

*These are working minutes from April 19, 2026, RSC. They have **NOT** been approved.*

Minutes for the **238** Regional Service Conference

Central Atlantic Region

April 2 day, 2026, via Zoom and In-Person

Martinsburg WV

Hybrid meeting called to order 11am

**Open Forum discussion topics:**

We had 22 in person and 7 on zoom for the GSR assembly yesterday

Can we have paper copies of guidelines? Yes, and, I sent out copies with minutes. They are also available on the Car-na.org website

Can an RSC hold more than one position? Answer can you fulfill the duty you have and the RSC position. Section 6 number 5 Current service positions held will be discussed to determine if a conflict exists. No conflict if you trust the trusted servant. Read your area and regional policy. Can you separate the two.

Same question just about vice treasurer

Shevana RCM and RCM alternate introduced themselves. Welcome.

Is anyone doing the Virginia Summer Institute we will discuss that in the RCM.

How do you avoid conflict if you wear two hats?

Can a chair vote? During a tie

Shout out to the delegate team

Piedmont/New Dominion worked together to get literature to Dilwyn Correction Center

Trust the process, ask the questions, write them down and don't be afraid to ask to learn, to grow. For showing up for our own recovery.

Recovery and service is not separate in service you grow stay connected

Thank the NEZF member for the willingness to be a part of.

Camp Jam seeking speakers

Info on subcommittees having separate bank accounts. How the different areas do the bank accounts, all in one, separate, the chair on all separate. What services the situation?

Can anyone attend the VRCC? Yes, can anyone but a motion in? yes but a director has to second it.

How do we as Gateway to Freedom get involved with VRCC? Can we hold it? Where can it be held? Hampton Road, Roanoke, Richmond

16 in person, 1 on zoom

**12:15 p.m. Serenity Prayer, Purpose, Traditions, and Concepts**

**Quorum: quorum established w 8**

<b>Position:</b>	<b>Admin Members</b>	<b>April 2026</b>	<b>Feb 2026</b>	<b>Dec 2025</b>	<b>Oct 2025</b>	<b>Aug 2025</b>	<b>June 2025</b>
<b>Chair</b>	Roland	P	P	P	P	P	P
<b>Vice Chair</b>	vacant	V	V	V	V	P	P
<b>Secretary</b>	Heather	P	P	P	P	P	A
<b>Treasurer</b>	Larry B.	P	P	P	P	P	P
<b>Vice Treasurer</b>	vacant	V	V	V	V	V	V
<b>Regional Delegate</b>	Sherry V.	P	P	P	P	P	P
<b>Regional Delegate Alternate</b>	Cindi K.	P	P	P	P	A	A
<b>Regional Delegate Alternate 2</b>	Linda C	P	P	A	P	P	P
<b>VRCC</b>	Jim H	P	A	A	P	P	P
<b>Hospitals and Institutions</b>	vacant	V	V	V	V	V	V
<b>Policy Chair</b>	vacant	V	V	V	V	V	V
<b>Public Relations Chair</b>	vacant	V	P	P	P	V	V
<b>Speaker Jam</b>	vacant	V	V	V	V	V	V
<b>Ad-Hoc</b>	vacant	V	V	V	V	P	P
<b>Areas</b>	<b>RCM/ALT</b>	<b>April 2026</b>	<b>Feb 2026</b>	<b>Dec 2025</b>	<b>Oct 2025</b>	<b>Aug 2025</b>	<b>June 2025</b>
<b>Almost Heaven</b>	Don V	p	A	P	P	P	P
<b>Appalachian</b>	Christina R.	P	P	P	P	P	P
<b>Beach</b>	Vacant	V	A	A	A	P	P
<b>Blue ridge</b>	Peter P.	A	P	P	P	P	P
<b>Gateway to Freedom</b>	Marla M.	P	P	A	P	P	P
<b>New Dominion</b>	Linda C. Mary R.	P	P	P	P	A	A
<b>New River Valley</b>	vacant	V	A	V	V	A	A
<b>Outer Limits</b>	vacant	V	A	V	V	A	A
<b>Peninsula</b>	William K.	A	A	P	V	A	A
<b>Piedmont</b>	Dana R & Jim	A	P	P	A	P	P
<b>Rappahannock</b>	Josh C.	P	P	P	P	P	A
<b>Richmond</b>	Simone W.	A	P	A	P	P	P
<b>Roanoke Valley</b>	vacant	V	P	V	V	A	A
<b>Shenandoah Valley</b>	Chris M	P	P	P	P	P	P

