

*These are working minutes from December 20, 2025, RSC. They have **NOT** been approved.*

Minutes for the **236** Regional Service Conference

Central Atlantic Region

December 20, 2025, via Zoom and In-Person

Jefferson-Madison Regional Library Central Branch

201 E. Market Street

Charlottesville VA 22902

Hybrid meeting called order at 11:00am-noon by Roland C

Open Forum discussion topics:

Under policy duties 6. Produces updated Guidelines as requested for February RSC.
(118th) Heather R. and Sherry V. has submitted to the body for review

12 basic texts remaining PR to go to jails, institutions

Changes have been made to the CARNA website to make it look cleaner

We spoke about needing to make sure the library is booked as far as possible in advance as not run into location issues

When treasurer is not present where do we send donations? chair accepted them today to deposit, some areas/groups use Zelle.

Needs to purchase receipt book as areas/groups would like to see proof verses waiting for treasurer report

Tri Cities/Richmond/New Dominion has worked together and now has a PR/H&I newsletter (RBANA.ORG) meeting by zoom the 1st Monday of the month.

Maybe collaborating with newsletters on a regional level.

Discussed GSR assembly, policy w RCMs coming in, April will be in quadrant 2 in Martinsburg RD has layout that is under budget

CAR workshop is happening at AVCNA and count as one of the four.

Break return 12:15p.m.

The Serenity Prayer, purpose, traditions, concepts

Position:	Admin Members	Dec	Oct	Aug	June	April
Chair	Roland	P	P	P	P	P
Vice Chair	vacant	V	V	P	P	P
Secretary	Heather	P	P	P	A	P
Treasurer	Larry B.	P	P	P	P	P
Vice Treasurer	vacant	V	V	V	V	V
Regional Delegate	Sherry V.	P	P	P	P	A
Regional Delegate Alternate	Cindi K.	P	P	A	A	P
Regional Delegate Alternate 2	Linda C pro tempore	A	P	P	P	P
VRCC	Vicky B.& Jim	A	P	P	P	A
Hospitals and Institutions	vacant	V	V	V	V	V
Policy Chair	vacant	V	V	V	V	V
Public Relations Chair	Cat Bell	P	P	V	V	V
Speaker Jam	vacant	V	V	V	V	V
Ad-Hoc	vacant	V	V	P	P	P
Areas	RCM/ALT	Dec	Oct	Aug	June	April
Almost Heaven	Vacant as of today	P	P	P	P	P
Appalachian	Christina R.	P	P	P	P	P
Beach	Candace R	A	A	P	P	P
Blue ridge	Peter P.	P	P	P	P	P
Gateway to Freedom	Marla M.	A	P	P	P	A
New Dominion	Linda C. Mary R.	P	P	A	A	A
New River Valley	vacant	V	V	A	A	A
Outer Limits	vacant	V	V	A	A	A
Peninsula	William K.	P	V	A	A	A
Piedmont	Dana R & Jim	P	A	P	P	A
Rappahannock	Josh C.	P	P	P	A	A
Richmond	Simone W.	A	P	P	P	P
Roanoke Valley	vacant	V	V	A	A	A
Shenandoah Valley	Heather R Chris M. alt	P	P	P	P	P
Southside	vacant	V	V	A	A	A
Tidewater	Anthony A.	P	P	P	P	P
Tri-Cities	vacant	V	V	A	A	A

Calculate Quorum 8

If you are new to RSC WELCOME

Jim Piedmont welcome

Approval of Minutes A0/ Y7/N0 Motion by Heather R 2nd by Christina R. passed

Trusted Servants Reports:

Chair

CARNA Chair Report 12-20-2025

Good Day Family first I want to thank the individuals who work tirelessly in any capacity of NA service to help further carry our message and contribute both the willingness and experience we so desperately need in these times. I have witness both individual and collective efforts in these recent months that give me hope that this train is still on the track and hopefully about to break new ground. Translation today we will be voting on a comprehensive budget worked on by interested members that recognize our needs in an conference year and a subsequent motion entered to modify the Treasurer's duties. These happened within task groups commissioned to research policy, clarify policy and make available to this body motion or motions to consider in the absence of a functioning Policy committee. I also want to thank all who worked on and attended the October 2 day event that was refreshing and very informative, Today we are now looking forward to a fellowship that is about to take a big step in the planning process as members it is my hope we not only embrace the direction and information presented in this years CAR but that we starting today dedicate some of these moment to look within and get our house in order. Today at the end of our business I asked to fill the calendar with known events and let's send at least 30 minutes listing the issues to be added to any planning session commissioned by this body for our betterment.

In Loving Service, Roland C

Vice chair

vacant

Secretary

Good morning family,

I would like to ask if you guys could please attach fliers instead of embedding them in your reports I would appreciate it. Also, when you send your reports please put your area in the subject so I may keep track. I would like to ask you all to please provide me with your phone number as I was having issues with some of the reports sent to me. I do not have apple products so if you send them through iCloud I cannot open them. Please have all motions written on motion forms. I do have copies of the RCM Orientation packet if anyone is interested.

