates 4 years at Its a Brand New Day

F. Area news: CAR contribution \$ 186.37 (May 2025 no treasurer’s report, June 2025 \$186.37)

G. Subcommittee news:

1. Policy Subcommittee meets Thursday after ASC at 7:00 p.m. via zoom.

2. Local Service Committee meets 4th Wednesday 6:00 p.m. via zoom.

--P.R. task group meets 2nd Tuesday at 8:15 pm Otterbein UMC, Martinsburg, WV

April 5, 2025 - Babypalooza engaged with 183 individuals and at least 25 different providers, during the event.

May 17, 2025 - Zion Baptist Health Fair attendance of 125 people

June 6, 2025 - Washington County Harm Reduction and Peer Recovery Conference

June 19, 2025 - Juneteenth Celebration – Wheaton Park, Hagerstown MD 12-6 pm

August 7, 2025 invited to 2025 Health Fair: A Day of Caring Community Event 4:30-7 PM

September 20, 2025 invited to WV Goes Purple Recovery Fest: Embracing Hope and Healing War Memorial Park, Martinsburg, WV

These are working minutes from the June 21st RSC. They have not been approved.

-- H&I task group meets 2nd Friday at 5:00 p.m. via zoom. Meetings are taken into four facilities monthly, nine times each month. A 5th facility has requested meetings and facility coordinator will meet with facility liaison June 26, 2025. Ad-hoc task group to write H&I Area guidelines

3. Literature Subcommittee meets as needed - meetings posted on AHA website

4. Convention Subcommittee set the next AHA convention for July 31 to August 2, 2026 at the Holiday Inn in Martinsburg, WV.

H. Area concerns:

Need H&I facility coordinators for Washington County Detention Center (WCDC) women's side

I. Area special events calendar: July 12, 2025 Tubing on Antietam Creek at Devil's Backbone Park, Boonsboro, MD

J. Brief summary: All is going well in fulfilling our primary purpose and filling open positions.

K. Next ASC meeting: July 12, 2025 at 1:30 p.m. Parkside Community Center, 413 Sumans Ave., Hagerstown, MD

August 9, 2025 Immanuel's House, 713 Buxton St., Martinsburg, WV

L. Total number of H&I commitments and facilities being served by Area's task group: 5

1. Crisis Support & Recovery Center -inpatient detox CLOSED May 13, 2025

2. Pyramid Health every Wednesday

3. Washington County Detention Center Men 1st Thursday

Women NEEDS coordinator fc

4. Behavioral Health Unit – 1st and 3rd Thursday

5. Roxbury Correctional Institute (RCI) – 2nd and 4th Thursday

6. Maryland Correctional Training Center (MCTC) has requested H&I meetings

In Loving service,

Jenn D., RCM, jniferd43@gmail.com

12:34 Appalachian Report – Christina R. rchristina459@gmail.com

Dear Family,

The Appalachian Area of Narcotics Anonymous consists of 8 home groups. ASC meets the first Sunday of every month. We have service positions open, but no nominations at this time to report. We did take a vote for Roland C to fill chair. All 8 were in favor after reading his qualifications. Thank you for your willingness to continue to serve. We have a donation of \$171.31. I mailed out couple weeks ago. Our website cvaana.org is where you can find any and all information about open service positions, upcoming events and clean time celebrations in our Area. We are doing our part to find ways to carry the message. July 26th, we are hosting a fundraiser for the 42nd AVCNA. We will have speakers from Roanoke and Lynchburg, food and fun. Each homegroup was asked to sell 50/50 raffle tickets for chance to win registration for convention and other prizes. Christina R. will be picking up 4 years that day as well. The flyer is being updated with a change of address. When I receive it, I'll send it to you. I don't have anything else to report at this time.

These are working minutes from the June 21st RSC. They have not been approved.

Grateful to serve
RCM Christina R

Beach Report – Phil S. (alt) philstratton757@gmail.com; present, no report.

Blue Ridge Report – Rick V. ricksescort@hotmail.com; absent, no report.

12:36 Gateway to Freedom Report – Rhonda P. rpiser1@hotmail.com

Hi Family,

The Gateway To Freedom Area has 14 meetings weekly with 13 homegroups. The last 2 ASC's we had 11 groups in attendance. We have 3 upcoming events:

Saturday June 28 at Constitution Park Pavillion 6 from noon until 5pm We are having a picnic. \$5.00 suggested donation. Bring a covered dish. No addict turned away. Also during this event the H&I subcommittee will be doing a presentation/orientation for those interested in getting involved in H&I to carry the message into our facilities' also lots of raffles, fun, and food.