<b>Southside</b>	Rich V.	P	P	V	V	A	A
<b>Tidewater</b>	Anthony A.	A	P	P	P	P	P
<b>Tri-Cities</b>	vacant	V	V	V	V	A	A

Motion to approve the 237 RSC minutes motion approved with 8

### Trusted Servants Reports:

#### Chair

CARNA Chair Report 238 th RSC 4-19-2026 Good afternoon, Family, I am once again just grateful to serve with those of you who in anyway find it necessary to give back what is freely given. That said I will be brief. We are still looking for trusted servants to fill open positions. We are also seeking help through appointments of any members willing to assist in this year October 2 day event planning as well as the Va Summertime institute, a PR committee budgeted event. We will discuss both after any new business. We are also thankful for the presentations on Why Plan 4-18-2026 and look forward to new planning sessions locally as well. We received the following message from Richard S: I updated the BMLT server in early February, and the new rewrite seems to have deleted a lot of Meeting Codes from ALL meetings in the BMLT. Please work with your meetings and BMLT administrators to restore any missing codes. I have no way to know what was prior, as it did not record the deletion as a change. I have opened a bug for the BMLT developers about this issue. Any additional information on this topic can be directed to gutterwal@gmail.com. I also received a call followed by a written resignation from CAT B from the newly appointed position of PI chair. This position is now open for nominations so please take this back to your groups we here at region need a Vice-Chair, Alternate Secretary, Vice Treasurer, Policy, H&I, Special Events, Speaker Jam & PR committee

Chair.

ILS Roland c

**Vice Chair vacant**

#### Secretary

Please email me your reports with updated emails and contact information. Please write on the motion form when putting in a new motion or fill out online electronically and email to me. Please attach event fliers I feel a lot of areas are missing out on events. In loving service. heathercarnaregion@gmail.com.

**Treasurer** attached

**Vice Treasurer vacant**

#### Regional Delegate

I am excited to have been a part of our April GSR assembly and RSC 2-day event.

Your delegates has been very busy presenting and gathering your conscience for our upcoming conference.

Recap of the past two months

Feb 2026 Attended Southeastern Zone's first CAT workshop virtually. The motion maker of motion #5 for AI was there and talked and talked about the motion. Very enlightening.

Facilitated CAR/CAT workshop virtually. Great engagement

Attended the Conference Participant (CP) webinar virtually. The February 2026 conference participant web meeting was held on Saturday, 21 February at 11:00 am Pacific Time. In attendance were 92 RDs, 4 ZDs, XX WB members, 68 ADs, 3 HRP members, 2 Cofacilitators, 5 interpreters, 6 zonal contacts from 4 zones, and 14 staff. Becky announced that WCNA 39 will be held in Dublin, Ireland in 2028, marking NA's 75th anniversary. Exact dates have not been set yet, but it will most likely be in July. Unity Day & World Market. The Saturday before the conference, 2 May, is WSC Unity Day!

- 11am-1:30pm - World Service Office open house
- 2-5:30 pm - workshops at the Marriott (more info below)
- 7:30 pm - international speaker meeting, followed by World Market

Attended several of the Greater Philadelphia CAR workshop held every Wednesday virtually

Mar 2026 Facilitated CAR/CAT workshop in Fredericksburg, VA in-person

I attended several mtg to prepare for planning in the uscoz..and attended the quarterly meeting of uscoz that included an extra 2 hours for planning discussion.

I attended the USCOZ IT workgroup meeting for the transition of new chairperson. I was formerly the chair and to help train and mentor our new chairperson. Who is quite experienced already. USA-NA.org

Thanks everyone for your support of our GSR assembly.

Especially like to thank thank Dennis and the nezf fellowship development

We also monitor the following:

Discourse-Bulletin Board

WhatsApp-RD's, AD's ZD's current and passed

Drop Box -for Current and past Archives

WSC 2023 Portal-current WSC info

Slack Channels for Zones

Attend the meeting of the US Collaboration of Zones

and finally-Emails

ILS

Sherry V.