Section V: REPORTS

1. Only reports read on the floor and e-filed, typed, handwritten or emailed no later than one day

following the RSC will be included in the minutes. (157th)

In Loving Service, Heather R

Treasurer

attached

Vice Treasurer

vacant

VRCC

Not present during roll call

The work at the VRCC, Inc. is ongoing. The board of directors recently met and accepted the recommendation to postpone the 43rd AVCNA. The motivation behind this decision is to take the time to address matters within the corporation which will allow us to function as a corporation should. When the 43rd resumes it will still be at the Founders Inn in Virginia Beach, VA. Another reason supporting the decision to postpone is because we did not receive any bids to host the 43rd. That process is still open. The financial impact of postponing is a \$2,000.00 cost. The room rate will increase by \$5 when we host the 43rd at the Founders Inn.

We remain unable to make a regional donation at this time because we are still operating below prudent reserve.

Anyone who has experience in this area of service is invited to join us while we take the time to address corporate matters. Whether that is attending a policy subcommittee meeting or otherwise being present to share your service experience; you are welcome!

We hope to see you at the 42nd AVCNA in Roanoke, January 23-25!!!
In partnership,
VRCC, Inc. Chairwoman, Vicky B.

Public Relations

Central Atlantic Region of Narcotics Anonymous

236th Regional Service Conference

December 20th, 2025

Public Relations Report

Hello family,

Thank you for acclimating me as the new Public Relations chair. I am honored to serve in this capacity. I attended the RSC subcommittee meeting via Zoom on 11/15/25 and was impressed with the amount of help and support provided for the PR position. The entire subcommittee meeting was focused on PR. I would like to know why the other subcommittees were not in attendance. Is this normal?

After gathering some basic information and compiling a list of resources to review, I must admit that the wealth of information available is far more vast than I anticipated and a bit overwhelming. I planned on attending the SheVANA area Public Relations subcommittee meeting in November. However, it was cancelled. I will attend it next week to get up-to-date on this area's policies and procedures.

On a personal note, I was traveling for the Thanksgiving holiday to visit with family. I have been having dizzy spells for months and this time it resulted in a blackout in which I fell. I ended up breaking my right ankle and twisting my left. I am currently in my 2nd cast and am

unable to drive until most likely the middle of January. Between my limited mobility, current commitments and doctor's appointments I regret I have not been able to focus on this position. I do plan on dedicating time to this position in the upcoming months.

One thing I would like to start with is compiling a list of contact information for each area.

I'm asking that each area send the following information to pr_chair@car-na.org

- Area Name
- Website URL
- Chair Name & Email Address
- PR Chair Name & Email Address
- ASC Meeting Time & Place
- (Include Zoom Info, if available)
- PR Subcommittee Meeting Time & Place
- (Include Zoom Info, if available)
- H&I Chair Name & Email Address
- H&I Subcommittee Meeting Time & Place
- (Include Zoom Info, if available)

Hospitals and Institutions

vacant

Policy

vacant

Speaker Jam

vacant

Ad-Hoc

vacant

Regional Delegate

Hi everyone

We are now in the midst of the Conference cycle. It's been a busy two months for me

With the US Collaboration of Zones, work is being done in IT -a new page that describes the task groups and how to help out. The rural/marginalized task group has a survey for all to fill

out <https://www.surveymonkey.com/r/JDBYMWK> Finance task group is exploring how to manage money more responsibly. Presenting a couple of options to the full group in January

2026.

NEZF- we will be voting on the 2026 Budget. Please look over it, and if you have any questions,

I will be glad to help. I attended the NEZF finance committee. A couple of new things are proposed: reimbursements for travel, including \$0.14 per mile, with reimbursement for gas and

tolls. NEZF will be paying for part of the 2-day meeting. NEZF received over \$7000.00 from NESSNA, but is being cautious about depending on this completely as income. I also attended

the PR budget meeting. PR has the largest budget, including one-time purchases of AV equipment.

NEZF is also working on a service helpline. Where members can call in with service questions.

NESSNA will not be held this year due to the conference. This was agreed upon in the beginning. Attended the quarterly business meeting in NJ, where reporting and all of these things were given. Also, during this meeting, it was determined that the H&I task group that

was a part of PR be disbanded.. 93% of the 15 regions voted to disband it. We voted to disband.

CAR events (conference agenda report)

I have attended the SEZF Car Workshop virtually. Attended the Southern Zone virtually and two

of the weekly GPRNA car workshops virtually. I also attended the Multi-Regional Learning Event (MRLE 19 for the weekend. It helped so much to have a weekend with other members

talking about the CAR, some who been involved with the two regional motions. It was my first

time attending MRLE, and I found it to be a very worthwhile event to attend during a CAR year.

The cost was \$1076.22. This was still available in the 2025 budget.

