

*These are working minutes from February 21, 2026, RSC. They have **NOT** been approved.*

Minutes for the **237** Regional Service Conference

Central Atlantic Region

February 21, 2026, via Zoom and In-Person

Jefferson-Madison Regional Library Central Branch

201 E. Market Street

Charlottesville VA 22902

Hybrid meeting called order at 11:00am-noon by Roland C

**Open Forum discussion topics:**

- A letter was received through the post office box requesting Basic Text and information on NA from an inmate in Manassas.
- VA Correctional Center requesting volunteers at Dillwyn Correction Center and books. Requesting 25 Basic texts and 25 Step Working guides. Suggested to contact prison and see if they have tablet access.
- We still have 12 Basic Text soft back.
- Welcome Kelly S. from Roanoke, Brandy Peninsula, Wayne Appalachian
- Gateway to Freedom BMLT has not updated in over 6 years meetings are wrong on CARNA
- CAR/CAT vote on CARNA website for RD team to know our vote. Will be closed on April 1.
- Chair, how can we help our area? Do inventory? Process we will learn about at GSR Assembly.
- A member wants to form task team to look at moving the post office box which is paid for already for a year. We are renting one of the largest boxes, so they have cheaper ones. Concerns about changing addresses and in turn everything that goes with it. Who is on post office account?
- Last CAR/CAT was hard to hear done by delegates team.

**12:15pm Serenity prayer, Purpose, Traditions, and Concepts**

**ROLL CALL:**

**QUORUM: 11 PRESENT, QUORUM NEEDS 5**

<b>Position:</b>	<b>Admin Members</b>	<b>Feb 2026</b>	<b>Dec 2025</b>	<b>Oct 2025</b>	<b>Aug 2025</b>	<b>June 2025</b>	<b>April 2025</b>
<b>Chair</b>	Roland	P	P	P	P	P	P
<b>Vice Chair</b>	vacant	V	V	V	P	P	P
<b>Secretary</b>	Heather	P	P	P	P	A	P
<b>Treasurer</b>	Larry B.	P	P	P	P	P	P
<b>Vice Treasurer</b>	vacant	V	V	V	V	V	V
<b>Regional Delegate</b>	Sherry V.	P	P	P	P	P	A
<b>Regional Delegate Alternate</b>	Cindi K.	P	P	P	A	A	P
<b>Regional Delegate Alternate 2</b>	Linda C	P	A	P	P	P	P
<b>VRCC</b>	Vicky B.& Jim	A	A	P	P	P	A
<b>Hospitals and Institutions</b>	vacant	V	V	V	V	V	V
<b>Policy Chair</b>	vacant	V	V	V	V	V	V
<b>Public Relations Chair</b>	Cat Bell	P	P	P	V	V	V
<b>Speaker Jam</b>	vacant	V	V	V	V	V	V
<b>Ad-Hoc</b>	vacant	V	V	V	P	P	P
<b>Areas</b>	<b>RCM/ALT</b>	<b>Feb 2026</b>	<b>Dec 2025</b>	<b>Oct 2025</b>	<b>Aug 2025</b>	<b>June 2025</b>	<b>April 2025</b>
<b>Almost Heaven</b>	vacant	A	P	P	P	P	P
<b>Appalachian</b>	Christina R.	P	P	P	P	P	P
<b>Beach</b>	Vacant	A	A	A	P	P	P
<b>Blue ridge</b>	Peter P.	P	P	P	P	P	P
<b>Gateway to Freedom</b>	Marla M.	P	A	P	P	P	A
<b>New Dominion</b>	Linda C. Mary R.	P	P	P	A	A	A
<b>New River Valley</b>	vacant	A	V	V	A	A	A
<b>Outer Limits</b>	vacant	A	V	V	A	A	A
<b>Peninsula</b>	William K.	A	P	V	A	A	A
<b>Piedmont</b>	Dana R & Jim	P	P	A	P	P	A
<b>Rappahannock</b>	Josh C.	P	P	P	P	A	A
<b>Richmond</b>	Simone W.	P	A	P	P	P	P
<b>Roanoke Valley</b>	Kelly S.	P	V	V	A	A	A
<b>Shenandoah Valley</b>	Heather R. Chris M.	P	P	P	P	P	P
<b>Southside</b>	Rich V.	P	V	V	A	A	A
<b>Tidewater</b>	Anthony A.	P	P	P	P	P	P
<b>Tri-Cities</b>	vacant	V	V	V	A	A	A

Motion to approve 237 minutes Dana second Mary

A2 N0 Y7 approved

### **Trusted Servants Reports:**

#### **Chair**

CARNA Chair Report 2-21-2026

Good day Family.