RD Central Atlantic

GSR Assembly and RSC

April 2026 2-Day Event

Expenditures

Financial Information

\$1,000.00 Budget

\$354.86 martins food-Larry pd Don

\$68.89 amazon storage containers

\$50.61 walmart condiments

\$23.22

on site weiss-coffee water, decaf coffee, mayonnaise-Larry pd

Don

\$39.78 Presentation board paid Heather

\$16.50 Ice paid Heather

\$66.18 paper goods ad plasticware

\$603.86

\$396.14 under budget

8006-GSR

Assembly&Oct

2-day

Expenses associated with refreshments, food & beverage, & office

supplies-April 2-day and Oct 2-day \$2,000.0

0 1/2 April-1/2 Oct

\$1,000.0

0

E003-RSC

Overnight

Overnight RSC expenses including overnight lodging, and meeting space  
rent (\$3,250.00/overnight))

\$6,500.0

0 1/2 April-1/2 Oct

\$3,250.0

0

\$3,250.00 Budget

\$50.00 to pay church-Sat. Venue

\$267.50 Sunday's Conference Room-Larry pd.

\$1,580.04 7 rooms ea Friday and Sat.

\$1,897.54

\$1,352.46 under budget

### **Regional Delegate Alternate**

Greetings to all!

Thank you to all who have participated in the World Service Conference preparations for our region by participating in surveys, CAR/CAT workshops, holding information sessions in your groups and areas, asking questions and staying informed. There is a lot of good information, exciting ideas to help us better carry the message this cycle – and many for consideration going into then next cycle. Your participation, feedback and added suggestions and ideas matter, are heard and are needed. We have a lot of

opportunity in our region to increase our participation to get more members, groups and areas engaged—and have better participation and more of our voices heard as we move forward. This applies not only to WSC and regional matters, but encouraging participation in service as a whole in our areas through H and I, PR, Outreach/Fellowship Development, etc.

Our task ahead as trusted servants is—how do we do that? What can we do?

We have been attending CAR/CAT workshops, staying engaged with the various online messaging apps and boards where delegate from all over the world are weighing in with concerns, feedback and suggestions from their areas.

The NAWS Conference Report was just posted a few days ago. This contains our WSC schedule, and more essays and information on the topics and issues we will be addressing in our sessions as well as the results of the CAR Survey. At a brief glance at those results, and reviewing our regions results during the GSR Assembly yesterday—our regions feedback and collected comments are pretty much on track with the rest of respondents across the world.

There are a few World Service Conference Unity Days events happening at the conference— These will be streamed live from the conference. Strongly recommend the history meetings.

Two Speaker Meetings:

Saturday May 2 International speakers 7:30pm PT / 10:30pm ET

Saturday May 9 International speakers 7:30pm PT / 10:30 ET

History Presentations:

Sunday May 3 History “The Early Story” 7:30pm PT /

10:30pm ET

Monday May 4 History of The Basic Text 7:30pm PT / 10:30pm ET

Curious to know what it’s like on the WSC conference floor, and how it all works? (me

too—this is my first one!) Stay tuned for links sent out via NAWS email updates or links posted at NA.org that will allow any member to listen in to the WSC as it happens. We will also pass these along as we get them.

Your delegate team is excited to leave on May 1 to attend the conference, carry our ideas and decisions—as well as meet other delegates from around the world. I know it will be truly humbling, impactful and amazing to be part of this NA worldwide experience and efforts to keep our 5<sup>th</sup> tradition strong and moving forward in the best ways possible! I am grateful, honored and humbled for the opportunity to serve our region in this capacity.

There is considerable expense, as we know, involved with this conference.

Our hotel room for the RDA and RDA2 is \$234/night. Nine nights total is \$2106. This is a considerable expense for anyone to pay up front /or be held on credit cards.

We are asking for our hotel funds up front – payable to either Linda or I. I have a separate account which I rarely use – the funds would be deposited into that account a couple days prior to us leaving and then paid for with my debit card associated with that account.

California/LA area is not cheap; economy is tight. We are doing all we can to minimize our expenses by sharing Ubers, using nearby groceries for stocking up on food, etc.

Ten days is a considerable amount of time to be relying on eating out/etc. I am requesting my per diem of \$65 per day (total of \$650) be disbursed prior to leaving for the conference. This practice is also in line with funded world trusted servants—NAWS disburses funds prior to the service event to lessen the burden on those travelling from afar.