I am planning on attending Marlona, with a tentative cost of \$498.68.

On December 14, we did our first of four CAR workshops. We had some great discussions. We ran out of time for two of the PowerPoints and will have to adjust accordingly. We will be doing one on Saturday at the AVCNA at 1:15-3:00, Crystal Ballroom ABC. We are looking for some AV equipment. I have an old regional projector that may work, but the former RD has the newer one. If the PowerPoints work, then we would only need a screen and an HDMI cable to run the PowerPoints. We will have to modify the slides to fit into the time frame. If this is ok with the voting body. We are planning on a CAR and the CAT workshop on Feb 15 th , It would be virtual. And the last one in March in person. The RDA is to find a location at a community Center in Spotsylvania County.

As per policy, a flier with a tentative schedule for the GSR assembly. We would like to ask the regional attendees what workshops we could do during the assembly. Also, we have a tentative location with venues if ok with voting members. Policy states we should bring in the RCMs on the location information. It is to be in quadrant 2. This needs to be discussed and may have been in the open forum session. If not, then in the new business session.

I attended the conference participants' webinar held last Saturday, December 13, 2025. There has been a new portal for the delegates to use to consolidate the Dropbox, discussion board, and also a way at the conference for us to get the necessary copies of everything that used to be handed out as a hard copy. It was demonstrated, and this past Wednesday, it went live for the delegates. Anthony gave an update. Zones are

encouraged to do a 5-minute video for the conference. I believe we already have ours updated for this conference. Encourage to fill out the registration form. I have done. Still looking into finalizing the world convention. Madi from S Florida complained about Discourse bulletin board has a setting that limits consecutive replies - if you post 3 times in a row in a

topic without someone else responding, you won't be able to post again until another participant joins

the conversation. Madi needs some help with this, as I listened to him speak for over 40 min on the SEZF

CAR workshop. He is the point person regarding the AI motion. There were some more Q&A on any

topic someone would like to discuss.

The next CP webinar is on 21 February 2026 at 11 am Pacific Standard Time over our Regional again.

The secretary and I met to finish up inputting motions that have already passed. She can update.

As always, if any questions or more information is needed, please contact me.

svorbach@live.com

or carnadelegateteam@car-na.org

ILS

Sherry V

RD Central Atlantic Region

Regional Delegate Alternate

CAR-NA RDA (Pro Tem) Report

December 20, 2025

Greetings!

I regret not attending the RSC in person today; I have been sick for the past week and

believe often service starts at home—even to oneself, so we can better serve others. I am grateful we have the virtual/hybrid option.

Since we last met in October, things have been busy both personally and within our service structure. In addition to the release of the CAR and all that entails, I've been grateful for the opportunity to step into a new role at work with added responsibility, which has also meant learning new systems and finding my footing along the way. The past 60 days have been especially full in my area of job responsibility, bringing both challenges and opportunities for growth. I fully believe that my foundation of service in NA has enabled me and made me into a more productive and promotable employee – as well as allows me to meet the new challenges and opportunities for growth I have been facing.

In October, we attended the NEZF in person business meeting and workshops held in Whippany, NJ. We also had another CP (Conference Participant) Webinar that same weekend.

The NEZF weekend was well attended by both members of our zone and the local fellowship. Friday evening covers regional reports and some of the administrative body reports time allowing. Saturday morning, we spent reviewing strategic project plans currently in progress. There were then two workshops relating to two of the current IDTs: disruptive behavior and DRT/MAT. The afternoon was spent in a workshop discussing Public Relations collaboration between service bodies and an then an Open Forum. The local hosting area also set up a mini speaker jam for us on Saturday evening.

Of the strategic project plans – two were reported with no questions: Streamlining communications and financial planning. The Service Helpline plan was addressed with questions ranging from addressing the proposed guidelines/structure, language of and rollout. Further decisions about this plan were held off for open forum.

The plan that was established to look at Targeting Underserved or Marginalized Communities was also discussed. The US Collab of zones is working on a similar task with survey already created and in place. After discussion and two straw polls, a consensus was reached to drop this from the NEZF project plans.

Open forum was lively. We discussed the current H&I task team (under PR) who has been editing the HR Handbook. A proposal was made to end this task team, citing the fellowship did not direct them to proceed, and with concerns of lack of leadership/direction from the PR committee overseeing it. There was a 92% consensus to end the task team as it currently exists. Regarding the project plan for the Service Helpline, further discussion led to a decision to pause the work on this project until the process becomes clearer, and adjustments based on feedback can be made.

We also discussed the need for and scope of regional insurance coverage, with valuable information shared from those who have experience and current regional policies. And we discussed whether the NEZF should be more formally participating in the US Collab of Zones. Currently, the chair is tasked with attending the quarterly meetings. The direction was to take back for discussion with our regions. Other open forum topics: upcoming CAR workshops, direct outreach efforts, service pamphlet workshops and our zonal identity.