July 19 there will be an Ice Cream Social at Fort Recovery from 7-9 pm. This is a fundraiser for our annual Camp Jam. There is a suggested 5.00 donation. There will be raffles of NA Merch, a 50/50 raffle as well. ALL proceeds go funding the Camp Jam.

Our 9TH Annual Camp Jam will be held September 19-21 at Camp Mino in Keyser WV. Pre Reg is now open. Discount rates until August 31. \$110 gets you all meals and lodging. Prices after 8/31 go up to 125. Please see our events page on gatewaytofreedomna.org

We have the following open positions: Vice Chair, Vice Treasurer, policy, Alt RCM. There is a nomination on the floor at ASC for Marla M for Alt RCM. To be voted on at the next ASC.

We had a \$200.00 donation to region this month.

The Area mailing address is PO BOX 936 Cumberland MD 21501

ASC Meets at 10 am, the 2nd Saturday of every month at Friendship Haven Church 22 N Mechanic St Cumberland MD

ILS Rhonda P RCM

These are working minutes from the June 21st RSC. They have not been approved.

Ice Cream Social July 19th, 2025

A poster for an Ice Cream Social. It features a central text area surrounded by various illustrations of ice cream treats like cones, sundaes, and popsicles. The text is as follows:

GTFA NA
**ICE CREAM
SOCIAL**
JULY 19TH

ICE CREAM WILL BE
SERVED AT 6PM
3 SPEAKERS WILL START
AT 7PM AND CONTINUE
UNTIL 9PM

50/50, AND NA
MERCHANDISE RAFFLES

AT FORT RECOVERY

\$5 DONATION
PROCEEDS WILL GO TO CJ IX

GTFA PICNIC June 28th, 2025

A poster for a picnic in the park. It features a central text area surrounded by illustrations of park elements like trees, a bench, and a picnic basket. The text is as follows:

**Picnic
in the Park**

SATURDAY, JUNE 28
12pm-5pm Constitution Park
Pavillion #6

The Special Events Committee is hosting
our 2nd Annual NA Picnic. Come out and
join us for a day of fellowship in the park!

Bring a covered dish. Hamburgers,
hotdogs provided. 50/50 tickets.
Games. Chances to win NA
Merchandise.

\$5.00 suggested donation.
No addict turned away.
2 local speakers
1 out of town speaker
Angela G.-Service Work
Fellicity D.- H&I
Rodney P.-Sponsorship

These are working minutes from the June 21st RSC. They have not been approved.

Camp Jam IX

September 19-21st, 2025

GATEWAY TO FREEDOM AREA
of Narcotics Anonymous
Presents

CAMP JAM IX

September 19-21st, 2025

Location: Camp Minco, Mineral County, WV

Preregistration limited time only

June 1st-August 31st \$110

Registration will open up at 4:30 PM Friday the 19th.
Includes: Food (5 meals), Lodging (camping or dorm style cabin
bringing twin sheets, blankets and pillow), Registration - FULL

WEEKEND (meetings, workshops, activities)

Children 12 to 17 (if eating at the entire event) - \$30

Sept 1st-at door \$125

Name: _____

NA Area: _____

Email: _____

Phone: _____

Shirt Size: _____

Make checks payable to Camp Jam

Send to: CAMP JAM, PO Box 454,

Cumberland, MD 21501

Credit card payments,

please call: Paula W - 304-268-4418

For more information about the event please contact:

Rob G. (CJ chair) - 304-546-1095

Elizabeth K. (CJ registration) - 240-920-4076



venmo

Venmo payments please add
"preregistration payment" to
memo line and call us or
email your registration
information to
gtfa.campjam@gmail.com

These are working minutes from the June 21st RSC. They have not been approved.

12:41 New Dominion – Linda C. (alt) scootzie48@gmail.com; Mary R. (please provide email address)

RCM – Linda C

RCM ALT – Mary R

NDANA met on May 18, 2025 and June 8, 2025

Number of meetings - 59 per week

Number of Homegroups that attended ASC: 38 in May; 25 in June

Status of Area Positions –

We have lost a very involved trusted servant and long timer in our Area. Jeff H.

As such, we had his VRCC Director position open and it has been filled. MaKenzie M. was nominated and voted in. Now, the Alt. Director position is open.

New Home Groups that have joined the Area – none currently.

Meeting Address Change – none currently.

Information that may affect NA as a whole: none currently.