As we prepare for the conference and wrap up sending in our regions conscience—there is still time to offer any new ideas, thoughts, or questions you or your groups may have and would like us to keep in mind or address when we are in our

breakout groups or on the conference floor.

Thanks again to all who have supported the CAR /CAT efforts this cycle. We look forward to bringing back all the information and experiences for you when we return!

And we look forward to the next cycle and how our region can strengthen our voice and participation.

Thank you for allowing me to serve this region. Simply stated: our 5<sup>th</sup> tradition is we ALL love NA and we want everyone to know IT WORKS.

In loving service.

### **Regional Delegate Alternate 2**

The delegate team successfully facilitated a CAR/CAT workshop on March 28th in Fredericksburg, VA. The workshop was attended by approximately 20 participants and fostered a highly interactive environment, encouraging open discussion and engagement throughout.

The primary purpose of the workshop was to go over the CAR/CAT (Conference Agenda Report/Conference Approval Track), ensuring participants were informed of its contents and had the opportunity to ask questions. The session provided clarity on the material and helped participants better understand the motions and items up for consideration.

In addition, we met to review survey responses and collaboratively tally votes in preparation for the upcoming World Service Conference (WSC). Participants were actively involved in discussion, contributing to a well-informed and thoughtful group conscience process.

I also assisted in facilitating the GSR (Group Service Representative) Assembly, helping guide discussions and maintain an organized and productive flow.

Looking ahead, I will be attending the World Service Conference (WSC) in May, where the outcomes of these discussions and votes will be carried forward as part of the region's representation.

In loving service,

Linda C

### **VRCC**

Good morning, Family

At the 42<sup>nd</sup> AVCNA we only had around 250 to 300 people show up due to the bad weather coming in that weekend. Because of the state of emergency, we did not have to fill our room block but still had to pay for everything else. We took a financial hit at the convention because of the weather that weekend, sorry but I don't have that number at this time we should have it at the next VRCC meeting in May. We had a lot of

merchandise and registration packages left over. The taper was unable to attend the convention, so we have no recording of the 42 nd AVCNA. We have been working hard on updating the host committee policy. As it has not been updated in a few years. We found out during the year that we were just recycling two checking accounts ,which let to some problems .I went to the bank to find out what was happening and was told they just keep adding people to the checking account and not taking people off .When the vice treasurer oh the 42 nd called the bank to check her personal account she was told she had money in a account that's been open for years and withdrawal the money that was in the host committee account .When they were made aware of this they repaid the money back to the account .This could happen to anyone who was ever a signer on either checking account .

The VRCC has voted to postpone the 43 rd AVCNA to 2028. A contract was already in place with the Flounders Inn in Virginia beach. To cancel the contract had a cost of \$ 4,900.00 and only \$2,000.00 to rebook. so we rebooked the contract with then the only difference was the room rate went to \$124.00 per night and from \$6,000.00 to \$7,000.00.

Another reason this was done was to get the VRCC business in order. We found out that our taxes have not been filed for a couple of years. With the help of Fred H. from the new dominion area, we were able to file 2023,2024 and 2025 taxes .2025 was free to file and 2023 and 2024 had a cost of \$19.40. Our taxes are all up to date now. We have an attorney in place now. And we are working on getting an accountant.

A motion was passed by the directors to make all convention speakers tapes available for free downloading after a year .At this time we have a couple of position open and they are treasure and secretary .We had 9 directors at our meeting in March .Our next meeting is May 17 th at UVA Hospital DCR 1,2&3 policy meeting at 11 o'clock ,open forum will start at 12 with business meeting at 1 .

On a different matter if anyone has any speaker CDs from the 38 th ,39 th and 40 th convention please get in touch with me so we could try to get them on our website as we can not locate any speaker CDs from those 3 conventions.

Please if your area has any concerns about the VRCC , please bring them to the VRCC meeting all they have to do is get voted in as director and bring there area minutes showing that they were elected .Then the issues can be handle in a proper matter .

In loving service

VRCC Chair

Jim H

**Policy vacant**

**Public Relations vacant**

**Hospitals and Institutions vacant**

**Speaker Jam vacant**

**AD-Hoc vacant**

### Area Reports:

**Almost Heaven** Written read on floor

### **Appalachian**

Dear Regional Family,

The Appalachian Area of Narcotics Anonymous remains active with 25 meetings per week.