Other zonal business discussed and conducted:

Current balance: \$18356.87 Hosting region expenses for the weekend: \$2340.00

We passed a motion updating policy regarding strategic planning to reflect current practices with 92% consensus. We discussed a motion that would have NEZF taking on the costs of all hotel rooms (meeting spaces) for NEZF in person meetings, sent to finance for discussion and clearer proposal.

We also had our CP webinar on the same day. This was basically an orientation for new conference participants. We went over pertinent websites links and dates which I will list

below:

NAWS Strategic Planning: www.na.org/planning

NAWS Annual Report: www.na.org/ar

World Service Conference www.na.org/conference

FIPT (Fellowship Intellectual Property Trust): www.na.org/fipt

3 January 2026 Regional/Zonal submissions for the CAT (Conference Agenda Track)

3 February 2026 CAT is posted /available

21 February 2026 Conference participant webinar

28 February 2026 Deadline for Regional /Zonal Reports for Conference Report

3 March 2026 Deadline for amendments to CAR/CAT; Seating motions

4 March 2026 WSC funding request deadline

1 April 2026 CAR Survey Responses due

18 April 2026 Initial straw polls due

TBD Virtual Orientation

May 2 2026 WSO tours and activities

May 3-9 2026 Conference

The RD team met for a couple of hours on 11/2/2025 to discuss plans for the CAR workshops in our region, the upcoming April GSR Assembly and initial ideas regarding the CAR – which was released early.

We established the following schedule—which includes our first CAR workshop held last Sunday, December 14 th , virtually. Dates for Feb and March are TBD, pending directions/decisions made today by RCMS.

Sunday December 14 th Virtual 2pm -5pm

Saturday January 24 th AVCNA 1:15pm -3pm

February TBD In person or virtual? CAR and CAT

March TBD In person or virtual? CAR and CAT

We hosted the last 2 day (October) in Quadrant 1. AVCNA is in quadrant 3. We are proposing to hold the April 2 Day/GSR Assembly in quadrant 2.

Based on this—we would like to hold the other in person CAR workshop in quadrant 1—Rappahanock, Tri Cities, Richmond, New Dominion or Piedmont.

Our first CAR workshop had pretty good attendance and great discussion. Despite there only being 5 motions – the survey and IDT portions of the CAR definitely are both engaging and has a lot of potential for discussion and questions. There is A LOT of information in the 2026 CAR. While our presentations and the power points being used/available are great – to get the full scope and understanding of the motions and other content—please take the time to go to <https://na.org/wp-content/uploads/2025/11/2026-CAR-11-12-25.pdf> and read it in it's entirety.

The way this conference cycle has evolved and progressed is truly 'historical', as I heard a former RD and long-time member refer to it. The fellowship has been involved in strategic planning as we have never been before. The surveys, prioritizing OUR ideas to help shape the next strategic plans, literature reviews and other actions are SO exciting. It's so important that we do our best to get to our areas, groups and members involved—so our voices can continue to be heard!

I remember my first MARLCNA, with a 200 pg CAR and many many motions to discuss. I had just under a year clean; the CAR workshop lasted ALL weekend, until the late hours on Saturday and into Sunday. It was 'heated' at times with members yelling at the WB members on the stage as they challenged WB motions and recommendations on regional motions. We have come a LONG way. LONG way.

I am excited to serve our region as RDA, if confirmed /elected, and help carry our conscious to the WSC in May.

I will be submitting the following proposed expense itineraries:

AVCNA/CAR mileage and one night hotel. \$251.24

MARLCNA mileage, registration, hotel, per diem, shared w/ RDA2

\$399.03

WSC 026 flight, hotel, per diem, estimated 'Uber', shared RDA2 \$2506.36

If the 2026 budget passes today, I would like to submit my receipts for flight to WSC/CA at a cost of \$596.36, as this has been booked and paid in full already.

As always, please reach out with any questions or suggestions, etc.!

In loving service,

Cindy K RDA (pro tem)

410 905 0994 savedtoserve98@gmail.com

Regional Delegate Alternate 2

Hi family, it's great to be at the Regional today and representing as your RDAII.

This is my first report in this position and with everything else I am in a learning process and I'm sure my next report will be better and full of more information.

I attended MRLE (Multi Regional Learning Day), Where I met a lot of great people and learned a lot about the CAR and the information within. There were two board members present, and we went through the slideshow for the CAR workshops we will be doing around the Region. We did small group activities and the reason behind the motions, and it was very interesting hearing knowledge and opinions from around the country.

Thank you for letting me to attend and learn everything that I did.

I had some questions about the acronyms and asked about them, and I was told if I go to na.org/toolbox there would be there and a whole lot more information that I didn't know about.

We did our first CAR workshop on December 14, 2025, on the Zoom platform. It was very well attended from our Region and other Regions. We went through the slides sent to us from World and it was very interactive. I think we had a lot of interaction from the

attendees.