I attended the subcommittee meeting last month wherein I and the PR Chair again experienced the lack of participation in our regularly scheduled event. It brings me to question the platform's effectiveness as regularly scheduled or should it be scheduled as needed? I for one have other obligations that are often set aside to ensure I am where I was supposed to be, when I was supposed to be there. That said I have officially received my very 1st and largest single award in my company's history that will be worked in California from mid-March through end of May as such I may have to attend April Hybrid if I am deployed. I did get a chance to attend the 42nd AVCNA and despite the State of Emergency we found ourselves under for the weekend we all still managed to have a good time and make it work. I received just yesterday letters for the H&I Subcommittee and I received additional info from the RD on a facility in the peninsula in need of material to have a meeting. I am awaiting additional information so we may pass that on the RCM peninsula. Ironically this conference year seems dedicated to the planning process for which we have all been talking. I encourage all to work directly with our phenomenal RD Team to get your conscience submitted as early as possible and lets work here on our platform today and as we committed last month to embracing our own planning process here as well. I look forward to being of assistance anyway I can . I do also feel the need to reiterate the need for a Vice Chair to help facilitate the needs of our region in both the inventory/ planning process as well as the succession of duties. I'd like to believe "they walk amongst us" and I encourage all servants to get in where

you fit in. I have my calendar for any additional events to be added and my note book for any material to be included in the plan to come.

In loving service Roland C

**Vice chair** vacant

**Secretary**

Hello family

Please attach fliers with your report for your area events.

1. Only reports read on the floor and e-filed, typed, handwritten or emailed no later than one day following the RSC will be included in the minutes. (157th )
2. All reports will be limited to ten (10) minutes each. Any items needing to be addressed will be placed under Old or New Business as appropriate.
3. The following suggested format should be used in all RCM reports: (A) Total number of groups and meetings in your area (B) How many GSRs attending ASC (C) Area trusted service positions open (D) Area trusted servants elected (E) Group news (F) Area news (G) Subcommittee news (H) Area concerns (I) Area special events calendar (J) Brief summary (K) Next ASC meeting (L) Total number of H&I commitments and facilities being served by your Area's Subcommittee (190th )
4. RCMs are asked to turn in an updated meeting list, Area Contact Information and written reports to the Secretary at every Conference.

**Treasurer** attached report

**Vice Treasurer** vacant

**Regional Delegate**

Hi everyone

We are now in the midst of the Conference cycle. It's been a busy two months for me

I will summarize the service efforts around us that all are welcome to participate.

US Collaboration of Zones (USCOZ)- <https://usa-na.org> About US- <https://usa-na.org/about-us/>

On Jan 11, 2026, a representative of each of the seven zones met for the quarterly meeting. The representative (who is

the chair from NEZF) is the only representative who is not allowed to vote on the direction the representatives

determine. Reports were given from each of the Workgroups and the project groups. Elections were conducted for the workgroups and admin.

The project teams emerged from the strategic planning in which all the zonal reps participated. Mentorship / Training

Project Team and Rural and Marginalized Communities Project Team.

Recent highlights: A survey has been created to identify marginalized communities in the US, and Mentorship and

Training will collaborate with them to provide training and mentoring. The Public Relations recently did an eblast and

has received a few responses asking for presentations. The communications team is doing a great job in developing a

method to respond to emails coming in and maintain a record of who reaches out and how we respond.

Northeast Zone (NEZF) has a finance committee, public relations committee, fellowship development committee,

guidelines committee, IT committee, Northeast Service Symposium (NESSNA), and service helpline

The finance committee just completed the budget it passed Second Straw Poll- 12:0:2:0 – 86% consensus – Budget

passes. We voted in favor of the budget

Does nezf want to formally participate (meaning allowing Second Straw poll 6:3:1:4- 60% consensus – No decision made

to change what we are currently doing. We voted to formally participate. The service helpline is still working on its

creation. Now working on the backend of the system being set up.

We discussed some points in the car. I will attach the minutes and a flier with the summary of our decisions for more

detailed information. It was through FD that we have a facilitator for our planning session for the GSR assembly

Due to the World Service Conference, there will not be a NESSNA or NEZF meeting in April.

The third and final piece of the H&I Basics revision has been posted. In response to a motion at the 2023 WSC, H&I

Basics is being revised to include three separate but linked parts: H&I Basics: Treatment, H&I Basics: Corrections, and

H&I Basics: Committees. The Committee's piece is up until 20 April 2026. Please check it out and give you input. As

World Board-approved service material, this piece is up for a review and input period of 90 days.

[https://www.surveymonkey.com/r/HandI\\_Basics\\_Comm](https://www.surveymonkey.com/r/HandI_Basics_Comm)

I attended the SEZF CAT workgroup meeting virtually. They had two world board members facilitating the workshop. It

afforded a great opportunity for different perspectives to be shared during our workshops.

We are looking forward to our GSR assembly. We have a facilitator who will share why we plan and hopefully, if time

permits, we can start our planning session.

The hotel room, GSR assembly location, and the RSC on Sunday have all been secured in Martinsburg, WV, in the Almost

Heaven area of quadrant 2. In speaking with the chair, she will help us coordinate a hospitality team.

As I said earlier, we have a facilitator and presenter for planning. He will be in person. We will also, as usual, have

reports from our administrators, including our annual financial report. We have fliers on our website and on the

delegate teams webpage, along with other information. We will also discuss the results of our car and cat votes.

Your delegate team will have to leave at 2:00 for a Conference Participant (CP) webinar.