The Area Service Committee is scheduled to meet on Sunday, May 3rd, from 3:30 PM to 5:30 PM at 2420 Memorial Ave. We are currently seeking members to fill several trusted servant vacancies, including Policy Chair, Phone Line, and Public Relations. We welcome and encourage any members willing to serve in these capacities.

Regarding our subcommittees:

- The H&I Subcommittee meets the third Saturday of each month at 1:15 PM at 3000 Langhorne Rd (second floor, outside entrance).

- The Special Events Subcommittee meets the first Sunday of each month at 2:00 PM at 2420 Memorial Ave.

We have several upcoming fellowship opportunities:

- On Friday, May 8th, following the 9:00 PM meeting, "Together We Care" will host a Spring Fling and Potluck at 314 N Bridge St, featuring a DJ and dancing. Attendees are encouraged to bring a covered dish.

- On Saturday, May 9th, the Area will host "Spring into Recovery" from 2:00 PM to 7:00 PM at 21206 Timberlake Rd. The event includes food, speakers, karaoke, and a dance. There is a suggested donation of \$8, though no member will be turned

away.

Please note the following group updates:

The Freedom Group is no longer meeting, and "The Doors Open" has assumed that time slot. Additionally, a Step Working Workshop is now held on Monday nights from 8:00 PM to 9:00 PM at the R2R building.

Our area continues to celebrate recovery with several upcoming clean time anniversaries and a full speaker schedule confirmed through the summer. A complete list of events and anniversaries is available at [cvaana.org](http://cvaana.org). At this time, the Appalachian Area has no donation to forward to the Region.

Thank you for allowing me to be of service.

In loving service,

Christina Robinson

## **Beach vacant**

### **Blue Ridge**

- 11 Home Groups – 9 active at Area/ 25 meetings per week
- 10 GSRs attended 04/12/26 ASC; 17 members total attended
- ASC Trusted Service Positions Open: Vice Chair, Special Events, RCM alt – Volunteer just selected for pro-temp, VRCC & LT. Just elected Chair and Policy Chair.
- Group news: Groups are vibrant with MANY relative newcomers still short on Service experience. There are many new 1,2 and 3 year anniversary announcements and a large demand for key tags! There is a vibrant clean living residence community (Oxford and Strength In Peers) in Harrisonburg which continues to bring influx of addicts seeking Recovery; growing pains have been minimal.
- New meetings: Luray – Misfits Group is now solidly established!
- Area news: Extended service from Secretary and Treasurer; work in progress...
- Contribution to Central Atlantic Region: \$37.17 – Just over \$1500 was given in 2026. New Budget in the works includes budgeted donations to newcomer and indigent packages at AVCNA and BRANA Campout.
- Subcommittee news: H&I is struggling, particularly short on men volunteers. We serve Western State Hospital and Middle River Regional Jail.
- Policy is very active with a re-write in progress.

Area Joys & Concerns:

+/- Misfits Group SOLID!! Strong women's commitment...

-/+ BRANA Campout Inc had voted to dissolve last June with no specific date. (cause was lack of new members to serve in the corporation which holds high – demanding - standards of entry and commitment) The result has been outcry of concern and examination, reflection. BRANA 44 is happening in 2026. There is turmoil with re-organization (persons involved have entrenched positions and control issues) and but an ad-hoc has been created at ASC to examine Future of Brana Campout. Recently action has been delayed for WSC study and Policy review. Multiple concerns of protecting NA / ASC and intertwining Area guidance and ownership (as in responsibility).

-/+ No Matter What is holding Spring Campout this weekend. Find A New Way to Live will hold annual Jump In The Lake event in June this year – earlier than normal. – ALL WITHOUT A SPECIAL EVENTS COMMITTEE! The Groups guide us...

-/+ Rockbridge Recovery – halfway house in Buena Vista is again the birthplace of a new organic NA group with is seeking assistance to be stable before they join officially. Keep It Simple is assisting them.

-/+ ongoing struggle ASC is still accommodating an individual addict who is unaffiliated with any Group and doesn't regularly attend meetings... their intent is righteous but negativity of message continues to divide AND raises tension in monthly ASC where the Area had found fun and joy in their meetings.