Upcoming elections – VRCC Alt. Director

Mailing address:

New Dominion Area

PO Box 25336

Richmond, VA 23260

Website: <https://rvana.org/areas-served/new-dominion-area>

Where and when is ASC held: the 2nd Sunday of each month except in January and

May when they are the 3rd Sunday from 3:30 – 6:00 at:

Hatcher Memorial Baptist Church

2300 Dumbarton Rd

Richmond, VA 23228

H&I commitments:

Beaumont Prison every other Thursday 7 – 8 (need

Clearance) Mark C. jaws7658@gmail.com VCBR Wednesdays 6:30 – 7:30

(clearance needed) Mike M livininthesticks@aol.com James River Juvenile every other Thursday 6:30 – 7:30 (need clearance) Chelsea R chelsearndana@gmail.com

The Healing Place Friday 6:30 - 7:30 similes2013@gmail.com State Farm Work Camp

– women 2nd and 4th Thursday @ 6:30 until 8:00 (clearance needed) Linda C scootzie48@gmail.com

For questions contact Chelsea R chelsearndana@gmail.com

OUTREACH – Selai A. There will be a workshop scheduled for July 12, 2025, Time:

10:00 – 11:30 at the Richmond City Library, 101 East Franklin Street, Richmond, VA

23219. The topic will be Violent, Disruptive, and Predatory behavior within the rooms.

SPECIAL EVENT – The pool party scheduled for June 14th was canceled. It was

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rescheduled for June 28th at 7:00 – 10:00pm. Loch Braemar Pool - 9940 Kingussie Lane, N. Chesterfield, VA 23236

CAMPOUT – There was a campout June 6–8th. It was held at Christopher Run Campout and it was success.

ILS
Linda C

New River Valley Report – **VACANT**; absent, no report.

Outer Limits Report – **VACANT**; absent, no report.

Peninsula Report – William K. knightwilliam86@gmail.com; peninsulaarea2020@gmail.com; absent, no report.

12:44 **Piedmont Report** – Dana R. dnracette@gmail.com

- 15 Home Groups/ 22 meetings per week
- 10 GSRs attended 5/4/25 ASC; 8 GSRs attended 6/1/25 ASC
- ASC Trusted Service Positions Open: Alt Secretary, RCM2, H&I Vice Chair
- Area Trusted Servants elected: none
- Group news:
- New meetings: none
- Area news:
- o Contribution to CAR/World: none
- Subcommittee news:
- o PR subcommittee meets 1st Sunday at 1:30 on zoom, link on www.piedmontvana.org
- o H&I subcommittee meets 1st Sunday at 2:30 on zoom, link on www.piedmontvana.org
- Area concerns:
- o Our PR chair was given access to the BMLT by Richard.
- Area special events: planning in the works to host a sponsorship event
- Brief summary: The Piedmont Area is growing and there are new members in service.
- Next ASC Meeting: Rescheduled to the second Sunday for July 13, 2025, 4 pm March 2, 2025. Church of our Savior 1165 Rio Rd E, Charlottesville, VA 22901

Piedmont ASC Mailing address: PO Box 6931 Charlottesville VA 22906

In Loving Service,
Dana R

Rappahannock Report – Jay H. jharris.mr89@gmail.com; Dominic E.R. dde060117@gmail.com; absent, no report.

These are working minutes from the June 21st RSC. They have not been approved.

12:48 Richmond Report – Simone W. simonew847@gmail.com; present, no report sent to secretary.

Roanoke Valley Report – Fernando H. fernando67jr@gmail.com; Danny G. (alt); absent, no report.

Shenandoah Valley Report – Heather R. rollinsheather0@gmail.com

Hello Family,

I am an addict named Heather. Shevana area service meets the second Monday of the month at 6:30pm at 2333 Roosevelt Blvd, Winchester VA. We have 19 home groups 2 are inactive.

H&I meets the first Monday of every month 7pm 303 S Loudoun St Winchester VA. They go into 3 institutions.

Special Events meets third Sunday of the month at Edgehill 315pm and is currently planning the area picnic.

Literature meets the Saturday after Area at Edgehill.

PR meets the fourth Monday of the month 7pm 5488 Main Street Stephens City VA we have helped two events this past month and ordered updated meeting lists.

I do have a donation from Shevana

We voted on the chair position for the Region.

A new RCM Alternate has been elected Chris M.