ILS

Sherry V, RD Central Atlantic Region.....pr workshop at CPRCNA

## **Regional Delegate Alternate**

RDA Report to CAR-NA Region February 21.2026

Greetings CAR-NA Family:

We attended the MARCLNA Service Confernce in January. It was well attended and demonstrated strong support from a broad cross-section of the fellowship. Participants represented multiple areas, regions, and various “levels” of service, reflecting a shared commitment to gaining insight and participation in the Conference Agenda Report (CAR) process.

The primary focus of the CAR sessions, was a higher level presentation and review of all CAR motions. In addition, we reviewed the two IDTs/surveys, literature pricing, and touched on the importance of filling out the CAR survey. Each topic was presented, providing clarity on intent, impact, and potential outcomes. The open discussion process allowed members alike to ask questions, raise concerns, and gain a deeper understanding of the material.

Two members of the World Board were present to facilitate discussions and respond directly to questions Chair Irene, Ireland; V Chair Jack (Pacific NW). An additional World Board member (Danny G, NJ) was also in attendance for additional support. Their participation added significant value, offering further insights and context/background regarding the motions and other CAR content. The opportunity for open discussion helped ensure that members left better informed and prepared for taking information to their service bodies, as well as for decision-makin.

To provide quick overview of the CAR:

Three Word Board Motions:

☐ Approving the revised IP #21, Staying Clean In Isolation as fellowship approved recovery literature. This is essentially a rewrite of the IP, to bring content up to date with current fellowship experience. Original IP was approved in 1986.

☒ To adopt the collaboratively created NA World Services Strategic Plan for 2026-2029. The full plan is available in Addendum B, in the CAR. This is exciting, as this is the first time the strategic plan has been a true collaborative effort with input from the fellowship and conference participants.

☒ To hold the World Convention of NA (WCNA) every 5 years beginning in 2028. (Currently 3 years). Location will be determined by the World Board. There is an amendment (approved) that if passed, would amend the frequency to 3 years.

Two Regional Motions:

☒ To direct the WB to create a project plan to research and explore providing book length literature to the incarcerated via their facility provided tablets. Note: any motion to direct the WB to create/perform something becomes their top priority,

over whatever the ideas/strategic plan may show as priorities when/if those are adopted.

☒ To direct the WB to implement AI (artificial intelligence) interpretations for WSC –replacing the current human live language interpretation. There is an amendment (draft I believe) to amend motion to research, pilot and provide AI tools where feasible or preferred by participants, as additional option during the 2026-2029 cycle.

If you have questions or need info, you can contact your RD team. There is also a weekly CAR info session on zoom, Weds evenings, 7-9 PM. Zoom ID 894 3056 4000

This is being facilitated by the Greater Philly Region.

You may have heard that WCNA 2028 will be held in Dublin, Ireland in 2028. The target month is July, dates to be confirmed/determined. This past week, WSC conference participants received a memo outlining how/why this decision was made.

WCNA 39 Location (2028):

☒ Planned for Dublin, Ireland in summer 2028.

☒ Coincides with NA's 75th anniversary.

☒ Thanks extended to the European Delegates Meeting (EDM) for canceling the 2028 European Convention to support a unified global gathering.

Site Selection Process:

☒ Since 1998, no bid process has been used.

☒ NA World Services works with a professional hotel and meeting planning company.

☒ Standardized Requests for Proposals (RFPs) are sent to multiple cities.

☒ This process saves financial resources and staff time and supports objective decision-making.

Timeline Changes:

☒ Originally planned for 2027 in Europe.

☒ Post-COVID meeting challenges led to moving the event to 2028.

☒ Aligning with NA's 75th anniversary supports possible future alignment of conventions with fellowship anniversaries—along with proposed 5 year schedule.

Financial Commitment:

☒ Goal: Revenue-neutral event (no financial loss).

☒ Rising meeting costs and uncertain attendance make long-term projections difficult.

Cities Considered:

☒ Final three: Lisbon, Frankfurt, and Dublin.

☒ Frankfurt reviewed through an exception to the usual RFP process due to the German-Speaking Region's 50th anniversary.

☒ Exception of fellowship generated 'bid' complicated decision-making and was not

beneficial.

☒ Frankfurt was the most expensive option.

Decision Factors:

☒ Cost and quality of facilities.

☒ Labor and audiovisual expenses.

☒ Accommodation and meal costs.

☒ Transportation and accessibility.

☒ City population and attractiveness.

☒ Number of local NA meetings.

☒ Support from local fellowship.

We are looking forward to your participation and responses in the CAR/CAT survey. We will be excited to see you at our upcoming CAR/CAT workshop in Frederickburg March 28. Shout out to Rappahanock RCM and area for getting the space and hosting! We also are looking forward to the April GSR Assembly. Flyers are on the website.

I will be submitting my reimbursement for AVCNA and MARLCNA: \$571.21

I will be submitting itinerary for NEZF in Portland, ME this October-- \$938.31 ( room, flight, per diem). If there is no opposition, I would like to get reimbursement for my flight to ME once purchased and not wait until October.

I would to also request our costs for lodging at the WSC to be distributed in advance of the event, which will help the financial burden of the room for both of us. Room will be approximately \$1200 each for Linda and I. Any overages in payment will be applied to other costs to be reimbursed after the event.