-/+ Many facilities are challenging Groups with constraints on access, facility management, and some challenges are due to growth - the facilities are too small!

+ AREA participation growing!

- Next ASC Meeting: Usually the second Sunday...Mother's Day is being granted importance sooo May 17, 2026, 3 pm with Policy Sub committee before at 2 PM. Verona United Methodist Church, 406 Lee Highway, Verona, Virginia, 24482

In Loving Service,

Peter P – BRANA RCM

## Gateway to Freedom

Good morning so we have Camp Jam 10 coming up the third weekend of September our area is donating \$200 we have a new meeting started it is Wednesday nights at 6:30 p.m. it is called spiritual journey and it's in Rodney West Virginia at the St James Church we have now 12 meetings in our area are open positions are vice chair vice treasurer RCM policy and website hope not dope address is incorrect on the regional site so that does need to be updated it is at 7:00 p.m. at heritage House above Kaiser Presbyterian Church the address is 300 South mineral Street keizer West Virginia 26726 the secretary is looking for someone to fill her spot so she can transfer to vice chair as she has completed her obligations RPO box is 936 Cumberland Maryland 21502 the area meeting is held the second Saturday of every month at 10:00 a.m. at friendship Haven 22 North mechanic Street Cumberland Maryland 21502

We are in need of an nezf member to help us better our website it would be greatly appreciated.

Thank you so much for letting me serve thank you to all who do serve!

Mrs. Goddard

## New Dominion

New Dominion Area (NDANA)

New Dominion Area RCM Report 238th CARNA-April 19, 2026

RCM - Mary R./RCM, Alt. - Chelsea R.

NDANA met March 8, 2026, and April 12, 2026

Donation to

- CAR-NA was \$3,579.49
- World was \$1,534.37

Number of meetings - 59 meetings and 58 Homegroups.

Number of Home Groups that attended ASC

- March-35 attended/30 Voting
- April-35 attended/24 Voting

One meeting was disbanded. Show Me How to Live.

One new meeting started in Farmville, Out of the Ashes, Sat. at 6:30pm, at 200 W. Third Street.

Status of Area Service Positions

March and April Elections:

- RCM, Alt: Chelsea R.
- VRCC Director, Fred H.
- Policy Chair, PowPow

- Outreach Chair, Bernadette

Next Elections will be in September

- Public Relations Chair
- Webservant

H and I Commitments:

NDANA carries H & I meetings into a total of six facilities.

Piedmont Correctional Facility was recently added. There will be two meetings on Saturdays.

One meeting for the men at 10am; One meeting for the females at 1pm.

Facilities that we carry a meeting into are:

Facility Facilitator Day/Week Time

Beamont CC Jake E. Every other Thursday

Healing Place Andrew C. Friday 6:30pm-7:30pm

James River James S. Every other Thursday 6:30pm-7:30pm

State Farm Work Camp Linda C. 2nd & 4th Thursday 6:30pm-8pm

VCBR Louie D. Wednesday

Piedmont CC Pending Saturday

Questions related to NDANA H&I Meetings, contact the H&I Chair, Tina S. via email at:

[ndanahandi@gmail.com](mailto:ndanahandi@gmail.com).

In March, I made a motion for the \$263.38 for 1/2 of the cost for Basic Texts and Stepworking Guides to contribute to Piedmont Area. Due to it being a money matter it had to go back to home groups. When NDANA we met in April, last week, the motion passed. Today, I have a check for the Piedmont Area in the amount \$263.38.

March 28, 2026, I attended the in-person CAR/CAT Presentation by our Regional Delegate Team in Fredericksburg. They presented an informative presentation that prompted engaging conversation with all in attendance. Koodos to our team!

I was asked to make an inquiry into the fees for the post office box. First,

as a point of interest, the pricing of post office boxes is different. So the annual fee at the current location is:

\$156 - 3"x5.5"

\$200 - 5"x5.5"

\$300 - 11"x5.5"

\$342 - 11"x11"

Upcoming Events:

May 10th

Riverside Recovery is hosting their 4th Annual Mother's Day cookout at Pony Pasture immediately following the meeting. The meeting is 10-11am.

June 5-7

Building the Fire campout will be at the Christopher Run Campground at Lake Anna.

Speakers Fri & Sat nights

Breakfast and Dinner provided Saturday

Flyers for both events will be included with my report.