I will be attending MARLCNA January 16 th – 18 th . I will be submitting a reimbursement of \$430.03

The next CAR workshop we will be having will be January 24 th at the AVCNA and we are slotted 1:15pm until 3:00pm.

My airfare for world is \$738.37 for the World Conference, and I would like to be reimbursed for that now because it has been sitting on my credit card for 2 months.

ILS

Linda C.

Area Reports:

Almost Heaven

Almost Heaven Area RCM report – 236 th RSC, December 20, 2025

www.almostheavenareana.org P.O. Box 884, Falling Waters, WV 25419

A. 18 Home Groups / 30 meetings per week

B. 14 GSRs attended 11-01-2025 ASC; 13 GSRs attended 12-06-205 ASC; Quorum was met at

both.

C. Area trusted service positions open: Policy, RCM, RCM-alt and VRCC Rep

D. Area trusted servants elected:

none-no nominations received for any open position

E. Group news:

12/23 through 1/16 - 7 anniversaries ranging from 3 years to 37 years

01/06 – New Image time changes from 1:00 p.m. to 6:00 p.m.

01/17 – Carrying the Message Speaker Jam 2:00 p.m. to 6:00 p.m. via Zoom

F. Area news:

CAR contribution \$ 297.81 (November 2025 \$152.26, December 2025 \$145.55)

US Collaboration of Zones contribution \$76.13

NAWS contribution \$76.13

G. Subcommittee news:

1. Policy Subcommittee meets Thursday after ASC at 7:00 p.m. via zoom.

2. Local Service Committee meets 4 th Wednesday 6:00 p.m. via zoom.

--P.R. task group meets 2 nd Tuesday at 8:15 pm Otterbein UMC, Martinsburg, WV

A homegroup requested guidance from PR on how to handle NA members celebrating while on MAT/DRT.

There are no upcoming PR events.

-- H&I task group meets 2 nd Friday at 5:00 p.m. via zoom

The H&I Guideline Ad-hoc task group meets the 2 nd Saturday at 8:30 a.m. via zoom. 3 H&I members attended

adjacent area (Shevana) H&I subcommittee meeting. The next H&I Orientation is tentatively scheduled for

1/17/26.

3. Literature Subcommittee meets as needed - meetings posted on AHA website

4. Convention Subcommittee meets 3 rd Saturday at 2:00 p.m. at 1020 Winchester Ave., Martinsburg,

WV

H. Area concerns:

None

I. Area special events calendar: 12/31 – NYE Dance 9:00 p.m. Calvary UMC, 220 W. Burke St. Martinsburg, WV

J. Brief summary: All is going well in fulfilling our primary purpose.

K. Next ASC meeting: January 3, 2026 at 1:30 p.m. Parkside Community Center, 413 Sumans Ave., Hagerstown, MD

February 7, 2026 Immanuel's House, 713 Buxton St., Martinsburg, WV

L. Total number of H&I commitments and facilities being served by Area's task group:
5

1. Pyramid Health every Wednesday

2. Washington County Detention Center Men 1 st Thursday

Women's side will begin meeting in January 2026

3. Behavioral Health Unit – 1 st and 3 rd Thursday

4. Roxbury Correctional Institute (RCI) – 2 nd and 4 th Thursday

5. Maryland Correctional Training Center (MCTC) 1 st and 3 rd Wednesday

My 1-year commitment as Almost Heaven RCM is concluded after this RSC. It has been a time of

growth. Thanks to all!

Grateful Addict,

Jenn D., RCM, jniferd43@gmail.com

Appalachian

Good morning family,

The Appalachian Area has 8 home groups, 6 currently active, with 21 meetings per week. We reviewed the regional budget, which was approved 6/6. Area Service meets the 1st Sunday of each month.

Group & Committee Updates:

Living Just for Today meets Tuesdays and Thursdays; beginning January 1, it will meet once a week on Tuesday.

H&I meets the 3rd Saturday and carries the message into 3 institutions.

Special Events meets the 1st Sunday and is planning a talent show/dance/meeting.

Doors Open Home Group will host a Christmas dinner (bring a dish) starting 4:00 PM, followed by a 7:00 PM meeting.

I brought a donation.

For a complete meeting and event list, visit cvaana.org.

Positions Filled at ASC:

Secretary: Amber T.

RCM Alternate: Wayne H.

Special Events Chair: Anthony S.

Chair Alternate: Robin M.

VRCC Alternate: Mark M.

Our next ASC is January 4th at 3:30 PM.

Thank you for letting me serve,

Christina R., RCM

Beach

Not present no report

Blue Ridge

BRANA – Blue Ridge Area of NA – (Central Shenandoah Valley)

Regional Service committee Member Report – 236 th RSC – December 20, 2025

- 9 Home Groups – 8 active at Area/ 22 meetings per week ... • 7 GSRs attended 2 Alt's 12/14/25

ASC – The Buena Vista Home Group has Disbanded, originally part of a re-hab facility which

became a true home group. However transportation and other support is unavailable as the

facility wishes members to attend another fellowship.