Please reach out with any questions or further info on the CAR/CAT – or anything else.

We are here to serve our awesome region.

In loving service—

Cindy K 410 905 0994 savedtoserve98@gmail.com

## Regional Delegate Alternate 2

CAR-NA RDA (Pro Tem) Report

February 21, 2026

Hi family,

In January the RD team attended the AVCNA where we facilitated a CAR workshop.

The workshop was well attended and demonstrated strong member engagement.

Members actively took part in discussion and shared perspectives throughout the session.

The workshop included:

- ☐ A review and walkthrough of the CAR.
- ☐ Open discussion on the importance of gender-neutral language in our literature, encouraging understanding, respect, and unity within the fellowship.
- ☐ Open dialogue regarding MAT/DRT, emphasizing unity, respect, and understanding.

The CAT (Conference Approval Track) was released in January, and we encourage everyone to read it. You can find it at [na.org/conference](http://na.org/conference).

Included in the CAT are:

- ☐ The introduction, which includes a list of motions
- ☐ 2026 – 2029 proposed project plans
- ☐ 2026 – 2029 proposed budget and budget explanation
- ☐ WSC seating report including requests from regions and a report from the World Board
- ☐ Proposed processes for WSC
- ☐ 2026 – 2029 travel reimbursement policy
- ☐ A regional idea for consideration

During the 2026-2029 cycle being proposed are ten projects.

- ☐ Fellowship Awareness and Engagement with PR service

- ☐ Raising public awareness of NA
- ☐ New recovery informational pamphlets
- ☐ Revising existing recovery informational pamphlets
- ☐ Issue discussion topics (IDTs)
- ☐ New and revised service tools
- ☐ Safety and belonging/gender-neutral language
- ☐ DRT/MAT – Helping Members Take Root
- ☐ Generational and cultural diversity
- ☐ Three-year conference Cycle

Here is a summary to support an informed group conscience and ongoing discussion.

#### Motion 1

Addresses proposed changes related to conference procedures and how items are brought forward for consideration.

#### Motion 2

Focuses on clarification and consistency within conference-related language to improve understanding and communication.

#### Motions 3

Examines adjustments to service structures intended to improve efficiency and accountability.

#### Motion 4

Relates to financial or guideline updates affecting how trusted servants carry out conference level, including oversight or allocation processes.

#### Motion 5

Addresses policy or guideline updates affecting how trusted servants carry out conference responsibilities.

#### Motion 6

Focuses on inclusivity and accessibility within conference processes and fellowship communications.

#### Motion 7

Examines proposed changes intended to streamline decision making or reduce duplication of effort.

#### Motion 8

Addresses the relationship between conference participants and the fellowship, emphasizing transparency and clarity.

#### Motion 9

Focuses on evaluation or revision of existing conference tools or practices to better serve NA as a whole.

#### Motion 10

Addresses long term planning considerations and how the conference responds to emerging needs within the fellowship.

Members are encouraged to review the full motions and engage in discussion at the group and area levels.

The RD team needs the following information from EACH area to be included with our report from the Region to the World.

Please include:

How many in-person meetings H&I panels (meetings) take place each week in your area?

How many virtual H&I panels (meetings) take place in your area?

How many of the weekly in-person H&I panels in your area are also Hybrid?

You can send that information to [rd@car-na.org](mailto:rd@car-na.org), [rda@car-na.org](mailto:rda@car-na.org), or [scootzie48@gmail.com](mailto:scootzie48@gmail.com)

Please submit by February 28, 2026.

Please use these links for the Electronic Tally Sheets

<https://www.surveymonkey.com/r/2026CAR>

<https://www.surveymonkey.com/r/2026CAT>

In loving service

Linda C

RDA2 (ProTem)

**VRCC absent no report sent**

**Policy vacant**

### **Public Relations**

Hello family,

Thank you for allowing me to serve as Public Relations chair. I attended the RSC subcommittee meeting via Zoom on 1/17/26 and admitted I have not made any progress with this position to date.

My plan to get started is to attend the SHEVANA Public Relations subcommittee meeting on Monday, 2/23. This will be their first meeting since I took oUice due to the holidays, weather and church schedule. I have also been contacted by a previous RSC PR chair who is willing to hold my hand in getting started. I plan on connecting with him in the next week.

I had previously asked that each area forward the following contact information to me. I have only heard from 3 areas: SHEVANA, Piedmont and Almost Heaven. Could each area please take a moment to send this information to [pr\\_chair@car-na.org](mailto:pr_chair@car-na.org)

Area Name

Website URL

Chair Name & Email Address

PR Chair Name & Email Address

ASC Meeting Time & Place

(Include Zoom Info, if available)

PR Subcommittee Meeting Time & Place

(Include Zoom Info, if available)

H&I Chair Name & Email Address

H&I Subcommittee Meeting Time & Place

(Include Zoom Info, if available)

Again, the plan is to compile all the event flyers I can get my hands on and ensuring they are posted to the RSC website.

I was able to attend the AVCNA in January. However, I did leave Saturday before the main speaker due to the weather. It was disappointing that there were no speaker recordings available due to the vendor not being available.