New Dominion Mailing Address:

New Dominion Area (NDANA)

PO Box 25336

Richmond, VA 23260

Area Service Meets

When: 2nd Sunday/Month, 3:30pm-5:30pm

(January & May it's the 3rd Sunday/Month)

Where: 2300 Dumbarton Road

Richmond, VA 23228

Meeting Details for locations is posted on [RVANA.org](http://RVANA.org)

ILS,

Mary R.

## **New River Valley vacant**

### **Outer Limits vacant**

### **Peninsula**

RCM: William K

Peninsula [2020@gmail.com/knightwilliam597@gmail.com](mailto:2020@gmail.com/knightwilliam597@gmail.com)

A. 35 Home groups/53 meetings Weekly

B. GSR's attended 04/04/26 quorum was met

C. Area Trusted servants, Open positions: VRCC , VRCC Alt & RCM Alt. Treasurer,Vice Treasurer  
Activities Chair

Subcommittee news: Activity subcommittee meets the third Saturday at 2 PM virtually

H&I Meets First Sunday each month at 2 PM

Literature meets Second Saturday Each month at Main Street library 3 PM

Public relations meets first Saturday at 1 PM

Policy of committee meets First Sunday at 1 pm

Brief summary: All is well fulfilling our primary purpose

Next ASC Meeting March 7 at 3 PM 1509 Todds Lane

(4)H & I Commitments

1- Pyramid treatment center biweekly every Wednesday and Saturday men and women 7-8pm

2- Riverside behavioral Center every Tuesday and Thursday 6-7 pm

3- Hampton city Jail every Wednesday5-6pm

4- f Four Oaks day servicing center 10 -11am Every Monday

ILS

William K., RCM Peninsula Area Done

### **Piedmont vacant**

### **Rappahannock**

Area Open Positions:

Vice-Chair

Secretary II

RCM II

Treasurer II

RACC Chair

RACCNA Open Positions:

Alternate Secretary

Alternate Treasurer

Registration for Convention

Information Hospitality

Fundraising

Arts and Graphics

Merchandising

GSR ASC Monthly Attendance:

March ASC GSR Quorum: 11 out of 12 Home Groups Represented

April ASC GSR Quorum: 9 out of 12 Home Groups Represented

19 meetings every week in our area.

RANA Website:

RANA Home - Rappahannock Area of Narcotics Anonymous

Area Mailing Address:

Rappahannock Area of NA

P.O. Box 371

Fredericksburg, VA 22404

Rappahannock Upcoming Area Events:

Regional CAR/CAT Workshop:

When: March 28, 2026, from 11:00 am to 4:00 pm

Where: 825 College Ave, Fredericksburg, VA 22401

Fellowship and Fun in the Sun:

When: May 09, 2026, from 12:00 pm to 5:00 pm

Where: Loriella Park 10910 Leavells Rd, Fredericksburg, VA 22407

Open Forum Topics:

March: Discussion was had regarding how the duties will need to be amended in the bylaws now that RACCNA is a corporation. Discussion was also had regarding whether that needs to be

amended before voting in a new chair of the RACCNA subcommittee. An addict brought up that this can still be moving forward with nominations of a new chair if the area is okay with this.

Another addict brought up the idea of an ad hoc subcommittee being formed to amend the bylaws before voting in a new chair of RACCNA, and another member brought up getting a chair in place for RACCNA and then forming the ad hoc subcommittee to amend the bylaws.

April: After speaking with the RACCNA subcommittee and bringing the question of the placement of chairperson requirements to the area body, we have decided how best to move forward. The four new business motions resulted from the ad hoc subcommittee meeting.

New Business:

Amend our Area Bylaws:

Motion 04-12-03, Motion 04-12-04, Motion 04-12-05, and Motion 04-12-06

Next RANA ASC will be on May 3, 2026, starting at 4:00 pm. (Hybrid)

Zoom Information:

Zoom Meeting Information

Meeting ID: 931 2131 8188

Password: ranaasc

Forever Circled, Josh C.

**Richmond vacant**

**Roanoke vacant**

**Shenandoah Valley**

Hello Shenandoah valley has 18 homegroups and 25 meetings weekly.

10 GSRs were present at area service on April 13th

We have one open position that is newsletter chair.