- ASC Trusted Service Positions Open: Chair, Vice Chair, Special Events, RCM alt, VRCC & LT.

- Group news: Groups are vibrant with MANY relative newcomers so short on Service experience. We are growing a stronger sponsor/ sponsee network, and many anniversaries of 1-

5 years are being celebrated. People are stepping up into service positions; predominately to

chair meetings.

- The newer meetings in Luray – Misfits Group – has stabilized and the Area has provided some

support for Literature and key tags. They have an active GSR and GSR alternate.

- Area news: Extended service from Chair, Secretary and Treasurer; work in progress...

- Contribution to Central Atlantic Region: None at this time, below our current Prudent Reserve.

- Subcommittee news: H&I is still thin but men are stepping up to fill chair positions at Middle

River Regional Jail. Policy continues with the re-write project. Outreach – which includes both PR

and H&I in our Area – has met twice with our new chair guiding focus in the various communities

that we encompass.

Area Joys & Concerns:

+/- Misfits Group; stable and growing

+/- Surrender To Win; no communication with Area and isolated; Outreach aware

-/+ BRANA Campout Inc BRANA 44 theme has been selected “SPRITUAL IN NATURE” and currently the call is out for artwork for that theme. There is controversy over the future of BRANA

Campout as the existing corporation board members are calling for both dissolution AND transformation into an AREA run operation. This discussion has become a distraction at Area and

members called for an AD-HOC committee to provide focus and create clarity.

The Find A New Way to Live annual Holiday Event (Speaker & Dinner event) was a huge success with approximately 60 people in attendance. No Matter What Group will hold a New

Year’s Eve meeting and Dance Party.

+ AREA participation growing

- Next ASC Meeting: Usually the second Sunday January 11, 2026 at 3:00 pm with BRANA Campout Ad-Hoc committee meeting before at 1:30 PM. Verona United Methodist Church, 406

Lee Highway, Verona, Virginia, 24482

In Loving Service, Peter P – BRANA RCM

Gateway to Freedom

Absent during roll call read report none sent

New Dominion

NEW DOMNINION RCM REPORT

December 20, 2025

Area – New Dominion Area

RCM – Linda C

RCM ALT – Mary R

NDANA met on November 9, 2025, and December 14, 2025

We donated to the Region of \$200.40

Number of meetings - 59 in November and 61 in December per week

Number of Homegroups that attended ASC:

November December

24 with 15 voting 37 with 26 voting

Status of Area Positions –

In November Craig R. was elected Vice Chair and Katy. was elected Campout Chair

In December John M. was re-elected Literature Chair, Victoria H. was elected Secretary and Bryan M. was elected Chair.

Currently the Outreach Chair is open due to the Outreach Chair resigning her position.

Upcoming elections – In January - RCM, RCM alt., Special Events Chair, H&I chair and the Outreach Chair.

February – VRCC, VRCC ALT (2 yr term), Treasurer and Vice Treasurer

H&I Commitments – Mark C. jaws7658@gmail.com (clearance needed) VCBR

Wednesdays 6:30 – 7:30 (clearance needed) James River Juvenile every other

Thursday 6:30 – 7:30 (need clearance) James S jjstreet@icloud.com The Healing Place

Friday 6:30 - 7:30 Andrew C corbinaj@vcu.edu State Farm Work Camp – women 2 nd

and 4 th Thursday @ 6:30 until 8:00 (clearance needed) Linda C scootzie48@gmail.com

For questions contact Chelsea R chelsearndana@gmail.com

OUTREACH – VACANT

Mailing address:

New Dominion Area

PO Box 25336

Richmond, VA 23260

Website: <https://rvana.org/areas-served/new-dominion-area>

Where and when is ASC held: the 2 nd Sunday of each month except in January and

May when they are the 3 rd Sunday from 3:30 – 5:00 at Hatcher Memorial Baptist Church

2300 Dumbarton Rd, Richmond, VA 23228

EVENTS.

Simplicity – Saturday 12/20 3 rd Annual Chili cookoff and open house

Just For Today Group – 12/22 Jingle Mingle

Courthouse Freedom – 12/26 Holiday Open House

Living Clean – 12/28 Holiday Party

You can find details for locations on rvana.org

In loving service,

Linda C

Mary R

ILS

Linda C

New River Valley

Not present no report

Outer Limits

Not present no report

Peninsula

6 December 2025 Peninsula Area RCM Monthly Report-

RCM: William K.

Peninsulaarea2020@gmail.com knightwilliam597@gmail.com

A. 35 Home Groups/ 53 meetings weekly

B. 13 GSR's attended 12/6/25; Quorum was met at both.

C. Area trusted service positions open: VRCC, VRCC Alt., and RCM Alt

D. Area trusted servant elected: RCM: William K. and Literature Chair: Rodney

Subcommittee News: Activities meets 3rd Sat each month 2pm. H&I meets 1st

Sun each month 2pm. Literature meets 2nd Sat each month 3pm.@ Main Street

Library Policy meets Sunday following area at 1pm. Public Relations meets 1st

Sat. Each month Subcommittees meet Virtually (except for H & I Sub-Committee).