PR chair email received a request from the Middle Peninsula Northern Neck Behavioral Health facility in Saluda, VA wanting information and support on starting a new NA meeting in the facility. I provided them with information on their nearest area: Peninsula, how to obtain literature, including a group starter kit and how to access online literature. I heard back from them and "The Hope Dealers" meeting has been "restarted" in Warsaw, VA.

Central Atlantic Region of Narcotics Anonymous

237th Regional Service Conference

February 21st, 2026

Public Relations Report

Roland forwarded an email to me from BHG Virginia Beach Treatment Center wanting to have meetings carried into their facility. I contacted them to see if they have everything they need but I have not heard back from them. The Beach Area RCM was present at RSC and indicated they had contacted their area chair, PR chair and the H&I chair. I will follow up on this request.

Thank you for allowing me to serve,

Cat Bell, RSC Public Relations Chair

**Hospitals and Institutions vacant**

**Speaker Jam vacant**

**Ad-Hoc vacant**

### Area Reports:

**Almost Heaven vacant**

#### **Appalachian**

Hello family, I'm an addict, my name is Christina. The Appalachian Area Service Committee meets the first Sunday of every month. At our last ASC meeting, six out of eight GSRs attended, and quorum was met. We currently have eight home groups in our area with 25 meetings per week. The Together We Care Group in Bedford has added a new meeting on Saturday mornings at 10:00 a.m., located at 806 East Main Street, Bedford. You can visit our website at [cvaana.org](http://cvaana.org) to find the updated 2026 calendar, including upcoming events and clean time celebrations. We currently have open service positions for:

- Vice Treasurer
- Policy Chair
- Public Relations.
- The H&I Subcommittee meets on the third Saturday of every month at 1:15 p.m. at 3000 Langhorne Road, Lynchburg. We are currently taking meetings into three facilities:
  1. Pathways – Monday at 7:00 p.m. and Sunday at 3:00 p.m.
  2. Mainspring Recovery – Thursday at 7:00 p.m.
  3. Amherst Jail (Blue Ridge Regional) – Women's meeting Tuesday at 7:00 p.m., Men's meeting Wednesday at 7:00 p.m. The Special Events Committee meets the first Sunday of every month at 2:00 p.m. Our area donated, which I mailed to Larry. At this time, we have no concerns or nominations. Our next ASC meeting will be held at 3:30 p.m. on March 1st at 2420 Memorial Avenue, Lynchburg. Grateful to be of service, RCM Christina R

**Beach vacant**

#### **Blue Ridge**

BRANA – Blue Ridge Area of NA – (Central Shenandoah Valley)

Regional Committee Member Report – 237 th RSC – February 21, 2026

- 10 Home Groups – 9 active at Area/ 22 meetings per week ... • 7 GSRs attended 3 Alt's

02/08/26 ASC

- ASC Trusted Service Positions Open: Chair, Vice Chair, Special Events, RCM, RCM alt, VRCC

- Several positions have been filled on a pro-temp basis: Current Chair will soon get a long-awaited reprieve as a nominee was recently sent to home groups for election and is considered a strong candidate. Our new Outreach Chair is keeping H&I upright and developing connections to

various organizations – from government to medical to non-profits- that have an interest in Recovery. Special Events is now being done mostly at group level for Area events. We do, however, have a current ad hoc committee exploring how the future of the BRANA Campout might take form.

- Group news: Groups are steady with healthy cohesiveness. Somewhat lacking is the cross pollination for members regularly visiting groups other than their own; the exception is strong support showings at member anniversary celebrations.

- Area news: We are still working on a Policy update and revision, having approved just over a third of the proposed work.

- Contribution to Central Atlantic Region: We have a donation of \$386.51 for Region today. We are financially stable and the main activity is Literature orders from Groups that are obtained by our Literature Chair who recently replenished our stock to beat the announced cost increase by NAWS.

Area Joys & Concerns:

+/- Misfits Group; stable... Recent 1 year anniversary of the Vision Of Hope group

-/+ BRANA Campout Inc Artwork has been selected for BRANA 44 on the theme of “SPIRITUAL IN NATURE”. We also have a revived interest in BRANA Campout Inc with a new Secretary being nominated and elected last week. Another member joined the merchandise committee which is one of the more labor intensive parts of our annual event.

+ AREA participation is steady

## ACTIONS:

Motion 235-2 was voted on

Failed to hold vote for RDA-2 nomination

- Next ASC Meeting: Usually the 2 nd Sunday: March 8, 2026 at 3:00 pm with CAR/CAT review and discussion meeting before at 1:00 PM. Verona United Methodist Church, 406 Lee Highway, Verona, Virginia, 24482

In Loving Service,

Peter P – BRANA RCM, pro-temp

## **Gateway to Freedom**

hello RSC,

we have a chili cook off march 28th at fort recovery 418 N Centre st cumberland MD 21502.

we gave a \$200 donation to RSC in January.

we have 10 homegroups.

we have vs chair open, vs treasurer open.

we have a new PR chair Angie G.

the next ASC will be March 14 2026.

our H&I contact person is Marvin.