EVENTS:

- 11 celebrations this next month
- July 12 Experience Strength Hope
- Will have an eating meeting starting 5pm
- July 13 NOANDA
- Cook out speaker meeting 5pm on August 11 at Shevana area picnic Jim Barnett Park big Lion's shelter
- Fliers on car-na.org and Shevana.org

These are working minutes from the June 21st RSC. They have not been approved.

Opportunity!
Fun, Food, Fellowship!
SAT, July 12th, 5-8:15pm
Experience, Strength & Hope Group of N.A.
25th Anniversary!
(& a double anniversary celebration! :)
You're Invited!



Pavillion behind
1941 Macedonia Church Rd.
Stephen's City, VA
Free, Family-Friendly event
Potluck! Food & Drink
Donations welcome!
More info / Want to help!??
Contact Stephen 540-539-2177

These are working minutes from the June 21st RSC. They have not been approved.



Southside Report – Charlotte H. (alt) charlottehightower145@yahoo.com; Mike H. hodgemichael831@gmail.com; absent, no report.

Tidewater Report – Colin D. dozierstuart@gmail.com, Darlena S. (alt) dsampsonjones62@gmail.com; present, no report sent to secretary.

Tri-Cities Report – Maria H. mariahowk93@gmail.com; absent, no report.
End of Area reports by RCMs.

Old Business: Roland C. elected Chair; vote tally 6-0-1

Vacant positions are: Vice Chair, H&I Chair, Policy Chair, Speaker Jam Chair, Secretary; no nominations

New Business: Motion made by Sherry V. and seconded by Heather R. needs to go back to Homegroups. The motion will allow for funding for RD, RDA and RDA2 to attend the WSC.

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Motion Form – Central Atlantic Region

Motion Number:

Date	June 21, 2025		
Name of Member Making Motion	Sherry V.	Area	RD Carna
Seconded by	Area		
Description/Background (optional)	World Services has paid for the Regional Delegate to attend for many years after the conference voted for it. Then the vote changed for NA world Services not to pay for RD unless extenuating financial hardships of the region/zone		
Intent	To be fully self supporting-		

Motion: To Change: Section VIII: ADDITIONAL GUIDELINES

1. RSC will pay for transportation, lodging, and per diem for the RDA and RDA2 to attend the biannual WSC, and for per diem for the RD to attend.
TO:
1. CARNA will cover the costs of transportation, lodging, and per diem for the RD, RDA, and RDA2 to attend the World Service Conference (WSC).

Amendment(s), if needed	
Amendment mover	Area
Amendment Seconded by	Area

Vote Tally Date:

Total For:	Groups
Total Against:	Groups

Motion approved?

Will likely use Green for APPROVED, or yellow for PENDING/Back to Groups, ETC.



Motion Form – Central Atlantic Region

Total Abstentions:	Groups
Present Not Voting:	Groups
Tabled? notes (optional)	
For Policy Revision? Notes (optional)	

WSC 2023

Motion #12 World Board

To change the current policy of NA World Services automatically funding delegates from seated regions and zones to the WSC to funding available upon request. Intent: To encourage service bodies to fund their delegates, but ensure that regions and zones that need the funding are able to have it. Initial Straw Poll:

101-9-0-3 91% Final Vote: 110-12-0-3 90% Consensus Support

Greg H. polled the body for donating 2 paperback Basic Texts to this library.

Discussion on World donation check went back and forth until we agreed in keeping with our Policy. It was time to keep \$18,250 in Prudent Reserve. \$30,179.80 will be sent to World Service.

These are working minutes from the June 21st RSC. They have not been approved.

Next RSC business meeting: **Saturday, August 16th, 2025 at 11am in-person at Louisa Public Library and will broadcast Zoom.** Note that Open Forum will begin at 11am, not 10am (to allow members driving from various parts of the Region to arrive with a reasonable commute time). All members are welcome to attend!

Louisa Public Library is located outside off Interstate 64 at:
881 Davis Avenue
Louisa, VA 23117

NARCOTICS ANONYMOUS

Regional Service Conference meeting

When?

Saturday, August 16th
Open Forum: 11am
RSC: 12pm Noon

Where?

Louisa Public Library
881 Davis Highway
Mineral, VA 23117





EVERY MEMBER WELCOME, NO
SERVICE EXPERIENCE
REQUIRED!

HYBRID FORMAT

Join on ZOOM: 304 156 278



LUNCH PROVIDED!
FOOD AND FELLOWSHIP

2:25 Motion to close by Heather R.; seconded by Christina. Meeting adjourned.

Note: These minutes were prepared to the best of my abilities given my absence from the June 21st RSC. Thank you to Roland C. for sending his minutes to me. -Lauren H.