H. None I. Brief Summary: All is well, fulfilling our primary purpose.

Next ASC Meetings: January 4th @ 3pm 1509 Todds Ln. Hampton. Va.

Total number of H & I commitments and facilities being served by PASCNA

H & I panel members:

a. Pyramid treatment Center meets

Bi-weekly every Wed. & Sat men and women 7-8 pm.

b. Riverside Behavioral Center every Tuesday and Thursday 6-7 pm.

- c. Hampton City Jail biweekly every Wednesday 5-6pm.
- d. Four Oaks Day Servicing Center @ 10AM to 11AM Monday's.

ILS,

William K.

RCM Peninsula Area

Piedmont

Piedmont Area RCM report to the 236th Central Atlantic Regional Service Conference
Area Events

The Special Events Subcommittee is planning an H&I Workshop to be held in January or February, as well as a Sponsorship Mixer planned for February. Locations are to be determined. The Area would like to reach out to Richard for contact information for the Unified H&I Subcommittee for additional support.

Area Donations, Problems, and Concerns

There are no current donations to the Region at this time. The Area anticipates making a donation at the January ASC meeting.

Group Information

- There are 14 home groups in the area, with 21 meetings each week.
- GSR attendance:
 - November ASC: 8 GSRs
 - December ASC: 10 GSRs
- Since the last RSC, **Serene in Greene**, a long-standing meeting and the only meeting in Greene County, has closed.

Attendance & Participation

Overall participation in the Piedmont Area is continuing to increase post Covid. There remain several open service positions at both the ASC and subcommittee levels.

Area Trusted Servant Positions

Currently open positions include:

- Alternate Secretary
- Vice Treasurer
- VRCC Alternate

Recently elected:

- Chair: Pete T
- Vice Chair: Azaria B

ASC Elections

Recent elections were held, resulting in the election of a new Chair and Vice Chair as noted above.

Meeting & Mailing Information

- ASC Meeting: First Sunday of each month, 4 pm, and hybrid on Zoom.
- Location: Church of Our Savior, 1165 Rio Road, Charlottesville, VA 22901
- Area Mailing Address:
P.O. Box 6931
Charlottesville, VA 22906

Group Address Changes

There have been no group address or meeting location changes reported.

H&I Information

A total of 24 H&I meetings are currently being held each month at the following facilities:

- Albemarle Charlottesville Regional Jail (Men and Women)
- Boxwood Recovery Center
- Wellness Recovery Center
- UVA 5 East
- Mohr Center
- Women's Center

Rappahannock

Rappahannock RCM Report

Quadrant 1

December 2025

Area Open Positions:

☐ Vice-Chair, RCM II, and Activities Chair (Filled at Area Dec)

October ASC GSR Quorum: 10 out of 12 Home Groups Represented

19 meetings every week in our area.

Area Mailing Address:

Rappahannock Area of NA

P.O. Box 371

Fredericksburg, VA 22404

Rappahannock Upcoming Area Events:

Holiday Marathon Meeting:

☒ When: December 25, 2025, from 11:00 am to 8:15 pm

☒ Where: 308 Hanover Street, Fredericksburg, VA 22401

Old Business:

☒ Area Motion: 11-02-04 Motion Topic: Regional Donation \$100 / NA World Donation

\$50 Results: Failed

☒ Area Motion: 11-02-06 Motion Topic: Approval of proposed Area budget for FY26

Results: Failed

☒ Regional Motion: 235-1 Motion Topic: To approve proposed 2026 CARNA Budget

Results: Passed

Open Forum Discussion Topic:

☒ Discussion and inquiry were held to understand the reasoning behind multiple motions not passing and the high number of abstentions. Clarity was given, and several old business motions were resubmitted as new motions to return to the home groups.

☒ Member pointed out that there is a lack of donations to the area and stressed the importance of donations to the area.

☒ A member raised concerns about difficulty accessing the Zoom account at times and about motions and reports being received in the correct email accounts. Suggested “group emails” (i.e., area chair, vice chair email) or an ‘Area Google Docs Drive’ to cut down on the need to change the linked email address on accounts. Open to suggestions or maybe

an ad-hoc. Another member suggested that this topic be tabled until next area because the PR chair is not here at this time.

Regional Donation: None this month (Motion to donate to NA World and Region failed to pass.

After some conversations with the GSRs to address their concerns, the motion was resubmitted.)

Next RANA ASC will be on January 4, 2025, starting at 4:00 pm.

Forever Circled,

Josh C.