## **New Dominion**

New Dominion

New Dominion Area RCM Report 237th CARNA-Feb 21, 2026

RCM - Mary R.

NDANA met January 11th and February 8, 2026

No donation

Number of meetings - January is unknown and February is 60.

Number of Home Groups that attended ASC-

- January 35 attended/30 Voting
- February 35 attended/24 Voting

Status of Area Positions

January Elections:

- RCM: Mary R.
- RCM, Alt: Vacant
- Special Events Chair: Olivia L.
- Outreach Chair: Bernadette H.

February Elections:

- VRCC (2-year term): Mackenzie M. (Pro temp)
- VRCC, Alt. (2-year term): Whitney S.
- Treasurer: Scott M.

- Vice Treasurer: Adam D.

March Upcoming Elections

- Policy Chair
- Outreach Chair

H and I Commitments:

Facilities that we carry a meeting into are:

Facility	Facilitator	Day/Week	Time
*Beamont CC	Jake E.	Every other Thursday	TBD
Healing Place	Andrew C.	Friday	6:30pm-7:30pm
*James River	James S.	Every other Thursday	6:30pm-7:30pm
*State Farm Work Camp	Linda C.	2nd & 4th Thursday	6:30pm-8pm
*VCBR	Louie D.	Wednesday	TBD
Piedmont CC	Pending		

Questions related to NDANA H&I Meetings, contact the H&I Chair, Tina S. via email at:

[ndanahandi@gmail.com](mailto:ndanahandi@gmail.com).

Discussion Topics for Annual GSR Assembly was requested at the January ASC, but did not receive input.

February 14th, 2026, The Literature sub-committee hosted a workshop for discussion of the 2026 CAR topic/survey "Gender Neutral-Neutral and Inclusive Language."

The workshop discussed the following question:

- *Given that we all want to provide a safe, welcoming, inclusive Fellowship where every-one can recover (regardless of...), are we willing to explore these types of changes in our literature in order to carry the message more effectively? If not, why not?*

I was one of 10-members that attended and participated in some very engaging conversation.

New Dominion Mailing Address:

New Dominion Area (NDANA)  
 PO Box 25336  
 Richmond, VA 23260

Area Service Meets

When: 2nd Sunday/Month, 3:30pm-5:30pm  
 (January & May it's the 3rd Sunday/Month)  
 Where: 2300 Dumbarton Road  
 Richmond, VA 23228

Meeting Details for locations is posted on [RVANA.org](http://RVANA.org)

ILS,

Mary R.

**New River Valley** vacant

**Outer Limits** vacant

### **Peninsula**

RCM: William K

Peninsula [2020@gmail.com/knightwilliam597@gmail.com](mailto:2020@gmail.com/knightwilliam597@gmail.com)

A. 35 Home groups/53 meetings Weekly

B. GSR's attended 02/07/26 Quorum was met

C. Area Trusted servants, Open positions: VRCC , VRCC Alt & RCM Alt. Treasurer,Vice Treasurer  
Activities Chair

D. None

Subcommittee news: Activity subcommittee meets the third Saturday at 2 PM virtually

H&I Meets First Sunday each month at 2 PM

Literature meets Second Saturday Each month at Main Street library 3 PM

Public relations meets first Saturday at 1 PM

Policy of committee meets First Sunday at 1 pm

E. None

Brief summary: All is well fulfilling our primary purpose

Next ASC Meeting March 7 at 3 PM 1509 Todds Lane

(4)H & I Commitments

1- Pyramid treatment center biweekly every Wednesday and Saturday men and women 7-8pm

2- Riverside behavioral Center every Tuesday and Thursday 6-7 pm

3- Hampton city Jail every Wednesday5-6pm

4- f Four Oaks day servicing center 10-11am Every Monday

ILS William K., RCM Peninsula Area Done

### **Piedmont**

Area Represented: Piedmont Area of Narcotics Anonymous

Reporting Period: Since last RSC

## Group Information

☒ Total number of groups in the Area: 11

☒ Most recent ASC: 9 GSRs

☒ Prior ASC: 10 GSRs

☒ No new or closed groups reported.

☒ The Piedmont Area continues to grow in unity and in carrying the message. New members are becoming involved in service work.

## Trusted Servant Positions

☒ Chair: Pete T

☒ Vice Chair: Azaria B

☒ VRCC Alternate Director: Melissa Spi

☒ PR Chair: Michelle R

☒ Open Positions: Secretary, Alternate Secretary, Vice Treasurer

## H&I Information

Weekly meetings are taken the following institutions:

☒

☒ UVA 5 East

☒ Region Ten Women's Center

☒ Mohr Center

☒ Wellness Center

☒ Boxwood

☒ Men's Albemarle Charlottesville

Regional Jail (ACRJ)

☒ Women's Albemarle Charlottesville

Regional Jail (ACRJ)

## Group Address Changes

No group address or meeting location changes reported.

Attendance & Participation

Participation remains steady, with consistent GSR attendance and increasing service involvement.