Mercedes T was elected special events chair

Special events is hosting a speaker jam on Saturday April 25th starting at 12:30 locations is market street United

Methodist church 131 s Cameron street Winchester VA

Next ASC is may 11th at 6:30pm canvas community church.

HNI commitments

5 facilities NRADC jail, juvenile detention behavioral health and the Winchester area thermal shelter

12 meetings a month between all facilities

More information available at [shevana.org](http://shevana.org)

Thank you

In service

Chris M

### **Southside**

Hello family, I am an addict and my name is Rich.

Our Area meeting meets the first Monday of the month, In Danville.

A week prior to our last Area, our Chair had a heart attack, the next day he had another,

needless to say he is resting, His name is Lawson, please keep him in your prayers. We

have thirteen home groups with twenty weekly meetings.

Our scheduled is not up to date at this moment, some meetings have changed times,

days, We are hopeful to get to it ASAP. Our Open positions at Area are, Vice Chair, Co Treasurer, HG I, and PR, A new treasurer was elected, Kim, and we just filled the Policy chair commitment. I will be mailing a check from Area in the amount of \$200.00 and a check from Living Clean: The Journey Continues for \$50.00 because I did forget them at home in South Boston, Va. We are struggling with our sub committees and hope to fill these Asap.

Our next Area will be held on May 13th between one and three pm.

In loving service Rich V, RCM Southside Area.

### **Tidewater**

### **Tri-Cities**

## ***END of REPORTS***

### **Old Business**

None

### **Vacant Positions/Nominations**

**Vice treasurer Rick acclimated**

I have a sponsor who has a sponsor. I speak the language of Narcotics

Anonymous. I am willing to serve. I am willing to learn more.

I have a personal checking account. I balance it regularly.

Clean date 02/02/2003

2003-2005 GSR New Haven Area

2005-2007 RCM New Haven Area of Ct

2007-2012 Home Group Treasurer New Day New Way, Guilford Ct

2012-2014 Activities Greater New Haven Area

2015-2016 Lit Chair Grater New Haven Area

2016-2020 Various Group Level Commitments

2021-2023 RCM Hawaii Region

2023-2025 Lit Chair East Hawaii Area

2025-Present RCM Southside Area, Danville Area

Thank you for your consideration in this new committment, as Vice Treasurer

rvbluesl@gmail.com

203-506-1588

1735 Jefferson Ave South Boston, Va 24592.

**Policy Kim C. acclimated**

Clean Date: October 11, 1982

Position sought: Regional Policy

NJ/VA (1982 - Present)

I have a sponsor, homegroup, I attend meetings on a regular basis, brick and mortar and on the Zoom platform. I have a working knowledge of the 12 Steps, 12 Traditions and 12 Concepts. Knowledge of the NA Guide to Local Service, and basic computer skills. I have the willingness, time and resources.

- Group Secretary, Treasurer, Alt. GSR, GSR & Chair
- H&I Chair and Panel Lead & Member
- Public Information (now known as Public Relations)
- NAWS Chair of East Coast Public Information (ECPIC)
- NJ Vice Chair, Area Chair, VA Area Chair
- NJ Vice Chair & Chair Policy
- VA VRCC Chair
- NJ Regional Convention Board Chair (3) and member
- Phoneline Chair - Brought in initial Toll Free number.
- Service Workshop Chair and member
- Literature Member (review and distribution)
- VA AVCNA Chair
- VA Appalachian Area RCM
- VA Homegroup Chair, Treasurer

- NJ Archival Member

Most positions are 1-2 years for rotation adherence. However, there have been times when no one was available. I did more than policy requirements.

With Love & Service

Kim C.

### New Business

Planning October 2 day subcommittee Roland chair location quadrant 3.

Planning Virginia summer institute Sherry chair Marla co-chair

**Motion number 238-1** attached

Pro:

clarification to RCMs

allows time for planning

Con:

we already do it

There is a better way of doing

Already in the guidelines

**Motion number 238-2** attached

Pro:

It will give RCM time to know if they want to be included

Can start the process earlier can participate

Con:

Poorly formulated

Incomplete

Ad-hoc planning committee with assistance from Dennis NEZF **11AM May 16**

Find set times for adhoc meetings

**Motion to close: Rich, 2<sup>nd</sup> Marla**

Next RSC June 20, 2026, 11am

881 Davis Hwy Mineral Va 23117