Jmcarter470@gmail.com

Richmond

Not present no report

Roanoke

Not present no report

Shenandoah Valley

Good morning, Family

The Shevana Area has 16 home groups. We had another one close last month. 14 home groups were present, 2 are inactive. Area meets on the 2nd Monday of the month at 6:30pm. The 3 regional votes were cast. All positions will be open for nominations in January. I have brought a regional donation and a home group donation I will need receipts. H&I goes into four places and is now hybrid meeting on the 1st Monday of the month at 7pm. Literature committee is now meeting virtual the Saturday after area at 5pm. Special event meet on the 3rd Sunday 3:15pm has two events planned a Holiday marathon and a Super Bowl party. Public relations meet on the 4th Monday of the month at 7pm and now has business cards. We have 4 celebrations this coming month. We have one motion to change prudent reserve going back to groups. For up-to-date meetings and events Shevana.org

Love Heather

Southside

Not present no report

Tidewater

Not present no report

Tri-Cities

The Tidewater Area currently has 29 meetings meeting regularly. At the last Area Service Committee meeting, 19 GSRs were in attendance. There are seven Area trusted service positions

currently open, and no new trusted servants were elected at the last meeting. The Area confirmed

nominations to be elected and passed Motion 235-1. Motion 235-2 was discussed and the Area

was favorable toward it. TACNA planning continued during this reporting period. H&I; is currently

serving nine facilities with a total of eleven H&I; commitments. A New Year's Dance and Marathon

Meeting is scheduled to take place from December 31st through January 1st. An addict named

Rolon C. will be celebrating 36 years clean at A Gift Called Life in January. There were no Area

concerns to report at this time. The next Area Service Committee meeting will be held on January

11, 2026.

Respectfully submitted,

Anthony A

Tidewater Area RCM

End of reports

Old Business:

Motion 235-1 financial ad hoc seconded by Linda New Dominion Description/ background:

To approve 2026 CARNA budget Intent: have funding to carry our message

A1/N0/Y6 motion budget **passes**

Vacant positions/nominations:

- Vice Chair accepting nominations
- Vice Treasurer accepting nominations
- Secretary: Heather R. **8Y/0N/0A** new secretary
- Regional Delegate Alternate RDA Cindy K. **8Y/0N/1A** new RDA2
- Regional Delegate Alternative 2 RDA2 Linda C. **nominated take back to groups and open for nominations**

Linda C., 2025 NA Service Resume

17192 Rocky Ford Road

Beaverdam, VA 23015

804-986-2686

Scootzie48@gmail.com

Clean Date: January 3, 1985 (no relapses)

Current Home Group: Survivors, 1990-2012, 2015-2020, and 2022-present, trusted keyholder and treasurer

Of note: primary home group has been Survivors over this time.

Prior Home Group membership:

Friday Night Alive, 2020-2022 (Survivors did not meet at St Marks)

I Can't We Can, 2012-2015

Current and former sponsors: 2022 – Present, Pam K.

2021-2022, Shelly L. (Passed Away)

2013-2021, Maureen M.

2010-2013, Kim C.

1985-2010 Pat J. (passed away)

I have been an NA Sponsor for 40 years.

Service Positions: 2025-Present, RCM-New Dominion Area

RDAll Pro Tem

2024 - 2025 Program Chair, 41 st AVCNA

2024-2025, Alternate RCM

2024-Present, H&I Facilitator-State Farm Work Camp
for Women

2024-2025 H&I Vice Chair, New Dominion Area

2019 Merchandise Chair 39 th AVCNA

2011-2018 H&I Facilitator-VCCW Goochland County

1998? RSR for the Region of the Virginia

1990-2020 Several positions within H&I Committee
VRCC

1987-1990 VRCC Director, Tri City Area

1992 Vice Treasurer,

1993? Treasurer,

1994? Vice Chair

Present for the first VRCC meeting in 1986 – 1987
due to financial liability falling on one addict the
previous convention.

1985-1989 H&I Co-Chair-Richmond Area

Present for the first meeting of Region of Virginia
(former name of this Region) In either March or
April of 1985. We separated for the C&P Region.

Various other trusted servant positions that I can't
remember the dates for.

GSR

Homegroup Treasurer

Homegroup Secretary

I have lived in 3 areas and served in 4. Richmond,
New Dominion, Tri-Cities and OLANA

- H&I accepting nominations
- Policy accepting nominations
- PR accepting nominations
- Speaker Jam accepting nominations

New Business:

Motion Number: 235-2 Rev 1 [??](#) attached goes back to groups

Sherry V. would like to count AVCNA as one in person CAR workshop Y5/N0/A2 pass

Sherry V. would an RCM in quadrant 2 like to take over for the 2 days in April

In absence of policy Heather R. and Sherry V worked on updating the guidelines and addendum to add missing motions that have passed and does not need to go back to group as the guidelines have not changed, these motions were already passed. Y8/N0/A1 Website has been updated to also include the budget.

Next meeting is in the same location:

Jefferson-Madison Regional Library Central Branch

201 E. Market Street

Charlottesville VA 22902

Motion to close Heather R. and a second Linda C. closed with the serenity prayer