ASC Information

☒ Next Area Service Meeting: March 1, 2026 at 4:00 PM

☒ Location: Church of Our Savior, 1165 Rio Rd, Charlottesville, VA 22901

☒ ASC meets: First Sunday of each month at 4:00 PM

☒ Area Mailing Address: P.O. Box 6931, Charlottesville, VA 22906

## **Rappahannock**

Area Open Positions:

☒ Vice-Chair

☒ Secretary II

☒ RCM II

☒ Treasurer II

☒ RACC Chair

GSR ASC Monthly Attendance:

☒ January ASC GSR Quorum: 11 out of 12 Home Groups Represented

☒ December ASC GSR Quorum: 8 out of 12 Home Groups Represented

19 meetings every week in our area.

RANA Website:

RANA Home- Rappahannock Area of Narcotics Anonymous

Area Mailing Address:

Rappahannock Area of NA

P.O. Box 371

Fredericksburg, VA 22404

#### Rappahannock Upcoming Area Events:

##### PR Learning Day:

📅 When: February 21, 2026, from 3:00 pm to 5:30 pm

📍 Where: 825 College Ave, Fredericksburg, VA 22401

##### Jammie Jams (Karaoke Pajama Party):

📅 When: March 14, 2026, from 6:00 pm to 9:00 pm

📍 Where: 825 College Ave, Fredericksburg, VA 22401

##### Regional CAR/CAT Workshop:

📅 When: March 28, 2026, from 11:00 am to 4:00 pm

📍 Where: 825 College Ave, Fredericksburg, VA 22401

##### Old Business:

##### Annual Bank Audit:

Purpose: An ad hoc subcommittee was convened to perform the annual review of Area finances.

The review compared bank statements to treasurer reports previously presented to the Area Service Committee. The purpose of this review was to confirm accuracy, transparency, and accountability in alignment with NA Traditions and Concepts.

Scope of Review: The audit covered the period of January through December 2025. Materials reviewed included monthly bank statements, monthly treasurer reports presented to the Area Service Committee, and supporting documentation where available.

Findings: For much of the audit period, reported figures aligned with bank activity. Where differences were identified, they were attributable to timing differences such as checks clearing in a subsequent month or deposits recorded at month's end. Balances that were delivered at the monthly ASC meetings were the balances as of the beginning of Area and often included expenses that had cleared in the first few days of the month. These items were documented and reconciled.

Regional Motion 235-2: Passed

Open Forum Discussion Topic:

☒ An addict raised concerns about members belonging to multiple home groups and voting in multiple home groups for area and regional motions. They emphasized the need to remind members of ASC that they can vote in only one home group, even if they belong to multiple. All GSRs are encouraged to vote in only one home group. A member also raised the point that voting should be limited to one area/region if a member is part of home groups in other areas/regions.

Regional Donation: None this month (Motion to donate to NA World and Region failed to pass.

After some conversations with the GSRs to address their concerns, the motion was resubmitted.)

Next RANA ASC will be on March 1, 2026, starting at 4:00 pm.

Forever Circled,

Josh C.

RCM@rappna.org

## **Richmond**

Good afternoon,

I would like to first apologize for my absences the last few meetings as I have been dealing with a health issue. I'm feeling much better and plan to get back on track with attending the region.

Currently, the Richmond area is doing well and we have 49 meetings and 31 homegroups. We met on 01/18/26 where 30 GSR's were in attendance two of which are new GSR's and it was their first area service.

Currently the open positions in the Richmond area are the Alt. RCM, VRCC chair and Alt. VRCC. The ASC Vice- Chair and the H&I chair positions were filled at this area, as well as the area H&I recently added 2 more facilities which brings their total to facilities being serviced to 14.

Public relations is doing well and is currently getting over 14 thousand visitors monthly. March 8th, our policy and outreach subcommittees will be holding a learning day from 12pm- 2:30pm.

Our Special events subcommittee will be having an event in March: Sport Your Throwback Gear dance on March 14th from 6pm-10pm at Hatcher Memorial. In April we will be having Spring in the Air (Date will be announced). Also, on May 25th we will be holding our annual homegroup unity day from 12pm- 6pm at Bryan Park Shelter 1.

RACNA 3 convention will be held on October 30th- November 1st, 2026

In loving service,  
Simone W.

**Roanoke** Now has an RCM Kelly S.

### **Shenandoah Valley**

Good afternoon family, this will be my last RSC as the RSM. Chris M. our alternate has been elected to RSM, and Julian has been elected as RSM-A. We voted on motion 235-1 and RDA2. We have no donations. All positions were open in January and have been filed except for newsletter. A financial audit was conducted on all accounts. Area service meets the 2<sup>nd</sup> Monday of the month 6:30pm. Special events had a super bowl party and special events meetings the 3<sup>rd</sup> Sunday of the month at 3:15pm. Literature orders have been filed they meet by zoom the Saturday after area service. H&I is now hybrid and meets the 1<sup>st</sup> Monday of the month and is hybrid. PR meets on the 4<sup>th</sup> Monday of the month and have been cancelled in the last several months new meeting lists and business cards have been ordered. We are operating under prudent reserve. We have 17 home groups and 3 are now inactive 2 are hybrid. We have 22 celebrations including mine on March 5 at New Chance at 7pm also a hybrid meeting hint hint. Shevana.org for more info.

**Southside** vacant

### **Tidewater**

RCM Report — Tidewater Area Service Committee of NA

January 11, 2026 | Submitted to the Regional Service Committee

(A) Total Number of Groups and Meetings in Our Area

The Tidewater Area currently has 21 active home groups, meeting both in-person and via Zoom. Quorum was established at the January 11, 2026 ASC meeting with 15 of 21 active groups present.

(B) How Many GSRs Attending ASC

15 of 21 active groups were represented at the January ASC meeting, achieving quorum. The December 2025 minutes were approved with a vote of 13-0-0, and the meeting closed with a vote of 14-0-1.

(C) Area Trusted Service Positions Open

The following positions are currently vacant and seeking nominations:

- VRCC (Volunteer Regional Convention Committee)
- Alternate VRCC
- Alternate RCM
- Public Relations Chair
- Alternate Literature Chair

#### (D) Area Trusted Servants Elected

No new elections took place at the January 2026 ASC meeting. Nominations for open positions listed above are actively being sought.

#### (E) Group News

Several groups shared updates and needs:

- Straight Ahead: Needs support on Wednesdays, 7:15–8:30 PM, at Christ Presbyterian Church, 709 Aragona Blvd. Using the Step and Tradition: How and Why Book.
- Life and Hopeline: Has a new meeting at Obici Hospital, 7:00–8:30 PM, and is seeking support.
- Rainbow Serenity: New meeting — Saturdays at 6:00 PM at the LGBT Life Center, 5360 Robin Hood Road, Norfolk, VA 23513.

#### (F) Area News

Motion 006 was passed to grant Special Events an additional \$500 to cover expenses for the upcoming Valentine's Day Dance (16-0-0). Literature orders can be texted to Dora at 757-735-7615 or Teresa at 757-724-3685. NA event information and flyers can be submitted to Ann V. via the TASCNA secretary email (Tascna123@outlook.com) for posting to the Tidewater Area NA website.

#### (G) Subcommittee News

Reports were given by the following subcommittees (full written reports available via TASCNA secretary):

- Chair: Report given.
- Treasurer: Report given.
- Secretary: Report given.
- RCM: Report given.
- Special Events: Report given. Motion for additional Valentine's Day Dance funding passed.
- TACNA Convention Chair: Report given.
- Literature Chair: Report given by Teresa (Chair Dora H. absent).
- H&I Chair: Report given by Sarah Y.

#### (H) Area Concerns

Multiple trusted servant positions remain vacant, including VRCC, Alternate VRCC, Alternate RCM, Public Relations Chair, and Alternate Literature Chair. The area is actively seeking nominations to fill these roles. Members are encouraged to bring these needs back to their home groups.

#### (I) Area Special Events Calendar

- Valentine's Day Dance: Hosted by Special Events — date and location TBD (additional \$500 budget approved).
- Clean Time Celebrations: See Section J for upcoming anniversaries.
- TACNA Convention: Planning underway — contact Chuck K. for details.

#### (J) Brief Summary

The January 11, 2026 TASCNA meeting was held at Norview United Methodist Church and via Zoom. Quorum was met with 15 of 21 groups present. Key action taken was approval of additional Special Events funding for the Valentine's Day Dance. Several trusted servant positions remain open and nominations are needed. Upcoming clean time celebrations in the area:

- Kim N. — 9 years @ Got to Have It — January 29th

- Mike B. — 33 years @ Agape — January 30th
- Daisy P. — 1 year @ Morning Meditation — January 31st
- Tara D. — 18 years @ Monday Night Candlelight — February 2nd
- Earl H. — 31 years @ Monday Night Candlelight — February 9th
- Shamika — 2 years @ Agape — February 13th

(K) Next ASC Meeting

The next Tidewater Area Service Committee meeting is scheduled for February 2026 at Norview United Methodist Church and via Zoom. Time and exact date to be confirmed. Please contact the TASCNA secretary at Tascna123@outlook.com for details.

(L) Total Number of H&I Commitments and Facilities Served

The Tidewater Area H&I Subcommittee, chaired by Sarah Y., provided a report at the January meeting. Full details of current commitments and facilities served are available through the H&I Chair. Members interested in H&I service are encouraged to reach out

**Tri-Cities vacant**

*End of reports*

**Old Business:**

Motion Number: 235-2 Rev 1

A2,N0,Y6: **PASSED**

RDA2 Linda C.

**New rda2**

**Vacant positions/nominations:**

- H&I accepting nominations
- Policy accepting nominations
- Speaker Jam accepting nominations
- Vice Chair
- Vice Treasurer

**New Business:**

No new motions

Donate 10 Basic Texts to Dillwyn

Donate 1 Basic Text to inmate Manassas VA 11yes

**Topics**

Keeping the doors open

Committing service members

***Motion to close heather and a second Dana Close with the serenity prayer***

**Next RSC April 2 day (flier attached)**

Saturday April 18, 2026, at 10am

549 N Queen St. Martinsburg WV 25404

Sunday April 19, 2026, at 10am

Holiday Inn

301 Foxcroft Ave

Martinsburg WV 25404